More Events



MONEY MATTERS

How Women, Widows & Couples **Can Increase Income** & Reduce Taxes

Wednesday, January 24 • 10:30 am-12:30 pm

•Create a larger retirement income you can't outlive Decrease financial worries and stock market losses

•Help send grandkids to college

•Research on women's financial concerns

Presented by Dr. Harold Wong, PhD Economics (UC Berkeley), the long-time financial columnist for The AZ Republic. **Register**: 480-488-2286.

TEEN TECH HELP DESK

Sundays, January 14, 28 • 11 am-1 pm

Contact Bo Manuszak at

manuszakbo@vahoo.com.

Get help with e-mail accounts, apps,

downloading e-books, setting up devices, Windows 10, websites & more! Bring your device or use a library computer to get your questions answered. Contact Bo for more information. No appointments needed; 1st-come, 1st-served.

COMPUTER/TABLET CLASSES

All classes below taught by Tech4Life Registration required: 480-488-2286



Home Automation

January 4 • 9:30-11 am (1st Thursdays)



Amazon Echo, Google Home, Nest, Wink, Video. Unlock your doors, close the garage, change the temp, be notified of water leaks, see AND talk to someone at your door from **ANYWHERE!** Experience real practical applications of today's products.

Password Management & Security 101

January 25 • 9:30-11 am (4th Thursdays)

Frustrated with a million passwords? Worry about credit card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll explain all of this and more! Lecture and handout provided; no computers.



DESERT FOOTHILLS LIBRARY

VISION BOARD PARTY

Saturday, January 27 • 10:30 am-3 pm

A vision board is a collage representing things you would like to attract to your life. We will begin with a short guided meditation to get

grounded - clear of our intentions and dreams for 2018. <u>Please be punctual</u> as to not disturb the group meditation. You'll cut pictures and phrases out of our huge assortment of magazines (or your own magazines and photos). Glue the images and words onto a piece of poster board and place it somewhere you can see it on a regular basis -- then watch the magic happen! A special bonus: enjoy a lesson in using the power of Feng Shui on your vision board with Ro Rusnock, owner of Elements and Energy. **BRING**: poster board (maximum size 22 x 28) glue sticks and scissors (labeled with vour initials). **BRING To Share**: Yummy and healthy lunch item. We will provide: magazines, water and iced tea, plates, utensils. Limited seating. Register: 480-488-2286. Cost: \$25.

EMPLOYEE FINANCIAL CRIMES

Saturday, January 6 • 10:30–11:30 am



Jo-Ann M. Humphrey has an international credential for the detection & prevention of financial crimes. She helps businesses protect themselves from the devastating effects of various types of financial

crime.

•Tax Saving Solution for Medical Expenses •Protecting growth for Self Employed Business Owners Register: 480-488-2286.

SPANISH OFFERINGS

Intermediate Conversational Every Wednesday • 10:30 am-Noon

Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD

series, followed by discussion in Spanish. No instructor. No registration.

Spanish Classes

All Spanish classes below are taught by Alina Lowen, a native speaker who has taught for 30+ years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500.

Registration required 2 days prior to class start: 480-488-2286. Cost: \$54 for each 6-week series.

Spanish Level 1

Wednesdays, Jan 10-Feb 14 • 9:30-10:30 am No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

Spanish Level 2

Wednesdays, Jan 10-Feb 14 • 10:40-11:40 am **Spanish Level 3**

Wednesdays, Jan 10-Feb 14 • 11:50 am-12:50 pm **Spanish Level 4**

Tuesdays, Jan 9-Feb 13 • 10:40-11:40 am **Spanish Level 5**

Tuesdays, Jan 9-Feb 13 • 11:50 am-12:50 pm

A FINE MADNESS

Details at www.dfla.org January 2018

Wednesday, January 3 • 11 am-Noon

Legends of the mad genius and tortured artist fill the pages of art history. Are all artists on the edge of insanity? Delve into the lives of ten artists who faced mental illness throughout their lives. Take a 500 year journey from the



brooding of Michelangelo to the bizarreness of Dali to see how abnormal psychology changed the art world, & how art can heal the soul. Artists covered are: Michelangelo, Caravaggio, Bernini, Goya, Turner, Van Gogh, Munch, O'Keeffe, Rothko, & Dali. Presented by Lisa White, docent of The Phoenix Art Museum. Register: 480-488-2286.

DETOXIFICATION

Achievable Resolution to Your New Year Wednesday, January 10 • 10:30-11:30 am

Poor skin, fatigue, irregular digestion,

weight gain, and the increase in the need for medication -- are just some of the ways that show how toxic our bodies have become. We breathe toxins in our air. drink toxins in our water. ingest toxins through our food, even absorb toxins through our skin with the products we use. Enjoy a live demonstration, informative discussion, & SAMPLE 3 easy ways to detoxify & allow our body to heal, repair, & shed excess weight. Presenter Haley Cloud is a raw Vegan Chef, personal coach and author. For more information, visit www.LivingRawByGrace.com. Register: 480-488-2286. Cost: \$10.

FOR WRITERS Writers Connection

Researching the Roots of Your Story

January 5 • 1–3 pm (1st Fridays)

Marcia Fine, award-winning author of seven novels & an international speaker, shares how to research historical fiction novels. In four of her novels, Marcia has done extensive research about the time period, settings, real-life characters, textiles, food, geography & beliefs.



She's written about 1950s Miami, contemporary Paris, Poland in the 1920s, NYC in the 1930s, Spain and Portugal in the late 1400s and Mexico in the 1600s. Where does she find her facts? How does she know they are true? Where **does** inspiration come from? Marcia will share the secrets of rooting out the history of your story. Facilitated by Sherry Kesling. **Register**: 480-488-2286.



Remembering our Stories A Writing Group

January 4 • 9:30–11 am (1st Thursdays)

Experience connection and get inspired in a TERS CONNECTIO writing group that will nurture your heart and spirit, as well as spark your creativity. Absolutely no writing experience needed! Ouestions? Contact Life and Wellness Coach Sharon Spector at 512-460-9108. **Register:** 480-488-2286.

January 8 • 10-11:30 am (2nd Mondays)

Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.





More Events

AROUND THE WORLD IN 9 FILMS

The Best in International Cinema January 12 • 1–3 pm (2nd Fridays)

Movies are a great way to learn about different cultures -- how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture & country, yet at the same time, linking a thread of humanity that



stretches across the globe. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. This Month: Coming Home (109 min.). China. Register: 480-488-2286.

WWI CINEMATIC REFLECTIONS The 100th Anniversary January 19 • 3–5 pm (3rd Fridays)



Inevitable, but also easily avoidable, World War I is one of the most tragic and unique wars in history. This series will highlight films that define the triumphs, tragedies, innovations, and sacrifices in what was hailed as 'The War to End All Wars.' WWI will ultimately cause WWII and shape the entire 20th Century. A post-film

discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow. This month: Beneath Hill 60 (120 min.). Australia. **Register:** 480-488-2286.

MUSIC @ THE MOVIES

January 4 · 2–5 pm (1st Thursdays)

Beauty and the Beast: An American musical. romantic fantasy adaptation of the fairy tale about a monstrous-looking prince and a young woman. Belle (Emma Watson), a bright, beautiful and independent young woman, is taken prisoner by a beast (Dan Stevens) in its



castle. Despite her fears, she befriends the castle's enchanted staff and learns to look beyond the beast's hideous exterior, allowing her to recognize the kind heart and soul of the true prince that hides on the inside. 139 min. Hosted by Music Enthusiast Annis Scott. No Registration.



MONDAY MOVIES (2) THE LIBRARY

Every Monday \cdot 3–5 pm (no movie 1/1 & 1/15) New Releases, with a Foreign Film once

each month! Check our website www.dfla.org for titles.

MUSIC APPRECIATION

@ THE LIBRARY Fridays, January 12 & 26 • 4-5:30 pm

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Register:** 480-488-2286

January 12: "A Bernstein Celebration... it is the composer's 100th Birthday year"

January 26: A look at Wagner's "Siegfried Idyll" and Richard Strauss' Tone Poem, "Don Juan."



DESERT FOOTHILLS LIBRARY

CRAFT N CHAT

January 22 • 1–3 pm (4th Mondays)

Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and

conversation. New crafters and all skill levels are always welcome! No registration.



CRAFTY CARD MAKING

Saturday, January 13 · 10:30 am-12:30 pm

We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the

supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques & how to use all kinds of new supplies. Don't worry if you feel you are not creative – it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. Questions? Email melissasunde@gmail.com or call 480-392-1040 Registration required by Wednesday, January 10, to allow time for preparing class supplies: 480-488-2286. Cost: \$20.00.

MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration. **Caring for the Caregiver**

January 2 • 10–11:30 am (1st Tuesday this month only)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway"

After the Loss of a Spouse or Partner

January 8 & 22 • 9:30–11 am (2nd & 4th Mondays) Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.



LOOKING for a Fulfilling VOLUNTEER **OPPORTUNITY?**

Join the Desert Foothills Library & make a real impact! Volunteers are needed at the library & Chapter 2 Books. Shifts are generally 3-4 hours and available for all days of the week; Volunteers will be fully trained. Apply to Library Manager Terri Engebretson at tengebretson@dfla.org or 480-488-2286.



LIBRARY/BOOKSTORE Hours

Monday-Friday 9 am—6 pm Saturday, 10 am-4 pm Sunday, 11 am-3 pm

Front Desk: 480.488.2286 Bookstore: 480.488.2777 www.dfla.org

38443 N Schoolhouse Rd.

Cave Creek, AZ 85331

HOLIDAYS-CLOSED

January 1 & 15

DETAILS AT WWW.DFLA.ORG

CREATING GLADITUDE

Saturday, January 27 • 12–2 pm

Digging deep doesn't mean you have to get and keep your hands dirty. Get involved with what's own happiness. making and keeping you stuck. Author & Life Coach, Raleigh Pinskey, helps you establish credibility, prosper, and even surpass your goals. Questions? Call 480-488-4840 or raleigh@creatingglatitude.com. Registration Required: 480-488-2286. Cost: \$8.

LIBRARY BOOK CLUB

January 11. 10–11:30 am (2nd Thursdays)

Discussion of A Piece of the World by Christina Baker Kline. Everyone is welcome!

HEALTH & FITNESS

Guided Meditation

January 3 • 2–3 pm (1st Wednesdays)

In this practice, we lie on the floor with closed eyes & relax in the space just before sleep. *Please bring a yoga mat or* blanket. Registration required: Contact instructor Payton Cooper at studiomagic@cox.net or 480-513-0701. **Cost:** \$6 cash, pay to instructor at each class.



Qigong/Tai Chi Easy Every Friday • 8:45-9:45 am

A discipline that can be practiced and benefits gained at any age-you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing & repeated gentle motions and stretches to improve health, balance, agility and flexibility. Wear loose clothing and bare feet. Registration required: Contact instructor Bina Bou at 480-284-1300 or <u>bina.b75@gmail.com</u>. Cost: Prepay instructor \$40 cash for 5 classes, or \$10 drop-in.

Gentle Yoga

Sundays • 11 am–Noon

You are only one class away from a good mood! Yoga for Every Body: through a slow flow of controlled poses you'll begin strengthening your heart & bones, improving balance & sharpening the mind. Please bring a yoga mat & light blanket. **Registration required**: Contact instructor Marina Kachur: 480-510-6572 or mkachur01@hotmail.com. Cost: \$8 cash, pay at each class.

Restorative Yoga Every Thursday • Noon-1 pm

Great for beginners! Improve your ease of movement, flexibility, breathing & meditation. Please bring a yoga mat and light blanket. Registration required: contact instructor Elizabeth Boisson at 480-363-5275 or evboisson@yahoo.com.

Cost: \$8 cash to instructor at each class.

Natural Body Movement Every Sunday • 1-2 pm (No class 1/21)

Classes are a gentle approach to movement. Emerging from mindfulness, learn to trust the body's sensations while increasing strength, flexibility and mental clarity. Release stress, tension & chronic pain. Please bring a light *blanket*. **Registration** required: contact instructor Judah Page at 602-931-2865 or judah.page@gmail.com. **Cost:** \$10 cash, pay instructor at each class.

JANUARY 2018

Chapter 2Books

INSIDE THE LIBRARY OPEN 7 DAYS

Biggest used bookstore in the North Valley!

More than 15,000

BOOKs - DVDs - CDs - AUDIOBOOKs Starting at just 50 cents!

Special Sale Dates: January 12, 13, 14 (2nd weekend each month)



THE LITERATE FOODIE CLUB

January 8 • 12:30-2:30 pm (1st Mondays)

Love food, books, cooking and conversation? We will explore all these and more. **January Topic:** Goldy's Kitchen Cookbook: Cooking, Writing, Family, Life by Diane Mott Davidson. Feel free to bring/discuss your own favorite Diane Mott Davidson culinary mystery. Facilitated by Dana Rakinic. Questions? Contact danarakinic@gmail.com.



Register: 480-488-2286. Cost: \$10.

LITERARY SALON Not Your Typical "Book Club"



January 18 • 10 am–Noon (3rd Thursdays) January Topic: Characters We Love to Hate and Hate to Love. What makes some characters utterly detestable and others charmingly

reprehensible? We will explore the psychology of characters in literature and film who use manipulation and power as a means to their

unscrupulous ends. Discussion led by Andrea Markowitz. No Registration.







THE DATE!!!

Monday, May 7, 2018 **Desert Foothills** Library **Golf Tournament**







JANUARY 2018

Check It Out!

WILDENSTEIN AND ROSENBERG FORTUNES AND THEIR LEGACY

An Unbelievable Story about two art dealers with galleries in Paris and Ňew York City, one who hated the Nazis, & one who dealt with them, and got rich... Saturday, January 13 • 10:30 am-12:30 pm

Last year a door opened on the secret history of the art world's richest and most powerful family, the Wildensteins of Paris and New York City. From the accusations they collaborated with the Nazis, to the legendary contents of their bank vaults in New York and Switzerland, this story explores three generations of a secretive art-dealing dynasty whose \$5 billion fortune, Gulf Stream IV, racing stable, 66,000 acre ranch in Kenya, and



mansions and galleries in Paris and New York City cannot erase the rancorous legacy handed down from father to sons and grandsons. This true story is waiting to be a movie. Mary F. Cook will tell the story. She is a member of the *International* Foundation for Art Research, and lectures on the subject of Art Theft and Fraud. All proceeds benefit the Library. Register: 480-488-2286. Cost: \$6.

FROM UNDER THE RUSSIAN SNOW Thursday, January 18 • 10–11:30 am



Author Michelle Carter will discuss her second book, From Under the Russian Snow, a

memoir of the remarkable and challenging year she served as the USIA's Journalist-in-Residence in Russia, midwifing newspaper professional through the birth of an independent press in the post-Soviet, pre-Putin bubble of freedom. Books will be available at \$25 cash for hard cover (or \$14.95 for

paperbacks) Part of the proceeds of book sales will be donated to the Library by the author. **Register:** 480-488-2286.

TANGO: THE ART HISTORY OF LOVE

Tuesday, January 30 • 1-2 pm

"The dance that teaches the world to love and live in the idiom of Buenos Aires." This presentation hopes to spread the joy of social Argentine tango. Somatic Brain Health Coach, Judah Page, takes you on a journey through tango's cultural origins. From Africa to Europe, on the shores of the port cities of South America, to tango's evolution that gave rise to its popularity around the globe. She explains how tango is not



just a dance of the body but also an expression of the soul and how this art has the power to transform individual lives. Judah aims to intrigue and delight all who are fascinated by tango's beauty and mystery. For more information, visit www.tangowisdom.com. Register: 480-488-2286.