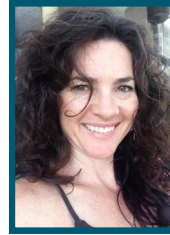


More Events

BRAIN DANCE & NATURAL BODY MOVEMENT

Sundays, April 23 & 30; May 7 & 21 • 1-2 pm
(No class May 14)



Simple introductions to neurobiology combined with guided improvisation and creative movement. Improve overall emotional and physical well – being using the art of awareness as a vehicle for brain and body health. Class open for all individuals in the community regardless of age, gender, health conditions and/or physical ability (excellent for brain, learning or movement disorders). Instructor

Judah Page is a Somatic Movement and Brain Health Coach with 20 years of experience. Questions? Contact Judah at 602-931-2865 or judah.page@gmail.com. **Limited space; register early!** 480-488-2286. **Cost:** \$40 for 4-week series.

HEALTH & FITNESS

Guided Meditation

April 4 & 18 • 4:30-5:30 pm (1st and 3rd Tuesdays)

In this practice, we lie on the floor with closed eyes & relax in the space just before sleep. *Please bring yoga mat or blanket.*

Registration required: Contact instructor Judith Zeiger: 480-760-5645 or jzeiger@gmail.com. **Cost:** \$6 cash to instructor at each class.



Qigong/Tai Chi Easy

April 7 & 14 (1st & 2nd Friday this month)

REGULAR Class 8:45-9:45 am
GENTLE Class 10-10:30 am



A discipline that can be practiced and benefits gained at any age—you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing & repeated gentle motions

and stretches to improve health, balance, agility and flexibility. Gentle class is for anyone who wants to take it extra slow and easy. Wear loose clothing and bare feet. **Registration required:** Contact instructor Bina Bou: 480-284-1300 or bina.b75@gmail.com.

Cost: \$10.

Gentle Yoga

Every Sunday • 11 am-Noon

Reduce stress, improve posture, increase coordination and renew energy with slow, controlled poses. *Please bring a yoga mat and light blanket.* **Registration required:** Contact instructor Tanya Kern: 623-465-0507 or tkmoon2@aol.com. **Cost:** \$8 cash, pay instructor at each class.



Restorative Yoga

Every Thursday • Noon-1 pm

Great for beginners! Improve your ease of movement, flexibility, breathing and meditation. *Please bring a yoga mat and light blanket.*

Registration required: Contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. **Cost:** \$8 cash, pay to instructor at each class.

DESERT FOOTHILLS LIBRARY

BLUE ZONES

How to Live to 100

Thursday, April 13 • 2-3 pm

Blue Zones are populations where people live very long, healthy lives. In this educational Power Point presentation, author and health coach Stan Reents, PharmD, will explain the specific behaviors of these people. **Register:** 480-488-2286. **Cost:** \$10.



HISTORIC CHANGES BRING ARTISTIC REVOLUTIONS

Wednesday, April 26 • 10-11 am



How history impacted and changed the art of the 20th century forever. We will begin with Impressionism and end with Photorealism, covering 100 years of art including the Industrial Revolution. Presented by Lisa White, docent of *The Phoenix Art Museum*. **Register:** 480-488-2286.

DESERT FOOTHILLS GALLERY Reception

Saturday, April 1 • 4-5:30 pm



ALL WELCOME.



PASSPORT SERVICES

Passport books & cards with photo services and regular or expedited services. **Appointments essential.** Call direct at 480-575-3201.

MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.

Caring for the Caregiver

April 3 • 10-11:30 am (1st Monday)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway"

After the Loss of a Spouse or Partner

April 10 & 24 • 9:30-11 am (2nd & 4th Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.



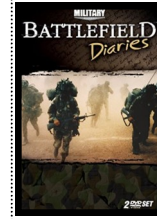
ASK AT THE FRONT DESK!!

Details at www.dfla.org April 2017

WWII CINEMATIC REFLECTIONS

Little Known Stories of the War

April 21 • 3-5 pm (3rd Fridays)



World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war -- stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert from Paradise Valley Community College (PVCC), will follow. **This month:** *Battlefield Diaries: Raid At Cabanatuan* (60 min.). **Register:** 480-488-2286.

MUSIC @ THE MOVIES

April 6 • 2-5 pm (1st Thursdays)

The Devil's Violinist: The film chronicles the life of Italian violinist and composer Niccolò Paganini, who rose to fame as a virtuoso in the early 19th Century. It begins with his youth as a childhood violinist pushed by his demanding father through his beginnings in Italy and then to his performances and acclaim in London under the guidance of the mysterious Urbani. 123 min. Hosted by Music enthusiast Annis Scott. No Registration.



MONDAY MOVIES @THE LIBRARY



Every Monday • 3-5 pm
New Releases, with a Foreign Film once each month! Check our website www.dfla.org for titles.

SPANISH OFFERINGS

Intermediate Conversational

Every Wednesday • 10:30 am-Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.



Spanish Classes

All Spanish classes below are taught by Alina Lowen, a native speaker who has taught for 30 years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500.

Registration required 2 days prior to class start: 480-488-2286. **Cost:** \$54 for each 6-week series.

Spanish Level 1

Wednesdays, Apr 26-May 31 • 9:30-10:30 am

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

Spanish Level 2

Wednesdays, Apr 26-May 31 • 10:40-11:40 am

Spanish Level 3

Wednesdays, Apr 26-May 31 • 11:50 am-12:50 pm

Spanish Level 4

Tuesdays, Apr 25-May 30 • 10:40-11:40 am

Spanish Level 5

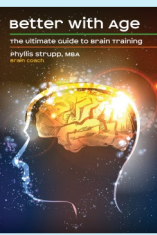
Tuesdays, Apr 25-May 30 • 11:50 am-12:50 pm

More Events

TRAIN YOUR BRAIN!

Saturday, April 8 • 10:30 am-12:30 pm

Brains need a workout too! Learn brain training strategies to boost memory, motivation and vitality. You will leave the program with a *Personal Neuroplasticity Plan* to help your brain get better with age. Class includes a copy of the book "Better with Age: The Ultimate Guide to Brain Training." Instructed by brain training expert Phyllis Strupp, www.brainwealth.org. **Register:** 480-488-2286. **Cost:** \$50.



MONEY MATTERS

Register for each seminar: 480-488-2286

Estate Planning

Don't Make Your Family Fill in the Blanks

Saturday, April 15 • 10:30-11:30 am

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a free Estate Planning **Workshop**, providing a small group setting for participants to learn the essentials of developing an estate plan. A solid plan is essential to make sure your family is not left filling in the blanks.



Participants will learn:

- Powers of Attorney - why they are important and what you should have in them
 - Probate - what it is and how to avoid it
 - Trusts - what they are and how they are different from a Last Will and Testament
 - Taxes - who has estate or inheritance tax
 - Beneficiary designations—why these need to be updated
- Participants have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment.

\$\$\$

The following are presented by Dr. Harold Wong, PhD Economics, who writes the AZ Republic money column.

Make a steady 6-8% and Save Taxes

Saturday, April 1 • 10:30 am-12:30 pm

- How major food companies can pay 6% tax-deferred for 10 years
- Lend to real estate projects at 8% with interest paid monthly
- Receive 6-8% from a tax-deferred private pension every year for life
- Earn up to 10%+ overall return in hotels and apartment buildings
- Save \$25,000-\$250,000 on taxes annually with Section 179



Make Money Safely and Save Taxes: Advanced IRA Strategies

Tuesday, April 4 • 10:30 am-12:30 pm

- Accumulate greater wealth
- Protect your earnings
- Reduce/eliminate taxes on your IRA money
- Learn how a Self-Directed IRA will allow non-Wall Street Investments such as real estate

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Click this icon on the Desert Foothills Library web site to shop Amazon and support your Library!



DESERT FOOTHILLS LIBRARY

MUSIC APPRECIATION

@ THE LIBRARY

Friday, April 7 • 4:00–5:30 pm
(1st Friday this month only)

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Register:** 480-488-2286
April 7: "What makes these Classics Classic?"*Beethoven's "Emperor Concerto", Schumann's "Spring Symphony", Dvorak's "Wind Serenade"* and other favorites.

THE LITERATE FOODIE CLUB

Monday, April 3 • 1–2:30 pm (1st Mondays)

April Topic: A discussion of *The Last Chinese Chef* by Nicole Mones. Mystery, romance, philosophy, Chinese culture and culinary arts rolled into one fascinating novel. Selection of dim sum with tea tasting. Co-presenters Darlene Southern and Dana Rakinic. Questions? Contact danarakinic@gmail.com. **Register:** 480-488-2286. **Cost:** \$10.



CRAFT N CHAT

April 24 • 1–3 pm (4th Mondays)



Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.

CRAFTY CARD MAKING

Saturday, April 15 • 10:30 am–12:30 pm

We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative – it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. **Registration Required by Wednesday, April 12**, to allow time for preparing class supplies: 480-488-2286. **Cost:** \$15.00.



MAHJONG

Mahjong Club

Every Tuesday • 1–4 pm

Must have basic knowledge of the game. Limited space. **Registration required:**

Andrea Korff at mandakorff@cox.net or 480-650-5199. **Cost:** \$4 cash/session. Pay Andrea Korff at class.



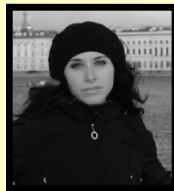
DETAILS AT WWW.DFLA.ORG

FOR WRITERS

Writers Connection

How to Write That Script

April 7 • 1–3 pm (1st Fridays)



We've all said: "that would make a great movie", but few of us have had the nerve to sit down & actually try to write it. This workshop, led by former head of business affairs and development for Hollywood production companies Chantelle Aimée Osman, and New York Times best-selling author Michael A. Stackpole, will provide the fundamentals of formatting a screenplay, as well as some basic tips on the common mistake new screenwriters make and how to avoid them. **Register:** 480-488-2286.

Journaling Classes

April 10 & 24 • 1–3 pm (2nd & 4th Mondays)

April Topic: *Poetry and Your Journal*. Learn & experience ways to enrich your journaling life with poems by Mary Oliver & other well-known poets. Bring a journal or notebook and pen. No writing experience required. Mary Lee Simpson is a certified journal facilitator & has taught therapeutic writing for nearly 20 years. **Register:** 480-488-2286.



Monday, April 10 • 10–11:30 am
(2nd Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.

3-D PRINTER PRESENTATION

Demo/Q&A

Monday, April 17 • 10–11:30 am



Join us for a presentation on 3D printing technology, where it's been and where it's going! Watch 3D printing live, with a Q&A session after. Presented by Chris Guerra,

Arizona State Library Project Specialist. *This project is supported by the Arizona State Library, Archives & Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum & Library Services.* **Register:** 480-488-2286.



ADDITIONAL LIBRARY SERVICES

- Extensive calendar of children, teen and adult programs
- Patios for quiet outdoor reading
- More than 15,000 books & 5,000+ audio books & movies
- Botanic garden with the Desert Foothills Land Trust
- Meeting/study rooms available at reasonable rates
- Free Wi-Fi and high-speed internet
- Inter-library loan service

APRIL 2017

Chapter2Books

Great Books. Great Prices.

INSIDE THE LIBRARY

OPEN 7 DAYS

Biggest used bookstore in the North Valley!

More than 15,000

BOOKS - DVDs - CDs - AUDIOBOOKS

Special Sale Dates: April 7, 8, 9

(2nd weekend each month)

Check us out on Amazon.

Donations are welcome and help support the library!

www.Chapter2BooksAZ.com 480-488-2777



LITERARY SALON

Not Your Typical "Book Club"

April 13 • 10 am–noon (2nd Thursdays)

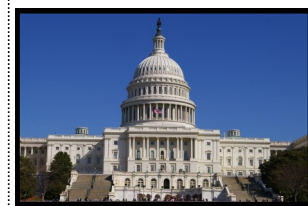
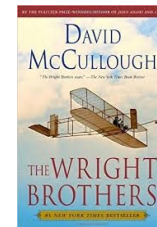


April Topic: *Travel in Literature & Film*. Books and Film can transport us to new places and times. The ability to transcend familiar surroundings without leaving our comfortable chairs is quite a feat. Paula Cullison, travel writer and photographer, will facilitate a discussion on travel film and book experiences. Come share your thoughts. No Registration.

LIBRARY BOOK CLUB

April 11 • 10 am–noon (2nd Tuesdays)

Discussion of *The Wright Brothers* by David McCullough. Everyone is welcome!



HOW TO READ A BUILDING

Friday, April 28 • 2–3 pm

Every building has a story to tell. It is written in the design, construction material & decorations. Even the landscaping around the building adds to its tale. Learn how to read the symbolism of architecture and discover the story written in the buildings and monuments in Washington DC. Multi-media presentation by award-winning author Barbara Gowan. **Register:** 480-488-2286.

PLEASE NOTE:



Programs may be subject to cancellation due to parking lot construction. We endeavor to keep disruption to a minimum & you will be notified of any changes. During the construction period, ending May 2017, we ask that patrons car pool as much as possible. **Thank you!**

FREE*

Adult Events

*Except where noted. Visit our website for details: www.dfla.org

APRIL 2017

Check It Out!

PORTRAIT OF WALLY

Saturdays, April 22 & April 29 • 10:30 am–12:30 pm

The story of the "Portrait of Wally" is about Nazi Stolen Art, but it is also about cultural skulduggery, political sleaze, and institutional hypocrisy. The "Portrait of Wally" is Egon Schiele's tender painting of his young mistress, Wally Neuzil.



The painting was owned by Lea Bondi, a Jewish art dealer who fled Vienna in 1940. The Nazi's went to her home in the dead of night and ripped the paintings from her walls. Lea spent her whole life (unsuccessfully) trying to find the painting. In 1997 MOMA had an exhibit of Schiele's work (on loan from the Leopold Museum in Vienna) & there was the "Portrait of Wally." What happened next is pure serendipity, & then NY District Attorney, Robert Morgenthau, put a hold on the painting that lasted 13 years. What happened to the painting? Mary F. Cook will tell this amazing story. *All proceeds benefit the Library.* **Register:** 480-488-2286.

Cost: \$5.

AUTHOR LISA SEE

Visits the Library

Friday, April 7 • 11:30 am



World renowned Author Lisa See visits the Library. In her beloved *New York Times* best sellers *Snow Flower and the Secret Fan*, *Peony in Love*, *Shanghai Girls*, *Dreams of Joy*, and most recently, *China Doll*, Lisa has illuminated the strong bonds between women. Lisa's new book, *The Tea Girl of Hummingbird Lane*, was released March 21st. Born in Paris, Lisa See is an American



Writer & novelist who grew up in Los Angeles. Copies will be available for purchase at this special event. **Register:** 480-488-2286.



LIBRARY/BOOKSTORE HOURS

Front Desk: 480.488.2286
Bookstore: 480.488.2777
www.dfla.org

38443 N Schoolhouse Rd.
Cave Creek, AZ 85331

Monday–Friday
9 am–6 pm
Saturday, 10 am–4 pm
Sunday, 11 am–3 pm

Library closed April 16