

## More Events

## DESERT FOOTHILLS LIBRARY

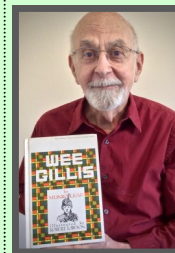
Details at [www.dfla.org](http://www.dfla.org) June 2018

## More Events

### CRAFT N CHAT

June 25 • 1–3 pm (4<sup>th</sup> Mondays)

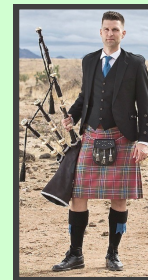
Do you knit, crochet, or practice another table craft? Join other local enthusiasts monthly for companionable creating and conversation. New crafters and all skill levels are always welcome! No registration.



### WEE GILLIS Story Program With Bagpipe

Saturday, June 2 • 1–2 pm

Wee Gillis is about a boy who lives in Scotland and divides each year between the Lowlands, where he learns to call cattle with a very loud voice, and the Highlands, where he stalks stags, holding his breath so as not to make a sound. Because he can control his breath so well, he is the only one able to play a new, magnificent bagpipe. Don Scott will read the story by Mundro Leaf and Wheaton McClanathan will play the bagpipe. Geared for children and adults. **Register:** 480-488-2286.



### E-MEDIA & LIBRARY DIGITAL CONTENT HELP

Every Tuesday • 10:30–11:30 am

#### eBooks & Audiobooks



Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Overdrive, RB Digital, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No Registration.

### TEEN TECH HELP DESK

Sundays, June 10 & 17 • 11 am–1 pm

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites and more! Bring your device or use a library computer to get your questions answered. Contact Bo Manuszak for more information: [manuszakbo@yahoo.com](mailto:manuszakbo@yahoo.com). No appointments needed. 1<sup>st</sup>-come, 1<sup>st</sup>-served.



### MONDAY MOVIES @ THE LIBRARY

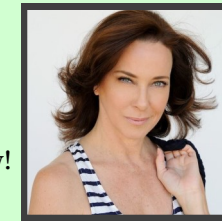
Every Monday • 3 pm

New Releases, with a Foreign Film once each month! Check our website [www.dfla.org](http://www.dfla.org) for titles.



### CLARISSA BURT

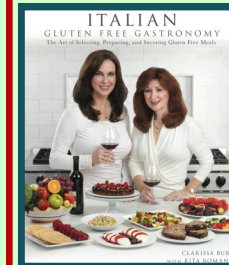
Clarissa Burt is an internationally renowned supermodel, award-winning actress, television/radio producer, public speaker, author, writer, emcee and survivor of the Celebrity Survivor TV show! Clarissa has graced the cover of over 250 fashion and beauty magazine covers and has walked the runway for many major international clothing designers. Ms. Burt's rise to celebrity stardom started in Italy where she lived for 30 years. A Beauty and Lifestyle expert, her signature beauty, wellness and lifestyle brand celebrates all women through her signature four pillar philosophy; Look Good, Feel Good, Be Good and Greater Good.



### Feel Good Series Italian Gluten-Free Cooking Class

Thursday, June 28 • 11 am–12:30 pm

Learn how to make sumptuous Italian Gluten Free meals based on Clarissa Burt and Rita Romano's The Italian Gluten Free Gastronomy Cookbook. You can now eat pasta, pizza and pane (bread) without the dangers of gluten. Gluten, the naturally occurring proteins in wheat, barley and rye can be life-threatening to people with celiac disease causing diarrhea, bloating, gas, fatigue, low blood count (anemia), osteoporosis, autoimmune diseases such as Hashimoto's thyroiditis, Rheumatoid arthritis, Ulcerative colitis, Lupus, Psoriasis, Scleroderma or Multiple Sclerosis. Migraine headaches, inflammation, swelling or pain in your joints such as fingers, knees or hips is also common in gluten intolerance. **Register:** 480-488-2286. **Cost:** \$20 per person.



### LOOK GOOD SERIES Non-Toxic Cosmetics

Thursday, June 28 • 2–3:30 pm

Let's get the toxins out of our beauty regime! It's time for us to put in place a healthy self-care regime!! Clarissa Burt will show you how to make your own inexpensive and very effective cosmetics, skincare, hair care, lip balm, lipstick and so much more! You'll be using only the finest ingredients, oils, essential oils, pigments, butters, crèmes, etc. After her many years as a supermodel, actress, media producer, and beauty editor for various magazines, she is thrilled to be passing along her non-toxic beauty secrets to you! **Register:** 480-488-2286. **Cost:** \$20 per person.



### Looking for a FULFILLING VOLUNTEER OPPORTUNITY?

Join the Desert Foothills Library & make a real impact! Volunteers are needed at the library & Chapter 2 Books. Shifts are generally 3-4 hours and available for all days of the week; Volunteers will be fully trained. Apply to Library Manager Terri Engebretson at [tengebretson@dfla.org](mailto:tengebretson@dfla.org) or 480-488-2286.

### ROCK'N'ROLL OF THE 50'S WITH LARRY ROBERTS

Tuesday, June 12 • 2–3 pm



Larry will be performing rock'n'roll hits of the 50's! DooWop, Twist, and Rockabilly! Performances of these great songs live on the Korg PA3x arranger keyboard; along with the music there will be vocals representing artists of that era. An education on how the music of the past influenced artists of today! Larry is a newcomer to the Phoenix Valley. He started his music career in Milwaukee, Wisconsin at the age of eight. He is a multi-instrumentalist; accordion, piano, keyboard, guitars, & vocals and a band leader and solo artist. A Nashville recording artist in the 70's, performing with the top studio musicians Larry became well-traveled in the US with twenty years in South Florida. **Register:** 480-488-2286.

### RESTORE WITH MUSIC & COLOR

Friday, June 8 • 2–3:30 pm

Join us for a fun and unique way to unwind & express creativity! Researchers and art therapist alike have pushed the stress relieving and mind restoring benefits of adult coloring. These pages have more intricate designs & patterns than those designed for children. Just like meditation, coloring also allows us to switch off our brains from other thoughts and focus only on the moment, helping to alleviate free-floating anxiety. Please join us for a casual adult coloring session! All materials will be supplied, including coffee & water. **Register:** 480-488-2286.



### SPANISH OFFERINGS

#### Intermediate Conversational

Every Wednesday • 10:30 am–Noon



Informal chat session and discussion in Spanish, using various books, flashcards, etc. No instructor. No registration.

#### Spanish Classes

Spanish Classes Levels 1 – 5 will resume in September, 2018.

### MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.

#### Caring for the Caregiver

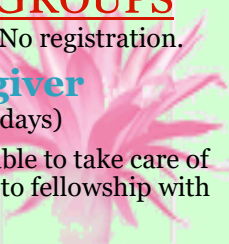
June 4 • 10–11:30 am (1<sup>st</sup> Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

### "The Healing Pathway" After the Loss of a Spouse or Partner

June 11, 25 • 9:30–11 am (2<sup>nd</sup> and 4<sup>th</sup> Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.

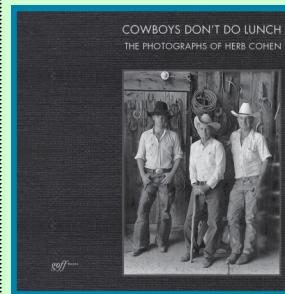




### BOOK LAUNCH RECEPTION

#### ***Cowboys Don't Do Lunch* the Photographs of Herb Cohen**

Saturday, June 23 • 4:30–6 pm



The history of the culture of a community is often lost to time. But it can be captured for all to remember and future generations to enjoy. *Cowboys Don't Do Lunch / The Photographs of Herb Cohen*, is a striking collection of photographs that showcases the last of a way of life before a major transition was about to occur in the desert area of Cave Creek, north of Phoenix. Created with much care, the 150-page hardcover book was created by long-time Cave Creek resident and filmmaker/producer Suzanne D. Johnson of Gnosis Media. After learning of Cohen's extensive portfolio of never-before-seen images, she partnered with renowned "Arizona Highways" photographer Jerry Sieve to help breathe life into the negatives and slides. Advance copies can be reserved for \$50. For \$150, buyers can select one of three 16 x 20 matted, 8 x 10 Cohen photographs custom created by Sieve. Visit [www.gnosis.media](http://www.gnosis.media) or call 480-488-2691 for more information. **Register:** 480-488-2286.

### ART

#### **Photographs of Herb Cohen**

**EXHIBITION** Monday, June 18–Monday, July 2

### HEALTH & FITNESS

#### **Gentle Yoga**

Every Sunday • 11 am–Noon

You are only one class away from a good mood! Yoga for Every Body: through a slow flow of controlled poses you'll begin strengthening your heart & bones, improving balance & sharpening the mind. *Please bring a yoga mat & light blanket.* **Registration required:** Contact instructor Marina Kachur: 480-510-6572 or [yokama14@gmail.com](mailto:yokama14@gmail.com). **Cost:** \$8 cash, pay at each class.



#### **Restorative Yoga**

Every Thursday • Noon–1 pm



Great for beginners! Improve your ease of movement, flexibility, breathing and meditation. *Please bring a yoga mat and light blanket.* **Registration required:** contact instructor Elizabeth Boisson at

480-363-5275 or [evboisson@yahoo.com](mailto:evboisson@yahoo.com). **Cost:** \$8 cash to instructor at each class.

#### **Natural Body Movement**

Every Sunday • 1–2 pm

Classes are a gentle approach to movement. Emerging from mindfulness, learn to trust the body's sensations while increasing strength, flexibility and mental clarity. Release stress, tension and chronic pain. *Please bring a light blanket.*

**Registration required:** contact instructor Judah Page at 602-931-2865 or [judah.page@gmail.com](mailto:judah.page@gmail.com). **Cost:** \$10 cash, pay instructor at each class.



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(2nd weekend each month)

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**Donations are welcome and help support the library!**

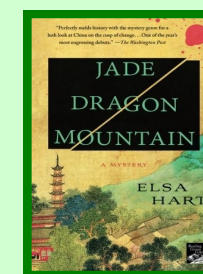
[www.Chapter2BooksAZ.com](http://www.Chapter2BooksAZ.com) 480-488-2777



### LIBRARY BOOK CLUB

Thursday, June 14 • 10–11:30 am  
(2nd Thursdays)

Discussion of *Jade Dragon Mountain* by Elsa Hart. Everyone is welcome!  
No Registration.



### THE LITERATE FOODIE CLUB



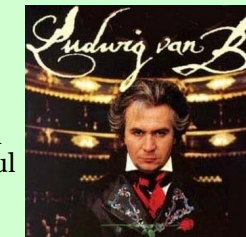
Monday, June 4 • 12:30–2:30 pm  
(1st Mondays)

Love food, books, cooking and conversation? We will explore all these and more. **June Topic: Cooking Show & Tell by Everyone!** Facilitated by Dana Rakinic. Questions? Contact [danarakinic@gmail.com](mailto:danarakinic@gmail.com). **Register:** 480-488-2286. **Cost:** \$10.

### MUSIC @ THE MOVIES

Thursday, June 7 • 2–5 pm (1st Thursdays)

Join us for a celebration of movie musicals! Hosted by music enthusiast, Annis Scott. **June Movie: Immortal Beloved;** this biography chronicles the life of the classical composer Ludwig van Beethoven (Gary Oldman) and his painful struggle with hearing loss. Following Beethoven's death in 1827, his assistant, Schindler (Jeroen Krabbe), searches for an elusive woman referred to in the composer's love letters as "immortal beloved." As Schindler solves the mystery, a series of flashbacks reveals Beethoven's transformation from passionate young man to troubled musical genius. 2 hours, 5 minutes. No registration.



**ASK AT THE FRONT  
DESK!!**



# ADULT EVENTS

## JUNE 2018

### Check It Out! ✓



### ADULT SUMMER READING PROGRAM BEGINS!

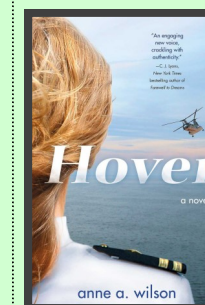
Friday, June 1 through Tuesday, July 31

Want to join the Adult Summer Reading Program? It's easy! Just track your time spent reading and you'll automatically be entered for the Library's Grand Prize. Beginning June 1, register and track your reading time online at [www.maricopacountyreads.org](http://www.maricopacountyreads.org) and claim your prize for each milestone along the way; 250, 500, 750, and 1000 minutes! Prizes include coupons for great food and a free book you may choose online from an extensive list. #read2oaz Not a big reader, but still want to participate? Attend any of our designated **Libraries Rock!** programs and add an entry into the Library's Grand Prize! Keep an eye out for all of the fun musical programs this summer!

### FROM SEA STORIES TO NOVELS

with Author Anne Wilson

Thursday, June 28 • 3–4:30 pm



Anne A. Wilson graduated from the United States Naval Academy and served nine years active duty as a navy helicopter pilot, which included deployment to the Persian Gulf. The Naval Helicopter Association named Anne and her crew Helicopter Aircrew of the Year, an award given for search and rescue. Anne will speak about her navy background and how this influenced the writing of her novels. She will also give a slide presentation with photos from her Navy days. **Register:** 480-488-2286.

### LIBRARY/BOOKSTORE HOURS

Monday–Friday  
9 am–6 pm  
Saturday, 10 am–4 pm  
Sunday, 11 am–3 pm

Front Desk: 480.488.2286  
Bookstore: 480.488.2777  
[www.dfla.org](http://www.dfla.org)



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Cave Creek, AZ 85331