More Events

DESERT FOOTHILLS LIBRARY



FOR WRITERS Journaling

September 12 • 1–3 pm (2nd Monday)

Bring a journal or a notebook and pen. No writing experience required. MaryLee

Simpson is a certified journal facilitator and has taught therapeutic writing for nearly 20 years. Different topic each month. **Register**: 480-488-2286.

MONTHLY SUPPORT GROUPS

Led by Hospice of the West facilitators. No registration.

Caring for the Caregiver

Tuesday, September 6 • 10-11:30 am (due to Labor Day)

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers.

"The Healing Pathway" After the Loss of a Spouse or Partner

September 12 & 26 • 9:30–11 am(2nd & 4th Mondays)

Join us on this Journey that will guide you to find a "NEW NORMAL" as you process through your personal grief journey.

CRAFTY CARD MAKING!

September 17 • 10:30 am-12:30 pm (3rd Saturdays)

We'll make cards for every season, every reason! Join in the fun with Card Crafter Melissa Sunde, who will have all the supplies cut & ready, & will help guide you in making 3 greeting cards. You'll learn new stamping techniques & how to



use all kinds of new supplies. Don't worry if you feel you are not creative – it's a class for everyone! Bring double-sided adhesive tape, or purchase at the class for \$3. **Registration Required by Wednesday, September 14,** to allow time for preparing class supplies: 480-488-2286. **Cost**: \$15.00



ESTATE PLANNING

Don't Make Your Family Fill in the Blanks

Saturday, September 24 • 10:30 am-11:30 pm

Nicole Pavlik of Nicole Pavlik Law Firm, PLC will host a **free Estate Planning Workshop**, providing a small group setting for participants to learn the essentials of developing a will or estate plan. A solid plan is essential to make sure your family is not left filling in the blanks. Participants will learn:
•Powers of Attorney - why they are important and what you

- should have in themProbate what it is and how to avoid it
- •Trusts what they are and how they are different from a Last Will and Testament
- •Taxes who has estate or inheritance tax
- •Beneficiary designations—why these need to be updated Participants have the opportunity to actively learn, plan, and ask questions in a supportive and engaging environment. **Register**: 480-488-2286.

Details at www.dfla.org September 2016



INSIDE THE LIBRARY
OPEN 7 DAYS

Biggest used bookstore in the North Valley!

More than 50,000 BOOKs DVDs - CDs - AUDIOBOOKs

Special Sale Dates: September 9, 10, 11 (2nd weekend each month)

Prices start at 50 cents check us out on Amazon.

<u>Donations to help support the library are welcome!</u>

www.Chapter2BooksAZ.com 480-488-2777







THE HAPPY HOOKERS

September 26 • 1-3 pm (4th Mondays)

Do you knit, crochet or practice another needle or table craft? Join the Happy Hookers monthly for companionable creating and conversation! No registration.



HEALTH & FITNESS

Gentle Yoga

September 18 & 25 • 11:30 am – 12:30 pm

This slow-paced class focuses on breathing, gentle yoga poses, & stretching to increase flexibility & balance. *Please bring a yoga mat*.

Registration Required: Contact instructor Sylvia Labrado: 480-776-4743 or <u>agelessyogaaz@gmail.com</u>. **Cost:** \$8 cash, pay to instructor at each class.

Medical Qigong Series

with LauRha Frankfort
September 12 • 1–2 pm (2nd Mondays)

Learn simple, beneficial movements & techniques, And find relief from many medical conditions.

Please note: Participants are encouraged to bring extra water. Class will be held on the Waterfall Terrace this month only. **Register**: 480-488-2286.

Cost: \$5 cash to instructor at class.

Guided Meditation

September 20 • 4:30–5:30 pm (3rdTuesday this month)

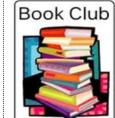


In this practice, we lie on the floor with closed eyes & relax in the space just before sleep.

Please bring yoga mat or blanket.

Registration Required: Contact Instructor Judith Zeiger: 480-760-5645 or jazeiger@gmail.com. **Cost:** \$5 cash to instructor at each class.

More Events



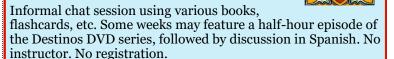
LIBRARY BOOK CLUB

September 13 • 10 am – Noon (2nd Tuesdays)

Discussion of *The Blind Eye—A Sephardic Journey* by Marcia Fine. Everyone is welcome!

SPANISH OFFERINGS

Intermediate Conversational Every Wednesday • 10:30 am-Noon



All Spanish classes below are taught by Alina Lowen, a native speaker who has taught for 30 years. Class sizes are limited. Please call the instructor directly with questions about which class level to join, at 480-595-5500. Registration required 2 days prior to class start: 480-488-2286.

Cost: \$54 for each 6-week series.

Spanish Level 1

Tuesdays, Sep 13-Oct 18 • 11:40 am-12:40 pm

No knowledge necessary, or take this class as a refresher. Oral skills will be emphasized; students learn basic grammatical structures to communicate on everyday topics.

Spanish Level 2

Wednesdays, Sep 14-Oct 19 • 10:40-11:40 am

Spanish Level 3

Tuesdays, Sep 13-Oct 18 • 10:30-11:30 am

Spanish Level 4

Wednesdays, Sep 14-Oct 19 • 11:50 am-12:50 pm

Spanish Level 5

Wednesdays, Sep 14-Oct 19 • 1-2 pm



<u>Music</u> <u>at the Movies</u>

September 1 • 2–5 pm (1st Thursday)

Singing in the Rain

Gene Kelly, Debbie Reynolds and Donald O'Connor in this classic, filled with songs, routines and Kelly's song-and-dance number performed in the rain. 103 min. (G) Hosted by music enthusiast Annis Scott. No registration.

MONDAY MOVIES AT THE LIBRARY

Every Monday • 3-5 pm

New Releases, with a foreign film once each month! Check our website www.dfla.org for titles.

DESERT FOOTHILLS LIBRARY

DETAILS AT WWW.DFLA.ORG



THE GIFT OF A Lifetime

Friday, September 23 • 10 am-12 pm

Do you wish you had a record of the old stories told around the table at family gatherings? It's not too late to capture

those stories and begin documenting your own life story. Think what a book about your parents' lives would mean to you, and realize what a wonderful gift you can create for your children, grandchildren, and future generations. Join Patricia Cox for an interactive presentation on how you can give "The Gift of a Lifetime" to your family and yourself. Personal Historian Patricia Cox has completed many personal biographies and is an award-winning novelist. Through her unique combination of talent, experience, and passion for preserving family histories,



she will explain the importance of recording one's life and offer tips on the various ways to do so. To visit her web site, go to

www.irwpersonalbiographyservice.com. Class size limited to 25 adults. **Register:** 480-488-2286

BRIDGE

Instructor: Peter Blake-Ward Register for both courses: 480-488-2286

No Classes November 11.

Cost: \$85 for each 8-week course OR \$150 for both

Skill Building

Fridays, September 30-November 25 • 10 am-12 pm

For players with some experience who would like to improve their skills, you will develop bridge skills and strategies and socialize. Supervised play will help illustrate more advanced conventions as they are taught. If participants are interested, the instructor will teach the "new" standard in bridge—the 2 over 1 style of play. Materials included.

Intermediate Supervised Play

Fridays, September 30-November 25 • 1-3 pm

Players should have knowledge of basic bridge conventions. Each class begins with a mini-lesson on hints in bidding and play. Participants play randomly dealt hands, during which the instructor goes over bidding and play. The instructor also provides pre-dealt hands that all of the participants play. The instructor then reviews bidding and play and provides a written critique of each hand with suggestions. Participants may keep this analysis for future reference. Materials included.



Mahjong Club

Every Tuesday • 12:45-3:45 pm

Must have basic knowledge of the game. Limited space. **Registration required**: Contact Club Director Andrea Korff at mandakorff@cox.net or 480-650-5199.

Cost: \$4 cash per session. Pay Director at class.

SEPTEMBER 2016

pilates <u>for Begin</u>ners Every Thursday • Noon-1 pm



Mat class will include whole body exercises that promote core strength, flexibility,

balance and coordination. Workout is appropriate for individuals with osteoporosis. Small props will be provided. Please bring a yoga mat. **Registration required**: Contact instructor Michelle Gavura (Certified Polestar Pilates Rehab Practitioner) at 602-295-4702 or mgptpilates@gmail.com. **Cost**: \$10 cash, pay to instructor at class.

DID YOU KNOW?



Got an Event?

A special event or a regularly scheduled EventCenter meeting? The library offers the ideal venues. Conference & meeting rooms with audiovisual

options, kitchen, furnished outdoor terrace with waterfall, kiva fireplace and spectacular mountain views, and other options. Check our website or call 480-488-2286.

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Free for all ages. Easy as 1..2..3 Do you or does someone you know have difficulty getting to the Library? We have book deliveries to and from your home by screened volunteers. Books—Large Print—Audiobooks— Magazines. Call 480-488-2286 and ask for Book Buddy.



Passport Services

Passport books & cards with photo services and regular or expedited services. **Appointments** essential. Call direct at 480-575-3201.

ADDITIONAL LIBRARY SERVICES

- Extensive calendar of children, teen and adult programs
- Patios for quiet outdoor reading or evening gatherings
- More than 50,000 books & 5,000+ audio books & movies
- Botanic garden with the Desert Foothills Land Trust
- Meeting/study rooms available at reasonable rates
- Free Wi-Fi and high-speed internet
- Inter-library loan service
- Digital library



LIBRARY

38443 N Schoolhouse Rd. Cave Creek, AZ 85331

Front Desk: 480.488.2286 Bookstore: 480.488.2777 www.dfla.org

LIBRARY/BOOKSTORE **Hours**

Monday-Friday 9 am-6 pm Saturday, 10 am-4 pm Sunday, 11 am-3 pm

HOLIDAYS-CLOSED September 5th

Adult Events

SEPTEMBER 2016

Check It Out!

ARTISTS' GARDENS

Friday, September 30 • 10–11 am





famous artists lived in the late 1800's, and though most are famous for their artistic works, their wonderful gardens still exist and can be visited today! Regardless of when or where they lived, these "artist gardeners" all share one commonality a love for what is beautiful, inspiring, creative and imaginative. Join Suzann Wilson for a fascinating journey through time, styles, ideas, and personalities. She led private tours of gardens and stately homes in England, France & Italy for 14 years and is a photographer and painter living in Carefree, AZ. **Register:** 480-488-2286.

WWII CINEMATIC REFLECTIONS



Little Known Stories of War

I Was Monty's Double September 16 • 3–5 pm (3rd Fridays)

World War II is one of the best known and widely depicted conflicts in history. This film series will explore little known stories from that war -- stories filled with daring, intrigue, and sometimes such improbability that they have to

be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion, facilitated by Gary Zaro, faculty WWII expert from Paradise Valley Community College (PVCC), will follow. Film: (97 min.). **Register:** 480-488-2286.

THE LITERATE FOODIE CLUB

September 12 • 1-2:30 pm (2nd Monday this month)

Do you love food, books, cooking and conversation? Come and explore food writing, food & travel experiences, food history, chefs, restaurants, food in literature, wild and crazy food experiences, regional/world cuisines -nothing is off limits! There will be snacks, guest chefs & speakers, fun and good company—and yes, we will read some books, too! Special meetings and "field trips" to be announced. Facilitated by Dana Rakinic. Bon appetit! September topic: Anthony

Bourdain: Culinary Travel Adventures. Join us for the start of the fall Literate Foodie season for a discussion of culinary wild man Anthony Bourdain's food travel books, videos; AND bring us your own stories of fun, awful or interesting food adventures on the road! Read A Cook's

Tour, or No Reservations; watch the videos of No Reservations or *Parts Unknown*; come to chat & trade stories. Coffee may be purchased. French-themed snacks provided for this initial meeting. Limited space; register early! 480-488-2286. Cost: No cost this month.