More Events

Desert Foothills Library

For Writers
Journaling
September 12 • 1–3 pm
(2nd Monday)
Bring a journal or a notebook and pen. No writing experience required. MaryLee Simpson is a certified journal facilitator and has taught therapeutic writing for nearly 20 years. Different topic each month. Register: 480-488-2286.

Monthly Support Groups
Led by Hospice of the West facilitators. No registration.
Caring for the Caregiver
Tuesday, September 6 • 10–11:30 am (due to Labor Day) Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway"
After the Loss of a Spouse or Partner
September 12 & 26 • 9:30–11 am (2nd & 4th Mondays)
Join us on this Journey that will guide you to find a “NEW normal” as you process through your personal grief journey.

Crafty Card Making!
September 17 • 10:30 am–12:30 pm (3rd Saturdays)
We’ll make cards for every season, every reason! Join in the fun with Card Crafter Melissa Sunde, who will have all the supplies cut & ready, & will help guide you in making 3 greeting cards. You’ll learn new stamping techniques & how to use all kinds of new supplies. Don’t worry if you feel you are not creative – it’s a class for everyone! Bring double-sided adhesive tape, or purchase at the class for $3.

Estate Planning
Don’t Make Your Family Fill in the Blanks
Saturday, September 24 • 10:30 am–11:30 pm Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a free Estate Planning Workshop, providing a small group setting for participants to learn the essentials of developing a will or estate plan. A solid plan is essential to make sure your family is not left filling in the blanks. Participants will learn: • Powers of Attorney — why they are important and what you should have in them • Probate — what it is and how to avoid it • Trusts - what they are and how they are different from a Last Will and Testament • Taxes - who has estate or inheritance tax • Beneficiary designations—why these need to be updated Participants have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment. Register: 480-488-2286.

Inside the Library
Open 7 Days

Chapter 2 Books
Biggest used bookstore in the North Valley!
More than 50,000 BOOKs
DVDs - CDs - AUDIOBOOKs
Special Sale Dates: September 9, 10, 11
(and weekend each month)
Prices start at 50 cents . . . . check us out on Amazon.
Donations to help support the library are welcome!
www.Chapter2booksAZ.com
480-488-2777

The Happy Hookers
September 26 • 1–3 pm
(4th Mondays)
Do you knit, crochet or practice another needle or table craft? Join the Happy Hookers monthly for companionship creating and conversation! No registration.

Health & Fitness
Gentle Yoga
September 18 & 25 • 11:30 am–12:30 pm
This slow-paced class focuses on breathing, gentle yoga poses, & stretching to increase flexibility & balance. Please bring a yoga mat.
Registration Required: Contact instructor Sylvia Labrado: 480-776-4743 or agelesvyogaz@gmail.com.
Cost: $8 cash, pay to instructor at each class.

Medical Qigong Series
with LauRha Frankfort
September 12 • 1–2 pm (2nd Mondays)
Learn simple, beneficial movements & techniques, and find relief from many medical conditions. Please note: Participants are encouraged to bring extra water and possibly a bolster on the Waterfall Terrace this month only. Register: 480-488-2286.
Cost: $3 cash to instructor at class.

Guided Meditation
September 20 • 4:30–5:30 pm (3rd Tuesday this month)
In this practice, we lie on the floor with closed eyes & relax in the space just before sleep. Please bring yoga mat or blanket.
Registration Required: Contact Instructor Judith Zeiger: 480-760-5645 or jzeiger@gmail.com.
Cost: $5 cash to instructor at each class.

Library Book Club
September 13 • 10 am – Noon
Discussion of The Blind Eye – A Sephardic Journey by Marcia Fine. Everyone is welcome!

Spanish Offerings
Intermediate Conversational
Every Wednesday • 10:30 am–Noon
Informal chat session using various books, flashcards, etc. Some weeks may feature a half-hour episode of the Destinos DVD series, followed by discussion in Spanish. No instructor. No registration.

All Spanish classes below are taught by Alina Louren, a native speaker who has taught for 30 years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-955-5500. Registration required 2 days prior to class start: 480-488-2286.
Cost: $84 for each 6-week series.

Spanish Level 1
Tuesdays, Sep 13–Oct 11 • 10:40–11:40 am
No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

Spanish Level 2
Wednesdays, Sep 14–Oct 19 • 10:30–11:30 am
Spanish Level 3
Tuesdays, Sep 13–Oct 18 • 11:30–2:30 pm
Spanish Level 4
Wednesdays, Sep 14–Oct 19 • 11:50 am–12:50 pm
Spanish Level 5
Wednesdays, Sep 14–Oct 19 • 1–2 pm

Music at the Movies
Singing in the Rain
September 1 • 2–5 pm
(1st Thursday)
Gene Kelly, Debbie Reynolds and Donald O’Connor in this classic, filled with songs, routines and Kelly’s song-and-dance number performed in the rain, 105 min. (G) Hosted by music enthusiast Annis Scott. No registration.

Monday Movies at the Library
Every Monday • 3–5 pm
New Releases, with a foreign film once each month! Check our website www.dfla.org for titles.
Details at www.dfla.org

The Gift of a Lifetime

Friday, September 23 • 10 am–12 pm
Do you wish you had a record of the old stories told around the table at family gatherings? It’s not too late to capture those stories and begin documenting your own life story. Think what a book about your parents’ lives would mean to you, and realize what a wonderful gift you can create for your children, grandchildren, and future generations. Join Patricia Cox for an interactive presentation on how you can give “The Gift of a Lifetime” to your family and yourself. Personal Historian Patricia Cox has completed many personal biographies and is an award-winning novelist. Through her unique combination of talent, experience, and passion, preserving family histories, she will explain the importance of recording one’s life and offer tips on how to do so. To visit her web site, go to www.truepersonalbiographyserver.com.
Class size limited to 25 adults. Register: 480-488-2286

Bridge

Peter Blake-Ward
Register for both courses: 480-488-2286
No Classes November 11.
Cost: $55 each 8-week course OR $150 for both
Skill Building
Fridays, September 30 – November 25 • 10 am–12 pm
For players with some experience who would like to improve their skills, you will develop bridge skills and strategies and socialize. Supervised play will help illustrate more advanced conventions as they are taught. If participants are interested, the instructor will teach the “new” standard in bridge—the 2 over 1 style of play. Materials included.
Intermediate Supervised Play
Fridays, September 30 – November 25 • 1–3 pm
Players should have knowledge of basic bridge conventions. Each class begins with a mini-lesson on hints in bidding and conventions. Players play randomly dealt hands, during which the instructor goes over bidding and play. The instructor also provides pre-dealt hands that all of the participants play. The class then reviews bidding and play problems. Additional materials included.

Did You Know?

Got an Event?

A special event or a regularly scheduled meeting? The library offers the ideal venues.
Conferences & meetings room with audiovisual options, kitchen, furnished outdoor terrace with waterfall, kiva fireplace and spectacular mountain views, and other options. Check our website or call 480-488-2286.

Book Buddy Home Delivery

Free for all ages. Easy as 1...2...3
Do you or does someone you know have difficulty getting to the library? We have book deliveries to and from your home by screened volunteers. Books—Large Print—Audios—Magazines.
Cost: $10 cash, pay to instructor at class.

Additional Library Services

• Extensive calendar of children, teen and adult programs
• Patios for quiet outdoor reading or evening gatherings
• More than 50,000 books & 5,000+ audio books & movies
• Botanic garden with the Desert Foothills Land Trust
• Meeting/study rooms available at reasonable rates
• Free Wi-Fi and high-speed internet
• Inter-library loan service
• Digital library

September 2016

FOR BEGINNERS

Every Thursday • Noon-1 pm
Mat class will include whole body exercises that promote core strength, flexibility, balance and coordination. Workout is appropriate for individuals with osteoporosis. Small props will be provided.
Please bring a yoga mat. Registration required: Contact instructor Michelle Gavura (Certified Polestar Pilates Rehab Practitioner) at 602-995-4702 or mgavura@gmail.com.
Cost: $10 cash, pay to instructor at class.

Check It Out!

World War II Cinematic Reflections

Little Known Stories of War I Was Monty’s Double

September 16 • 3–5 pm (3rd Fridays)
World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war—stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history’s seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert from Paradise Valley Community College (PVCC), will follow.
Film: (87 min.). Register: 480-488-2286.

The Literate Foodie Club

September 12 • 1–2:30 pm (2nd Monday this month)
Do you love food, books, cooking and conversation? Come and explore food writing, food & travel experiences, food history, chefs, restaurants, food in literature, wild and crazy food experiences, regional/world cuisines—nothing is off limits! There will be shopping, book signing, delicious food and an informal conversation. At the heart of each one are the men and women who made World War II modern history’s seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert from Paradise Valley Community College (PVCC), will follow.
Film: (97 min.). Register: 480-488-2286.

Artists’ Gardens

Friday, September 30 • 10–11 am
In this visual book review, discover artists whose lives included gardens—magnificent ones which were, in one way or another, intertwined in their work. Several of these famous artists lived in the late 1800’s, and though most are famous for their artistic works, their wonderful gardens still exist and can be visited today! Regardless of when or where they lived, these “artist gardeners” all share one commonality—a love for what is beautiful, inspiring, creative and imaginative. Join Suzann Wilson for a fascinating journey through time, styles, ideas, and personalities. She led private tours of gardens and stately homes in England, France & Italy for 14 years and is a photographer and painter living in Carefree, AZ. Register: 480-488-2286.

Library/Bookstore Hours

Monday—Friday 9 am–6 pm
Saturday, 10 am–4 pm
Sunday, 11 am–3 pm
Holidays—Closed
September 5th

Library/Bookstore

Location:
38443 N Schoolhouse Rd.
Carefree, AZ 85331
Front Desk: 480-488-2286
Bookstore: 480-488-2777
www.dfla.org