

Community Programs

DESERT FOOTHILLS LIBRARY | CHAPTER TWO BOOKSTORE
JANUARY 2022

Desert Foothills
LIBRARY
enriching your community

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**STORYTIME IS
BACK!**

PLUS NEW BABY
STORYTIME

**TEEN BOOK
CLUB:**

MANGA EDITION

**THE
BEATLES**

THE SOLO YEARS

Desert Foothills
LIBRARY *Est. 1954*
enriching your community

Library Closed
January 1st
January 17th

Library Hours

Monday, Wednesday, Friday
9:00-5:00 PM
Tuesday, Thursday
9:00-6:00 PM
Saturday
10:00-4:00 PM



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Special Sale Dates: January 7 & 8

Donations are welcome and help support the Library!

Find more out at DFLA.ORG/Chapter-2-Books or come in and see us

TEEN PROGRAMS



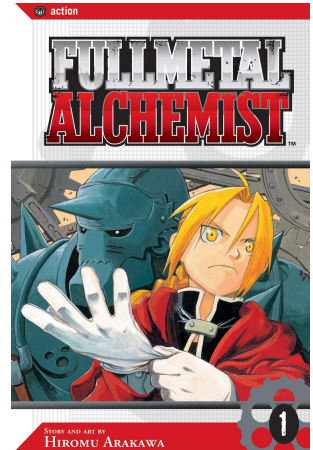
Teen Game Testing Night Thursday, January 13, 4:30-6pm



Come learn a board game! Teen Volunteers will lead a table for each game. One table will be Ticket to Ride, a strategy board game aimed at developing the longest route across North America as well as accomplishing additional objectives. The other table will be Fluxx, a card game where playing the game changes the rules.
This program is suited for ages 12-18.

Teen Book Club: Manga Edition Fullmetal Alchemist: Volume 1 by Hiromu Arakawa Wednesday, January 19, 3:30-4:30 pm

Librarian Heather is diving into the world of manga for the first time and needs your help – either as a guide or as a fellow beginner! Each month, we will read the first volume of a different manga series to discuss it and manga in general. January's book is Fullmetal Alchemist: Volume 1 by Hiromu Arakawa. Snacks will be provided! Copies of the book will be available for checkout.
This program is suited for ages 13-18.



Dungeons & Dragons Saturday, January 29th, 1-3pm

Interested in Dungeons & Dragons but don't know how to get started? Love D&D but don't have a group? Join Librarian Heather as she leads adventurers through a campaign, explaining the basics along the way. Both seasoned players and people new to RPGs are welcome! If you are able, please come with a filled out Level 1 character sheet (blank ones will be available in the library). There will also be premade characters available on the day of.
This program is suited for ages 12-18.

Jubilate Music Classes

**Mondays, 4:00-5:00pm | Tuesdays, 4:15-5:30pm | Wednesdays, 4:00-5:00pm
Saturday, 10:00-12:00pm | Saturday, 12:15-1:00pm**

Jubilate Conservatory of Music, a school of classical music, where young students learn to read and write music, presents in-person music classes at Desert Foothills Library. Violin, viola, cello and choir will be instructed in an after-school format. Online lessons and classes will continue with a particular favorite, Online Collaboration, where students work together online to create a music video. Information about Jubilate Conservatory of Music may be found at jubilateconservatoryofmusic.org. Saturday Music Classes are offered free of tuition. These classes are through Jubilate Conservatory of Music. Instruments are not provided. If you are interested, please contact Laya Field for more information at 480-993-6147.

YOUTH & FAMILY PROGRAMS

Storytime at Desert Foothills Library

Children and their grownups are invited to join Miss Heather for a 30 minute storytime featuring developmentally appropriate songs, movement, & stories to foster early literacy skills. Afterwards, there will be a craft or activity to expand upon storytime. Please register beforehand as space is limited and so there are enough supplies for crafts.

Toddler Storytime

Tuesdays, 10:30-11:15am | January 11, 18, 25

Children ages 1-3

Preschool Storytime

Thursdays, 10:30-11:00am | January 6, 13, 20, 27

Children ages 4-6

Baby Storytime

Every Other Friday, 10:30-11:00am | January 14, 28

Children ages 0-18 months



Sonoran Desert Story & Stroll: An Interactive Nature Series

Tuesday, January 4, 10:30-11:30am



Quincy the quail is a little clumsy, but a lovable character that always seems to find a way to avoid trouble in his Sonoran Desert home. Join author, Barbara Renner as she reads one of her three picture books about Quincy and his adventures. After the reading you will get to make a Quincy the quail of your own to take home and also embark on a Sonoran Desert adventure with your guide to explore and learn more about the amazing place that Quincy calls home.

This program is suited for ages 3-7.



Me & My Doll

Tuesday, January 11, 4-5 pm

Bring your favorite doll to the library for this program! Supplies and directions will be provided for participants to make matching tutus for themselves and their dolls. Miss Heather will read from a book based on a popular doll will children work on their tutus.

This program is suited for ages 6-12.

Children's Puzzle & Game Morning

Friday, January 14, 10-11am

The library will be breaking out our floor puzzles and literacy games for Toddlers and Preschoolers. Spend the morning learning important pre-literacy skills and having fun!

This program is suited for ages 1-5.



Parenting 101 in 2022

Saturday, January 15, 1-2:30pm

Being a parent is one of the most challenging jobs you will ever have, as well as one of the most rewarding. The end goal is to raise, confident, self-reliant, and well-grounded children. Discover options and solutions to the support you in your daily role as a parent, towards achieving that goal.

This class will be presented by Michele Guy Syne, who is a Professional Engineer and Certified Hypnotherapist. Michele teaches monthly classes, and gives private sessions to support her Clients in finding the resources within themselves to improve their lives by removing limiting beliefs, patterns of behavior, and painful emotions and memories which no longer serve them. *This program is for parents, guardians, and caregivers. While parents attend this class, children ages 6-9 are invited to participate in an art class, detailed below.*

Art Masterpiece Class: Camille Pissarro

Saturday, January 15, 1-2pm

While parents attend Parenting 101, children are invited to participate in the following art class!

Come explore the French Impressionist painter Camille Pissarro through an Art Masterpiece class of his painting *Pluie, Place du Theatre Francais, Rain*. This class is for children in Kindergarten to 3rd grade and will include a brief lesson on impressionism, Camille Pissarro, and an art project. This class will be taught by Wendy Wurr, who was trained by Docents at the Minneapolis Institute of Art on many masterpieces to be taught to elementary school students.

This program is suited for ages 6-9.



LEGO Build Your Own Adventure: Strongest Bridge

Tuesday, January 18, 4:30-5:30pm

Your challenge, should you choose to accept it, is to build the strongest bridge out of LEGOs. The sky is the limit with how you meet this challenge. Librarian Heather will have bridge facts to inspire your design.

This program is suited for children 6-12 years old.

***Please go to dfla.org/events/ to see which events require registration!
We want to have enough supplies & snacks for everyone!***

ADULT PROGRAMS

All programs are free
and no registration
needed unless noted.

SIX STRATEGIES TO DOUBLE YOUR RETIREMENT INCOME & SLASH TAXES

Saturday, January 15, 10:30 am

Confused about social security rules? Worried about running out of money in retirement? Looking for tax cutting options? Want more money for bucket list dreams? Negative economic news and harsh tax laws are looming. Come to learn proven methods for maximizing retirement income, minimizing Wall Street risk, and cutting taxes. RSVP at dfla.org/events



2021 CYBER SECURITY & WINDOWS 11 Q&A

Thursday, January 20, 9:00 am

We see one cyber-attack EVERY DAY in Cave Creek / Carefree! You are the target. Planning reduces your risk and your losses! Windows 11 will change your desktop and YOU DON'T HAVE A CHOICE! Newer computers will be first starting in October. Find Out What to expect. Free Class led by Steve Woods, Alex Deuel, and Lanier Courts of Tech 4 Life Computers. Over 55 years of experience available to you for free! RSVP at Techfourlife.com

THE BEATLES: THE SOLO YEARS

Friday, January 21, 10:00 am

Vinnie Bruno is back! The lecture will continue in the footsteps of The Beatles story and focus on the highlights of the 'solo' post-Beatles careers of John, Paul, George and Ringo. We will explore the aftermath of The Beatles legacy and how they established themselves as solo artists. Our journey will also discuss their musical collaborations with each other on many of their solo projects. Coming full circle, we will explore their last collaborative project 'The Beatles Anthology' released in the late 90's. RSVP at dfla.org/events



ESTATE PLANNING MADE SIMPLE

Saturday, January 22, 10:30 am

We will cover the basics of Estate Planning. The various documents that comprise an Estate Plan and how to utilize them. Stephanie and Mike Maloney have been educating the public on Estate Planning for nearly 35 years. We enjoy educating the public to make a complicated subject simple. RSVP at dfla.org/events



#ENRICHING YOUR COMMUNITY HAPPY HOUR

Tuesday, January 25, 4:30 pm



Come celebrate the Desert Foothills Library at one of our quarterly #EnrichingYourCommunity Happy Hours! This is your chance to celebrate your local library and to show your support. 91% of our funding comes from generous supporters like you. You make our work possible!

Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.



DIGITAL MARKETING TIPS FOR SMALL BUSINESSES

Wednesday, January 26, 9:00 am

Learn how to market your business in this digital world. Receive tips that will help you become successful online. Get thinking like a marketing professional ALL the time!

RSVP at Techfourlife.com

VOLUNTEER INCOME TAX ASSISTANCE

Call for an appointment starting January 3rd



The IRS and Masters of Coin-sponsored Volunteer Income Tax Assistance (VITA) program offers free tax help for low to moderate income families, elderly persons, persons with disabilities, and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. Please call 480-488-2286 to schedule an appointment. Forms to be filled out are available for pick up prior to appointment.



CRAFT'N'CHAT

Mondays, 1:00 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome!

EBOOK & ONLINE DATABASE HELP

Tuesdays, 11:00-12:00 pm



Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Libby, Cloud Library, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed.



MAHJONGG 103: UNSUPERVISED PLAY

Thursdays, 1:30-3:30 pm

Informal MahJongg play for any level! Groups, individuals, and recent student of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. This group is unsupervised. No sets are provided, must bring your own. Cost: \$5

ALCOHOLICS ANONYMOUS

Thursdays, 5:00 pm



Alcoholics Anonymous meetings are held every Thursday at Desert Foothills Library.

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ADULT PROGRAMS

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DEATH CAFE

Wednesday, January 5, 12:30 pm

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for an open, respectful, interesting conversation about topics relevant to all of us but often considered “dark” or even taboo. From more information go to www.deathcafe.com



Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, and more! Hosted by music enthusiast, Annis Scott. This Month: Finian's Rainbow

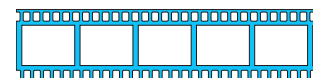
MUSIC AT THE MOVIES

Thursday, January 13, 2:00 pm

INTERNATIONAL FILM SERIES: WOMEN DIRECTORS

Friday, January 14, 2:00 pm

Film is the most popular form of art and entertainment in the world and a wonderful way for us to communicate with each other. The International Film Series gives us a glimpse into other cultures to see their uniqueness, history, and what is important to them. It is also a great look into the universality of all countries and cultures and allows us the opportunity to see often times we share more than we realize. Travel around the world with us as we explore innovative films and fascinating cultures. A post film discussion will follow with Gary Zaro. This month: After the Wedding RSVP at dfla.org/events/



LITTLE KNOWN STORIES OF WWII

Friday, January 21, 2:00 pm

This film series offers little known war stories filled with daring, intrigue, and sometimes such improbability they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event, one that still effects our lives and world today. Everyone is invited to participate in the discussion following each film with Gary Zaro. This month: To End All Wars RSVP at dfla.org/events/

PUZZLE EXCHANGE

Friday, January 28, 9:00-5:00 pm

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave one puzzle and take four, the more the merrier. Offered on the last Friday of every month. All ages and skill levels encouraged!



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LITERARY



LITERATE FOODIE CLUB

Monday, January 3, 12:30 pm

Literate Foodies focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks! This Month:

Kitchen Yarns: Notes on Life, Love and Food by Ann Hood. RSVP at dfla.org/events/ - Seating is

Limited, RSVP today! Cost: \$10

MEMOIR & ESSAY WRITERS' GROUP



Thursday, January 6, 1:30 pm

If you enjoy personal writing, please join our group. Novice and seasoned writers meet monthly to read aloud stories and receive constructive feedback and suggestions on how to develop their writing styles. You are welcome to bring 1-2 pages of humorous or serious prose to share with others.



Today's world is literally at a writer's fingertips. A few keyboard strokes can open the information gates to help you create stories that are distinctively credible and compelling. This Month: Roy Tawes

RSVP at dfla.org/events/

GET LIT BOOK CLUB



Tuesday, January 11, 5:00 pm

A happy hour book club. Not for the faint of heart! Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support our community. This Month: Gold Dust Woman: A Biography of Stevie Nicks by Stephen Davis at The Creek Patio Grill. RSVP at dfla.org/events/ Cost: FREE but we do encourage you to eat, drink, and be merry in support of our local businesses.

BOOK CLUB



Thursday, January 13, 10:00 am

Tuesday, January 25, 10:00 am

Book Club is offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. Everyone is welcome! This Month: The Discerning Eye by Carol Orange.

LITERARY SALON



Thursday, January 20, 10:00 am

An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the theme. This Month: Let it Snow! Snow creates a dramatic backdrop that becomes a character all its own. Can you imagine how different the quirky crime story ' Fargo ' would be if it had been set in a tropical climate? It wouldn't be the same chilly tale, literally and figuratively. Tell us about how snow plays a prominent, indispensable role in a fiction or nonfiction book or film of your choice.

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ADULT PROGRAMS

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HEALTH

CARING FOR THE CAREGIVER

Monday, January 3, 10:00 am

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.



THE HEALING PATHWAY

Monday, January 10 & 24, 9:30 am

Join us on this Journey that will guide you to find a "new normal" as you process through your personal grief journey. Led by Hospice of the West facilitators.

GENTLE CHAIR YOGA MONDAYS 11:00-12:00 PM

GENTLE YOGA WEDNESDAYS 11:00-12:00 PM

Yoga for Every Body! Through a slow flow of poses coordinated with the breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Chairs are provided for Monday classes.

Questions about these classes, please contact instructor Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10



TAI CHI - QIGONG FOR EVERYONE!

Tuesdays, 9:00-10:00 am

A discipline that can be practiced and benefits gained at any age – you are never too old! A blending of Qigong and Tai Chi, with deep breathing, repeated gentle motions, and stretches to improve health, balance, agility, and flexibility. For healthy body-mind-breath-balance with Tai Chi coach Bina Bou. To see the full schedule check out mindbodyfocusQi.com. Questions: Contact instructor Bina Bou: 480-284-1300 or bina.b75@gmail.com. Cost: \$10

MEDITATION WITH REIKI HEALING

Wednesday, January 5 & 19, 1:00-2:00 pm

Meditation and relaxation have been proven to promote mental and physical changes in a person. Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing affects.

Questions about Meditation with Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com Cost: \$10



New Public Computers

We received a grant to purchase new computers! We now have 8 adult and 3 youth computers for the public to use and we have upgraded to color printing. Come try them out for homework help, job searches, and so much more!

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REIKI HEALING

Wednesday, January 12 & 26, 1:00-2:00 pm



HEALTH

Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, how you can use it and how you can consciously control more of the energy that makes up all that is you. Each person is here for their unique experience, no matter the age or belief system, there is something for you to glean from knowing more about yourself and how better to know yourself than through the part of you that is unseen. Healing is the focus of Reiki and healing is multi-level. Questions about Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10



YOGA FUSION

Thursdays, 12:00-1:00 pm

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class.

Questions about Yoga Fusion, please contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. Cost: \$10

LONGEVITY, HEALTHY AGING, AND REGENERATION

Friday, January 21, 11:00 am



What are the habits of those who have lived into extreme old age? This has been studied and documented for centuries. What do these studies have in common? What patterns emerge. Can we change our patterns or lifestyle, if so, how and what effect will this have?



NUTRITION OVER 50

Friday, January 21, 12:00 pm

Learn and discuss nutrition and how it changes with age. Discuss healthy food options and a menu for a week. Learn the philosophy behind fasting and intermittent fasting, create a plan to change your eating patterns. Questions about Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10

BIG SALE

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every month has blow
out sales!**

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