COMMUNITY PROGRAMS
DADE Foothills Library
June & July 2019

Summer Reading
A Universe of Stories
Jun 1st - Aug 1st

All ages summer reading events & prizes!
Taiko Drumming,
Stories in the Stars,
& more!
Desert Foothills Library is a member supported 501©3 non-profit. As always, we strive to bring you the best resources available and create a welcoming place for everyone in our community. Your continued support helps us accomplish this mission and we appreciate everything this community has to offer. Come get your FREE library card today!

Follow us on social media to find out more!!

LIBRARY/BOOKSTORE HOURS
Monday—Friday, 9 am—6 pm
Saturday, 10 am—4 pm
Sunday, 11 am—3 pm

Front Desk: 480.488.2286
Bookstore: 480.488.2777
www.dfla.org
38443 N Schoolhouse Rd.
Cave Creek, AZ 85331

LIBRARY CLOSURES
Closed July 4th

Chapter2Books
Great Books, Great Prices.

North Valley’s Biggest used bookstore
More than 15,000
BOOKs - DVDs - CDs - AUDIOBOOKs
Starting at just 50 cents!

Special Sale Dates: June 7, 8, 9 & July 12, 13, 14
(2nd weekend each month)
Check us out on Amazon!

Donations are welcome and help support the library!

www.Chapter2BooksAZ.com  480-488-2777
INSIDE THE LIBRARY
OPEN 7 DAYS
A Universe of Stories—Summer Reading

A Universe of Stories: Adult Summer Reading Program Begins!!

Saturday, June 1 through Thursday, August 1

Want to join the Adult Summer Reading Program? It’s easy! Just track your time spent reading and you’ll automatically be entered for the Library’s Grand Prize.

Beginning June 1, register and track your reading time online at www.maricopacountyreads.org and claim your prize for each milestone along the way: 250, 500, 750, and 1000 minutes! Prizes include coupons for great food and a free book you may choose online from an extensive list. #read20az

Not a big reader, but still want to participate? Attend any of our designated A Universe of Stories programs and add an entry into the Library’s Grand Prize! Keep an eye out for all of the fun programs this summer!

Win great prizes along the way to your 1,000 minutes goal!

- Tacos at Rubio’s
- Pizza from Peter Piper Pizza
- DFL Wine Sleeve
- Library swag
- and more!

Benefits of a Summer Reading Program

Benefits of summer reading programs for children are well documented. In fact, summer reading programs have been around for more than a century, and they continue on because of their great benefits. Summer reading programs come in all shapes and sizes from online reading and answering questions to reading library books.

Benefits include
- Improve Reading Skills
- Increase Desire to Read
- Improve Self-Esteem
- Neutralize Summer Learning Loss
- Improve Comprehension
- Improve Memory Skills

Why join a Summer Reading Program as an adult?

Reading actually has a number of benefits for adults and just adding 10 minutes a day can make a huge change in your life.

Benefits include
- Mental stimulation
- Stress reduction
- Knowledge & new information
- Vocabulary expansion
- Memory improvement
- Stronger analytical thinking skills
- Improved focus & concentration
- Better writing skills
- Tranquility
- Free entertainment

SPECIAL EVENT! Summer Soundbite Event

Friday, July 12 • 11:00am-1:00pm

Celebrate summer reading with stories, music & food sponsored by your public radio station KJZZ. We are looking for 8 volunteers to talk about libraries and their experiences.
Blast off into a summer of fun during Summer Reading at Desert Foothills Library! Register online at maricopacountyreads.org for prizes, reading challenges and more! Get secret codes for attending events and read just 20 minutes a day to earn a free book!

Summer Reading Programs

Taiko Drumming
*Friday, June 14 • 2:30-3:15 PM*
Join us for an all ages program at Desert Foothills Library! Hear and experience Japanese Taiko Drumming, and listen to the sounds of drumming from around the world! Call (480) 488-2286 to register.

Alien Invasion: Learn & Play in Space
*Friday, June 21 • 11 am–Noon*
Learn about space in this stellar program for ages 3-7. We will be practicing math and literacy skills with fun activities and games. Snack provided. Siblings are welcome. Please call (480) 488-2286 to register, or drop-in for a fun time.

Dr. T-Rex: Science Exploration
*Monday, June 24 • 10:30-11:15 AM*
Kids of all ages, join Dr. T-Rex for hands on and interactive scientific experiments! Dr. T-rex makes learning science fun! Call (480) 488-2286 to register, drop-ins also welcome.

Summer Soundbite Event
*Friday, July 12 • 11:00am-1:00pm*
Celebrate summer reading with stories, music & food sponsored by your public radio station KJZZ. No registration necessary.

Stories in the Stars Performance
*Friday, July 26 • 3:00-4:00 PM*
Soar through the stars in performance all about Greek Myths! Travel the night sky and explore various constellations and legends about the stars in the sky. Audiences will delight in learning stories of the wind, seasons, sun, and moon. This new play is designed for the Summer Reading theme “A Universe of Stories”. We aim to inspire people to once in a while, look up. Call (480) 488-2286 to register.

Sign up for Summer Reading online:
Step 1: Visit maricopacountyreads.org and click Join Now.
Step 2: Enter your First Name, Last Name, and Zip Code. Choose Desert Foothills Library as your System.
Step 3: Enter your age.
Step 4: Create your username and password, and share your contact information for your account.
Step 5: Get reading!
**Treat Yourself!**

**Outer Space Snack Time**  
*Wednesday, June 5 • 3:30-4:30 PM*  
Enjoy a space themed snack time! This program is for children of all ages. We will use oreos to learn about the phases of the moon and make fruity spaceship kebabs.  
Call (480) 488-2286 to register to ensure we have enough snack ingredients.

**Silly Sandwiches & Stories**  
*Wednesday July 10 • 4:00-5:00 PM*  
Get silly as we pair sandwiches with stories at this spectacular snack time event. For children of all ages, we will be making a Frankenstein Free-for-All Sandwich, S’more Sandwich, and Taco! Call (480) 488-2286 to register.

**Constellation Cookies & More!**  
*Friday, July 19 • 2:00-3:00 PM*  
Send your taste buds to the stars with this space themed snack time! This program is for children of all ages. We will learn about the constellations, make a craft, and decorate constellation cookies! Call (480) 488-2286 to register.

**A Universe of Art**

**Make Your Own Suncatcher:**  
**Summer Solstice Craft**  
*Sunday, June 16 • 12:00-3:00 PM*  
Drop in anytime between noon and 3 PM to create your very own suncatcher and add some color to your window! Hang it in time for the Summer Solstice. No registration necessary, this is a drop in craft activity with all supplies available in the youth section of the library.

**Tin Lantern Making**  
*Saturday, June 22 • 11:00-11:45 AM*  
Learn the story of the stars and punch your favorite constellation in tin! Materials provided. Suggested ages 8 and up. Call (480) 488-2286 to register.

**Glow in the Dark Crafts**  
*Tuesday, July 30 • 10:30-11:15 AM*  
Our summer reading wrap-up event: Join us for a morning of glow in the dark crafting for kids of all ages. We will be making a universe jar and glow in the dark slime!  
Call (480) 488-2286 to register.

**Summer Camp @ The Library**

**June 2019 Theatre & Arts Camp**  
*June 10-13 • 1:00-3:30 PM*  
Join us for our first Theatre and Arts Camp at Desert Foothills Library. Children ages 5-7 are invited to an afternoon camp where they will learn performing skills, play games, make art, and put on a small performance!  
Call (480) 488-2286 to register. Registration will be limited to 12 children.

**July 2019 Spirit Camp**  
*July 9-13 • 9:00am–Noon*  
Wellness experts Dr. Benenson and Sharon Spector invite children ages 7-11 to deepen their inner awareness through singing, dancing, crafts, and storytelling. They will learn how to develop inner superpowers by learning mindfulness activities, especially focus, kindness, and taming emotions. On day 5, campers will present an interactive skit showcasing their new mindfulness super powers.  
Dr. Wayne Benenson has over a decade of experience teaching in elementary classrooms in six states; three decades teaching teachers at universities and currently leads mindfulness workshops in Phoenix elementary schools. Sharon Spector, certified coach, has over 30 years of teaching and coaching experience, igniting lives with light and curiosity.  
Tickets available online or call 480-488-2286  
Cost: $85.00

**Build it with Boxes: Rocket Ships!**  
*Thursday, June 27 • 1:00-2:30 PM*  
Build, design, and decorate! This program for school aged children and preschoolers with the help of an adult will help you think outside the box and out of this world. We will be creating and building our very own rocket ships in the library. Make a mess and build a space ship of your own design!  
The library will provide boxes, cardboard, tape, and other materials. Call (480) 488-2286 to register, drop-ins also welcome.
## June 2019

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<td>10:30 AM ScienceTellers</td>
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## July 2019

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<td>11:00 AM Discovery Playdate</td>
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<td>10:00 AM Fairy Godmother Storytime</td>
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<td>10:00 AM Lapsit</td>
<td>2:00 PM Constellation Cookies &amp; More</td>
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<td>2:30 PM Lego Block Party</td>
<td>10:00 AM Galaxy Yoga Storytime</td>
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<td>10:30 AM Glow in the Dark Crafts</td>
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<td><strong>Summer Reading Ends</strong></td>
<td>Make sure you claim your FREE BOOK or donate it to a child in need!</td>
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**Discovery Playdate: Preschool Playtime**  
*Monday, June 3 & July 8 • 11:00 am—noon*

Discovery playdate is unstructured playtime for children up to age 6. This constructive free play is a great time to socialize with other children. Activities will rotate and include sensory bins, water table, building toys and manipulatives, STEM and technology toys, board books, art activities, and games.

No registration necessary.

**Block Party: Legos in the Library**  
*Monday, July 22 • 2:30-3:30 PM*

Build from your imagination! This program for school age children and their siblings is an hour of Lego building and free play. No registration necessary.

**Storytimes & Family Programs**

**Rainbow Storytime**  
*Tuesday, June 11 • 10:00-10:45 AM*

Join us for a special Rainbow Storytime to celebrate Pride Month! We will be reading inclusive stories and making crafts to celebrate all identities. No registration necessary.

**ScienceTellers: Alien Storytime**  
*Tuesday, June 18 • 10:30-11:15 AM*

Help us conduct science experiments to bring a story to life for this special summer reading event for children of all ages! Don’t miss this action-packed and educational alien adventure using science experiments for special effects. It’s totally out of this world! Call (480) 488-2286 to register, drop-ins also welcome.

**Fairy Godmother Storytime**  
*Tuesday, July 16 • 10:30-11:15 AM*

Reach for the stars with your Fairy Godmother for a space-tastic storytime with magic and more! Local performer Jan Sandwich presents a summer reading storytime for children at the library. Enjoy stories about the stars and space travel at this fun storytime event. Call (480) 488-2286 to register, or drop-in for a special storytime.

**Galaxy Yoga Storytime**  
*Tuesday, July 23 • 10:00-10:45 AM*

Space out and tune in at this yoga storytime. No experience necessary, but come dressed to move! There will be stories, songs and yoga poses for children and their parent or caregiver. No registration necessary.

**Glow in the Dark Crafts: A Universe of Art**  
*Tuesday, July 30 • 10:30-11:15 AM*

Our summer reading wrap up event: Join us for a morning of glow in the dark crafting for kids of all ages. We will be making a universe jar and glow in the dark slime! Call (480) 488-2286 to register.

**Storytime @ Desert Foothills Library**

**Storykids Family Storytime**  
*Tuesdays, 10:00-10:45 AM*

June 4, 11*, 18*, 25 & July 2, 9, 16*, 23*, 30*  
Children 2-6 and families are encouraged to join us for a 30-45 minute storytime featuring music, movement, craft & stories. Siblings are welcome.

*denotes a featured storytime event. Please see the program below for specific details and times for our featured storytimes.

**Lapsit for Babies and Toddlers**  
*Thursdays, 10-10:30 AM*

Flanked to children 10 months to 3 years, join us for a fun and playful romp with music, books, rhymes, and bubbles! Siblings are welcome. There will be no Lapsit June 20th. There will be no Lapsit July 4th as the library will be closed.

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**Featured Storytime Events**

**Rainbow Storytime**

**ScienceTellers: Alien Storytime**

**Fairy Godmother Storytime**

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**Galaxy Yoga Storytime**

**Glow in the Dark Crafts: A Universe of Art**
TEEN PROGRAMS

Club 11/17 Summer Events

Washer Jewelry Making
Thursday, June 6 • 4:00-5:00 PM
Ages 11 and up are invited join us in the teen room for an afternoon of making DIY jewelry with washers. Keep it simple or decorate with flair!

Vinyl Party: Teen Throwback
Wednesday, June 26 • 4:00-5:00 PM
Discover the sounds of vinyl music while making art with vinyl records. Rewind and unwind with us as we play great music from the stars of decades past and enjoy a craft.

Tin Lantern Making
Saturday, June 22 • 11:00-11:45 AM
Learn the story of the stars and punch your favorite constellation in tin! Materials provided. Suggested ages 8 and up. Call (480) 488-2286 to register.

Taiko Drumming
Friday, June 14 • 2:30-3:15 PM
Join us for an all ages program at Desert Foothills Library! Hear and experience Japanese Taiko Drumming, and listen to the sounds of drumming from around the world! Call (480) 488-2286 to register.

Astrology 101
Wednesday, July 17 • 1:00-2:30 PM
Let the stars align! Learn about the signs of the zodiac from an astrologer, and learn about where the planets were in the sky on your birthday and how that affects your life and personality.

Cupcake Wars: Decorating & Contest
Wednesday, July 24 • 4:00-5:00 PM
Get crazy with cupcake creations! Teens ages 11 and up are invited to our cupcake decorating event. We will be decorating cupcakes with themes and challenges. Plus, a prize for the best decoration! Call (480) 488-2286 to register.

Summer Reading Programs

Summer Soundbite Event
Friday, July 12 • 11:00am-1:00pm
Celebrate summer with stories, music & food sponsored by your public radio station KJZZ. No registration necessary.

Stories in the Stars Performance
Friday, July 26 • 3:00-4:00 PM
Soar through the stars in this performance inspired by the Greek Myths!
This new play is designed for the Summer Reading theme “A Universe of Stories”. We aim to inspire people to once in a while, look up. Call (480) 488-2286 to register.

Teen Volunteers
@ DESERT FOOTHILLS LIBRARY
Complete service hours, gain valuable experience, have fun!

- regular 2 hour shifts available
- help with events
- shelve books and organize
- tutoring opportunities
- create displays and decorate

CONTACT INFO@DFLA.ORG TO LEARN MORE ABOUT VOLUNTEERING AND GET INVOLVED!
Meet our Summer 2019 Teen Interns!

Alison is a longtime teen volunteer and founding member of Teen Book Club. Her favorite genre of books to read is realistic fiction.

Suman is a new volunteer and member of Teen Book Club. She loves to read satire, science fiction, Greek mythology and fictional romance books like Emergency Contact by Mary Choi.

Join our Teen Book Club!


Join us at our book club event in July to learn about book club and help us select our titles for the fall.

Book Club: Book Tasting
Thursday, July 11 • 1:00-2:15 PM
Teens ages 11 and up are invited to join us for our summer book club event! We will be making black out poetry and collage, enjoying a “book tasting” (sampling several books to find something to read that meets your taste this summer), and selecting our book club titles for the fall.

2019 Summer Reading: June 1st - August 1st
Blast off into a summer of fun during Summer Reading at Desert Foothills Library!

Register online at maricopacountyreads.org for prizes, reading challenges and more! Get secret codes for attending events and read just 20 minutes a day to earn a free book!

Sign up for Summer Reading online:

Step 1: Visit maricopacountyreads.org and click Join Now.
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Step 4: Create your username and password, and share your contact information for your account.
Step 5: Get reading!
LIBRARY SUMMER READING

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Saturday, June 1 through Thursday, August 1
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Not a big reader, but still want to participate? Attend any of our designated A Universe of Stories programs and add an entry into the Library’s Grand Prize! Keep an eye out for all of the fun programs this summer!

A Universe of Stories: Restore with Music and Color
Wednesday, June 12 and Friday, July 19 • 2-3:30 pm
Join us for a fun and unique way to unwind and express creativity! Researchers & art therapists alike have pushed the stress relieving and mind restoring benefits of adult coloring. These pages have more intricate designs & patterns than those designed for children. Just like meditation, coloring also allows us to switch off our brains from other thoughts and focus only on the moment, helping to alleviate free-floating anxiety. In this casual adult coloring session, all materials will be supplied, including coffee and water. No registration.

A Universe of Stories: Taiko Drumming
Friday, June 14 • 2:30-3:30 pm
Come for an all ages program for adults, teens & children. Join us to hear and experience Japanese Taiko Drumming, and listen to the sound of drumming from around the world! Eileen Morgan’s program explores the fascinating culture of Japan and the Far East through exciting performances and interactive lectures that showcase the mesmerizing Taiko drum, beautiful bamboo wind instruments and unique percussion instruments of Japan, China, Korea and Vietnam, with a soundtrack to the unique and valuable stories of people from around the world. RSVP online at dfla.org or call: 480-488-2286.

A Universe of Stories: Explore the Night Sky
Friday, July 26 • 3-4 pm
Soar through the stars in this compilation of Greek Myths! Travel the night sky and explore various constellations and legends about why they are in the sky. Audiences will delight in learning stories of the wind, seasons, sun, & moon. This new play aims to inspire people to once in a while, look up. Hampstead Stage Company (HSC) is dedicated to educating audiences across the country by bringing classic literature to life through live theatre. RSVP online at dfla.org or call: 480-488-2286.

VOLUNTEERING OPPORTUNITIES
Summer vacation is around the corner, but we’re already thinking about tutoring! You might consider signing up for FREE tutoring for your 2nd or 3rd grader at Desert Foothills Library if your child does well in class but struggles with tests; if the teacher moves through material quickly and your child needs a little more practice; or if your child keeps up with discussions in class but has a hard time pulling all of the information together. Applications can be found at dfla.org, and please check our website for updates about tutoring events.
If you are a college student or an adult who would like to become a part of this rewarding program, please consider volunteering your time as a tutor at DFL! Download the volunteer application at dfla.org.
High-schoolers, we could use your help, too! If you are interested in mentoring a child in our homework help program this fall, please contact Caitlin Decker at cdecker@dfla.org.

DFL Passport Services
Passport books & cards with photo services - regular or expedited. APPOINTMENTS ESSENTIAL-call direct 480-575-3201.
AUTHOR, AUTHOR

**Literate Foodie Club**
*Monday, June 3 • 12:30-2:30 pm (1st Mondays—No meeting in July)*

Love food, books, cooking and conversation? We will explore all these & more. **Topic:** *What She Ate* by Laura Shapiro. It is a collection of essays about six women, including Eleanor Roosevelt, & what their food choices tell us about them. Christine Burns will join Jan & Dana as team presenters, and our amazing cooks will be preparing foods that tell us something about them; you are what you eat, after all! Facilitated by Dana Rakinic & Jan Kruse.

**Questions:** danarakinic@gmail.com or jan-kruse@cox.net. **RSVP online or call:** 480-488-2286. **Cost:** $10.

**Library Book Club**
*Thursday June 13, July 11 • 10 am-Noon (2nd Thursdays)*

**June:** Discussion of *The Woman Who Smashed Codes* by Jason Fagone.

**July:** Discussion of *Red Notice* by Bill Browder.

Everyone is welcome! No registration.

**Special Sale!**
*June 7, 8, 9 and July 12, 13, 14*

Biggest used bookstore in the North Valley! More than 15,000 books, as well as DVDs, CDs and audiobooks, starting at just 50 cents! Located inside Desert Foothills Library at 38443 N. Schoolhouse Rd., open 7 days a week. Check us out on Amazon. Donations are welcome & help support the library! www.Chapter2BooksAZ.com. 480-488-2777.

**Literary Salon**
*Thursdays, June 20, July 18 • 10 am-Noon (3rd Thursdays)*

An informal discussion of books, film and theater. Led by a facilitator. No requirements to read or see any particular book, film, or play. Everyone is invited to share ideas and reflections on the selected theme. **Salon topic in June:** Around the World. Exploring Different Cultures & Foreign Authors. Travel the world by exploring books, films plays that highlight different cultures & environments. Consider foreign authors (Joyce, Dostoyevsky, Hugo, Sartre, See, Gordimer, etc). What is different about cultures? What can we learn?

**July:** Music & Storytelling. Music plays a part when we read books, view films, listen to opera, hear poetry. How does it enhance the story, describe emotion or a location? Music can play an important part in understanding an author’s story or a character’s motive (My Fair Lady, Les Miserables, West Side Story based on books); or films such as The Pianist, Birth of a Star, Orpheus; ballets that tell stories—Nutcracker or Swan Lake (Tchaikovsky); illustrating a place—Appalachian Spring, Rodeo (Copland) or Grand Canyon Suite (Grofe). No registration.

**FILM**

**Desert Foothills Library Independent Film Festival 2019**
*Every Friday, July 5 through August 23*

**Friday, July 5** – Bill Cunningham: New York, 2010, Director: Richard Press.

**Friday, July 12** – Gauguin: Voyage to Tahiti, 2017, Director: Edouard Deluc.

**Friday, July 19** – The Seagull, 2018, Director: Michael Mayer.

**Friday, July 26** – The Cat’s Meow, 2001, Director: Peter Bogdanovich.

No registration.

**Music at the Movies**
*June 6(1st Thursday) and July 11(2nd Thursday this month only) • 2-5 pm*

Celebrate music in movies! Hosted by music enthusiast, Annis Scott. **June: The Piano** - After a long voyage from Scotland, pianist Ada McGrath (Holly Hunter) and her young daughter, Flora (Anna Paquin) are left with all their belongings, including a piano, on a New Zealand beach. Ada, mute since childhood, is sold into marriage to Alisdair Stewart (Sam Neill). Ada becomes intrigued by George Baines (Harvey Keitel), leading to tense, life-altering conflicts. 120 min. **July: Moonstruck** - Italian American widow Loretta (Cher) accepts a marriage proposal from boyfriend, Johnny (Danny Aiello), but she falls for his younger brother Ronny, (Nicolas Cage). Ronny lost his hand in an accident, which he blames on his brother, and aggressively pursues her while Johnny is out of the country. As Loretta falls deeper in love with Ronny, she comes to learn that she's not the only one in her family with a secret romance. 102 min.

**Monday at the Movies**
*Every Monday, 2:30 pm*

CREATIVE CIRCLES

Desert Foothills Library Photography Contest Exhibition
July 1 through July 19

Writers Connection
Fridays, June 7 and July 5 • 1-3 pm
Today's world is literally at a writer's fingertips. A few keyboard strokes can open the internet information gates to help you create stories that are distinctively credible and compelling. June: Patty Schoenfeld-How the Discovery of a Thousand Love Letters became a Published Novel. July: Hayley Rose and Susan Stoltz- Navigating the Amazon. RSVP online or call: 480-488-2286.

Learn How-To with Karsten’s Ace Hardware
Tuesdays, June 18 and July 16 • 2-3:30 pm
Do you binge-watch HGTV; feel motivated to find your own at home projects and fixer uppers? Each month Karsten's Ace Hardware will be providing How-To demonstrations to help you find tidbits and techniques to help around your home! Topics: TBD.
Register: online or 480-488-2286.

Drum Circle facilitated by AARP
Tuesdays, June 18 and July 16 • 4:45-5:45 pm
Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy, and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience required! If you have a heartbeat, you can drum. Open to all adults, all ages. No registration.

Foothills Musicians Community
Fridays, June 28 and July 26 • 4:00-5:30 pm
Desert Foothills Library has a new open music program every fourth Friday of the month. There will be a speaker giving presentations about a history of an instrument and/or biography of musician. Community projects announced and offered. Free to the public, anyone may join, even if you do not have musical talent. Musicians may bring their instruments to play. If you would like to apply to be a speaker or give a presentation, let us know. Facilitated by Julie Harding. No registration.

Craft N Chat
Mondays • 1-3 pm
Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and good conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome! No registration.

Cruise Vacations—Navigating the Sea of Options
Wednesday, June 19 • 2-3pm
Are you thinking of taking a cruise but confused by the plethora of options? Are you a seasoned cruiser looking for a new type of adventure or a novice and don’t know where to start? Join Jodi Ferreira, Travel Consultant for an informative session on how to choose the right cruise vacation. After graduating from SST Travel School & completing American Airlines computer training, Jodi managed Carlson Wagonlit Travel Agency in Scottsdale for ten years. She is passionate about helping people identify & plan their dream trips. An adventure seeker at heart, she has done extensive travel on both land and sea. RSVP online at dfla.org or call: 480-488-2286.

Death Café
Wednesdays, June 5 and July 3 • 12:30-2:30 pm
Death Café is back at Desert Foothills Library, now every first Wednesday of the month. Death Cafe is a gathering to talk about death & dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011. To date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join for open, respectful, interesting conversation about topics relevant to all of us but is often considered dark or taboo. For more information go to deathcafe.com. RSVP online at dfla.org or call: 480-488-2286.
ADULT PROGRAMS

TALES OF ADVENTURE & GROUNDING

Living Afloat
Tuesday, July 30 • 1-3 pm

Ever dream of leaving it all behind to cruise Tahiti in your own yacht? Eleanor Gobrecht and partner Suzanne, both University Profs in their early 40’s, did just that on a 30-ft sloop-rigged sailboat, Folly III, accompanied only by a Siamese cat and a poodle. The three voyages during the 70’s took both ladies over 21,000 miles—as far south as the Galapagos, as far west as New Zealand, and as far north as Papua New Guinea—and the dozens of islands in between. Enjoy with Eleanor the landfalls, the close calls, the new cultures, & the ever-changing beauty of the ocean. What lessons we learned!

Entering Heidelberg College as a musician, Eleanor transferred into Drama, with her B.A., M.A. (Ohio State) and Ph.D. (U. Of So. California) focused on Theatre, Speech, American Lit., and ESL. After teaching six years at U of A & several California Universities, she began her sailing adventure. Unwilling to cut short that decade-long voyage, she surrendered her professorship. Subsequently, she taught in Tokyo universities, RV’d America, and served as a work-camper in Oregon state parks. Throughout her life she was a choir singer and brass player, just retiring from Mesa City Band in 2016.

RSVP online at dfla.org or call: 480-488-2286.

Rightsizing for Your Best Life NOW!
Friday, June 21 • 3-4:30 pm

Let’s face it. We all have stuff. Our stuff is the best stuff in the world - until it’s time to let it go! Let’s have a frank discussion about where you are in your life and the items that need to go if you are going to downsize. We’ll cover the emotional aspect of letting go of our treasures, where they can go and how to step into a new life! Lena Jo McCoy was raised on a farm filled with antiques, collectibles, and stuff. She was left to face the question, “what is important to me” when her parents passed away and she was left to deal with the daunting task of going through over 50 years of accumulated treasures. Not only did she have to deal with her parents’ stuff, she had to deal with the items she was storing at the farm. McCoy used the skills she learned to help others and her time managing a local charity thrift shop. She has since made it her mission to help others deal with the emotional attachment they feel toward their items. Her company, It’s Time to Let It Go, offers estate sale services and downsizing assistance.

RSVP online at dfla.org or call: 480-488-2286.

TECHNOLOGY & DIGITAL MARKETING

Digital Marketing Made Simple for Small Business
Tuesdays, June 4 through July 2 • 9:30-11 am

A 5-week course to learn how to grow your business by setting up a fully functional digital marketing platform.

- Social Media 101
- Facebook & Instagram for Business
- Email Marketing
- The World of Digital Marketing

Experts in local digital marketing with 15 years direct experience. Jennifer Miles & Steve Woods share their experiences with successful and not so successful efforts. RSVP online at dfla.org or call: 480-488-2286.

E-Media & Library Digital Content Help
Every Tuesday • 10-11 am

Downloading eBooks & eAudiobooks can be easy through the library’s digital collection! Drop-in with questions about Overdrive, RB Digital, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.

PARA CONTINUAR EL ESPAÑOL

Intermediate Conversational Spanish
Every Wednesday • 10:30 am-Noon

Informal chat session using various books, flashcards, etc. No instructor. No registration.
FINANCIAL WELL BEING
Covering Your Assets—Estate Planning Workshop
Saturday, June 22 • 10:30-11:30 am
Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a FREE Estate Planning Workshop, providing a small group setting to learn the essentials of developing an estate plan. This will be especially useful for those traveling this summer! The focus of Nicole’s workshop will be to develop a solid plan to ensure your family is not left filling in the blanks and dealing with the unknown.
Attendees will learn about: • Powers of Attorney and Medical Directives- why they are important and what they should include • Trusts- what a trust is and how it differs from a Last Will and Testament • Beneficiary designations- why they’re important and need to be updated • Naming guardians for minor children. Attendees will have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment. RSVP online at dfia.org or call: 480-488-2286.

ONGOING HEALTH AND FITNESS

Gentle Yoga
Every Sunday and Wednesday • 11 am–Noon
You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance and sharpen your mind. Bring a yoga mat and light blanket. Registration: contact Marina Kachur: yokama14@gmail.com or 480-510-6572. Cost: $8 cash, pay each class.

Yoga Inspired Soul Play
Every Monday • 9:15-10:30 am
A hybrid yoga class for all levels; yoga styles infused with play-bringing us to our true inner child space. Movement of dance for body awareness of strength, balance, resilience & flexibility. Meditation - Guided visualizations, energy, & breath flow, use of voice via chant. Questions: Jennifer Mathews, jen72mathews@yahoo.com or 480-707-8377. Cost: $8 paid to instructor at beginning of class.

Yoga Fusion (Intermediate level)
Every Thursday • Noon–1 pm
This intermediate-level course starts with breathing exercises, stretching moves and then move into Vinyasa or Flow yoga, standing sequences and balance exercises. 5 minutes of Savasana ends the class. Questions: Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. Cost: $8 cash, pay to instructor at each class.

Practical uses of Reiki
Various Energy Modalities in Meditation, Relaxation, Healing, Health, and Overall Self-Care
Wednesdays, June 12, 26 and July 10, 24 • 10:30-11:30 am
A discussion explores the energy body & how it functions & the effects this unseen energy force or body and how you use it. We will play with body energy to learn how to control it to consciously use the energy that makes up all that is you. Questions: Contact instructor Karen Cimagllia: rockinvibs21@gmail.com or 602-721-7714. Cost: $8 cash, pay to instructor at each class.

MONTHLY SUPPORT GROUPS
Led by Hospice of the West facilitators
No registration.

Caring for the Caregiver
Mondays, June 3 and July 1 • 10-11:30 am (1st Mondays)
Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway" After Loss of a Spouse or Partner
Mondays, June 10, 24 and July 8, 22 • 9:30-11 am (2nd & 4th Mondays)
Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.
MENTAL EXERCISE

MahJongg 101: Brain Healthy Fun
Mondays, June 3-24 • 1-4 pm
Learn the foundations of how to play this stimulating rummy-like tile game. Fun, challenging and addictive, it helps to improve memory, decision-making skills and patience. Instructor provides individual attention in a small-group friendly setting and guides students in understanding MahJongg and how the game is played. The 2019 MahJongg Card is required available at www.nationalmahjonggleague.org. Class limited to 8 students, minimum 4 students. Registration required online at dfla.org or call: 480-488-2286. Cost: $90.00 for a 4-week series.

MahJongg 102: Step-Up to the Next Level
Mondays, July 8-29 • 1:00-4:00 pm
The class is designed for those who have a basic understanding of the game and want to take it to the next level. You will learn how to use, categorize and select hands, and to discard defensively and offensively. Hands-on attention in a small-group setting makes learning and playing fun, while stimulating and improving your brain health. The 2019 MahJongg Card is required and available at www.nationalmahjonggleague.org. Class limited to 8 students, minimum 4 students. Registration required at dfla.org or call: 480-488-2286. Cost: $90.00 for a 4-week series.

HOT ART/COOL SHOW

DESERT FOOTHILLS GALLERY presents an exciting Art Show starting June 20, and features Sonoran Arts League artists who stay in the foothills for the summer! You will see a wide variety of excellent juried work and have a chance to buy art. You can meet and speak to the artists at the reception on July 20 • 4-5:30 pm, at the Desert Foothills Library.

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Click this icon on the Desert Foothills Library web site to shop Amazon and support your Library!

Ask at the Front Desk!!

ROCKET LANGUAGES
Choose from 13 Languages
Learn to speak a language online today! All you need is a free Desert Foothills Library Card. Comprehensive multi-media packages will have you speaking & improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course. Visit our Digital Library at desertfoothillslibrary.org.
A Universe of Stories
Summer Reading 2019
Desert Foothills Library