

## More Events

### TEEN TECH HELP DESK



Saturdays, February 3 & 17 • 10 am–1 pm  
Contact Brandon Holmes: 480-695-2638.  
Sundays, February 11 & 25 • 11 am–1 pm  
Contact Bo Manuszak: [manuszakbo@yahoo.com](mailto:manuszakbo@yahoo.com).

Get help with e-mail accounts, apps, downloading e-books, setting up devices, Windows 10, websites & more! Bring your device or use a library computer to get your questions answered. Contact Brandon or Bo for more information. No appointments needed; 1st-come, 1st-served.

### COMPUTER/TABLET CLASSES

All classes below taught by Tech4Life  
Registration required: 480-488-2286



#### Home Automation

February 1 • 9:30-11 am (1<sup>st</sup> Thursdays)



Amazon Echo, Google Home, Nest, Wink, Video. Unlock your doors, close the garage, change the temp, be notified of water leaks, see AND talk to someone at your door from ANYWHERE! Experience real practical applications of today's products.

#### Password Management & Security 101

February 22 • 9:30-11 am (4<sup>th</sup> Thursdays)

Frustrated with a million passwords? Worry about credit card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll explain all of this and more! Lecture and handout provided; no computers.



### SPANISH OFFERINGS

#### Intermediate Conversational

Every Wednesday • 10:30 am–Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.



## DESERT FOOTHILLS LIBRARY

### FOR WRITERS Writers Connection

#### Write the Memoir You're Afraid to Write

February 2 • 1–3 pm (1<sup>st</sup> Fridays)

Learn tips and techniques to take the necessary steps to complete your work and bring it to fruition. Patricia Brooks, founder of Brooks Goldmann Publishing Company and award-winning author, will share with you how to produce this memoir to your own satisfaction wherein you can face your fears and conquer the story's spiritual and emotional essence. You will stimulate your creative talents, break through your silence, find your voice and give yourself permission to write your truth. Facilitated by Sherry Kesling. **Register:** 480-488-2286.



#### Remembering our Stories A Writing Group

February 1 • 9:30–11 am (1<sup>st</sup> Thursdays)

Experience connection and get inspired in a writing group that will nurture your heart and spirit, as well as spark your creativity.

Absolutely no writing experience needed! Questions? Contact Life and Wellness Coach Sharon Spector at 512-460-9108. **Register:** 480-488-2286.

February 12 • 10-11:30 am (2<sup>nd</sup> Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.



### REINVENT YOURSELF Steps to Plan your Next Act

Wednesday, February 7 • 1:30–3:30 pm

The best way to predict your future is for you to create it yourself. Awaken your undiscovered possibilities! This workshop is

designed to inspire and assist individuals to clarify the challenges of life's transitions. Assess your interests, personal style, existing talents and experiences. Develop options and strategies to reinvent yourself. Explore the possible need for new skills, with awareness of retirement trends and where you fit. Leave with a miniature bio and manual that will guide you in launching your new direction and identity, and help you implement the TRANSITION PROCESS. Facilitators: Peggy Arneault, MA, LPC and Barbara Hatton, MA, LPC. **Register:** 480-488-2286. **Cost:** \$49 includes all materials.

### MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.

#### Caring for the Caregiver

February 5 • 10–11:30 am (1<sup>st</sup> Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

#### "The Healing Pathway"

#### After the Loss of a Spouse or Partner

February 12 & 26 • 9:30–11 am (2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.

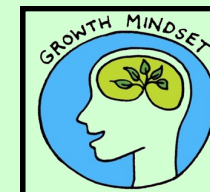
Details at [www.dfla.org](http://www.dfla.org) February 2018

### GIFTED KIDS 101

#### Encourage Your Gifted Student to Develop & Maintain Growth Mindset

Saturday, February 17 • 1:30–3 pm

This discussion on Carol Dweck's work on "growth" mindset vs. "fixed" mindset has become a standard bearer for classrooms recently. A mindset belief influences a student's self-identity, the amount of effort he or she is willing to give to a task and the student's capacity to persevere. The topic is especially important for gifted students as they develop an understanding of their own abilities. This session, presented by Donna Campbell, past-president of the AAGT, will include a discussion on how parents can help their students toward a growth mindset. A simultaneous program for children will be provided at the Library's "CreateSpace" Program geared to grades K-5. **Register** for both programs: 480-488-2286.



### TWO REMEDIES FOR GETTING OLDER

Tuesday, February 20 • 1–2 pm

As you age, an abundance of medications are accessible to no avail. If you know where to look, growing older can materialize gracefully! Join Global Volunteer Representative, Fred Mueller, in discovering key ways to embrace the aging process. **Register:** 480-488-2286.

### MONEY MATTERS

**Register for each seminar:** 480-488-2286



#### Wills and Trusts 101

Saturday, February 17 • 10:30–11:30 am

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a **FREE** Estate Planning Workshop, providing a small group setting for men & women to learn the essentials of Wills, Trusts and Probates. Attendees will learn:

- Powers of Attorney - why they are important and what you should have in them
  - Probate - what it is and how to avoid it
  - Trusts - what it is and how is it different from a Last Will and Testament
  - Taxes - who has estate or inheritance tax
  - Beneficiary designations—why these need to be updated
- Attendees will have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment.

#### How to Maximize Your Social Security & Other Retirement Income

Saturday, February 3 • 10:30 am–12:30 pm

This session is presented by Dr. Harold Wong, PhD Economics (UC Berkeley), the long-time financial columnist for the AZ Republic. Attendees will learn:

- How to coordinate benefits with your spouse to maximize potential income
- How to integrate Social Security with other sources of retirement income
- What the Social Security office doesn't tell you
- How to increase retirement income even if you take Social Security at age 62
- Don't assume claiming Social Security at 62 is best option.



## More Events

### WWI CINEMATIC REFLECTIONS

#### The 100<sup>th</sup> Anniversary

February 16 • 3–5 pm (3<sup>rd</sup> Fridays)

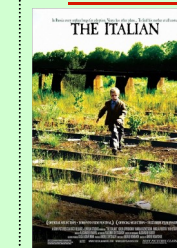
Inevitable, but also easily avoidable, World War I is one of the most tragic and unique wars in history. This series will highlight films that define the triumphs, tragedies, innovations, and sacrifices in what was hailed as 'The War to End All Wars.' WWI will ultimately cause WWII and shape the entire 20<sup>th</sup> Century. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This month:** *My Boy Jack* (95 min.). **Register:** 480-488-2286.



### AROUND THE WORLD IN 9 FILMS

#### The Best in International Cinema

February 9 • 1–3 pm (2<sup>nd</sup> Fridays)



Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. **This Month:** *The Italian* (90 min.). Russia. **Register:** 480-488-2286.

### MUSIC @ THE MOVIES

February 1 • 2–5 pm (1<sup>st</sup> Thursdays)

**Master and Commander:** In 1805, aboard the H.M.S. Surprise, Captain Jack Aubrey (Russell Crowe) and his friend, the ship's scholarly surgeon, Stephen Maturin (Paul Bettany), are ordered to hunt down & capture a powerful French vessel off the South American coast. There are 15 cuts of beautiful music throughout by such composers as Vaughan Williams, Corelli, Boccherini and others. 138 min. Hosted by Music Enthusiast Annis Scott. No Registration.



### MONDAY MOVIES @THE LIBRARY

Every Monday • 3–5 pm (No Movie 2/19)

New Releases, with a Foreign Film once each month! Check our website [www.dfla.org](http://www.dfla.org) for titles.

### LADIES OF THE LENS

Thursday, February 15 • 10–11 am

Photography wouldn't be what it is today if it weren't for the courage & passion of these astounding photographers who share one thing—their gender. Beyond that, the women's backgrounds are as diverse as the subjects they documented. Like so many other things in history, photography was often seen as a men's domain but thanks to the conviction & passion of many great women, photography has achieved a sublime state of both art and discipline. We will be discussing the work of three indelible 20<sup>th</sup> century American female icons of photography: Margaret Bourke-White, Dorothea Lange and Annie Leibovitz. Presented by Eileen Crowley, docent of *The Phoenix Art Museum*. **Register:** 480-488-2286.



Ladies of the Lens

Desert Foothills Library  
*Discover • Connect • Belong*

# BLOCK PARTY

Fun, Fun, Fundraiser!

Sunday, March 25, 2018  
1 - 4 pm

SAVE THE DATE

DESERT FOOTHILLS LIBRARY  
*Discover • Connect • Belong*

38443 N Schoolhouse Rd • Cave Creek, AZ  
480-488-2286 • [www.dfla.org](http://www.dfla.org)

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## DESERT FOOTHILLS LIBRARY

### HEALTH & FITNESS

#### Guided Meditation

Thursday, February 8 • 2–3 pm

In this practice, we lie on the floor with closed eyes & relax in the space just before sleep. *Please bring a yoga mat or blanket.* **Registration required:** Contact instructor Payton Cooper at [studiomagic@cox.net](mailto:studiomagic@cox.net) or 480-563-1142.

**Cost:** \$6 cash, pay to instructor at each class.

# RELAX

#### Qigong/Tai Chi Easy

Every Friday • 8:45–9:45 am

A discipline that can be practiced and benefits gained at any age—you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing & repeated gentle motions and stretches to improve health, balance, agility and flexibility. Wear loose clothing and bare feet. **Registration required:** Contact instructor Bina Bou at 480-284-1300 or [bina.b75@gmail.com](mailto:bina.b75@gmail.com). **Cost:** Prepay instructor \$40 cash for 5 classes, or \$10 drop-in.

#### Gentle Yoga

Every Sunday • 11 am–Noon

You are only one class away from a good mood! Yoga for Every Body: through a slow flow of controlled poses you'll begin strengthening your heart & bones, improving balance & sharpening the mind. *Please bring a yoga mat & light blanket.* **Registration required:** Contact instructor Marina Kachur: 480-510-6572 or [mkachuro1@hotmail.com](mailto:mkachuro1@hotmail.com). **Cost:** \$8 cash, pay at each class.

#### Restorative Yoga

Every Thursday • Noon–1 pm

Great for beginners! Improve your ease of movement, flexibility, breathing & meditation. *Please bring a yoga mat and light blanket.* **Registration required:** contact instructor Elizabeth Boisson at 480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com). **Cost:** \$8 cash to instructor at each class.

#### Natural Body Movement

Every Sunday • 1–2 pm

Classes are a gentle approach to movement. Emerging from mindfulness, learn to trust the body's sensations while increasing strength, flexibility and mental clarity. Release stress, tension & chronic pain. *Please bring a light blanket.* **Registration required:** contact instructor Judah Page at 602-931-2865 or [judah.page@gmail.com](mailto:judah.page@gmail.com). **Cost:** \$10 cash, pay instructor at each class.



### PASSPORT SERVICES

Passport books & cards with photo services and regular or expedited services.

**Appointments essential.**  
Call direct at 480-575-3201.

**ASK AT THE FRONT  
DESK!!**

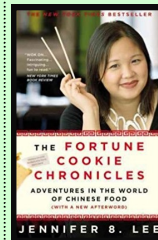


DETAILS AT [WWW.DFLA.ORG](http://WWW.DFLA.ORG)

### CUISINE FOR HEALTH

Saturday, February 10 • 10:30–11:30 am

Learn how to adjust your diet when it has to be modified. Keep your numbers on track with cholesterol and sugar levels and get the specific nutrients that fit each unique individual case. Colitis, cancer, allergies, heart related complications - there are ways to help those conditions/diseases and have good quality of life. Chef Celine with "Cuisine by Celine" will share a few tips, provide simple solutions and delicious SAMPLES to help you navigate through the maze of diets, health, meal planning -- so you find your way to great flavors and enjoyable dishes! For more information, visit [www.cuisinebyceline.com](http://www.cuisinebyceline.com). **Register:** 480-488-2286.



### THE LITERATE FOODIE CLUB

February 5 • 12:30–2:30 pm (1<sup>st</sup> Mondays)

Love food, books, cooking and conversation? We will explore all these and more. **February Topic:** *The Fortune Cookie Chronicles* by Jennifer Lee – well researched and, by turns, funny, serious and poignant. Co-hosted by Laura Jorde and Chinese themed tastings, of course!

Facilitated by Dana Rakinic. Questions? Contact: [danarakinic@gmail.com](mailto:danarakinic@gmail.com). **Register:** 480-488-2286. **Cost:** \$10.

### BRIDGE

#### Supervised Play

Fridays, February 16 to March 9 • 10 am–Noon (4-week series)

Class is play only and for intermediate plus players. Registration is limited to the first 8 people. Instructor: Peter Blake-Ward. **Register:** 480-488-2286. **Cost:** \$42.50 for 4-week series, including materials.



### CRAFT N CHAT

February 26 • 1–3 pm (4<sup>th</sup> Mondays)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.



### CRAFTY CARD MAKING

Saturday, February 10 • 10:30 am–12:30 pm

We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative – it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. Questions? Email [melissasunde@gmail.com](mailto:melissasunde@gmail.com) or call 480-392-1040. **Registration Required by Wednesday, February 7, to allow time for preparing class supplies:** 480-488-2286. **Cost:** \$20.00.



FEBRUARY 2018

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(2nd weekend each month)

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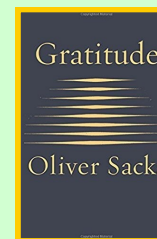


### LITERARY SALON

Not Your Typical "Book Club"

February 15 • 10:00 am–Noon (3<sup>rd</sup> Thursdays)

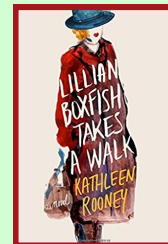
**February Topic:** *Good vs. Evil*. Do we enjoy reading books about evil or do we steer away from violence? Is it entertaining, thought-provoking or distressing? Do we prefer only books about goodness? Why pick up Oliver Sacks' book titled *Gratitude*? No Registration.



### LIBRARY BOOK CLUB

February 8 • 10–11:30 am (2<sup>nd</sup> Thursdays)

Discussion of *Lillian Boxfish Takes a Walk* by Kathleen Rooney. Everyone is welcome!

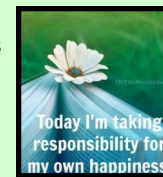


### CREATING GLADITUDE

Saturday, February 24 • 10:30–11:30 am

Digging deep doesn't mean you have to get and keep your hands dirty. Get involved with what's making and keeping you stuck. Author & Life Coach, Raleigh Pinskey, helps you establish credibility, prosper, and even surpass your goals. Questions? Call 480-488-4840 or [raleigh@creatingglatitude.com](mailto:raleigh@creatingglatitude.com).

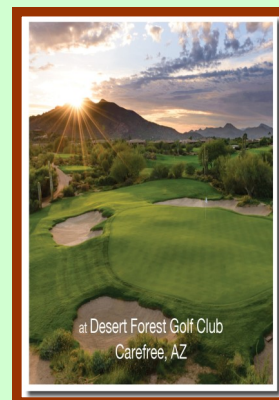
**Registration Required:** 480-488-2286. **Cost:** \$8.



**SAVE  
THE  
DATE!!!**

Monday, May 7,  
2018

Desert Foothills  
Library  
Golf Tournament



**FREE\*** **Adult Events**

\*Except where noted.  
Visit our website for details: [www.dfla.org](http://www.dfla.org)

FEBRUARY 2018

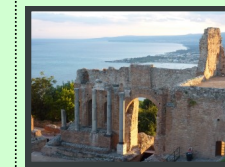
Check It Out!

### The Knoedler ART GALLERY FRAUD

Saturday, February 24  
10:30 am–12:30 pm



*How the venerable old Knoedler Art Gallery on E. 70<sup>th</sup> St. in New York City was brought down by a fake Rothko painted by an unknown Chinese artist in his garage in Queens.* It is an \$80 million scandal that has turned out to be the largest art fraud in the U.S. in years (went on for 17 years). A highly publicized trial, *DeSole vs. Knoedler* in a Federal District Court in New York, and an ongoing criminal investigation, threw the Knoedler into a tailspin that resulted in the demise of the once-esteemed gallery. The lawsuit was settled out of court, but the scandal forced the owner of the Gallery, Michael Hammer, and the President, Ann Freedman to resign and resulted in the liquidation of its assets. Mary F. Cook will tell the story. Mary is a member of the **International Foundation for Art Research (IFAR)**, and provides lectures on the subject of art theft. *All proceeds benefit the Library.* **Register:** 480-488-2286. **Cost:** \$6.



### ISLAND OF SICILY, ITALY

Thursday, February 22 • 3–4 pm

Discover "Small Group Travel" with Roberta Kritzia, international tour designer and artist. Kritzia will conduct a lively slide lecture entitled *The Island of Sicily...the Jewel in the Crown*. This event is being held in conjunction with an exhibit of Kritzia's original color sketches done on location during her 32 years designing and conducting unique trips to Europe. The exhibit will be on display Thursday, February 8<sup>th</sup> - Tuesday, February 27<sup>th</sup> during library hours. For more information, send an email to [roberta1119@aol.com](mailto:roberta1119@aol.com). **Register:** 480-488-2286.

### PRISONERS OF WAR in Arizona during World War II

Tuesday, February 27 • 10:00–11 am

Arizona was the home of 23 German POW camps, including one of the largest in the country. Camp Papago Park near Phoenix was the site of the greatest mass escape of POWs during the war. Historian Steve Hoza has interviewed many of the former prisoners, US camp personnel and farmers that used the POWs for labor. Come and hear what they all have to say about this time in Arizona history. There will be videos shown, as well as POW clothing and other artifacts. **Register:** 480-488-2286.



### DESERT FOOTHILLS LIBRARY

38443 N Schoolhouse Rd. Cave Creek, AZ 85331

Front Desk: 480.488.2286  
Bookstore: 480.488.2777  
[www.dfla.org](http://www.dfla.org)

#### HOURS

Monday–Friday  
9 am–6 pm  
Saturday, 10 am–4 pm  
Sunday, 11 am–3 pm

**HOLIDAYS •CLOSED**

February 19