

# community programs

DECEMBER 2021  
DESERT FOOTHILLS LIBRARY | CHAPTER TWO BOOKSTORE



## ANNUAL HOLIDAY CRAFT & BAKE SALE

SATURDAY, DECEMBER 4TH  
10AM - 2PM

/ MRS. CLAUS COMES TO TOWN /  
/ MOVIE MARATHON / TEEN STUDY TIME /

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DESERT FOOTHILLS LIBRARY  
12TH ANNUAL

# HOLIDAY CRAFT & BAKE SALE

UNIQUE GIFTS FOR EVERYONE!  
HANDMADE BY LOCAL ARTISTS & CRAFTERS  
LIVE MUSIC  
TASTY TREATS  
RAFFLE PRIZES

Saturday, December 4th  
10 am - 3 pm

# YOUTH CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	Mrs. Claus Comes to Town 10:30am	3	Sonoran Desert Story & Stroll 10:30am
5	6	Foam Gingerbread House Building 4pm Teen Study Time 4-6pm	8	Teen Study Time 4-6pm	10	11
12	13	Teen Study Time 4-6pm	15	Teen Study Time 4-6pm	17	Frozen Sing-Along 1pm Teen Video Game Day
19	20	Snowflake Extravaganza 10:30am	22	23 CLOSED	24 CLOSED	25 CLOSED
26	27	28	29	30	31 CLOSED	

Please check our website to see which events require registration! We want to have enough supplies & snacks for everyone!

## Library Closed:

Thursday, December 23rd through Saturday, December 25th  
in observance of the Christmas Holiday

Friday, December 31st  
in observance of New Years' Eve





# YOUTH & FAMILY PROGRAMS

## NOTICE

There will be no weekly storytime during the month of December as many families become busy with other obligations and celebrations. We look forward to seeing you back for storytime in the New Year!

## Mrs. Claus Comes to Town

**Thursday, December 2, 10:30-11:30 am**

She's magical... Children ADORE her... She's timeless... And... She's the cutest 500-year-old lady you've ever met!!! Mrs. Santa Claus brings stories, magic, sing-alongs, and plenty of audience participation guaranteed to get you and your children into the holiday spirit.

*This program is suited for ages 1-7.*

## Sonoran Desert Story & Stroll: An Interactive Nature Series

**Saturday, December 4, 11:00 am-12:00 pm**

Follow Agent H2O's spirited romp through the water cycle in this charming story that brings the science of our natural world to life. Author and award-winning illustrator, Rita Goldner shares her story of Agent H2O's fun journey and antics while eluding his nemesis, Scummy Pollution. Following the book reading, you will get to craft your own tale about the characters by creating a zine (tiny book) and then join your guide for a stroll in the real Sonoran Desert to see first-hand how the water cycle affects our lives and the natural world all around us.

\*Sun protection and closed-toe walking shoes are recommended for the guided tour

*This program is suited for ages 5-10.*

## Foam Gingerbread House Building

**Tuesday, December 7, 4-5 pm**

Construct your own Gingerbread House without the difficulty of the frosting not holding up the walls! Kits will be provided for you to build and decorate a Gingerbread House to your own specifications, with extra foam and jewel pieces available for increased ornamentation. Since these Gingerbread Houses won't be edible, there will be other snacks.

*This program is suited for ages 8-12.*

## Frozen Sing-Along

**Saturday, December 18, 1:00-3:00 pm**

Get in the holiday mood with the winter modern classic that is Disney's Frozen!

We will be showing the Sing-Along edition with the lyrics to the songs on the screen, so that everyone can participate in the musical magic! Winter themed snacks will be provided!

*This program is suited for ages 2-8.*

## Snowflake Extravaganza

**Tuesday, December 21, 10:30-11:00 am**

Listen to a story about the man who discovered no snowflake is alike and learn about the winter phenomenon we rarely experience in Arizona.

Afterwards, children will create their own snowflakes and have the opportunity to play Snowball Toss!

*This program is suited for ages 4-7.*

## In-Library Holiday Crafts

**Monday, December 27 through Thursday December 30**

Need to keep busy during Winter Break? During the last week of the year, the Imagination Lab will be open during Library Hours for passive, self-directed crafts! Crafting supplies and directions will be provided, but there will be no direct Librarian supervision.

*This program is suited for ages 2-10.*



# TWEEN & TEEN PROGRAMS



## Teen Study Time

**Tuesday, December 7, 4-6 pm | Thursday, December 9, 4-6 pm**  
**Tuesday, December 14, 4-6 pm | Thursday, December 16, 4-6 pm**

Stressing about finals? Want a chill place to study? Need a dedicated Study Space? Come to the teen room on the Tuesdays and Thursdays before finals! There will be snacks, white boards for math and science problems, and you can always ask your friendly librarian for help understanding a subject or finding more information on it.

*This program is suited for ages 12-18.*



## Teen Video Game Day at the Library

**Saturday, December 18, 11:00 am-3:30 pm**

Blow off all that pent up stress about finals and unwind by dropping in at any time to play through the Library's collection of PS2 & PS4 games, including Overcooked 2, Spider-Man, Star Wars II, Harry Potter & the Goblet of Fire, Need for Speed, and more!

Snacks and drinks will be provided!  
*This program is suited for ages 12-18.*

# ADULT PROGRAMS

All programs are free  
and no registration  
needed unless noted.

## 2021 CYBER SECURITY & WINDOWS 11 Q&A

**Thursday, December 2, 9:00 am**

We see one cyber-attack EVERY DAY in Cave Creek / Carefree! You are the target. Planning reduces your risk and your losses! Windows 11 will change your desktop and YOU DON'T HAVE A CHOICE! Newer computers will be first starting in October. Find Out What to expect. Free Class led by Steve Woods, Alex Deuel, and Lanier Courts of Tech 4 Life Computers. Over 55 years of experience available to you for free! RSVP at [Techfourlife.com](https://Techfourlife.com).



## TAKE OFF 15 YEARS WITH THE RIGHT MAKE-UP

**Friday, December 3, 1:00 pm**

Simple yet unusual ideas that LIFT THE FEATURES INSTEAD OF DRAGGING THEM DOWN!!! Because as we get older the features change and need expert make-up advice to reshape and bring out your inner beauty. ★Charlie Green of [CharlieGreenMakeUp.com](https://CharlieGreenMakeUp.com) will demonstrate and share the expert tips and tricks the celebrities don't want you to know about. ★Take away a wealth of makeup knowledge at Charlie's popular DFL workshops! View Charlie's celebrity clientele at [CharlieGreenMakeup.com](https://CharlieGreenMakeup.com) or visit Charlie Green Make-up on Facebook and Instagram. RSVP at [dfla.org/events/](https://dfla.org/events/). Please consider bringing a non-perishable item for the Foothills Food Bank.

## WHAT IS NEW WITH FACEBOOK & INSTAGRAM

**Tuesday, December 7, 9:00 am**

Learn how to use Facebook and Instagram properly to promote your business. In this ever-changing world of Social Media, we will narrow down simple steps for you to grow your following. Are you using these platforms correctly? Let's find out! RSVP at [Techfourlife.com](https://Techfourlife.com).



Desert Foothills

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## DESERT FOOTHILLS LIBRARY ASSOCIATION ANNUAL MEETING

**Wednesday, December 15, 9:00 am**

Are you a contributing member of the Library? You are invited to the Library's Annual Meeting on Wednesday, December 15th at 9:30am in the Coates Room.

## A PLACE FOR EVERYONE WITH DENISE INMON YOUNG

**Friday, December 17, 3:00 pm**

A PLACE FOR  
*everyone*

Live demonstration of favorite family recipes from Denise Inmon's new cookbook *A Place for Everyone*. Samples and refreshments for participants to try, personal book signing, and free holiday gift wrapping for those interested. RSVP online at [dfla.org/events/](https://dfla.org/events/).

Cook books will be available for purchase, 10% of all sales go to the Library.

Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.



## HOLIDAY MOVIE MARATHON

**Monday, December 20, 9:30 am, 11:30 am, & 2:00 pm**

Join us for a movie, or two, or three! The Library will be showing all three classic, wonderful holiday movies throughout the day. Come to enjoy refreshments and some holiday fun!

9:30 am – The Santa Clause (PG) 1994 | Join for coffee, bagels, and orange juice.

11:30 am – National Lampoon's Christmas Vacation (PG-13) 1989 | Join for lunch and refreshments. 2:00 pm – White Christmas (NR) 1954 | Join for holiday cocktails, cookies, and snacks.

## RESTORE WITH MUSIC & COLOR

**Wednesday, December 29, 1:00 pm**

Join us for a fun and unique way to unwind and express creativity! Researchers and art therapist alike have pushed the stress relieving and mind restoring benefits of adult coloring. These pages have more intricate designs and patterns than those designed for children. Just like meditation, coloring also allows us to switch off our brains from other thoughts and focus only on the moment, helping to alleviate free-floating anxiety. Please join us for a casual adult coloring session! All materials will be supplied, including coffee, water, and snacks.



## CRAFT'N'CHAT

**Mondays, 1:00 pm**

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome!

## JUBILATE CONSERVATORY OF MUSIC

**Sign up now for Spring Semester!**



Jubilate Conservatory of Music, a school of classical music, where young students learn to read and write music, begins in-person music classes in September. The Spring Semester lasts fourteen weeks. Violin, viola, cello and choir will be instructed in an after-school format. Online lessons and classes will continue with a particular favorite, Online Collaboration, where students work together online to create a music video. Information about Jubilate Conservatory of Music may be found at [jubilateconservatoryofmusic.org](http://jubilateconservatoryofmusic.org). Saturday Music Classes are offered free of tuition.



## ALCOHOLICS ANONYMOUS

**Thursdays, 5:00 pm**

Alcoholics Anonymous meetings are held every Thursday at Desert Foothills Library.

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# ADULT PROGRAMS

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## EBOOK & ONLINE DATABASE HELP

**Tuesdays, 11:00-12:00 pm**

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Libby, Cloud Library, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed.



## DEATH CAFE

**Wednesday, December 1, 12:30 pm**

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for an open, respectful, interesting conversation about topics relevant to all of us but often considered "dark" or even taboo. For more information go to [www.deathcafe.com](http://www.deathcafe.com).

## CARING FOR THE CAREGIVER

**Monday, December 6, 10:00 am**

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.



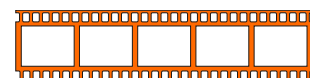
## THE HEALING PATHWAY

**Monday, December 13 & 27, 9:30 am**

Join us on this Journey that will guide you to find a "new normal" as you process through your personal grief journey. Led by Hospice of the West facilitators.

## INTERNATIONAL FILM SERIES: WOMEN DIRECTORS

**Friday, December 10, 2:00 pm - NEW TIME**



Film is the most popular form of art and entertainment in the world and a wonderful way for us to communicate with each other. The International Film Series gives us a glimpse into other cultures to see their uniqueness, history, and what is important to them. It is also a great look into the universality of all countries and cultures and allows us the opportunity to see often times we share more than we realize. Travel around the world with us as we explore innovative films and fascinating cultures. A post film discussion will follow with Gary Zaro. This month: *Served Like a Girl*. RSVP at [dfla.org/events/](http://dfla.org/events/).

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## MUSIC AT THE MOVIES

**Thursday, December 9, 2:00 pm**

Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, comedies, and more! Hosted by music enthusiast, Annis Scott. This Month: Scoot and Kassie's Christmas Adventure.

## PUZZLE EXCHANGE

**Friday, December 17, 9:00-5:00 pm**



Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave one puzzle and take four, the more the merrier. Offered on the last Friday of every month. All ages and skill levels encouraged!



## LITTLE KNOWN STORIES OF WWII

**Friday, December 17, 2:00 pm - NEW TIME**

This film series offers little known war stories filled with daring, intrigue, and sometimes such improbability they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event, one that still effects our lives and world today. Everyone is invited to participate in the discussion following each film with Gary Zaro. This month: 13 Minutes. RSVP at [dfla.org/events/](http://dfla.org/events/).

## LONGEVITY, HEALTHY AGING, AND REGENERATION

**Friday, December 17, 11:00 am**



What are the habits of those who have lived into extreme old age? This has been studied and documented for centuries. What do these studies have in common? What patterns emerge. Can we change our patterns or lifestyle, if so, how and what effect will this have?



Act One's Culture Pass provides access to the arts for students, retirees, and families to visit Arizona's arts and cultural treasures free at Desert Foothills Library! 2 FREE passes per family each month at these locations with your library card:

Cave Creek Museum  
Cosanti

Heard Museum  
Phoenix Art Museum

Desert Botanical Gardens  
Scottsdale Museum of Contemporary Art  
Superstition Mountain Museum

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# ADULT PROGRAMS

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## LITERARY



### MEMOIR & ESSAY WRITERS' GROUP

Thursday, December 2, 1:30 pm

If you enjoy personal writing, please join our group. Novice and seasoned writers meet monthly to read aloud stories and receive constructive feedback and suggestions on how to develop their writing styles. You are welcome to bring 1-2 pages of humorous or serious prose to share with others.

### WRITER'S CONNECTION

Friday, December 3, 1:00 pm



Today's world is literally at a writer's fingertips. A few keyboard strokes can open the information gates to help you create stories that are distinctively credible and compelling. This Month: Fred Krakowiak, author of *The Artist's Safari*, *Africa: An Artist's Safari* and *Tracking Your Inner Maverick* is recognized as a leading wildlife artist as well as a safari expert. He creates vibrant paintings and sculptures of wildlife from Africa by capturing them in motion from his experiences in Africa as a guide. RSVP at [dfla.org/events/](http://dfla.org/events/).



### LITERATE FOODIE CLUB

Monday, December 6, 12:30 pm

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks! This Month: Dave Eggers book. *The Monk of Mokha*. RSVP at [dfla.org/events/](http://dfla.org/events/). Cost: \$10.

### BOOK CLUB

Thursday, December 9, 10:00 am



Book Club is offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. Everyone is welcome! This Month: *Holiday Party!* RSVP at [dfla.org/events/](http://dfla.org/events/).

### blu Burger Grille

### GET LIT BOOK CLUB

Tuesday, December 14, 5:00 pm

A happy hour book club. Not for the faint of heart! Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support our community. This Month: *The Woman They Could Not Silence* by Kate Moore at Blu Burger Grille. RSVP at [dfla.org/events/](http://dfla.org/events/). Cost: FREE but we do encourage you to eat, drink, and be merry in support of our local businesses.

### LITERARY SALON

Thursday, December 16, 10:00 am



An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the theme. This Month: *Your Favorite December Holiday and Festival Stories*.

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## HEALTH



**GENTLE CHAIR YOGA MONDAYS 11:00-12:00 PM**

**GENTLE YOGA WEDNESDAYS 11:00-12:00 PM**

Yoga for Every Body! Through a slow flow of poses coordinated with the breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Chairs are provided for Monday classes.

Questions about these classes, please contact instructor Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10

### **TAI CHI – QIGONG FOR EVERYONE!**

**Tuesdays, 9:00-10:00 am**

A discipline that can be practiced and benefits gained at any age – you are never too old! A blending of Qigong and Tai Chi, with deep breathing, repeated gentle motions, and stretches to improve health, balance, agility, and flexibility. For healthy body-mind-breath-balance with Tai Chi coach Bina Bou. To see the full schedule check out mindbodyfocusQi.com. Questions: Contact instructor Bina Bou: 480-284-1300 or bina.b75@gmail.com. Cost: \$10



### **MEDITATION WITH REIKI HEALING**

**Wednesday, December 1 & 15, 1:00-2:00 pm**

Meditation and relaxation have been proven to promote mental and physical changes in a person. Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing affects.

Questions about Meditation with Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com Cost: \$10

### **REIKI HEALING**

**Wednesday, December 8 & 22, 1:00-2:00 pm**



Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, how you can use it and how you can consciously control more of the energy that makes up all that is you. Each person is here for their unique experience, no matter the age or belief system, there is something for you to glean from knowing more about yourself and how better to know yourself than through the part of you that is unseen. Healing is the focus of Reiki and healing is multi-level. Questions about Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10



### **YOGA FUSION**

**Thursdays, 12:00-1:00 pm**

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class.

Questions about Yoga Fusion, please contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. Cost: \$10

Desert Foothills

# LIBRARY Est. 1954

enriching your community

Library Closed  
December 23rd-25th  
December 31st

## Library Hours

Monday, Wednesday, Friday

9:00-5:00 PM

Tuesday, Thursday

9:00-6:00 PM

Saturday

10:00-4:00 PM



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