For Writers
Writers Connection
Microtion Kesps Readers
Turning the Page
March 2 • 1–3 pm (1st Fridays)
Most writing workshops focus on the big plot elements—the car chases, fight scenes, and breakthroughs. But what about those moments when we’re walking down a dark street and we hear footsteps behind us? Award-winning writer Marylee MacDonald’s workshop explores microtion. To understand how microtion works, we’ll be looking at a single passage from award-winning author Elizabeth Cooper’s novel HOMEWORK (for writers of short stories, novels, or memoirs). Facilitated by Sherry Kesling. Register: 480-488-2286.

Remembering Our Stories
Writers Group
March 1 • 9:30–11 am (1st Thursdays)
Experience connection and get inspired in a writing group that will nurture your heart and spirit, as well as spark your creativity. Absolutely no writing experience needed! Questions? Contact Life and Wellness Coach Sharon Spector at 512-460-9108. Register: 480-488-2286.

Memoir Writers Group
March 12 • 10–11:30 am (2nd Mondays)
Meet monthly to share stories and receive constructive feedback. Organized by Elena Pavlova. No registration.

Looking for a FULFILLING VOLUNTEER OPPORTUNITY?
Join the Desert Foothills Library & make a real impact! Volunteers are needed at the library & Chapter 2 Books. Shifts are generally 2–4 hours and available for 2 days of the week; Volunteers will be fully trained. Apply to Library Manager Terri Engebretson at terriengebretson@dfla.org or 480-488-2286.

Details at www.dfla.org
March 2018
ASSOCIATIONS
of Dry Eye and Eye Lash Mites
Tuesday, March 27 • 2–3 pm
Many people are not aware of eyelash mites, otherwise known as demodex folliculorum, but most people have them! These parasites can cause irritated, itchy eyes and/or eyelids. In this presentation, medical optometrist Dr. Julie Lam discusses eyelash mites, how they can contribute to the worsening of dry eye symptoms and alternative dry eye treatments. Register: 480-488-2286.

CREATING GLADITUDE
Saturday, March 24 • 10:30–11:30 am
Digging deep doesn’t mean you have to get and keep your hands dirty. Get involved with what you’re doing and helping you stick. Author & Life Coach, Raleigh Pinskey, helps you establish to strengthen your confidence, prosper, and even surpass your goals. Questions? Email raleigh@creatinggladitude.com or call 480-488-2286.
Registration Required: 480-488-2286, Cost: $8.

AARP Driver Safety Program
Saturday, March 10 • 10:30 am–3 pm
A refresher course in driver safety and driving skills (lecture). Materials are included. Completion of the course may entitle you to an auto insurance discount (check with your insurer; not all participate). Bring a sack lunch. Class Limit 15.
Email instructor Scott Rexinger at rexinger@gmail.com with questions. Registration Required: 480-488-2286.
Pay Instructor at class: $20; or $15 with AARP member card (checks only), plus $5 cash or check to Desert Foothills Pharmacy.

Adelante Gallery
presents Fowl Play
March 23, 2018 – April 17, 2018
Enjoy this exhibition of avian-inspired art to benefit the Desert Foothills Library. A reception will be held at Adelante on Saturday, March 24 • 5–7 pm, 7212 East Ho Hum Road, #14. For information call 480-488-1285 or email adelantecarefree@gmail.com.
(Shown: Polish White Crested Blue by Phillip Grainger.)

Visit the Library website to access
FREEGAL SERVICE

More Events
Arizona About the World in 9 Films
The Best in International Cinema March 1 • 1–3 pm (1st Fridays)
Movies are a great way to learn about different cultures—how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow.
This month: Phoenix (08 min.). Germany. Register: 480-488-2286.

WWI Cinematic Reflections
The 100th Anniversary March 16 • 2–5 pm (1st Fridays)
Inevitable, but also easily avoidable, World War I is one of the most tragic and unique wars in history. This series will highlight films that define the triumphs, tragedies, innovations, and sacrifices in what was hailed as ‘The War to End All Wars.’ WWI will ultimately cause WWII and shape the entire 20th Century. A post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC), will follow.
This month: The Wipers Times (92 min.). Register: 480-488-2286.

Monday Movies @ the Library
Every Monday • 3–5 pm
New Releases, with a Foreign Film once each month! Check our website www.dfla.org for titles.

SKETCHING & DRAWING
2 Part Series
Monday, March 12, 19 • 10–11 am
Get your artistic juices going! This is not ‘Art for Art’s Sake.’ Roberta Kritzia, noted Art Instructor, will introduce the group to a classical approach to rendering in Fine Art. Don’t put this off...it’s better than therapy and you can’t buy that feeling of creativity at the pharmacy. Register: 480-488-2286.
Cost: $39 (includes materials).

Shop Amazon
Click this icon on the Desert Foothills Library website to shop Amazon and support your Library!
Holi! Get help with e

Sunday, March 11 • 11 am

Saturdays, March 3, 17 • 10 am

Teen Tech Help Desk

Lecture and handout provided; no computers.

Show up and we’ll explain all of this and more!

March 22 • 9:30

Tuesdays, Mar 6

Spanish Level 5

structures to communicate on everyday topics. No knowledge necessary, or take this class as a refresher. Oral

class level to join, at 480

Please call the instructor directly with questions about which

speaker who has taught for 30+ years. Class sizes are limited.

All classes below taught by Tech4Life

-come, 1st

11 am (1

-11 am (1

books,

Hammerstein & their Well loved Musicals

a Haydn and a Dvorak and more” history.

& entertain, as she takes us on a tour of music throughout our

opera by Jacobo Puccini is glorious, including the well

premiere of the story is compelling and even humorous at times, but best of all it has a happy ending. 134 min. Hosted by Music Enthusiast Annis Scott. No Registration.

Turandot: The story is set in China and involves Prince Calaf, who falls in love with the cold Princess Turandot. To obtain permission to marry her, a suitor has to solve three riddles; any wrong answer results in murder. The music of the opera by Jacobo Pucini is glorious, including the well-known aria, Nessun Dorma, the settings and costumes are magnificent, the story is compelling and even humorous at times.

Music Appreciation

Register for each seminar:

Register:

March 24: “Cello Concertos: a Haydn and a Dvorak and more”. March 30: “Rogers and Hammerstein & their Well loved Musicals”

Wills and Trusts 101

Tuesday, March 13 • 1:30–2:30 pm

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a FREE Estate Planning Workshop, providing a small group setting for men & women. To obtain the essentials of Wills, Trusts and Probates. Attendees will learn:

- Powers of Attorney - why they are important and what you should have in them
- Probate - what it is and how to avoid it
- Taxes - what are they and how are they different from a Last Will and Testament
- Taxes - who has estate or inheritance tax
- Beneficiary designations — why they need to be updated

Attendees will have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment.

Secure Your Financial Future

Lessons from Warren Buffet

Saturday, March 17 • 10:30 am–12:30 pm

Understand why “Rule 100” or risk in retirement

Why your stock market portfolio violates Buffet’s “Rule 100”

Avoid the near crash in stocks and bonds

Buffet’s rules for financial whys

Solar Business Leasing

Earn 7% and enjoy 30% Tax Credit

Saturday, March 31 • 10 am–12:30 pm

The food industry uses diesel-powered reefer units that are noisy with heavy pollution

Solar-powered reefer cooled much better and use NO fossil fuel

Large companies such as Kroger pay part of the cost upfront and 7% annual interest

50% solar tax credit and deduction or depreciation saves you Tax

Presented by Dr. Harold Wong, PhD Economics (UC Berkeley), long-time financial columnist for the AZ Republic.

Preparing Your Estate for Change

Wednesday, March 21 • 10 am–12:30 pm

• Beneficiary designations
• Wills and Trusts
• Probate
• Power of Attorney
• Estate taxes
• Gifts

How to prevent your estate plan from working against you and the greater good.

Planning your estate is important. Missteps can lead to major consequences, including increased taxes and probate costs.

Estate Planning Workshop, providing a clear understanding of the documents that make up your personalized estate plan.

PLC will host a

Wills and Trusts Workshop, providing a clear understanding of the documents that make up your personalized estate plan.

Pay for年の課税および課税・2018年版の情報について

The Literate Foodie Club

Monday, 5th March

Love food, books, cooking and conversation? We will explore all these and more. March Topic: Coming To My Senses by Alice Waters. Facilitated by Dana Rakinic. Questions? Contact danarakinic@gmail.com Register: 480-488-2286 Cost: $10.

Lincoln and the Great War

Friday, March 30

The Civil War, in the words of those who lived through it. This is the first of a two-part series.

Register:

Library Book Club

March 15 • 10 am

Saturday, March 31 • 10:30 am

I Am the Grand Canyon: Story of the Havasupai People

Sunday, March 11 • 11 am

Library will be closed March 25 for BLOCK PARTY. Due to Library construction, we’ve transformed our traditional, Annual Gala into a Block Party—where you and friends can enjoy an afternoon of fun while supporting Desert Foothills Library. There will be several interactive activities, including participating in a Community Art Mural in partnership with the Sonoran Arts League & a wonderful opportunity to sample gourmet fare from local food trucks. You will not want to miss this important fundraiser. Tickets: $125, from the Library or search for Library Block Party at www.eventbrite.com.

The Literate Salon

Not Your Typical “Book Club” (Saturdays and Sundays)

Topic: Western Literature. Western literature is replete with archetypes of wide open spaces and the American cowboy: the Grand Canyon, Monument Valley, wild horses, large ranges and farmland, gunfights, Tombstone, Prescott, and Santa Fe. Novels have been made into mini-series and movies such as Lonesome Dove by Larry McMurtry and True Grit by Charles Portis. Facilitator Jill Hall grew up in rural Arizona reading Louis L’Amour, Tony Hillerman and Edward Abbey. Come and discuss your favorite stories and movies. Other suggestions: Going Back to Bodee by Richard Shetlon, The Lazy B by Sarah O’Connor and Alan Day, and I Am the Grand Canyon: Story of the Havasupai People by Stephen Hirst. No Registration.

secure your financial future lessons from warren buffet

saturday, march 17 • 10:30 am–12:30 pm

understand why “rule 100” or risk in retirement

why your stock market portfolio violates buffet’s “rule 100”

avoid the near crash in stocks and bonds

buffet’s rules for financial whys

solar business leasing

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large companies such as kroger pay part of the cost upfront and 7% annual interest

50% solar tax credit and deduction or depreciation saves you tax

presented by dr. harold wong, phd economics (uc berkeley), long-time financial columnist for the az republic.

Preventing Weight Gain

Is Easier Than Losing Weight!

How a Mobile App Can Help

Saturday, March 24 • 10:30–11:30 am

Research shows that people do make lower calorie choices when calorie amounts are presented as "exercise equivalents." Author and Health Coach Stan Reents, PharmD, will summarize this important research. Additional discussion points will include: recent and future changes to food labels, the evolution of the term “m-Health”, why responsive design is important when using mobile devices, using your smartphone to read bar-codes and QR codes. Register: 480-488-2286 Cost: $5.

The Literate Foodie Club

March 5: 12:30–2:30 pm (1st Mondays)

Love food, books, cooking and conversation? We will explore all these and more. March Topic: Coming To My Senses by Alice Waters. Facilitated by Dana Rakinic. Questions? Contact danarakinic@gmail.com Register: 480-488-2286 Cost: $10.

SAVE THE DATE!!!

Monday, May 7, 2018

Desert Foothills Library Golf Tournament

Contact David Court dcourt@dfla.org.