

# COMMUNITY PROGRAMS

DESERT FOOTHILLS LIBRARY  
OCTOBER 2019

Enriching Our Kitchen  
Grand Reveal  
October 5th  
2:00 - 6:00pm

Family Escape Room  
*The Spooky Escape*  
October 25th  
4:00 pm

*Is That All There Is?*  
A Peggy Lee Tribute  
performed by Jan  
Sandwich & Nicole Pesce  
October 17th  
4:00 pm

Franken-toy Craft  
October 24th  
4:00 pm

Desert Foothills Gallery  
presents *2019 Hidden in  
the Hills Showcase*  
October 3- January 23  
Reception October 19th  
4:00 - 5:30 pm



DFLA.ORG | 480-488-2286 | 38443 N. SCHOOLHOUSE RD. CAVE CREEK

# INFORMATION



## Find DFL on Social Media



### LIBRARY/BOOKSTORE HOURS

Monday—Friday, 9 am—7 pm  
 Saturday, 10 am—4 pm  
 Sunday, 11 am—3 pm

Front Desk: 480.488.2286  
 Bookstore: 480.488.2777

[www.dfla.org](http://www.dfla.org)  
 38443 N Schoolhouse Rd.  
 Cave Creek, AZ 85331

Desert Foothills Library is a member supported 501©3 non-profit. As always, we strive to bring you the best resources available and create a welcoming place for everyone in our community. Your continued support helps us accomplish this mission and we appreciate everything this community has to offer. Come get your FREE library card today!

**Chapter2Books**  
 Great Books. Great Prices.

INSIDE THE LIBRARY

OPEN 7 DAYS

**North Valley's Biggest used bookstore**

More than 15,000

**BOOKs - DVDs - CDs - AUDIOBOOKs**

Starting at just 50 cents!

**Special Sale Dates: October 11, 12, & 13**

(2nd weekend each month)

**Check us out on Amazon!**

**Donations are welcome and help support the library!**

[www.Chapter2BooksAZ.com](http://www.Chapter2BooksAZ.com)

480-488-2777





## Staff Showcase

**Your role at DFL:** The Library Executive Director is the liaison between staff and the Board of Directors. I have overall responsibility for all operations, relations with patrons and donors and human resources.

**Where is your hometown?:** Aldershot, Hampshire, England, UK.

**If you could instantly be an expert in a subject, what would it be?:** Not a subject, but I really wish I could have been a great football player (a.k.a soccer player).

**If you have to sing karaoke what song would you pick?:** Sussudio by Phil Collins. Some say I look a bit like him but don't be fooled, I am not a good singer.



## David Court

**What is your proudest accomplishment?:** My family. Deborah and I have been married 43 years and have 2 great sons; Duncan in England, and Jonathan in Arizona.

**What is the slogan for your life?:** Make the best of the good times; deal with the rest.

**What is the most embarrassing fashion trend you used to rock?:** Platform shoes. When you are my height they were very practical.

**If you could be cast in a movie of your choice, what movie would you choose and which character would you want to play?:** The Black Night in Monty Python and the Holy Grail. Just joking!

## Volunteer Spotlight

**Where is your hometown?:** Charleroi, Pennsylvania—a borough about 30 miles south of Pittsburgh.

**What did you do in your career?:** Nursing, retired 6 1/2 years ago. The last 20 years of my career I worked in clinical research.

**What is your favorite section in the Library?:** I like historical fiction, all fiction really, and I like biographies and autobiographies.

**What is your favorite part of volunteering at DFL?:** Helping patrons find books they want, giving tours of our Library and Book store, & training new volunteers.

## JoAnn S.

**What is a skill you learned when you were young that you still use today?:** Doing math in my head!

**What is the most valuable piece of advice you have been given?:** Don't sweat the small stuff! We hear that all the time.

**If you had a talk show, who would be your first 3 guests?:** Oprah Winfrey—very interesting on many levels, she has interviewed a lot of celebrities, she is well-read, and she is very spiritual. Deepak Chopra—an expert on healing and wholeness. Yanni—a very gifted musician, who would make an interesting guest!

**JoAnn received the Corky Cockburn Volunteer of the Year 2018 Award!**

**Thank you to all of our volunteers for the work they do!**

# YOUTH & FAMILY PROGRAMS

## Monster Treats: Scary Storytime

Wednesday, October 2 • 4:00-4:45 PM

Join us for a special spooky snacktime for kids of all ages at Desert Foothills Library! We will be having fun making delicious snacks inspired by monsters and Halloween haunts. Please call (480) 488-2286 to register, or sign up online to ensure we have enough supplies.

## Discovery Playdate: Preschool Playtime

Wednesday, October 9 • 11:00 AM—noon

Discovery playdate is unstructured playtime for children up to age 6. This constructive free play is a great time to socialize with other children. Activities will rotate and include sensory bins, water table, building toys and manipulatives, STEM and technology toys, board books, art activities, and games. No registration necessary.



## Art Party: Spooks & Scares

Monday, October 14 • 10:00-11:00 AM

Witches, bats, pumpkins & more! Join us to make Halloween themed art. Take your art home, or decorate the library for Halloween. Snack will be provided. Please call (480) 488-2286 to register, or drop in for this event.

## Block Party: Legos in the Library

Monday, October 21 • 4:00-5:00 PM

Build from your imagination! This program for school age children and their siblings is an hour of Lego building and free play.



No registration necessary.

## Family Yoga Storytime

Tuesday, October 22 • 10:00-10:30 AM

Join our favorite mom & daughter yoga teachers, Crystal and Maddie for a special Halloween yoga storytime! There will be stories, songs and yoga poses for children joined by a parent or caregiver. No experience is needed to join in on the movement and fun! No registration necessary.

## Franken-toys Craft

Thursday, October 24 • 4:00-5:00 PM

Experiment with toys and stuffed animals in this Frankenstein inspired craft event with Librarian Caitlin! Take apart toys and teddy bears and redesign them into your very own Franken-Toy. Recommended ages 8 and up. Feel free to bring any old toys that need a makeover or use our provided materials.

Register online, or call (480) 488-2286 to register to ensure we have enough supplies.

## Family Escape Room: Spooky Escape

Thursday, October 25 • 4:00-6:00 PM

Can you save the crew and complete the mission? Find the clues and solve the puzzles! This free event is for children of all ages. Children 11 and under will need to be accompanied by a parent or caregiver for the duration of the event. Please call (480) 488-2286 to register, or sign up online.

## Halloween Party with Wendy the Witch

Join us for Desert Foothills Library's special Halloween event featuring local performer Jan Sandwich as Wendy the Witch. This spooktacular event will feature stories, face-painting, crafts, and treats! Make sure to come in costume to get in the Halloween spirit.

Register online, or call (480) 488-2286 to register to ensure we have enough supplies.



## Storytime @ Desert Foothills Library

### Family Storytime

Tuesdays, October 1, 8, 15, 22, 29 • 10:00-10:30 AM

Children 2-6 and families are encouraged to join us for a 30 minute storytime featuring music, movement, craft & stories. Siblings are welcome. Please note that on October 29th local performer Jan Sandwich will be presenting a special Halloween storytime.

### Lapsit for Babies and Toddlers

Thursdays, October 3, 10, 17, 24, 31 • 10-10:30 AM

Geared to children 10 months to 3 years, join us for a fun 25-30 minute romp with music, books, rhymes, and bubbles! Siblings are welcome. No registration required.



# October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 AM Family Storytime	2 4:00 PM Monster Treats:	3 10:00 AM Baby & Toddler Lapsit	4	5
6	7	8 10:00 AM Family Storytime	9 11:00 AM Discovery Playdate	10 10:00 AM Baby & Toddler Lapsit	11	12
13	14 10:00 AM Art Party: Spooks & Scares	15 10:00 AM Family Storytime	16	17 10:00 AM Baby & Toddler Lapsit	18 4:00 PM Family Escape	19
20	21 4:00 PM Lego Block Party	22 10:00 AM Family Storytime	23	24 10:00 AM Lapsit 4:30 PM	25	26
27	28	29 10:00 AM Halloween Storytime Party	30	30 10:00 AM Baby & Toddler Lapsit		

## Fall Into Reading



**Autumn: A Pop Up Book**  
J508.2 CARYER



**Jump Into Fall**  
EB FIC JUMP



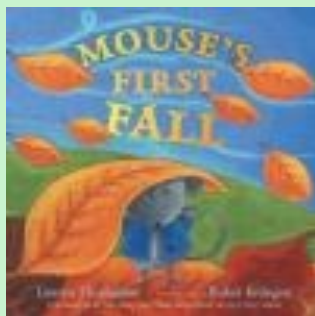
**Goodbye Summer, Hello Autumn**  
E FIC PAC



**Leaf Man**  
E FIC EHL



**Hedgehugs**  
E FIC WILSON



**Mouse's First Fall**  
E FIC THO



**Fall Leaves: Colorful and Crunchy**  
J FIC RUSTAD



**I Pick Fall Pumpkins**  
J 635.62 LINDEEN



**Awesome Autumn**  
B 508.2 GOL

# TEEN PROGRAMS

**October 2019 @ Club 11/17**

## TEEN BOOK CLUB

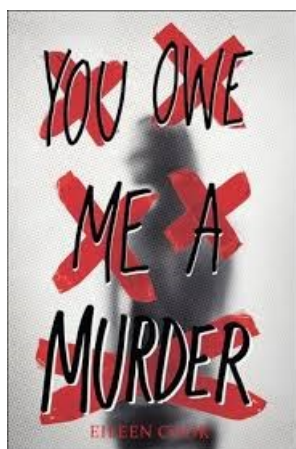
### Book Club September Meeting

Wednesday, September 25 • 4:30-6:00 PM

Join us for our Teen Book Club meeting! Meet new friends, eat snacks, and discuss the book we are currently reading. This month, we are reading *You Owe Me A Murder* by Eileen H. K. Choi.

Drop by the library or email [info@dfla.org](mailto:info@dfla.org) to get a copy of the book before the meeting.

"It wasn't just that I'd wished Connor would Die after what he'd done to me. I'd talked to Nicki about killing him. But it had been a joke. Right?"



## TEEN PROGRAMS

### Get Spooked: Teen Fort Night & Scary Movies

Friday, October 11 • 4:30-7:00 PM

Turn the teen room into a blanket fort and settle in for spooky movies & snacks.

This free event is for teens 11-18. No registration necessary.

### Stranger Things Teen Halloween Party

Wednesday, October 30 • 5:00-6:30 PM

Teens are invited to join us for the best Halloween party on this side of the Upside Down. Celebrate Halloween with crafts, games, fun, and an Eggo waffle bar. You don't need to have seen *Stranger Things* to enjoy this event. Costumes are encouraged but not required. No registration necessary.



## Teen Volunteers

@ DESERT FOOTHILLS LIBRARY

Complete service hours, gain valuable experience, have fun!

- regular 2 hour shifts available
- help with events
- shelf books and organize
- tutoring opportunities
- create displays and decorate

CONTACT [INFO@DFLA.ORG](mailto:info@dfla.org) TO LEARN MORE ABOUT VOLUNTEERING AND GET INVOLVED!



# ADULT PROGRAMS

## ART EXHIBITS

### Hot Art/Cool Show Exhibit

DESERT FOOTHILLS GALLERY continues its exciting Art Show to continue *through October 2*. Featured are Sonoran Arts League artists who stay in the foothills for the summer! You will see a wide variety of excellent juried work and have a chance to buy art.

### Hidden in the Hills Showcase

Presented by Desert Foothills Gallery, *October 3 through January 23*.

### Hidden in the Hills Showcase Reception

*Saturday, October 19 • 4-5:30 pm*

Join Desert Foothills Gallery as we celebrate the talented artists in our Hidden in the Hills Showcase. Learn about the artwork and meet the local artists as well! Refreshments will be served and everyone is welcome!



## LIBRARY FEATURE EVENTS

### Enrichin' Our Kitchen Grand Opening Reception

*Saturday, October 5 • 2-6 pm*

Join Desert Foothills Library and the amazing companies that have contributed to Enrichin' Our Kitchen! We will be testing out the new kitchen with goodies and refreshments. Come see the new space after all the hard work put into it and get the chance to meet the people responsible for our beautiful new demonstration kitchen. Everyone is welcome.



### Free Fundraiser Tune-Up with Chad Barger

*Thursday, October 3 • 10:30 am-Noon*



Join fundraising master trainer, Chad Barger, CFRE, for a workshop focused on actionable solutions to common fundraising problems. Chad will reveal the most common barriers to effective fundraising and provide tips for overcoming them at the small community-based organizations that he serves. Attendees will also be given free access to document samples and templates which will help to fast track the implementation of these solutions. Ample time will be reserved for questions so that attendees can also pick Chad's brain for solutions to their "not so common" fundraising challenges. And since you're probably wondering ... Chad will not be selling or pitching anything. Attendees will be added to his email list to receive free fundraising tips and resources moving forward, but that's really it (and you can unsubscribe at any time). Chad has spent his career serving small shops and he uses these workshops as a way to help even more organizations, as he's only able to take on a few clients at a time. It also helps him keep a pulse on what's going on in the front lines of fundraising. A win-win all around. This free workshop is underwritten by: Desert Foothills Library, Cave Creek Museum, Desert Foothills Land Trust, Foothills Community Foundation and Sonoran Arts League.

**Please register:** <https://www.eventbrite.com/e/fundraiserchad-free-fundraising-tune-up-cave-creek-az-tickets-63195171459>.

### Wills and Trusts 101 presented by Pavlik Law Firm, PLC.

*Saturday, October 5 • 10:30-11:30 am*

Nicole Pavlik or Nicole Pavlik Law Firm, PLC will host a FREE Estate Planning Workshop, providing a small group setting for women and men to learn the essentials of Wills, Trusts, and Probate.

Attendees will learn •Last Will and Testament – what they do and don't do •Probate – what it is and how to avoid it •Trusts – what they are and how they are different from a Last Will and Testament

•Executor/Successor Trustee – who can be one and how to pick the "right" one •Beneficiary designations – why these need to be updated. Participants will have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment. **RSVP** at [dfla.org](http://dfla.org) or call 480-488-2286.



### "Strong Families Thriving Children" Community Town Hall

*Tuesday, October 8 • 1-4:30 pm*



# Kiwanis

When families are strong and children thrive, the community prospers. Join us as we discuss and share ideas on how we can collectively support families & children, so they are better able to overcome risk factors such as adverse childhood experiences and economic downturns. Tara Jackson has served as President of Arizona Town Hall since July 2006. Tara practiced law in the area of employment and commercial litigation for sixteen years. Tara has also taught as an Adjunct Professor for ASU's Law School and has served in various positions for both state and federal bar associations & other nonprofit and educational organizations. In 2016, Tara became a certified yoga instructor and teaches yoga and mindfulness courses in her spare time. **Register** at <http://www.aztownhall.org/event-3464243?emulatemode=2>.



# ADULT PROGRAMS

## LIBRARY FEATURE EVENTS

### History of the Women's Movement from the 19th Amendment (1920-2019)

Tuesday, October 22 • 10:30 am-Noon



A powerpoint presentation will take attendees on a fantastic journey, as they gain a better understanding of the powerful women who, over the course of 100 years, have paved the way for this generation. You will 'meet' Susan B. Anthony, Rosie the Riveter, Betty Friedan, Shirley Chisholm, Gloria Steinem, et al. Together we will celebrate the 100th anniversary of the 19th amendment and learn about the activities planned for 2020, including the *In Celebration of Women* art exhibit. Paula has received a number of awards in recognition of her work on women's rights and social justice issues. Most recently – YWCA Advocacy award, Child and Family Resources Lifetime Achievement award and Macy's Heart and Sole Award. She has presented at the UN Women's Conference in Nairobi, Kenya, and was invited to the World Women's Congress in Moscow. A native New Yorker, Paula has lived in the Valley since 1974. She has a degree in Psychology from City University of NY Baruch College. In addition to the AZ Women's Partnership, an all volunteer non-profit, she is focused on her international travel writing and photography.

**RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.

### Historia de un Gran Amor- Story of a Great Love -Diego Rivera & Frida Kahlo

Presented by Phoenix Art Museum

Tuesday, October 22 • 1-2:30 pm

Two iconic 20th Century Latin American artists! Each possessed boundless talent bolstered by an unbending will! As partners, they possessed each other with a ferocious love, intense and complicated. But beyond their mutual love was a more profound and intrinsic love; a love for their country of birth, Mexico. It is a story of passion, politics, and art. The presenter, Isabel Ballerna was born in Buenos Aires, Argentina, South America. She studied Art – Facultad de Bellas Artes in Buenos Aires, with a minor in Interior Design. Ballerna has worked as a fine art artist with representation in Art Galleries, published in Contemporary Western Artists by Peggy and Harold Samuels, with work featured in numerous publications such as Artists of the Rockies and the Golden West and Southeast Art magazines. Isabel's works can be found in the collections of Atlanta College of Art, Atlanta, GA, DeKalb College in Clarkston, Georgia, The Favell Museum in Klamath Falls, Oregon, and numerous private collections. The artist's file can be viewed in the Phoenix Art Museum Library. She was the Owner/Interior Designer of Carefree Concepts Interiors in Carefree, AZ, from 1984 -2009, and is now semi-retired and owner of Carefree Sporthorses, Desert Hills, AZ. Ballerna is an avid horse rider and has been a competitor in Dressage and a Breeder of Trakehner-Paso Fino and Azteca horses until 2009. **RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.



### Why Do Many Older Adults Fall? A Fall Prevention Series

Wednesdays, October 23—November 13 • 8:30-9:30 am



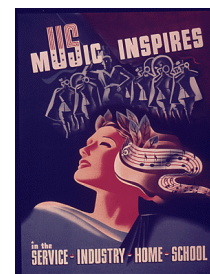
There are many free tips you get from doctors, hospitals or the internet, about Fall Prevention. Just reading articles or listening to a talk or watching a video on how to prevent falls is not enough. Our Fall Prevention Program will teach you how to become aware and to strengthen your body. You will learn techniques that can help you get stronger and gain confidence to reduce the risk of fall with simple Tai Chi methods. You'll be Moving Toward Vitality, Agility and Balance. Instructor Bina is a senior trainer at the Institute of Integral Qigong and Tai Chi (IIQTC). For over a decade Bina has helped transform many lives in the community with breakthroughs at many levels. **Tickets** available at [dfla.org](http://dfla.org) or call 480-488-2286. **Cost:** \$80 for a 4-class series. Class size is limited so sign up now! Drop-ins welcome for \$25 paid directly to instructor.

### Music of World War II with Author Dr. Sheldon Winkler

Thursday, October 24 • 10:30-11:30 am

Some of the most memorable and enduring popular music of the Twentieth Century was written during the Second World War. With patriotism at an all-time high, the war effort became an integral part of the entertainment industry, creating an emotional wartime dream world of heroes, love, remembrance, reflection and introspection. The Music of World War II tells the stories behind the origins of many of these musical compositions, some of which have survived to become standards and remain popular to this day. Dr. Sheldon Winkler is Professor Emeritus at Temple University, Philadelphia, Pennsylvania. He is an educator, author, editor, researcher, and national and international speaker on prosthodontics, implant dentistry, dental materials, geriatric dentistry, and the music of World War II. He founded the journal Implant Dentistry and is currently Senior Editor of the Journal of Oral Implantology. An authority on music of the Second World War, Dr. Winkler has contributed articles to World War II History magazine. He has presented over 100 lectures on music of World War II throughout the United States.

**RSVP** online or call 480-488-2286. Books will be available for purchase at program.





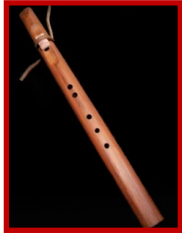
## **LIBRARY FEATURE EVENTS**

### **Learn How to Adjust your Eating Habits for Aging Adults**

**presented by Cuisine by Celine**

*Wednesday, October 9 • 12:30-2:30 pm*

Learn how to cook delicious meals that fit the specific nutritional needs of aging adults. Watch a full demonstration with tastings. Chef Celine is a Cordon Bleu graduate who trained in France with a 3-star Michelin Recipient chef. At Cuisine by Celine, she puts her skills to the service of people who need to change their diets for medicinal reasons and still want to enjoy delicious food! **RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.



### **Peace, Simplicity, & the Native American Flute – A Workshop**

*Wednesday, October 9 • 2-5 pm*

The sound of the Native American flute has the power to soothe and heal. Playing the flute is a wonderful means of relaxation. This workshop will include: information on Native American flute history, time for meditation and prayer with flute music and beginning basic instruction on playing the flute. The flute is player friendly. Prior music experience is not necessary. Flutes available for purchase at start of class for \$50 paid to instructor. Henry (Hank) Molder holds a Master's degree from Northern Arizona University in

Sociology which helped him in his career as a Juvenile Probation Officer and work with Family Crisis Interventions. When he began his flute journey, Hank became enchanted by the sound and its spiritual nature. He now shares his passion for the Native American flute music and recorded his first CD, *Tribute*, in 2014.

**Registration required**, space is limited. **Tickets** available online or call 480-488-2286. **Cost:** \$50 for class. Flute is hand-made and available for \$50, purchased in class and paid directly instructor.

### **The 2020 Decennial Census**

*Thursday, October 10 • 1-2:30 pm*

Come learn about the 2020 Census! Ask questions and get answers from Chris Ensign – US Census Bureau Recruiter. Why do we conduct the Census every 10 years? Why work for the Census Bureau? What are the basic job requirements? What variety of jobs are available? How do I apply? Questions asked will be answered! Chris Ensign is a retired President of Language Line Solutions – formerly AT&T LLS. He is retired from AT&T after 31 years as a Division Manager, a 2001 President of Rotary Club – Monterey, CA, and 2000 Chairman, United Way – Monterey County, CA. He was a Drill Sergeant for the U.S. Army and has earned his MBA from Xavier University and a BA at Ohio Wesleyan University. No registration.



### **The Art of Managing Life-Changing Events**

*Tuesday, October 15 • 10-11:30 am*



Loss of Loved One, Medical Tragedy, Accident...Create Your Family Road Map

- Protect family assets and personal treasures
- Lessen decision-making burdens for survivors
- Ease the stress in fulfilling daily tasks for loved ones

The question isn't: Will you be prepared IF a life-changing event occurs?

The question is: Will you be prepared WHEN your life-changing event occurs?

Program includes 90 minutes workshop with Q&A, personal document organizer (110 pages, 26 sections, easy-to-use workbook), estate planning guide (36 pages, 17 sections) and guide to end-of-life wishes.

Presented by Maureen Johnson, Ed.D. Author of *Personal Document Organizer*, and West Hunsaker, Partner & Attorney at Law at Morris Hall PLLC. **Registration** deadline by October 10, 2019. Limited seating. **Tickets** available at [dfla.org](http://dfla.org). **Cost:** \$65.

### **'Is That All There Is?' A Peggy Lee Tribute**

**performed by Jan Sandwich and Nicole Pesce**

*Thursday, October 17 • 4-5 pm*

A great new show from Jan Sandwich and Nicole Pesce, filled with the smooth, cool jazz hits of the legendary Ms. Peggy Lee, with fascinating stories of her strange and wonderful life and career! You'll LOVE this Show! Jan Sandwich has worked as an actress, singer, comedienne, and children's entertainer throughout Arizona and the Southwest for more than 25 years. She has appeared at hundreds of events, worked in major clubs and resorts, performed on radio, television, live theater and movies. Nicole Pesce, pianist, keyboardist, composer, & arranger is recognized by the Arizona Republic as one of the "top ten musicians to hear in Phoenix." She has performed for Muhammed Ali, Ricky Martin, George Benson, Waylon Jennings, George Bush, Sr., Chris Rock, Steve Nash, Taylor Hicks, Shaquille O'Neal, Jimmy Carter, The Gypsy Kings, and Brian Setzer. She's appeared with American Idol contestant David Hernandez, the Moscow Ballet, Zowie Bowie, the Cast of Mary Poppins, Young Frankenstein and Mamma Mia. **Tickets** available online or call 480-488-2286. **Cost:** \$7.



# ADULT PROGRAMS

## LIBRARY FEATURE EVENTS

### Guided Autobiography

Thursdays, October 24-December 19 • 2-4 pm

Sometimes the thought of writing about our lives seems overwhelming. Where to start, what to write, when to find the time? Those questions are answered under the guidance of a trained instructor, Roselyn O'Connell. Discover how easy, and fun, it is to write your life story. Roselyn O'Connell began writing at an early age. She has an MLS from ASU and recently completed the instructor training course for Guided Autobiography from the USC Birren Center for Autobiographical Studies. She has led education and empowerment classes for women in Brazil, Ghana, Iraq, Jordan, Lesotho, Namibia, Pakistan, Swaziland, Trinidad-Tobago and the West Bank for the U.S. Department of State. **Tickets** available at [dfla.org](http://dfla.org) or call 480-488-2286. **Cost:** \$120 for 8-week course. Course limited to a minimum of 10 and a maximum of 20 people.



### False Eyelashes – Beauty Tutorial by Celebrity Make-Up Artist Charlie Green

Thursday, October 24 • 5:30-6:30 pm

Insider application tips, selecting the perfect shape for your eyes, & what version to try for your lifestyle! Celebrity MakeUp Artist Charlie Green's popular 'Beauty Tutorial' returns with an informative and insightful look at false eyelashes for all ages. Practical application demos of the various types available. Attendees go home with a goodie bag; several will experience Charlie applying lashes & receive the supermodel treatment! View Charlie's celebrity clientele at [CharlieGreen.com](http://CharlieGreen.com) or visit Charlie Green Make-Up on Facebook or Instagram! Unable to attend? Have any questions? Call Charlie at 917-544-2425! Charlie's signature makeup is feminine & pretty. Her trade mark is flawless skin with a dewy youthful texture. She has an eye for detail and finesse, and while doing makeup she explains what products she has selected for you and why. A makeup lesson from Charlie is an education in Beauty, tailored just for you. She is not selling makeup products or skincare; she is sharing her wealth of beauty knowledge to suit you! Her extensive background in fashion & beauty include helping to create the vision for Victoria's Secret Angels. 25 years perfecting models & celebrities has led to Charlie sharing age specific beauty secrets for women of all ages. **RSVP:** [dfla.org](http://dfla.org) or 480-488-2286. **Please** consider bringing a non-perishable food item for the Foothills Food Bank.



### True West Magazine's 20<sup>th</sup> Anniversary Celebration

Saturday, October 26 • 1-4 pm

Come join for a great western day! Speakers will discuss the wonderful history of Arizona and the West with refreshments and a celebration of True West Magazine's 20th Anniversary!! Bob Boze Bell will offer a brief history of True West Magazine in the town of Cave Creek and discuss his book series, The Illustrated Life and Times featuring legendary characters of the Old West. An author, artist, and Arizona historian, Bob is the President & Executive Editor of True West Magazine. Marshall Trimble will speak on topics drawn from his many books on Arizona history. Marshall, an author, singer and professor, is also Arizona's official state historian & a regular contributor to True West. Janna Bommersbach will speak about notable women of the Wild West. Janna is one of Arizona's most acclaimed award-winning journalists and a regular contributor to True West Magazine. **Limited Seating. Must RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.



### 10 Golden Rules to Organization with Get Organized with Bridges & Co.

Tuesday, October 29 • 2:30-3:30 pm



Are you stuck with your stuff? Do you feel overwhelmed? Attend this talk to get some tips and tricks to get you unstuck. Bridges O'Conner has been organizing for most of her life and will provide some practical tips to help you out! More information at <https://getorganizedwithbridges.com/>. **RSVP** online at [dfla.org](http://dfla.org) or call 480-488-2286.

## SAVE THIS DATE!

### “Crime & Pun-ishment” – A 1920's Murder Mystery

Saturday, November 9 • 5-8 pm

Things take a turn for the gutter at Mafia Don Lou Zar's juice joint when someone is put on ice! The crowd is chock full of potential suspects. Jealous, jilted lovers, a rival Mafioso and a pair of undercover feds make an appearance at this speakeasy. Not a single person is muttering a word! Help find out who's on the level and who's on the lam by trading clues with your guests, gathering information & solving the crime before the murderer hotfoots it out of there! Dress for this night of murderous mayhem includes flapper dresses, zoot suits, feather boas & headbands, pinstriped suits & fedoras. If you aren't feeling that jive, you can dress as a private detective to help solve the crime, just don't frame the wrong guy! Join the Library in this thrilling night with Murder Mystery Co.! Hors d'oeuvres and cocktails will be served along with a fantastic, puzzling who-dunnit. Costumes are encouraged & awards will be given to the best dressed. Must be 21+. **Tickets** at [dfla.org](http://dfla.org) or call 480-488-2286. **Cost:** \$55 – food and one drink included. Limited to 60 people.





## HEALTHY LIVING



### Health and Nutrition with Dr. Jacquie

Wednesday, October 23 • 1-2:30pm (3<sup>rd</sup> Wednesdays)

Open dialogue support group about energy, weight, and social life altered by digestive problems due to leaky gut and other ailments. Facilitated by Dr. Jacqueline Greenfield. Twenty years as a Naturopathic physician integrating conventional with Natural and Traditional Chinese Medicine, coaching, & personalizing nutrition utilizing functional lab analysis and epigenetics, and treating pain syndromes with ultrasound guided advanced regenerative stem cell, growth factors, and PRP injection therapy when necessary. No registration.

## SAVE THIS DATE

### Health Aging Expo—Connect with Community Resources

Thursday, November 7 • 9 am-Noon

The Foothills Caring Corps, Desert Foothills Library, and other community groups are excited to announce the 7<sup>th</sup> Annual Healthy Aging Expo! This year's expo to be held at Desert Foothills Library on November 7, 2019. Meet and connect with our community's providers, resources and more – all here to promote health and wellness of aging adults. There will also be a discussion panel by local experts, a cooking demonstration, and Zumba Gold! Please contact Alex at 480.488.1105 or [alexs@foothillscaringcorps.com](mailto:alexs@foothillscaringcorps.com) for more information. No registration.

## ONGOING HEALTH AND FITNESS

### Gentle Yoga

Every Sunday and Wednesday • 11 am–Noon

You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance and sharpen your mind. *Bring a yoga mat and light blanket.* **Registration:** contact Marina Kachur: [yokama14@gmail.com](mailto:yokama14@gmail.com) or 480-510-6572. **Cost:** \$8 cash, pay each class.



### Yoga Inspired Soul Play

Every Monday • 9:15-10:30 am

A hybrid yoga class for all levels; yoga styles infused with play-bringing us to our true inner child space. Movement of dance for body awareness of strength, balance, resilience & flexibility. Meditation - Guided visualizations, energy, & breath flow, use of voice via chant. **Questions:** Jennifer Mathews, [jen72mathews@yahoo.com](mailto:jen72mathews@yahoo.com) or 480-707-8377. **Cost:** \$8 paid at class

### Inner Alchemy Activation

Every Tuesday • 4-6 pm

Kriya, mala, meditation & more! Rest, reset & renew. 45-minute drum journey, gong bath and sound healing cultivate compassion, radiance and personal power. Elemental connection, ceremonial kundalini kriyas. **Questions:** contact author/certified teacher/mentor Angela Jeanne Rose Heart at 808-741-1559 or [angelajeanneroseheart@gmail.com](mailto:angelajeanneroseheart@gmail.com).

**Cost:** \$15 to instructor at beginning of class.



### Yoga Fusion (Intermediate level)

Every Thursday • Noon–1 pm

This intermediate-level course starts with breathing exercises, stretching movements to open hearts and hips and then into Vinyasa or Flow yoga and standing sequences with balance exercises. 5 minutes of Savasana ends the class. **Questions:** Elizabeth Boisson: 480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com). **Cost:** \$8 cash, pay to instructor at each class.

### Tai Chi—Qigong for Everyone!

Every Friday • 9–10 am

A discipline that can be practiced & benefits gained at any age – you are never too old! Blend Qigong and Tai Chi, with deep breathing, repeated gentle motions and stretches to improve health, balance, agility & flexibility. Wear loose clothing & bare feet. **Questions:** Bina Bou at [bina.b75@gmail.com](mailto:bina.b75@gmail.com) or 480-284-1300. **Cost:** \$40 cash for 5 classes; or \$10 drop-in.



### Practical uses of Reiki

Energy Modalities in Meditation, Relaxation, Healing, Health, & Overall Self-Care

Wednesdays, October 9, 23 • 10:30-11:30 am (2<sup>nd</sup> & 4<sup>th</sup> Wednesdays)

A discussion explores the energy body & how it functions & the effects this unseen energy force or body and how you use it. We will play with body energy to learn how to control it to consciously use the energy that makes up all that is you. **Questions:** Contact instructor Karen Cimaglia: [rockinvibes21@gmail.com](mailto:rockinvibes21@gmail.com) or 602-721-7714. **Cost:** \$8 cash, pay to instructor at each class.

# ADULT PROGRAMS

## ARTFUL CIRCLES

### Craft N Chat

*Mondays • 1-3 pm*

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and good conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome! No registration.



### Writers Connection

*Friday, October 4 • 1-3 pm (1<sup>st</sup> Friday)*



Today's world is literally at a writer's fingertips. A few keyboard strokes can open the internet information gates to help you create stories that are distinctively credible and compelling. **This Month:** *The Ridiculously Easy, Free Way to Promote Your Book or Business*. Kim & Maryellen are friends who have teamed up to show you how easy it is using Facebook Live. Get the basics on how to use Facebook Live, how to look good and feel confident while you're broadcasting; discover how it could work for you. It's easier than you think! All you need is a smartphone, a Facebook account, an

open mind & the ability to follow some simple low-tech instructions. Join us for a fun and entertaining evening designed to give you new insights on marketing your message. Kim Minert is the author of *Derail Diabetes* & the owner of Your Stylemaker Salon. She's a natural connector who loves bringing like-minded individuals together to create community. Kim gets a great sense of satisfaction from helping people look and feel like the best version of themselves. Maryellen Smith is the creator of *BookDone*, a fast and easy 8 week system for nonfiction book writing and co-author of *The Dating Mirror: Trust Again, Love Again*, a book about using your intuition when you're dating. **RSVP** online or call 480-488-2286.

### Music Appreciation with Fran Rosenthal, Music Enthusiast

*Thursdays, October 24 & 31 • 4-5:30 pm*

Fran will educate and entertain, as she takes us on a tour of music throughout our history.

October 24: "Let's Start With The Classics: Mozart and Mendelssohn! A Symphony and Concerto by each Composer"

October 31: "Moving on a Bit in Time: Schubert & Schumann. Once again a Symphony and a Concerto, one by each Composer"

**RSVP** online or call: 480-488-2286.



### Art Critiques

*Monday, October 28 • 4-5:30 pm*



Art critiques are a wonderful way to get feedback on the art you are doing. This will be a group participation with Nicolette being the coordinator. Bring 1-2 pieces of work and come join us and learn from each other. Nicolette Maguire Bonnstetter taught art history, art methods, and worked with preservice teachers at the University of Nebraska- Lincoln. She is a studio artist working in acrylics and mixed media. No registration.

## PARA CONTINUAR EL ESPAÑOL

### Intermediate Conversational Spanish

*Every Wednesday • 10:30 am-Noon*

Informal chat session using various books, flashcards, etc. No instructor. No registration.



\*The following two classes will be taught by Marlon L. Garcia, who graduated with a law degree from the National Autonomous University of Mexico (UNAM) and became a Professor of Law I and II, litigator in civil, criminal and administrative areas in Mexico City for more than 10 years.

With an easy and fun way we will learn the essence of the Spanish language, writing (grammar), reading & pronunciation in order to have a conversation with your service provider, on your next vacation to Latin America or to read & understand from a basic magazine or book. We hope you join! **RSVP** online or call: 480-488-2286. **Cost:** \$40 for each 5-week course.

Questions: contact Marlon at [marlon20lopez@hotmail.com](mailto:marlon20lopez@hotmail.com).

### \*Jugando Aprendo Español (Playing, Learn Spanish) Beginner

*Tuesdays, October 1-29 • 4-4:45 pm*

### \*Jugando Aprendo Español (Playing, Learn Spanish) Intermediate

*Tuesdays, October 1-29 • 5-5:45 pm*



## THE SILVER SCREEN MOVIE SCENE



### Monday at the Movies

Every Monday • 2:30 pm

New releases. Foreign film once each month. Check our website [dfla.org](http://dfla.org) for titles. No registration.

### Music @ the Movies

Thursday, October 3 • 2-5 pm (1<sup>st</sup> Thursdays)

Join us for a celebration of music featured in the movies! Hosted by music enthusiast, Annis Scott.

**This Month:** *Bye Bye Birdie*. When rock star Conrad Birdie is drafted his fans are devastated, but none more than struggling songwriter Albert Peterson (Dick Van Dyke), whose song Birdie was just about to record. Albert's longtime girlfriend, Rosie (Janet Leigh), pushes Albert to write a new tune that Birdie will perform on television to a fan selected in a contest. Ohio teenager Kim McAfee (Ann-Margret), is declared the winner, but no one has counted on the jealous wrath of her boyfriend. 120 min. No registration.



The following two movie series feature a post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC).



### Around the World in 9 Films

Friday, October 11 • 3:00 pm (2<sup>nd</sup> Fridays)

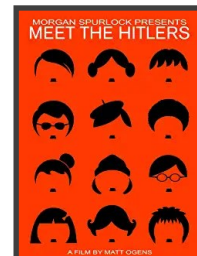
Movies are a great way to learn about different cultures — how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe. This Month: *A Man Called Ove*. PG-13, 2015, Sweden. 102 min.

**RSVP** online or call 480-488-2286.

### Cinematic Reflections: Little Known Stories of WWII

Friday, October 18 • 3:00 pm (3<sup>rd</sup> Fridays)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war — stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. This Month: *Meet the Hitlers*. 2015. 83 min. **RSVP** online or call 480-488-2286.



## TECHNOLOGY & DIGITAL CONTENT

### E-Media & Library Digital Content Help

Every Tuesday • 10-11 am



Downloading eBooks & eAudiobooks can be easy through the library's digital collection! Drop-in with questions about Overdrive, RB Digital or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.

### Teen Tech Help

Saturday, October 12 • 10 am-1 pm (3<sup>rd</sup> Saturdays)

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites and more! Bring your device or use a library computer to get your questions answered. Contact Imogen for more information: [imogenbrooks01@gmail.com](mailto:imogenbrooks01@gmail.com). No appointments needed;



### eBooks & Audiobooks



MY library2go

1st-



### ROCKET LANGUAGES

Choose from 13 Languages

Learn to speak a language online today!

Comprehensive multi-media packages. Interactive Audio Course. Visit our Digital Library at [desertfoothillslibrary.org](http://desertfoothillslibrary.org).

# ADULT PROGRAMS

## FOR the LOVE of BOOKS

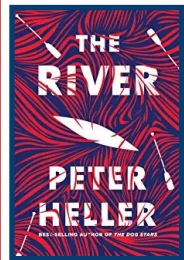
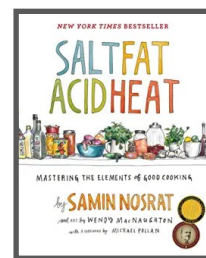
### Literate Foodie Club

Monday, October 7 • 12:30-2:30 pm (1<sup>st</sup> Mondays)

Love food, books, cooking and conversation? We will explore all these and more. **Topic:** *Salt, Fat, Acid, Heat: Mastering the Elements of Good Cooking* by Samin Nosrat. Facilitated by Dana Rakinic and Jan Kruse.

**Questions:** [danarakinic@gmail.com](mailto:danarakinic@gmail.com) or [jan-kruse@cox.net](mailto:jan-kruse@cox.net).

**Tickets** online or call 480-488-2286. **Cost:** \$10.



### Get Lit Book Club

Tuesday, October 8 • 5-6:30 pm (2<sup>nd</sup> Tuesdays)

Your Librarians Caitlin, Sara, and Ashley invite you to a new style of book club; Get Lit Book Club. This fun and informal gathering will be found at a different, local restaurant or watering-hole each month to help support our local community. Books will include non-fiction, classics, contemporary fiction & memoirs to list a few. Everyone is welcome! This month: *The River* by Peter Heller at Harold's Corral in Cave Creek. **Registration required** at [dfla.org](http://dfla.org) or call 480-488-2286 so we may give accurate numbers to the restaurant for setup.

**Cost:** FREE to join and we encourage you to eat, drink & be merry to support a local business.

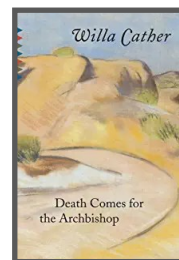
### Library Book Club

Thursday, October 10 • 10 am-Noon pm (2<sup>nd</sup> Thursdays)

Tuesday, October 22 • 10 am-Noon (4<sup>th</sup> Tuesdays)

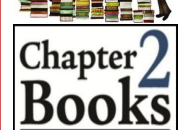
Book Club is now offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. This month: *Death Comes for the Archbishop* by Willa Cather. Everyone is welcome!

No registration.



### Chapter2Books Special Sale!

October 11, 12, & 13



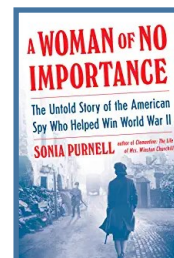
Biggest used bookstore in the North Valley! More than 15,000 books, as well as DVDs, CDs and audiobooks, starting at just 50 cents! Located inside Desert Foothills Library at 38443 N. Schoolhouse Rd., open 7 days a week, or check us out on Amazon. Donations are welcome, and help support the library! [www.Chapter2BooksAZ.com](http://www.Chapter2BooksAZ.com). 480-488-2777.

### Literary Salon

Thursday, October 17 • 10 am-Noon (3<sup>rd</sup> Thursdays)

An informal discussion of books, film and theater led by a facilitator. No requirements to read or see any particular film, play or book. Everyone is invited to share ideas and reflections on the selected theme. **This month:** Women Spies: For Us or Against Us. Mata Hari leaps to mind when one thinks of women spies but, in truth, there are many women described in books, portrayed in films or TV series who were involved in espionage, surveillance & intelligence. There were women spies in the Revolutionary and Civil Wars. How were these women selected? Did they volunteer? Why do women make better spies? Consider: *Code Name: Lise* by Larry Loftis about British WWII's most highly decorated woman; *A Woman of No Importance* by Sonia Purnell; *Madame Fourcade's Secret War* by Lynne Olson; *Breaking Cover* by Michele Assad; *Spymistress: The Life of Vera Atkins* by William Stevenson. And, the TV series *The Americans*, *Homeland*, and *Killing Eve* (based on the book *Codename Villanelle*).

No registration.



## MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.



### Caring for the Caregiver

Monday, October 7 • 10-11:30 am (1<sup>st</sup> Monday)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

### After Loss of a Spouse or Partner "The Healing Pathway"

Mondays, October 14, 28 • 9:30-11 am (2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.



## THOUGHTFUL CIRCLES



### Death Cafe

*Wednesday, October 2 • 12:30-2:30 pm (1<sup>st</sup> Wednesday)*

Death Cafe is a gathering to talk about death & dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011. To date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join for open, respectful, interesting conversation about topics relevant to all of us but often considered "dark" or even taboo. For more information go to [deathcafe.com](http://deathcafe.com). No registration.

### Drum Circle facilitated by AARP

*Tuesday, October 15 • 4:45-5:45 pm (3<sup>rd</sup> Tuesday)*



Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy, and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience required! If you have a heartbeat, you can drum. Open to all adults, all ages. No registration.

## GAME'S ON!!

### Mahjongg 101: Brain Healthy Fun

*Mondays, October 7-28 • 1-4 pm*

Learn the foundations of how to play this stimulating rummy-like tile game. Fun, challenging and addictive, it helps to improve memory, decision-making skills and patience. Instructor provides individual attention in a small-group friendly setting and guides students in understanding Mahjongg and how the game is played. The 2019 Mahjongg Card is required and available at [www.nationalmahjonggleague.org](http://www.nationalmahjonggleague.org). Class limited to 8 students, minimum 4 students. **Registration required** online at [dfla.org](http://dfla.org) or call: 480-488-2286.

**Cost:** \$90.00 for a 4-week series.



### Bridge

**Cost:** \$85 for each 8-week course, including materials. **Register** for both courses: [dfla.org](http://dfla.org) or 480-488-2286.

#### Learn to Play Bridge

*Fridays, September 13-November 1 • 10 am-Noon*

This class is designed to teach new players the game of bridge. Emphasis will be on an introduction to bridge, bidding, play and scoring.

#### Supervised Bridge Play

*Fridays, September 27-November 15 • 1-3 pm*

This class is designed to introduce new players to the world of bridge, and to improve the skills of those who have been playing for a short time and want to improve their game. The emphasis will be on describing opening bids, responses, some of the more popular conventions and a very short description of the 2-over-1 bidding system.

**Tickets:** available at [dfla.org](http://dfla.org) or call 480-488-2286.



## 11TH ANNUAL DESERT FOOTHILLS LIBRARY HOLIDAY CRAFT FAIR & BAKE SALE

Join us Saturday, December 7th for all of your holiday needs! Local vendors are working hard right now to bring the best gifts our community has to offer. Support your neighbors and your local library.

**For more information on programs, materials, and  
resources you can get for free at your Library visit [dfla.org](http://dfla.org).  
#EnrichingYourCommunity**



*Desert Foothills Library  
38443 N Schoolhouse Rd.  
Cave Creek, AZ 85331  
(480) 488-2286  
[www.dfla.org](http://www.dfla.org)  
#EnrichingYourCommunity*