



#EnrichingYourCommunity  
www.dfla.org  
38443 N Schoolhouse Rd.  
Cave Creek, AZ 85331

DECEMBER 2018

# COMMUNITY PROGRAMS

DESERT  
FOOTHILLS  
LIBRARY

38443 N Schoolhouse Rd  
Cave Creek AZ 85331  
(480) 488-2286  
www.dfla.org



Discover.  
Connect.  
Belong.

## WELCOME WINTER

9th Annual Holiday Craft  
and Bake Sale  
December 1st  
10:00 - 3:00 PM

## HOLIDAY HOURS

Dec 24 9:00 AM - 1:00 PM  
Dec 25 Library Closed





## LIBRARY/BOOKSTORE HOURS

Monday—Wednesday 9 am—7 pm  
 Thursday 9 am—8 pm  
 Friday 9 am—6 pm  
 Saturday, 10 am—4 pm  
 Sunday, 11 am—3 pm

Front Desk: 480.488.2286  
 Bookstore: 480.488.2777

www.dfla.org  
 38443 N Schoolhouse Rd.  
 Cave Creek, AZ 85331

## LIBRARY CLOSURES

Closed at 1:00 p.m. Christmas Eve  
 Closed Christmas Day  
 Closed at 1:00 p.m. New Year's Eve



**Find us on  
social media!**



INSIDE THE LIBRARY  
OPEN 7 DAYS

**North Valley's Biggest used bookstore**

More than 15,000  
**BOOKs - DVDs - CDs - AUDIOBOOKs**  
 Starting at just 50 cents!

**Special Sale Dates: December 7, 8, 9**  
 (2nd weekend each month)

**Check us out on Amazon!**

**Donations are welcome and help support the library!**



## **BOOK CLUB**

### **Blackout Poetry & Book Club Launch**

Monday, December 3 • 4:30-6:00 pm

Join us for blackout poetry, collage making, and snacks as we launch our Teen Book Club! We will reveal the first book and give out copies. Email [emeadows@dfla.org](mailto:emeadows@dfla.org) to RSVP if you want a library copy of the book.



## **VOLUNTEER EVENTS**

### **Teen Task Force**

Thursday, December 4 • 4-5:00 pm

This is YOUR library. Join our Teen Task Force to plan programs, contribute to the library, and cultivate our teen space. You don't have to be a current volunteer to attend—this is a great time to find out about volunteering, meet your Librarians and other teens at the library, and tell us what you want at Desert Foothills Library. There will be food! Email [emeadows@dfla.org](mailto:emeadows@dfla.org) with any questions.



## **Volunteering @ Desert Foothills Library**

Complete service hours • Gain valuable experience • Have fun!

**FOR MORE  
INFORMATION**  
 Contact Erin Meadows  
 Email [emeadows@dfla.org](mailto:emeadows@dfla.org) or  
 Call (480) 488-2286

**Volunteer  
Opportunities:**

- Regular 2 hour shifts available
- Help with events
- Shelf books and organize
- Create displays and decorate
- Tutoring opportunities

# YOUTH PROGRAMS



December 20, 2018  
3:00 - 5:00 PM

50% of  
proceeds support  
Desert Foothills  
Library

## MRS. CLAUS STORYTIME & TEA

IN CONNECTION WITH THE ENGLISH ROSE TEA ROOM

**\$40 for adults**  
**\$25 for children**  
includes tea, treats,  
and a gift bag

Suitable for kids  
of all ages and  
their families

Call 480.488.4812  
to register

English Rose Tea Room  
201 Easy Street #103  
Carefree, Arizona 85377



ELF ENTERTAINMENT  
FACEPAINTING & CRAFTS  
PHOTOS WITH MRS. CLAUS

## MEET YOUR NEW LIBRARIANS!

**Caitlin Decker, Librarian—**  
My love of libraries started as a wee tot in upstate New York when the librarian in my small town let me use the DATE DUE rubber stamp to check out my library books. My path to the Desert Foothills Library took many detours, including teaching music in Canada, chicken farming, and selling yarn in a small craft shop. You'll find me at the front desk or bopping around the library trying to be helpful. I'd love to hear what you are reading!

**Erin Meadows, Youth & Teen Librarian—**  
I am enthusiastic to join the team at Desert Foothills Library! I love reading poetry and often choose my next book to read based on its cover, contrary to popular wisdom. I am also a children's yoga instructor and love to incorporate mindfulness into my programs. You can find me in the library humming my favorite children's songs or organizing the Playaway collection. Stop by my office in the youth department to say hello anytime!



**Ashley Ware, Programming Librarian—**  
After working and volunteering in libraries all over the country I have found my dream library! I plan programs and events for our community trying to find a little something for every patron walking through our doors. If you have a great new idea for a program come find me and get me away from my desk because I do not sit still very well. I have loved exploring this new community and cannot wait to see you at the library!



We're on  
Goodreads!

Goodreads is a website that allows you to freely search its database of books and reviews.

Follow us and see book reviews from the Desert Foothills Library community. Better yet, leave us a short review and we may feature your review on the library's Goodreads page!

Thank you for taking the time to tell us what you thought of a book!

## SPECIAL EVENTS

### 9<sup>th</sup> Annual Library Holiday Craft & Bake Sale

Saturday, December 1 • 10 am-3 pm



Come & share the holiday spirit! Take care of holiday shopping, have treats, coffee, and feel good knowing it all benefits the Library. We will celebrate with holiday Décor and music! No registration.

### A Duet with Arizona Musicfest

Saturday, December 8 • 7 pm

The Library hosts the 8th annual performance of Duet: Maestro Robert Moody is joined by musical guests. Enjoy Prosecco, coffee & dessert prior to the performance. The fee of \$30 for this event benefits the Library and Arizona Musicfest, both non-profit organizations. **Fee is due at RSVP in advance:** 480-488-2286.



### From Your Hands to Their Hearts

Homespun Wigs for Little Cancer Fighters

Saturday, December 8 • 10 am-2 pm

The Magic Yarn Project is a 501(c)3 non-profit whose mission is to bring magic into the lives of children battling cancer. Chemotherapy treatments can leave little scalps sensitive to traditional wigs. At this workshop you will create a wig inspired by a Disney character that is warm, soft & provides a magical escape for these brave children. Experience with yarn not needed. Guided meditation, intention setting & healthy lunch are included. All you need bring is an open heart! All net proceeds go to The Magic Yarn Project. **Register:** 480-488-2286. **Cost: \$60 for lunch & all supplies. Net proceeds benefit The Magic Yarn Project.**



### Celebrity Make-Up Application Class

by Charlie Green Make-Up Artist to the Stars!

Tuesday, December 4 • 5-6:30 pm

Charlie Green will demonstrate a gorgeous Christmas/New Year's make-up look for one of our local residents, utilizing the lucky person's make-up bag contents & supplementing well-known brands of her own. This is not a sales pitch! It is fun, informational, educational, & best of all brings out the inner beauty in all of us! Information: [www.CharlieGreen.com](http://www.CharlieGreen.com) or Charlie Green Make-Up on Facebook! Unable to Attend? Questions? Contact Charlie at 917-544-2425. **Register:** 480-488-2286. **Cost:** FREE, but please consider bringing a non-perishable food item for the Foothills Food Bank!



### Plan, Do, Deliver & Survive the Holidays sans the Extra Pounds

Wednesday, December 5 • 2-3:30 pm

Go through the Holidays a healthier way without stress! Learn to manage your diet in challenges of family gatherings, parties & other unhealthy temptations. Chef Celine will offer valuable information to help with holiday challenges, provide healthy twists on traditional recipes, & guide you as you put together a PLAN OF ACTION for the holidays! Handouts will be provided to ensure that you have a clear knowledge of your Healthy Holiday Plan. **Register:** 480-488-2286. **Cost:** \$25, food included.

### Your 2018 Guide for Healthy Eating & Better Health

Thursdays, Nov 1-Dec 13 • 10-11:30 am

(6-week class series)

Curious why your diet does not give you the results you are longing for? The benefits of proper eating & exercise can make an impact for good for most health problems. Join us to discover how the body works with the foods you consume & can provide the benefits of a healthier life style, providing more energy and get up and go! **Register:** 480-488-2286. **Cost:** \$15 per class.



### Family Listen & Lounge

Saturday, December 15 • 1:00-1:45 pm

Bring a pillow, cushion, and/or blanket for our newest family program! This is a great opportunity to discover new music, podcasts, and audiobooks. Enjoy a snack while listening to a newly released children's music CD. Then get comfy as we listen to a podcast or excerpt from an audiobook. There will be coloring or activities available.

### Polar Express Movie Night

Wednesday, December 19 • 4:30-6:30 pm

Join us dressed in your pajamas for our Polar Express Family Movie Night! We will serve hot chocolate and get cozy for a family favorite holiday film. Children of all ages and families are welcome. Call 480-488-2286 to register to ensure we have enough hot chocolate, drop-ins welcome.

### Lego® Club Holiday Movie

Thursday December 27 • 4:00pm

Children of all ages are invited to Movie Night with Lego Club volunteer Miss Karen. Enjoy popcorn while watching *An All Dogs Christmas Carol*. Call 480-488-2286 to register.



## Meet Mrs. Claus

### Mrs. Claus @ Desert Foothills Library

Tuesday, December 11 • 10:30 am - noon

We are excited to celebrate the holidays with a visit from Mrs. Claus! This event will include stories, crafts, & more. Children and families are invited to join us for this fabulous program. Please call 480-488-2286 to register for this free family event or drop-in for holiday fun!



### Passport to Reading: Winter Reading Program

Pick up your copy of our Passport to Reading! Complete eight reading challenges for a prize. All participants are invited to our party on January 9th.



# YOUTH PROGRAMS

## STORYTIMES

### Storykids Family Storytime

Tuesday, December 4 • 9:45-10:30 AM

Children who have not yet entered kindergarten are encouraged to join us for a 30-minute storytime featuring music, movement, & stories. Siblings are welcome. There will be no storytime December 11, 18 or 25 for holidays and holiday programs.

### Lapsit for Little Ones

Thursdays, December 6 & 13 • 10-10:30 AM

Geared to children 10 months to 3 years, join us for a fun 25-minute romp with music, books, rhymes, fingerplays, and felt stories. Siblings are welcome. No regular storytime on December 20 or 27 due to holiday break.

## FAMILY PROGRAMS

### Holiday Crafts For Kids

Saturday, December 1 • 10:30-11:30 AM

Join us during the Library's Holiday Craft & Bake Sale for an all ages program with holiday crafts for kids! Let your kids craft while you browse our Holiday Craft & Bake Sale.

### Spanish Christmas Carols



Sunday, December 1 • 1:00-2:00 pm

Children and families as well as adults are invited to learn 5 internationally known Christmas carols in Spanish. Enjoy singing and learning Spanish vocabulary to holiday music. This is a great way to get in the holiday spirit!

### Little Builders

Wednesday, December 5 • 10:30-11:30 am

Join us for 1 hour of constructive free play for preschoolers to age 6. We will have a variety of building and STEM toys available. Building and manipulating objects expands imagination, encourages cooperation, develops problem-solving, and fine motor skills and teaches focus and patience.

### Papa Hugs Performance and Holiday Sing Along

Saturday, December 8 • 1:00-2:00 pm

Kids of all ages and families will enjoy this event starring local performer David Sharpe of Papa Hugs. Enjoy his original music as well as several holiday sing along songs. David Sharpe has been nominated for a GRAMMY® Award for Best Children's Album of The Year.



## FOR THE LOVE OF BOOKS & WRITING



### Bad Men, Bad Times and Beautiful Dolls

#### The Pulp Fiction Era

Tuesday, December 11 • 1:30-2:30 pm

Charles presents the pulp fiction era (1900-1950s), the creative maelstrom that served as the foundation for science fiction, western, fantasy, hard-boiled detective, and nearly all fiction genres that followed. His insights into the differences between the pulps and the slicks, the authors, and the prevalent writing styles of that era are sure to please old and young alike. He compares the pulp era and present publishing environments with highlights from his personal experiences. Fun audience interaction adds to the stimulating anecdotes Charles reveals in order for attendees to better understand our literary past. **Register:** 480-488-2286.

#### Literate Foodie Club

Monday, December 3 • 12:30-2:30 pm (1<sup>st</sup> Mondays)

Love food, books, cooking & conversation? We will explore all these and more. **Topic:** CAKE party! In the words of Julia Child: "A party without cake is just a meeting." Facilitated by Dana Rakinic. Questions: danarakinic@gmail.com. **Register:** 480-488-2286. **Cost:** \$10.

#### Literary Salon New Authors, New Books and New Year!

Thursday, December 20 • 10 am-Noon (3<sup>rd</sup> Thursdays)

Let's consider some new authors to jump start 2019. Define "new" - New author? Established author's new book? Do you find new genres or trends? Consider 2018 books: *Empire of Sand* by Suri, *Flames* by Arnott or Ahmed's *The Life & Times of a Very British Man*. No registration.

#### Library Book Club

Thursday, December 13 • 10 am-Noon (2<sup>nd</sup> Thursdays)

Join for our Holiday Event! Everyone is welcome! No registration.

#### Writer's Connection

Friday, December 7 • 1-3 pm (1<sup>st</sup> Fridays)

Today's world is at a writer's fingertips. A few keyboard strokes open the internet information gates to help you create stories that are distinctively credible and compelling. **This month's workshop:** Cynthia Kiefer: Writing Your Ancestor's Everyday Life World. Learn how to sort & integrate details evoking the historical and social settings in which your ancestors lived. Depicting the "everyday life worlds" of your ancestors & family members will help readers engage with them as real people living in a specific time and place. **Register:** 480-488-2286.

#### Crossing Class: Invisible Walls & Kindness of Strangers

Friday, December 28 • 2-3:30 pm

Join authors Mark Walker & John Timm! Timm's short story "A Good Day at the Office" is a modern day tale, drawing inspiration from the biblical story of the "Widow's Mite." Walker's essay, "My Life in the Land of the Eternal Spring: The Coffee Plantation," was inspired by an encounter with his young daughter & her privileged lifestyle in contrast to that of the worker's children on a Guatemalan coffee plantation. Walker will also tap into his award winning book, *Different Latitudes, My Life in the Peace Corps and Beyond*. Both authors contribute to Universal Table/Wising Up Press, dedicated to exploring challenges & lasting rewards of living up close & personal with pluralism in social, family, religious and civic life, or more simply: Finding the 'We' in 'Them', the 'Us' in 'You'. **Register:** 480-488-2286.

#### Memoir Writer's Group

Monday, December 10 • 10-11:30 am (2<sup>nd</sup> Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova.

# ADULT PROGRAMS

## MUSIC and the SILVER SCREEN

### Remembering Debbie Reynolds

Saturday, December 29 • 1-2 pm

Spend an afternoon with Jan & Nicole as they salute America's Sweetheart: Debbie Reynolds! A wonderful new show filled with backstage stories, humor, and of course, great songs like "Tammy," "Singin' in the Rain," and many more!! Performances by well-loved guests Jan Sandwich & Nicole Pesce!!

**Register:** 480-488-2286.



### Monday Movies at the Library

Every Monday • 2:30 pm

New Releases, with a Foreign Film once each month! Check our website [www.dfla.org](http://www.dfla.org) for titles. No registration.

### Drive-In Movie Theater

Every Thursday • 5 pm

Miss parking your vehicle, grabbing popcorn, & reclining back to watch the golden movies of yesteryear? Well, the library might not be your typical drive-in movie theater but we can help with good, classic movies! Join us every week for a movie from the early years of film up to the 1980's but nothing beyond that! Reminiscence with your old favorites and enjoy great films before billion-dollar productions, Netflix, or Redbox! No Registration.



### Music @ the Movies

Thursday, December 6 • 2-5 pm (1<sup>st</sup> Thursdays)

Join us for a celebration of movie musicals! Hosted by music enthusiast, Annis Scott. **This Month:** *White Christmas* - Bing Crosby and Danny Kaye join Rosemary Clooney and Vera-Ellen to perform a Christmas show in rural Vermont to save the failing country inn of the boys' former WWII commander, played by Dean Jagger. So what's the foursome to do but plan a yuletide miracle: a fun-filled musical extravaganza to put the inn back in business. 2 hrs. No registration.

The following two movie events feature a post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow.

### World War II Cinematic Reflections

Friday, December 7 • 3-5 pm (1<sup>st</sup> Friday this month only)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from the war - stories filled with daring, intrigue & sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event.

**This Month:** *Remember Pearl Harbor*. **Register:** 480-488-2286.

### International Film: French Cinema

Friday, December 14 • 3-5 pm (2<sup>nd</sup> Fridays)

Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe.

**This Month:** *Les Cowboys*. **Register:** 480-488-2286.



Desert Foothills Library  
*10<sup>th</sup> Annual Gala*  
Saturday, February 9, 2019  
*Red Carpet Evening*

Dinner  
Cocktails  
Auctions  
Entertainment  
\$200 per person  
Library Benefit

Featuring  
*Renowned Pianist*  
Nicole Pesce  
Hollywood Scores and Soundtracks

Plus Talent from the  
Phoenix Opera

printed courtesy of The UPS Store Cave Creek / Tempeville / Cave Creek



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# ADULT PROGRAMS

## MORE PROGRAMS OF INTEREST

### Bridge

**Cost:** \$85 for each 8 session course OR \$150 for both, including materials.

### Bridge Bootcamp

**Register for both courses:** 480-488-2286.

Fridays, December 7-January 25 • 10 am-Noon

This class is designed to introduce new players to the world of bridge & to improve the skills of those who have been playing for a short time & want to improve their game. Emphasis will be on describing opening bids, responses, popular conventions & a very short description of the 2-over-1 bidding system.

### Supervised Bridge Play

Fridays, December 7-January 25 • 1-3 pm

The class consists of a short lesson followed by two or three pre-dealt hands, illustrating the lesson for the day. Each table bids these hand separately & compares notes as to the bidding and play. The 2nd part of the class is one hour of randomly dealt hands played by each table with the instructor advising. Players at any level may participate.

## From Blankets to Rugs: the History & Development of Navajo Weaving

Friday, December 14 • 11 am-12:30 pm

Learn about the development of Navajo weaving from the 1680s to the 1950s, described with photos. There are various types and styles from the classic wearing blanket period of 1800-1860 through the regional rug period of 1910-1960. **Register:** 480-488-2286.



### Learn How-To

### with Karsten's ACE Hardware

Tuesday, December 18 • 2-3:30 pm

Do you binge-watch HGTV and feel motivated to find your own at-home projects and fixer uppers? Each month Karsten's Ace Hardware of Carefree will be providing How-To demonstrations to help you find tidbits and techniques to help around your home. **This month:** Holiday Lighting. **Register:** 480-488-2286.



## Intermediate Conversational Spanish

Every Wednesday, 10:30 am-Noon

Informal chat session using various books, flashcards, etc. No instructor. No registration.



## ROCKET LANGUAGES

### Choose from 13 Languages

Learn to speak a language online today! All you need is a **free** Desert Foothills Library Card to get started. Visit our Digital Library at [dfha.org](http://dfha.org). With our comprehensive multi-media packages you will be speaking and improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course.



## ONGOING HEALTH AND FITNESS



### Gentle Yoga

Every Sunday, 11 am-Noon & Wednesday, Noon-1 pm

You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance & sharpen the mind. *Bring a yoga mat and light blanket.* **Registration:** contact Marina Kachur: [yokama14@gmail.com](mailto:yokama14@gmail.com)

Or 480-510-6572. **Cost:** \$8 cash, pay each class.

### Yoga Fusion (Intermediate level)

Every Thursday, Noon-1 pm

This intermediate-level course starts with breathing exercises, stretching moves and then into Vinyasa or Flow yoga, standing sequences and balance exercises. 5 minutes of Savasana ends the class. **Questions:** Elizabeth Boisson: [evboisson@yahoo.com](mailto:evboisson@yahoo.com) or 480-363-5275.

**Cost:** \$8 cash, pay to instructor at each class.

### Yoga Nidra

Every Thursday • 1-2 pm

Yoga nidra, yogic sleep, is a state of consciousness between waking & sleeping. Relax, as you become aware of your inner world, following verbal instructions, to reduce stress & increase nightly sleep. *Bring a yoga mat or light blanket.* **Registration:** Elizabeth Boisson at [evboisson@yahoo.com](mailto:evboisson@yahoo.com) or 480-363-5275. **Cost:** \$8 cash, pay instructor each class.

### Qigong/Tai Chi

Every Friday, 9-10 am

A discipline that can be practiced & benefits gained at any age – you are never too old! Blend Qigong and Tai Chi, with deep breathing, repeated gentle motions & stretches to improve health, balance, agility & flexibility. Wear loose clothing & bare feet. **Questions:** Bina Bou at [bina.b75@gmail.com](mailto:bina.b75@gmail.com) or 480-284-1300. **Cost:** \$40 cash for 5 classes; or \$10 drop-in.

### Guided Meditation

1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, December 5, 19 • 4:45-5:45 pm

In this practice, we lie on the floor with closed eyes and relax in the space just before sleep.

*Please bring a yoga mat or blanket.* **Questions:** Payton Cooper at [studiomag-ic@cox.net](mailto:studiomag-ic@cox.net) or 480-563-1142. **Cost:** \$8 cash, pay instructor each class.

### Therapeutic Bodywork

Saturday, December 15 • 10:30 am-Noon (3<sup>rd</sup> Saturdays)

Spend 15-20 minutes experiencing the healing power of infrared therapy while relaxing on an Amethyst Biomat. Aid your body in healing from chronic pain, arthritis, and/or injury while boosting your immune and reducing stress. Relaxing foot and leg massage included.

**Registration Required:** Contact Jenna Richard at [jennarichard1490@gmail.com](mailto:jennarichard1490@gmail.com). **Cost:** \$20 for 15 minutes or \$25 for 20 minutes.

### Natural Body Movement

Sunday, December 16 • 1-2:30 pm (3<sup>rd</sup> Sundays)

Classes are a gentle approach to movement. Emerge from mindfulness, learn to trust the body's sensations while increasing strength, flexibility & mental clarity. Release stress, tension & chronic pain. *Bring a light blanket.* **Questions:** Judah Page at [judah.page@gmail.com](mailto:judah.page@gmail.com) or 602-931-2865. **Cost:** \$20 cash, pay instructor each class.



# ADULT PROGRAMS



## ART & SOUL

### Art Exhibition Hidden in the Hills Showcase

Through January 25

As part of this year's Showcase, Desert Foothills Library is honored to host quality art from young artists of the Sonoran Foothills. Come, enjoy the art of our young people!!

### Art Critique presented by the Sonoran Arts League

Monday, December 10 • 4-5 pm

Sonoran Art League knows and research validates that group critiques contribute to artist development. This once a month opportunity to take a group look at your work is open to all artists and the general public to attend. Feedback will be honest and candid. Format is group talk. Our goal is to help all of us evolve and think about our work in a constructive manner. Bring 1-2 pieces of work that would benefit from feedback. **For more details or questions**, contact the Sonoran Arts League office at 480-575-6624 or [info@sonoranartsleague.org](mailto:info@sonoranartsleague.org).

## CRAFT & CONTENTMENT

### Sock Monkeys: America's Love Story

Tuesday, December 11 • 3-4:30 pm

The Sock Monkey Lady® invites you to join in the fun of America's Red-Heel Sock Monkey Tradition—a tradition that has sparked interest around the world. Learn about its 'thready' origin. View vintage and modern red-heel socks and sock monkeys from her collection whose unique features are the mainstay of this growing tradition. Several sock monkey stories by people whose monkeys have gladdened their lives will be shared. Learn how she got started 'monkeying around' and how easily you can, too! Show and tell! Bring your red-heel sock monkey and/or share your own sock monkey story—time permitting. **Register:** 480-488-2286.



### Mystical Mandalas

Wednesday, December 12 • 2-5 pm

Learn about the fascination, origin, traditions, and rituals of the Mandala as a spiritual tool to relax the mind. We will make a Mandala from a template with pens using ancient symbols and learn some Zentangle designs. Allow your creative brain to come out and play. No artistic talent needed. After we complete our designs, we'll set our intention, meditate, and enjoy a state of healing and insight. **Register:** 480-488-2286. **Cost:** \$25, all supplies included.

### Craft N Chat

Monday, December 17 • 1-3 pm (3<sup>rd</sup> Monday this month only)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.

**ASK AT THE FRONT  
DESK!!**



## LIVING LIFE

### AARP Driver Safety Program

Saturday, December 15 • 10:30 am-3 pm

A refresher course in driver safety & driving skills. Learn new driving techniques, rules of the road, defensive driving & how to minimize distractions. Materials are included. Completion of course may entitle you to an auto insurance discount (check with your insurer). Bring a sack lunch. **Register:** 480-488-2286. Class limited to 20. **Pay instructor at class:** \$20 or \$15 with AARP member card (checks only). **Plus** \$5 cash or check to Desert Foothills Library.

### Fact or Fiction: The Truth about Alzheimer's Disease

Monday, December 17 • 10-11 am

When it comes to Alzheimer's disease, we are constantly bombarded with ads touting the latest, greatest prevention strategy. Join this fun, interactive session as we sort through the 'noise,' share the truth about Alzheimer's disease, where we are and where we're headed. Leave with easy steps you can take to join us in our fight to end Alzheimer's disease before another generation is lost. **Register:** 480-488-2286.

## TECHNOLOGY & DIGITAL CONTENT

### Teen Tech Help Desk

Saturday, December 1 & 15 • 10 am-1 pm

Saturday, December 8 • 10:30 am-2 pm

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites and more! Bring your device or use a library computer. **Contact** Brandon: 480-695-2638 or Imogen: imogenbrooks01@gmail.com for more information. No appointments needed; 1st-come, 1st-served.



### E-Media & Library Digital Content Help

Every Tuesday • 10-11 am

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Overdrive, RB Digital, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.

## MONTHLY SUPPORT GROUP

Led by Hospice of the West facilitators

### Caring for the Caregiver

Monday, December 3 • 10-11:30 am (1<sup>st</sup> Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. No registration.

### "The Healing Pathway" After Loss of a Spouse or Partner

Monday, December 10<sup>th</sup>, 9:30-11:00 a.m. (2<sup>nd</sup> & 4<sup>th</sup> Mondays)

Monday, December 24<sup>th</sup>, 9:30-11:00 a.m.

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey. No registration.