

**DESERT FOOTHILLS LIBRARY  
& CHAPTER 2 BOOKSTORE**

# **COMMUNITY PROGRAMS**

**SEPTEMBER 2021**

*Bear  
Fork Painting*

*DIY Pom-Pom  
Poppers*

*Storytime  
Returns!*

*Movies with  
Gary Zaro*

**Desert Foothills**

**LIBRARY**

**enriching your community**

*Est. 1954*

**Chapter2Books**

**Great Books. Great Prices.**

# INFORMATION

Desert Foothills

**LIBRARY** Est. 1954  
enriching your community

Library Closed:  
September 4 & 6 in  
observance of Labor Day

## Library Hours

Monday, Wednesday, Friday

9:00-5:00 PM

Tuesday, Thursday

9:00-6:00 PM

Saturday

10:00-4:00 PM



@DesertFoothillsLibrary



@DFLibraryAZ

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Great Books. Great Prices.

The largest used book store in the North Valley!

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**Special Sale Dates: Sept. 10 & 11**

Donations are welcome and help support the Library!

Find more out at [DFLA.ORG/Chapter-2-Books](http://DFLA.ORG/Chapter-2-Books) or come in and see us



# SUPPORT YOUR LIBRARY

Did you know **91%** of our funding comes from generous community supporters like you?

Founded in 1954, Desert Foothills Library is the **ONLY** independent, nonprofit library in the Valley.

Through the generous support of our community, we offer comprehensive programming for children, youth, and families as well as our diverse adult programming.

**DONATE TODAY AT**  
**[HTTPS://DFLA.ORG/DONATE-TO-THE-LIBRARY/](https://dfla.org/donate-to-the-library/)**



# YOUTH & FAMILY PROGRAMS

## Toddler Storytime

**Tuesdays, 10:30-11:00am**

**September 7, 14, 21, 28**

Children ages 1-3 and families are encouraged to join us for a 30 minute storytime featuring developmentally appropriate music, movement, & stories. Siblings are welcome. No registration necessary.

## Preschool Storytime

**Thursdays, 10:30-11:00am**

**September 2, 9, 16, 23, 30**

Children ages 4-6 and families are encouraged to join us for a 30 minute storytime featuring developmentally appropriate music, movement, & stories. Siblings are welcome. No registration necessary.

## Bear Fork Painting

**Thursday, September 16, 11:00-11:30am**

Join us after storytime for this unique craft.

Children will use a fork as their paintbrush to paint a bear! This is a great way for kids to play with shapes and textures as well as hone their fine motor skills. All supplies will be provided. *This program is suited for children 4-7 years old.*



## Make Your Own Pet Rock

**Wednesday, September 22, 10:00-10:30am**

Help your child create a friend out of a rock with paint, googly eyes, and more! You are welcome to bring rocks from home if your child already has a collection, but there will also be rocks and other supplies available. This activity helps with motor skills and creativity while introducing social skills.

*This program is suited for children 2-5 years old.*

# YOUTH CALENDAR



## SEPTEMBER



Sun	Mon	Tue	Wed	Thurs	Fri	Sat
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	Toddler Storytime 10:30am	<b>8</b>	Preschool Storytime 10:30am	Teen Stained Glass Jars 3:30pm	<b>11</b>
<b>12</b>	<b>13</b>	Toddler Storytime 10:30am	<b>15</b>	Preschool Storytime 10:30am Bear Fork Painting 11am	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	Toddler Storytime 10:30am	Make Your Own Pet Rock 10am	Preschool Storytime 10:30am	<b>24</b>	<b>25</b>
<b>26</b>	DIY Pom-Pom Poppers 3:30pm	Toddler Storytime 10:30am	<b>29</b>	Preschool Storytime 10:30am		

**The Library will be  
closed Sept. 4-6 for  
Labor Day Weekend**

# TWEEN & TEEN PROGRAMS



## **“Stained Glass” Jars**

**Friday, September 10, 3:30-4:30pm**

By gluing tissue paper to a jar, you can create a stained glass effect! Shape-punches will be available to make patterns out of the tissue paper, as well as all other supplies.

*This program is suited for ages 12-18.*

## **DIY Pom-Pom Popper**

**Monday, September 27, 3:30-4:30pm**

Help us repurpose pool noodles into pom-pom launchers, including decorating them.

After crafting, we will test the poppers for length, which size pom-pom works best, and more! All supplies will be provided.

*This program is suited for ages 8-12.*



**New  
Service  
Alert!**

Starting September 1, free menstrual products will be available for patrons to take as they need, accompanied by a bibliography of resources and specific information about how to use the various products.



# COMMUNITY EVENTS

The events below are to support education in our community through the Cave Creek Unified School District and Jubilate Conservatory of Music

## **CCUSD COMMUNITY PRESENTATION**

**Tuesday, September 21, 4:00-5:00 pm**

**Friday, September 24, 2:00-3:00 pm**

Come and meet the new superintendent, Dr. Cort Monroe, and learn about the great things happening in CCUSD, our local A+ school district, as well as the facts about the school Bond on the ballot in November.



## **JUBILATE CONSERVATORY OF MUSIC FALL SEMESTER CLASSES**

**Monday, Tuesday, Wednesday, Saturday September-December**

Jubilate Conservatory of Music, a school of classical music, where young students learn to read and write music, begins in-person music classes in September. The Fall Semester lasts fourteen weeks. Violin, viola, cello and choir will be instructed in an after-school format. Online lessons and classes will continue with a particular favorite, Online Collaboration, where students work together online to create a music video. Information about Jubilate Conservatory of Music may be found at [jubilateconservatoryofmusic.org](http://jubilateconservatoryofmusic.org). Saturday Music Classes are offered free of tuition.

### **Mondays 4:00-5:00 pm – Beginning Violin Class**

For students 8 years and older; students learn to read music and play the violin in a focused setting with a class limited to 6 students. \$364.00 for the semester plus \$6.00 registration fee.

### **Tuesdays 4:15-5:30 pm – Jubilate Choir**

For students age 10 and older; students learn how to sing with others in a group setting, read music and follow a director, singing several different styles of music. \$364.00 for the semester plus \$6.00 registration fee.

### **Wednesdays 4:00-5:00 pm – Ensemble for Strings**

For student age 10 and older who know how to read music and play violin, viola, or cello; students enjoy playing music together in a group and increase their ability to read music and engage with other young musicians. \$364.00 for the semester plus \$6.00 registration fee.

### **Saturday 10:00-12:00 pm – Saturday Strings**

For age 5yrs and older. 10:00-11:00 am – Advanced/Intermediate strings. 11:00-11:30 am – Beginning Strings (Advanced/Intermediate Students on Break). 11:30-12:00 pm – Jubilate Violin Orchestra, combined class rehearsal. \$6.00 registration fee only.

Saturday 12:15-1:00 pm – Musicianship Class. For all ages, (very young children should be accompanied by their parent). Students learn to sing their way through music theory in a fun and lively classroom setting. \$6.00 registration fee only.

All programs are free and no registration needed unless otherwise noted. Views and beliefs discussed in programs are of the facilitators, not of Desert Foothills Library.

# ADULT PROGRAMS

## DEATH CAFE

**Wednesday, September 1, 12:30-2:30 pm**



Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for an open, respectful, interesting conversation about topics relevant to all of us but often considered "dark" or even taboo. For more information go to [www.deathcafe.com](http://www.deathcafe.com)



## CARING FOR THE CAREGIVER

**Tuesday, September 7, 10:00-11:30 am**

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.

## INTERNATIONAL FILM SERIES: WOMEN DIRECTORS

**Friday, September 10, 3:00 pm**

Film is the most popular form of art and entertainment in the world and a wonderful way for us to communicate with each other. The International Film Series gives us a glimpse into other cultures to see their uniqueness, history, and what is important to them. It is also a great look into the universality of all countries and cultures and allows us the opportunity to see often times we share more than we realize. Travel around the world with us as we explore innovative films and fascinating cultures. A post film discussion will follow with Gary Zaro. This month: Mustang.



## THE HEALING PATHWAY

**Monday, September 13 & 27, 9:30-11:00 am**

Join us on this Journey that will guide you to find a "new normal" as you process through your personal grief journey. Led by Hospice of the West facilitators.

## CRAFT'N'CHAT

**Mondays, 1:00-3:00 pm**

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome!



## MAHJONGG 101 : BRAIN HEALTHY FUN!

**Monday, September 13, 1:00-4:00 pm, 4-week series**



Learn the foundations of how to play this stimulating rummy-like tile game. Fun, challenging, and addictive it helps to improve memory, decision-making skills and patience. Instructor provides individual attention in a small-group friendly setting and guides students in understanding MahJongg and how the game is played. Join in the fun. The 2021 Mahjongg Card is required & available at [www.nationalmahjonggleague.org](http://www.nationalmahjonggleague.org). Classes limited to 8 people. RSVP online at [dfla.org](http://dfla.org) Cost: \$90.

All programs are free and no registration needed unless otherwise noted.



## Health & Wellness



**GENTLE CHAIR YOGA MONDAYS 11:00–12:00 PM**

**GENTLE YOGA WEDNESDAYS 11:00–12:00 PM**

Yoga for Every Body! Through a slow flow of poses coordinated with the breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Chairs are provided for Monday classes.

Questions about these classes, please contact instructor Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10

## **TAI CHI – QIGONG FOR EVERYONE!**

**Tuesdays & Thursdays, 9:00-10:00 am**



A discipline that can be practiced and benefits gained at any age – you are never too old! A blending of Qigong and Tai Chi, with deep breathing, repeated gentle motions, and stretches to improve health, balance, agility, and flexibility. For healthy body-mind-breath-balance with Tai Chi coach Bina Bou. To see the full schedule check out mindbodyfocusQi.com. Questions: Contact instructor Bina Bou: 480-284-1300 or bina.b75@gmail.com. Cost: \$10

## **MEDITATION WITH REIKI HEALING**

**Wednesday, September 1 & 15, 1:00-2:00 pm**

Meditation and relaxation have been proven to promote mental and physical changes in a person.

Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing affects.



Questions about Meditation with Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com Cost: \$10

## **REIKI HEALING**

**Wednesday, August 8 & 22, 1:00-2:00 pm**

Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, how you can use it and how you can consciously control more of the energy that makes up all that is you. Each person is here for their unique experience, no matter the age or belief system, there is something for you to glean from knowing more about yourself and how better to know yourself than through the part of you that is unseen. Healing is the focus of Reiki and healing is multi-level. Questions about Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10



## **YOGA FUSION**

**Thursdays, 12:00-1:00 pm**

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class.

Questions about Yoga Fusion, please contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. Cost: \$10

# ADULT PROGRAMS

## Literary



Today's world is literally at a writer's fingertips. A few keyboard strokes can open the information gates to help you create stories that are distinctively credible and compelling. **This Month:** Protect Your Creative Works with Maria Crimi Speth. This informative presentation by an attorney with over 30 years of experience covers the laws that affect writers, photographers and other creators. Learn how to avoid making common, costly legal mistakes when publishing content, including issues related to digital and online materials. This presentation will cover copyrights, fair use, getting permission, and even submission agreements and publishing contracts.

Please RSVP at [dfla.org](http://dfla.org) or call 480-488-2286.

## BOOK CLUB

**Thursday, September 9, 10:00-12:00 pm**

**AND Tuesday, September 28, 10:00-12:00 pm**



Book Club is offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. Everyone is welcome! **This Month:** Early Autumn by Louis Bromfield



## LITERATE FOODIE CLUB

**Monday, September 13, 12:30-2:30 pm**

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks! **This Month:** September's meeting is PURELY a social event, giving everyone an opportunity to reconnect and GET READY to resume reading, cooking, and all things Literate Foodies love! RSVP online at [dfla.org](http://dfla.org). Cost: \$10.

## GET LIT BOOK CLUB

**Tuesday, September 14, 5:00-6:30 pm**



Your Librarians invite you to a new style of book club: Get Lit Book Club, a happy hour book club. Not for the faint of heart! Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support our community. Everyone is welcome! **This Month:** Love and Rage: The Path of Liberation Through Anger by Lama Rod Owens at Big Earl's Greasy Eats. RSVP at [dfla.org](http://dfla.org) or call 480-488-2286.

Cost: FREE but we do encourage you to eat, drink, and be merry in support of our local businesses.



## LITERARY SALON

**Thursday, September 16, 10:00 am**

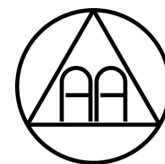
An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the selected theme. **This month:** Race Relations.

All programs are free and no registration needed unless otherwise noted.

## **ALCOHOLICS ANONYMOUS**

**Thursdays, 5:00-6:00 pm**

Alcoholics Anonymous meetings are held every Thursday at Desert Foothills Library.



## **LONGEVITY, HEALTHY AGING, AND REGENERATION**

**Friday, September 17, 11:00 am**

What are the habits of those who have lived into extreme old age? This has been studied and documented for centuries. What do these studies have in common? What patterns emerge. Can we change our patterns or lifestyle, if so, how and what effect will this have?

## **LITTLE KNOWN STORIES OF WWII**



**Friday, September 17, 3:00 pm**

This film series offers little known war stories filled with daring, intrigue, and sometimes such improbability they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event, one that still effects our lives and world today. Everyone is invited to participate in the discussion following each film with Gary Zaro.

This month: Hell to Eternity.

## **BLACK MOUNTAIN DEMS & FRIENDS SATURDAY, SEPTEMBER 17, 11:00 AM**

Third Saturdays of the month with different speakers.

## **THE DANGERS OF COMPULSIVE EATING**



**Tuesday, September 21, 2:00 pm**

Joy Jesty will present on the dangers of compulsive eating in order to help the direct sufferers or those who know of someone suffering. The presenter has found a solution that works effectively with long-lasting results.



## **PUZZLE EXCHANGE**

**Friday, September 24, 9:00-5:00 pm**

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave one puzzle and take four, the more the merrier. Offered on the last Friday of every month. All ages and skill levels encouraged!

## **RETROSPECTIVE OF KATALIN EHLING**

**Saturday, September 25, 4:00 pm - Reception**

**Thursday, September 30, 4:00 pm - Presentationn**



Meet the internationally famous artist Katalin Ehling for a presentation and reception of her retrospective show! Please join us for a most compelling and fascinating show of batik, paintings, collage, and drawings.

All programs are free and no registration needed unless otherwise noted. Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.



*In  
Loving  
Memory  
of*

*Roger and Marianne  
Foussard*

Thank you to Robert MacFarlane, for his gifts to Desert Foothills Library in memory of Roger and Marianne Foussard.

The Foussards were an important part of the Carefree community and are dearly missed.



**Advertise with us! - our monthly program brochures will offer advertising for local businesses and organizations. This is a great way to show your support for the library and find new business within our great community. Mention this brochure and only pay \$50!**

**Find out how you can join the fun by contacting Public Services Manager, Ashley Ware, at [aware@dfla.org](mailto:aware@dfla.org).**