DECEMBER 2018

COMMUNITY PROGRAMS

DEsert FOOTHILLS LIBRARY

38443 N Schoolhouse Rd
Cave Creek AZ 85331
(480) 488-2286
www.dfla.org

WELCOME WINTER
9th Annual Holiday Craft and Bake Sale
December 1st
10:00 - 3:00 PM

HOLIDAY HOURS
Dec 24 9:00 AM - 1:00 PM
Dec 25 Library Closed

INFORMATION

LIBRARY/BOOKSTORE HOURS
Monday—Wednesday  9 am—7 pm
    Thursday  9 am—8 pm
    Friday   9 am—6 pm
    Saturday, 10 am—4 pm
    Sunday, 11 am—3 pm
Front Desk: 480.488.2286
Bookstore: 480.488.2777
www.dfla.org
38443 N Schoolhouse Rd.
Cave Creek, AZ  85331

LIBRARY CLOSURES
Closed at 1:00 p.m. Christmas Eve
Closed Christmas Day
Closed at 1:00 p.m. New Year’s Eve

Find us on social media!

TEEN PROGRAMS

BOOK CLUB
Blackout Poetry & Book Club Launch
Monday, December 3  •  4:30-6:00 pm
Join us for blackout poetry, collage making, and snacks
as we launch our Teen Book Club! We will reveal the
first book and give out copies. Email emeadows@dfla.org
to RSVP if you want a library copy of the book.

VOLUNTEER EVENTS
Teen Task Force
Thursday, December 4  •  4-5:00 pm
This is YOUR library. Join our Teen Task Force
to plan programs, contribute to the library, and
cultivate our teen space. You don’t have to be a
current volunteer to attend—this is a great time
to find out about volunteering, meet your
Librarians and other teens at the library, and tell
us what you want at Desert Foothills Library. There will be food!
Email emeadows@dfla.org with any questions.

Chapter2Books
North Valley’s Biggest used bookstore
More than 15,000
BOOKs - DVDs - CDs - AUDIOBOOKs
Starting at just 50 cents!
Special Sale Dates: December 7, 8, 9
(2nd weekend each month)
Check us out on Amazon!
Donations are welcome and help support the library!

Volunteering
@ Desert Foothills Library
Complete service hours  •  Gain valuable experience  •  Have fun!

FOR MORE INFORMATION
Contact Erin Meadows
Email emeadows@dfla.org or
Call (480) 488-2286

Volunteer Opportunities:
• Regular 2 hour shifts available
• Help with events
• Shelve books and organize
• Create displays and decorate
• Tutoring opportunities
YOUTH PROGRAMS

MEET YOUR NEW LIBRARIANS!

Caitlin Decker, Librarian—
My love of libraries started as a wee tot in upstate New York when the librarian in my small town let me use the DATE DUE rubber stamp to check out my library books. My path to the Desert Foothills Library took many detours, including teaching music in Canada, chicken farming, and selling yarn in a small craft shop. You’ll find me at the front desk or bopping around the library trying to be helpful. I’d love to hear what you are reading!

Erin Meadows, Youth & Teen Librarian—
I am enthusiastic to join the team at Desert Foothills Library! I love reading poetry and often choose my next book to read based on its cover, contrary to popular wisdom. I am also a children’s yoga instructor and love to incorporate mindfulness into my programs. You can find me in the library humming my favorite children’s songs or organizing the Playaway collection. Stop by my office in the youth department to say hello anytime!

Ashley Ware, Programming Librarian—
After working and volunteering in libraries all over the country I have found my dream library! I plan programs and events for our community trying to find a little something for every patron walking through our doors. If you have a great new idea for a program come find me and get me away from my desk because I do not sit still very well. I have loved exploring this new community and cannot wait to see you at the library!

Goodreads is a website that allows you to freely search its database of books and reviews. Follow us and see book reviews from the Desert Foothills Library community. Better yet, leave us a short review and we may feature your review on the library’s Goodreads page!

Thank you for taking the time to tell us what you thought of a book!

YOUTH PROGRAMS

December 20, 2018
3:00 - 5:00 PM

50% of proceeds support Desert Foothills Library

MRS. CLAUS
STORYTIME & TEA
IN CONNECTION WITH THE ENGLISH ROSE TEA ROOM

$40 for adults
$25 for children
includes tea, treats, and a gift bag
Suitable for kids of all ages and their families

Call 480.488.4812 to register

English Rose Tea Room
201 Easy Street #103
Carefree, Arizona 85377

ELF ENTERTAINMENT
FACEPAINTING & CRAFTS
PHOTOS WITH MRS. CLAUS

We’re on Goodreads!

Meet your next favorite book.

Goodreads is a website that allows you to freely search its database of books and reviews. Follow us and see book reviews from the Desert Foothills Library community. Better yet, leave us a short review and we may feature your review on the library’s Goodreads page!

Thank you for taking the time to tell us what you thought of a book!
ADULT PROGRAMS

SPECIAL EVENTS

9th Annual Library Holiday Craft & Bake Sale
Saturday, December 1 • 10 am–3 pm
Come & share the holiday spirit! Take care of holiday shopping, have treats, coffee, and feel good knowing it all benefits the Library. We will celebrate with holiday décor and music! No registration.

A Duet with Arizona Musicfest
Saturday, December 8 • 7 pm
The Library hosts the 8th annual performance of Duet: Maestro Robert Moody is joined by musical guests. Enjoy Prosecco, coffee, & dessert prior to the performance. The fee of $30 for this event benefits the Library and Arizona Musicfest, both non-profit organizations. Fee is due at RSVP in advance: 480-488-2286.

From Your Hands to Their Hearts
Homespun Wigs for Little Cancer Fighters
Saturday, December 8 • 10 am–2 pm
The Magic Yarn Project is a 501(c)(3) non-profit whose mission is to bring magic into the lives of children battling cancer. Chemotherapy treatments can leave little scalps sensitive to traditional wigs. At this workshop you will create a wig inspired by a Disney character that is warm, soft & provides a magical escape for these brave children. Experience with yarn not needed. Guided meditation, intention setting & healthy lunch are included. All you need bring is an open heart! All net proceeds go to The Magic Yarn Project. Register: 480-488-2286. Cost: $60 for lunch & all supplies. Net proceeds benefit The Magic Yarn Project.

Celebrity Make-Up Application Class
by Charlie Green Make-Up Artist to the Stars!
Tuesday, December 4 • 5–6:30 pm
Charlie Green will demonstrate a gorgeous Christmas/New Year's make-up look for one of our local residents, utilizing the lucky person's make-up bag contents & supplementing well-known brands of her own. This is not a sales pitch! It is fun, informational, educational, & best of all brings out the inner beauty in all of us! Information: www.CharlieGreen.com or Charlie Green Make-Up on Facebook! Unable to Attend? Questions? Contact Charlie at 917-544-2425. Register: 480-488-2286. Cost: FREE, but please consider bringing a non-perishable food item for the Foothills Food Bank!

Plan, Do, Deliver & Survive the Holidays sans the Extra Pounds
Wednesday, December 5 • 2-3:30 pm
Go through the Holidays a healthier way without stress! Learn to manage your diet in challenges of family gatherings, parties & other unhealthy temptations. Chef Celine will offer valuable information to help with holiday challenges, provide healthy twists on traditional recipes, & guide you as you put together a PLAN OF ACTION for the holidays! Handouts will be provided to ensure that you have a clear knowledge of your Healthy Holiday Plan. Register: 480-488-2286. Cost: $25, food included.

Your 2018 Guide for Healthy Eating & Better Health
Thursdays, Nov 1-Dec 13 • 10-11:30 am
(6-week class series)
Curious why your diet does not give you the results you are longing for? The benefits of proper eating & exercise can make an impact for good for most health problems. Join us to discover how the body works with the foods you consume & can provide the benefits of a healthier life style, providing more energy and get up and go! Register: 480-488-2286. Cost: $15 per class.

Family Listen & Lounge
Saturday, December 15 • 1:00-1:45 pm
Bring a pillow, cushion, and/or blanket for our newest family program! This is a great opportunity to discover new music, podcasts, and audiobooks. Enjoy a snack while listening to a newly released children’s music CD. Then get comfy as we listen to a podcast or excerpt from an audiobook. There will be coloring or activities available.

Polar Express Movie Night
Wednesday, December 19 • 4:30-6:30 pm
Join us dressed in your pajamas for our Polar Express Family Movie Night! We will serve hot chocolate and get cozy for a family favorite holiday film. Children of all ages and families are welcome. Call 480-488-2286 to register to ensure we have enough hot chocolate, drop-ins welcome.

Lego® Club Holiday Movie
Thursday December 27 • 4:00pm
Children of all ages are invited to Movie Night with Lego Club volunteer Miss Karen. Enjoy popcorn while watching An All Dogs Christmas Carol. Call 480-488-2286 to register.

Meet Mrs. Claus
Mrs. Claus @ Desert Foothills Library
Tuesday, December 11 • 10:30 am - noon
We are excited to celebrate the holidays with a visit from Mrs. Claus! This event will include stories, crafts, & more. Children and families are invited to join us for this fabulous program. Please call 480-488-2286 to register for this free family event or drop-in for holiday fun!

Passport to Reading: Winter Reading Program
Pick up your copy of our Passport to Reading! Complete eight reading challenges for a prize. All participants are invited to our party on January 9th.

480-488-2286 | 13.
**FOR THE LOVE OF BOOKS & WRITING**

**Bad Men, Bad Times and Beautiful Dolls**

**The Pulp Fiction Era**
Tuesday, December 11 • 1:30-2:30 pm

Charles presents the pulp fiction era (1900-1950s), the creative maelstrom that served as the foundation for science fiction, western, fantasy, hard-boiled detective, and nearly all fiction genres that followed. His insights into the differences between the pulps and the slicks, the authors, and the prevalent writing styles of that era are sure to please old and young alike. He compares the pulp era and present publishing environments with highlights from his personal experiences. Fun audience interaction adds to the stimulating anecdotes Charles reveals in order for attendees to better understand our literary past. Register: 480-488-2286.

**Literate Foodie Club**
Monday, December 3 • 12:30-2:30 pm (1st Mondays)
Love food, books, cooking & conversation? We will explore all these and more. Topic: CAKE party! In the words of Julia Child: "A party without cake is just a meeting." Facilitated by Dana Rakinic. Questions: danarakinic@gmail.com. Register: 480-488-2286. Cost: $10.

**Literary Salon**
**New Authors, New Books and New Year!**
Thursday, December 20 • 10 am-Noon (2nd Thursdays)

**Library Book Club**
Thursday, December 13 • 10 am-Noon (2nd Thursdays)
Join for our Holiday Event! Everyone is welcome! No registration.

**Writer’s Connection**
Friday, December 7 • 1-3 pm (1st Fridays)
Today’s world is at a writer’s fingertips. A few keyboard strokes open the internet information gates to help you create stories that are distinctively credible and compelling. *This month’s workshop:* Cynthia Kiefer: Writing Your Ancestor’s Everyday Life World. Learn how to sort & integrate details evoking the historical and social settings in which your ancestors lived. Depicting the “everyday life worlds” of your ancestors & family members will help readers engage with them as real people living in a specific time and place. Register: 480-488-2286.

**Crossing Class: Invisible Walls & Kindness of Strangers**
Friday, December 28 • 2-3:30 pm
Join authors Mark Walker & John Timm! Timm’s short story “A Good Day at the Office” is a modern day tale, drawing inspiration from the biblical story of the “Widow’s Mite.” Walker’s essay, “My Life in the Land of the Eternal Spring: The Coffee Plantation,” was inspired by an encounter with his young daughter & her privileged lifestyle in contrast to that of the worker’s children on a Guatemalan coffee plantation. Walker will also tap into his award winning book, Invisible Walls & Kindness of Strangers.

**Memoir Writer's Group**
Monday, December 10 • 10-11:30 am (2nd Mondays)
Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova.

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**YOUTH PROGRAMS**

**STORYTIMES**

**Storykids Family Storytime**
*Tuesday, December 4 • 9:45-10:30 AM*
Children who have not yet entered kindergarten are encouraged to join us for a 30-minute storytime featuring music, movement, & stories. Siblings are welcome. There will be no storytime December 11, 18 or 25 for holidays and holiday programs.

**Lapsit for Little Ones**
*Thursdays, December 6 & 13 • 10-10:30 AM*
Geared to children 10 months to 3 years, join us for a fun 25-minute romp with music, books, rhymes, fingerplays, and felt stories. Siblings are welcome. No regular storytime on December 20 or 27 due to holiday break.

**FAMILY PROGRAMS**

**Holiday Crafts For Kids**
*Saturday, December 1 • 10:30-11:30 AM*
Join us during the Library’s Holiday Craft & Bake Sale for an all ages program with holiday crafts for kids! Let your kids craft while you browse our Holiday Craft & Bake Sale.

**Spanish Christmas Carols**
*Sunday, December 1 • 1:00-2:00 pm*
Children and families as well as adults are invited to learn 5 internationally known Christmas carols in Spanish. Enjoy singing and learning Spanish vocabulary to holiday music. This is a great way to get in the holiday spirit!

**Little Builders**
*Wednesday, December 5 • 10:30-11:30 am*
Join us for 1 hour of constructive free play for preschoolers to age 6. We will have a variety of building and STEM toys available. Building and manipulating objects expands imagination, encourages cooperation, develops problem-solving, and fine motor skills and teaches focus and patience.

**Papa Hugs Performance and Holiday Sing Along**
*Saturday, December 8 • 1:00-2:00 pm*
Kids of all ages and families will enjoy this event starring local performer David Sharpe of Papa Hugs. Enjoy his original music as well as several holiday sing along songs. David Sharpe has been nominated for a GRAMMY® Award for Best Children’s Album of The Year.
MUSIC and the SILVER SCREEN

Remembering Debbie Reynolds
Saturday, December 29 • 1-2 pm
Spend an afternoon with Jan & Nicole as they salute America’s Sweetheart: Debbie Reynolds! A wonderful new show filled with backstage stories, humor, and of course, great songs like “Tammy,” “Singin’ in the Rain,” and many more!!
Performances by well-loved guests Jan Sandwich & Nicole Pesce!!
Register: 480-488-2286.

Monday Movies at the Library
Every Monday • 2:30 pm
New Releases, with a Foreign Film once each month! Check our website www.dfla.org for titles. No registration.

Drive-In Movie Theater
Every Thursday • 5 pm
Miss parking your vehicle, grabbing popcorn, & reclining back to watch the golden movies of yesteryear? Well, the library might not be your typical drive-in movie theater but we can help with good, classic movies! Join us every week for a movie from the early years of film up to the 1980’s but nothing beyond that! Reminisce with your old favorites and enjoy great films before billion-dollar productions, Netflix, or Redbox! No Registration.

Music @ the Movies
Thursday, December 6 • 2-5 pm (1st Thursdays)
Join us for a celebration of movie musicals! Hosted by music enthusiast, Annis Scott.
This Month: White Christmas - Bing Crosby and Danny Kaye join Rosemary Clooney and Vera-Ellen to perform a Christmas show in rural Vermont to save the failing country inn of the boys’ former WWII commander, played by Dean Jagger. So what’s the foursome to do but plan a yuletide miracle: a fun-filled musical extravaganza to put the inn back in business. 2 hrs. No registration.

The following two movie events feature a post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow.

World War II Cinematic Reflections
Friday, December 7 • 3-5 pm (1st Friday this month only)
World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from the war - stories filled with daring, intrigue & sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history’s seminal event.
This Month: Remember Pearl Harbor. Register: 480-488-2286.

International Film: French Cinema
Friday, December 14 • 3-5 pm (2nd Fridays)
Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe.
This Month: Les Cowboys. Register: 480-488-2286.
ADULT PROGRAMS

MORE PROGRAMS OF INTEREST

Bridge
Cost: $85 for each 8 session course OR $150 for both, including materials.
Register for both courses: 480-488-2286.

Bridge Bootcamp
Fridays, December 7-January 25 • 10 am-Noon
This class is designed to introduce new players to the world of bridge & to improve the skills of those who have been playing for a short time & want to improve their game. Emphasis will be on describing opening bids, responses, popular conventions & a very short description of the 2-over-1 bidding system.

Supervised Bridge Play
Fridays, December 7-January 25 • 1-3 pm
The class consists of a short lesson followed by two or three pre-dealt hands, illustrating the lesson for the day. Each table bids these hands separately & compares notes as to the bidding and play. The 2nd part of the class is one hour of randomly dealt hands played by each table with the instructor advising. Players at any level may participate.

Learn How-To with Karsten’s ACE Hardware
Tuesday, December 18 • 2-3:30 pm
Do you binge-watch HGTV and feel motivated to find your own at-home projects and fixer uppers? Each month Karsten’s Ace Hardware of Carefree will be providing How-To demonstrations to help you find tidbits and techniques to help around your home. This month: Holiday Lighting. Register: 480-488-2286.

From Blankets to Rugs: the History & Development of Navajo Weaving
Friday, December 14 • 11 am-12:30 pm
Learn about the development of Navajo weaving from the 1680s to the 1950s, described with photos. There are various types and styles from the classic wearing blanket period of 1800-1860 through the regional rug period of 1910-1960. Register: 480-488-2286.

Intermediate Conversational Spanish
Every Wednesday, 10:30 am-Noon
Informal chat session using various books, flashcards, etc. No instructor. No registration.

Rocket Languages
Choose from 13 Languages
Learn to speak a language online today! All you need is a free Desert Foothills Library Card to get started. Visit our Digital Library at dfla.org. With our comprehensive multi-media packages you will be speaking and improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course.

ONGOING HEALTH AND FITNESS

Gentle Yoga
Every Sunday, 11 am–Noon & Wednesday, Noon–1 pm
You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance & sharpen the mind. Bring a yoga mat and light blanket. Registration: contact Marina Kachur: yokama14@gmail.com
Or 480-510-6572. Cost: $8 cash, pay each class.

Yoga Fusion (Intermediate level)
Every Thursday, Noon–1 pm
This intermediate-level course starts with breathing exercises, stretching moves and then into Vinyasa or Flow yoga, standing sequences and balance exercises. 5 minutes of Savasana ends the class. Questions: Elizabeth Boisson: evboisson@yahoo.com or 480-363-5275. Cost: $8 cash, pay to instructor at each class.

Yoga Nidra
Every Thursday • 1–2 pm
Yoga nidra, yogic sleep, is a state of consciousness between waking & sleeping. Relax, as you become aware of your inner world, following verbal instructions, to reduce stress & increase nightly sleep. Bring a yoga mat or light blanket. Registration: Elizabeth Boisson at evboisson@yahoo.com or 480-363-5275. Cost: $8 cash, pay instructor each class.

Qigong/Tai Chi
Every Saturday, 10–11 am
A discipline that can be practiced & benefits gained at any age – you are never too old! Blend Qigong and Tai Chi, with deep breathing, repeated gentle motions & stretches to improve health, balance, agility & flexibility. Wear loose clothing & bare feet. Questions: Bina Bou at bina.b75@gmail.com or 480-284-1300. Cost: $40 cash for 5 classes; or $10 drop-in.

Guided Meditation
1st and 3rd Wednesdays, December 5, 19 • 4:45–5:45 pm
In this practice, we lie on the floor with closed eyes and relax in the space just before sleep. Please bring a yoga mat or blanket. Questions: Payton Cooper at studiomagician@cox.net or 480-563-1142. Cost: $8 cash, pay instructor each class.

Therapeutic Bodywork
Saturday, December 15 • 10:30 am-Noon (3rd Saturdays)
Spend 15-20 minutes experiencing the healing power of infrared therapy while relaxing on an Amethyst Biomat. Aid your body in healing from chronic pain, arthritis, and/or injury while boosting your immune and reducing stress. Relaxing foot and leg massage included. Registration Required: Contact Jenna Richard at jennarichard1490@gmail.com. Cost: $20 for 15 minutes or $25 for 20 minutes.

Natural Body Movement
Sunday, December 16 • 1–2:30 pm (3rd Sundays)
Classes are a gentle approach to movement. Emerge from mindfulness, learn to trust the body’s sensations while increasing strength, flexibility & mental clarity. Release stress, tension & chronic pain. Bring a light blanket. Questions: Judah Page at ju-dah.page@gmail.com or 602-931-2865. Cost: $20 cash, pay instructor each class.
**ART & SOUL**

**Art Exhibition**
Hidden in the Hills Showcase
Through January 25

As part of this year’s Showcase, Desert Foothills Library is honored to host quality art from young artists of the Sonoran Foothills. Come, enjoy the art of our young people!!

**Art Critique presented by the Sonoran Arts League**
Monday, December 10 • 4-5 pm

Sonoran Art League knows and research validates that group critiques contribute to artist development. This once a month opportunity to take a group look at your work is open to all artists and the general public to attend. Feedback will be honest and candid. Format is group talk. Our goal is to help all of us evolve and think about our work in a constructive manner. Bring 1-2 pieces of work that would benefit from feedback. For more details or questions, contact the Sonoran Arts League office at 480-575-6624 or info@sonoranartsleague.org.

**CRAFT & CONTENTMENT**

Sock Monkeys: America’s Love Story
Tuesday, December 11 • 3-4:30 pm

The Sock Monkey Lady® invites you to join in the fun of America’s Red-Heel Sock Monkey Tradition—a tradition that has sparked interest around the world. Learn about its ‘thready’ origin. View vintage and modern red-heel socks and sock monkeys from her collection whose unique features are the mainstay of this growing tradition. Several sock monkey stories by people whose monkeys have gladdened their lives will be shared. Learn how she got started ‘monkeying around’ and how easily you can, too! Show and tell! Bring your red-heel sock monkey and/or share your own sock monkey story—time permitting. Register: 480-488-2286.

Mystical Mandalas
Wednesday, December 12 • 2-5 pm

Learn about the fascination, origin, traditions, and rituals of the Mandala as a spiritual tool to relax the mind. We will make a Mandala from a template with pens using ancient symbols and learn some Zentangle designs. Allow your creative brain to come out and play. No artistic talent needed. After we complete our designs, we’ll set our intention, meditate, and enjoy a state of healing and insight. Register: 480-488-2286. Cost: $25, all supplies included.

Craft N Chat
Monday, December 17 • 1-3 pm (3rd Monday this month only)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.

**ASK AT THE FRONT DESK!!**

**TECHNOLOGY & DIGITAL CONTENT**

**Teen Tech Help Desk**
Saturday, December 1 & 15 • 10-11 am

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites and more! Bring your device or use a library computer. Contact Brandon: 480-605-2638 or imogenbrooks01@gmail.com for more information. No appointments needed; 1st-come, 1st-served.

**E-Media & Library Digital Content Help**
Every Tuesday • 10-11 am

Downloading eBooks and eAudiobooks can be easy through the library’s digital collection! Each week there will be an informal drop-in class for anyone with questions about Overdrive, RB Digital, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.

**MONTHLY SUPPORT GROUP**
Led by Hospice of the West facilitators

Caring for the Caregiver
Monday, December 3 • 10-11:30 am (1st Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. No registration.

"The Healing Pathway" After Loss of a Spouse or Partner
Monday, December 10th, 9:30-11:00 a.m. (2nd & 4th Mondays)
Monday, December 24th, 9:30-11:00 a.m.

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey. No registration.

**LIVING LIFE**

**AARP Driver Safety Program**
Saturday, December 15 • 10:30 am-3 pm

A refresher course in driver safety & driving skills. Learn new driving techniques, rules of the road, defensive driving & how to minimize distractions. Materials are included. Completion of course may entitle you to an auto insurance discount (check with your insurer). Bring a sack lunch. Register: 480-488-2286. Class limited to 20. Pay instructor at class: $20 or $15 with AARP member card (checks only). Plus $5 cash or check to Desert Foothills Library.

Fact or Fiction: The Truth about Alzheimer’s Disease
Monday, December 17 • 10-11 am

When it comes to Alzheimer’s disease, we are constantly bombarded with ads touting the latest, greatest prevention strategy. Join this fun, interactive session as we sort through the ‘noise’, share the truth about Alzheimer’s disease, where we are and where we’re headed. Leave with easy steps you can take to join us in our fight to end Alzheimer’s disease before another generation is lost. Register: 480-488-2286.

Drivers Ed
Monday, December 10 • 4-5 pm

A refresher course in driver safety & driving skills. Learn new driving techniques, rules of the road, defensive driving & how to minimize distractions. Materials are included. Completion of course may entitle you to an auto insurance discount (check with your insurer). Bring a sack lunch. Register: 480-488-2286. Class limited to 20. Pay instructor at class: $20 or $15 with AARP member card (checks only). Plus $5 cash or check to Desert Foothills Library.

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**TECHNOLOGY & DIGITAL CONTENT**

**Teen Tech Help Desk**
Saturday, December 1 & 15 • 10-11 am

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites and more! Bring your device or use a library computer. Contact Brandon: 480-605-2638 or imogenbrooks01@gmail.com for more information. No appointments needed; 1st-come, 1st-served.

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