

Community Programs

NOVEMBER 2019



CRIME & PUN-ISHMENT MURDER MYSTERY PARTY

Food - Drinks - Whodunnit?
Saturday, November 9
5:00-8:00 PM

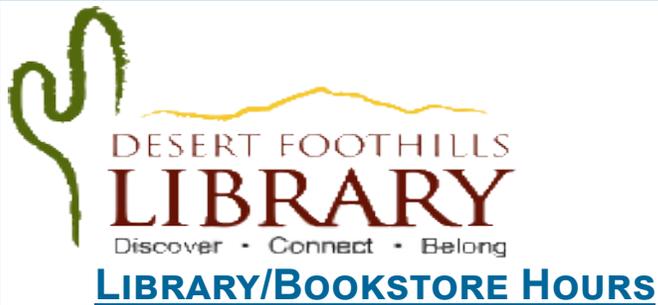
HEALTHY AGING EXPO

Connect with Community Resources
Thursday, November 7
9:00-12:00 PM

GET COOKIN' TEEN BAKE & CHAT

Test out new recipes and
catch up with friends
Friday, November 22
4:30-6:00 PM

INFORMATION



Monday—Friday, 9 am—7 pm
 Saturday, 10 am—4 pm
 Sunday, 11 am—3 pm

Front Desk: 480.488.2286
 Bookstore: 480.488.2777

www.dfla.org
 38443 N Schoolhouse Rd.
 Cave Creek, AZ 85331

Library Closed

Monday, November 11
 Closed at 4pm— Tuesday, November 12
 Thursday, November 28

Find DFL on Social Media



Desert Foothills Library is a member supported 501©3 non-profit. As always, we strive to bring you the best resources available and create a welcoming place for everyone in our community. Your continued support helps us accomplish this mission and we appreciate everything this community has to offer. Come get your **FREE** library card today!

Chapter2Books
 Great Books. Great Prices.

INSIDE THE LIBRARY

OPEN 7 DAYS

North Valley's Biggest used bookstore

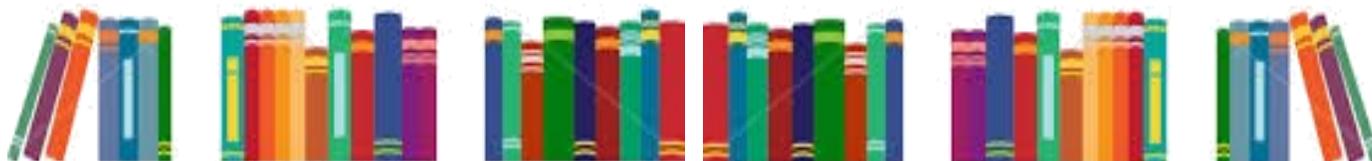
More than 15,000
BOOKs - DVDs - CDs - AUDIOBOOKs
 Starting at just 50 cents!

Special Sale Dates: November 8, 9, & 10
 (2nd weekend each month)

Check us out on Amazon!

Donations are welcome and help support the library!

www.Chapter2BooksAZ.com 480-488-2777



Staff Showcase

Describe your role at DFL: I'm a librarian—and that encompasses a lot of things! On a typical day at the circulation desk, I do everything from helping patrons find their next read, to matching students up with tutors in our free tutoring program. I also love helping patrons learn to use library technology.

Where is your hometown?: Hurley, NY, est. 1662. I grew up in a bucolic historic town with stone houses, cornfields, and the Catskill Mountains in my backyard.

Where did you go to school?: McGill University (Montreal, QC) where I studied music and education, and SUNY Albany where I earned my Information Science degree.

Do you judge a book by its cover?: Sometimes! But I also judge it by the first line, and the last line, and all the words in between.

Do you sing in the car?: Always, though I prefer an audience.

Volunteer Spotlight

How long have you been at DFL?: 2+ years.

What is your favorite part of volunteering?: Working with patrons, especially reference questions.

Where did you grow up?: Peoria, Illinois.

What did you do in your career?: Librarian.

Most memorable place you have visited?: Washington crossing State Park, NJ & PA— Can still see the trail Washington and the troops took to Trenton that 'fateful night that tried men's souls'.

What is your hidden talent?: Travel planner.

What is your favorite movie?: Men in Black.

What would be the title of your memoir?: *Born in a Library.*

Do you have any pets?: Not anymore; had Border Terrier dogs.

Caitlin Decker

What did you want to be when you were younger?: An Olympic gymnast.

What's one thing you wish you knew how to do?: It's hard to pick just one but I want to learn magic. It's more than a wish, it's a burning desire and it *will* happen.

Do you have any siblings?: I have a brother, Christopher, who is always looking out for me, a sister-in-law Keri who is amazing and does triathlons, and a cutie-patootie boss-baby niece, Mikayla, who is destined for great things.

If you had to write a biography of yourself in one sentence, what would it be?: *Caitlin is an intelligent, charismatic, caring woman with joie de vivre.*



Chris T.

What do you love to do when you are not at the Library?: Teach myself geology, and plan travel around it and American History.

If you could invite three people to a dinner party who would they be?: Winfield Scott Hancock— Civil War, and Tadeusz Kościuszko and George Washington— Revolutionary War Figures.

Thank you to all of our volunteers for the work they do!

YOUTH & FAMILY PROGRAMS

Dancing on your Toes

with Miss Meagan from Adaptive Force Performing Arts

Wednesday, November 6 • 10:00 AM-10:30 AM

This fun and exciting dance class is geared for ages 3-5. Miss Meagan will begin with some fun stretching games that encourage lengthening muscles through slow controlled movement. Then she'll be leading some rhythmic exercises with the use of shakers and hand clapping. Dancers will move across the floor with a focus on balance and coordination and take part in a creative parade march around the room. Each child will learn dance vocabulary while associating new words to moves they do across the floor. There will be a fun game of freeze dance as well as bit of dance-focused story time. This 30min class will have something for every little dancer to enjoy!

Please call (480)488-2286 to register, or sign up online.



Saturday Family Storytime & Craft

Saturday, November 9 • 10:15 AM–11:00 AM

It's Saturday Storytime at Desert Foothills Library! Bring the whole family along to celebrate the Autumn season with stories, songs, and a fun craft! See you there!

No registration necessary.



Bubble-ology

with Arizona Science Center

Thursday, November 14 • 10:00 AM-11:00 AM

Join the Arizona Science Center at Desert Foothills Library for this special preschool program!

Let's get popping! Explore the scientific thinking process using bubbles. Observe attributes and actions of bubbles, test unique bubble wands and create gigantic bubbles large enough to fit a child inside! Please register online or call (480) 488-2286 as registration will be limited to 25 children.



Silhouettes by Judy Housel

Tuesday, November 26 • 9:00AM-11:00 AM

The artist just looks at the child and cuts the profile freehand, without tracing or drawing! Any age is welcome to pose, babies too! \$15.00 per person. Extra copies \$5.00.

STEAM in the Kitchen: Armpit Fudge

Tuesday, November 19 • 4:00 PM-4:45 PM

Desert Foothills Library invites you to join us for an edible science experiment. Using your armpit, you will use force to mix up ingredients, and create a tasty small batch of delicious fudge. Please register online or call (480) 488-2286 as registration will be limited to 12 children.

Discovery Playdate: Preschool Playtime

Thursday, October 24 • 4:00-5:00 PM

Discovery Playdate is unstructured playtime for children up to age 7 at Desert Foothills Library. This constructive free play is a great time to socialize with other children. Activities will rotate and include sensory activities, water table, building toys and manipulatives, board books, and games. No registration necessary.

Block Party: Legos in the Library

Monday, October 21 • 4:00-5:00 PM

Build from your imagination! This program for school age children and their siblings is an hour of Lego building and free play. No registration necessary.



Fall Family Storytime & Craft

Tuesday, November 26 • 10:00-11:00 PM

Join us at Desert Foothills Library for a special Fall storytime & craft. This event will feature stories, crafts and treats! Please call (480) 488-2286 to register, or sign up online to ensure we have enough supplies.

Storytimes @ Desert Foothills Library

Family Storytime

Tuesdays, November 5, 12, 19, 26 • 10:00-10:30 AM

Children 2-6 and families are encouraged to join us for a 30 minute storytime featuring music, movement, craft & stories. Siblings are welcome. Please note that on November 26th we will be having a special Fall Storytime with craft stations, and snacks.

Lapsit for Babies and Toddler

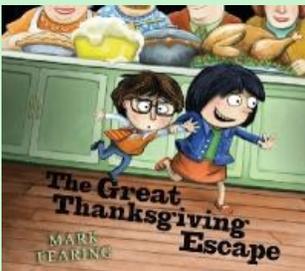
Thursdays, November 7, 21 • 10:00-10:30 AM

Geared to children 10 months to 3 years, join us for a fun 25-30 minute romp with music, books, rhymes, and bubbles! Siblings are welcome. No registration required.

November 2019

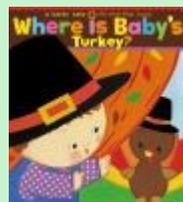
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 10:00 AM Family Storytime	6 10:00 AM Dancing On Your Toes	7 10:00 AM Baby & Toddler Lapsit	8	9 10:15 AM Storytime & Craft
10	11 Library Closed	12 10:00 AM Family Storytime Library Closed at 4pm	13	14 10:00 AM Bubble-ology	15	16
17	18	19 10:00 AM Storytime 4:00 PM Armpit	20 10:00 AM Discovery Playdate	21 10:00 AM Baby & Toddler Lapsit	22	23
24	25 4:00 PM Lego Block Party	26 10:00 AM Storytime & Craft 9AM Silhouettes	27	28 Library Closed	29	30

Thankful for Books



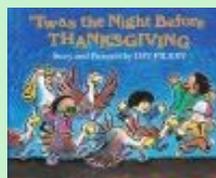
The Great Thanksgiving Escape

HOLIDAY E FIC FEARING



Where is Baby's Turkey

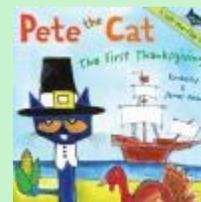
EB FIC KATZ



"Twas the Night Before

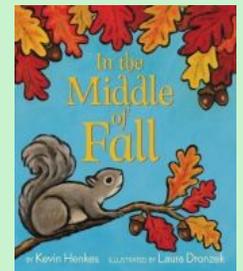
Thanksgiving

HOLIDAY E FIC PIL



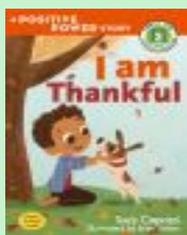
Pete the Cat

HOLIDAY E FIC DEAN



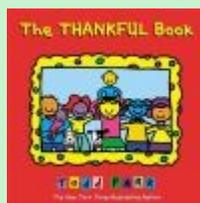
In the Middle of Fall

E FIC HENKES



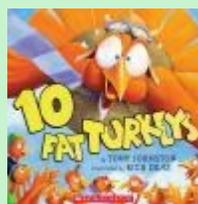
I Am Thankful

HOLIDAY B FIC CAPOZZI



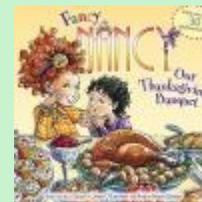
The Thankful Book

E FIC PARR



10 Fat Turkeys

HOLIDAY E FIC JOH



Fancy Nancy

HOLIDAY E FIC OCO



It's Thanksgiving!

J394.2649 KENAN

TEEN PROGRAMS

TEEN PROGRAMS

Get Cooking at your Library: Teen Bake & Chat

Friday, November 22 • 4:30 PM-6:00 PM

Join us in our new kitchen, and try out a new recipe! We will be discussing new books for our future book club meetings, as well as chatting about upcoming teen events. Bring friends! This event is for teens 11-18. No registration necessary.

Teen Game Day

Wednesday, November 13 • 4:30 PM-5:30 PM

Gear up for some friendly competition at Desert Foothills Library. We've got Mario Kart, and Super Smash Bros. for the Nintendo Switch. We're also going to break out our Playstation 4; and we have games like Madden, Need for Speed, and Overcooked 2, just to name a few. We will also have all the classic board games like Scrabble, Life and Clue. Bring friends! The more the merrier! There will be pizza and snacks. This free event is for teens 11-18. No registration necessary.



BEST OF THE BEST

YALSA



J 92 SOTOMAYOR

In this adaptation for middle graders based on her bestselling adult memoir, *My Beloved World*, Associate Justice of the Supreme Court Sonia Sotomayor's extraordinary life inspires. Here achievement serves as a testament to the fact that no matter the obstacles, dreams can come true.



J FIC SPI

In this story about the perils of popularity, the courage of nonconformity, and the thrill of first love, an eccentric student named *Stargirl* changes Mica High School forever.

Teen Volunteers

@ DESERT FOOTHILLS LIBRARY

Complete service hours, gain valuable experience, have fun!

- regular 2 hour shifts available
- help with events
- shelve books and organize
- tutoring opportunities
- create displays and decorate

CONTACT INFO@DFLA.ORG TO LEARN MORE ABOUT VOLUNTEERING AND GET INVOLVED!



Tutoring

Tutors and students needed!

Parents: The school year is in full swing and Desert Foothills Library is here to help. If your second or third-grader could benefit from one-on-one tutoring, please pick up a registration form for our FREE tutoring program.

Tutors: If you are looking for a rewarding way to give back to your community, why not consider becoming a tutor for the library? The library will match tutors with children who need help with their schoolwork, and will meet weekly at the library at a time that works best for those involved.

If you have any questions, please speak to Caitlin Decker at cdecker@dfla.org or 480-488-2286.

All of our tutors must complete a mandatory fingerprint clearance card



11TH ANNUAL DESERT FOOTHILLS LIBRARY

HOLIDAY CRAFT FAIR & BAKE SALE

Join us Saturday, December 7th for all of your holiday needs! Local vendors are working hard right now to bring the best gifts our community has to offer. Support your neighbors and your local library.

ADULT PROGRAMS

ART EXHIBITS

Hidden in the Hills Showcase

Presented by **Desert Foothills Gallery**, October 3 through January 23.



LIBRARY FEATURE EVENTS

Humana Medicare - One day, Two Chances to Catch It!

Friday, November 1 • 11 am-1 pm AND 2-4 pm

Learn the 2020 Humana plan details for Medicare Advantage. **RSVP** online at dfla.org or call 480-488-2286.

Medicare

Yappy Hour

Sunday, November 3 • 11 am-1 pm



Mimosas and iced tea for humans, treats for the pups... Join us, with your dog (or just because you're a dog-lover), mingle on the Waterfall Terrace, enjoy hearing awesome music. We'll also be collecting donations for Puppy Luv Animal Rescue. Here is a small list of items you could bring to donate: dog treats (soft, jerky, biscuits), cat treats, canned chicken, tuna, sardines, salmon, pumpkin, peanut butter, plain Cheerios, puzzle feeders, 1 gallon or plus buckets that have *not* contained chemicals, bleach, gloves, paper towels. No registration.

5 Shocking Secrets to Healthier Holiday Dishes that are Delicious (And No One Will Know the Difference)

Tuesday, November 5 • Noon-2 pm

These five secrets will remain secrets to your guests! No one will know your delicious dishes will be keeping them on track for their New Year's resolutions. Dr. Grgula D.C., a Chiropractic Physician and Acupuncturist since 1995, hosted her own radio show for five years in Sedona, AZ. Currently a columnist for the Sonoran News in Cave Creek, AZ, Dr. Grgula regularly speaks at venues for large corporations like Honeywell School Systems. An amateur bodybuilder, she applies her knowledge of healthy living to her daily life & to her patients every day. Her enthusiasm will help to motivate you to easily make healthy changes in your life. **RSVP** online at dfla.org or call 480-488-2286.



Sip and Sparkle to Support DFL with Touchstone by Swarovski

Tuesday, November 5 • 5-6:30 pm

Support Desert Foothills Library, enjoy a wine tasting, and learn about the latest trends in jewelry presented by Touchstone Crystal by Swarovski! A portion of the proceeds will be donated back to the library to support its valuable mission. Find out how to layer, stack, and mix these exclusive, affordable, easy-to-wear jewelry designs. Kelly Bird is a new Cave Creek resident, recently relocating from Northeast Ohio. She has a background in arts and cultural marketing. Kelly became an independent consultant for Touchstone Crystal by Swarovski to meet new people and bring sparkle to people's lives. **RSVP** online at dfla.org or call 480-488-2286.

Healthy Aging Expo - Connect with Community Resources

Thursday, November 7 • 9 am-Noon

The Foothills Caring Corps, Desert Foothills Library, and other community groups are excited to announce the 7th annual Healthy Aging Expo! Come to this year's expo to be held at Desert Foothills Library. Meet and connect with our community's providers, resources and more – all here to promote health and wellness of aging adults. Local experts will participate in a Health Panel Discussion: *Challenges, Opportunities & What Works Best for You*, and present a cooking demonstration: *Healthy Options for Aging Adults*, plus Zumba Gold! Please contact Alex at 480-488-1105 or alexs@foothillscaringcorps.com for more information. No registration.

healthy aging expo



2019 Hidden in the Hills Showcase - Behind the Scenes Preview

Thursday, November 7 • 6:00-7:00 pm

"Hidden in the Hills (HITH) is the signature event of the non-profit Sonoran Arts League that features 197 artists in 47 studios throughout the community. Select artists' work is on view now until January 23 in the "2019 HITH Showcase" exhibit at the Library. Go behind the scenes and meet some of the participating artists, try your hand a several different art processes and watch a visual slide tour of artists in action in their unique studios, preparing for the event kick off November 22. Now in its 23rd year, HITH is a free, community-wide self-guided tour that provides life-long learners and art lovers the opportunity to see and interview artists at work in their private studios. The "2019 Showcase" is a sampling of some of the artwork available during the 6 day event. The "Showcase" exhibit is on view until January 23. The November 7 program will highlight the diversity of media and styles of individual artists. 8-10 artists will engage with the public in hands-on demonstrations, taking them behind the scenes in a preview of this 6-day program that falls on the weekend before and after Thanksgiving. No registration.



LIBRARY FEATURE EVENTS

Wills & Trusts 101

Saturday, November 9 • 10:30-11:30 am

Nicole Pavlik or Nicole Pavlik Law Firm, PLC will host a FREE Estate Planning Workshop, providing a small group setting for women and men to learn the essentials of Wills, Trusts, and Probate. Attendees will learn:

- Last Will and Testament – what they do and don't do
- Probate – what it is and how to avoid it
- Trusts – what they are and how they are different from a Last Will and Testament
- Executor/Successor Trustee – who can be one and how to pick the "right" one
- Beneficiary designations – why these need to be updated.

Attendees will have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment.

RSVP at dfla.org or call 480-488-2286.



“Crime & Pun-ishment” - A 1920’s Murder Mystery

Saturday, November 9 • 5-8 pm



Things take a turn for the gutter at Mafia Don Lou Zar's juice joint when someone is put on ice! The crowd is chock full of potential suspects. Jealous, jilted lovers, a rival Mafioso and a pair of undercover feds make an appearance at this speakeasy. Not a single person is muttering a word! Help find out who's on the level and who's on the lam by trading clues with your guests, gathering information & solving the crime before the murderer hotfoots it out of there! Dress for this night of murderous mayhem includes flapper dresses, zoot suits, feather boas & headbands, pinstriped suits & fedoras. If you aren't feeling that jive, you can dress as a private detective to help solve the crime, just don't frame the wrong guy! Join the Library in this thrilling night with Murder Mystery Co.! H'orderves and cocktails will be served along with a fantastic, puzzling who-dunit. Costumes are encouraged & awards will be given to the best dressed. Must be 21+. **Tickets** at dfla.org or call 480-488-2286.

Cost: \$55 – H'orderves and one drink included. Limited to 60 people. Register now!

Visions of the Southwest presented by Phoenix Art Museum

Tuesday, November 12 • 1-2:30 pm

Take a trip through the Southwest with two unique and different artists, Georgia O'Keeffe and Ansel Adams. Through the paintings of O'Keeffe and the photos of Adams, we will visit both well known and seldom seen areas of the Southwest. Along the way we will learn about how they created their art and how the two artists differ & are similar. Rebecca Albrecht has been a Docent at Phoenix Art Museum since 2011. During her time with the Docents she has given talks at the Museum to adults and children and throughout the Valley. She has served in a number of roles for the Docents including serving as President 2018-19. Before becoming a Docent, Rebecca was a Judge of the Superior Court here in Arizona. When Rebecca is not teaching others about art, she enjoys photography, travel and various other hobbies. She also maintains an active practice of arbitrations and mediations and serves as her law firm's general counsel. **RSVP** online or call 480-488-2286.



A Quick Trip to Nepal

Tuesday, November 12 • 1-2:30 pm

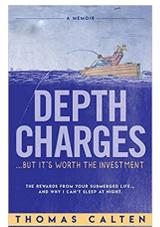


A brief picture presentation recounting a recent trip to Nepal. Meet the people, understand their culture and religion, and see the country (city, countryside, and mountains). Don & his wife Victoria have lived in Carefree for fifteen years. He has been a part of management teams for very large state-of-the-art construction/science projects around the world. His interests include cactus gardening, contemporary arts and crafts, and international travel - 81 countries so far! **RSVP** online at dfla.org or call 480-488-2286.

Life Below the Surface, *Depth Charges* - A Memoir

Wednesday, November 13 • 2-3:30 pm

In *Depth Charges*, Tom Caltan shows us how a deeper, more sensitive approach to life can extract valuable insight from our daily experiences. In a series of thought provoking essays, we accompany him on an incisive journey through childhood days, the Vietnam War years, life in corporate America, online dating, the animal world, and places existing only in our mind and spirit. Scientist, musician, recording artist, environmentalist, lecturer and incessant observer, Tom began his dance with life in a small Long Island, New York town, just minutes from the ocean. That childhood setting provided endless opportunities for exploration and analysis – skills he would use for things to come. After a brief tour in a rock band, Tom earned a degree in microbiology and began a long career in the pharmaceutical field as a scientist and technical educator. With worldwide speaking engagements & program developments, he still managed to maintain a grip on his creative side. In this first book, Tom shares an analysis of his diverse life experiences with a characteristic sense of humor. Tom resides in Arizona where he continues to observe, write, & compose. He can be reached at thomascaltan.com. **RSVP** online at dfla.org or call 480-488-2286. Books available for purchase.



ADULT PROGRAMS

LIBRARY FEATURE EVENTS

Eliminating Chronic Back Pain - A Fascia & Posture Based Approach

Wednesday, November 13 • 6-7 pm



What if a big part of your back pain is due to a giant anatomical system called Fascia, which does not show up in imaging? What if imbalances in this system are keeping you "stuck"? Come join us and find out how you can achieve sustainable results regardless of your age. **RSVP** online at dfla.org or call 480-488-2286.

The 'Ask Me Anything' Author Panel

Thursday, November 14 • 1:30-3:30 pm

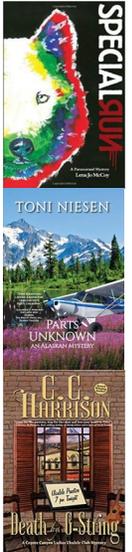
So you want to write a book, but have a million questions. Is it better to self-publish or engage traditional publishers? What are the pros & cons of each? Is my job done when the book is published? What do agents want? Editors? Readers? What is best for me, the author? Get questions asked & answered at the AMA - ASK ME ANYTHING AUTHOR PANEL. A self-published author, a debut author & a multi-published author will discuss the joys, hazards, thrills, pitfalls, surprises, disappointments and what else you can expect along the way to becoming a published author. You won't want to miss this informative panel presentation! Bring paper and pen to take notes. Book signing follows.

AUTHOR BIOS:

LENA JO MCCOY sat down to write her first book, *Special Run*, after the entire manuscript was gifted to her in a dream. Take a journey down McCoy's self-publishing path as she shares the ups and down of writing her paranormal mystery novel.

TONI NIESEN is an Arizona native and former resident of Alaska. She recently published her first novel, *Parts Unknown: an Alaskan Mystery*, and is working on a sequel. She has also published several Native American themed short stories. Toni is a member of Mystery Writers of America & the Desert Sleuths Chapter of Sisters in Crime.

C.C. HARRISON knew she wanted to be a writer when her mother took her to the library for the first time as a child. She has written five crime novels all set in small towns. Her recent book, *Death by G-String*, is a cozy mystery that introduces the Coyote Canyon Ladies Ukulele Club, whose first place win in a folk music competition is jeopardized when their star player is strangled to death with a ukulele G-String. Harrison is a member of Sisters in Crime and Mystery Writers of America. **RSVP** online at dfla.org or call 480-488-2286.



How to Eat More Vegetables and Actually Love Them

Friday, November 15 • 10 am-Noon

Dr. Fabio (medical director of the Center for Integrative Healing & Wellness at Civana) speaks about how vegetables are a key player in an anti-inflammatory diet, however many of us simply don't eat enough. Step up your side game with the use of herbs, spices, and textural elements to create irresistibly delicious dishes.

Tickets available at dfla.org or call 480-488-2286. Limited space. Register now!

Cost: \$50.

Longevity, Healthy Aging and Regeneration

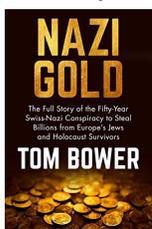
Friday, November 15 • 11 am-Noon

This discussion will revolve around a variety of studies on the habits of those who have lived into extreme old age. These studies range from the 1800's to present day. We will discuss what these studies have in common, what patterns are emerging, how do we change our patterns & what the outcome will be for the average person. Karen Cimaglia's lifestyle change began several years ago and has constantly evolved. She had become aware of what aging had begun to do to her body & began to research options for corrective measures. This journey provided amazing discoveries about herself and others. Karen has corrected many of her ailments as well as assisted others along the same path. Her research has led her into the areas of philosophy and metaphysics, which has provided a great deal of insight into the longevity and health practices of centuries past and present. **RSVP** online at dfla.org or call 480-488-2286.



Nazi Gold - Stunning Expose' of the 60-Year Swiss/Nazi Conspiracy to Steal Millions from Europe's Jews

Saturday, November 16 • 10:30 am—Noon



During WWII the Nazis stole billions in gold, personal bank accounts, property and art from Holocaust Victims. The Swiss Government and Swiss Banks helped the Nazis fund the War, and carried-on a 50-year conspiracy to hide stolen property and bank accounts of Europe's Holocaust victims and their families. How did the Nazis launder the gold they took from the Jews? This is a shocking story of the role played by Swiss Banks in exploiting the persecution of European Jews to their financial advantage during and after WWII. That conspiracy resurfaced when Edgar Bronfman, and the World Jewish Congress filed a class-action lawsuit against Swiss Banks and the Vatican Bank in Rome. What happened next? Mary F. Cook will tell the story. She's a Member of the International Foundation for Art Research & lectures on art theft and fraud, including the Nazi art thefts.

Tickets available at dfla.org or call 480-488-2286. **Cost:** \$6. All proceeds benefit the Library.

LIBRARY FEATURE EVENTS

Shaping the Desert Palette: Living with Outdoor Art

Saturday, November 16 • 2-3:30 pm

Desert Foothills Landscape creates art you live with – for public spaces, businesses, and homes. They view landscape as a living art form. Master Landscape Designer Chad Norris will take you through before and after project images. Local Sonoran Arts League artists, who specialize in outdoor wall art and sculpture, will follow in a 'Meet & Greet'. Take a self-guided tour of the Library Garden created by Chad Norris & his Desert Foothills Landscape team. Desert Foothills Landscape began in Cave Creek in 1990. Their creative team specializes in high desert landscape. Many of their projects have been featured in Phoenix Home & Garden magazine. You can see their "living artwork" at Carefree Gardens, the Fire Station & our Library – their gifts to our community. No registration.



2019 Cyber Security Assessment by Tech4Life Ransomware, Identify Theft, Password Hacking

Tuesday, November 19 • 9:30-11:30 am

Small Businesses Owners and Affluent Households are prime targets! A local business was told by a hacker to pay \$50,000 to retrieve its information. This is why it is important to get ahead of the hackers. It can happen to you! You will complete your own Security Assessment in 4 Key Areas:

Account Protection – Passwords, 2FA, password software and hardware storage

Data Protection – Ransomware, Off Site Backups, Email Encryption

Workstation / Device Protection – Personal Firewalls, Virus, Malware, Phishing Attempts

Network Protection – Security Gateways, Router Lockdowns, Unsecured devices.

We will demonstrate the risks & possible solutions for each.

Tickets available online at dfla.org or call 480-488-2286. Cost: \$44.



Library Databases and the Resources at Your Fingertips!

Friday, November 22 • 11 am-12:30 pm

Desert Foothills Library is on a mission to bring information, resources, and lifelong learning to you and every person in our community. Did you know we offer Ancestry for free in the Library? How about access to one of the best encyclopedias with Britannica? Come join your librarians and learn how to utilize the resources of your library for free and in a fun atmosphere! No registration.



Nativities of the World Exhibit

Saturday & Sunday, November 30 & December 1

The Foothills Food Bank and Resource Center will sponsor an exhibit of over 350 Nativity sets from around the world. The nativities will be on display at the Desert Foothills Library from 10-4 on Saturday and from 11-3 on Sunday. They are all on loan from local artists, collectors and families. These cherished sets have been made from every imaginable material, from fine porcelain to craft sticks, rocks, gourds and even banana skins. Some are quite large, requiring a table to themselves, while others would fit easily in the palm of your hand. They represent the work of local Carefree artists as well as craftspeople from Alaska to Zanzibar. The display is always changing & growing.

If you have a Nativity set you would like to share with the community for a few days, or you would like more information about the display, please contact the organizers at kpnativities.foodbankaz@aol.com, or call Karen at 480-236-9668. Admission to the exhibit is free, however a donation of nonperishable food or cash to the Food Bank will help those in need in our community at this holiday season.



MONTHLY PROGRAMS—Writing

Writer's Connection

Friday, November 1 • 1-3 pm (1st Friday)



Today's world is literally at a writer's fingertips. A few keyboard strokes can open the internet information gates to help you create stories that are distinctively credible and compelling. **This Month:**

What About Self-Publishing? Today the opportunities available for authors who want to self-publish are limitless. Local authors Tom Struve and Shannon Tyree will share about their success at self-publishing five books in the last twenty months. Come join us and learn about formatting, editing, production of your book and marketing. For only a few dollars total for each copy, you can have your

professional quality, printed paperback book delivered to your home. **RSVP** online or call 480-488-2286.

Memoir Writer's Group

November 4 • 9-11 am

Are you writing a memoir, personal essays or creative non-fiction? Join our group to share stories and receive constructive feedback. All levels welcome. Organized by Elena Pavlova. No registration.



ADULT PROGRAMS

MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.

Caring for the Caregiver

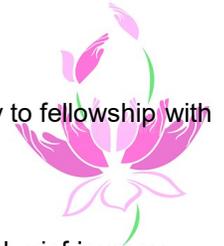
Monday, November 4 • 10-11:30 am (1st Monday)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

After Loss of a Spouse or Partner "The Healing Pathway"

Mondays, November 12, 25 • 9:30-11 am (2nd & 4th Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.



HEALTHY LIVING

Health and Nutrition with Dr. Jacqueie

Wednesday, November 20 • 1-2:30pm (3rd Wednesday)



Open dialogue support group about energy, weight, and social life altered by digestive problems due to leaky gut and other ailments. Facilitated by Dr. Jacqueline Greenfield, twenty years as a Naturopathic physician integrating conventional with Natural and Traditional Chinese Medicine, coaching, & personalizing nutrition utilizing functional lab analysis and epigenetics, and treating pain syndromes with ultrasound guided advanced regenerative stem cell, growth factors, and PRP injection therapy when necessary. No registration.

ONGOING HEALTH AND FITNESS

Gentle Yoga

Every Sunday and Wednesday • 11 am–Noon

You are only one class away from a good mood! Slow poses begin to strengthen your heart and bones, improve balance and sharpen your mind. *Bring a yoga mat and light blanket.* **Registration:** contact Marina Kachur: yokama14@gmail.com or 480-510-6572. **Cost:** \$8 cash, pay each class.



A hybrid yoga class for all levels; yoga styles infused with play-bringing us to our true inner child space. Movement of dance for body awareness of strength, balance, resilience & flexibility. Meditation - Guided visualizations, energy, & breath flow, use of voice via chant. **Questions:** Jennifer Mathews, jen72mathews@yahoo.com or 480-707-8377. **Cost:** \$8 paid at class

Yoga Inspired Soul Play

Every Monday • 9:15-10:30 am

Inner Alchemy Activation

Every Tuesday • 4-6 pm

Kriya, mala, meditation & more! Rest, reset & renew. 45-minute drum journey, gong bath and sound healing cultivate compassion, radiance and personal power. Elemental connection, ceremonial kundalini kriyas. **Questions:** contact author/certified teacher/mentor Angela Jeanne Rose Heart at 808-741-1559 or angelajeanneroseheart@gmail.com.

Cost: \$15 to instructor at beginning of class.



Yoga Fusion (Intermediate level)

Every Thursday • Noon–1 pm

This intermediate-level course starts with breathing exercises, stretching movements to open hearts and hips and then into Vinyasa or Flow yoga and standing sequences with balance exercises. 5 minutes of Savasana ends the class. **Questions:** Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. **Cost:** \$8 cash, pay to instructor at each class.

Tai Chi—Qigong for Everyone!

Every Friday • 9–10 am

A discipline that can be practiced & benefits gained at any age – you are never too old! Blend Qigong and Tai Chi, with deep breathing, repeated gentle motions and stretches to improve health, balance, agility & flexibility. Wear loose clothing & bare feet. **Questions:** Bina Bou at bina.b75@gmail.com or 480-284-1300. **Cost:** \$40 cash for 5 classes; or \$10 drop-in.



Energy Modalities in Meditation, Relaxation, Healing, Health, & Overall Self-Care

Wednesdays, November 13, 27 • 10:30-11:30 am (2nd & 4th Wednesdays)

A discussion explores the energy body & how it functions & the effects this unseen energy force or body and how you use it. We will play with body energy to learn how to control it to consciously use the energy that makes up all that is you. **Questions:** Contact instructor Karen Cimaglia: rockinvibs21@gmail.com or 602-721-7714. **Cost:** \$8 cash, pay to instructor at each class.

Practical uses of Reiki

ARTFUL CIRCLES

Craft N Chat

Mondays • 1-3 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and good conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome! No registration.



Art Critiques

Monday, November 25 • 4-5:30 pm (4th Monday)

Art critiques are a wonderful way to get feedback on the art you are doing. This will be a group participation with Nicolette being the coordinator. Bring 1-2 pieces of work and come join us and learn from each other.

Nicolette Maguire Bonnsetter taught art history, art methods, and worked with preservice teachers at the University of Nebraska- Lincoln. She is a studio artist working in acrylics and mixed media. No registration.

Music Appreciation with Fran Rosenthal, Music Enthusiast

Thursdays, November 14 & 21 • 4-5:30 pm

Fran will educate and entertain, as she takes us on a tour of music throughout our history.

November 14: "It Don't Mean a Thing if it Ain't Got That Swing." Duke Ellington and Friends.

November 21: A Grab Bag, A Potpourri.....Something for Everybody: Classical and Pop, getting in the Mood for the Holidays.

RSVP online or call: 480-488-2286.



Drum Circle facilitated by AARP

Tuesday, November 19 • 4:45-5:45 pm (3rd Tuesday)



Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy, and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience required!

If you have a heartbeat, you can drum. Open to all adults, all ages. No registration.

Foothills Musicians Community

Friday, November 22 • 4:00-5:30 pm (4th Friday)

The Desert Foothills Library has begun The Music Club, held monthly. There will be a speaker giving presentations about the history of an instrument and/or biography of a musician. Sign up Sheets will be available for anyone who wants to showcase or

give presentations and play! Community projects are welcomed to be announced, offered, free to the public. Let us know! Facilitator Julie Harding will be asking the community for help with the music of William C. Wright. The Town of Carefree would like to feature some of his many pieces for a show. Julie Harding will be talking about the appreciation of nature based music. No registration.



PARA CONTINUAR EL ESPAÑOL

Intermediate Conversational Spanish

Every Wednesday • 10:30 am-Noon

Informal chat session using various books, flashcards, etc. No instructor. No registration.

*The following two classes will be taught by Marlon L. Garcia, who graduated with a law degree from the National Autonomous University of Mexico (UNAM) and became a Professor of Law I and II, litigator in civil, criminal and administrative areas in Mexico City for more than 10 years.

With an easy and fun way we will learn the essence of the Spanish language, writing (grammar), reading & pronunciation in order to have a conversation with your service provider, on your next vacation to Latin America or to read & understand from a basic magazine or book. We hope you join! **RSVP** online or call: 480-488-2286. **Cost:** \$40 for each 5-week course. Questions: contact Marlon at marlon20lopez@hotmail.com.

*Jugando Aprendo Español (Playing, Learn Spanish) Beginner

Tuesdays, November 5-December 10 • 4-4:45 pm

*Jugando Aprendo Español (Playing, Learn Spanish) Intermediate

Tuesdays, November 5-December 10 • 5-5:45 pm



ADULT PROGRAMS

THE SILVER SCREEN MOVIE SCENE

Monday at the Movies

Every Monday • 2:30 pm

New releases with a foreign film once each month. Check our website dfla.org for titles. No registration.



Music @ the Movies



Thursday, November 7 • 2-5 pm (1st Thursday)

Join us for a celebration of music featured in the movies! Hosted by music enthusiast, Annis Scott.

This Month: *Pretty Woman*, starring Julia Roberts as Vivian, a prostitute, and Richard Gere as Edward, a businessman, who fall hard for one another, forming an unlikely pair. After Edward hires Vivian to stay with him for the weekend, the two get closer, only to discover there are significant hurdles to overcome, as they try to bridge the gap between their very different worlds. 125 min. No registration.

The following two movie series feature a post-film discussion, facilitated by Gary Zaro, Humanities Professor from Paradise Valley Community College (PVCC).

Around the World in 9 Films

Friday, November 8 • 3:00 pm (2nd Friday)

Movies are a great way to learn about different cultures — how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from nine different countries, each one telling the story of individuals caught up in conflicts unique to their culture and country and yet, at the same time, linking a thread of humanity that stretches across the globe. This Month: *The Hidden Face*. R, 2011, Colombia. 97 min.

RSVP online or call 480-488-2286.



Cinematic Reflections: Little Known Stories of WWII



Friday, November 15 • 3:00 pm (3rd Friday)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war — stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. This Month: *The Great Raid*. 2005. 132 min. **RSVP** online or call 480-488-2286.

TECHNOLOGY & DIGITAL CONTENT

E-Media & Library Digital Content Help

Every Tuesday • 10-11 am

Downloading eBooks & eAudiobooks can be easy through the library's digital collection! Drop-in with questions about Overdrive, RB Digital or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. No registration.



Teen Tech Help



Saturday, November 9 • 10 am-1 pm (2nd Saturday)

Get help with many of your technology needs; e-mail accounts, apps, and downloading e-books, setting up devices, Windows 10, websites and more! Bring your device or use a library computer to get your questions answered. Contact Imogen for more information: imogenbrooks01@gmail.com. No appointments needed; 1st-come, 1st-served. Stop by the circulation desk to check-in for Teen Tech Help.

THOUGHTFUL CIRCLES

Death Cafe

Wednesday, November 6 • 12:30-2:30 pm (1st Wednesday)

Death Cafe is a gathering to talk about death & dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011. To date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join for open, respectful, interesting conversation about topics relevant to all of us but often considered "dark" or even taboo. For more information go to deathcafe.com. No registration.



FOR the LOVE of BOOKS

Literate Foodie Club

Monday, November 4 • 12:30-2:30 pm (1st Monday)

Love food, books, cooking and conversation? We will explore all these and more. **Topic:** *Waste Not: How to Get the Most from Your Food* by the James Beard Foundation. Facilitated by Dana Rakinic and Jan Kruse.

Questions: danarakinic@gmail.com or jan-kruse@cox.net. **Tickets** online or call 480-488-2286. **Cost:** \$10.

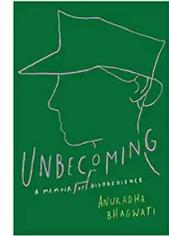


Get Lit Book Club

Tuesday, November 19 • 5-6:30 pm (2nd Tuesday)

Your Librarians Caitlin, Sara, and Ashley invite you to a new style of book club; Get Lit Book Club. This fun and informal gathering will be found at a different, local restaurant or watering-hole each month to help support our local community. Books will include non-fiction, classics, contemporary fiction & memoirs to list a few. Everyone is welcome! This month: *Unbecoming: A Memoir of Disobedience* by Anuradha Bhagwati at Keeler's in Carefree.

Registration required at dfla.org or call 480-488-2286 so we may give accurate numbers to the restaurant for setup. **Cost:** FREE to join. We encourage you to eat, drink & be merry to support a local business.



Library Book Club

Thursday, November 14 • 10 am-Noon (2nd Thursday)

Tuesday, November 26 • 10 am-Noon (4th Tuesday)

Book Club is now offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. This month: *The Keeper of Lost Things* by Ruth Hogan. Everyone is welcome!

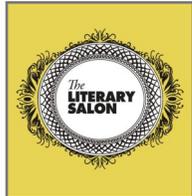
No registration.



Literary Salon

Thursday, November 21 • 10 am-Noon (3rd Thursday)

An informal discussion of books, film and theater led by a facilitator. No requirements to read or see any particular film, play or book. Everyone is invited to share ideas and reflections on the selected theme. **This month:** The Best of the Worst or What Makes Bad Books and Films Good? Originally named *Trashy Treasures*, November's theme focuses on books, films or plays written or produced with good intentions and not-so-great results. Be it a book that was so bad you gave up reading after the first few pages, or a film or play where you walked out as soon as you could. We have all experienced the failures of authors with good intentions. A drama that made you laugh instead of cry, a story that made no sense, a work that was bizarre and made you wonder why it ever was created in the first place. Come and share your treasures and tell what went wrong. No registration.



Chapter2Books SPECIAL SALE!

November 8, 9, & 10

Biggest used bookstore in the North Valley! More than 15,000 books, as well as DVDs, CDs & audiobooks, starting at just 50 cents! Located inside Desert Foothills Library at 38443 N. Schoolhouse Rd., open 7 days a week, or check us out on Amazon. Donations are welcome, and help support the library!

www.Chapter2BooksAZ.com. 480-488-2777.



GAME'S ON!!



MahJongg 102: Step-up a Level

Mondays, November 4-December 2 • 1-4 pm

This class is designed for those who have a basic understanding of the game and want to take it to the next level. Students will learn how to categorize & select hands and discard defensively and offensively. Hands-on attention in a small group setting makes learning and playing fun while stimulating and improving your brain health. The 2019 MahJongg Card is required and available at

www.nationalmahjonggleague.org. Class limited to a minimum of 4 and maximum of 8 students. **Registration and tickets required** online at dfla.org or call: 480-488-2286. **Cost:** \$90 for a 4-week series.



Coming in 2020 at Desert Foothills Library



Save the Date

**25TH ANNUAL CHARITY GOLF TOURNAMENT
AT DESERT FOREST GOLF CLUB
THURSDAY, MAY 14, 2020**

Desert Foothills Library invites you to its 25th Annual Charity Tournament at Desert Forest Golf Club. You'll enjoy a fun day of golf for a great cause!

We especially encourage you to participate in the Tournament as a Sponsor.

You will be rewarded with special recognition — plus, there's the incentive of an increased tax deduction! Your extra support as a Sponsor will help the Library continue to provide meaningful, life-long learning opportunities for our Foothills area children, teens, adults, and seniors.