

# Community Programs

JANUARY 2020

DESERT FOOTHILLS LIBRARY



*11th Annual Gala*

Live Music by "We3"

# IMAGINE

# INFORMATION

## Desert Foothills

# LIBRARY Est. 1954

enriching your **community**



Members of the community can submit their applications for a passport at the Library. Passport applications are accepted seven days a week, varied hours daily.

Appointments are required! To schedule, please

call our voicemail line and leave a message:

**480-575-3201**

### LIBRARY/BOOKSTORE HOURS

Monday — Friday, 9 am—7 pm  
 Saturday, 10 am—4 pm  
 Sunday, 11 am—3 pm

Front Desk: 480.488.2286  
 Bookstore: 480.488.2777

[www.dfla.org](http://www.dfla.org)

38443 N Schoolhouse Rd.  
 Cave Creek, AZ 85331

### LIBRARY CLOSURES

Wednesday, January 1st  
 Monday, January 20th

*Find DFL on Social Media*



## Largest Used Bookstore in the North Valley!

More than 15,000 items

**Chapter2Books**  
 Great Books. Great Prices.

**Books | DVDs | CDs | Audiobooks**

Starting as low as 50¢ Check us out on **amazon**

**SPECIAL SALE DATES: January 10, 11, & 12**

Donations are always welcome and help support the Library!

Find out more at [DFLA.ORG/Chapter-2-Books](http://DFLA.ORG/Chapter-2-Books)

## Staff Showcase

## Suman Zahir

**Briefly describe your role at DFL:** I am a Library Assistant and I work at the Circulation Desk, as well as, other projects for events held at the Library! I have a really fun time here organizing the teen programs and helping with the Library.

**Where is your hometown?:** Fontana, California.

**What do you enjoy studying at school?:** Math and science; calculus and biology.

**If you had to write a biography of yourself in one sentence, what would it be?:** I am a studious and organized person who strives to do the best of my ability while enjoying the joys of life like music, food, and love!

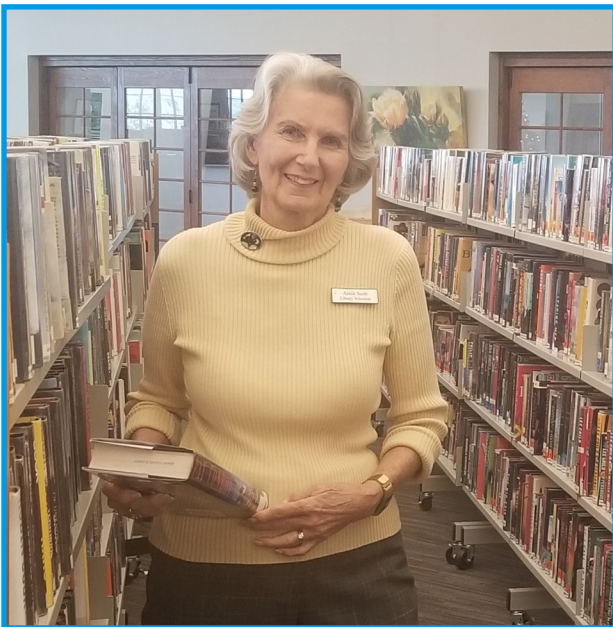
**Do you sing in the car?:** Of course! It is like a mini concert for me and I am the lead singer! I always sing along to my favorite songs like *Viva La Vida* by Coldplay and *What is Love? Tell Me, Is It Easy?* by Hala.

**What is one thing you wish you knew how to do?:** I wish I knew how to play piano. I've always wanted to learn how to play because I love the sound of it. When I go to college, I will sign up for piano classes to fulfill my dream of playing *Claire de Lune*!



## Volunteer Spotlight

## Annis S.



**How long have you been at DFL:** 14+ years

**Where did you grow up?:** Connecticut

**What did you do in your career?:** Freelance journalist for Cruising World Magazine and the Hampshire Gazette Newspaper plus editing.

**What is your favorite part of volunteering?:** Meeting patrons who become friends.

**Most memorable place you have visited?:** Tasmania—I loved it!!

**If you could invite anyone, dead or alive, to a dinner party, who would they be?:** Luciano Pavarotti, Kristian Birkeland, and my husband, Don.

**What would be the title of your memoir?:**  
*Opera is the Cornerstone of My Life.*

**If you could have a super power, what would it be?:** Make peace in the world.

**What do you love to do when you are not at the Library?:** Read or listen to classical music.

**Thank you to all of our volunteers for the work they do to support our Library!**

# YOUTH & FAMILY PROGRAMS

Please visit [www.dfla.org/events](http://www.dfla.org/events) to register for all youth library programs, unless otherwise noted. This ensures that space and materials are available.

## Make a New Year's Wand

*Saturday, January 4, Any Time*



The New Year brings new opportunities for fun and learning! Stop by the library to make a wand to usher in the new! Materials provided at the creation station in the kids play area. No registration necessary; suggested ages 4 & up. Come while supplies last!

## Kid Chefs: Bread in a Bag

*Monday, January 6, 4:00 PM—5:30 PM*



In this hands-on program, kids will learn basic kitchen safety, how to measure ingredients, and they will bake their very own loaf of bread to take home. Yum!

## Discovery Playdate

*Wednesday, January 8, 11:00 AM—11:45 AM*



Discovery Playdate is unstructured playtime for children up to age 6 at Desert Foothills Library. This constructive free play is a great time to socialize with other children. Activities rotate and include a water table, building toys and manipulatives.

## Build a Board Game

*Friday, January 10, 4:00 PM— 5:00 PM*

Design and play your own board game! This is a family fun event for all ages.

## Arm Knitting

*Monday, January 13, 4:00 PM—5:30 PM*

Nothing feels nicer on a brisk Arizona winter day than a chunky knit scarf wrapped up under your chin. In this program, kids ages 8 and up will create their own knit cowl...without knitting needles!



## LEGO Builders

*Tuesday, January 14, 4:00 PM—5:00 PM*

Build from your imagination! This program for school age children and their siblings is an hour of LEGO building and free play. Kids of all ages are welcome.

## Martin Luther King Jr. Dream Quilt

*Wednesday, January 15, 4:00 PM—5:00 PM*

Children can learn about Martin Luther King Jr. and his *I Have a Dream* speech. After reading about him, we will create a Dream Quilt in the spirit of positive change. This program is for children ages 5 & up.

## Raising Readers

*Friday, January 24, 10:00 AM—11:00PM*

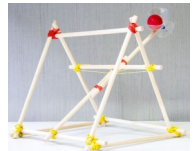
This is a program for parents and caregivers who are looking for tips to help their children develop strong literacy skills and a life-long love for reading. There will be a short presentation followed by a roundtable discussion of sharing tips and tricks.



## Catapults and Trebuchets

*Monday, January 27, 4:00 PM—5:00 PM*

Children ages 8 & up are invited to explore how potential energy is stored and harnessed in this medieval era ballistic device.



## Snowstorm Story & Science

*Friday, January 31, 4:00 PM—5:00 PM*

Snow is in the forecast for this program! We will read *Snowflake Bentley*, by Jacqueline Briggs Martin, do a science experiment, and create some original snowflake art. All ages are welcome.

## Storytimes @ Desert Foothills Library

*No registration required*

### Family Storytime

**Tuesdays, January 7, 14, 21, 28 • 10:00-10:30 AM**

Children 2-6 and families are encouraged to join us for a 30 minute storytime featuring music, movement, crafts, & stories.

### Baby and Toddler Storytime

**Thursdays, January 9, 16, 23, 30 • 10:00-10:30 AM**

Geared for children 10 months to 3 years, join us for a fun 30 minute romp with music, books, and rhymes.

# JANUARY YOUTH CALENDAR



Don't miss out on all the fun! Download the remind app to keep up to date on what new and exciting youth events are coming your way.

**Step 1: Take out your phone**  
**Step 2: Enter this number: 81010**  
**Step 3: Text this message: @Youth Services**  
**Step 4: You're in the KNOW!**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Library Closed Happy New Year!	<b>2</b> No Baby & Toddler Storytime Today	<b>3</b>	<b>4</b> Passive Program: Make a New Year's Wand
<b>5</b>	<b>6</b> Kid Chefs: Bread in a Bag 4:00 PM	<b>7</b> Family Storytime 10:00 AM	<b>8</b> Discovery Playdate 11:00 AM	<b>9</b> Baby & Toddler Storytime 10:00 AM	<b>10</b> Build a Board Game 4:00 PM	<b>11</b>
<b>12</b>	<b>13</b> Arm Knitting 4:00 PM	<b>14</b> Family Storytime 10:00 AM LEGO Builders 4:00 PM	<b>15</b> Martin Luther King Jr. Dream Quilt 4:00 PM	<b>16</b> Baby & Toddler Storytime 10:00 AM	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> Library Closed MLK Jr. Day	<b>21</b> Family Storytime 10:00 AM	<b>22</b>	<b>23</b> Baby & Toddler Storytime 10:00 AM	<b>24</b> Raising Readers 10:00 AM	<b>25</b>
<b>26</b>	<b>27</b> Catapults & Trebuchets 4:00 PM	<b>28</b> Family Storytime 10:00 AM	<b>29</b>	<b>30</b> Baby & Toddler Storytime 10:00 AM	<b>31</b> Snowstorm Story & Science 4:00 PM	

# TEEN PROGRAMS



## Teen Book Club

**Wednesday, January 22, 2019,  
4:30 PM—6:00 PM**

Don't miss this month's teen book club discussion of *American Royals* by Katharine McGee. Snacks and fun will be had by all.



## Teen Crayon Art

**Friday, January 24,  
4:00 PM—5:00 PM**

Come to this program to witness the Crayola magic that happens when heat is applied to crayons on canvas. Each person will create and bring home a one-of-a-kind work of waxy art.

## Teen Advisory Board (TAB)

**Wednesday, January 29,  
4:30 PM—6:00 PM**

If you are a teen and you are interested in getting involved at your library, this is a great opportunity! TAB is a group of teens who discuss future programs, books, and important ideas, all while having fun. New members are welcome.



Don't miss out on all the fun! Download the remind app to keep up to date on what new and exciting **teen events are coming your way.**

**Step 1: Take out your phone**

**Step 2: Enter this number: 81010**

**Step 3: Text this message: @Teen Services**

**Step 4: You're in the KNOW!**



Read a book recommended by a friend.

Read a classic book, not required for school.

Read a book with a one-word title.

Read a book whose author was younger than 25 when they wrote it.

Read a book of historical fiction.

Read one of your parents' favorite books.

Read an autobiography written by someone you've never heard of.

Read a book that is a travel journal.

Read a book in which the main character is an animal.

Read again a book you read when you were younger.

Read a book in which animals speak.

Read a book with a giant in it.

Read a book set in London.

Read a book about a sports figure or artist.

Read a book based on true events.

Read a book that takes place in the Middle Ages.

Read a book that has a child as the main character.

Read a book that involves a natural catastrophe.

Read a book that was authored by two people.

Read a book in which a character is adopted.

Read a book that contains time travel.

Read a book of poetry.

Read a book of mythology.

Read a book that has more than 500 pages.

Read a book that was the winner of the Newbery Medal.

Read a book that is set during a war.

Read a book that fits in at least 3 of the above categories.

Read. Read. Read.

# Save the Date

**25TH ANNUAL CHARITY GOLF TOURNAMENT  
AT DESERT FOREST GOLF CLUB  
THURSDAY, MAY 14, 2020**

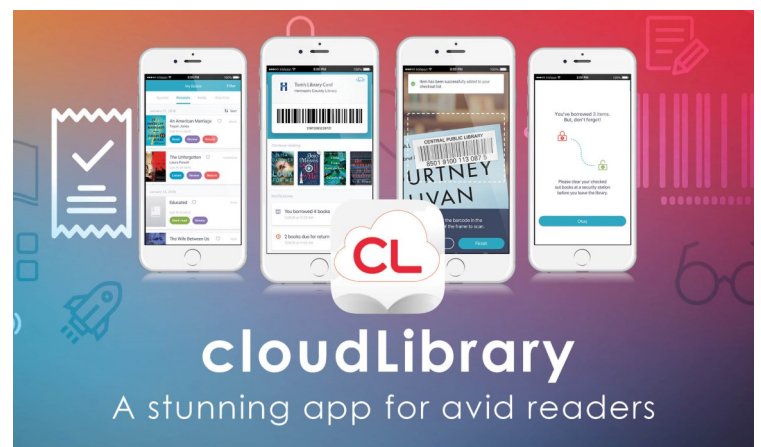
Desert Foothills Library invites you to its 25th Annual Charity Tournament at Desert Forest Golf Club. You'll enjoy a fun day of golf for a great cause!

We especially encourage you to participate in the  
**Tournament as a Sponsor.**

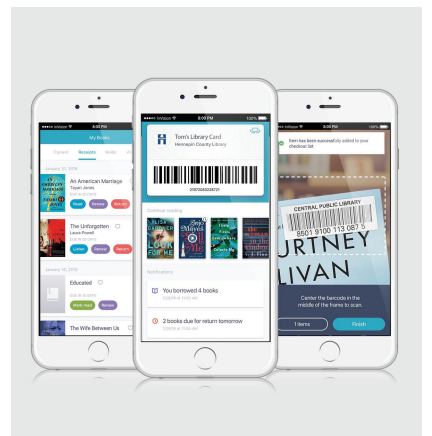
You will be rewarded with special recognition — plus, there's the incentive of an increased tax deduction! Your extra support as a Sponsor will help the Library continue to provide meaningful, life-long learning opportunities for our Foothills area children, teens, adults, and seniors.

## Download cloudLibrary

- 1 Download the app**  
Via the Apple App Store or Google Play
- 2 Log into your library**  
Select your state and library. Enter ID/PIN.
- 3 Access your account**  
Manage borrowed items, reading history, holds and more!



We have added a new eBook and eAudiobook app! Cloud Library is the latest database of new fiction, non-fiction, and children's books! Follow the instructions to access your account or come in for eMedia help Tuesdays from 10:00-11:00 am!



# ADULT PROGRAMS

## SAVE THE DATE



### Desert Foothills Library 11<sup>th</sup> Annual Gala

*Saturday, February 8, 2020 • 6:00 pm*

Celebrating 66 years as a 501(c)3 non-profit, built on the foundation of member support through donations, memberships and volunteerism. Join us at 6:00 pm for a silent auction, wine pull and hosted cocktails. Gourmet Dinner at 7:00 pm with live entertainment, featuring renowned trio We3.

**Tickets: \$200. All proceeds benefit the Library. Please RSVP by February 3, 2020, call 480-488-2286.**

## ART EXHIBITS

### Hidden in the Hills Showcase

presented by Desert Foothills Gallery, October 3 – January 23.

### Contemporary Watercolor Association

presented by Desert Foothills Gallery, January 24 – March 19.



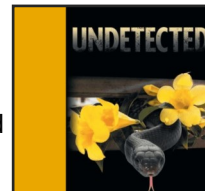
## LIBRARY FEATURE EVENTS

### Crime Fiction: Must 'Bad' Characters get their Due? with Author Jeff Marshall

*Tuesday, January 7 • 10:30 am—Noon*

Modern crime novels, many involving serial killers, are often full of sudden and bloody deaths, and the killers generally get their just desserts in the end. In the novel, *Undetected*, a woman dispatches her husbands but escapes detection. Are readers dismayed when a character seems to get away with murder? Jeffrey Marshall, a writer and retired journalist from Scottsdale, is the author of four books, including the novels *Undetected* and *Little Miss Sure Shot*. Much of Marshall's 35-year journalism career focused on banking and finance, and he was Chief Editor of two national business magazines. He has degrees from Princeton and Northwestern.

**RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.



### Yellowstone in Winter

*Wednesday, January 15 • 10:00-11:00 am*

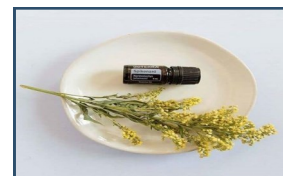
Winter in Yellowstone means fewer crowds, frigid temperatures and steaming geyser basins. Skis, snowshoes, snowcoaches and snowmobiles become the primary modes of transportation as roads close, rivers & lakes freeze, and snowstorms transform the park into a winter wonderland. In early November, most park roads close to regular traffic with the only exception being the road between Mammoth Hot Springs and the northeast entrance, which is open to regular traffic all year. Once enough snow accumulates (by mid-December), roads open to "oversnow" travel only. The only way to visit Old Faithful, the Grand Canyon of the Yellowstone and other popular destinations during winter, is by guided snowmobile or snowcoach or through our non-commercially guided snowmobile access program. Over snow travel ends in mid-March, when our plowing crews begin clearing a winter's worth of snow. Roads start re-opening to normal cars in mid-April. Come, explore with David and Diane Reesor. David became interested in photography when his parents gave him a Brownie Hawkeye camera for his 8th birthday and allowed him to make a dark room in the family bathroom. David has gone beyond the Hawkeye camera, & with his digital knowledge, is able to put together a 'show' that is very creative as well as instructive. You will definitely not be bored! Diane came to the world of photography after she met David. Her interests include the people, flora, architecture details and abstract aspects. A 24x36 color photo suitable for framing will be raffled off to one lucky patron! **RSVP** online or call: 480-488-2286.

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### Introduction to Essential Oils

*Thursday, January 16 • 3:30-4:30 pm*

Ever wondered about essential oils? Ever wondered if it is just about fragrance or is there really more to it? Come find out! Ellen Powers is teaching a fun and interactive introductory workshop on Essential Oils. Learn the benefits and applications of Essential Oils to support a healthy lifestyle, stress reduction and emotional balance. Ellen Powers is a Certified Aroma Therapist, a Reiki Master and an Ordained Minister. She has many years of experience using and teaching about the safe and effective use of Essential Oils. **RSVP** online at [dfla.org](http://dfla.org) or call 488-2286.







## Handmade Crafty Cards

Friday, January 17 • 11:00 am-12:30 pm

Come make three handmade crafty cards using the latest and greatest supplies and learning new techniques from Stampin' Up. Don't worry if you feel you are not crafty; we will have it all organized for you. Come relax and craft with friends. Please bring your own double sided tape or you may purchase some for \$3 a roll. We hope to see you! **Tickets** available at [dfla.org](http://dfla.org) or call 480-488-2286. **Cost:** \$25.

## Healing Winter Soups with Dr. Fabio Almeida

Friday, January 17 • Noon-3:00 pm

A nice bowl of soup is like a warm blanket for your belly! In this class, Dr. Fabio (medical director of the Center for Integrative Healing & Wellness at Civana) provides an exploration on how to make delicious, plant-forward soups for your winter season. Once the soups are prepared and ready, we will try them together! There will be plenty of time for Q&A. Includes cooking demonstration, tasting experience, recipe packet, and education by medical nutritional experts Dr. Fabio Almeida, MD and Cindy Almeida, CNC. **Tickets** available at [dfla.org](http://dfla.org) or call 480-488-2286. **Cost:** \$50.



## Wills & Trusts 101 presented by Pavlik Law Firm, PLC

Saturday, January 18 • 10:30-11:30 am

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a FREE Estate Planning Workshop, providing a small group setting for women and men to learn the essentials of Wills, Trusts, and Probate.



Attendees will learn:

- Last Will and Testament – what they do and don't do
- Probate – what it is and how to avoid it
- Trusts – what they are and how they are different from a Last Will and Testament
- Executor/Successor Trustee – who can be one and how to pick the "right" one
- Beneficiary designations – why these need to be updated

Attendees will have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment. **RSVP** at [dfla.org](http://dfla.org) or call 480-488-2286.

## The Dangers of Compulsive Eating

Tuesday, January 21 • 10:00-11:30 am

This presentation will cover the dangers of compulsive eating in order to help direct sufferers or those who know of someone suffering. The presenter has found a solution that works effectively with long-lasting results. Joy Jesty suffered from chronic compulsive eating for nearly two decades and found herself using dangerous methods to control her food consumption. With the assistance of a program of action she has been restored to continuous sanity around her eating. She has abstained from eating disorder behaviors since 2017. **RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.



## MahJongg 101: Brain Healthy Fun

Mondays, January 27 – February 28 • 1:00-4:00 pm

Learn the foundations of how to play this stimulating rummy-like tile game. Fun, challenging and addictive, it helps to improve memory, decision-making skills and patience. Instructor provides individual attention in a small-group friendly setting and guides students in understanding MahJongg and how the game is played. The 2019 Mahjongg Card is required & available at [www.nationalmahjonggleague.org](http://www.nationalmahjonggleague.org). Class limited to 8 students, minimum 4 students **Registration required** online at [dfla.org](http://dfla.org) or call 480-488-2286.

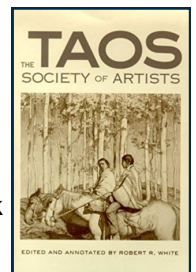
**Cost:** \$90 for a 4-week series.

## Taos Society of Artists presented by Phoenix Art Museum

Thursday, January 23 • 1:00-2:30 pm

Taos, New Mexico, continues as an art colony with a legacy spanning three centuries, and origins tracing back to 1898. The picturesque mountain setting, historic Taos Pueblo, and tri-cultural community all created rich subject matter for the artists. Organization of Taos Society of Artists in 1915 provided touring and marketing opportunities for the artists living and working in the remote Northern New Mexico community, and helped make Taos an internationally known art center. Phoenix Art Museum has a strong collection of Taos art, and we'll look at some of these images along with works from other collections. Marcia Ruddock will be presenting. She is a Master Docent at Phoenix Art Museum, and has enjoyed many visits to Taos.

**RSVP** online or call 480-488-2286.



# ADULT PROGRAMS

## Introduction to Firearms & Firearms Safety

Friday, January 24 • 1:00-3:00 pm

Basic introduction to different types of firearms, what makes them different & how they work. Safe handling, use and proper storage of firearms will be covered. Safety will be stressed throughout the presentation. Q&A to follow presentation. Steve Snider has been around firearms for 60 years and took a hunter's safety course at age 12. He has taken numerous safety and technical shooting courses and currently holds Arizona Concealed Carry Permit. He is certified M16/ARIS, Glock Armorer, worked for a gun shop for 3 years before opening U Build Rifle Company in March 2017. U Build Rifle sells, repairs and builds custom rifles as a Class 3 Dealer. **RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.



## Vision Board Party

Saturday, January 25 • 10:30 am-3:30 pm

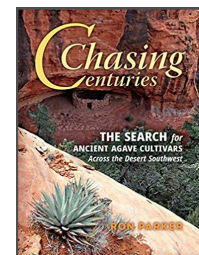
A vision board is a collage representing things you would like to attract to your life. We will begin with a short guided meditation to get grounded – clear of our intentions and dreams for 2020. Please be punctual as to not disturb the group meditation. You'll cut pictures and phrases out of our huge assortment of magazines (or your own magazines and photos). Glue the images and words onto a piece of poster board and place it somewhere you can see it on a regular basis — then watch the magic happen! A special bonus: enjoy a lesson in using the power of Feng Shui on your vision board with Ro Rusnock, owner of Elements and Energy. **BRING:** poster board (maximum size 22 x 28), glue sticks and scissors (labeled with your initials). **BRING To Share:** Yummy and healthy lunch item. We will provide: magazines, water and iced tea, plates and utensils. **Purchase** tickets online or call: 480-488-2286. **Cost:** \$35—adult, \$25—child.



## Chasing Centuries with Author Ron Parker

Thursday, January 30 • 2:00-3:30 pm

*Chasing Centuries* takes the reader along on an exciting and little know adventure at the crossroads of archaeology and botany. Travel with author Ron Parker as he explores the depth & duration of human/agave co-evolution across the desert southwest, and discovers unusual agaves apparently associated with ancient archaeological sites. Ron Parker is an outdoorsman, xeric plant enthusiast and amateur botanist, who spends half his time gardening, and the other half exploring natural habitat across Arizona and neighboring states; primarily chasing agaves and archaeological sites. He has been studying agave populations in Arizona for many years. **RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.



## THOUGHTFUL CIRCLES



### Socrates Café – Foothills Forum

Thursday, January 2, 10:00-11:30 am

This is an opportunity to discuss a wide range of interesting topics with friends. The requirements for participation are an interest in discussing meaningful questions and respect for others regardless of their opinions. We do not seek consensus. We welcome people with a wide diversity of experiences and opinions. Past discussion topics have included: When do the law and justice differ? How does greed influence our social and economic systems? What can be done to fix public education? How can US immigration policy be fixed? How can we fix our healthcare system? Is Cave Creek a racist community? Should we have a flat income tax? What should we do to improve relations with North Korea? **Topic this month:** What is the impact of modern technology? No registration.

## Death Café

Wednesday, January 8 • 12:30-2:30 pm (2<sup>nd</sup> Wednesday this month only)

Death Cafe is a gathering to talk about death & dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversation about topics relevant to all of us but often considered "dark" or even taboo. From more information go to [www.deathcafe.com](http://www.deathcafe.com). No registration.



## PARA CONTINUAR EL ESPAÑOL



### Intermediate Conversational Spanish

Every Wednesday • 10:30 am-Noon

Informal chat session using various books, flashcards, etc. No instructor. No registration

## MONTHLY PROGRAMS

### FOR THE LOVE OF BOOKS

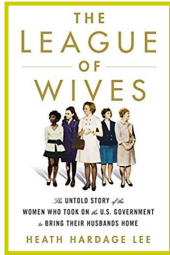
#### Literate Foodie Club

Monday, January 6 • 12:30-2:30 pm (1st Monday)

Love food, books, cooking & conversation? We will explore all these and more. **Topic:** We begin 2020 with an especially fun meeting! We will read *Chai Another Day*, a mystery set in a Seattle spice shop, by award-winning author Leslie Budewitz. Cindy Gibson will be discussing spices; a spice survey for all of you; and our special treat - a video interview with the author, Leslie Budewitz, herself. Give yourself a break after the holidays and join us! Facilitated by Dana Rakinic and Jan Kruse.

**Questions:** [danarakinic@gmail.com](mailto:danarakinic@gmail.com) or [jan-kruse@cox.net](mailto:jan-kruse@cox.net).

**Tickets** online or call 480-488-2286. Program limited, register now! **Cost:** \$10.



#### Library Book Club

Thursday, January 9 • 10:00 am-Noon

Tuesday, January 28 • 10:00 am-Noon

Book Club is now offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. **This month:** *The League of Wives* by Heath Hardage Lee. Everyone is welcome!

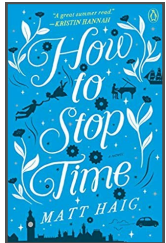
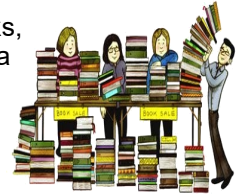
No registration.

#### Chapter2Books Special Sale!

January 10, 11, & 12

Biggest used bookstore in the North Valley! More than 15,000 books, as well as DVDs, CDs, and audiobooks, starting at just 50 cents! Located inside Desert Foothills Library at 38443 N. Schoolhouse Rd., open 7 days a week, or check us out on Amazon. Donations are welcome, and help support the library!

[www.Chapter2BooksAZ.com](http://www.Chapter2BooksAZ.com). 480-488-2777.



#### Get Lit Book Club

Tuesday, January 14 • 5:00-6:30 pm (2<sup>nd</sup> Tuesday)

Your Librarians Caitlin, Sara, and Ashley invite you to a new style of book club; Get Lit Book Club. This fun and informal gathering will be found at a different, local restaurant or watering-hole each month to help support our local community. Books will include non-fiction, classics, contemporary fiction and memoirs, to list a few.

Everyone is welcome! **This month:** *How to Stop Time* by Matt Haig, meeting at Civana Resort & Spa in Carefree.

**Registration required** at [dfla.org](http://dfla.org) or call 480-488-2286, so that we may give accurate numbers to the restaurant for setup. **Cost:** FREE to join and we encourage you to eat, drink, and be merry to support a local business.

#### Literary Salon

Thursday, January 16 • 10:00 am-Noon (3<sup>rd</sup> Thursday)

An informal discussion of books, film and theater led by a facilitator. No requirements to read or see any particular film, play or book. Everyone is invited to share ideas and reflections on the selected theme. **This Month:** Favorite Detectives - Who is your favorite detective? Why do we like detective novels and films? There is the fictional Sherlock Holmes and his sidekick Doctor Watson. Monsieur Poirot? Father Brown? Charlie Chan? Nick and Nora Charles from *The Thin Man* by Dashiell Hammett, or his other character Sam Spade. Remember Jessica Fletcher played by actress Angela Lansbury in the popular TV series *Murder, She Wrote*. Sue Grafton popularized Kinsey Millhone in her *alphabet* series. And there is *Helter Skelter*, a 1974 book by Vincent Bugliosi and Curt Gentry. Bugliosi served as prosecutor in the 1970 trial of Charles Manson. Come and share your favorite whodunit. No registration.



#### Everyone Has a Story Book Club at The Holland Community Center

Friday, January 17 • 10:30-11:30 am (3<sup>rd</sup> Friday)

The Holland Community Center & Desert Foothills Library have a new book club! Each month we will be reading a biography, memoir, or autobiography and come together to talk about the person's life. One book will be chosen but feel free to read or watch other materials on the person of choice to join in the fun. This month: *The Last Lecture* by Randy Pausch - Other good options include: *The Comet & The Tornado* by Donald Marinelli, *Dream New Dreams: Reimagining My Life After Loss* by Jai Pausch, or *Really Achieving Your Childhood Dreams* - Carnegie Mellon Lecture Series. No registration.

# ADULT PROGRAMS

## THE SILVER SCREEN MOVIE SCENE

### Monday at the Movies

Every Monday • 2:30 pm

New releases with a foreign film once each month. Check our website [dfla.org](http://dfla.org) for titles. No registration.



### Music @ the Movies

Thursday, January 2 • 2:00-5:00 pm (1<sup>st</sup> Thursday)

Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, comedies and more. Hosted by music enthusiast, Annis Scott. **This Month:** *A Late Quartet*—for 25 years, the *Fugue*, a string quartet, has wowed music-lovers with its performances. As the musicians prepare to celebrate a milestone season together, cellist Peter (Christopher Walken) informs his comrades that he has Parkinson's disease and must soon retire. In the fallout, competing egos clash, long-simmering resentments bubble to the surface and marital infidelity rears its ugly head. Also stars Philip Seymour Hoffman. 100 min. No registration.

The following two movie series feature a post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC).

### Around the World in 9 Films

Friday, January 10 • 3:00 pm (2<sup>nd</sup> Friday)

Movies are a great way to learn about different cultures — how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their cultures & countries and yet, at the same time, linking a thread of humanity that stretches across the globe. This Month: *A War*, R 2015, Denmark. 101 min. **RSVP** online or 480-488-2286.



### Cinematic Reflections: Little Known Stories of WWII

Friday, January 17 • 3:00 pm (3<sup>rd</sup> Friday)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war — stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. This Month: *The Innocents* 2016. 115 min. **RSVP** online or call 480-488-2286.

## TECHNOLOGY & DIGITAL CONTENT

### E-Media & Library Digital Content Help

Every Tuesday • 10:00-11:00 am

Downloading eBooks & eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Overdrive, RB Digital or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.



### Teen Tech Help

Saturday, January 11 • 10:00 am-1:00 pm (2<sup>nd</sup> Saturday)

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites & more! Bring your device or use a library computer to get your questions answered. Contact Imogen for more information: [imogenbrooks01@gmail.com](mailto:imogenbrooks01@gmail.com). No appointments needed; 1st-come, 1st-served. Stop by the circulation desk to check-in for Teen Tech Help.

### Introduction to Technology

Sunday, January 12 • 1:00-3:00 pm

A group of Desert Mountain High School seniors will hold introductory courses about iPhones, download apps and more. They will be able to answer any questions you have about your tech, so come on in! Imogen Brooks (already a Teen Tech Helper at our Library), Sarah Glomski and Jessica Keane want to do more to help everyone who comes to the Library with iPhone tech needs. Great gals! No registration.



## JOYFUL SOUNDS

### Music Appreciation

Thursdays, January 9, 23 • 4:00-5:30 pm

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Topic January 9:** Elgar's *Emigma Variations* and Strauss' *Don Quixote*.

**Topic January 23:** Magnificent late 19th Century and early 20th Century masterpieces. Romantic and such intriguing music. **RSVP** online or call: 480-488-2286.



### Drum Circle facilitated by AARP

Tuesday, January 21 • 4:45-5:45 pm (3<sup>rd</sup> Tuesday)

Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience required! If you have a heartbeat, you can drum.

Open to all adults, all ages. No registration.

### Foothills Music Club

Friday, January 24 • 4:00-5:30 pm (4<sup>th</sup> Friday)

Inspired by Cave Creek's rich musical community experience, Music Club was created for music enthusiasts to give an open sign up to play music and storytelling. Cave Creek's most musical library offers a peaceful and beautiful place for self-expression and positive interaction to develop your strong musical spirits. Julie Harding will be presenting a journey of nature-based music also the music of Frank Lloyd Wright's Father William C. Wright—stories of a very musical household where music is a fundamental notion and recognized as an important part of life. No registration.



## ARTFUL CIRCLES



### Craft N Chat

Mondays • 1:00-3:00 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome! No registration.

### Art Critiques

Monday, January 27 • 4:00-5:30 pm (4<sup>th</sup> Monday)

Art critiques are a wonderful way to get feedback on the art you are doing. This will be a group participation with Nicolette being the coordinator. Bring 1-2 pieces of work and come join us and learn from each other. Nicolette Maguire Bonnstetter taught art history, art methods and worked with preservice teachers at the University of Nebraska- Lincoln. She is a studio artist working in acrylics and mixed media. No registration.



## AUTHOR, AUTHOR!



### Writer's Connection

Friday, January 3 • 1:00-3:00 pm (1<sup>st</sup> Friday)

Today's world is literally at a writer's fingertips. A few keyboard strokes can open the information gates to help you create stories that are distinctively credible & compelling. **This month:** What's the Difference Between Self-publishing and Independent Publishing? With Carrie Severson, it comes down to your philosophy about team. Are you a team player? Or do you work best on your own? One way to get your book out into the world is to do it all yourself. The other way is to work inside a team & partner with various players. Join Carrie Severson to get your questions about independent publishing answered. She has been in the storytelling industry for more than 20 years as a writer, editor, essayist, public speaker, publicist, story coach and now publisher. In 2019, she started The Unapologetic Voice House, an independent publishing house, after her hopes of signing with an agent came to an end, to support writers who have big dreams without big platforms. She's walked that journey and found the rainbow at the end of the path. Check her out online at [www.theunapologeticvoicehouse.com](http://www.theunapologeticvoicehouse.com). **RSVP** online or call 480-488-2286.

### Memoir Writers' Group

Monday, January 13 • 10:00-11:30 am (2<sup>nd</sup> Monday)

Are you writing a memoir, personal essays, or creative non-fiction? Join our group to share stories and receive constructive feedback. All levels welcome. Organized by Elena Pavlova. No registration.



# ADULT PROGRAMS

## Longevity, Healthy Aging & Regeneration

Friday, January 17 • 11:00 am-Noon



Discussion will revolve around a variety of studies, ranging from the 1800's to the present, on the habits of those who have lived into extreme old age. What do these studies have in common, what patterns emerge, how do we change our patterns and what will be the outcome for the average person? Karen Cimaglia's lifestyle change began several years ago & constantly evolved. As she became aware of aging changes in her body, she began to research options for corrective measures. She made amazing discoveries about herself and others. Karen has corrected many of her ailments as well as assisted others. Research has led her into philosophy and metaphysics, and has provided a great deal of insight into the longevity and health practices of centurions past and present. **RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.

## MONTHLY SUPPORT GROUPS

No registration.



### Caring for the Caregiver with Hospice of the West facilitators

Monday, January 6 • 10:00-11:30 am (1<sup>st</sup> Monday)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

### "The Healing Pathway" After Loss of a Spouse or Partner with Hospice of the West facilitators

Mondays, January 13, 27 • 9:30-11:00 am (2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.



### Health and Nutrition with Dr. Jacquie

Wednesday, January 15 • 1:00-2:30pm (3<sup>rd</sup> Wednesday)

Open dialogue support group about energy, weight, and social life altered by digestive problems due to leaky gut and other ailments. Facilitated by Dr. Jacqueline Greenfield, twenty years as a Naturopathic physician, integrating conventional with Natural & Traditional Chinese Medicine; coaching and personalizing nutrition, utilizing functional lab analysis and epigenetics; and treating pain syndromes with ultrasound guided advanced regenerative stem cell, growth factors, and PRP injection therapy when necessary.

## ONGOING HEALTH AND FITNESS

### Gentle Yoga

Every Sunday and Wednesday • 11:00 am-Noon

You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance and sharpen your mind. *Bring a yoga mat and light blanket.* **Registration:** contact Marina Kachur: [yokama14@gmail.com](mailto:yokama14@gmail.com) or 480-510-6572. **Cost:** \$8 cash, pay each class.



### Yoga Fusion (Intermediate level)

Every Thursday • Noon-1 pm

This intermediate-level course starts with breathing exercises, stretching movements to open hearts and hips and then into Vinyasa or Flow yoga and standing sequences with balance exercises. 5 minutes of Savasana ends the class. **Questions:** Elizabeth Boisson: 480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com). **Cost:** \$8 cash, pay to instructor at each class.

### Tai Chi—Qigong for Everyone!

Every Friday • 9:00-10:00 am

A discipline that can be practiced & benefits gained at any age – you are never too old! Blend Qigong and Tai Chi, with deep breathing, repeated gentle motions and stretches to improve health, balance, agility & flexibility. Wear loose clothing & bare feet. **Questions:** Bina Bou at [bina.b75@gmail.com](mailto:bina.b75@gmail.com) or 480-284-1300. **Cost:** \$40 cash for 5 classes; or \$10 drop-in.



### Practical uses of Reiki

Energy Modalities in Meditation, Relaxation, Healing, Health and Overall Self-Care

Wednesdays, January 8, 22 • 10:30-11:30 am (2<sup>nd</sup> & 4<sup>th</sup> Wednesdays)

A discussion explores the energy body & how it functions & the effects this unseen energy force or body and how you use it. We will play with body energy to learn how to control it to consciously use the energy that makes up all that is you. **Questions:** Contact instructor Karen Cimaglia: [rockinvibes21@gmail.com](mailto:rockinvibes21@gmail.com) or 602-721-7714. **Cost:** \$8 cash, pay to instructor at each class.

# 2020 Desert Foothills Library Fundraising Gala

Sponsorships available

## Desert Foothills Library

Saturday, February 8, 2020

6:00 pm

# IMAGINE

11th Annual Gala



Live Music by "We3"

printed courtesy of The UPS Store Chandler / Tempe / Casa Grande

Dinner • Cocktails • Auctions  
\$200 per person • Library Benefit

RSVP at 480-488-2286

# #LibrariesTransform #EnrichingYourCommunity

Desert Foothills Library is here to help in any way we can. Your Community, Your Library.

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