More Events

Desert Foothills Library

For Writers
Remembering Our Stories
A Writing Group
July 6 & 20, August 3 & 17 • 9:30–11 am
(1st and 3rd Thursdays)
Experience connection and get inspired in a writing group that will nurture your heart and spirit, as well as spark your creativity. Absolutely no writing experience needed! Questions? Contact Life and Wellness Coach, Sharon Spector. (52) 460-9108. Register: 480-488-2286.

Creative Writing
Collaboration Workshop
Saturday, August 19 • 10:30 am–Noon

Malas Beads
Friday, July 21 • 11 am–Noon
Malas are a set of beads that have traditionally been used in prayer and meditation. You don’t have to be religious, or have any spiritual practice. Often, people are drawn to the mala beads for their believed healing qualities of calming the mind & providing inner peace. We will be making an 18 bead mala bracelet with the Guru bead and charm or tassel. The beads represent your intention and the Guru bead represents your teacher(s) in life & also the teacher within yourself. Adults and teens (ages 13 and up) are invited to join. With Luris presenter, Cathy, for a mindfulness exercise making a Mala-bead project. Class size limited to 12. Register: 480-488-2286. Cost: $5.

Craft N Chat
July 24 & August 28 • 1–3 pm (4th Mondays)
Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionship creating and conversation. New crafters and all skill levels are always welcome! No registration.

Spanish Offerings
Intermediate Conversational Spanish
Every Wednesday • 10:30 am–Noon
Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.

Spanish Classes
Spanish Classes Levels 1 – 5 will resume in September, 2017.

Details at www.dfla.org July/August 2017

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ADULT SUMMER READING PROGRAM
June-July 2017
The Adult Summer Reading Program continues. It’s easy! Just track your time spent reading. You’ll automatically be entered for the Nook drawing and/or 1 of 10 mystery prizes when you complete this year’s summer reading program challenge. Other prizes to earn include: Chipotle coupon (while supplies last) and a free book you may choose online from an extensive list. Beginning June 1, register and track reading time online at www.maricopacountyreads.org. Nook winner will be notified by mid-August.

2017 Desert Foothills Library PHOTOGRAPHY CONTEST
Reception & Awards Ceremony
Saturday, July 8 • 4:30–6 pm
Exhibition dates: July 3 – August 4 • Library hours
Reception/Award Ceremony: July 8 • 4:30–6 pm
Pick up photographs: July 22 • Noon–4 pm

Lifelong Vitality Happy Hour
Thursday, July 27 • 4–5 pm
Mingle and meet new friends. Singles and couples welcome! Author of Release Your Pain, Expand Your Life! and developer of Kinessage® Self Care, Kathleen Gramsay, will briefly speak about the power of mindfulness and real time connection to enrich your life and the lives of others. Q & A to follow. Complimentary wine and cheese platter will be included in this delightful gathering. RSVP requested for planning; space is limited. RSVP: 480-488-2286.

Monthly Support Groups
The following groups led by Hospice of the West facilitators. No registration.

Caring for the Caregiver
July 3 & August 7 • 10–11:30 am (1st Monday)
Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

The Healing Pathway
After the Loss of a Spouse or Partner
July 10 & 24, August 14 & 28 • 9:30–11 am (2nd & 4th Mondays)
Join us on this journey that will guide you to find a “NEW NORMAL” as you process through your personal grief journey.

Adult Summer Reading Program
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Ask at the Front Desk!!
**Library Book Club**

**Tuesday, July 11**

**Thursday, August 10**

**10 am–Noon**

**July 11: Empty Mansions** by Bill Dedman and Paul Clark Newell, Jr.

**August 10: News of the World** by Paulette Jiles

Everyone is welcome!

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**Teen Tech Help Desk**

**Saturday, July 15 & August 19**

**10 am–2 pm**

Having trouble understanding your smartphone or computer? Do you need help setting up accounts or using websites/apps? Let our tech-savvy teen volunteer help you with these and other technology-related questions. Just bring your device to our Special Collections room or use a library computer to get your question answered. Questions? Contact Brandon Holmes: 480-665-2638. No appointments needed; first-come, first-served.

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**Looking for a Fulfilling Volunteer Opportunity?**

Join the Desert Foothills Library and make a real impact! Volunteers are needed at the Library and Chapter 2 Books. Shifts are generally 3 to 4 hours and available for all days of the week; volunteers will be fully trained. To apply, contact Library Manager Terri Engbrecht at tem@dfla.org or 480-488-2286.

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**Genealogy: A Lasting Legacy**

**Tuesday, August 8 • 11 am–Noon**

Researching your genealogy is exciting, challenging, and a great puzzle to solve. There are magazines, websites and writing groups which are all avenues to do research. Join Educator, Victoria Withers, for this informative History talk to share the tools you need for your journey. Register: 480-488-2286.

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**Intuitive Self – Awareness**

**Friday, July 7 • 2–4 pm**

Educate yourself on the basics of mental, spiritual and physical awareness. Learn how metaphysics comes together and the many forms of self-healing available to you. Presenter, Rob Pikula, has been certified as a Reiki Master, artist, author and a metaphysical intuitive who helps others understand spirit guides, past lives and meditation. New ways to release unwanted emotions and feelings will also be introduced. Available to ages 13 and up (participants under the age of 18 must be accompanied by a parent and/or guardian). Register: 480-488-2286. Cost: $12 per person.

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**Health & Fitness**

**Gentle Yoga**

**Every Sunday • 11 am–Noon**

You are only one yoga class away from a good mood! Yoga for Every Body: through a slow flow of controlled poses you’ll begin strengthening your heart and bones, improving balance and sharpening the mind. Please bring a yoga mat.

**Registration required:** Contact instructor Jennifer: 480-310-6972 or makhurros@hotmail.com.

**Cost:** $8 cash, pay instructor at each class.

**Restorative Yoga**

**Every Thursday • Noon–1 pm**

No classes July 6, 13, 20

Great for beginners! Improve your ease of movement, flexibility, breathing and meditation. Please bring a yoga mat.

**Registration required:** Contact instructor Elizabeth Boisson: 480-363-5275 or eboisson@yahoo.com.

**Cost:** $8 cash, pay to instructor at each class.

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**Special Sale Dates:**

- **Tuesday, July 11:** *Empty Mansions* by Bill Dedman and Paul Clark Newell, Jr.
- **Tuesday, August 8:** *News of the World* by Paulette Jiles
- **Wednesday, September 5:** *Grievous Angels* by Paulette Jiles

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**Coming Soon**


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**Library/Bookstore Hours**

**Monday—Friday**

**9 am–6 pm**

**Saturday, 10 am–6 pm**

**Sunday, 11 am–3 pm**

**Holiday-Closed**

**July 4th**

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**Shop Amazon**

Click this icon on the Desert Foothills Library website to shop Amazon and support your Library!