# FALL 2022 INFORMATION HIGHWAYS

Experience • Engage • Explore A catalog of opportunities for our community

### **FEATURED EVENTS**

- Arizona Author Series
- Safety 1st Series
- Chef Adore Culinary Series
- Meet Michele Finn ALONE Contestant
- Astrology for Teens
- Mini Tales: Read to a Miniature Pony

Desert Foothills LIBRARY enriching your community





DFLA.ORG • 38443 N SCHOOL HOUSE RD, CAVE CREEK • 480-488-2286

# WELCOME BACK SNOWBIRDS!

We are excited to share our recurring events as well as new programming!

## IN REMEMBERANCE OF CORKY COCKBURN

One of our most dedicated volunteers passed away recently. Corky Cockburn will be known for writing and publishing the Library History Book as well as having the prestigious "Corky Cockburn Library Service Award" named after her.

https://ladailypost.com/obituary-corinnecorky-cockburn-1926-july-12-2022/



## THANK YOU **Kiwanis** CAREFREE

We are grateful to our local Kiwanis Carefree for their generous gift of patio furniture that has enhanced our Waterfall Terrace.

## LIBRARY HOURS & CLOSURES OPEN

Monday, Wednesday, Friday 9 am - 5 pm Tuesday and Thursday 9 am - 6 pm Saturdays 10 am - 4 pm

## CLOSED

Monday, Oct 10 Friday, Nov 11 Wednesday, Nov 23 - Closing at Noon Thursday & Friday, Nov 24 & 25 Saturday & Monday, Dec 24 & 26 Saturday & Monday, Dec 31 & Jan 2

# **YOUTH & FAMILY PROGRAMS**

### All programs are free and do not require registration unless otherwise noted.

### **Family Storytime**

### Tuesdays and Thursdays, 10:30 - 11:00 am

Children ages 1 to 4 years old and their families are encouraged to join Miss Heather for a storytime featuring developmentally appropriate songs, movements, and stories to foster early literacy skills. Afterward, there will be a craft or activity to expand upon storytime. *This program is intended for ages 1 to 4.* 

## Storytime for Preschool & Kindergarteners Wednesdays starting October 12, 3:30 - 4:00 pm Saturday, October 15, 10:30 - 11:30 am Saturday, December 3, 10:30 - 11:30 am

In this new storytime, children ages 4 to 6 and their grownups are invited to join Miss Heather in learning about what makes a book a book while fostering early literacy skills and development through reading, discussion, and activities.

This program is intended for ages 4 to 6.

### **Baby Storytime**

### First and Third Friday of the Month, 10:30 - 11:00 am

Children ages 0 to 18 months and their families are invited to join Miss Heather for a storytime featuring songs, rhymes, movement, and stories to stimulate language and literacy development.

This program is for ages 0 to 18 months.

### Little Explorers: Sensory Playdate Second and Fourth Friday of the Month, 10:30 - 11:00 am No Meetings In November Due To The Holiday Conflicts

Young children are just starting to explore and understand the world. Part of this is through sensory play and exploration where children encounter different shapes, textures, colors and objects. Manipulating objects expands the imagination, encourages cooperation, and develops problemsolving and fine motor skills. Activities will rotate each month between sensory bins, kinetic sand, a water table, building toys and manipulatives, and more!

### Halloween Party with Wendy the Witch Tuesday, October 18, 10:30 am - 12:00 pm

Come celebrate all things Halloween! The morning will start with a storytime led by Wendy the Witch, followed by face painting and trick-or-treating around the library. Children (and adults!) are encouraged to wear costumes! *This program is suited for children 1-7 years old.* 



# **YOUTH & FAMILY PROGRAMS**

### \*Elementary Craft Group

## First Tuesday of the Month, 4:30 pm - 5:30 pm

Come by the Imagination Lab and craft to your heart's content! Miss Heather will lead the group through a different craft each month. If participants finish the scheduled craft, they may continue to express their creativity with other materials. All supplies and a snack will be provided. *This program is intended for ages 1st through 6th graders.* 

## **LEGO Challenge**

## Second Tuesday of the Month, 4:30 pm - 5:30 pm

Stretch your imagination and building skills using the library's collection of LEGOs to meet the challenge Miss Heather set for you. Each month will have a different challenge requiring the use of your imagination, critical thinking skills, and more! The sky is the limit to how you meet the challenge. *This program is suited for 1st through 6th graders.* 

## \*Bricks & Books Club

## Last Monday of the Month, 3:45 pm - 4:45 pm

At each meeting, we will discuss the book we've read and then build a LEGO challenge set by Miss Heather related to the events of the book. Building with LEGOs will reinforce problem-solving skills, planning skills, and STEAM thinking as well as provide a fun way to interpret the book. Free copies of the books will be available in the library for registrants to keep. Please read the book before the meeting.

## October: The Dragon in the Library by Louie Stowell

November: Jack and the Geniuses at the Bottom of the World by Bill Nye and Gregory Mone This program is intended for 3rd through 6th graders.

## \*Full STEAM Ahead

## Third Tuesday of the Month, 4:30 pm - 5:30 pm

Delve into a new topic related to science, technology, engineering, arts, and math in this monthly program! Each session allows children to discover new knowledge and ways of thinking with hands-on experiments and activities.

This program is intended for children ages 8 to 11.

## \*Mini Tales: Read to a Miniature Pony! Saturday, October 22, 11 am - 12 pm

Tender Little Hearts is an equine assisted nonprofit that offers literacy promotion programs for young readers. They will be bringing miniature horses to Desert Foothills library for children to read to them. This unique experience is intended to build confidence in young readers because after all, a diminutive equine isn't going to pass any judgment but will simply "listen". *This program is intended for children ages 4 to 11.* 

## Kids Movie Morning

### Friday, December 30, 10 am - 12 pm

Come watch a fun winter movie in the library! There will be a few options and participants will vote to decide which movie to watch. Snacks will be provided.

This program is for ages 4 to 10.

# **YOUTH & TEEN MUSIC PROGRAMS**

The following programs are hosted by individual people or outside groups that pay to host at the library and are not a reflection of the library's values or views.

### Fall Semester 2022 | October 1 – December 17 If you are interested in joining, please contact Laya Field for more information at jubilateconservatoryofmusic@gmail.com

Jubilate Music Classes Mondays, Tuesdays, Wednesdays, and Saturdays Jubilate Conservatory of Music, sponsored by Kiwanis, is open to children of all ages. As a school of classical music, young students learn to read and write music through inperson music classes at Desert Foothills Library. Violin, viola, cello and choir will be instructed in an after-school format. Information about and schedule details for Jubilate Conservatory of Music can be found at jubilateconservatoryofmusic.org. Saturday Music Classes are offered free of tuition. Instruments are not provided.

## Beginning Violin Class | Mondays, 4 pm - 5 pm

For students 6 years and older; Students learn to play the violin in a light-hearted setting with a class limited to 8 students with two instructors: Joshua LaFleur & Laya Field

### Beginning String Ensemble | Tuesdays, 3:30 pm - 4:30 pm

For Students who know how to read music and play violin, viola, or cello in first position. Students enjoy playing simple pieces of music together in a group and increase their ability to engage with other young musicians. Instructor: Sonja Prichitko.

### Advanced String Ensemble | Tuesdays, 4:45 pm - 6 pm

For students who are able to read music and play violin, viola, or cello beyond first position, focusing on technique, the ins and outs of playing together in an ensemble, and understanding the different styles of playing classic works. Instructor: Sonja Prichitko.

### Jubilate Voice & Choir Class | Wednesdays, 4 pm - 5 pm

For students age 9 and older. Students learn how to sing different styles of music, including classical works, with others in a group setting and follow a director. Instructor: Laya Field

### Music from the Heart | Saturdays, 12:15 pm - 1 pm

This is a tuition-free course for tots to teens in a family-friendly setting where students learn to share in the language of music; a preparatory class for learning an instrument. Instructors: Kira Cohen, Joshua LaFleur & Laya Field.

### Jubilate Violin Orchestra | Saturdays, 10 am - 12 pm

This is a tuition-free course for beginners to advanced players of violin, viola, and cello. Beginners join the group at 10:45. Instructors: Joshua LaFleur & Laya Field

### Jubilate Conservatory of Music – Composers in Concert Saturday, October 29 | 1 pm - 3 pm

Compositions for string quartet, written by students, will be played by professional musicians; Open to the public with a reception following.

## STUDENT ENSEMBLES AND SOLOS PERFORMANCES; OPEN TO THE PUBLIC.

Jubilate Conservatory of Music – Fall Recital Saturday, November 26 | 1 pm - 3 pm Jubilate Conservatory of Music – Winter Recital Saturday, December 10 | 1 pm - 3 pm

# **TEEN PROGRAMS**

## \*Astrology for Teens

## Last Tuesday of the Month, 4:30 pm - 5:30 pm

For teens interested in delving into astrology, join local professional astrologer, TikToker TikToker@babyfaerieprincess and college student Faith Rosky for first an introduction, then a deep

dive into the divination art of astrology. Each session will feature a different topic. October: Birth Charts – Big 3, what each planet means, general compatibility across signs, and what the houses mean

November: Synastry – past lives, how to find your perfect partner, important placements to consider, venus and mars signs

This program is intended for ages 13 to 18.

## All About Anime

### Thursday, October 20, 3 pm - 4 pm Thursday, November 3, 3 pm - 4 pm

Love anime & manga? Want to learn more about the genre? Come to the Teen Room to discuss your favorite anime/manga with other teens who share your interests! Each month will feature a different anime/manga-related activity to do while we chat.

This program is intended for ages 13-18.

## **Teen Study Time**

## Wednesday, December 7 through Friday, December 9, 3 pm - 6 pm

Stressing about finals? Want a chill place to study? Need a dedicated Study Space? Come to the teen room the week before finals! There will be snacks, and whiteboards for test problems, and you can always ask your friendly librarian for help understanding a subject or finding more information on it. *This program is for ages 12-18.* 

## **Teen Book Talk**

## Thursday, October 27, 3 pm - 4 pm Thursday, November 17, 3 pm - 4 pm

Ever read a book but don't know anyone to talk to about it? This club solves that problem! Come chat with Teen Librarian Heather and other teens who love reading. Come tell us all about your favorite – or most hated – book. Heather will start off each session with an introduction to a new YA book. A new craft or activity will be available to do during each meeting. *This program is intended for ages 13-18.* 

## Teen Movie Afternoon Thursday, December 29, 12 pm - 6 pm

All afternoon movies of your choosing will be playing in the teen room for some much deserved chill time. Hang out, watch some movies, and eat snacks provided by the library. *This program is for ages 13-18.* 







# FEATURED PROGRAMS

SATURDAYS 2 PM - 3 PM

SAUCES & MORE ulinary Series

\$30/class or \$100 for all 5 Classes

October 22 Pink Lady Ginger Pico De Gallo

November 12 Tantalizing Parsley Hummus

November 26 Chef Ador's Grandma's Salsa Recipe & Indigo Goddess Salsa

December 3 Vinaigrettes & Salads

December 17 No More Dried Chicken Breast or Overcooked Veggies



## Single Classes Register at dfla.org | To Register for all 5 Call Marjorie at 480-488-2286

## \*Join Chef Ador, Executive Chef and owner of Ador Cuisine, for these demonstrations and tasting experiences on the following Saturdays from 2 pm – 3 pm

### Pink Lady Ginger Pico De Gallo | Saturday, October 22

Learn to create your modern-day version of a classic Mexican dish known as "Pico De Gallo". Learn proper knife skills and kitchen techniques to improve your overall cooking experience at home and create an innovative healthy recipe that will level up your cooking repertoire. Get creative in your kitchen and play with your palates.

### Tantalizing Parsley Hummus | Saturday, November 12

Excite your palate and learn how to combine simple ingredients to create a vibrant, flavorful, nontraditional hummus. Use this recipe as a guide to creating your flavor combinations for a unique and delicious experience.

### Chef Ador's Grandmas Salsa Recipe & Indigo Goddess Salsa | Saturday, November 26

Chef Ador wants to teach you the secrets to his grandma's delicious salsa recipe and learn the essentials of making a modern-day salsa.

### Vinaigrettes & Salads | Saturday, December 3

Making salads fun and exciting with Chef Ador. Learn the simple steps to creating different flavored vinaigrettes while using various ingredients to make simple salads fun and exciting.

### No More Dried Chicken Breast or Overcooked Veggies | Saturday, December 17

Are you tired of bland, dried-out chicken breast and overcooked vegetables? Let's make it juicier and more appetizing by learning simple kitchen techniques to improve your everyday cooking skills. Learn how Chef Ador cooks a tender, juicy chicken breast. Plus, how to make the best-sauteed vegetables more effortless and more delicious.

# FEATURED ADULT PROGRAMS

### **Art Critique**

## Mondays: October 3, 4 pm - 5 pm | November 7, 4 pm - 5 pm | December 5, 4 pm - 5 pm

Bring something you have worked on and want to talk about issues with the work. Bring something new you want to try and need advice on going forward. Bring a medium you have questions about, wax, oils, watercolor, clay, whatever it is. Bring work others have done and you have questions about the how. Come join the conversation and get feedback and ideas from others.

## \*AARP Smart Driver Program - A Refresher Course in Safety and Skills Saturday, October 22 & Saturday, December 3, 10:30 am - 2:30 pm

Learn new driving techniques, rules of the road, defensive driving, and how to minimize distractions. Trained volunteers instruct the AARP Smart Driver classroom course, our preeminent national older driver safety program, serving the 50+ population for more than 30 years. The course enables drivers to refresh their driving skills and understand how to adjust to age-related challenges. The course is intended to help drivers live more independently as they age and remain safe on today's roads. Since the program's inception in 1979, more than 15 million participants have completed the course. Materials are included. Completion of the course may entitle you to an auto insurance discount (check with your insurer). Bring a sack lunch. For questions, call instructor, Les Ottjes at 507-288-1717. Pay the instructor at class \$25 or \$20 with AARP member card (checks only payable to AARP and given to the instructor at time of class). There is also a \$5 Desert Foothills Library registration fee.

The following program is hosted by individual people or outside groups that pay to host at the library and are not a reflection of the library's values or views.

## National Society Daughters of the British Empire – Annual Christmas Fundraiser Tea Saturday, November 19, 1 pm – 3 pm

The DBE extends greetings to women of British, or Commonwealth of Nations birth or ancestry, residing in the USA to join us in fellowship, fundraising, and a great 'cuppa' tea. The tea is the DBE's annual Christmas Fundraiser Tea. The typical British Tea will include finger sandwiches, scones with clotted cream ad jam, petit fours, and of course, tea.

Since 1909, the DBE has led the effort to serve and care for seniors across the US. In addition to establishing four senior living facilities, every chapter directly supports its communities through individual partnerships with local charities. Members are professionals, businesswomen, and homemakers with common interests and heritage, who meet regularly for business and social events with the common cause of philanthropy.

If you are interested in joining a new chapter, please visit the website at DBEnational.org to learn more! DBE is a 501©(3) non-profit organization. To register, please contact Pauline Garthwaite at treasurepauly@gmail.com. Cost: \$25 payable at registration.



# FEATURED ADULT PROGRAMS

# **MICHELLE FINN**



The History Channel, Alone Contestant and Maine Native Comes to Cave Creek

## Monday, November 21 3:30 pm - 4:30 pm

No Registration Required

HISTORY

Michelle Finn is an educator, author, presenter and wilderness survival aficionado. In her younger days, she spent two years living in a primitive shelter she constructed in the woods, cementing a lifelong love of indigenous skills and ancestral knowledge. She is a two-time participant in the History Channel's popular Alone television series which drops individuals into remote areas to see how long they can last by themselves, with minimal survival gear.

## Footloose Foothills Dance Sampling by Fred Astaire Dance Studios Wednesday, October 19, 3 pm - 4 pm

Come on by and try out a sampling of dance moves: this session includes 3 line dances; country, salsa, and bachata with coaching and 3 demonstrations. Whether you've danced before, or think you have two left feet, you'll agree that you've come to the right place. Fred Astaire Dance Studios Cave Creek is the premier dance studio in the Greater Cave Creek area. Lessons at the Cave Creek Fred Astaire Ballroom include multiple dance styles and approaches. Once you've sampled some dance moves at Desert Foothills Library, you may want to move on to the welcoming studio environment where you can hone your skills, no matter what level. The Cave Creek Fred Astaire Ballroom's personalized methods set the standard of excellence in dance instruction.

### DrumCircle – Healing Rhythms Thursday, November 17, 2:30 pm - 3:30pm

Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy, and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience is required! If you have a heartbeat, you can drum. Open to all adults, all ages.

# FEATURED ADULT PROGRAMS

# GENEALOGY

## PLANNING TO RESEARCH THE GENEALOGY OF YOUR FAMILY?

## Part I

Arizona Genealogy 101 Wednesday, November 9 2:30 pm - 3:30 pm

## Part II

Genealogy Gems in Government Documents Wednesday, November 16 2 pm - 3 pm

## Arizona Genealogy 101 PART I Wednesday, November 9, 2:30 pm - 3:30 pm

Presenters; Wendi Goen, Lead Reference and Photograph Archivist, Arizona State Archives, and Yahm Levin, Arizona Collection Librarian, State of Arizona Research Library provide a broad strokes overview of the valuable genealogical resources in the Arizona State Archives and the State of Arizona Research Library. These presenters will show you how to best navigate online platforms, use collections in tandem to dig deeper into genealogical puzzles, and point you to other Arizona resources that should not be overlooked when researching Arizona ancestors.

NO REGISTRATION REQUIRED

## Genealogy Gems in Government Documents PART II Wednesday, November 16, 2 pm - 3 pm

Presenters; Janelle Breedveld, Federal Documents Librarian, and Brittany Styles, State Publications Librarian, from the State of Arizona Research Library helps those looking for information about family trees. Government documents are an often-overlooked source of valuable information for genealogical research. Learn how federal and state government documents can help you trace your heritage.

# **AZ AUTHOR SERIES 2022**



Local authors discuss their inspiration for the art of writing and share their latest titles at Desert Foothills Library. Each author brings their own style to this series from lecture, to song, to book readings that will surely pique the curiosity. Join us for one or all eight – the choice is yours to engage with area authors in DFL's AZ Author Series 2022. Books by each author may be available at the event for purchase or bring along your own copy for an autograph. Registraion is not required.

#### Cactizonians' Treasure Tuesday, October 18 | 4 pm - 5 pm



Arizona native Bart Ambrose grew up on an Arizona cotton farm where he spent his nights reading novels and teaching himself to play guitar. In his first novel, "Cactizonians' Treasure," he takes readers on a vivid journey through the Sonoran Desert of Arizona and Mexico in a fascinating twist on a lost treasure legend. Bart and his wife live near Tucson, Arizona. His hobbies include writing haiku, travel, and the pursuit of the perfect chili relleno.

#### The Mad Girl Thursday, October 20 | 4 pm - 5 pm



David Stanasolovich writes under the pseudonym, Andrew Colvin, and lives in Phoenix with his wife, Marcy, four cats and a parrot. *The Mad Girl* is the author's first novel, and he is currently writing the sequel. He has always been interested in the impact of trauma on individuals and how they react differently, some finding strength while others are transformed into something terrible. This was one of the inspirations for writing *The Mad Girl*.

#### Special Needs Children the Angels on My Shoulder Tuesday, November 1 | 4 pm - 5 pm



Writing about angels became healing after losing her daughter and then her husband. Jody Sharpe's awarding winning books include Special Needs Children the Angels on My Shoulder, the Mystic Bay Series, The Angel's Daughter, To Catch an Angel, Town of Angels, Town of Angels Christmas and 20 Moon Rd an Angel's Tale. Her children's book is When the Angel Sent Butterflies. www.jodysharpe.com

#### A Holocaust Memoir of Love & Resilience Thursday, November 3rd | 3:30 pm - 5 pm

**Dr. Ettie Zilber's** birth in a Displaced Persons camp in Germany marked her with a special responsibility. Retirement from a career as an educational leader in international schools in six countries has given her the opportunity to fulfill that responsibility – to research, document, and publish her family's Holocaust experience, reflect on their impact on subsequent generations, and share the stories and lessons with youth worldwide.



#### Love, Bill: Finding my Father through Letters from World War II Tuesday, November 15 | 4 pm - 5 pm

Jan Krulick-Belin has a bachelor's degree in art history from the State University of New York, Binghamton, and a master's degree in museum education from George Washington University in Washington, DC. She grew up in New York City, and currently resides in Phoenix, Arizona. Her award-winning book, *Love, Bill: Finding My Father through Letters from World War II*, is the true story of her personal journey to reconnect with her father who passed away when she was just six years old.



#### Finding PHIL: Four Traits for Conquering Chaos Thursday, November 17 | 4 pm - 5 pm

Michael Frickstad has published three books: The Storyteller, The Dream Rescuer (horror finalist for International Book Award, American Fiction Award, and Best Book), and the Amazon best-seller Finding PHIL: Four Traits for Conquering Chaos. A veteran high school English teacher and drama director, he also received a double-diamond award from the National Speech and Debate Association for his accomplishments as speech/debate coach in Minnesota and Michigan.



#### Unbridle It Tuesday, December 13 | 4pm - 5 pm

Leeanne Gardner helps individuals and business owners take the reins and implement positive changes through experiential workshops with horses, and motivational speaking. Leeanne's Amazon #1 Best Selling book, Unbridle IT! Buck Up and Create Your Happy! is a self-help workbook with steps for creating more happiness and fulfillment in your life and business. For more information please visit www.unbridleit.com



#### *Jinxed* Thursday, December 15 | 4 pm - 5 pm

Marlene Jaxon is the author of Jinxed! Laughing in the Face of Alzheimer's. Her uplifting memoir is the humorously honest story of the challenges she and her family faced as caregivers to her mother, "Jinx," including the creative techniques she devised to bring daily joy and laughter to Jinx's final years. She divides her time between her desert residence in Fountain Hills, Arizona and her seaside home – a sailboat at San Diego's Harbor Island. www.MarleneJaxon.com





# YOUTH FOR TROOPS FREEDOM ISN'T FREE

## THURSDAY, NOVEMBER 3 10 AM - 3 PM

Youth for Troops is excited to announce a Freedom Isn't Free event at Desert Foothills Library. This open-house style event is open to all ages and will include a donation drive, special holiday projects, box decorating, and appreciation card writing. Youth for Troops will also be collecting Halloween candy to ship to deployed troops. Youth for Troops uses candy year-round as packing peanuts for care packages and is currently running low on this item.

## SUPPLIES ARE CRITICALLY LOW, WE NEED YOUR HELP

Travel-Size Foot Powder Travel-Size Shampoo Travel-Size Conditioner Travel-Size Body Wash Travel-Size Mouth Wash Travel-Size Toothpaste Travel-Size Deodorant Travel-Size Facial Tissue Disposable Razors Playing Cards Travel-Sized Games Puzzle/Game Books



Check Out Youth For Troops Wishlist on Amazon & Walmart Registry Find Out More at YouthForTroops.org

## DESERT FOOTHILLS LIBRARY PRESENTS

PATRIOTIC SHOW

<u>RICAN HUR</u>

## Tuesday, November 8 11:30 am - 12:30 pm

If you're looking for a great patriotic show, filled with music, comedy, audience participation and terrific entertainment join Jan Sandwich and her pianist as they entertain you with a tribute to George M. Cohan, and take you on a musical trip across our great country, pay tribute to each branch of the armed services and honor veterans in the audience. A rousing, spirited celebration of America.

No Registration Required.

# WEEKLY ADULT PROGRAMS

## Craft N Chat Mondays, 1 pm -3 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionable creating and conversation. Any portable craft is welcome! New crafters and all skill levels are always welcome!

## Informal MahJongg: Unsupervised Play Tuesdays, 1 pm – 4 pm

Informal MahJongg plays for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. This group is unsupervised. No sets are provided, you must bring your own. Cost: \$5 payable at the front desk circulation before play

## Alcoholics Anonymous

## Thursdays, 5 pm - 6 pm

A.A. meetings are being held at Desert Foothills Library on Thursdays.

## \*Beginner French

## Tuesdays, October 4 to December 6, 10 am - 12 pm (no class on 10/25 or 11/22)

Parlez-vous francais? This beginner class meets once a week for eight weeks. The focus is on conversation, using practical vocabulary for everyday situations. Handouts will be provided. A new experience is awaiting you! So, join and start preparing for your next French vacation! For questions about the class, please contact the instructor at dominique.flamm@gmail.com. Class is limited to 8 students. Cost: \$80

## \*Intermediate Conversation French

## Fridays, October 7th to December 9th, 10 am - 12 pm (no class on 11/11 or 11/25)

Comment se porte votre francais? This intermediate class meets once a week for 8 weeks. The focus is on understanding a native speaker and developing fluency, using practical vocabulary for everyday situations. Handouts will be provided.

## For questions about the class, please contact the instructor at dominique.flamm@gmail.com. Class is limited to 8 students.

Cost: \$80

Bonjour! Dominique Flamm is a native French speaker and a foreign language teacher. She graduated from the Ecole du Louvre in art history and museology and was an Art Lecturer of the French National Museums in Paris. After moving to the U.S., Dominique began a teaching career and taught French and Spanish in the Cave Creek Unified School District.

# WEEKLY ADULT PROGRAMS

BOOK A 1 ON 1 TECH APPOINTMENT With Our Tech Interns



## Tech Help with eBooks, Online Resources, and Your Personal Electronic Devices Wednesdays, 2 pm - 3 pm

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an informal drop-in for anyone with questions about Libby, Cloud Library, any of the apps the library offers, and basic questions about your personal electronic devices. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users, your Apple ID will be needed.

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enriching your community



# **MONTHLY ADULT PROGRAMS**

## TO BENEFIT PUPPY LUV ANIMAL RESCUE

Fridays at 3:30 pm - 4:30 pm October 14 | November 4 | December 2

## **COCKTAILS FOR HUMANS AND TREATS FOR PUPS**

Join us, with your dog (or just because you're a dog-lover), and mingle on the Waterfall Terrace.

DONATIONS NEEDED: Dog Treats, Cat Treats, Canned Chicken, Tuna, Sardines and Salmon, and Pumpkin.

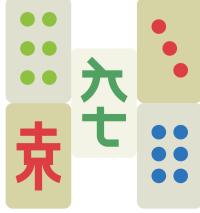
### \*Siamese MahJongg: A Challenging Game for Two! Monday, November 28, 1 pm - 4 pm

Apply your MahJongg knowledge and experience to a fun & exciting game for 2 players. Siamese MahJongg offers players the challenge of transitioning between hands, strengthens the player's overall knowledge, and improves risk-taking and strategic planning abilities. Instructor provides individual attention in a small-group friendly setting. The handout includes directions for set-up, rules governing play, and scoring and payout guidelines. Knowledge of and experience in playing with the 2022 Mahjongg Card is required.

Class Size: Min 4; Max 8 Cost: \$25.00 for one 3-hour class

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PUPPY LUV

ANIMAL RESCUE

# **MONTHLY ADULT PROGRAMS**

## Death Café

## Wednesdays at 12:30 pm - 2:30 pm, October 5 | November 2 | December 7

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversations about topics relevant to all of us but often considered "dark" or even taboo. For more information go to www.deathcafe.com

## **Puzzle Exchange**

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## Fridays at 9 am - 5 pm, October 28 | December 30

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave a puzzle, take a puzzle! Offered on the last Friday of every month. All ages and skill levels encouraged!



# **BECOME A SUPPORTING MEMBER**

Founded in 1954, We are *Arizona's ONLY independent nonprofit library*, funded through generous contributions from community members.

## EACH YEAR WE...

- Provide library circulation services to more than 10,000 patrons
- Serve more than **6,000 community members** through our lifelong learning programs
- Offer more than **1400 community programs and class** sessions

## Desert Foothills LIBRARY

## 91% Of Our Funding Comes From Supporters Like You!

Visit DFLA.org and Join One Of Our Supporting Member Giving Circles \*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286

# **MONTHLY ADULT PROGRAMS**

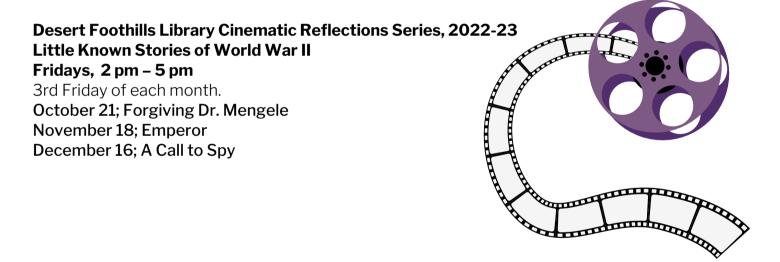
#### Music at the Movies Thursdays, 2 pm - 5 pm

Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, comedies, and more! Hosted by music enthusiast, Annis Scott. October 13: Les Misérables November 10: Music and Lyrics

**December 8: Christmas Shoes** 

### Desert Foothills Library International Film Series, 2022-23 Around the World in 9 Films Fridays, 2 pm – 5 pm 2nd Friday of each month (except November in observance of Veterans' Day)

October 14: Longing (NR; 2017, Israel, 100 minutes) November 4: Secrets of War (NR; 2014, Holland, 95 minutes) December 9: Ida (PG-13; 2013, Poland, 88 minutes)



## **Every** time I go to a movie, its magic, no matter what the movie's about.

Steven Spielberg

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Reserve your space at dfla.org today!

# LITERARY ADULT PROGRAMS

### \*Get Lit Book Club

Wednesday, October 12, 5 pm - 6:30 pm Wednesday, November 9, 5 pm - 6:30 pm Wednesday, December 14, 5pm - 6:30 pm

New day of the week: Second Wednesdays! Drinks and catching up to start at 5, book discussion to start at 5:30.

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support local businesses. Everyone is welcome!

October: The Only Good Indians by Stephen Graham Jones at Ofrenda November: The Sea of Tranquility by Emily St. John Mandel at Brugo's Pizza Co & Bistro December: To Be Taught If Fortunate by Becky Chambers at El Encanto Cave Creek

### Library Book Club

Thursday, October 13, 10 am - 12 pm Tuesday, October 25, 10 am - 12 pm Thursday, November 10, 10 am - 12 pm Tuesday, November 22, 10 am - 12:00 pm December (get together)

Book Club is offered twice every month! Same book, same facilitator, different days. Choose which day is best for you to join. Everyone is welcome!

October: Oh William! by Elizabeth Strout November: Punch Me Up to the Gods by Brian Broome December: Get together TBA

### \*Books to Die For: A Murder Mystery Book Club Wednesday, October 26, 1:30 pm - 2:30 pm Wednesday, November 16, 1:30 pm - 2:30 pm Wednesday, December 21, 1:30 pm - 2:30 pm

Here at Desert Foothills Library, we're booked on crime! Join us each month for the Books to Die For Murder Mystery Book Club. This book club is for lovers of all forms of mystery novels. We will explore the genre in depth, eventually coming up with the perfect plan for murder (wink, wink). Light refreshments will be provided. Registration Required.

October: Caught Dead Handed by Carol J Perry November: Endless Night by Agatha Christie December: I Don't Forgive You by Aggie Blum Thompson



# LITERARY ADULT PROGRAMS

\*Literate Foodie Club Monday, October 3, 12 pm - 2:00pm Monday, November 7, 12 pm - 2:00 pm Monday, December 5, 12 pm - 2:00 pm

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks!



October: In Bibi's Kitchen by Hawa Hassan & Julia Turshen November: The Sioux Chef's Indigenous Kitchen by Sean Sherman & Beth Dooley December: Topic is Baking With the Pros: Our Favorite Baking Books Questions about Literate Foodies, please contact facilitators, Dana Rakinic at danarakinic@gmail.com & Jan Kruse at jan-kruse@cox.net.

RSVP in person at Desert Foothills Library. Please register in advance, as seating is limited. Cost: \$10



Literary Salon Thursday, October 20, 10 am - 12 pm Thursday, November 17, 10 am - 12 pm Thursday, December 15, 10 am - 12 pm

The Literary Salon will resume on October 20 with the seasonal theme "Fall into Fall." Choose any book or other medium (stage, screen, podcast, music) that has the word "fall" ("falling," "falls") in the title. The word "fall" may refer to either the season or the act of falling. Or your selection may be a story that takes place during the fall season. We'll discuss what makes the word "fall" significant as a metaphor or action in each selection, as well as anything else you'd like us to know about the book.

The Literary Salon November 17 topic is "Change." Choose any book or other medium (stage, screen, podcast, music) that has the word "change" in the title, or in which "change" plays a significant role. We'll discuss what makes the change significant as a metaphor or action in each selection, as well as anything else you'd like us to know about the book.

The Literary Salon **December 17** topic is "Surprise." Choose any book or other medium (stage, screen, podcast, music) that has the word "surprise" in the title, or in which a "surprise" plays a significant role. We'll discuss what makes the surprise significant as a metaphor or action in each selection, as well as anything else you'd like us to know about the book.

# **HEALTH & WELLNESS PROGRAMS**

## Caring for the Caregiver

Monday, October 3, 10 am - 11:30 am Monday, November 7, 10 am - 11:30am Monday, December 5, 10 am - 11:30am

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.

## The Healing Pathway

## Monday, October 17 & 24, 9:30 am - 11 am Monday, November 21 & 28, 9:30 am - 11 am Monday, December 12 & 19, 9:30 am - 11 am

Join us on this journey of grief. This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language of grief.

## **Gentle Chair Yoga**

## Mondays, 11 am - 12 pm (no class 10/10, 11/14, or 12/26)

Yoga for Every Body! Through a slow flow of poses coordinated with breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Gentle Yoga every Wednesday at 11:00am. Chairs are provided. Questions about Gentle Chair Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10 cash, paid to instructor at each class

## Tai Chi – Qigong for Everyone!

## Tuesdays in October - December, 9 am - 10 am

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace and overall wellness. This class is offered every Tuesday and Thursday. Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey, Tai Chi practice can help improve your quality of life. To learn more about her classes visit www.MindBodyFocusQi.com. For questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at bina.b75@gmail.com. Cost: \$10 cash, paid to instructor at each class

## **Gentle Yoga**

## Wednesdays, 11 am - 12 pm

Yoga for Every Body! Through a slow flow of poses coordinated with the breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Chair Yoga every Monday at 11:00 am. Please bring a yoga mat and a blanket. For questions about Gentle Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10 cash, paid to instructor at each class

# **HEALTH & WELLNESS PROGRAMS**

## **Meditation with Reiki Healing**

## Wednesdays, October 5 & 19, November 2, 16 & 30, December 14 & 28, 1 pm - 2 pm

Meditation and relaxation have been proven to promote mental and physical changes in a person. Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing effects. Questions about Meditation with Reiki Healing please contact instructor, Rev. Dr. Karen Cimaglia at rockinvibs21@gmail.com or 602-721-7714. Cost: \$10 cash, paid to instructor at each class

### **Reiki Healing**

### Wednesdays, October 12 & 26, November 9, December 7 & 21, 1 pm - 2 pm

Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, how you can use it and how you can consciously control more of the energy that makes up all that is you. Each person is here for their unique experience, no matter the age or belief system. There is something for you to glean from knowing more about yourself and how better to know yourself than through the part of you that is unseen. Healing is the focus of Reiki and healing is multi-level. Questions about Reiki Healing, please contact instructor, Rev. Dr. Karen Cimaglia at rockinvibs21@gmail.com or 602-721-7714. Cost: \$10 cash, paid to instructor at each class.

## Create a Healing Sanctuary for Your Mind, Body and Home Wednesday, November 9, 9:30 am - 10:30 am

Join Barbara J. Ondrasek in a free class to learn healthy, inexpensive, and fun tools to create a healing sanctuary for your mind, body, and home. Through lifestyle and environmental choices, we can make a profound effect on our health and wellness. Barbara Ondrasek of Mindful Health and Home is Allied ASID, Certified Integrative Nutrition Health Coach, Chopra Certified Ayurveda and Meditation Coach, Yoga Nidra, Reiki Master and Dr. Amen Licensed Brain Trainer.

## Yoga Fusion Thursdays, 12 pm - 1 pm

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion on Thursdays from 12 pm - 1 pm! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class.

For questions about Yoga Fusion, please contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com. Cost: \$10 cash, paid to instructor at each class



## Desert Foothills Enriching your community SAFETY 1ST SERIES LEARN FROM AREA HEALTH AND WELLNESS PROFESSIONALS

Scammers use fear and intimidation to steal our money and get our personal information by pretending to be government officials, health care organizations or family members in distress. Knowing not to click on email links, placing privacy controls on your devices and monitoring your accounts are a few helpful prevention tools. One of the best ways to protect yourself from becoming a victim is to learn about the most recent and trending scams. Brought to Desert Foothills Library through the Maricopa County Attorney's Office

Trending Scams: Criminals Taking Advantage Thursday, October 6, 2 pm - 3 pm

Residential Security and Being Safe in Public Thursday, October 20, 2 pm – 3 pm

Situational Awareness Thursday, October 27, 2 - 3 pm

Stop the Bleed Friday, October 28, 1 pm - 3 pm

Travel Safety Thursday, November 3, 2 pm - 3 pm

Fall Prevention Thursday, November 10, 1 pm - 2 pm

## No Registration Required

### Trending Scams: Criminals Taking Advantage | Thursday, October 6, 2 pm - 3 pm

Scammers use fear and intimidation to steal our money and get our personal information by pretending to be government officials, health care organizations or family members in distress. Knowing not to click on email links, placing privacy controls on your devices and monitoring your accounts are a few helpful prevention tools. One of the best ways to protect yourself from becoming a victim is to learn about the most recent and trending scams. Brought to Desert Foothills Library through the Maricopa County Attorney's Office

### Situational Awareness | Thursday, October 27, 2 - 3 pm

Join us for a review of best safety practices, being aware of our surroundings and having a plan in place in the event an emergency does occur. This presentation provides simple and common sense suggestions on personal safety and being prepared for unforeseen circumstances. Brought to Desert Foothills Library through the Maricopa County Attorney's Office

### Stop the Bleed | Friday, October 28, 1 pm - 3 pm

Life-saving bleeding control techniques are taught by experienced trauma paramedics. This class will provide hands-on practice with tourniquets and other equipment that can help stop life-threatening bleeding.

### Residential Security and Being Safe in Public | Thursday, October 20, 2 pm - 3 pm

Join us for an informative class on keeping you and your family safe at home and while out and about! The Fall weather is beautiful and while we are enjoying the outdoors, we must continue to be diligent about keeping ourselves and our possessions safe. During this presentation, safety practices at home and safety techniques when out in public will be reviewed.

### Travel Safety | Thursday, November 3, 2 pm - 3 pm

This year we have heard the news reports about the return to travel and how many of us are hitting the road again! This presentation will review safety tips and suggestions for securing your home and property prior to leaving, measures to be taken while enroute and ways to reduce risks while sightseeing at your destination.

### Fall Prevention | Thursday, November 10, 1 pm - 2 pm

HonorHealth is a valued community partner and resource. With six hospitals, three of which are Arizona designated and American College of Surgeons verified Level 1 trauma centers, HonorHealth also has a new state of the art first of its kind combination satellite emergency room/urgent care as well as over 65 medical and specialty treatment groups. The number one cause of Level 1 traumas that come to the trauma centers is fall injuries resulting in a myriad of serious injuries and death. This Falls Prevention Awareness program is one class that introduces and discusses the causes of falls, the results of falls, and methods of the prevention of falls. Please join us for this informative safety class – for your health!

# **UPCOMING EVENTS**

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SONORAN

## DESERT FOOTHILLS ART GALLERY

# Visit Desert Foothills Library to view featured work by local artists and members of the Sonoran Arts League

### Hidden in the Hills Art Show October 6 – January 11

Juried artwork by the Sonoran Arts League remains on sale at Desert Foothills Library throughout the fall of 2022 and winter of 2023.

## Desert Foothills Art Gallery Reception Saturday, October 22, 4 pm - 5:30 pm

Join us for a Hidden in the Hills showcase reception. Meet the talented local artists and enjoy conversation and refreshments. Open to the public.

## Desert Foothills Art Gallery, Hidden in the Hills Presentation Thursday, November 3, 4 pm - 5:30 pm

Come learn more about the artists and their work that is showcased in the Hidden in the Hills Studio Tour! Open to the public.

## Desert Foothills Enriching your community VOLUNTEER WITHUS!

Looking for a volunteer opportunity that gives back to your community? Become a library volunteer!

- Meet new people
- Help newcomers engage in the community
- Work with others sharing your interests

We rely on community support and volunteers of all ages to keep our doors open.

Find Out More at DFLA.org

## MONTHLY SALES

napter <u>*L*Books</u>

Great Books. Great Prices.

October 7 – 8 | November 12 & 14\* (Monday) | December 9 – 10

Monthly book sales provide a wonderful opportunity to purchase quality books and other media at even lower prices than the everyday bargain prices in Chapter 2. The monthly book sale is throughout Chapter 2, the Jones/Coates Room, and our patio \*weather permitting\*. Chapter 2 Monthly Sales are offered on the second Friday and Saturday of every month. Can't make a Sale? Check out our amazing selection on Amazon. There are hundreds of books as well as CDs, DVDs and audiobooks listed there that are not on display in the bookstore. **Amazon** 

SATURDAY, DECEMBER 10 10 AM - 3 PM

Desert Foothills LIBRARY

Come for the baked goods; Stay for the monthly book sale





## **PROUD TO PARTNER WITH THESE LOCAL BUSINESSES**





Find out how your business can partner with the Library and 5 other local nonprofits

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# TOGETHER <u>We will make a differ</u>ence

## **Desert Foothills** Working in partnership with et. 1954 these local organizations builds a stronger community enriching your community FOOTHILLS SPIRIT IN THE DESERT the Hugs & Help Happen Here Kiwanis DESERT FOOTHILLS CAREFREE D BANK – LAND TRUST – RESOURCE C REEK E **HOLLAND** CENTER OMMUNITY, ARTS AND EDUCATION A Part Of The Arts

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## Desert Foothills LIBRARY enriching your community

# **DONOR REPORT**

Thank you to all of the wonderful community members who supported the Library from January 1 to December 31, 2021. Our Supporting

Members make all of our services and programs possible. Please consider becoming a member. Donations can be made online at dfla.org or by returning the enclosed envelope.

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## Giving is not just about making a donation. It is about making a difference.

Kathy Calvin, CEO of the United Nations Foundation

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