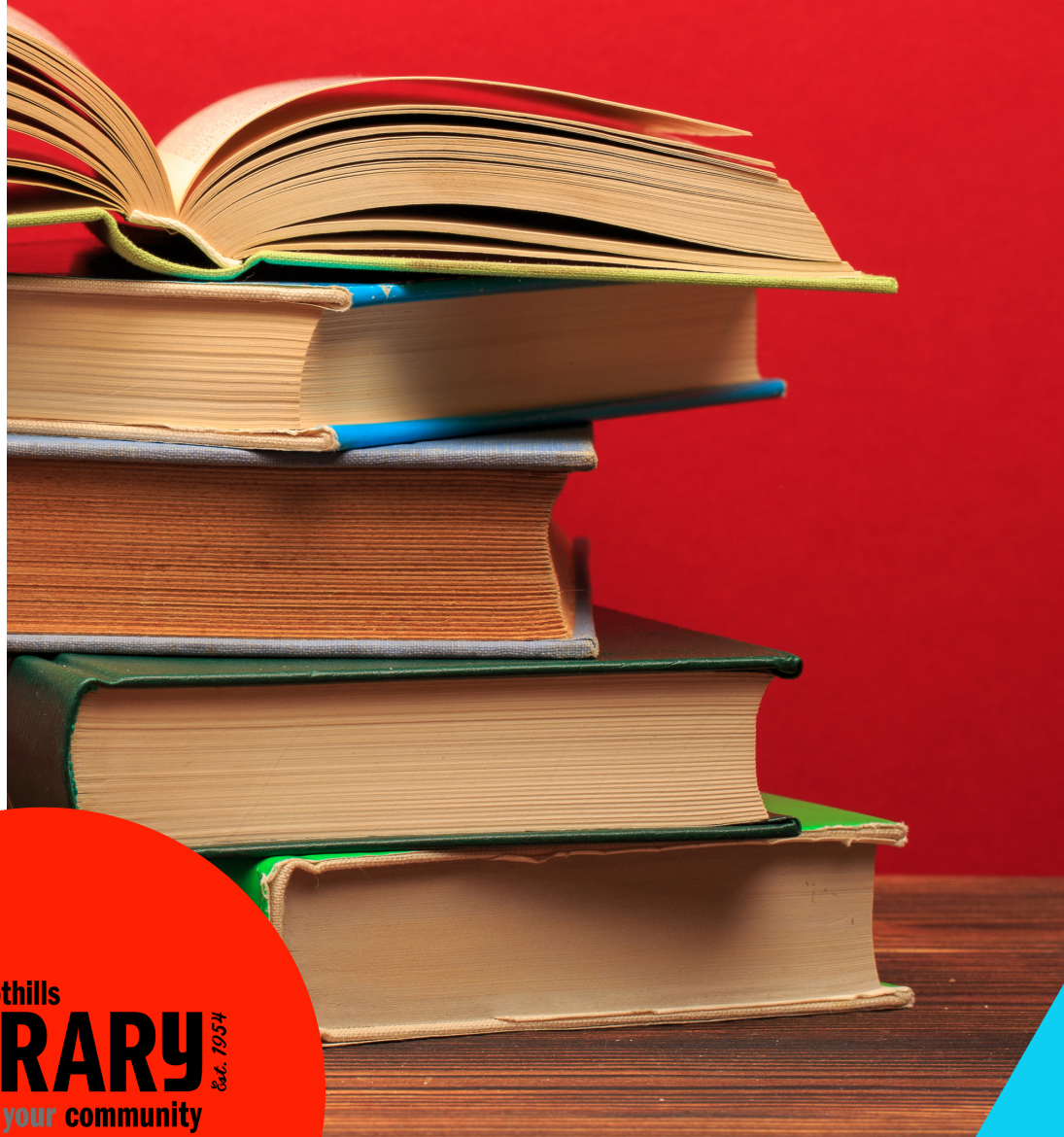


community programs

DESERT FOOTHILLS LIBRARY
CHAPTER TWO BOOKSTORE

MARCH 2022



BABY
STORYTIME

SCIENCE OF
BASKETBALL

VIRTUAL
AUTHOR
SERIES

Desert Foothills
LIBRARY Est. 1954
enriching your community

Chapter2Books
Great Books. Great Prices.

Desert Foothills
LIBRARY Est. 1954
enriching your community

Library Hours

Monday, Wednesday, Friday

9:00-5:00 PM

Tuesday, Thursday

9:00-6:00 PM

Saturday

10:00-4:00 PM



@DesertFoothillsLibrary



@DFLibraryAZ

find us
online!

Check us out on
amazon

Chapter2Books
Great Books. Great Prices.

The largest used book store in the North Valley!

Books | DVDs | CDs | Audiobooks

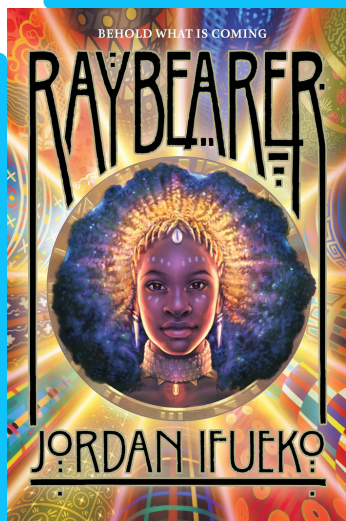
starting as low as 50¢

Special Sale Dates: March 11 & 12

Donations are welcome and help support the Library!

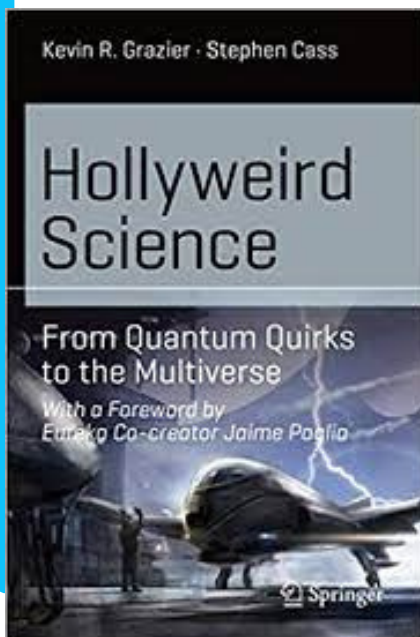
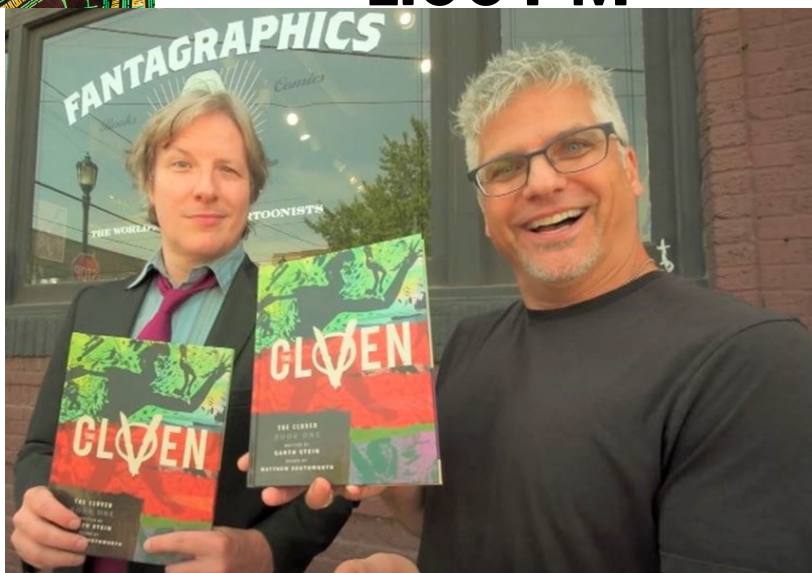
Find more out at DFLA.ORG/Chapter-2-Books or come in and see us

VIRTUAL AUTHOR EVENT SERIES



Jordan Ifueko
Author of
***Raybearer* and**
Redemptor
March 4, 2022
1:00 PM

Garth Stein
Author of
The Cloven
March 23, 2022
1:00 PM



Kevin Grazier
Author of
Hollyweird Science,
Volumes 1 and 2
April 1, 2022
1:00 PM

YOUTH & FAMILY PROGRAMS

Storytime at Desert Foothills Library

Children and their grownups are invited to join Miss Heather for storytimes featuring developmentally appropriate songs, movement, & stories to foster early literacy skills. Afterwards, there will be a craft or activity to expand upon storytime. Please register at dfla.org/events.

Toddler Storytime
Tuesdays, 10:30-11:15am
March 8, 22
Children ages 1-3

Preschool Storytime
Thursdays, 10:30-11:00am
March 3, 10, 17, 24
Children ages 4-6

Baby Storytime
Every Other Friday, 10:30-11:00am
March 11, 25
Children ages 0-18 months

Mother Goose Storytime Tuesday, March 15, 10:30-11:30am

Prepare for Spring with Mother Goose! She has delighted thousands of children with her special charm and talent. Mother Goose brings fun to storytime through her stories, songs, poems, & smiles!
This program is suited for ages 1-6.



The Science of Basketball, Sponsored by the Phoenix Suns Charities



3rd to 5th Graders: Tuesday, March 1, 4:30-5:30pm & Tuesday, March 8, 4:30-5:30pm
6th to 8th Graders: Thursday, March 17, 3:30-4:30pm & Tuesday, March 24, 3:30-4:30pm

The Library will be holding classes that cover different scientific aspects of basketball. Celebrate March Madness with Librarian Heather by doing fun experiments related to basketball. Each date will cover a new topic. Supplies and snacks provided.

Reserve your spot at dfla.org/events

After Hours Nerf War

Friday, March 11, 5:00-6:00pm

Ever wanted to be in the library after closing? Now's your chance! Librarians will be running a capture the flag game but instead of getting opposing team members out via grabbing tear-away flags, you'll be using nerf guns (both for the fun and social distancing)! All nerf guns and bullets will be provided as well as snacks.
This program is suited for ages 8-14.

Parenting 101 in 2022

Saturday, March 12, 1:00-2:30pm

Being a parent is one of the most challenging jobs you will ever have, as well as one of the most rewarding. The end goal is to raise, confident, self-reliant, and well-grounded children. Discover options and solutions to the support you in your daily role as a parent, towards achieving that goal.

This program is for parents, guardians, and caregivers.
Cost: \$5

Perler Bead Crafternoon

Saturday, March 19, 1:00pm-2:30pm

Express your creativity by making small shapes out of Perler beads to affix to paperclips to make your own unique bookmark. Examples of shapes include Mickey Mouse, bees, ladybugs, and hearts. Snacks and supplies will be provided.

This program is suited for ages 6.

LEGO Build Your Own Adventure: Strongest Bridge

Tuesday, March 29, 4:30-5:30pm

Your challenge, should you choose to accept it, is to build the strongest bridge out of LEGOs. The sky is the limit with how you meet this challenge. Librarian Heather and Teen Volunteers will be on hand to help spark ideas and problem solve when needed.

This program is suited for children ages 6-12.

TEEN PROGRAMS

Macrame Key Chain Workshop

Saturday, March 19, 10:30-11:30am

In this workshop, teens and tweens will learn some basics of macramé crafting and come out with a key chain of their own making. All supplies and snacks will be provided.

This program is suited for ages 12-18.

Teen Book Club: Manga Edition

Jujutsu Kaisen, Vol. 1 by Gege Akutami

Wednesday, March 23, 3:30-4:30 pm

Librarian Heather is diving into the world of manga and needs your help – either as a guide or as a fellow beginner! Each month, we will read the first volume of a different manga series to discuss it and manga in general. March's book is Jujutsu Kaisen, Vol. 1 by Gege Akutami. Set at a mysterious school of Jujutsu Sorcerers, the series is about a boy who swallows a piece of a demon and ends up in the middle of a supernatural war. Snacks will be provided! Copies of the book will be available for checkout.

This program is suited for ages 13-18.



Dungeons & Dragons

Saturday, March 26, 1-3pm

Interested in Dungeons & Dragons but don't know how to get started? Love D&D but don't have a group? Join Librarian Heather as she leads adventurers through a campaign, explaining the basics along the way.

Both seasoned players and people new to RPGs are welcome! If you are able, please come with a filled out Level 1 character sheet (blank ones will be available in the library). There will also be premade characters available on the day of. If you missed January's meeting – don't worry! We'll find a way to introduce your character to the party.

This program is suited for ages 12-18.



Jubilate Music Classes

Mondays, 4:00-5:00pm | Tuesdays, 4:15-5:30pm | Wednesdays, 4:00-5:00pm

Saturday, 10:00-12:00pm | Saturday, 12:15-1:00pm

Jubilate Conservatory of Music, a school of classical music, where young students learn to read and write music, presents in-person music classes at Desert Foothills Library. Violin, viola, cello and choir will be instructed in an after-school format. Online lessons and classes will continue with a particular favorite, Online Collaboration, where students work together online to create a music video. Information about Jubilate Conservatory of Music may be found at jubilateconservatoryofmusic.org. Saturday Music Classes are offered free of tuition.

These classes are through Jubilate Conservatory of Music. Instruments are not provided. If you are interested, please contact Laya Field for more information at 480-993-6147.

ADULT PROGRAMS

All programs are free
and no registration
needed unless noted.

VOLUNTEER INCOME TAX ASSISTANCE

Tuesdays & Thursdays February - April

The IRS and Masters of Coin-sponsored Volunteer Income Tax Assistance (VITA) program offers free tax help for low to moderate income families, elderly persons, persons with disabilities, and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. Please call 480-488-2286 to schedule an appointment. Forms to be filled out are available for pick up prior to appointment.



EBOOK & ONLINE DATABASE HELP

Tuesdays, 11:00-12:00 pm

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in class for anyone with questions about Libby, Cloud Library, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users your Apple ID will be needed.

DEATH CAFE

Wednesday, March 2, 12:30 pm

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for an open, respectful, interesting conversation about topics relevant to all of us but often considered "dark" or even taboo. For more information go to www.deathcafe.com



MAHJONGG 103: UNSUPERVISED PLAY

Thursdays, 1:30-3:30 pm

Informal MahJongg play for any level! Groups, individuals, and recent student of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. This group is unsupervised. No sets are provided, must bring your own. Cost: \$5

Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library.

NON-OBJECTIVE/ABSTRACT SHOWCASE PRESENTATION

Thursday, March 3, 4:00 pm

Explore, understand and enjoy Non-Objective/Abstract Art as we present:

- A historical perspective in a short PowerPoint.
- A panel discussion featuring: Stan Kurth, our juror for this exhibit and a former commercial artist | Mary Barnett, Carla Cross and Judy Bruce, former art teachers and exhibit participants | Mary Gibson, exhibit participant and former commercial artist
- A question and answer period.
- A walk-a-bout with the artists.
- Take home packets with Non-Objective/Abstract art projects that you can enjoy while creating your own artwork.

Popcorn and beer will be available! This will be a fun and informative afternoon.



ALCOHOLICS ANONYMOUS

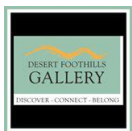
Thursdays, 5:00 pm

Alcoholics Anonymous meetings are held every Thursday at Desert Foothills Library.

HOW TO RETIRE 5-15+ YEARS EARLIER OR DOUBLE YOUR RETIREMENT INCOME

Saturday, March 5, 10:30 am

Why saving tax can add \$2.5 million to your retirement fund. Why alternative investments beat wall street with higher cash flow and lower risk. Why saving income tax has more impact on your retirement date than taking big stock market risks. RSVP at dfla.org/events/



NON-OBJECTIVE/ABSTRACT SHOWCASE RECEPTION

Saturday, March 5, 4:00 pm

Desert Foothills Art Gallery welcomes you to a wonderful reception to celebrate the artists in the Non-Objective/Abstract Showcase. Light refreshments are served.

CRAFT'N'CHAT

Mondays, 1:00 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcomed! New crafters and all skill levels are always welcome!



MUSIC AT THE MOVIES

Thursday, March 10, 2:00 pm

Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, and more! Hosted by music enthusiast, Annis Scott. This Month: The Pianist

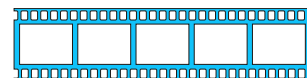
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ADULT PROGRAMS

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needed unless noted.

INTERNATIONAL FILM SERIES: WOMEN DIRECTORS

Friday, March 11, 2:00 pm



Film is the most popular form of art and entertainment in the world and a wonderful way for us to communicate with each other. The International Film Series gives us a glimpse into other cultures to see their uniqueness, history, and what is important to them. It is also a great look into the universality of all countries and cultures and allows us the opportunity to see often times we share more than we realize. Travel around the world with us as we explore innovative films and fascinating cultures. A post film discussion will follow with Gary Zaro. This month: *The Wedding Plan* RSVP at dfla.org/events/



MEDICARE 101

Tuesday, March 15, 4:00 pm

Join us as we cover all aspects of Medicare. If you or a loved one has Medicare questions, needs assistance with choosing a plan, needs to switch a plan, or need help with your Medicare part D drug plan review, this is the class to attend. We are here to assist you!

At ASC Insurance, LLC, they want to help you protect the most precious things in your life. Derrick Cooper and Michael Smith are licensed professionals able to assist clients through their health, life, and retirement years. RSVP with ASC Insurance:

Derrick Cooper: derrick.cooper@ascinsuranceaz.com | 480-648-5052 TTY: 711

Michael Smith: mpsmith.benefits@gmail.com | 602-793-1925 TTY: 711

LITTLE KNOWN STORIES OF WWII

Friday, March 18, 2:00 pm



This film series offers little known war stories filled with daring, intrigue, and sometimes such improbability they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event, one that still effects our lives and world today. Everyone is invited to participate in the discussion following each film with Gary Zaro. This month: *Triple Cross* (1966) RSVP at dfla.org/events/



PUZZLE EXCHANGE

Friday, March 25, 9:00-5:00 pm

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave one puzzle and take four, the more the merrier. Offered on the last Friday of every month. All ages and skill levels encouraged!

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LITERARY



MEMOIR & ESSAY WRITERS' GROUP

Thursday, March 3, 1:30 pm

If you enjoy personal writing, please join our group. Novice and seasoned writers meet monthly to read aloud stories and receive constructive feedback and suggestions on how to develop their writing styles. You are welcome to bring 1-2 pages of humorous or serious prose to share with others.

WRITER'S CONNECTION

Friday, March 4, 1:00 pm

Today's world is literally at a writer's fingertips. A few keyboard strokes can open the information gates to help you create stories that are distinctively credible and compelling. This Month: Victoria Gallagher. RSVP at dfla.org/events/



LITERATE FOODIE CLUB

Monday, March 7, 12:30 pm

Literate Foodies focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks! This Month: Eat Something by Evan Bloom. RSVP at dfla.org/events/ - Seating is Limited, RSVP today! Cost: \$10

GET LIT BOOK CLUB

Tuesday, March 8, 5:00 pm



A happy hour book club. Not for the faint of heart! Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support our community but this month it will be on Zoom. This Month: Trejo: My Life of crime, Redemption, and Hollywood by Danny Trejo with Donal Logue. RSVP at dfla.org/events/



BOOK CLUB

Thursday, March 10, 10:00 am

Tuesday, March 22, 10:00 am

Book Club is offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. Everyone is welcome! This Month: The Moviegoer by Walker Percy. Book

LITERARY SALON

Thursday, March 17, 10:00 am



Club is on Zoom. RSVP at dfla.org/events/.

An informal discussion of books, film and theater, led by a facilitator. No requirements to read or see any particular book, film or play. Everyone is invited to share ideas and reflections on the theme. This Month: 'When the Wind Blows.' Choose any book, film, music or other literary genre with the word 'wind' in the title. What does 'wind' mean in the context of the story? Is it a metaphor, a physical entity, or both? Does the author treat it as a character, a natural element, or blend the two? Is the wind strong or gentle, or does it shift? We'll consider these questions and more as we explore 'wind.'

ADULT PROGRAMS

All programs are free
and no registration
needed unless noted.

HEALTH



TAI CHI – QIGONG FOR EVERYONE!

Tuesdays, 9:00-10:00 am

A discipline that can be practiced and benefits gained at any age – you are never too old! A blending of Qigong and Tai Chi, with deep breathing, repeated gentle motions, and stretches to improve health, balance, agility, and flexibility. For healthy body-mind-breath-balance with Tai Chi coach Bina Bou. To see the full schedule check out mindbodyfocusQi.com. Questions: Contact instructor Bina Bou: 480-284-1300 or bina.b75@gmail.com. Cost: \$10

GENTLE CHAIR YOGA MONDAYS 11:00–12:00 PM

GENTLE YOGA WEDNESDAYS 11:00–12:00 PM



Yoga for Every Body! Through a slow flow of poses coordinated with the breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Chairs are provided for Monday classes.

Questions about these classes, please contact instructor Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10



MEDITATION WITH REIKI HEALING

Wednesday, March 2 & 16, 1:00-2:00 pm

Meditation and relaxation have been proven to promote mental and physical changes in a person. Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing affects.

Questions about Meditation with Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com Cost: \$10

YOGA FUSION



Thursdays, 12:00-1:00 pm

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class.

Questions about Yoga Fusion, please contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. Cost: \$10



EXERCISE OVER 50

Friday, March 4, 11:00 am

Natural methods of repair are superior to managed methods of relief. We will assess your abilities such as balance, strength, body alignment. We will discuss pain and discomfort. You can regain mobility, realign the body, reduce and eliminate pain. This builds self confidence and creates a joyful aging experience. Questions about Exercise Over 50, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10

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CARING FOR THE CAREGIVER

Monday, March 7, 10:00 am

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.



HEALTH



REIKI HEALING

Wednesday, March 9 & 23, 1:00-2:00 pm

Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, how you can use it and how you can consciously control more of the energy that makes up all that is you. Each person is here for their unique experience, no matter the age or belief system, there is something for you to glean from knowing more about yourself and how better to know yourself than through the part of you that is unseen. Healing is the focus of Reiki and healing is multi-level. Questions about Reiki Healing, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10

THE HEALING PATHWAY

Monday, March 14 & 28, 9:30 am

Join us on this Journey that will guide you to find a "new normal" as you process through your personal grief journey. Led by Hospice of the West facilitators.



LONGEVITY, HEALTHY AGING, AND REGENERATION

Friday, March 18, 11:00 am

What are the habits of those who have lived into extreme old age? This has been studied and documented for centuries. What do these studies have in common? What patterns emerge. Can we change our patterns or lifestyle, if so, how and what effect will this have? Questions about Longevity, Healthy Aging, and Regeneration, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com.

NUTRITION OVER 50

Friday, March 18, 12:00 pm

Learn and discuss nutrition and how it changes with age. Discuss healthy food options and a menu for a week. Learn the philosophy behind fasting and intermittent fasting, create a plan to change your eating patterns. Questions about Nutrition Over 50, please contact instructor, Karen Cimaglia at rockinvibs21@gmail.com. Cost: \$10



rockinvibs21@gmail.com.

BIKERS FOR BOOKS

● POKER RUN ●

Benefiting Desert Foothills Library

RIDE STOPS:

START: BUDDY STUBBS
HARLEY DAVIDSON

PENSKE RACING MUSEUM

SADDLE BRONC GRILL

RAVEN'S VIEW

THE COVE AT BARTLETT
LAKE

END: DESERT FOOTHILLS
LIBRARY



RIDE PATCH
LIVE MUSIC
USED BOOK SALE

RAFFLE

FOOD TRUCK
TWO FOOD AND DRINK
TICKETS PER BIKE

MARCH 12TH

10:00 AM

START

\$25 PER BIKE
(PASSENGERS FREE)



[HTTPS://BIT.LY/34QQA0I](https://bit.ly/34QQA0I)

