## DESERT FOOTHILLS LIBRARY AUGUST 2019

**ENRICHING YOUR COMMUNITY** 

# COMMUNITY PROGRAMS

## BEAT THE HEAT AT THE LIBRARY

Independent Film Festival 2019

Monday at the Movies

🌛 Health & Wellnes

Teen-Lead Book Club

Largest Used Bookstore in the North Valley

CHAPTER 2 BOOK STORE

## TEDDY BEAR PICNIC STORYTIME

GREAT YOUTH PROGRAMS

EXCLUSIVE!

LET'S GET STITCHY LEARN TO KNIT AT THE LIBRARY

## **INFORMATION**



#### LIBRARY/BOOKSTORE HOURS

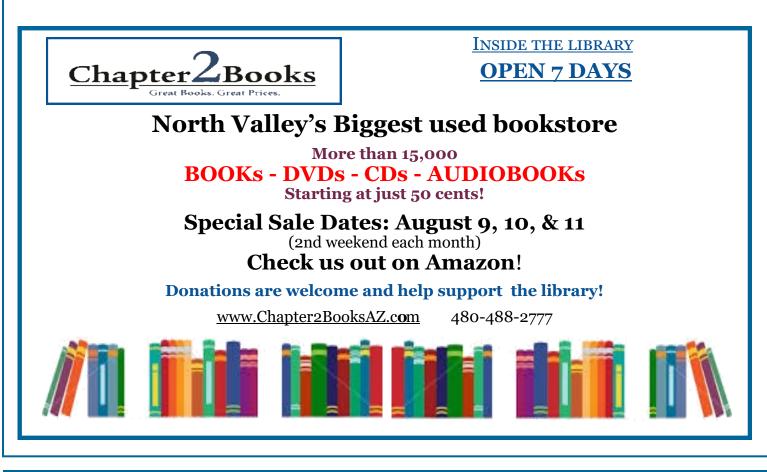
Monday—Friday, 9 am—6 pm Saturday, 10 am—4 pm Sunday, 11 am—3 pm

Front Desk: 480.488.2286 Bookstore: 480.488.2777

www.dfla.org 38443 N Schoolhouse Rd. Cave Creek, AZ 85331



Desert Foothills Library is a member supported 501©3 non-profit. As always, we strive to bring you the best resources available and create a welcoming place for everyone in our community. Your continued support helps us accomplish this mission and we appreciate everything this community has to offer. Come get your FREE library card today!



## **Staff Showcase**

Your role at DFL: Technical Services Librarian – My main focus is collection development: ordering new materials and processing them once they come in.

Where is your hometown?: Phoenix, Arizona

If you could instantly be an expert in a subject, what would it be?: Just one!? I'm choosing a broad subject—U.S. History.

What superpower would you like to have?: Not so much a superpower– a photographic memory.

What is the most embarrassing fashion trend you used to rock?: So many! I wore "Birkenstocks" with socks. Can't say I rocked it; they weren't even real Birkenstocks; they were knock-offs.

What are you currently reading?: Mrs. Everything by Jennifer Weiner and Atomic Habits: Tiny Changes, Remarkable Results by James Clear

## **Volunteer Spotlight**

These volunteers collect and sort the Library's magazine collection and the free magazines

How long have you been at Desert Foothills Library?: Anthea: 9 years Lise: Not Sure!

Where is your hometown?: Anthea: Great Britain Lise: LaTuque Quebec, Canada

What did you do in your career?: Anthea: Human Resources, Retail, & Care Giving Lise: Healthcare for 30 years

What season best fits your personality?: Lise: Summer—I like the warm weather: froze too often in Canada & Wisconsin

What would be the title of your autobiography?: Anthea: I Wish I Could Do It Over Lise: The Fortunate French Canadian

#### Anthea



What is your favorite book or movie?: Anthea: Cold Sassy Tree Lise: The Notebook

Do you have any pets?: **Anthea:** Bella Mae, Kitty Extraordinaire

What is your favorite part of volunteering at DFL?: Anthea: All of it! I love libraries. **Lise:** The people, very caring attitude, very organized, and a beautiful library.

Thank you to all of our volunteers and the work they do!!





## Anthea & Lise



## Sara Zapotocky

## **YOUTH & FAMILY PROGRAMS**

#### August 2019 PROGRAMS

#### **Art Party**

Wednesday, August 14 • 11:00-11:45 am

Kids of all ages and their parent or caregiver are invited to join us for crafts and art projects. Be prepared to make art and have fun!



Call (480) 488-2286 to register.

#### **Teddy Bear Picnic Storytime**

Tuesday, August 20 • 11:00-11:45 am

Children are invited to bring their favorite teddy bear or stuffed animal and join us for stories, songs, and snacks! This fun event is perfect for preschoolers and their parent or caregiver.



#### **Discovery Playdate: Preschool Playtime**

Monday, August 26 • 11:00 am-noon

Discovery playdate is unstructured playtime for children up to age 6. This constructive free play is a great time to socialize with other children. Activities will rotate and include sensory bins, water table, building toys and manipulatives, STEM and technology toys, board books, art activities, and games. No registration necessary.



#### **Block Party: Legos in the Library**

Wednesday, August 28 • 4:00-5:00 PM

Build from your imagination! This program for school age children and their siblings is an hour of Lego building and free play. No registration necessary.

Call (480) 488-2286 to register.



51 things to make with Cardboard Boxes J 745.54 HAYES

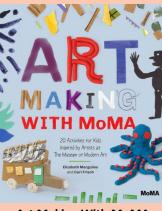


Mix It Up! E FIC TULLET

## Crafty Reads: Get Creative!



Crafty Llama E FIC KERR



Art Making With MoMA J 700 MARGULIES Origami Insects



Play Make Create HS 745.5 CHERRY



Craftily Ever After (series) J FIC CRAFTILY

#### Crafting @ Desert Foothills Library

Drop in all August long for a new craft or art project each week in the library!

Art supplies will be available for use in the children's section of the library.

#### August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 11:00 AM Art Party	15	16	17
18	19	20 11:00 AM Teddy Bear Storytime	21	22	23	24
25	26 11:00 AM Discovery Playdate	27	28 4:00 PM Lego Block Party	29	30	31



## TEDDY BEAR PICNIC Storytime

### AUG 20TH 11 AM

Bring your teddy bear or favorite stuffed animal! Join us for a special storytime at Desert Foothills Library!

#### Storytime @ Desert Foothills Library

Please note that Desert Foothills Library will be taking a storytime break this August. Instead of regular storytimes, please join us for our Teddy Bear Picnic Storytime on August 20th!

#### Let's Get Stitchy

Thursday, August 15 & 22 • 4:00–5:00 pm

Join Caitlin for this beginners knitting class. Learn the basics: the knit stitch and the purl stitch. After completing this two part instructional series, you'll have the skills to cast on, knit and purl, and read a basic knitting pattern.

Ages 8+, this class is for children accompanied by their parent or caregiver.

Cost: \$8 which includes all materials

## TEEN PROGRAMS

## **Teen Book Club**

Join us for our Teen Book Club monthly meetings! Meet new friends, eat snacks, and discuss the book we are currently reading. Check the online calendar, email info@dfla.org, or ask a staff member about the next book club event.

## Let's Get Stichy

Thursday, August 15 & 22 • 4:00–5:00 pm

Join Caitlin for this beginners knitting class for all ages. Learn the basics: the knit stitch and the purl stitch. After completing this two part instructional series, you'll have the skills to cast on, knit and purl, and read a basic knitting pattern.

Cost: \$8 which includes all materials

No Big Deal **By Bethany Rutter** 

"It's not my body that's holding me back. I think it's more of a problem that people tell me my body should hold me back."



Let's Call It a Doomsday **By Katie Henry** 

There are so many ways the world could end. When Ellis meets Hannah, it seems like fate. After all, Ellis is scared about the end of the world: Hannah knows when it's going to happen.



Wilder Girls **By Rory Power** 

Three best friends living in quarantine at their island boarding school must go to extreme lengths to uncover the truth of their confinement when one disappears.



If It Makes You Happy By Claire Kann

Winnie is living her best life . . . until she becomes Misty Haven's Summer Queen in a highly anticipated matchmaking tradition that she wants absolutely nothing to do with.



**Screen Queens** By Lori Goldstein

This summer Silicon Valley is a girls' club. Three thousand applicants. An acceptance rate of two percent. A dream internship for the winners. Lucy Katz, Maddie Li, and Delia Meyer have secured their spots. And they've come to win.



#### 6. www.dfla.org

## **ADULT PROGRAMS**

## LIBRARY FEATURE EVENTS

#### 2019 Cyber Security presented by Tech4Life

Thursday, August 1 • 9:30-11 am

Ransomware, Identity Theft, Password Hacking, Small business owners and affluent households are prime targets! Don't be a CYBER VICTIM!

Know the facts:

- 22 major public sector ransomware attacks in the first guarter of 2019
- Standard Wi-Fi routers now put you at major risks
- Customized phishing emails and malware encrypt ALL your devices with ransomware
- Strong, secure passwords are not optional in 2019
- Your workstation and devices (both PC & Mac) are the primary victims
- Ransomware attack software is offered as a do it yourself service on the dark web
- Any internet connected device can infect you
- Cities, airports, and even hospitals have already been attacked in 2019

Tech4Life has 15 years experience protecting our clients from cyber criminals! With this class you will fully understand all of the current risks and terminology, receive 4 key strategies to protect your office or household, experience hardware and software solutions first hand and decide on the password strategy that works for YOU! Tickets available at dfla.org or call 480-488-2286. Cost: \$44.



#### **Desert Foothills Library Independent Film Festival 2019**

Every Friday, July 5-August 23 • 10:30 am-12:30 pm

Free popcorn and soft drinks! Exceptional selections from film festivals round the world.

August 2 – Bombshell: The Hedy Lamarr Story (2017) Hedy Lamarr was not only a glamorous movie star, she also co-invented a 1940's radio system that is considered the basis of Bluetooth technology. This film explores Lamar's life, which included escaping a loveless marriage on the eve of Nazi Germany's conquest of her nation to a new career in Hollywood. However, her intellectual contributions were denied their due even when she offered them in the service of her new home during World War II. 88 min.

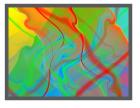
August 9 – The Importance of Being Earnest (2002) Oscar Wilde's most enduring and popular play where protagonists maintain fictitious personae to escape burdensome social obligations. First performed 14 February, 1895, the successful opening night marked the climax of Wilde's career but also heralded his downfall. Colin Firth, Rupert Everett, Frances O'Connor, Reese Witherspoon, Judi Dench. 97 min.

August 16 – The Happy Prince (2018) The untold story of the last days in the tragic times of Oscar Wilde, a person who observes his own failure with ironic distance and regards the difficulties that beset his life with detachment and humor. Rupert Everett, Colin Firth, Colin Morgan, and Emily Watson. Note that the subject matter may offend some viewers; however, it is handled with discretion. 131 min.

August 23 – Goodbye, Christopher Robin (2017) This drama fictionalizes the life of writer A.A. Milne and his young son Christopher, whose toys inspired Milne to write the Winnie the Pooh stories. The film addresses the rise of the family to fame as Britain struggles to recover from the First World War. 107 min. No registration.

#### Hot Art/Cool Show Exhibit





DESERT FOOTHILLS GALLERY is presenting an exciting Art Show to continue through October 2. Featured are Sonoran Arts League artists who stay in the foothills for the summer! You will see a wide variety of excellent juried work and have a chance to buy art. Desert Foothills Library is proud to host this event!





## **ADULT PROGRAMS**

## **AUTHOR, AUTHOR**



#### Writers Connection

Friday, August 2 • 1-3 pm (1<sup>st</sup> Friday)

Today's world is literally at a writer's fingertips. A few keyboard strokes can open the internet information gates to help you create stories that are distinctively credible and compelling. This Month: Ann Videan - Key Techniques to Compel Readers to Love Your Book. Authors, learn how to build a compelling story line, create visual imagery and emotion which subliminally entices readers into your story, and even some tips on using Microsoft Word for writing and formatting. Bring pencil and paper, or your laptop, because, in this two-hour session, Book Shepherd Ann Videan will immerse you in ideas and exercises to help you:

•Leverage the "story question" and "scene question" to develop a compelling plot line

•Write with active voice, and deep point-of-view

•Effectively use MS Word for editing and formatting

Ann guides peers through the writing, editing, publishing and word-of-mouth marketing of both fiction and nonfiction titles. A professional writer since 1981, she opened her own award-winning home-based marketing firm, vIDEAn Unlimited, LLC, in 1996. She has served as an editor for corporations, visionary entrepreneurs, and national publishers. She is also a novelist and co-founder of Absolutely Wild! Enchanted Faerie Portals & Other Whimsy, inspired by the Fae characters in her Song of the Ocarina novel. She composed and recorded an original music soundtrack to accompany her first novel Rhythms & Muse. Her three businesses support young writers and artists.

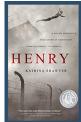
Ann showed up in this world with a pen in her hand, a song in her heart, and the desire to share with you. She adores creativity of all types, and especially the people who live it. She gathers friends like flowers, including authors, musicians, artists, and her husband and two grown-up children. The Colorado native lives in Mesa, Arizona, along with numerous invisible friends including snarky mythical creatures and magical story characters.

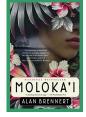
Explore blog posts about writing, Ann's books and music CD, and her writing community at ANVidean.com. Contact her at ann@annvidean.com. RSVP online or call: 480-488-2286.

#### **Book Discussion and Signing with Author Katrina Shawver**

#### Tuesday, August 13 • 2-3:30 pm

Katrina will share highlights from her award-winning biography Henry - A Polish Swimmer's True Story of Friendship from Auschwitz to America. This true story follows Henry Zguda, a Polish Catholic who survived three years in WWII German concentration camps to live the American dream. Books will be available for purchase and book signing. Katrina Shawver is an experienced writer, speaker, and long-time history geek. She wrote for the Arizona Republic for eleven years. In 2002, she met Henry Zguda and soon offered to write his incredible story. She is the recipient of the 2018 Polish Heritage Award and many other accolades. **RSVP online or call:** 480-488-2286.





#### **Library Book Club**

Thursday August 8 • 10 am-Noon (2nd Thursday) This month: Molokai by Alan Brennert Everyone is welcome! No registration.

## SILVER SCREEN EVENTS

#### Music at the Movies

Thursday, August 1 • 2-5 pm

Join us for a celebration of movie musicals! Hosted by music enthusiast. Annis Scott. This Month: The Red Shoes - Starring Moira Shearer, this is a film of dark fantasy, romantic passion, and an infectious love of dance, music, and cinema. The dance sequences are among the most beautiful put on film, but the drama behind the curtain is even more interesting. 136 min. No registration.





#### Monday at the Movies

Every Monday, 2:30 pm New releases. Foreign film once each month. Check our website www.dfla.org for titles. No registration.

## **THOUGHTFUL CIRCLES**

#### **Craft N Chat**

*Mondays* • *1-3 pm* Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and good conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome! No registration.





Thursday, August 15, 22 • 4-5 pm Join Librarian Caitlin as she demystifies knitting by breaking it down to the most basic: the knit stitch and the purl stitch. After completing this two part instructional series, you'll have the skills to cast on, knit and purl, and read a basic knitting pattern. Your new knitting skills will impress your friends and family at parties and turn airport layovers into treasured knitting time. Before long, you'll be hearing a chorus of, "How beautiful, did you make that?" No experience necessary and all materials will be provided!

Tickets available online or call 480-488-2886. Cost: \$8, all materials provided for this 2-class series.

#### Learn How-To with Karsten's Ace Hardware

*Tuesday, August 20 • 2-3:30 pm (3<sup>rd</sup> Tuesday)* Do you binge-watch HGTV? Feel motivated to find your own at home projects and fixer uppers? Each month Karsten's Ace Hardware will be providing How-To demonstrations to help you find tidbits and techniques to help around your home! **Topics**: TBD. **Register:** online at <u>dfla.org</u> or **call** 480-488-2286.

#### Drum Circle facilitated by AARP

Tuesday, August 20 • 4:45-5:45 pm (3<sup>rd</sup> Tuesday)



Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational musicmaking proven to reduce stress, boost the immune system, promote joy, and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience required! If you have a heartbeat, you can drum. Open to all adults, all ages. No registration.

#### **Foothills Musicians Community**

Friday, August 23 • 4:00-5:30 pm (4<sup>th</sup> Friday)

Desert Foothills Library has a new open music program every fourth Friday of the month. There will be a speaker giving presentations about a history of an

instrument and/or biography of musician. Community projects announced and offered. Free to the public, anyone may join, even if you do not have musical talent. Musicians may bring their instruments to play. If you would like to apply to be a speaker or give a presentation, let us know. Facilitated by Julie Harding. No registration.



#### **DIY Book Crafts**

#### Tuesday, August 27 • 2-3:30 pm

When you love the look of books all around but don't know what to do with them you can get crafty! Join Librarian Ashley for a DIY book craft this month. A hollowed-out hardback book can turn into a safe to keep trinkets and valuables out of plain sight. Join to create your own book safe. If you have a particular book you would like to use please bring it to the library for prep before the program. **RSVP** online at dfla.org or **call** 480-488-2286.

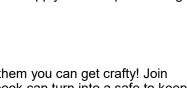
#### Death Café

#### Wednesday, August 7 • 12:30-2:30 pm (1<sup>st</sup> Wednesday)

Death Café is back at Desert Foothills Library, now every first Wednesday of the month. Death Cafe is a gathering to talk about death & dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011. To date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products

7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join for open, respectful, interesting conversation about topics relevant to all of us but often considered dark or taboo. For more information go to <u>deathcafe.com</u>. **RSVP** online at <u>dfla.org</u> or **call**: 480-488-2286.





## **ADULT PROGRAMS**

## **MENTAL EXERCISE**

#### Mahjongg 101: Brain Healthy Fun

Mondays, August 5-26 • 1-4 pm

Learn the foundations of how to play this stimulating rummy-like tile game. Fun, challenging and addictive, it helps to improve memory, decision-making skills and patience. Instructor provides individual attention in a small-group friendly setting and guides students in understanding Mahjongg and how the game is played. The 2019 Mahjongg Card is required: available at <u>www.nationalmahjonggleague.org</u>.Class limited to 8 students, minimum 4 students. **Registration required online at <u>dfla.org</u> or call**: 480-488-2286. **Cost**: \$90.00 for a 4-week series.





# aha

#### E-Media & Library Digital Content Help

Every Tuesday • 10-11 am

Downloading eBooks & eAudiobooks can be easy through the library's digital collection! Drop-in with questions about Overdrive, RB Digital or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.

## PARA CONTINUAR EL ESPAÑOL

#### Intermediate Conversational Spanish

*Every Wednesday* • *10:30 am-Noon* Informal chat session using various books, flashcards, etc. No instructor. No registration.



## DFL Passport Services

Passport books & cards Regular or expedited With photo services



#### APPOINTMENTS ESSENTIAL!! -call direct 480-575-3201.



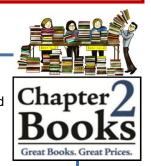
#### **<u>ROCKET LANGUAGES</u>** Choose from 13 Languages

Learn to speak a language online today! All you need is a free Desert Foothills Library Card. Comprehensive multi-media packages will have you speaking & improving your language skills with Every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course. Visit our Digital Library at <u>desertfoothillslibrary.org</u>.

#### **Chapter2Books Special Sale!**

August 9, 10, 11

Biggest used bookstore in the North Valley! More than 15,000 books, as well as DVDs, CDs and audiobooks, starting at just 50 cents! Located inside Desert Foothills Library. Find us at 38443 N. Schoolhouse Road, open 7 days a week. Check us out on Amazon. Donations are welcome and help support the library! <u>www.Chapter2BooksAZ.com</u>. 480-488-2777.



## **ONGOING HEALTH AND FITNESS**



**Gentle Yoga** 

Every Sunday and Wednesday • 11 am-Noon

You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance and sharpen your mind. *Bring a yoga mat and light blanket.* **Registration**: contact Marina Kachur: <u>yokama14@gmail.com</u> or 480-510-6572. **Cost**: \$8 cash, pay each class.

#### Yoga Inspired Soul Play

Every Monday • 9:15-10:30 am

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A hybrid yoga class for all levels; yoga styles infused with play-bringing us to our true inner child space. Movement of dance for body awareness of strength, balance, resilience & flexibility. Meditation - Guided visualizations, energy, & breath flow, use of voice via chant. **Questions:** Jennifer Mathews, jen72mathews@yahoo.com\_or 480-707-8377. **Cost:** \$8 paid at class.



#### Yoga Fusion (Intermediate level)

Every Thursday • Noon–1 pm

This intermediate-level course starts with breathing exercises, stretching movements to open hearts and hips and then into Vinyasa or Flow yoga and standing sequences with balance exercises. 5 minutes of Savasana ends the class. **Questions**: Elizabeth Boisson: 480-363-5275 or <u>evboisson@yahoo.com</u>. **Cost**: \$8 cash, pay to instructor at each class.

#### **Beginner Tai Chi Easy**

Wednesdays, August 7 – September 11 • 8:30-9:45 am

Why Tai Chi Easy™? Because it's easy to learn. You will learn basic Tai Chi principal, posture to improve health & awareness, which is the key to FALL PREVENTION. Five Tai Chi Easy™ moves promote personal empowerment and boost confidence. Your coach: Bina Bou, Senior Trainer, Institute of Integral Qigong Tai Chi. **Questions**: <u>binab75@gmail.com</u> or call

480-284-1300. Tickets available online at dfla.org or call 480-488-2286. Cost: \$150, class limited to 20.



#### Practical uses of Reiki

#### Energy Modalities in Meditation, Relaxation, Healing, Health, & Overall Self-Care

*Wednesdays, August 14, 28 • 10:30-11:30 am (2<sup>nd</sup> & 4<sup>th</sup> Wednesdays)* A discussion explores the energy body & how it functions & the effects this unseen energy force or body and how you use it. We will play with body energy to learn how to control it to consciously use the energy that makes up all that is you. **Questions:** Contact instructor Karen Cimagllia: <u>rockinvibs21@gmail.com</u> or 602-721-7714. **Cost:** \$8 cash, pay to instructor at each class.

## **MONTHLY SUPPORT GROUPS**

Led by Hospice of the West facilitators

No registration.

#### **Caring for the Caregiver**

Monday, August 5 • 10-11:30 am (1<sup>st</sup> Mondays) Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

#### "The Healing Pathway" After Loss of a Spouse or Partner

Monday, August 12, 26 • 9:30-11 am (2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal brief journey.



## **VOLUNTEERING OPPORTUNITIES**

VOLUNTEER Summer vacation is here; we're thinking about tutoring! If your 2nd or 3rd grader has any difficulties in class, you might consider FREE tutoring available at Desert Foothills Library. Applications can be found at <u>dfla.org</u>, and please check our website for updates about tutoring events. If you are a college student or an adult who would like to become a part of this rewarding program, please consider volunteering your time as a tutor at DFL! Download the volunteer application at <u>dfla.org</u>. High-schoolers, we could use your help, too! If you are interested in mentoring a child in our homework help program this fall, please contact Caitlin Decker at <u>cdecker@dfla.org</u>.

## Big Happenings at the Library

len THE BUILDER

Jen the Builder General Contractor



#### Envision Cabinetry Custom Cabinetry

CENTRAL ARIZONA SUPPLY

## Central Arizona Supply

Hardware, Faucets, and more Supplier



Jason the Plumber



EZLN Electric Electrician Desert Foothills Library is excited to announce we will have a beautiful new demonstration kitchen coming soon because of the work from board members, community members, and these amazing companies.

Please be patient while we are under construction but it will not be long until we can have wonderful programming, events, and a new party space at our library.

> Thank you from everyone at Desert Foothills Library