# Community

DESERT FOOTHILLS LIBRARY CHAPTER TWO BOOKSTORE







### Desert Foothills LIBRARY enriching your community

### **Library Hours**

Monday, Wednesday, Friday 9:00-5:00 PM Tuesday, Thursday 9:00-6:00 PM Saturday 10:00-4:00 PM

find us





@DFLibraryAZ



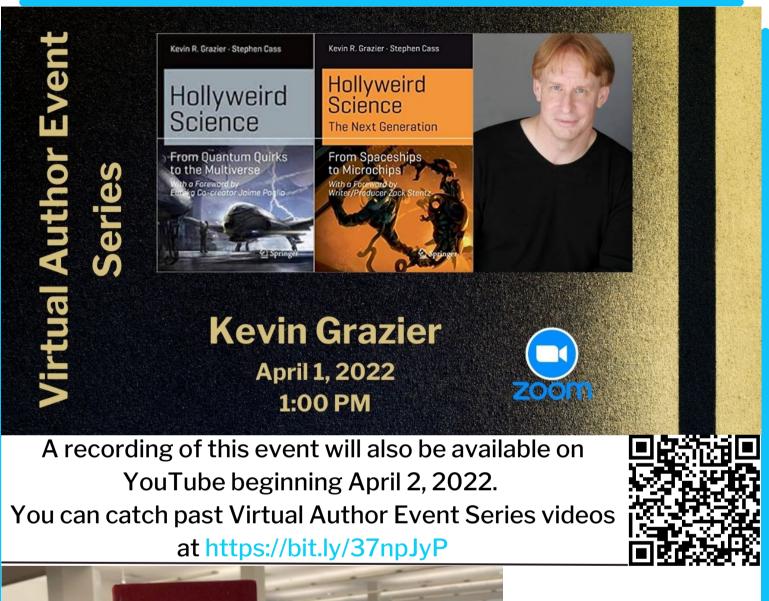


The largest used book store in the North Valley! Books | DVDs | CDs | Audiobooks starting as low as 50¢

### Special Sale Dates: April 8th & 9th

Donations are welcome and help support the Library! Find more out at DFLA.ORG/Chapter-2-Books or come in and see us

### FUN TIMES AT THE LIBRARY





Check out our literary goodies, on display now!

### **YOUTH & FAMILY PROGRAMS**

### **Storytime at Desert Foothills Library**

Children and their grownups are invited to join Miss Heather for storytimes featuring developmentally appropriate songs, movement, & stories to foster early literacy skills. Afterwards, there will be a craft or activity to expand upon storytime.

**Toddler Storvtime** Tuesdays, 10:30-11:00am April 5, 12, 19, 26 Children ages 2-3

Preschool Storvtime Thursdays, 10:30-11:00am April 7, 14, 21, 28 Children ages 4-6

**Baby Storytime** Every Other Friday, 10:30-11:00am April 8, 22 Children ages 0-18 months

#### **Exploring Circuits STEAM Class** Tuesday, April 5, 4:30-5:30pm

Elementary-aged children are invited to tap into their inner inventor with this class where they will craft, learn about, and explore basic circuits. Participants will find discover what a circuit can do and what everyday objects can conduct electricity. Supplies and snacks provided. Registration is required as there are a limited number of supplies. This program is suited for ages 8-11.



#### Parenting 101 in 2022 Saturday, April 16, 1:00-2:30pm

Being a parent is one of the most challenging jobs you will ever have, as well as one of the most rewarding. The end goal is to raise, confident, self-reliant, and well-grounded children. Discover options and solutions to the support you in your daily role as a parent, towards achieving that goal.

This program is for parents, guardians, and caregivers.





#### LEGO Build Your Own Adventure: Let the Dice Decide

Tuesday, April 19th, 4:30-5:30pm Is your little one keen on building things and creating towers? Miss Heather will be telling a story using LEGOs and afterwards, children are invited to explore their creativity and movement abilities through playing with the library's collection of Mega Bloks and other construction toys. This program is suited for children ages 2-6.

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### **TEEN PROGRAMS**



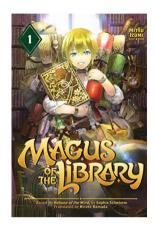
#### **Everything, Everything Movie Screening** Saturday, April 9, 2:00-3:30 pm

Based on the YA novel of the same name by Nicola Yoon. Everything, Everything asks the question many of us have dealt with during the pandemic: what would you do if you couldn't touch anything from the outside world? What would you risk for love? There will be snacks and comfy chairs! This movie is rated PG-13.

#### This program is suited for ages 13-18.

#### **Teen Book Club: Manga Edition** Magus of the Library Volume 1 by Mitsu Izumi Wednesday, April 20, 3:30-4:30 pm

Librarian Heather is diving into the world of manga and needs your help – either as a guide or as a fellow beginner! Each month, we will read the first volume of a different manga series to discuss it and manga in general. April's book is Magus of the Library Volume 1 by Mitsu Izumi. The main character is banned from using libraries due to prejudice, so he travels to an area where his pointed ears won't bar his ability to read. This is a tale filled with magic, libraries, and the power of books. Snacks will be provided! Copies of the book are available for checkout. This program is suited for ages 13-18.



### **Dungeons & Dragons**



**Saturday, April 30, 1:00-3:00pm** Interested in Dungeons & Dragons but don't know how to get started? Love D&D but don't have a group? Join Librarian Heather as she leads adventurers through a campaign, explaining the basics along the way. Both seasoned players and people new to RPGs are welcome! If you are able, please come with a filled out Level 1 character sheet (blank ones will be available in the library). There will also be premade characters available on the day of. If you missed January's meeting – don't worry! We'll find a way to introduce your character to the party.

#### This program is suited for ages 12-18.

#### **Jubilate Music Classes** Mondays, 4:00-5:00pm | Tuesdays, 4:15-5:30pm | Wednesdays, 4:00-5:00pm Saturday, 10:00-12:00pm | Saturday, 12:15-1:00pm

Jubilate Conservatory of Music, a school of classical music, where young students learn to read and write music, presents in-person music classes at Desert Foothills Library. Violin, viola, cello and choir will be instructed in an after-school format. Online lessons and classes will continue with a particular favorite, Online Collaboration, where students work together online to create a music video. Information about Jubilate Conservatory of Music may be found at jubilateconservatoryofmusic.org. Saturday Music Classes are offered free of tuition. These classes are through Jubilate Conservatory of Music. Instruments are not provided. If you are interested, please contact Laya Field for more information at 480-993-6147.

### FEATURED ADULT PROGRAMS

All programs are free and no registration needed unless noted.

### **VOLUNTEER INCOME TAX ASSISTANCE**

Tuesdays 11-6 & Thursdays 9-3Through April 15 Volunteer Income Tax Assistance

The IRS and Masters of Coin-sponsored Volunteer Income Tax Assistance (VITA) program offers free tax help for low to moderate income families, elderly persons, persons with disabilities, and limited English-speaking taxpayers who need assistance in preparing their own tax returns. IRScertified volunteers provide free basic income tax return preparation with electronic filing to gualified individuals. Please call 480-488-2286 to schedule an appointment. Forms to be filled out are available for pick up prior to appointment.

Please bring social security card, all 2021 tax forms, 2020 tax return, and photo identification card. Please visit the Masters of Coin website for additional information: https://mastersofcoin.org.

### FRENCH CLASS Fridays, April 1st – May 20th, 11:00 am

Parlez-vous francais? This beginner class meets once a week for eight weeks. The focus is on conversation, using practical vocabulary for everyday situations. Handouts will be provided. A new experience is awaiting you! So, join me, and start preparing for your next French vacation. Bonjour! My name is Dominique. I am a native French speaker and a foreign language teacher. I graduated from the Ecole du Louvre in art history and museology, and was an Art Lecturer of the French National Museums in Paris. After moving to the U.S., I began a teaching career and taught French and Spanish in the Cave Creek Unified School District. Questions about the class, please contact instructor at dominique.flamm@gmail.com RSVP at dfla.org | Class limited to 8 students, register today! Cost: \$80

### **MEET THE CANDIDATES** Friday, April 1, 3:30 pm

Three political candidates — Andy Gould, Jan Dubauskas, and Joseph Chaplik — will share their platforms. Bobby Herbeck will introduce each candidate and handle the Q&A portion. No registration | Questions, please call 480-488-2286.









### TRENDING SHOWCASE RECEPTION

### Saturday, April 9, 4:00 pm

Desert Foothills Art Gallery welcomes you to a wonderful reception to celebrate the artists in the Trending Showcase. Light refreshments are served.

No registration | Questions, please call 480-488-2286.

### DESERT FOOTHILLS ART GALLERY PRESENTATION

### Thursday, April 14, 4:00 pm

Join the Desert Foothills Art Gallery to learn more about the wonderful artists featured in the Trending Showcase!

No registration | Questions, please call 480-488-2286.



### OATH LAW ESTATE PLANNING WORKSHOPS TUESDAY - SATURDAY, APRIL 12-15, TIMES VARY

This free educational workshop will cover a basic education on estate planning, trusts, wills, and probate court. Attorney Nathan Askins graduated from the University of Idaho College of Law and is a member of the Arizona Bar Association. Growing up in Gilbert, AZ, his desire to help families in his community led him to specialize in estate planning.

Find out more and RSVP at www.oath.law/workshops.

### **BIKERS AGAINST CHILD ABUSE (B.A.C.A.):** Saturday, April 16, 1:00-2:30 pm



Join us as we discuss how Bikers Against Child Abuse (B.A.C.A) empowers children to not be afraid of the world, the requirements to be a member, and how you can help. Woodstock has been a patched member since January of 2017 and is the Treasurer of the Maricopa County Chapter. Woodstock has presented to various audiences of various sizes and backgrounds, from church groups to large organizations.

RSVP online at dfla.org | Questions, please call 480-488-2286.



### JUBILATE CONCERT

### Saturday, April 23, 1:00 pm & Saturday, April 30, 1:00 pm

Jubilate Conservatory of music will have two recitals at Desert foothills Library in the Jones Coates Room in April. Voice, violin, viola, and cello students will present solos with accompanist Jeff Yoder. No admission fees will be charged at the door and all are welcome to join us in support of these young musicians.

No registration.



### FEATURED

### DOUBLE YOUR SOCIAL SECURITY, OTHER RETIREMENT INCOME, & REDUCE

### TAXES

### Saturday, April 30, 10:30 am

Confused about the benefits of the Roth IRA? Wondering if a Roth Conversion is right for you? Want to save tons of taxes & increase your retirement nest egg? With taxes rising and the economy in flux there few ways left to reduce your taxable income and safely grow your money. Learn how to use the Roth IRA to your advantage to maximize your income and finance your bucket list dreams. Dr. Harold Wong will use his 40 years of financial knowledge and experience to show you how to use a Roth IRA to its highest capability. Dr. Harold Wong earned his Ph.D Economics at UC Berkley and was the guest expert on over 400 TV and Radio shows. For eight years, he wrote the financial column for the AZ Republic community section. He has educated thousands of attorneys and CPAs on advanced tax and financial strategies.

RSVP at dlfa.org | Questions, please call 480-488-2286.

## WEEKLY PROGRAMS



### **CRAFT N CHAT** Mondays, 1:00-3:00 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome!

No registration | Questions, please call 480-488-2286.

### EBOOK AND ONLINE DATABASE HELP

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### Tuesdays, 11:00-12:00 pm

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Libby, Cloud Library, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed. **No registration** 



### MAHJONGG 103: UNSUPERVISED PLAY

### Thursdays, 1:30-3:30 pm

Informal MahJongg play for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. This group is unsupervised. No sets are provided, must bring your own.

No registration | Questions, please call 480-488-2286.



ALCOHOLICS ANONYMOUS

Thursdays, 5:00-6:00 pm

A.A. meetings are being held at Desert Foothills Library on Thursdays. No registration

### MONTHLY PROGRAMS

### DEATH CAFÉ

### Wednesday, April 6, 12:30-2:30 pm

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversation about topics relevant to all of us but often considered 'dark" or even taboo. From more information go to www.deathcafe.com

#### No registration | Questions, please call 480-488-2286.



### MUSIC AT THE MOVIES

### Thursday, April 14, 2:00 pm

Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, comedies, and more! Hosted by music enthusiast, Annis Scott. This Month: Bel Canto. **No registration | Questions, please call 480-488-2286** 

### INTERNATIONAL FILM SERIES: WOMEN DIRECTORS WITH GARY ZARO Friday, April 8, 2:00 pm

Film is the most popular form of art and entertainment in the world and a wonderful way for us to communicate with each other. The International Film Series gives us a glimpse into other cultures to see their uniqueness, history, and what is important to them. It is also a great look into the universality of all countries and cultures and allows us the opportunity to see often times we share more than we realize. Travel around the world with us as we explore innovative films and fascinating cultures. A post film discussion will follow each screening with Gary Zaro. This Month: Breathe (NR; 2014, France, 91 minutes)

RSVP at dfla.org | Questions, please call 480-488-2286.



### **ADULT PROGRAMS**

### MEDICARE 101 WITH ASC INSURANCE

### Thursday, April 19, 4:00 pm

We'll discuss and cover:

- Knowing your rights, options, and entitlements.
- The correct time to enroll in Medicare
- What Medicare does and does not cover
- Medicare Advantage
- Medicare Supplement insurance
- Medicare review for post 65 beneficiaries
- Medicare Part D

RSVP by contacting: Derrick Cooper at 480-648-5052 or derrick.cooper@ascinsuranceaz.com OR Michael Smith at 602-793-1925 or mpsmith.benefits@gmail.com

### **LITTLE KNOWN STORIES OF WWII WITH GARY ZARO** Friday, April 22, 2:00 pm

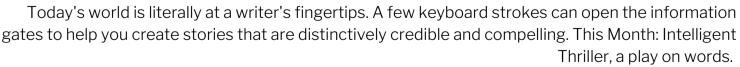
This film series offers little known war stories filled with daring, intrigue, and sometimes such improbability they have to be seen to be believed. At the heart of each one, are the men and women who made World War II modern history's seminal event, one that still effects our lives and world today. Everyone is invited to participate in the discussion following each film. This Month: The Apology (2016)

### PUZZLE EXCHANGE

### Friday, April 29, 9:00-5:00pm 🛛 🙀

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave one puzzle and take four, the more the merrier. Offered on the last Friday of every month. All ages and skill levels encouraged! **No registration | Questions, please call 480-488-2286.** 

# LITERARY PROGRAMS



#### RSVP online at dfla.org | Questions, please call 480-488-2286.

Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.

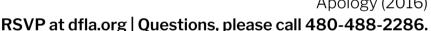








### **WRITER'S CONNECTION** Friday, April 1, 1:00-3:00 pm



### LITERATE FOODIE CLUB

### Monday, April 4, 12:30 pm

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks! This Month: ScandiKitchen: Summer by Bronte Aurell. It is one in a series of Scandinavian cuisine books by the author. This one concentrates on lighter 'summery' recipes—

while retaining the concept of 'lagom" or balance— i.e., everything in moderation. The recipes are interspersed with text on Scandinavian culture, traditions and celebrations.

Questions about Literate Foodies, please contact facilitators, Dana Rakinic at

danarakinic@gmail.com & Jan Kruse at jan-kruse@cox.net.

RSVP online at dfla.org.

Please register in advance, as seating is limited. Questions, please call 480-488-2286. Cost: \$10



### LIBRARY BOOK CLUB

### Thursday, April 14, 10:00-12:00 pm and Tuesday, April 26, 10:00-12:00 pm

Book Club is offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. Everyone is welcome! Currently held on Zoom each month. This Month: The Thousand Autumns of Jacob de Zoet by David Mitchell.

> **RSVP** at dfla.org Questions, please call 480-488-2286.

### **GET LIT BOOK CLUB**



Tuesday, April 12, 5:00-6:30 pm

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support local businesses. Everyone is welcome! This Month: The Mountains Sing by Que Mai Phan Nguyen. Restaurant to be determined.

#### RSVP at dfla.org so we may give accurate numbers to the restaurant.

#### Questions, please call 480-488-2286.

Cost: FREE but we encourage you to eat, drink, and be merry in support of our local businesses.

### **ADULT PROGRAMS**

### LITERARY SALON

### Thursday, April 21, 10:00 am

An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the selected theme. This Month: Our April Salon will salute the showers that bring May flowers. Choose any book, Film, music or other literary genre with the word 'rain" in the title, or in which rain plays a major role. Some best sellers include 'Fifty Words for Rain," 'The Color of Rain" and 'The Art of Racing in the Rain," which is also a film. Other film ideas are 'Singing in the Rain" and 'The Umbrellas of Cherbourg." How does 'rain" fit into the context of the story? Is it a metaphor, a physical entity, or both? Is it treated as a character, a natural element, or a blend the two? Is the rain gentle or torrential, or does it change? We'll consider these questions and more as we explore 'rain." **No registration | Questions please call 480-488-2286.** 

HEALTH AND WELLNESS PROGRAMS

### **EXERCISE OVER 50** Friday, April 1, 11:00 am

Natural methods of repair are superior to managed methods of relief. We will assess your abilities such as balance, strength, body alignment. We will discuss pain and discomfort. You can regain mobility, realign the body, reduce and eliminate pain. This builds self-confidence and creates a joyful aging experience.

No registration | Questions, please call 480-488-2286.

Questions about Exercise Over 50, please contact instructor, Rev. Dr. Karen Cimaglia at rockinvibs21@gmail.com or 602-721-7714.

### **CARING FOR THE CAREGIVER** Monday April 4, 10:00-11:30 am

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.

No registration | Questions, please call 480-488-2286.



### **GENTLE CHAIR YOGA** Mondays, 11:00-12:00 pm

Yoga for Every Body! Through a slow flow of poses coordinated with breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Gentle Yoga every Wednesday at 11:00am. Chairs are provided. Questions about Gentle Chair Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class

### TAI CHI - QIGONG FOR EVERYONE!

All Tuesdays, 9:00-10:00 am Thursday April 21 & 28, 9:00-10:00 am

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace and overall wellness. This class is offered every Tuesday and Thursday. Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey Tai Chi practice can help improve your quality of life. To learn more about her classes visit mindfocusbodygi.com

No registration | Questions, please call 480-488-2286. Questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at bina.b75@gmail.com.

Cost: \$10 cash, paid to instructor at each class



### **GENTLE YOGA** Wednesdays, 11:00-12:00 pm

Yoga for Every Body! Through a slow flow of poses coordinated with the breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Chair Yoga every Monday at 11:00am. Please bring a yoga mat and a blanket.

No registration | Questions, please call 480-488-2286. Questions about Gentle Yoga please contact instructor, Marina Kachur, at 480-510-6572 or vokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class

### MEDITATION WITH REIKI HEALING



Wednesday, April 6 & 20, 1:00-2:00 pm

Meditation and relaxation have been proven to promote mental and physical changes in a person. Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing affects.

#### No registration | Questions, please call 480-488-2286.

Questions about Meditation with Reiki Healing please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com

Cost: \$10 cash, paid to instructor at each class

### **ADULT PROGRAMS**

### YOGA FUSION

### Thursdays, 12:00-1:00pm

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion on Thursdays from 12:00-1:00 pm! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class. **No registration | For questions, contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com.** 

Cost: \$10 cash, paid to instructor at each class



### THE HEALING PATHWAY

Monday, April 11 & 25, 9:30-11:00 am

Join us on this journey of grief. This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language of grief.

### **REIKI HEALING**



No registration | Questions, please call 480-488-2286. Cost: FREE

### Wednesday, April 13 & 27, 1:00-2:00 pm

Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, how you can use it and how you can consciously control more of the energy that makes up all that is you. Healing is the focus of Reiki and healing is multi-level.

No registration | For questions, please contact instructor, Rev. Dr. Karen Cimaglia at rockinvibs21@gmail.com.

Cost: \$10 cash, paid to instructor at each class



### **LONGEVITY, HEALTHY AGING, AND REGENERATION** Friday, April 15, 11:00 am

What are the habits of those who have lived into extreme old age? This has been studied and documented for centuries. What do these studies have in common? What patterns emerge. Can we change our patterns or lifestyle, if so, how and what effect will this have?

### **NUTRITION OVER 50**

### FRIDAY, APRIL 15, 12:00 PM

No registration | Questions, please call 480-488-2286.

Learn and discuss nutrition and how it changes with age. Discuss healthy food options and a menu for a week. Learn the philosophy behind fasting and intermittent fasting, create a plan to change your eating patterns.

No registration | For questions please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com or 602-721-7714.

Cost: \$10

# 2022 Book List

101

**Second Tuesday of Every Month** JANUARY: Gold Dust Woman: A Biography of Stevie **Nicks by Stephen Davis** FEBRUARY: Yale Needs Women by Anne Gardiner Perkins MARCH: Trejo: My Life of Crime Redemption, and Hollywood by Danny Trejo **APRIL:** The Mountains Sing by Nguyen Phan Que Mai MAY: Choose a book from the Villains series by Serena Valentino JUNE: Girl, Woman, Other by Bernardine Evaristo JULY: Poor Richard's Women by Nancy Rubin Stuart **AUGUST: Dark Archives by Megan Rosenbloom SEPTEMBER:** The Paper Palace by Miranda Cowley Heller **OCTOBER:** The Only Good Indians by Stephen Graham Jones **NOVEMBER:** Sea of Tranquility by Emily St. John Mandel **DECEMBER:** To Be Taught, If Fortunate by Becky

Chambers

### JUNE 4, 2022 9 a.m. to 2 p.m.



- Meet over 50 local authors
- Purchase signed books
- Bid on gift baskets
- Win prizes
- Attend featured events

The Holland Center 34250 N 60th Street Scottsdale, AZ 85266

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### **FEATURED EVENTS**

- Children's Story Time
- Karen Odden, USA Today Bestselling Author
- Dan Baldwin, Best Books Award Winner
- Readings from Exhibiting Authors

www.DesertFoothillsBookFestival.com