

Community Programs

March 2020

CELEBRATE WOMEN'S HISTORY MONTH WITH GREAT PROGRAMS AND EXHIBITS AT YOUR LIBRARY!

WOMEN BY WOMEN

Local Art Exhibit

March 20 - April 4

VINTAGE HATS FUNDRAISER & TEA

Proceeds benefit the Library with
tea and goodies from
English Rose Tea Room.

March 22

TEEN BOOK CLUB

Children of Blood & Bone by
Tomi Adeyemi

March 25

INFORMATION

Desert Foothills

LIBRARY

Est. 1954

enriching your community

Find DFL on Social Media



Thank you to
all of the
guests,
sponsors, and
donors for our
Imagine Gala
February 8th!



It was a beautiful and fantastic night. We
cannot express the gratitude we have for
this community and the support we receive.

LIBRARY/BOOKSTORE HOURS

Monday — Friday, 9 am—7 pm
Saturday, 10 am—4 pm
Sunday, 11 am—3 pm

Front Desk: 480.488.2286
Bookstore: 480.488.2777

www.dfla.org
38443 N Schoolhouse Rd.
Cave Creek, AZ 85331

Largest Used Bookstore in the North Valley!

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Chapter2Books

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SPECIAL SALE DATES: March 13, 14, & 15

Donations are always welcome and help support the Library!

Find out more at DFLA.ORG/Chapter-2-Books

The views expressed in the programs and events are those of the presenters and do not necessarily reflect those of Desert Foothills Library Association, the Library staff, or volunteers.

Staff Showcase

Marissa Dailey

Briefly describe your role at DFL: I am the new circulation librarian! I will be working closely with the volunteers streamlining processes, working with the collection, displays, fines, reference and much more! I am so happy to be here!

Where is your hometown?: I'm from California, grew up in Gilbert and started my family in Tempe. I have roots in a few places.

Where did you go to school?: My Bachelors in Art History is from ASU, my Masters in Library and Information Science is from the University of Arizona.

Do you sing in the car when you are alone?: Life is too short to NOT sing in the car. With or without passengers.

What's one thing you wish you knew how to do?: I wish I knew how to write code or design websites, or how to play piano well.

Do you have any siblings?: I have two brothers, one older and one younger. They're alright enough, I guess.

What's an ideal weekend for you?: Lots of family time, and a new movie with buttery popcorn after the kids go to bed.

If you had to write a biography of yourself in one sentence, what would it be?: "Are you sure that's what I said?"



Volunteer Spotlight

Katrina K.

How long have you been at DFL?: 5 years.

What is your favorite part of volunteering at DFL?: Working with the wonderful staff and volunteers—what a great group of people! I work in Chapter2Books and enjoy being introduced to books I would not have discovered.

Where did you grow up?: I grew up on a farm in Iowa.

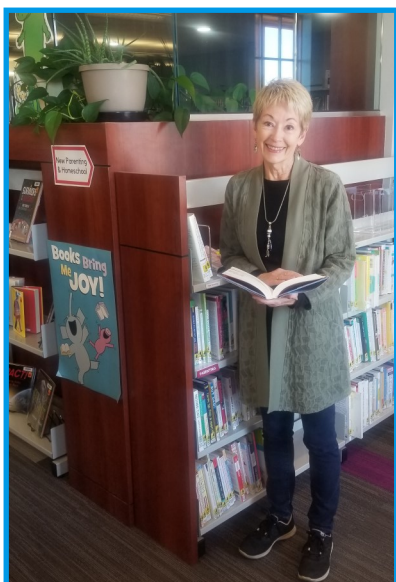
What did you do in your career?: I had several careers but my last, and longest, was in the R&D Department of a Pharmaceutical Company. I was the Executive Director of the Project Management Group and was fortunate to travel internationally.

What is a skill you learned when you were young that you still use today?: Sewing. I used to make clothes but now I make quilts.

What is your proudest accomplishment?: Any time I overcame a lack of confidence to succeed.

What did you name your first car?: Ruth—it seemed like a name indicating reliability; a great feature for an automobile.

If you could add anyone to Mount Rushmore who would it be?: Eleanor Roosevelt—She was the driving force behind the social programs her husband got credit for.

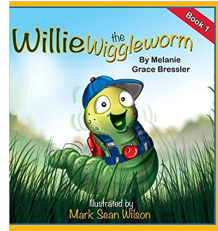


YOUTH & FAMILY PROGRAMS

The Launch of Willie the Wiggle Worm!

Saturday, March 14, 11:00 AM—2:00 PM

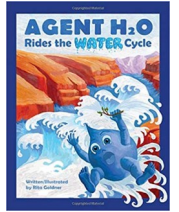
Jump into Spring with “Willie The Wiggle Worm!” A celebration of love and acceptance, children will decorate insect shaped cookies, there will be face painting, coloring, and even a DJ! All wiggle worms are welcome to this book-signing event.



Agent H₂O Rides the Water Cycle

Saturday, March 21, 11:00 AM—12:00 PM

Children of all ages will enjoy this delightful tale of Agent H₂O as he travels through the Water Cycle. Join Rita for a reading from her book, and a craft project, followed by a hike through the Carol Bartol Preserve at Saguaro Hill led by the Desert Foothills Land Trust guides. The **Desert Foothills Land Trust** connects people to nature by working with communities and partners to conserve and steward sensitive lands and species for the survival of our Sonoran Desert.



MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Read Across America Week! Pick up your Cat in the Hat Reading BINGO card.	2 Discovery Playtime 11:00 AM	3 Family Storytime 10:00 AM	4	5 Baby & Toddler Storytime 10:00 AM Simon Says 10:45 AM	6	7
8	9	10 Family Storytime 10:00 AM	11 LEGO Builders 4:00 PM	12 Baby & Toddler Storytime 10:00 AM	13	14 The Launch of Willie the Wiggle Worm 11:00 AM
15	16 Afterschool Fun: Mugs of Gold 4:00 PM	17 Family Storytime 10:00 AM Beginner Spanish for Kids 5:00 PM	18	19 Baby & Toddler Storytime 10:00 AM	20	21 Agent H ₂ O Rides the Water Cycle & Hike 11:00 AM
22	23 Musical Storytime 10:00 AM	24 Family Storytime 10:00 AM Beginner Spanish for Kids 5:00 PM	25	26 Baby & Toddler Storytime 10:00 AM	27 Let's Make It: Up-cycling for Kids 4:00 PM	28
29	30 Kid Chefs: Fizzy Fun 4:00 PM	31 Family Storytime 10:00 AM Beginner Spanish for Kids 5:00 PM				

Read Across America Week

March 1 Kick-off

March 1-7 is Read Across America Week! This initiative to get kids reading was started by the National Education Association and is happily celebrated by schools and libraries throughout the US. March 2nd is the official kick-off, which coincides with Dr. Seuss's birthday. Pick up a Cat in the Hat BINGO card, complete the reading challenges, and bring it back to the library by the end of the month to win a prize!



Beginner Spanish—Session 2

Tuesdays, 5:00 PM—5:45 PM, March 17—April 14

Learning Spanish has never been so fun! Children 5 & up are invited to this 5 week series that will feature speaking, reading, writing, and singing in Spanish. This program is free but registration is essential. Please note that this is a new session and not a continuation of the first session.

Discovery Playtime

**Monday, March 2,
11:00 AM—11:45 AM**

Discovery playtime is unstructured playtime for children up to age 6 at Desert Foothills Library. This constructive free play is a great time to socialize with other children. Activities will rotate and include sensory activities, water table, building toys and manipulatives, board books, art activities, and games.

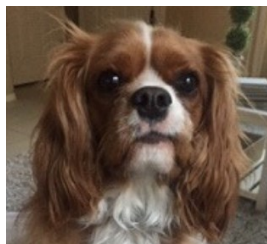


Simon Says

**Thursday, March 5,
10:45 AM—11:15 AM**

Simon is a pet therapy dog who is volunteering to meet children after storytime! He's a King Charles Cavalier Spaniel and has the sweetest disposition. Feel free to

introduce yourself to this handsome fellow, or even read a story to him.



LEGO Builders

Wednesday, March 11, 4:00 PM—5:00 PM

Build from your imagination! This program for school age children and their siblings is an hour of LEGO building and free play. Kids of all ages are welcome.

Afterschool Fun: Mugs of Gold

Monday, March 16, 4:00 PM—5:00 PM

Do-it-yourself meets culinary greatness in this hands-on program. Children ages 5 & up are invited to personalize a ceramic mug using Sharpies. When properly cured, your design will be food-safe and preserved for years to come. For an added bit of fun, we will make mug cakes (in different mugs)!



Let's Make It: Upcycling for Kids

Friday, March 27, 4:00 PM—5:00 PM

Kids will get creative in this maker style program where we turn unwanted used items into something new and beautiful or useful. This month we will be creating art and jewelry from old unwanted magazines.

Kid Chefs: Fizzy Fun

Monday, March 30, 4:00 PM—5:00 PM



We'll be in the kitchen concocting homemade fizz in this STEM-based program. We'll explore the chemical reaction that takes place when baking soda and vinegar are mixed, while at the same time, hatching dinosaur eggs!

Storytimes @ Desert Foothills Library

Family Storytime

Tuesdays, March 3, 10, 17, 24, 31• 10:00-10:30 AM
Children 2-6 and families are encouraged to join us for a 30 minute storytime featuring music, movement, crafts, & stories. No registration required.

Baby and Toddler Storytime

Thursdays, March 5, 12, 19, 26• 10:00-10:30 AM
Geared for children 10 months to 3 years, join us for a fun 30 minute romp with music, books, rhymes, and bubbles! No registration required.

*February 13 is a featured storytime which will be from 10:00 AM—11:30 AM.

Musical Storytime

Monday, March 23, 10:00 AM—10:30 AM

Music is all around us every day if we open our ears to it. Join us for this special monthly storytime where we will explore rhythm and soundscapes through music and movement.

TEEN PROGRAMS

Teen Game Night

**Friday, March 13,
4:30 PM—6:00 PM**

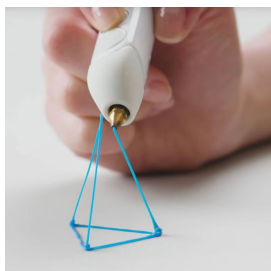
UNO, Sorry, Apples to Apples, Overcooked (PS4), Sonic Mania (PS4), Battleship, Ticket to Ride, and MORE. We're having a good old-fashioned game night with snacks. Come one, come all and play to your heart's content.



Ideas in 3D

**Wednesday, March 18,
4:30 PM—6:30 PM**

If you can think it, you can build it! We're unboxing our brand new 3D pens! These pens use a thin plastic filament forced through a heated mechanism so that you can draw in 3D. Come with ideas, or try out one of the projects we will offer. Teens only, please!



Teen Chopped

**Friday, March 20,
4:30 pm - 6:00 PM**

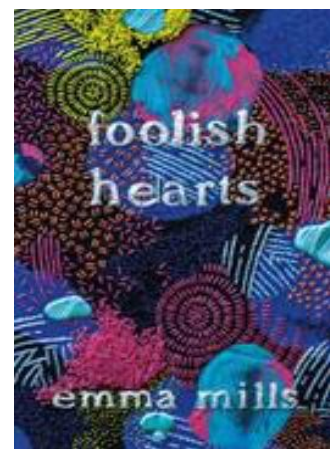
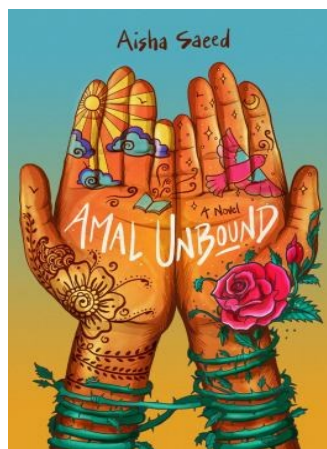
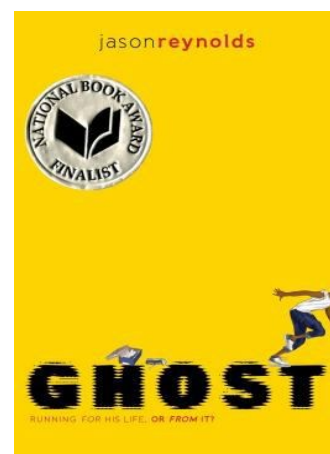
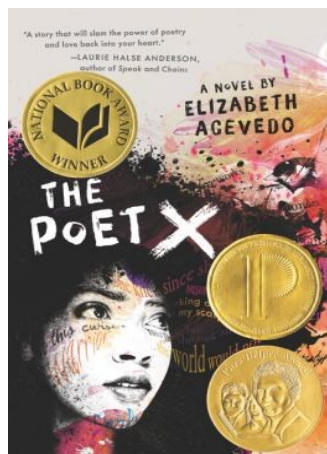
Are you up for a culinary competition? Teen Chopped is coming to your library! We provide the menu category and the ingredients, you create the dish. The competition is friendly, and there will be lots of delicious food to sample. Please be sure to register for this event so we can plan to have enough food.



Teen Book Club

Wednesday, March 25, 4:30 PM—6:30 PM

Whether you love adventure, romance, memoirs, or science fiction, this book club is the book for you. This month we're reading award winning book *Children of Blood and Bone* by Tomi Adeyemi.



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ADULT PROGRAMS

SAVE THE DATE-SEE YOU THERE!

Crime & Punishment - A 1920's Murder Mystery Party

Saturday, March 21, 5:00 pm

Things take a turn for the gutter at Mafia Don Lou Zar's juice joint when someone is put on ice! The crowd is Chock full of potential suspects. Jealous, jilted lovers, a rival Mafioso & a pair of undercover feds make an appearance at this speakeasy and not a single person is muttering a word! Help find out who's on the level and who's on the lam by trading clues with your guests, gathering information and solving the crime before the murderer hotfoots it out of there! Dress for this night of murderous mayhem includes flapper dresses, zoot suits, feather boas and headbands, pinstriped suits and fedoras. If you aren't feeling that jive, you can dress as you feel comfortable and play as a private detective to help solve the crime, just don't frame the wrong guy! Join the Library in this thrilling night with Murder Mystery Co.! H'orderves, and cocktails will be served along with a fantastic, puzzling who-dunnit. Costumes are encouraged and awards will be given to the best dressed. Must be 21+. Seating is limited, register now. **Tickets** at dfla.org or call 480-488-2286. **Cost:** \$45 - food and 1st drink included.



Vintage Hats Private Collection Fundraiser & Tea

To benefit Desert Foothills Library

Sunday, March 22, 2:00 pm

Reserve your seat for a spot of tea and cakes, and your chance to take home one or more of fifty vintage hats from a private collection that covers the 1950's – 1990's. These designer and one-of-a-kind hats are being donated to Desert Foothills Library for this event by Andrea Markowitz, whose mother amassed the collection. Jo Gemmil of the English Rose Tea Room is donating the tea and cakes. Your \$35 ticket includes tea, cakes, and five raffle tickets. Additional raffle tickets may be purchased at the event. Seating is limited. ALL proceeds directly benefit Desert Foothills Library. **Tickets** online at dfla.org. Questions please call 480-488-2286. **Cost:** \$35.00 – includes tea, cakes, and five auction raffle tickets with more raffle tickets available at the door.



ART EXHIBITS

Contemporary Watercolor Association presented by Desert Foothills Gallery

Through March 19 Exhibit

Retrospective Showcase

March 19 - May 14



Desert Foothills Land Trust Art Exhibit

March 5 - March 19

Women by Women Art Exhibit presented by Desert Foothills Library

March 20 - April 4

Reception March 21, 4:00-5:30 pm

CHAPTER2BOOKS SPECIAL SALE!

March 13, 14, & 15

Biggest used bookstore in the North Valley! More than 15,000 books, as well as DVDs, CDs, and audio books, starting at just 50 cents! Located inside Desert Foothills Library at 38443 N. Schoolhouse Rd., open 7 days a week, or check us out on Amazon.

Donations are welcome, and help support the library!

www.Chapter2BooksAZ.com. 480-488-2777.



PASSPORT SERVICES

Passport books and cards with photo services – regular or expedited.

Appointments essential. Call direct at 480-575-3201.

ADULT PROGRAMS

LIBRARY FEATURE EVENTS



Vita Tax- Aide Help

Tuesdays, February 4 - April 14, 11:00 am-5:00 pm



The IRS and Masters of Coin-sponsored Volunteer Income Tax Assistance (VITA) program offer free tax help to low-income and elderly people, persons with disabilities and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. Located in Phoenix, Masters of Coin is a nonprofit organization dedicated to helping low income & elderly individuals with income tax preparation, helping new entrepreneurs learn how to set up accounting records to comply with tax laws, and helping aspiring political candidates learn how to comply with campaign finance laws and reporting. **Call** 480-488-2286 to schedule an appointment – yellow form to be filled out available for pick up prior to appointment. **Bring** social security card, 2018 tax return information, 2019 tax forms and identification card.

Matinee Movie: *My Fair Lady*

Wednesday, March 4, 3:30 pm-5:30 pm

Please join us for a matinee movie! As a follow-up to Charles Troy's presentation on the history of *My Fair Lady* on February 26th, the Library will be showing the classic *My Fair Lady*. No registration.



Five Years from Retirement - What Now?

Wednesday, March 4 & 26, 6:00-7:00 pm (Two chances to catch this program.)

Discussion Topics include: factors that guide retirement income decisions; the four retirement income models; keys to making good retirement decisions; unlocking your portfolio's capacity to serve you best; the two risks every retiree must navigate; and putting it all together. Presented by Marshall Campbell of Morgan Stanley. **RSVP** online at dfla.org. Questions please call 480-488-2286.

The Secure Act: Estate Planning with Individual Retirement Accounts

Thursday, March 5, 10:30 - 11:30 am

West Hunsaker, Morris Hall, PLLC & Tim Kerrigan from Clark Street Financial will be speaking on the latest law change: The SECURE Act, passed on 12/20/19, and how it is affecting beneficiaries. They'll discuss: how to keep up with changes in federal, state and tax laws, new strategies and how IRAs are impacted; the importance of keeping your estate plan documents updated; how to fund a trust correctly and why it is so important. **RSVP** online at dfla.org. Questions please call 480-488-2286.



MORRIS HALL PLLC
a premier estate planning law firm

Culinary and Wellness Series - Final of 3 Sessions

Saturday, March 7, 10:00 am-Noon



Session 3 - Easy Fitness Strategies and Injury Prevention

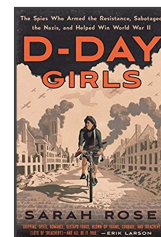
Keeping your body healthy and injury free involves many components. Becoming mindful of how you move can help prevent injuries, large and small. Wendy Farrell will discuss a variety of options to keep fit, the concepts of ergonomics and the art of applying mindfulness to your actions and movements. **Tickets** available at dfla.org. Questions please call 480-488-2286. **Cost:** \$20.

Spy Stories of WWII

Saturday, March 7, 10:30 am-12:30 pm

Incredible True Stories: How the OSS (now CIA) trained women to spy during WWII, how Churchill recruited women to become saboteurs, how Allen Dulles, OSS, operated in Switzerland as Asst. U.S Ambassador, and secretly recruited women. The collective efforts of women like Marie Fourcade and Lise de Baissac, working with the French Resistance, saved thousands of lives. Nancy Bancroft and Wally Toscanini, became spies for Dulles. Marlene Dietrich and Josephine Baker passed information. Rose Valland outsmarted Hitler and Goring, to save thousands of priceless paintings, helped the Monuments Men, and after the War received the French Legion of Honor and U.S. Medal of Freedom for valor. Mary F. Cook tells these fascinating true stories. She's a member of the International Foundation for Art Research and has lectured on the Nazi art thefts since 2000.

Tickets available at dfla.org. Questions please call 480-488-2286. **Cost:** \$6. All proceeds benefit the Library.



Yappy Hour - to benefit Puppy Luv Animal Rescue

Sunday, March 8, 11:00 am-1:00 pm

Mimosas and iced tea for humans, treats for the pups... Join us, with your dog (or just because you're a dog-lover), mingle on the Waterfall Terrace, enjoy hearing awesome music. We'll also be collecting donations for Puppy Luv Animal Rescue. Here is a small list of items you could bring to donate: dog treats (soft, jerky, and biscuits), cat treats, canned chicken, tuna, sardines and salmon, canned pumpkin, peanut butter, Cheerios (plain), puzzle feeders, 1 gallon or more buckets (that not have contained chemicals), bleach, gloves, paper towels. No registration.

Muffins, Bars, and Breakfast

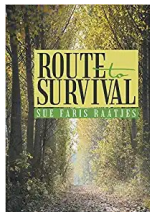
Tuesday, March 10, 10:00 am-Noon

Join us for another fun session with Dr. Fabio! He and his wife, Cindy Almeida, a certified nutritional counselor, will share their recipes with you. This class provides healthy alternatives to highly processed baked goods, with easy to make recipes filled with the right kind of carbs to boost your metabolism! This class features food demonstration, recipe packets, and education from Dr. Fabio and Cindy Almeida. Recipes include blueberry oat muffins, banana muffins, Go-To Bars and homemade granola! While this class is vegetarian friendly, recipes/food do contain eggs and nuts. **Tickets** available at dfla.org. Questions please call 480-488-2286. **Cost:** \$50.



Storyteller: *City Mouse, Country Mouse* & Book Talk

Wednesday, March 11, 2:00-3:30 pm



Storytelling: *City Mouse, Country Mouse* is a delightful children's classic. Great story UNLESS you have to live it! Sue Raatjes was raised in the country and married a man from the south side of Chicago. How do you make it work? A book talk will follow of Raatjes's novel, *Route to Survival*, and her devotional of uplifting chapters, *Live Your Highlights*. Sue Raatjes is a retired High School English Teacher who has published two books, with a third coming out in 2020. She enjoys participating in the AZ Storytellers Project sponsored by the AZ Republic and U.S.A. Today. She has taught Bible studies and workshops, and volunteers with several organizations. She is a 50-year resident of Phoenix where she resides with her husband. **RSVP** online at dfla.org. Questions please call 480-488-2286.

Making a Museum vs. Writing a Book: What's the Same, What's Different?

Monday, March 16, 10:30 am-Noon

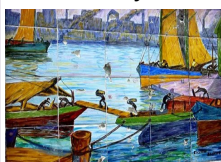
How do you decide which exhibits to include in a science museum? How do you devise characters and plot for a work of fiction? Sheila Grinell, who has done both, claims the processes are more similar than you might think, and they apply to all sorts of creative pursuits. Shelia Grinell moved to Phoenix in 1993 to serve as founding CEO of the Arizona Science Center. After establishing the museum, and at the end of 40 years in the museum business, she began to write fiction. Her debut novel, *Appetite*, appeared in 2016, and her second, *The Contract*, last September. **RSVP** at dfla.org. Questions please call 480-488-2286.



Buenos Aires, Tango, and Impressionism; Benito Quinquela Martin

presented by Phoenix Art Museum

Wednesday, March 18, 1:00-2:30 pm



Benito Quinquela Martin's biography and work have conquered the hearts of art enthusiasts and collectors alike. He was a painter of his beloved port "La Boca". For him color was life and his life was color & the music of tango. His world renown paintings of port scenes show the activity, vigor, and roughness of the daily port life. Benito Quinquela Martin, one of the best known Argentinian painters, is very much alive in the heart of the Argentinian people. Presenter Isabel Ballerna was born in Buenos Aires, where she studied Art with a minor in Interior Design at Facultad de Bellas Artes. She has worked as a fine art artist with representation

in Art Galleries, published in Contemporary Western Artists by Peggy & Harold Samuels and been featured in Artists of the Rockies and the Golden West and Southeast Art magazines. **RSVP** online at dfla.org. Questions please call 480-488-2286.

Craft Chocolate 101: Discussion & Tasting

Wednesday, March 18, 5:00-7:00 pm

Explore the world of micro batch "bean to bar" craft chocolate making. Learn how cocoa beans are transformed into chocolate & discover the natural flavors in craft chocolates. Includes sampling of single-origin dark chocolates and videos of cacao farming and Zak's small batch production factory. Zak's Chocolate is a local, award-winning craft chocolate maker. Owners Maureen & Jim are a chocolate version of a specialty coffee roaster/craft brewer/winemaker. Zak's uses only premium, ethically-sourced cacao. Maureen started as a self-taught hobbyist and is now a Master Chocolatier. Jim went from unofficial taste tester to roaster/chocolate maker.

RSVP online at dfla.org. Questions, please call 480-488-2286.



ROCKET LANGUAGES

CHOOSE FROM 13 LANGUAGES

Learn to speak a language online today! All you need is a **free** Desert Foothills Library Card to get started. Visit our Digital Library at desertfoothillslibrary.org. With our comprehensive multi-media packages you will be speaking and improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course.

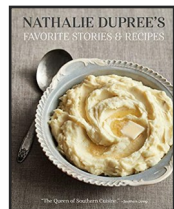
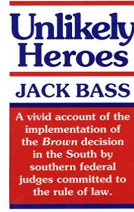


ADULT PROGRAMS

Unlikely Heroes: The Republican Judges Who Were Heroes of the Civil Rights Movement

Thursday, March 19, 1:30-3:30 pm

Jack Bass is author or co-author of seven nonfiction books about the American South. His works have focused on Southern politics, race relations, and the role of law in shaping the civil rights era. He is Professor Emeritus of Humanities and Social Sciences at the College of Charleston. In calling *Unlikely Heroes* "an important book," Jonathan Yardley wrote, "Jack Bass has done a first-rate job of cutting to the heart of a complex, and at times, ambiguous subject." Anthony Lewis wrote that Bass "has brought this recent history to life, telling us much that we had not known." The book tells the story of how a handful of Southern federal judges, most of them Republicans appointed by President Eisenhower, transformed the Supreme Court's decision in *Brown v. Board of Education* into a broad mandate for racial justice. **Tickets** available online at dfla.org. Questions please call 480-488-2286. **Cost:** \$5.



Power and Food with Nationally Recognized Cookbook Author Nathalie Dupree

Friday, March 20, 10:30 am-12:30 pm

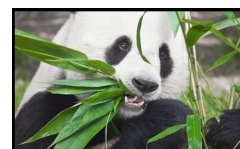
From her latest book, *Nathalie Dupree's Favorite Stories and Recipes*, Nathalie Dupree will discuss food and relationships. A two-ingredient biscuit will also be demonstrated. Nathalie Dupree is a storyteller, and in celebration of her 80th birthday in December 2019, she shares her favorite culinary stories, which trace her journey from a budding cook for her college friends, through her years as a restaurant cook & cooking instructor.

Her activist spirit, humor, feisty personality, and authoritative knowledge of cooking make this a must-have cookbook for everyone who has watched her on TV, read her articles in magazines and newspapers or invoked her name in a conversation about Southern food. **Tickets** available at dfla.org. Questions please call 480-488-2286. **Cost:** \$10.

The Truth About Food: Why Pandas Eat Bamboo & People Get Bamboozled

Saturday, March 21, 11:00 am-Noon

Confused about the optimal way to eat - keto, paleo, vegan, Atkin's, low fat, low carb, sugars, lectins, soy? Nutrition expert duo, Dr. Fabio Almeida - integrative medicine, medical director for the Center for Integrative Healing and Wellness - and Cindy Almeida - Certified Nutritional Counselor - debunk the myths about lies and fad diets and nutrition. Q & A style discussion, so bring your questions! **Tickets** online at dfla.org. Questions please call 480-488-2286. **Cost:** \$5. All proceeds benefit the Library.



Getting the Most from Your Appliances

Wednesday, March 25, 2:00-3:00 pm



Review today's high efficiency appliances! Maintenance tips, detergent usage, and free samples and swag from Dynamic Appliance Repair.

RSVP at dfla.org. Questions please call 480-488-2286.

Emotional Impact of Essential Oils

Wednesday, March 25, 3:30-4:30 pm

Emotions are powerful sensations that ebb and flow throughout life. Emotions can impact our overall well-being. Essential Oils can be a useful tool to help you reach your natural potential for joy. Aromatherapists Ellen Powers and Deb Johnson, RN, will share which essential oils to use, how best to use them and the ways they can support your journey to emotional balance. **Tickets** available at dfla.org. Questions please call 480-488-2286. **Cost:** \$10.



Healthy Home, Healthy You

Thursday, March 26, 10:30 am-Noon



When we know better, we do better! Come learn what harmful chemicals can be hiding in your home and discover amazing, practical alternatives. This class will give you a clear vision to make 2020 your year for a healthier home! For the past 6 years Erin Kieselburg has dedicated her life to helping people live a healthier lifestyle. Her own journey started in 2007 with the birth of her first child. Spending countless hours researching, she realized that what she was learning was not commonly known and needed to be heard.

Since then she has been passionately raising awareness and providing education to inspire people to live closer to the way nature intended. **RSVP** at dfla.org. Questions please call 480-488-2286. Some products will be available for purchase.



Have a Reference Request?
Need Help With Our Services?

History of the Women's Movement from the 19th Amendment (1920-2020)

Friday, March 27, 11:00 am-12:30 pm



This PowerPoint presentation by Paula Cullison will take us on a fantastic journey, as we gain a better understanding of the powerful women who, over the course of 100 years, have paved the way for this generation. You will 'meet' Susan B. Anthony, Rosie the Riveter, Betty Friedan, Shirley Chisholm, Gloria Steinem, Justice Sandra Day O'Connor, et al. Together we will celebrate the 100th anniversary of the 19th amendment and learn about the activities planned for 2020, including the In Celebration of Women art exhibit. Paula Cullison has received a number of awards in recognition of her work on women's rights and social justice issues. Most recently – YWCA Advocacy award, Child and Family Resources Lifetime Achievement award, Macy's Heart and Soul Award, and the BMO Harris Bank 2019 Women Who Serve Award. She has presented at the UN Women's Conference in Nairobi, Kenya, and was invited to the World Women's Congress in Moscow. A native New Yorker, Paula has lived in the Valley since 1974. She has a degree in Psychology from City University of NY – Baruch College. In addition to the AZ Women's Partnership, an all-volunteer non-profit, she is focused on her international travel writing and photography. **RSVP** online at dfla.org or call 480-488-2286.

Yesterday's Objects, Today's Art

Saturday, March 28, 11:00 am-2:00 pm

Come visit a display of 19th and early 20th century objects we no longer see today. Learn about their design, use, and ask questions of the local collectors who will set up this interesting 'mini-museum' with pieces from their collections. Facilitator Greg Hoffman is a collector of antiques and folk art and gives presentations in the North Valley featuring pieces from his collection. **RSVP** at dfla.org. Questions please call 480-488-2286.



Advocating for Others in Memoir

Tuesday, March 31, 10:30 am-Noon



Writing truthfully about grief, domestic violence, love addiction & recovery from alcohol is never easy. Opening doors that lead into the deepest rooms of readers own lives is even more difficult. Patricia Brooks accomplished this in three memoirs, settling her past and present as a witness and then as an advocate. Patricia founded Brooks Goldmann Publishing and Scottsdale Society of Women Writers. *Sick as My Secrets* shows us a strong woman who overcame alcohol. *Three Husbands and a Thousand Boyfriends* covers love addiction and domestic violence. *Gifts of Sisterhood* - journey from grief to gratitude is a tribute to her sister.

RSVP online at dfla.org. Questions please call 480-488-2286.

MONTHLYPROGRAMS

TECHNOLOGY & DIGITAL CONTENT

E-Media & Library Digital Content Help

Every Tuesday, 10:00-11:00 am

Downloading eBooks & eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Overdrive, RB Digital or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.



Teen Tech Help

Saturday, March 14, 10:00 am-1:00 pm

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites & more! Bring your device or use a library computer to get your questions answered. Contact Imogen for more information: imogenbrooks01@gmail.com. No appointments needed; 1st-come, 1st-served. Stop by the circulation desk to check-in for Teen Tech Help.

Introduction to Technology

Sunday, March 15, 1:00-3:00 pm

A group of Desert Mountain High School seniors will hold introductory courses about iPhones, download apps and more. They will be able to answer any questions you have about your tech, so come on in! Imogen Brooks (already a Teen Tech Helper at our Library), Sarah Glomski and Jessica Keane want to do more to help everyone who comes to the Library with iPhone tech needs. Great young ladies! No registration.



ADULT PROGRAMS

JOYFUL SOUNDS

Music Appreciation

Thursdays, March 12, 26 • 4:00-5:30 pm

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Topic** March 12: Rachmaninoff, the Epitome of Russian Romanticism.

Topic March 26: Edvard Grieg: the Romantic voice of Norway. **RSVP** online or call: 480-488-2286.



Drum Circle facilitated by AARP

Tuesday, March 17, 4:45-5:45 pm (3rd Tuesday)

Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience required! If you have a heartbeat, you can drum. Open to all adults, all ages. No registration.

Foothills Music Club

Friday, March 27, 4:00-5:30 pm (4th Friday)

Inspired by Cave Creek's rich musical community experience, Music Club was created for music enthusiasts to give an open sign up to play music and storytelling. Cave Creek's most musical library offers a peaceful and beautiful place for self-expression and positive interaction to develop your strong musical spirits. Julie Harding will be presenting a journey of nature-based music and also the music of Frank Lloyd Wright's Father William C. Wright—stories of a very musical household where music is a fundamental notion and recognized as an important part of life. No registration.



ARTFUL CIRCLES



Craft N Chat

Mondays, 1:00-3:00 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome! No registration.

Art Critiques

Monday, March 23, 4:00-5:30 pm (4th Monday)

Art critiques are a wonderful way to get feedback on the art you are doing. This will be a group participation with Nicolette being the coordinator. Bring 1-2 pieces of work and come join us and learn from each other. Nicolette Maguire Bonnstetter taught art history, art methods & worked with preservice teachers at the University of Nebraska- Lincoln. She is a studio artist working in acrylics and mixed media. No registration.



PARA CONTINUAR EL ESPAÑOL



Intermediate Conversational Spanish

Every Wednesday, 10:30 am-Noon

Informal chat session using various books, flashcards, etc. No instructor. No registration.

*The following two classes will be taught by Marlon L. Garcia, who graduated with a law degree from the National Autonomous University of Mexico (UNAM) and became a Professor of Law I and II, litigator in civil, criminal and administrative areas in Mexico City for more than 10 years.

With an easy and fun way we will learn the essence of the Spanish language, writing (grammar), reading & pronunciation in order to have a conversation with your service provider, on your next vacation to Latin America or to read & understand from a basic magazine or book. We hope you join! **RSVP** online or call: 480-488-2286. **Cost:** \$40 for each 5-week course. Questions: contact Marlon at marlon20lopez@hotmail.com.

*Jugando Aprendo Español (Playing, Learn Spanish) Beginner

Tuesdays, March 17 - April 14, 3-3:45 pm

*Jugando Aprendo Español (Playing, Learn Spanish) Intermediate

Tuesdays, March 17 - April 14, 4-4:45 pm



FOR THE LOVE OF BOOKS

Literate Foodie Club

Monday, March 2, 12:30-2:30 pm (1st Monday)

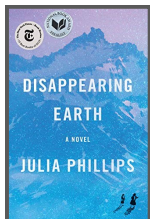
Love food, books, cooking & conversation? We will explore all these and more. **Topic:** March is our all-Arizona program; AZ restaurants, AZ recipes, AZ chefs, AZ ingredients, AZ cookbooks! It is our chance to swap favorite stories, experiences & recipes. The book is the recent publication by AZ Highways, *Arizona's Best Recipes*, which features recipes from AZ restaurants - including some favorite places, and some we will hear about for the first time, but that is just the start! Many Literate Foodie members will speak about their favorite cookbooks, including: The Elote Café Cookbook, Bianco, La Posada's Turquoise Room Cookbook and many more. Facilitated by Dana Rakinic and Jan Kruse. Questions: danarakinik@gmail.com or jan-kruse@cox.net. **Tickets** online or call 480-488-2286. Program limited, register now! **Cost:** \$10.



Get Lit Book Club

Tuesday, March 10, 5:00-6:30 pm (2nd Tuesday)

Your Librarians Caitlin, Sara, and Ashley invite you to a new style of book club; Get Lit Book Club. This fun and informal gathering will be found at a different, local restaurant or watering-hole each month to support our local community. Books may be of all genres. Everyone is welcome! **This month:** *Disappearing Earth* by Julia Phillips, meeting at Liberty Station in North Scottsdale. **Registration required** at dfla.org or call 480-488-2286, so that we may give accurate numbers to the restaurant for setup. **Cost:** FREE to join and we encourage you to eat, drink, and be merry to support a local business.

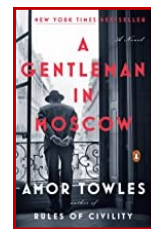


Library Book Club

Thursday, March 12, 10:00 am-Noon

Tuesday, March 24, 10:00 am-Noon

Book Club is now offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. **This month:** *A Gentleman in Moscow* by Amor Towles. Everyone is welcome! No registration.



Literary Salon

Thursday, March 19, 10:00 am-Noon (3rd Thursday)

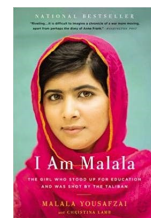
An informal discussion of books, film & theater led by a facilitator. No requirements to read or see any particular film, play or book. Everyone is invited to share ideas and reflections on the selected theme.

This Month: Children's Literature (Picture Books through Young Adult). For those of us who love to read, the books we valued as a child or young adult can still produce an emotional response in us today. Which books do you remember from your own childhood or from reading to a child recently? What makes them stand out? Some stories we think of as young adult literature were written for adults. How have children's books influenced each other and adult literature and film? How have the stories changed? What is the impact of postmodernism on children's literature? Trends in what children read will impact future literature and films. No registration.

Everyone Has a Story Book Club at the Holland Center

Friday, March 20, 10:30-11:30 am

The Holland Center has partnered with Desert Foothills Library for a fascinating new book club! Each month we will be reading a biography, memoir, or autobiography and come together to talk about the person's life. **This month:** *I Am Malala: The Story of the Girl Who Stood Up for Education and Was Shot by the Taliban* by Malala Yousafzai. Other great options include *We are Displaced* by Malala Yousafzai, *Malala: Poems for Malala Yousafzai* by Joseph Hutchison, *Malala* by Kayleen Reusser, or Malala Yousafzai Nobel Peace Prize Lecture at NobelPrize.org or PBS News Hour. No registration.



GAME'S ON!



Unsupervised Bridge Club

Fridays, 1:00-4:00 pm

Come join this Unsupervised Bridge Club! Bridge lovers gather once a week to practice and have fun playing a great game. All skill levels are welcome. No registration. **Cost:** \$2.

MahJongg 102: Step-up a Level

Mondays, March 2-23, 1-4 pm

This class is for those who have a basic understanding of the game and want to take it to the next level. Students will learn how to categorize & select hands and discard defensively & offensively. Hands-on attention in a small group setting makes learning and playing fun; stimulates your brain health. The 2019 MahJongg Card is required & available at www.nationalmahjonggleague.org. Class limited to a minimum of 4 and maximum of 8 students. **Registration and tickets required** online at dfla.org or call: 480-488-2286. **Cost:** \$90.



ADULT PROGRAMS

MONTHLY SUPPORT GROUPS

No registration.

Caring for the Caregiver with Hospice of the West facilitators

Monday, March 2, 10:00-11:30 am (1st Monday)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway" After Loss of a Spouse or Partner with Hospice of the West facilitators

Mondays, March 9, 23, 9:30-11:00 am (2nd & 4th Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.



Health and Nutrition with Dr. Jacquie

Wednesday, March 18, 1:00-2:30pm (3rd Wednesday)

Open dialogue support group about energy, weight, & social life altered by digestive problems. Facilitated by Dr. Jacqueline Greenfield, 20 years as a Naturopathic physician, integrating conventional with Natural & Traditional Chinese Medicine; personalizing nutrition, utilizing functional lab analysis & epigenetics; and treating pain syndromes with ultrasound guided advanced regenerative stem cell, growth factors, and PRP injection therapy when necessary. No registration.

ONGOING HEALTH AND FITNESS



Longevity, Healthy Aging & Regeneration

Friday, March 20, 11:00 am-Noon

Discussion will revolve around a variety of studies of those who have lived into extreme old age. What patterns emerge, how do we change our patterns & what will be the outcome for the average person? Karen Cimaglia has gradually changed her lifestyle to accommodate corrective measures to aging. She made amazing discoveries about herself and corrected many of her ailments as well as assisted others. Research has led her into philosophy & metaphysics; has provided a great deal of insight into longevity and health practices of centuries past & present. No registration.

Gentle Yoga

Every Sunday and Wednesday, 11:00 am-Noon

You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance and sharpen your mind. *Bring a yoga mat and light blanket.* **Registration:** contact Marina Kachur: yokama14@gmail.com or 480-510-6572. **Cost:** \$8 cash, pay each class.



Balancing the Mind with Conscious Breath Work & Vibrational Sound

Every Monday, 9:30-10:30 am

Breathing techniques with some light movement will relax and restore the body through Vibrational Sound with Alchemy Crystal bowls and gongs. Come, experience this interactive class! Kim Balzan is a Holistic Practitioner certified in many different modalities. No registration. Questions: Kim Balzan at

kim@yourweigh2wellness.com or 602-577-9408. **Cost:** \$9 cash.

Yoga Fusion (Intermediate level)

Every Thursday, Noon-1 pm

This intermediate-level course starts with breathing exercises, stretching movements to open hearts and hips and then into Vinyasa or Flow yoga and standing sequences with balance exercises. 5 minutes of Savasana ends the class. **Questions:** Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. **Cost:** \$8 cash, pay to instructor at each class.



Tai Chi—Qigong for Everyone!

Every Friday, 9:00-10:00 am

A discipline that can be practiced & benefits gained at any age – you are never too old! Blend Qigong and Tai Chi, with deep breathing, repeated gentle motions and stretches to improve health, balance, agility & flexibility. Wear loose clothing & bare feet. **Questions:** Bina Bou at bina.b75@gmail.com or 480-284-1300. **Cost:** \$40 cash for 5 classes; or \$10 drop-in.

Practical uses of Reiki

Energy Modalities in Meditation, Relaxation, Healing, Health and Overall Self-Care

Wednesdays, March 11 & 25, 10:30-11:30 am (2nd & 4th Wednesdays)

A discussion explores the energy body & how it functions & the effects this unseen energy force or body and how you use it. We will play with body energy to learn how to control it to consciously use the energy that makes up all that is you. **Questions:** Contact instructor Karen Cimaglia: rockinvibes21@gmail.com or 602-721-7714. **Cost:** \$8 cash, pay to instructor at each class.



CONVERSATIONS

Death Café

Wednesday, March 4, 12:30-2:30 pm (1st Wednesday)

Death Cafe is a gathering to talk about death & dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversation about topics relevant to all of us but often considered “dark” or even taboo. For more information go to www.deathcafe.com. No registration.



Socrates Café – Foothills Forum

Thursday, March 5 10:00-11:30 am

This is an opportunity to discuss a wide range of interesting topics with friends. The requirements for participation are an interest in discussing meaningful questions and respect for others regardless of their opinions. We do not seek consensus. We welcome people with a wide diversity of experiences and opinions. Past discussion topics have included: When do the law and justice differ? How does greed influence our social and economic systems? Should we have a flat income tax? What should we do to improve relations with North Korea? **Topic this month:** TBD. No registration.

THE SILVER SCREEN MOVIE SCENE

Monday at the Movies

Every Monday, 2:30 pm

New releases with a foreign film once each month. Check our website dfla.org for titles. No registration.



Music @ the Movies

Thursday, March 5, 2:00-5:00 pm (1st Thursday)

Join us for a celebration of movies with interesting or significant music. Hosted by music enthusiast, Annis Scott. **This Month:** *A Late Quartet* – For 25 years, the Fugue, a string quartet, has wowed music-lovers. The musicians prepare to celebrate a milestone season together; cellist Peter (Christopher Walken) informs his comrades: he has Parkinson's disease and must retire. After the shocking announcement, competing egos clash, long-simmering resentments bubble to the surface, and marital infidelity rears its ugly head. No registration.

The following two movie series feature a post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College(PVCC).

Around the World in 9 Films

Friday, March 13, 3:00 pm (2nd Friday)

Movies are a great way to learn about different cultures - how people live, love, laugh, & cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their cultures & countries and yet, linking a thread of humanity that stretches across the globe. **This Month:** *The Heart of Madness*, NR 2015, Brazil. 106 min. **RSVP** online or 480-488-2286.



Cinematic Reflections: Little Known Stories of WWII

Friday, March 20, 3:00 pm (3rd Friday)

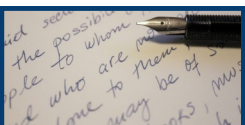
World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war — stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. This Month: *The Ghost Army*. 2013, 67 min. **RSVP** online or call 480-488-2286.

AUTHOR, AUTHOR

Writer's Connection

Friday, March 6, 1:00-3:00 pm (1st Friday)

Today's world is literally at a writer's fingertips. A few keyboard strokes can open the information gates to help you create stories that are distinctively credible and compelling. **This month:** Hayley Rose and Susan Stoltz—Navigating the Amazon and More . . . **RSVP** online or call 480-488-2286.



Memoir Writers' Group

Monday, March 9, 10:00-11:30 am (2nd Monday)

Are you writing a memoir, personal essays, or creative non-fiction? Join our group to share stories and receive constructive feedback. All levels welcome. Organized by Elena Pavlova. No registration.

Save the Date

**25TH ANNUAL CHARITY GOLF TOURNAMENT
AT DESERT FOREST GOLF CLUB
THURSDAY, MAY 14, 2020**

Desert Foothills Library invites you to its 25th Annual Charity Golf Tournament at Desert Forest Golf Club. You'll enjoy a fun day of golf for a great cause!

We especially encourage you to participate in the
Tournament as a Sponsor.

You will be rewarded with special recognition — plus, there's the incentive of an increased tax deduction! Your extra support as a Sponsor will help the Library continue to provide meaningful, life-long learning opportunities for our Foothills area children, teens, adults, and seniors.

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