

DESERT FOOTHILLS LIBRARY &
CHAPTER 2 BOOKSTORE

COMMUNITY PROGRAMS

OCTOBER 2021

Desert Foothills
LIBRARY Est. 1954
enriching your community

Chapter2Books
Great Books. Great Prices.

INFORMATION

Desert Foothills

LIBRARY Est. 1954
enriching your community

Library Closed
October 11 in observance of
Indigenous Peoples' Day

Library Hours

Monday, Wednesday, Friday
9:00-5:00 PM
Tuesday, Thursday
9:00-6:00 PM
Saturday
10:00-4:00 PM



@DesertFoothillsLibrary



@DFLibraryAZ

find us
online!

Check us out on
amazon

Chapter2Books
Great Books. Great Prices.

The largest used book store in the North Valley!

Books | DVDs | CDs | Audiobooks

starting as low as 50¢

Special Sale Dates: October 15 & 16

Donations are welcome and help support the Library!

Find more out at DFLA.ORG/Chapter-2-Books or come in and see us

INFORMATION



A promotional poster for the Charles Schwab Cup Championship. It features a large image of a golfer in mid-swing on the right, wearing a white shirt and dark pants. On the left, there are two smaller images: one of a man in a white polo shirt and a Berenberg cap, and another of a man in a dark jacket holding a trophy. The text 'ALL ON THE LINE' is prominently displayed in the center. Below it, the dates 'NOVEMBER 10-14, 2021' and the location 'PHOENIX COUNTRY CLUB' are listed. At the bottom, it says 'TICKETS FORE CHARITY™' and 'PRESENTED BY CHARLES SCHWAB FOUNDATION'.

ALL ON THE LINE

NOVEMBER 10-14, 2021
PHOENIX COUNTRY CLUB

TICKETS FORE CHARITY™
PRESENTED BY CHARLES SCHWAB FOUNDATION

Want to catch this year's
Charles Schwab Cup
Championship at Phoenix
Country Club?

Purchase your tickets at the link
below and **100% of net
proceeds** will go to Desert
Foothills Library!

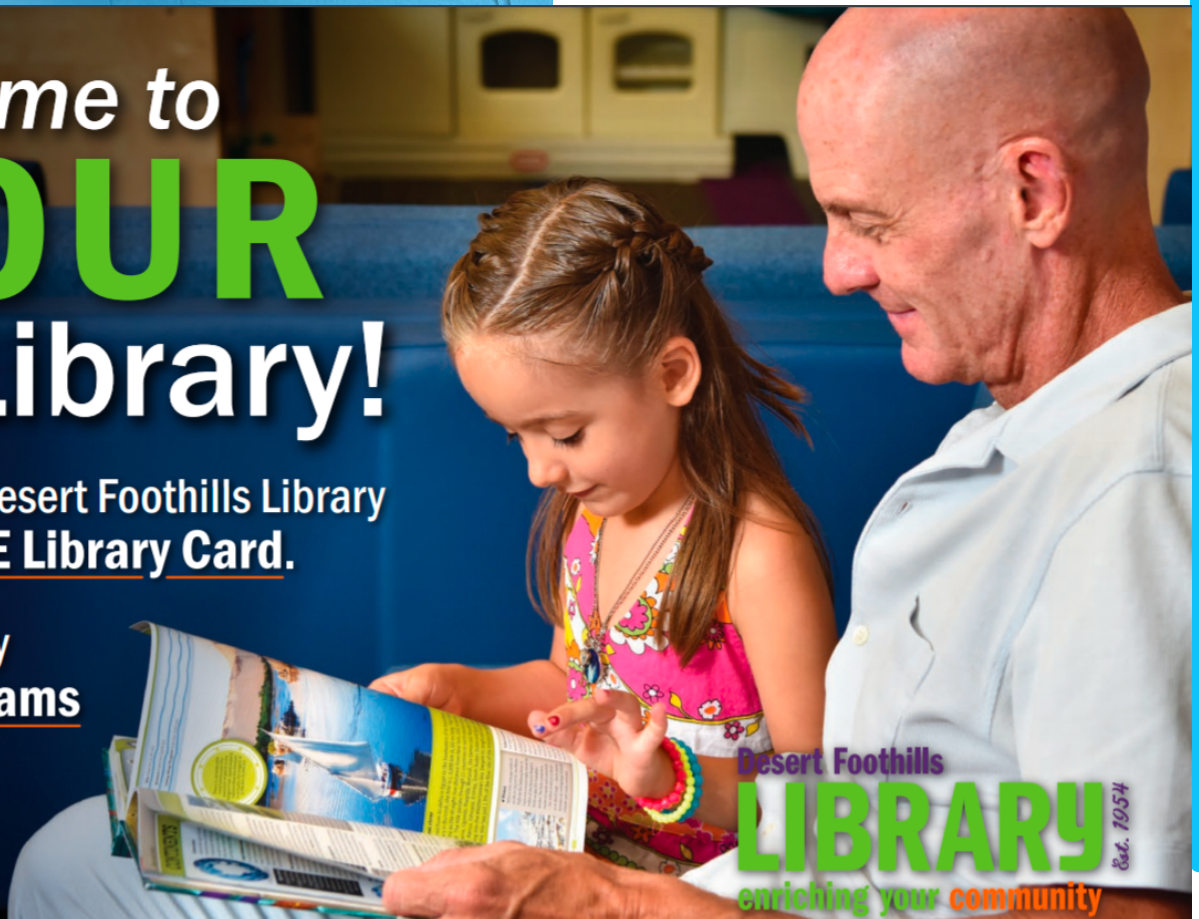
Tickets are only \$30!

<https://www.schwabcuptfc.com/tickets/forward.php?C=DFLA>

Welcome to **YOUR** Library!

Stop by the Desert Foothills Library
for your **FREE Library Card**.

We offer many
FREE Programs
for children,
youth and
adults.



Desert Foothills
LIBRARY
enriching your community
Est. 1954

YOUTH & FAMILY PROGRAMS

Storytime at Desert Foothills

Families are encouraged to join Miss Heather for a 30 minute storytime featuring developmentally appropriate songs, movement, & stories. Siblings are welcome. Please register beforehand.

TODDLER STORYTIME

Tuesdays, 10:30-11:00am | October 5, 12, 19, 26
Children ages 1-3

PRESCHOOL STORYTIME

Thursdays, 10:30-11:00am | October 7, 21, 28
Children ages 4-6
*Note: There will NOT be a
Preschool Storytime on October 14th*

GRAB & GO: MONSTER MASK KIT

Monday, October 4th through Saturday, October 9th

The month of Halloween is upon us! Pick up a bag filled with all the supplies you will need to create a monster mask to start feeling spooky. Please reserve your kit online.

This program is suited for ages 2-6.

FRANKENSTEIN MONSTER CREATION

Tuesday, October 12, 10:00-10:30 am

We will be making Frankenstein Monsters out of paper plates. This craft will include coloring, gluing, and special skills. Depending on your child's ability level, the craft can be made into a mask to work on cutting skills.

This program is suited for ages 3-6.

SPOOKY SHAPES INTO CREEPY CHARACTERS

Tuesday, October 19, 11:00-
11:30 am

Following storytime, join us for a craft encouraging exploration with shapes. Various cut-out shapes will be provided for children to use their imagination to create witches and monsters.

*This program is suited
for ages 2-4.*

HALLOWEEN PARTY!

Tuesday, October 26, 10:30-12:00 pm

Come celebrate all things Halloween! The morning will start with a storytime led by Wendy the Witch, followed by face painting and trick-or-treating around the library. Children (and adults!) are encouraged to wear costumes!

*This program is suited for
children 1-7 years old.*



YOUTH CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	Grab & Go Kit Pickup	Toddler Storytime 10:30am	Fairy Making 3:30pm	Preschool Storytime 10:30am	8	A Quiet Place Movie 2:00pm
10	11	Toddler Storytime 10:30am Frankenstein Creation 11:00am	13	14	15	16
17	18	Toddler Storytime 10:30am Spooky Shapes 11:00am	Teen Book Club 3:30pm	Preschool Storytime 10:30am	22	23
24	25	Halloween Storytime & Party 10:30am	27	Preschool Storytime 10:30am	29	30
31						



TWEEN & TEEN PROGRAMS

FAIRY MAKING

Wednesday, October 6, 3:30-4:30 pm

Come craft miniature friends to kick-start the magic of Halloween! Use pipe cleaners, felt, fake flower petals, and your imagination to make a fairy complete with their own outfit to match their powers or the season. All supplies will be provided.

This program is suited for ages 7-12.



A QUIET PLACE MOVIE SCREENING

Saturday, October 9, 2:00-3:30 pm

What better place than to watch a movie filled with hushed voices than the library? Join us in the Teen Room for a screening of A Quiet Place for some thrills and chills as October gets started.

This movie is rated PG-13.

This program is suited for ages 13-18.

TEEN BOOK CLUB:

A Lesson In Vengeance by Victoria Lee

Wednesday, October 20, 3:30-4:30 pm

Join Youth & Teen Services Manager Heather for a discussion on Victoria Lee's latest book: *A Lesson in Vengeance*, a witchy and sapphic dark academia YA thriller. Set at a New England boarding school, two girls become entwined in researching the school's occult past. There will be copies available for checkout.

This program is suited for ages 15-18.



GIVE YOURSELF GOOSEBUMPS

Friday, October 22, 3:00-4:30 pm

Youth & Teen Services Manager Heather will lead the reading of a choose your own scare with a Goosebumps book to introduce a viewing of a Goosebumps movie.

This program is suited for children 8-12 years old.

FREE MENSTRUAL PRODUCTS

in the teen room



ADULT PROGRAMS

CRAFT'N'CHAT

Mondays, 1:00-3:00 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome!



DEATH CAFE

Wednesday, October 6, 12:30-2:30 pm

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for an open, respectful, interesting conversation about topics relevant to all of us but often considered "dark" or even taboo. From more information go to www.deathcafe.com.

HIDDEN IN THE HILLS SHOWCASE BY DESERT FOOTHILLS ART GALLERY

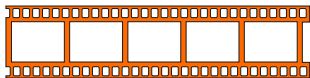
October 7 - January 20

Saturday, October 16, 4:00 pm - Reception

Meet the artists represented in this year's Sonoran Arts League Hidden in the Hills Tour! Please join us for a most compelling and fascinating show of all types of artwork. Light refreshments provided.



Art
Artists
Art Education



INTERNATIONAL FILM SERIES: WOMEN DIRECTORS

Friday, October 8, 3:00 pm

Film is the most popular form of art and entertainment in the world and a wonderful way for us to communicate with each other. The International Film Series gives us a glimpse into other cultures to see their uniqueness, history, and what is important to them. It is also a great look into the universality of all countries and cultures and allows us the opportunity to see often times we share more than we realize. Travel around the world with us as we explore innovative films and fascinating cultures. A post film discussion will follow with Gary Zaro. This month: The German Doctor. RSVP online at dfla.org | Questions, please call 480-488-2286.

MUSIC AT THE MOVIES

Thursday, October 14, 2:00 pm

Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, comedies, and more! Hosted by music enthusiast, Annis Scott.

This Month: The Making of West Side Story.



BLACK MOUNTAIN DEMS & FRIENDS

Saturday, October 16, 11:00 am

Third Saturdays of the month with different speakers.

All programs are free and no registration needed unless otherwise noted. Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.

ADULT PROGRAMS

LITTLE KNOWN STORIES OF WWII

Friday, October 15, 3:00 pm



This film series offers little known war stories filled with daring, intrigue, and sometimes such improbability they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event, one that still effects our lives and world today. Everyone is invited to participate in the discussion following each film with Gary Zaro. This month: The Ghost Army. RSVP online at dfla.org | Questions, please call 480-488-2286.



FROM LIBERATION AND LOSS TO LOVE, LEMONADE, AND LAUGHTER

Thursday, October 21, 2:00 pm

You may have attended As Mama Told Us, about Dr. Ettie Zilber's mother's survival in the Kovno (Lithuania) Ghetto, concentration and labor camps, death march and liberation. This talk will focus on the moment of liberation through the difficult years that followed. Who, when, where did the liberation take place? What did Europe look like in these five post-war years? How did Mama find any family survivors on a war-torn continent, and how did she learn about those who did not survive? Come and hear a different chapter of the Holocaust story. RSVP online at dfla.org | Questions, please call 480-488-2286. The speaker would like to remove her mask so her presentation will be more effective and her speech clearer. In order for her to do that, she would ask everyone in the audience to please wear a mask.

CONVERSATIONS WITH ANIMALS WITH DR. AVA FRICK



Friday, October 22, 10:30 am



From Farm Girl to Pioneering Veterinarian, the Dr. Ava Frick Story...was built by biographer Ronald Joseph Kule with a 'backbone' of biographical data and the 'ribs, tissues and muscles' out of intermingled doctor/animal vignettes written by Dr Frick. The result is an entertaining work that any layperson, doctor, or pet owner might find inspiring. Books will be available for purchase and autograph. RSVP online at dfla.org | Questions, please call 480-488-2286.



MY CAREER AND WORK AT GROUND ZERO 9/11/01

Friday, October 29, 10:00 am

Living history – Stacey Goodman wrote a book about her twenty-three days working at Ground Zero after the attacks on September 11th, 2001. She shares her experiences of being in the heart of the recovery efforts. RSVP online at dfla.org | Questions, please call 480-488-2286.

PUZZLE EXCHANGE

Friday, October 29, 9:00-5:00 pm



Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave one puzzle and take four, the more the merrier. Offered on the last Friday of every month. All ages and skill levels encouraged!

All programs are free and no registration needed unless otherwise noted. Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.

Wellness



CARING FOR THE CAREGIVER

Monday, October 4, 10:00-11:30 am

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.

ALCOHOLICS ANONYMOUS

Thursdays, 5:00-6:00 pm

Alcoholics Anonymous meetings are held every Thursday at Desert Foothills Library.



MEDICARE 101

Tuesday, October 5, 5:00-6:00 pm

Come to a non-sales, learning event that can walk you through the Medicare maze, explain the rules, explore the penalties for being tardy and lastly help provide clarity for your next steps. Jeff Kleinman, Local Creek-er, Independent Medical Broker helping people with their Medicare. With 18+ years of insurance experience, Jeff is a teacher first and knows the local area and the challenges we face. RSVP online at dfla.org | Questions, please call 480-488-2286.

THE HEALING PATHWAY

Tuesday, October 12 & Monday, October 25, 9:30-11:00 am

Join us on this Journey that will guide you to find a "new normal" as you process through your personal grief journey. Led by Hospice of the West facilitators.



THE DANGERS OF TRYING TO CONTROL SOMEONE'S DRINKING

Wednesday, October 13, 2:00-3:30 pm

Joy Jesty will present on the dangers of trying to control another person's alcohol consumption in order to help those who feel they cannot stop controlling the alcoholic or those who know of someone suffering. Jesty has found a solution that works effectively with long-lasting results.

LONGEVITY, HEALTHY AGING, AND REGENERATION

Friday, October 15, 11:00 am

What are the habits of those who have lived into extreme old age? This has been studied and documented for centuries. What do these studies have in common? What patterns emerge. Can we change our patterns or lifestyle, if so, how and what effect will this have?



SCAN MEDICARE HEALTH BENEFITS FOR 2022

Saturday, October 30, 11:00 am

Come see the new SCAN Medicare health benefits for 2022. Information about Medicare plans and health benefits. RSVP online at dfla.org | Questions, please call 480-488-2286.

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ADULT PROGRAMS

Literary



Today's world is literally at a writer's fingertips. A few keyboard strokes can open the information gates to help you create stories that are distinctively credible and compelling. This Month: Immersive Fiction with Jessica Morrell. Writing Fiction so Readers Land Amid Your Story and Don't Want to Leave. Ever. An immersive story is an intimate, sensory story. It takes place in a world that a reader can see, smell, feel, and hear and it's filled with characters readers come to know and care deeply about. With the opening pages readers are swept into a world that is so resoundingly real and intricately constructed that they leave their ordinary lives to venture forth and live among the unfolding action. This month on ZOOM only. Please RSVP at dfla.org or call 480-488-2286.

WRITER'S CONNECTION

Friday, October 1, 1:00-3:00 pm

LITERATE FOODIE CLUB



Monday, October 4, 12:30-2:30 pm

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks! This Month: The Best Cook in the World: Tales from My Momma's Southern Table by Rick Bragg. RSVP online at dfla.org. Cost: \$10.



GET LIT BOOK CLUB

Tuesday, October 12, 5:00-6:30 pm

A happy hour book club. Not for the faint of heart! Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support our community. Everyone is welcome! This Month: Homegoing by Yaa Gyasi at The Spotted Donkey in the Boulders. RSVP at dfla.org or call 480-488-2286. Cost: FREE but we do encourage you to eat, drink, and be merry in support of our local businesses.

BOOK CLUB

Thursday, October 14, 10:00-12:00 pm



AND Tuesday, October 26, 10:00-12:00 pm

Book Club is offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. Everyone is welcome! This Month: The Splendid and the Vile by Erik Larson. Please RSVP online at dfla.org | Questions, please call 480-488-2286. This program is on Zoom.



LITERARY SALON

Thursday, October 21, 10:00 am

An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the theme. This program is on Zoom.

All programs are free and no registration needed unless otherwise noted. Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.

Health

GENTLE CHAIR YOGA MONDAYS 11:00-12:00 PM

GENTLE YOGA WEDNESDAYS 11:00-12:00 PM

Yoga for Every Body! Through a slow flow of poses coordinated with the breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Chairs are provided for Monday classes.

Questions about these classes, please contact instructor Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10

TAI CHI – QIGONG FOR EVERYONE!

Tuesdays & Thursdays, 9:00-10:00 am



A discipline that can be practiced and benefits gained at any age – you are never too old! A blending of Qigong and Tai Chi, with deep breathing, repeated gentle motions, and stretches to improve health, balance, agility, and flexibility. For healthy body-mind-breath-balance with Tai Chi coach Bina Bou. To see the full schedule check out mindbodyfocusQi.com. Questions: Contact instructor Bina Bou: 480-284-1300 or bina.b75@gmail.com. Cost: \$10



MEDITATION WITH REIKI HEALING

Wednesday, October 6 & 20, 1:00-2:00 pm

Meditation and relaxation have been proven to promote mental and physical changes in a person.

Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing affects.

Questions about Meditation with Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com Cost: \$10

REIKI HEALING

Wednesday, October 13 & 27, 1:00-2:00 pm



Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, how you can use it and how you can consciously control more of the energy that makes up all that is you. Each person is here for their unique experience, no matter the age or belief system, there is something for you to glean from knowing more about yourself and how better to know yourself than through the part of you that is unseen. Healing is the focus of Reiki and healing is multi-level. Questions about Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10



YOGA FUSION

Thursdays, 12:00-1:00 pm

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class.

Questions about Yoga Fusion, please contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. Cost: \$10

COMMUNITY PROGRAMS

RATTLESNAKES: FACT OR FICTION!

Wednesday, October 13, 5:30 pm

New to Arizona? Just Visiting? Lived here for years and never seen a snake? Terrified of snakes and want to fix it with some knowledge? This is the event for you. Rattlesnakes! Few animals spawn mythology and fish stories like they do. In working with thousands of rattlesnakes and people in Arizona, we've heard it all. We'll go through the top 10 bits of popular misinformation, why people believe it, and get to the real story. If you have an uncle that swears he saw a giant nest of hybrid rattlers in the mountains in the 70's, bring him. If there's someone in your Facebook group that always has crazy snake stories every time someone posts a picture, share away.

Live rattlesnakes from all around Arizona will be on display (safely behind locked glass!). Learn everything you've ever wanted to know about our most misunderstood native wildlife. Bring your questions, and we'll see you there!

This program is brought to you in partnership with the Desert Foothills Land Trust. RSVP at dflt.org!



JUBILATE CONSERVATORY OF MUSIC FALL SEMESTER CLASSES

Monday, Tuesday, Wednesday, Saturday September-December

Jubilate Conservatory of Music, a school of classical music, where young students learn to read and write music, begins in-person music classes in September. The Fall Semester lasts fourteen weeks. Violin, viola, cello and choir will be instructed in an after-school format. Online lessons and classes will continue with a particular favorite, Online Collaboration, where students work together online to create a music video. Information about Jubilate Conservatory of Music may be found at jubilateconservatoryofmusic.org. Saturday Music Classes are offered free of tuition.

Mondays 4:00-5:00 pm – Beginning Violin Class

For students 8 years and older; students learn to read music and play the violin in a focused setting with a class limited to 6 students. \$364.00 for the semester plus \$6.00 registration fee.

Tuesdays 4:15-5:30 pm – Jubilate Choir

For students age 10 and older; students learn how to sing with others in a group setting, read music and follow a director, singing several different styles of music. \$364.00 for the semester plus \$6.00 registration fee.

Wednesdays 4:00-5:00 pm – Ensemble for Strings

For student age 10 and older who know how to read music and play violin, viola, or cello; students enjoy playing music together in a group and increase their ability to read music and engage with other young musicians. \$364.00 for the semester plus \$6.00 registration fee.

Saturday 10:00-12:00 pm – Saturday Strings

For age 5yrs and older. 10:00-11:00 am – Advanced/Intermediate strings. 11:00-11:30 am – Beginning Strings (Advanced/Intermediate Students on Break). 11:30-12:00 pm – Jubilate Violin Orchestra, combined class rehearsal. \$6.00 registration fee only.

Saturday 12:15-1:00 pm – Musicianship Class. For all ages, (very young children should be accompanied by their parent). Students learn to sing their way through music theory in a fun and lively classroom setting. \$6.00 registration fee only.

