

More Events

BRIDGE

Instructor: Peter Blake-Ward
Register for both courses:
 480-488-2286

No Classes November 11.

Cost: \$85 for each 8-week course OR
 \$150 for both Bridge courses. Materials included.



Skill Building

Fridays, September 30–November 25 • 10 am–12 pm

For players with some experience who would like to improve their skills, you will develop bridge skills and strategies and socialize. Supervised play will help illustrate more advanced conventions as they are taught. If participants are interested, the instructor will teach the “new” standard in bridge—the 2 over 1 style of play.

Intermediate Supervised Play

Fridays, September 30–November 25 • 1–3 pm

Players should have knowledge of basic bridge conventions. Each class begins with a mini-lesson on hints in bidding and play. Participants play randomly dealt hands, during which the instructor goes over bidding and play. The instructor also provides pre-dealt hands that all of the participants play. The instructor then reviews bidding and play and provides a written critique of each hand with suggestions. Participants may keep this analysis for future reference.

DESERT FOOTHILLS GALLERY HIDDEN IN THE HILLS

SHOWCASE RECEPTION

October 15 • 4–5:30 pm

Celebrate *Desert Foothills Gallery's* latest show. Enjoy refreshments while you browse the new exhibit. All are welcome!



SKETCHING MADE EASY

with Roberta Kritzia

October 22 & 29 • 1–3 pm



Beginners, as well as experienced artists, are welcome; all students will receive independent instruction during classes. All needed supplies will be provided. Roberta will share work done by artists throughout history, and will do a demo to illustrate how art supplies and subject matter are to be used. Students will select from objects, and begin working with graphite, in order to learn the techniques of rendering form and volume on paper. Instructor Roberta Kritzia is a highly respected Art Instructor who has conducted classes at the MIM. **Register:** 480-488-2286. **Cost:** \$50 (total for both classes) + separate materials fee of \$10 at the first class.

DESERT FOOTHILLS LIBRARY

HEALTH & FITNESS



Tai Chi Series for Health & Vitality

Sundays, Oct 16, 23 & 30; Nov 6; Dec 4 • 2–2:50 pm
 (No class November 13, 20 & 27)

A Chinese health system that consists of a slow & gentle sequence of movements. The emphasis of this class is on balance, relaxation & 'chi' flow. This is a five-class series, & because each class progressively builds on the previous class, drop-ins are not allowed. Instructor Roger Steward has practiced Tai Chi since 1966. Over the course of ten years (before retiring), he taught Tai Chi to more than 2000 in Raleigh North Carolina. **Register:** 480-488-2286.

Cost: \$40 for 5-week series

Guided Meditation

October 4 and 18 • 4:30–5:30 pm (1st and 3rd Tuesdays)

In this practice, we lie on the floor with closed eyes & relax in the space just before sleep. **RELAX**
Please bring yoga mat or blanket.

Registration Required: Contact Instructor Judith Zeiger:
 480-760-5645 or jazeiger@gmail.com.

Cost: \$5 cash to instructor at each class.



Medical Qigong Series With LuaRha Frankfort

October 10 • 1–2 pm (2nd Mondays)

Learn simple, beneficial movements & techniques, and find relief from many medical conditions.

Register: 480-488-2286. **Cost:** \$5 cash to instructor at class.

Gentle Yoga

Every Sunday • 11:30 am–12:30 pm

This slow-paced class focuses on breathing, gentle yoga poses, & stretching to increase flexibility & balance. *Please bring a yoga mat.* **Registration Required:** Contact instructor Sylvia Labrado: 480-776-4743 or agelessyogaaz@gmail.com.

Cost: \$8 cash, pay to instructor at each class.



Pilates for Beginners

Every Thursday • Noon–1 pm

Mat class will include whole body exercises that promote core strength, flexibility, balance and coordination. Workout is appropriate for individuals with osteoporosis. Small props will be provided. *Please bring a yoga mat.* **Registration required:** Contact instructor Michelle Gavura (Certified Polestar Pilates Rehab Practitioner) at 602-295-4702 or mgpmpilates@gmail.com.

Qigong/Tai Chi Easy

Every Friday

REGULAR Class 8:45–9:45 am GENTLE Class 10–10:30 am

A discipline that can be practiced and benefits gained at any age—you are never too old! This class is a blending of Qigong and Tai Chi, with deep breathing & repeated gentle motions and stretches improve health, balance, agility & flexibility.

Gentle class is for anyone who wants to take it extra slow and easy. Wear loose clothing & bare feet. **Registration Required:** Contact instructor Bina Bou: 480-284-1300 or bina.b75@gmail.com.

Cost: Prepay instructor \$35 cash for 4 classes; or \$10 drop-in.



ASK AT THE FRONT DESK!!

Details at www.dfla.org October 2016

MUSIC APPRECIATION @ THE LIBRARY

Fridays, October 14 and 28 • 4:00–5:30 pm

Fran Rosenthal, Music Enthusiast, will educate and entertain, as she takes us on a tour of music throughout our history. **Register:** 480-488-2286

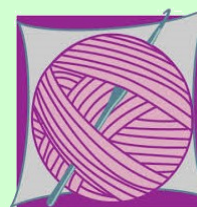
October 14: "Melody: can we really define it?" You will hear this glorious Aria!

October 28: "Making Overtures: the Overture as a musical entity from it's beginning to now." Did you know sometimes it stands on its own and introduces nothing?

MUSIC @ THE MOVIES

October 6 • 2–5 pm (1st Thursdays)

South Pacific: Love blossoms in a South Seas island during World War II when a nurse falls for a French planter, a lieutenant woos a native girl and sailors lust after island females. 158 min. (unrated) Hosted by music enthusiast Annis Scott. No registration.



THE HAPPY HOOKERS

October 24 • 1–3 pm (4th Mondays)

Do you knit, crochet, or practice another needle or table craft? Join The Happy Hookers monthly for companionable creating and conversation! No registration.

MAHJONG

4-Day Beginner's Class Series

October 17 & 20 • 1–4 pm and
 October 18 & 21 • 9 am–Noon



Want to learn to play Mahjong? Instructor Andrea Korff has been playing Mahjong for over 20 years and has enthusiastically taught the game for 5. She guarantees a solid foundation for playing this exciting and challenging game. Limited Space.

Register with Andrea Korff at 480-650-5199.

Cost: \$75

2-Day Refresher Course

October 25 & 26 • 9:00 am–Noon

Tips/Strategies and increasing speed and odds for winning! Limited space. **Register** with Andrea Korff at 480-650-5199. **Cost:** \$40

Mahjong Club

Every Tuesday • 12:45–3:45 pm

Must have basic knowledge of the game. Limited space.

Registration required: Andrea Korff at mandakorff@cox.net or 480-650-5199. **Cost:** \$4 cash/session. Pay Andrea Korff at class.

MAHJONG FUNDRAISER

Saturday, November 12 • 9:15 am–4:00 pm

Lunch Buffet! Raffles & Prizes! Game Surprises! High Point Cash Prize Winners! Limited seating, first come first served. All proceeds benefit the Desert Foothills Library. For application and questions please email Andrea Korff at mandakorff@cox.net. **Registration deadline:** November 1. **Cost:** \$60 pre-paid

More Events

COMPUTER/TABLET CLASSES



Registration required all classes: 480-488-2286



iPad Class 101

October 6 & October 27 • 9:30–11 am
 (1st & 4th Thursdays)

This class will show you how to use the basic features of your iPad. We will move around apps and create folders and will even go over all the buttons, screens and settings you never knew you had! Must bring your own Apple iPad.

Windows 10 Overview

October 13 • 9:30–11 am (2nd Thursdays)

Microsoft has a new Operating System! Come and let us show you what's new and how to use it! Even if you don't have 10 yet, come and see the new features and understand the upgrade process. Lecture; no computers provided, but you may bring your laptop with Windows 10 pre-installed.



Password Management & Security 101

October 20 • 9:30–11 am (3rd Thursdays)



Do you despise a million passwords? Worry about credit card fraud? Has someone called you about your computer being hacked? Is your data safe? Show up and we'll explain all of this and more! Lecture and handout provided; no computers.

SPANISH OFFERINGS Intermediate Conversational

Every Wednesday • 10:30 am–Noon



Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.

Spanish Classes

New session begins Nov/Dec. Instructor Alina Lowen is a native speaker with 30 years' experience. Call Alina directly to discuss your appropriate class level: 480-595-5500. Limited class sizes. **Registration required** at least 2 days prior to class start: 480-488-2286. **Cost:** \$45 for 5 - week series

ROCKET LANGUAGES Choose from 13 Languages



Learn to speak a language online today! All you need is a **free** Desert Foothills Library Card to get started. Visit our Digital Library @ desertfoothillslibrary.org. With our comprehensive multi-media packages you will be speaking and improving your language skills with every lesson by taking part in the modern, everyday conversations that make up our Interactive Audio Course.

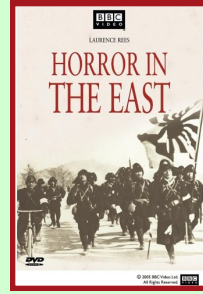


WWII CINEMATIC REFLECTIONS

Little Known Stories of the War

October 21 • 3-5 pm (3rd Fridays)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war -- stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert from Paradise Valley Community College (PVCC), will follow. **This month:** *Horror in the East* (98 min.). **Register:** 480-488-2286.



ASSET MANAGEMENT

Attention Baby Boomers!

Wednesday, October 5 • 1-2 pm

Saturday, October 8 • 10:30-11:30 am

In 2016 the first of thousands of baby boomers will turn 70 1/2, and will be required to calculate and possibly distribute from IRA's and RMD's (Required Minimum Distribution). Come learn what you need to know...and more! Presenter Glee B. Pope is a CFP® & VP of Wealth Management @ Morgan Stanley. Learn more about the Pope Scanlon Team at www.morganstanleyfa.com/thepepescanlonteam.



Register: 480-488-2286

Don't Make Your Family Fill in the Blanks

Saturday, October 27 • 1:30 am-2:30 pm

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a free **Estate Planning Workshop**, providing a small group setting for participants to learn the essentials of developing a will or estate plan. A solid plan is essential to make sure your family is not left filling in the blanks. Participants will learn:



- Powers of Attorney - why they are important and what you should have in them
 - Probate - what it is and how to avoid it
 - Trusts - what they are and how they are different from a Last Will and Testament
 - Taxes - who has estate or inheritance tax
 - Beneficiary designations—why these need to be updated
- Participants have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment. **Register:** 480-488-2286.

SHOP AMAZON

Click this icon on the Desert Foothills Library web site to shop Amazon and support your Library!



YAPPY HOUR ON THE TERRACE

Thursday, October 13 • 3:30-5:30 pm

Wine and iced tea for humans, treats for the pups...Join us, with your dog (or just because you're a dog-lover), mingle on the Waterfall Terrace, and enjoy hearing our speaker, Dr. Brett Cordes, Scottsdale Veterinarian at the Arizona Animal Hospital. Brought by the Foothills Animal Rescue, a few pups will be on display for adoption, in search of a forever home. We will also be collecting donations for the Foothills Animal Rescue. Their wish list includes: Toys - Kong or Rope toys for dogs, cat toys; Cleaning products: Paper towels, bleach, detergent, toilet tissue, kitchen and industrial sized garbage bags.



Register: 480-488-2286

THE LITERATE FOODIE CLUB

October 3 • 1-2:30 pm (1st Mondays)



Love food, books, cooking and conversation? We will explore all these and more: writing, travel, history, literature, crazy experiences, world cuisines, guest chefs and occasional special field trips.

Facilitated by Dana Rakinic. **October topic:** Explore cooking as a coping outlet.... a source of creativity, relaxation and happiness. Join us for a discussion of the books *My Kitchen Year* by Ruth Reichl, *Spoon Fed* by Kim Severson, and *Julie and Julia* by Julie Powell. Bring in your favorite "go-to" recipes, or stories. Refreshments will be served. Questions? Contact danarakinic@gmail.com. **Limited Space; register early!** 480-488-2286. **Cost:** \$5

CRAFTY CARD MAKING

October 22 • 10:30 am-12:30 pm



We'll make cards for every season, every reason! Join in the fun with Card Maker Melissa Sunde, who will have all the supplies cut and ready, and will help guide you in making 3 greeting cards. You'll learn new stamping techniques and how to use all kinds of new supplies. Don't worry if you feel you are not creative – it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. **Registration Required by Wednesday**, October 19, to allow time for preparing class supplies: 480-488-2286. **Cost:** \$15.00

MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.

Caring for the Caregiver

Monday, October 3 • 10-11:30 am (1st Mondays)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway"

After the Loss of a Spouse or Partner

October 10 & 24 • 9:30-11 am (2nd & 4th Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.

Chapter 2 Books

Great Books. Great Prices.

INSIDE THE LIBRARY

OPEN 7 DAYS

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Special Sale Dates: October 7, 8, 9

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www.Chapter2BooksAZ.com 480-488-2777



Not your typical "Book Club"...

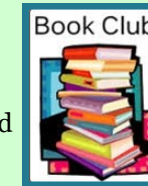
October 13 • 10 am-Noon (2nd Thursdays)

An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the selected theme. **October theme: Stories of Arizona.** Consider how authors explore the topic of Arizona, from Sandra Day O'Conner and Alan Day's *The Lazy B*, to *Weird Arizona* by Wesley Treat. Do parts of Arizona remain uninhabited by humans? What did survival mean for the first female justice of the U.S. Supreme Court? No registration.

LIBRARY BOOK CLUB

October 11 • 10 am-Noon (2nd Tuesdays)

Discussion of *Fahrenheit 451* by Ray Bradbury (led by Thomas Carey, retired professor). Everyone is welcome!



JOURNALING CLASS

Journal Your Legacy

October 10 & 24 • 1-3 pm (2nd & 4th Mondays)

Create a meaningful record of who you are and what your values are as a precious gift for your loved ones. Bring a journal or a notebook and pen. No writing experience required. MaryLee Simpson is a certified journal facilitator and has taught therapeutic writing for nearly 20 years. Different topic each month. **Register:** 480-488-2286.

MONDAY MOVIES @ THE LIBRARY

Mondays, 3-5 pm

New releases with a Foreign Film once each month! Check our website www.dfla.org for titles.



Front Desk: 480.488.2286
Bookstore: 480.488.2777
www.dfla.org

LIBRARY/BOOKSTORE HOURS

Monday-Friday 9 am-6 pm
Saturday, 10 am-4 pm
Sunday, 11 am-3 pm

38443 N Schoolhouse Rd.
Cave Creek, AZ 85331

*Except where noted. Visit our website for details: www.dfla.org

OCTOBER 2016

Check It Out!

ROME & ITS CHURCHES

Wednesday, October 26 • 2-3 pm



Trevi Fountain

ROME "the eternal city." Its history spans 2 1/2 thousand years, but its mythology starts at 753 B.C. From ancient times with the Colosseum built in 70 A.D. to house 60,000 spectators, thru Medieval times into the Renaissance and Baroque periods - - seen thru its parks and gardens, fountains, aqueducts, bridges, statues, obelisks and catacombs. David and Diane Reesor have traveled extensively within Rome, and share their fascinating journey. A living history of Rome, so full of life and good food! **Register:** 480-488-2286.

THE ART & SCIENCE OF DEEP SPACE

Wednesday, October 12 • 1-2 pm

Through his images of our universe . . . galaxies, nebulae, star clusters... Ken Naiff conveys his passions for art, astronomy& technology through astrophotography. As a young lad in England, Ken observed Sputnik through a small telescope in 1957 - the start of his life-long interest in astronomy. He hopes his images will provoke questions that will provide insight into the beautiful, awe-inspiring objects that await discovery which are just beyond our eye's grasp in our star-studded Milky Way, and beyond. Ken has a 30 year career in electronic engineering and digital systems (including developing digital television) and has been awarded seven U.S. patents for semi-conductor devices and circuits. Visit www.DarkSkyImagesByKen.com. **Register:** 480-488-2286.



STORIES OF ART THEFT & RESTITUTION

October 29 • 10:30-11:30 am



MY GRANDFATHER'S GALLERY

The Paul Rosenberg/Ann Sinclair Story. In 1940 his gallery in Paris contained hundreds of priceless paintings targeted by Hitler for confiscation. Today his granddaughter, a famous French journalist and author of the book *My Grandfather's Gallery*, is getting some paintings back. Mary F. Cook will tell the story. Mary is an award-winning author, international lecturer, and has focused 30 years of research on the subject of art theft including the Nazi plundered art of WWII. She is a member of IFAR, the International Foundation for Art Research which, through its Art Loss Register, maintains the largest database of stolen art in the world. **Register:** 480-488-2286