

JAN/FEB/MAR 2023

INFORMATION HIGHWAYS

Experience • Engage • Explore

A catalog of opportunities for our community

FEATURED EVENTS

- AZ Author Series
- Live Well Series
- Tequila & Bourbon Cocktail Party & Class
- Tech Tuesday Series
- Bricks & Books Club
- Annual Library Fundraiser
- Teen Thursdays



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By attending DFL programs you are giving permission to have photos taken and potentially used for publicity

LIBRARY HOURS & CLOSURES

OPEN

Monday, Wednesday, and Friday 9 am - 5 pm
Tuesday and Thursday 9 am - 6 pm
Saturday 10 am - 4 pm

CLOSED

Sundays
Monday, January 2nd
Monday, January 16th
Monday, February 20th

For our most updated information visit DFLA.org

JANUARY EVENTS



S Mon Tues Wed Thurs Fri Sat

1	2 Library Closed	3 10 AM Caring for the Caregiver 10:30 AM Family Storytime 1 PM Informal Mahjong 3 PM Tech Tuesday Series 4:30 PM Elementary Learn & Play 4:45 PM Drum Circle	4 9 AM The Painters Palette 10 AM Desert Awareness Guided Walk 11 AM Gentle Yoga* 12:30 PM Death Cafe 2 PM Tech Help 3:30 PM AZ Author Series 3:30 PM Bookgarters	5 10 AM Get Ready for the Next Solar Eclipse In AZ 10:30 AM Family Storytime 12 PM Yoga Fusion* 3 PM Teen Thursdays 5 PM Alcoholics Anonymous	6 10 AM Conversation French Beginner 2* 10:30 AM Babytime 3:30 PM Yappy Hour to Benefit Puppy Luv	7 10:30 AM David Sharpe and the PapaHugs Band Performance
8	9 9:30 AM Healing Pathway 11 AM Gentle Chair Yoga* 12 PM Literate Foodies* 1 PM Mahjongg 101* 1 PM Craft N Chat	10 9 AM Tai Chi & Qigong* 11 AM Safeguard Your Estate 10:30 AM Family Storytime 1 PM Informal Mahjongg 3 PM Tech Tuesday Series 4:30 PM Elementary Learn & Play	11 9 AM The Painters Palette 9:45 AM Reiki Healing* 11 AM Gentle Yoga* 2 PM Workshop Wednesday by Artistic Dwellings 2 PM Tech Help 3:30 PM Bookgarters 5 PM Get Lit Book Club	12 10 AM Library Book Club 10:30 AM Family Storytime 12 PM Yoga Fusion* 2 PM Music at the Movies 3 PM Teen Thursdays 5 PM Alcoholics Anonymous	13 10 AM Library Book Sale 10 AM Conversation French Beginner 2* 10:30 AM Babytime 2 PM International Film Series	14 10 AM Library Book Sale 10 AM Jubilate - Violin Orchestra 10:30 AM Maximize Your Retirement 12 PM Jubilate - Music from the Heart
15	16 Library Closed	17 9 AM Tai Chi & Qigong* 10 AM Live Well Series 10:30 AM Family Storytime 1 PM Informal Mahjongg 3 PM Tech Tuesday Series 4 PM Jubilate - Beginning Strings* 4 PM Strength Training for Women* 4:30 PM Elementary Learn & Play 4:45 PM Jubilate - Advanced Strings*	18 9 AM The Painters Palette 9:45 AM Meditation with Reiki Healing* 11 AM Gentle Yoga* 1:30 PM Books To Die For 2 PM Canasta Card Game 2 PM Tech Help 3:30 PM Jubilate Voice & Choir Class* 3:30 PM AZ Author Series 3:30 PM Bookgarters	19 10 AM Literary Salon 10 AM Live Well Series 10:30 AM Family Storytime 12 PM Yoga Fusion* 2 PM AZ Medicare Guide 3 PM Teen Thursdays 5 PM Alcoholics Anonymous	20 10 AM Conversation French Beginner 2* 10:30 AM Babytime 1 PM Matter of Balance 2 PM Little Known Stories of WWII	21 10 AM Jubilate - Violin Orchestra 10:30 AM Beat Inflation 10:30 AM Black Mountain Dems and Friends 12 PM Jubilate - Music from the Heart 2 PM Tequila Cocktail Party & Class*
22	23 9:30 AM Healing Pathway 11 AM Gentle Chair Yoga* 1 PM Mahjongg 101* 1 PM Craft N Chat 3:30 PM Jubilate - Beginning Violin*	24 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 12:30 PM Live Well Series 1 PM Informal Mahjongg 3 PM Tech Tuesday Series 4 PM Jubilate - Beginning Strings* 4 PM Strength Training for Women* 4:45 PM Jubilate - Advanced Strings*	25 9 AM The Painters Palette 11 AM Gentle Yoga* 12:30 PM Brown Bag Business Series 2 PM Canasta Card Game 2 PM Tech Help 3:30 PM Jubilate Voice & Choir Class* 3:30 PM AZ Author Series 3:30 PM Bookgarters	26 10 AM Live Well Series 10:30 AM Family Storytime 12 PM Yoga Fusion* 3 PM Teen Thursdays 5 PM Alcoholics Anonymous	27 Puzzle Exchange 10 AM Conversation French Beginner 2* 10:30 AM Babytime 1 PM Matter of Balance	28 10 AM Jubilate - Violin Orchestra 12 PM Jubilate - Music from the Heart

29	30 9:30 AM Essentrics Intro 11 AM Gentle Chair Yoga* 12:30 PM Foothills Caring Corps at the Movies 1 PM Mahjongg 101* 1 PM Craft N Chat 3:30 PM Jubilate - Beginning Violin*	31 9 AM Tai Chi & Qigong* 10 AM Live Well Series 10:30 AM Family Storytime 1 PM Informal Mahjongg 3 PM Astrology for Teens 3 PM Tech Tuesday Series 4 PM Jubilate - Beginning Strings* 4 PM Strength Training for Women* 4:30 PM Bricks & Books 4:45 PM Jubilate - Advanced Strings*
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***PAID PROGRAM**

- YOUTH PROGRAMS
- TEEN PROGRAMS
- ADULT PROGRAMS

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FEBRUARY EVENTS



S Mon Tues Wed Thurs Fri Sat

			1 9 AM The Painters Palette 10 AM Desert Awareness 11 AM Gentle Yoga* 12:30 PM Death Cafe 12:30 PM Brown Bag Business Series 2 PM Canasta Card Game 2 PM Tech Help 3:30 PM Jubilate Voice & Choir Class* 3:30 PM AZ Author Series 3:30 PM Bookgarters	2 10 AM Live Well Series 10:30 AM Family Storytime 12 PM Yoga Fusion* 3 PM Teen Thursdays 5 PM Alcoholics Anonymous	3 10 AM Conversation French Beginner 2* 10:30 AM Babytime 1 PM Matter of Balance 2 PM Vinnie Bruno: Musical Comeback 3:30 PM Yappy Hour to Benefit Puppy Luv	4 10 AM Jubilate - Violin Orchestra 12 PM Jubilate - Music from the Heart 4 PM Artists & Their Inspirations Reception
5	6 10 AM Caring for the Caregiver 11 AM Gentle Chair Yoga* 12 PM Literate Foodies* 1 PM Mahjongg 101* 1 PM Craft N Chat 3:30 PM Jubilate - Beginning Violin*	7 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 11 AM Tax Assistance 1 PM Informal Mahjongg 4 PM Jubilate - Beginning Strings* 4:30 PM Elementary Learn & Play 4:45 PM Drum Circle 4:45 PM Jubilate - Advanced Strings*	8 9 AM The Painters Palette 9:30 AM See the Amazing Northern Lights 9:45 AM Reiki Healing* 11 AM Gentle Yoga* 12:30 PM Brown Bag Business Series 2 PM Canasta Card Game 2 PM Tech Help 3:30 PM Jubilate Voice & Choir Class* 3:30 PM AZ Author Series 3:30 PM Bookgarters 5 PM Get Lit Book Club	9 10 AM Tax Assistance 10 AM Library Book Club 10:30 AM Family Storytime 12 PM Yoga Fusion* 2 PM Music at the Movies 3 PM Teen Thursdays 5 PM Alcoholics Anonymous	10 10 AM Library Book Sale 10 AM Conversation French Beginner 2* 10:30 AM Babytime 1 PM Matter of Balance 2 PM International Film Series	11 10 AM Library Book Sale 10 AM Jubilate - Violin Orchestra 12 PM Jubilate - Music from the Heart
12	13 9:30 AM Healing Pathway 11 AM Gentle Chair Yoga* 1 PM Mahjongg 102* 1 PM Craft N Chat 3:30 PM Jubilate - Beginning Violin*	14 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 11 AM Tax Assistance 1 PM Informal Mahjongg 4 PM Jubilate - Beginning Strings* 4 PM Strength Training for Women* 4:30 PM Elementary Learn & Play 4:45 PM Jubilate - Advanced Strings*	15 9 AM The Painters Palette 9:45 AM Meditation with Reiki Healing* 11 AM Gentle Yoga* 12:30 PM Brown Bag Business Series 1:30 PM Books To Die For 2 PM Canasta Card Game 2 PM Tech Help 3:30 PM Jubilate Voice & Choir Class* 3:30 PM AZ Author Series 3:30 PM Bookgarters	16 10 AM Tax Assistance 10 AM Literary Salon 10:30 AM Family Storytime 12 PM Yoga Fusion* 1:30 Coffee Etchings 3 PM Teen Thursdays 4 PM Desert Foothills Art Gallery Presentation 5 PM Alcoholics Anonymous	17 10 AM Conversation French Beginner 2* 10:30 AM Babytime 1 PM Matter of Balance 2 PM Little Known Stories of WWII	18 Library Closed 10 AM - 4 PM Cocktail Fundraiser Begins at 5 PM 
19	20 Library Closed	21 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 11 AM Tax Assistance 1 PM Informal Mahjongg 4 PM Jubilate - Beginning Strings* 4 PM Strength Training for Women* 4:30 PM Elementary Learn & Play 4:45 PM Jubilate - Advanced Strings*	22 9 AM The Painters Palette 11 AM Gentle Yoga* 12:30 PM Brown Bag Business Series 2 PM Canasta Card Game 2 PM Tech Help 3:30 PM Jubilate Voice & Choir Class* 3:30 PM AZ Author Series 3:30 PM Bookgarters	23 10 AM Tax Assistance 10:30 AM Family Storytime 12 PM Yoga Fusion* 3 PM Teen Thursdays 5 PM Alcoholics Anonymous	24 Puzzle Exchange 10 AM Conversation French Beginner 2* 10:30 AM Babytime 1 PM Matter of Balance 5 PM Nerf War: Defend the Library	25 10 AM Jubilate - Violin Orchestra 10:30 AM Black Mountain Dems and Friends 12 PM Jubilate - Music from the Heart 2 PM Bourbon Cocktail Party & Class* 2 PM The Craft of Playing Native-Style Flute

26	27 9:30 AM Healing Pathways 11 AM Gentle Chair Yoga* 12:30 PM Foothills Caring Corps at the Movies 1 PM Mahjongg 102* 1 PM Craft N Chat 3:30 PM Jubilate - Beginning Violin*	28 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 11 AM Tax Assistance 1 PM Informal Mahjongg 3 PM Astrology For Teens 4 PM Jubilate - Beginning Strings* 4 PM Strength Training for Women* 4:30 PM Bricks & Books 4:45 PM Jubilate - Advanced Strings*
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- YOUTH PROGRAMS
- TEEN PROGRAMS
- ADULT PROGRAMS

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MARCH EVENTS



S Mon Tues Wed Thurs Fri Sat

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- *PAID PROGRAM
- YOUTH PROGRAMS
- TEEN PROGRAMS
- ADULT PROGRAMS

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1
9 AM The Painters Palette
10 AM Desert Awareness
11 AM Gentle Yoga*
12:30 PM Brown Bag Business Series
12:30 PM Death Cafe
2 PM Tech Help
2 PM Canasta Card Game
3:30 PM Jubilate Voice & Choir Class*
3:30 PM AZ Author Series
3:30 PM Bookgarters

2
10 AM Tax Assistance

10:30 AM Family Storytime

12 PM Yoga Fusion*

3 PM Teen Thursdays

5 PM Alcoholics Anonymous

3
10:30 AM Babytime

1 PM Matter of Balance

3:30 PM Yappy Hour to Benefit Puppy Luv

4
10 AM Jubilate - Violin Orchestra

12 PM Jubilate - Music from the Heart

5
6
9:30 AM Live Well Series
10 AM Caring for the Caregiver
11 AM Gentle Chair Yoga*
12 PM Literate Foodies*
1 PM Mahjongg 102*
1 PM Craft N Chat
3:30 PM Jubilate - Beginning Violin*

7
9 AM Tai Chi & Qigong*
10:30 AM Family Storytime
11 AM Tax Assistance
1 PM Informal Mahjongg
4 PM Jubilate - Beginning Strings*
4:30 PM Elementary Learn & Play
4:45 PM Drum Circle
4:45 PM Jubilate - Advanced Strings*

8
9 AM The Painters Palette
9:30 AM Live Well Series
11 AM Gentle Yoga*
12:30 PM Brown Bag Business Series
2 PM Tech Help
2 PM Canasta Card Game
3:30 PM Jubilate Voice & Choir Class*
3:30 PM AZ Author Series
3:30 PM Bookgarters
5 PM Get Lit Book Club

9
10 AM Library Book Club
10:30 AM Family Storytime
10 AM Tax Assistance
12 PM Yoga Fusion*
2 PM Music at the Movies
3 PM Teen Thursdays
5 PM Alcoholics Anonymous

10
10 AM Library Book Sale

10:30 AM Babytime

1 PM Matter of Balance

2 PM International Film Series

11
10 AM Library Book Sale

10 AM Jubilate - Violin Orchestra
11 AM Mini Tales
12 PM Jubilate - Music from the Heart

12
13
9:30 AM Healing Pathway
11 AM Gentle Chair Yoga*
1 PM Mahjongg 102*
1 PM Craft N Chat
3:30 PM Jubilate - Beginning Violin*

14
9 AM Tai Chi & Qigong*
10:30 AM Family Storytime
11 AM Tax Assistance
1 PM Informal Mahjongg
4 PM Strength Training for Women*
4 PM Jubilate - Beginning Strings*
4:30 PM Elementary Learn & Play
4:45 PM Jubilate - Advanced Strings*

15
9 AM The Painters Palette
9:45 AM Reiki Healing*
10:30 AM Science on Wheels Geology rocks
11 AM Gentle Yoga*
12:30 PM Brown Bag Business Series
1:30 PM Books To Die For
2 PM Tech Help
2 PM Canasta Card Game
3:30 PM Jubilate Voice & Choir Class*
3:30 PM Bookgarters

16
10 AM Literary Salon
10 AM Tax Assistance
10:30 AM Family Storytime
12 PM Yoga Fusion*
3 PM Teen Thursdays
3:30 PM Fireside Storytelling with Bob Boze Bell
5 PM Alcoholics Anonymous

17
10:30 AM Arizona's Water

10:30 AM Babytime

1 PM Matter of Balance

2 PM Little Known Stories of WWII

18
10 AM Jubilate - Violin Orchestra
10:30 AM Black Mountain Dems and Friends
12 PM Jubilate - Music from the Heart

19
20
9:30 AM Live Well Series
11 AM Gentle Chair Yoga*
1 PM Craft N Chat
3:30 PM Jubilate - Beginning Violin*

21
9 AM Tai Chi & Qigong*
10:30 AM Family Storytime
11 AM Tax Assistance
1 PM Informal Mahjongg
4 PM Strength Training for Women*
4 PM Jubilate - Beginning Strings*
4:30 PM Elementary Learn & Play
4:45 PM Jubilate - Advanced Strings*

22
9 AM The Painters Palette
9:30 AM Live Well Series
9:45 AM Meditation with Reiki Healing*
11 AM Gentle Yoga*
2 PM Tech Help
2 PM Canasta Card Game
3:30 PM Jubilate Voice & Choir Class*
3:30 PM AZ Author Series
3:30 PM Bookgarters

23
10 AM Tax Assistance
10:30 AM Family Storytime
12 PM Yoga Fusion*
3 PM Teen Thursdays
3:30 PM Fireside Storytelling with Bob Boze Bell
5 PM Alcoholics Anonymous

24
10:30 AM Babytime

25
10 AM Jubilate - Violin Orchestra
12 PM Jubilate - Music from the Heart

26
27
9:30 AM Healing Pathway
11 AM Gentle Chair Yoga*
12:30 PM Foothills Caring Corps at the Movies
1 PM Craft N Chat
3:30 PM Jubilate - Beginning Violin*

28
9 AM Tai Chi & Qigong*
10:30 AM Family Storytime
11 AM Tax Assistance
1 PM Informal Mahjongg
3 PM Astrology For Teens
4 PM Strength Training for Women*
4 PM Jubilate - Beginning Strings*
4:30 PM Bricks & Books
4:45 PM Jubilate - Advanced Strings*

29
9 AM The Painters Palette
9:30 AM Live Well Series
11 AM Gentle Yoga*
2 PM Tech Help
2 PM Canasta Card Game
3:30 PM Jubilate Voice & Choir Class*
3:30 PM Bookgarters

30
9:30 AM Live Well Series
10 AM Tax Assistance
10:30 AM Family Storytime
12 PM Yoga Fusion*
3 PM Teen Thursdays
3:30 PM Fireside Storytelling with Bob Boze Bell
5 PM Alcoholics Anonymous

31
Puzzle Exchange
10:30 AM Babytime

YOUTH & FAMILY PROGRAMS

All programs are free and do not require registration unless otherwise noted.

Family Storytime

Tuesdays and Thursdays, 10:30 - 11:00 am

Children ages 1 to 4 years old and their families are encouraged to join Miss Heather for a storytime featuring developmentally appropriate songs, movements, and stories to foster early literacy skills. Afterward, there will be a craft or activity to expand upon storytime.

This program is intended for ages 1 to 4.

*Elementary Learn & Play

First Three Tuesdays of the month, 4:30 pm - 5:30 pm

Each week, Miss Heather presents an opportunity for elementary-aged children to learn and play through different types of activities. The first Tuesday will be a craft; the second Tuesday will be a LEGO challenge; and the third Tuesday will be a steam lesson and activity. Registration is required so that there are enough supplies for each participant.

This program is intended for ages 1st through 6th graders.



Bookgardeners

Wednesdays, 3:30 - 4 pm

In this afterschool storytime, PreK & Kindergarten aged children and their grownups are invited to join Miss Heather in learning about what makes a book a book while fostering early literacy skills and development through reading, discussion, and activities.

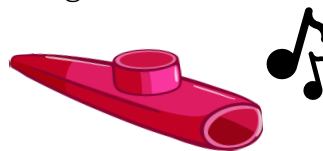
This program is intended for ages 4 to 6.

Babytime

Fridays, 10:30 - 11:00 am

Babies and young toddlers are just starting to understand the world and what's going on around them. Join Miss Heather every Friday for stories, songs, bounces, sensory play, and more! All of these elements help young children develop the skills necessary for learning to read. Each session will also feature tips for caregivers on how to set that early foundation for later reading.

This program is for ages 0 to 3 years.



David Sharpe and the PapaHugs Band Performance

Saturday, January 7, 10:30 am - 11:30 am

Local Grammy-Nominated children's musician David Sharpe will be coming to DFL for an acoustic performance, consisting of 12 original children's songs. Sharpe has performed for thousands of children around the country at libraries, Children's Museums, Children's Festivals, and Children's Hospitals. During the performance various items will be passed out to the children such as Kazoos, Pirate Wrist Bands, Glow Sticks, Foam Red Clown Noses to name a few, all of which go along with certain songs. The show will be visited by one of Sharpe's "PapaHugs Characters" such as "Fitness The Frog", "Wonder The Kangaroo", "Stinky Beetle", or "Robbie The Robot".

This program is intended for children ages 8 and under.

*Mini Tales: Read to a Miniature Pony!

Saturday, March 11, 11 am - 12 pm

Tender Little Hearts is an equine-assisted nonprofit that offers literacy promotion programs for young readers. They will be bringing miniature horses to Desert Foothills library for children to read to them.

This unique experience is intended to build confidence in young readers because after all, a diminutive equine isn't going to pass any judgment but will simply "listen".

This program is intended for children ages 4 to 11.

YOUTH & FAMILY PROGRAMS

*Nerf War: Defend the Library

Friday, February 24, 5 pm - 6 pm

Books have been disappearing from the shelves and Miss Heather needs YOUR help to rescue them! Sign up for the Nerf War to save the library.

Children ages 6-11 are invited to come to the library after hours for a nerf obstacle course themed around books and reading. Participants will be fostering hand-eye coordination and strategic thinking at different stations where they will “rescue” the books that are behind each obstacle.

Nerf guns, bullets, and protective glasses will be provided. Registration required.

This program is intended for children ages 6 to 11.



*AZ Science Center Presents: Science on Wheels Geology Rocks!

Wednesday, March 15, 10:30 am - 11:30 am

Science on Wheels brings science to you! Explore engaging science experiences and spark excitement with your child. This in-depth program consists of grade-specific content that supports Arizona College and Career Readiness Standards and the Next Generation Science Standards. Children will observe real rocks and minerals and test their hardness on the Mohs hardness scale. Then, they will learn about Arizona's unique relationship with rocks by forming a mining company and digging for copper and other minerals.

This program is suited for Grades 4-6.

Bricks & Books Club

LAST TUESDAY OF THE MONTH

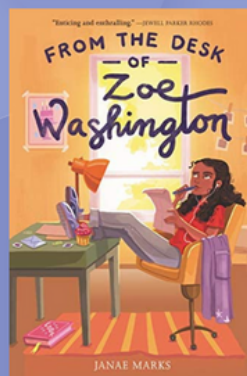
4:30 PM - 5:30 PM

**THIS PROGRAM IS INTENDED FOR
3RD THROUGH 7TH GRADERS**

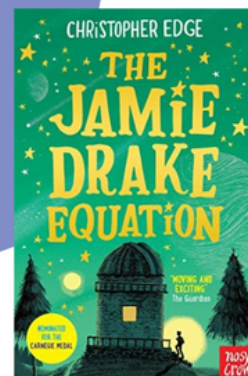
JANUARY 31



FEBRUARY 28



MARCH 28



FREE COPIES OF THE BOOKS WILL BE AVAILABLE IN THE LIBRARY FOR REGISTRANTS TO KEEP. PLEASE READ THE BOOK BEFORE THE MEETING.

Desert Foothills
LIBRARY
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EVENT REQUIRES RESERVATION. RSVP ONLINE AT DFA.ORG

*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286



JUBILATE

Conservatory of Music



The following programs are hosted by individual people or outside groups that pay to host at the library and are not a reflection of the library's values or views.

Winter Semester 2023 January 14th - March 29th

**If you are interested in joining, please contact Laya Field for more information at
jubilateconservatoryofmusic@gmail.com**

Jubilate Music Classes Mondays, Tuesdays, Wednesdays, and Saturdays Jubilate Conservatory of Music, sponsored by Kiwanis, is open to children of all ages. As a school of classical music, young students learn to read and write music through inperson music classes at Desert Foothills Library. Violin, viola, cello and choir will be instructed in an after-school format. Information about and schedule details for Jubilate Conservatory of Music can be found at jubilateconservatoryofmusic.org. Saturday Music Classes are offered free of tuition. Instruments are not provided.

Beginning Violin Class

Mondays 3:30 - 5 pm

For students 6 years and older; Students learn to play the violin in a light-hearted setting with a class limited to 8 students.

Instructors: Joshua LaFleur & Laya Field

Beginning String Ensemble

Tuesdays 4 - 4:45 pm

For Students who know how to read music and play violin, viola, or cello in first position. Students enjoy playing simple pieces of music together in a group and increase their ability to engage with other young musicians.

Instructor: Sonja Prichitko

Advanced String Ensemble

Tuesdays 4:45 - 6 pm

For students who are able to read music and play violin, viola, or cello beyond first position, focusing on technique, the ins and outs of playing together in an ensemble, and understanding the different styles of playing classic works.

Instructor: Sonja Prichitko

Voice & Choir Class

Wednesdays 3:30 - 5 pm

For students age 9 and older. Students learn how to sing different styles of music, including classical works, with others in a group setting and follow a director.

Instructor: Laya Field

Jubilate Violin Orchestra

Saturdays 10 am - 12 pm

This is a tuition-free course for beginners to advanced players of violin, viola, and cello. Beginners join the group at 10:45.

Instructors: Joshua LaFleur & Laya Field

Music from the Heart

Saturdays 12 - 1 pm

This is a tuition-free course for tots to teens in a family-friendly setting where students learn to share in the language of music; a preparatory class for learning an instrument.

Instructors: Kira Cohen, Joshua LaFleur & Laya Field



TEEN PROGRAMS

ASTROLOGY FOR TEENS

January 31 | February 28 | March 28
3 pm - 4 pm



Take to the stars with local professional astrologer, TikToker (@babyfaerieprincess), and college student Faith Rosky for a deep dive into the divination art of astrology and other spiritual practices like tarot and crystals. Learn what the placement of the stars says about you. Each session will feature a different topic. This program is intended for ages 13 to 18

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Fun for Teens & Tweens

TEEN THURSDAYS

HANG OUT AT THE YOUNG ADULT LOUNGE

THURSDAYS
3 PM - 4 PM

PowerPoint Party

Crafts

Games

Video Game Tournament

A DIFFERENT ACTIVITY EACH WEEK

FEATURED ADULT PROGRAMS

Vinnie Bruno's¹ MUSICAL COMEBACK AT DFL
FRIDAY, FEBRUARY 3

2 PM – 4 PM

THE
BEATLES

THE MAKING OF ABBEY ROAD

This program will follow in the footsteps of The Beatles as they record their final classic work - Abbey Road. We will explore the genesis of how the songs were written, recorded and produced. After their turbulent year while recording The White Album, the Beatles regroup and create their enduring swan song. Abbey Road stands as The Beatles rock album that incorporates genres such as blues, pop and progressive rock. The Abbey Road crossing photograph cover art has become one of the most famous imitated in recording history - "and in the end the love you take is equal to the love you make."

RSVP AT DFLA.ORG

*Coffee Etchings

Thursday, February 16, 1:30 pm - 2:30 pm

Coffee and art collide! Join us as Ron Bonnstetter, Ph.D. creates vibrant latte art with a technique known as "etching". Watch as his creations come to life, and get a behind-the-scenes look at the techniques that go into creating these tasty and beautiful treats.

Due to the nature of the program, this offering is limited to 10 participants



The Craft of Playing Native-Style Flute

Saturday, February 25, 2 pm - 3 pm

Ron Bonnstetter, Ph.D. presents the Craft of Playing Native-Style Flutes. Join us on a journey as Ron plays flutes that range in size from 6 inches to over five feet long mixed with a discussion on flute history, the different types of flutes, and the neurological impact of music. Come and enjoy the haunting sounds of the Southwest.



TECH TUESDAY SERIES

THESE WORKSHOPS OFFER YOU A PLETHORA OF TECH-RELATED TIPS AND HANDY TAKE-AWAYS FOR YOU TO ENJOY AS SOON AS THE WORKSHOP IS OVER.

Come join Steve Woods and Jen Miles from Tech4Life, our very own Library Director, Anne Johnson, and our Tech Interns, Ross and Warren, as they guide you through these interesting topics.



Cyber Security
January 3 | 3 - 4 pm

Facebook 101
January 10 | 3 - 4 pm

iPhone Tips (You Never Knew)
January 17 | 3 - 4 pm

Release Cable & Go Streaming on Your Smart TV
January 24 | 3 - 4 pm

How to Use Libby Free Digital Borrowing
January 31 | 3 - 4 pm



RSVP AT DFLA.ORG

FEATURED ADULT PROGRAMS

Desert Foothills
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SAFEGUARD

The following programs are hosted by individual people or outside groups that pay to host at the library and are not a reflection of the library's values or views.

Your Estate

Two Free Workshops

TUESDAY, JANUARY 10

LUNCH WORKSHOP
11 AM – 2 PM

DINNER WORKSHOP
3:30 PM – 6 PM

Presented by Jeff Sykes

Discover how to retain your wealth and avoid probate. Learn how people like yourselves have safeguarded their legacies through comprehensive estate planning. Discussion to include: How to safeguard your wealth, the distinction between having a Will versus a Living Trust, how to minimize capital gains taxes and avoid the probate process, Designation of Health & Financial Powers of Attorney, and how to put a plan in place to take care of your pets.



TO REGISTER



602-675-9000



WORKSHOPS@SAFEGUARDYOURESTATE.COM

***Join Brenda Olive, member of the Desert Awareness Committee, on Desert Foothills Land Trust trail; The Caroline Bartol Preserve at Saguaro Hill at the Desert Foothills Library for a guided tour including the Richard E Rudolph Memorial Garden**

First Wednesday, 10 am - 11 am

January 4 | February 1 | March 1

Join us for a leisurely stroll through a desert trail with a Desert Awareness Naturalist, Brenda Olive. Learn about the plants of the Sonoran Desert upland and how they survive. Walks last for 50-60 minutes. The trail is located at one of the most elevated locations in Cave Creek at Desert Foothills Library.

***Workshop Wednesday by Artistic Dwellings**

January 11, 2 pm - 4 pm

Ronnie Beckoff recently opened her brand-new interior design firm, Artistic Dwellings, in Carefree, AZ. Artistic Dwellings is part of the Decorating Den family and being a part of this long-standing national organization allows Ronnie to get the best décor companies, the latest industry furnishings and supplies, and ownership camaraderie to pass along to her clients. In addition to this alliance, she has developed a talented team of creative local artists, craftsmen, and technicians to offer an array of specialized interior design services. At Artistic Dwellings, the entire team shares the same vision to give clients artistic spaces they can be proud of and enjoy for years to come! The company mantra is... "We make your Home a Work of Art!"

FEATURED ADULT PROGRAMS

GET READY FOR THE NEXT SOLAR ECLIPSES VISIBLE IN ARIZONA

Presented by

Paul D. Maley

THURSDAY, JANUARY 5TH | 10 - 11 AM

Plans and opportunities on how and where to see the October 2023 and April 2024 solar eclipses in the United States will be discussed as well as tours that one could join. The talk will be given by Paul D. Maley of the NASA Johnson Space Center Astronomical Society who has led 49 expeditions worldwide to see such eclipses. No scientific background is necessary to join any of these trips which are primarily for adults. He will also describe arrangements for the longest total eclipse of the century in Egypt in 2027. Paul currently holds the world record for having seen more solar eclipses than anyone in history.

RSVP AT [DFLA.ORG](https://www.dfla.org)

SEE THE AMAZING NORTHERN LIGHTS IN 2023 AND 2024 FROM ALASKA

Presented by

Paul D. Maley

WEDNESDAY, FEBRUARY 8TH | 9:30 - 10:30 AM

Images from aurora viewing expeditions will be shown as well as opportunities to join 5- day trips to watch and/or photograph the remarkable Northern Lights. Solar activity has been heating up since the start of 2023 and will only get better as we approach solar maximum in 2025/2026. Paul D. Maley of the NASA Johnson Space Center Astronomical Society has led 23 prior trips to Alaska both in winter and fall where participants were successful in seeing these phenomena every time. He will describe plans for 2023 and 2024 adventures that are in the works that anyone can join. No scientific background is necessary to join any of these trips limited to 16 persons primarily for adults.

RSVP AT [DFLA.ORG](https://www.dfla.org)

FEATURED ADULT PROGRAMS

Desert Foothills
LIBRARY
enriching your community

Muddle your way...

To creating your own signature cocktail with Chef Ador



Tequila Cocktail Party & Class

Saturday, January 21st
2 pm - 3 pm

Bourbon Cocktail Party & Class

Saturday, February 25th
2 pm - 3 pm

ADOR
C U I S I N E



Classes are limited to 36 participants each | \$30 per person | Register at dfla.org

***Tequila Cocktail Party & Class**

Saturday, January 21, 2 pm - 3 pm

Join us for a fun, educational class that teaches you how to create refreshing, Tequila-based cocktails using simple at-home ingredients paired with a delicious appetizer. Muddle your way to creating your own signature cocktail with Chef Ador, owner and executive chef of Ador Cuisine. Age restriction 21+. This cocktail skill-building soirée will convene at Desert Foothills Library.

Class is limited to 36 participants

Cost: \$30

***Bourbon Cocktail Party & Class**

Saturday, February 25, 2 pm - 3 pm

Join us for a fun, educational class that teaches you how to create refreshing, Bourbon-based cocktails using simple at-home ingredients paired with a delicious appetizer. Muddle your way to creating your own signature cocktail with Chef Ador, owner and executive chef of Ador Cuisine. Age restriction 21+. This cocktail skill-building soirée will convene at Desert Foothills Library. Bourbon generously donated by Carefree Spirits Distillery.

Class is limited to 36 participants

Cost: \$30



FEATURED ADULT PROGRAMS

***Brown Bag Business Series: with Robert Synder**
Wednesdays, January 25 through February 22, 12:30 pm - 1:30 pm

Bring your lunch and join our series of speakers as they present different workshops on topics in their field of expertise to help other business owners and entrepreneurs transform their business sense.

Robert Snyder is an attorney and holds a Master's Degree in Public Health. He joined SCORE in 2021 and became a certified mentor in 2022. His main concentration is in business strategy and business development. He is also part of a SCORE outreach team that is available to speak at events.

How to Scale Up Your Existing Business **January 25, 12:30 pm - 1:30 pm**

Are your company's products or services fulfilling the needs of the greatest number of consumers? If not, let's talk about how to scale up your business.

How to Conduct an Interview using Neurolinguistics Programming **February 1, 12:30 pm - 1:30 pm**

Whether you're interviewing potential employees or sitting across the negotiating table, wouldn't you love to know if someone is lying or telling the truth? Let's talk about what skills you need in order to know how to do this and more.

How to Start a Business Enterprise **February 8, 12:30 pm - 1:30 pm**

How do you know what to do first? It's a little overwhelming. You need to go from your great idea to making money with that great idea. Let's talk about how to identify the moves you have to make.

Building Good Employee Relationships & How to Terminate Employees and Avoid a Lawsuit **February 15, 12:30 pm - 1:30 pm**

How to begin and how to end employee relationships as an employer, Let's talk about avoiding claims when you must end an employee relationship.

Tips and Positioning on How to Present a Business Plan **February 22, 12:30 pm - 1:30 pm**

Are you and your company bankable? The answer depends a lot on your Business Plan. Let's talk about the kind of Business Plan you need to get financial backing.



Greater Phoenix



FEATURED ADULT PROGRAMS

***Brown Bag Business Series**
Wednesdays, March 1 through March 15, 12:30 pm - 1:30 pm

Bring your lunch and join our series of speakers as they present different workshops on topics in their field of expertise to help other business owners and entrepreneurs transform their business sense.

Pay It Forward: How to Extend a Giving Arm
Renee & Andy VanHeel, Pay it Forward Processing & Every Swipe Benefits Charity
March 1, 12:30 pm - 1:30 pm

Learn how to create sustainable fundraising for your Business and Charity by working smarter not harder.

How to Create Endless, Engaging Social Media Content
Eric Twohey, Uncorked Media Group
March 8, 12:30 pm - 1:30 pm

Businesses want to have their social media channels attract connections, sales, and influence in their community. But deciding what to post, how often, and on which social networks often present challenges. This presentation will show you how to generate endless, engaging content, note common mistakes to avoid (and what to do instead), uncork the secrets of a simple storytelling recipe that you can use in your content, and share some of the top social media trends of today to help you gain an edge on your competition.

Buck Up Bootcamp: Re-assess, Re-align, Re-Ignite
Leeanne Gardner, Unbridle IT, LLC
March 15, 12:30 pm - 1:30 pm

What if within 90 days you could have a completely new life, aligned with your purpose, and start each day with a sense of excitement?! Join us as Leeanne walks you through 3 basic processes to focus on to make profound changes in both your business and personal life.

#1 Reassess - What's Not Working?

#2 Realign - What Will Work and How Do I Get There?

#3 Reignite - How Will I Make It Work?

It's time to take the reins and ride the trail to more happiness and fulfillment.



FEATURED ADULT PROGRAMS

BEAT INFLATION BY SAVING TAXES & INCREASING INCOME

Presented by Dr. Harold Wong

SATURDAY, JANUARY 21
10:30 AM – 12:30 PM

Inflation is America's top concern. You can save thousands of income tax by advanced strategies such as doing Roth IRA Conversions without having to pay ANY federal income tax. Real estate, private pension, and solar business equipment strategies can yield triple what stock dividends, bonds, and CDs pay.

RSVP AT DFLA.ORG

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Dr. Harold Wong is a tax advisor & financial educator, who earned his PhD in Economics (UC Berkeley) in 1974. He has appeared on over 400 TV/Radio programs his newspaper column was distributed to 2,000 newspapers. His advanced tax & income strategies do NOT involve Wall Street risk.

***Maximize Your Retirement**

January 14, 10:30 pm - 12:30 pm

This course will address: tax planning in a volatile market, ways to utilize Roth conversions in a down market, ways to decide how and when to access your retirement money, the truth about annuities and what to be aware of, options for taking Social Security benefits, how to mitigate taxes before and after retirement, ways to align your investments to meet your income needs in retirement, and how to pay no taxes on your Social Security and withdrawals from your IRA.

Who should attend? Individuals and couples between the ages of 55-75, those concerned about our financial markets and wanting to prepare for the next recession, investors looking for other perspectives or strategies, and Baby Boomers looking for guidance on recent academic research.



FEATURED ADULT PROGRAMS

*Canasta

Wednesdays, January 18 - March 29, 2 pm - 5 pm

The card game “Canasta” is a Spanish word that means basket. A very old card game that has over 20 different versions and is played all over the world; Canasta is facilitated by Lisa Waldvogel. Easy to learn and can be played with 2, 3 or 4 players at each table; this fun game is sure to entertain you. Cards and supplies will be provided. Let’s get started!

Fireside Storytelling with Bob Boze Bell

Thursdays, March 16 - March 30, 3:30 pm - 4:30 pm

It’s Rodeo Week in Cave Creek! Come join us at our Kiva fireplace on our Waterfall Terrace and celebrate what it means to be a member and part of this spectacular community. Listen to legendary Bob Boze Bell as he unfolds historical testimonials about the local fires and more!



*Arizona's Water

Friday, March 17, 10:30 am - 11:30 am

Join Thomas McGuire as he explains various legal and policy issues we face in Arizona as they relate to the water situation in the Cave Creek area and the whole Southwest.

DRUM CIRCLES

Healing Rhythms

JANUARY 3 | FEBRUARY 7 | MARCH 7
4:45 - 5:45 PM

AARP

Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy, and a sense of well-being and to build community.

Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson and supported financially through AARP. All drums and percussion instruments provided.

NO MUSICAL EXPERIENCE REQUIRED! IF YOU HAVE A HEARTBEAT, YOU CAN DRUM.

OPEN TO ALL ADULTS

RSVP AT DFLA.ORG

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*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286



AZ AUTHOR SERIES 2023

Local authors discuss their inspiration for the art of writing and share their latest titles at Desert Foothills Library. Each author brings their own style to this series from lecture, to song, to book readings that will surely pique the curiosity. Join us for one or all eight – the choice is yours to engage with area authors in DFL’s AZ Author Series 2023. Books by each author may be available at the event for purchase or bring along your own copy for an autograph. Registration is not required.

Hellraisers and Trailblazers: The Real Women of the Wild West

Wednesday, January 4 | 3:30 pm - 4:30 pm



The author and illustrator, **Bob Boze Bell** has lived in Cave Creek for 38 years and he says he has a few things to say about the crazy people who live here. In addition to the latest gossip, he will tell the inside skinny on how he and his co-author, Jana Bombersbach, came up with the most outrageous and timely book on the most notorious Hellraisers of the West.

OK, Little Bird

Wednesday, January 18 | 3:30 pm - 4:30 pm



Award-winning artist and former stand-up comedian **Deena Goldstein** pens her debut memoir, *OK, Little Bird*. Deena’s artwork has been featured in solo and collective exhibitions, receiving numerous honors. *OK, Little Bird* shares the unique, irreverent, and touching relationship with her quirky, loveable cowboy father. Deena’s flair for humor makes this book funny, inspiring and memorable.

Beyond ‘Thank You for Your Service,’ The Veteran Champion Handbook for Civilians

Wednesday, January 25 | 3:30 pm - 4:30 pm



Everything about retired **Lt. Col. Kathy Lowrey Gallowitz** was influenced by military service, growing up as a Navy ‘brat’ and serving nearly 30 years as an Air Force Officer. Kathy noticed how different her experiences and mindset were from most Americans, compelling her to equip people who have never served in the military to become Veteran Champions.

Halfway to Each Other:

How a Year in Italy Brought Our Family Home

Wednesday, February 1 | 3:30 pm - 4:30 pm



Susan Pohlman is an editor, writing coach, freelance writer, and the founder of the Phoenix Writers Network. She is the author of two travel memoirs. She has written six short films and won the CINE Golden Eagle Award for Best Independent Fiction Short in 2010. Her essays have been published in a variety of print and online magazines and journals. To learn more, visit susanpohlman.com

Trust and Betrayal: Dreamscapes Series

Wednesday, February 8 | 3:30 pm - 4:30 pm



KD Pryor is a writer and traveler who loves all things mysterious. Supernatural elements often find their way into her stories. Irish myth features in her Dreamscapes series, set in Galway, Ireland, where she lived for two years. Kelley and her husband currently live in the Phoenix, Arizona area.

Death by G-String, A Coyote Canyon Ladies Ukulele Mystery

Wednesday, February 15 | 3:30 pm - 4:30 pm

C. C. Harrison lives in Anthem, Arizona. She is the author of hundreds of articles and short stories. She has won national recognition with her suspense novels. *Death By G-String*, a Coyote Canyon Ladies Ukulele Club Mystery is set in the Rocky Mountains and is a Colorado Humanities Book Award Mystery Winner.



Different Latitudes: My Life in the Peace Corps and Beyond (Newest Book- My Saddest Pleasures- 50 Years on the Road)

Wednesday, February 22 | 3:30 pm - 4:30 pm

“Daily Rituals: How Local Writer **Mark D. Walker** Works.” The author will share some interesting rituals of well-known authors—and then explain his own rituals for writing each day. He’s a contributor to the Arizona Authors Association, The Authors Show, Literary Traveler, and the Wanderlust Journal. To learn more visit MillionMileWalker.com.



The World Looked Away - Vietnam After the War

Wednesday, March 1 | 3:30 pm - 4:30 pm

Dave Bushy is the author of *The World Looked Away – Vietnam After the War*, published in 2018. He served in the U.S. Army as an Armor and Counterintelligence officer. He was Airborne and Ranger qualified. Dave was involved in commercial aviation for 37 years and served as a line pilot, chief pilot, and a senior executive at three airlines.



Bleeder

Wednesday, March 8 | 3:30 pm - 4:30 pm

Laurie Fagen is a long-time “writer by habit” who has written for news, video, films, documentaries, murder mystery plays, and more. An honorable mention in a contest led to three published anthology stories and her crime fiction novel series. Her books are available in e-book, print, and audiobook, which include Fagen’s narration.



Sinai Prospect

Wednesday, March 22 | 3:30 pm - 4:30 pm

Jeff Lelek spent 35 years exploring for oil, gas, and minerals on five continents. His thrillers transport readers to places he lived and worked, weaving suspense, murder, and geology into cultures and geographies he loves. A resident of Carefree and Colorado, Jeff hikes, bikes, skis, and golfs through life.



WEEKLY ADULT PROGRAMS

TECH HELP

WEDNESDAYS | 2 PM - 3 PM

- ↓ LIBRARY APPS
- ↓ ELECTRONIC DEVICES
- ↓ AND MORE!

DOWNLOADING EBOOKS AND EAUDIOBOOKS CAN BE EASY THROUGH THE LIBRARY'S DIGITAL COLLECTION!

Each week there will be an informal drop-in for anyone with questions about Libby, Cloud Library, or any of the apps the library offers. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small!

**PLEASE BRING YOUR DEVICE AND HAVE YOUR LIBRARY CARD READY!
FOR APPLE USERS YOUR APPLE ID WILL BE NEEDED.**

Desert Foothills
LIBRARY
enriching your community

No Registration Required

Craft N Chat

Mondays, 1 pm -3 pm

Do you knit, crochet, or practice another table craft? Join other local enthusiasts weekly for companionship, creating, and conversation. Any portable craft is welcome! New crafters and all skill levels are always welcome!

Have a craft you're not quite sure how to start, or need a little help or inspiration? Craft N Chat is a collaborative of creatives who are happy and eager to help!

*Informal MahJongg: Unsupervised Play

Tuesdays, 1 pm – 4 pm

Informal MahJongg play for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. This group is unsupervised. No sets are provided; you must bring your own.

The Painters Palette

Wednesdays, 9 am - 11 am

Picasso, van Gogh, Michelangelo and YOU! No matter what medium you prefer to create with, all are welcome to join The Painters Palette! Open to all, this gathering is the time to let your creative juices flow. Bring your paints, pastels, watercolors, easels, and brushes, and join this colorful palette of other artists in our wonderful community! We provide the space, you create the art. Open to any and all mediums and skill levels.

WEEKLY ADULT PROGRAMS

Alcoholics Anonymous

Thursdays, 5 pm - 6 pm

A.A. meetings are being held at Desert Foothills Library on Thursdays.

*Conversation French - Beginner 2

Fridays, January 6 - February 24, 10 am - 12 pm

Aimez-vous parler francais? This Beginner 2 class meets once a week for eight weeks. The focus is on building your confidence in speaking French. So, join in, and bavardons! Handouts will be provided.

For questions about the class, please contact the instructor at dominique.flamm@gmail.com.

Class is limited to 8 students.

Cost: \$80



Bonjour! Dominique Flamm is a native French speaker and a foreign language teacher. She graduated from the Ecole du Louvre in art history and museology and was an Art Lecturer of the French National Museums in Paris. After moving to the U.S., Dominique began a teaching career and taught French and Spanish in the Cave Creek Unified School District.

TAX ASSISTANCE

PROVIDED BY

Lou Matusiak and Rea Abel

FEBRUARY 7 – APRIL 13

THURSDAYS

10 am - 3 pm

&

TUESDAYS

11 am - 5 pm



The Volunteer Income Tax Assistance (VITA) program is an IRS-sponsored program that works with non-profit organizations to provide free basic income tax return preparation for qualified individuals. VITA uses IRS-certified volunteers to prepare an accurate, professional return that includes free electronic filing of both federal and state returns.

PLEASE CALL DFL DIRECTLY TO SECURE YOUR APPOINTMENT: 480-488-2286

*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286

MONTHLY ADULT PROGRAMS

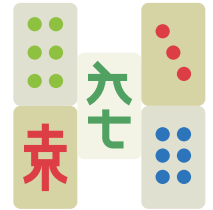
*MahJongg 101: Brain Healthy Fun!

Monday, January 9, 23, 30 and February 6, 1 pm - 4 pm

Learn the foundations of how to play this stimulating rummy-like tile game. Fun, challenging, and addictive it helps to improve memory, decision-making skills and patience. Instructor provides individual attention in a small-group friendly setting and guides students in understanding MahJongg and how the game is played. Join in the fun. The 2022 Mahjongg Card is required & available at www.nationalmahjonggleague.org.

Class size limited to 8 students

Cost: \$90.00



*MahJongg 102: Step-Up and Learn More!

Monday, February 13, 27, and March 6, 13, 1 pm - 4 pm

The class is designed for those who have a basic understanding of the game and want to take it to the next level. Students will learn how to categorize and select hands and discard defensively and offensively. Hands-on attention in a small-group setting makes learning and playing fun while stimulating and improving your brain health. The 2022 Mahjongg Card is required & available at www.nationalmahjonggleague.org.

Class size limited to 8 students

Cost: \$90



Experiencing LITERATURE & AUTHORS

2023 SCHEDULE OF AUTHORS

TUESDAYS & FRIDAYS
Phoenix
WEDNESDAYS
Scottsdale
THURSDAYS
Tucson



JANUARY 10-13
ASH DAVIDSON
Damnation Spring

Colleen and Rich Cundersen are raising their young son, Chub, on the rugged California coast. It's 1977, and life in this Pacific Northwest logging town isn't what it used to be. For generations, the community has lived and breathed timber; now that way of life is threatened. Rich is a tree-topper, it's a dangerous job that requires him to scale trees hundreds of feet tall—a job that both his father and grandfather died doing. But when Colleen, grieving the loss of a recent pregnancy, challenges the logging company's use of the herbicides she believes are responsible for the many miscarriages in the community, Colleen and Rich find themselves on opposite sides of a budding conflict. Told in prose as clear as a spring-fed creek, *Damnation Spring* is an intimate, compassionate portrait of a family whose bonds are tested and a community clinging to a vanishing way of life, and child, and longtime neighbors. An essential novel for our times.



FEBRUARY 14-17
DIANA ABU-JABER
Fencing With the King

It is 1991, the 60th birthday celebration of the King and the era when efforts were being made to bring peace between Israel and the PLO. With this political backdrop, the King, who fenced with Amani's father as a child, invites him to spar again as part of the birthday celebration. So father and daughter head to Jordan each with specific tasks in mind. It is a story about traditional Arab law of inheritance, the trauma of displacement and what progressive Arabs can take from history to create a successful future for themselves and for their people. How did talented, independent women navigate outside these traditions safely in the early 1900s? This is one young woman's journey to discover her family heritage and learn about the woman who helped form her life.



MARCH 7-10
KATIE KITAMURA
Intimacies

An interpreter has come to The Hague to escape New York and work at the International Court. A woman of many languages and identities, she is looking for a place to finally call home. She's drawn into simmering personal dramas: her lover, Adriaan, is separated from his wife but still entangled in his marriage. Her friend Jana witnesses a seemingly random act of violence, a crime the interpreter becomes increasingly obsessed with as she befriends the victim's sister. And she's pulled into an explosive political controversy when she's asked to interpret for a former president accused of war crimes. A woman of quiet passion, she confronts power, love, and violence, both in her personal intimacies and in her work at the Court.



APRIL 11-14
PATRICK RADDEN KEEFE
Empire of Pain: The Secret History of the Sackler Dynasty & Rogues: The Story of Grifters, Killers, Rebels and Crooks

Patrick will address two of his recent books! Sackler, a family name synonymous with great wealth, is emblazoned on the walls of storied institutions like Harvard, Oxford, the Louvre, and Metropolitan Museum of Art. While being obsessed with having their name displayed on well-known institutions, the family largely obscured the fact that it was associated with the drug Oxycodone, later called OxyContin, which killed nearly 500,000 people. While many accounts of the opioid crisis focus on victims of opioid addiction, *Empire of Pain* highlights the three Sackler brothers, who were the perpetrators of the family's downfall.



The appearance of his byline in *The New Yorker* is always an event, and collected in *Rogues* for the first time, readers can see his work forms an always enthralling but deeply human portrait of criminals and rascals, as well as those who stand up against them, amily's downfall.

WWW.LITERARYSOC.COM

You Are Invited

Literary Society of the Southwest invites you to become a member and participate in their special luncheons featuring accomplished authors and engaging book discussions.

For more information on membership visit www.literarysoc.com

MONTHLY ADULT PROGRAMS


Chapter2Books

Great Books. Great Prices.

MONTHLY SALES

January 13 & 14 | February 10 & 11 | March 10 & 11



Chapter2Books is fortunate to receive thousands of books and other media thanks to the generosity of the Desert Foothills Library community! The Chapter2Books monthly book sales provide a wonderful opportunity to purchase quality books and other media at even lower prices than the everyday bargain prices in Chapter2Books! Monthly sales are offered on the second Friday and Saturday of every month. Besides our incredible, everyday selection, we bring out even more amazing books, movies, puzzles, and more- featuring different specials for each sale! Can't make it to a sale? Check out our amazing selection on Amazon. There are hundreds of books as well as CDs, DVDs and audiobooks listed there that are not on display in the bookstore. 



Yappy Hour

1st Friday of each month, 3:30 pm - 4:30 pm

January 6 | February 3 | March 3

We have cocktails for humans and treats for the pups! Join us with your furry friend on our Waterfall Terrace on the first Friday of each month and show your support for Puppy Luv Animal Rescue along with some of their adorable, adoptable pups! Dog and cat food/treats, canned chicken/tuna/salmon/pumpkin, blankets, crates, and toys are graciously accepted as donations at the event.



Puzzle Exchange

Last Friday of each month, 9 am - 5 pm

January 27 | February 24 | March 31

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave a puzzle, take a puzzle! Offered on the last Friday of every month. All ages and skill levels encouraged!

MONTHLY ADULT PROGRAMS



Music at the Movies

2nd Thursday of each month, 2 pm - 5 pm

Join us for a celebration of movies with interesting or significant music. Movies range from dramas, musicals, comedies, and more! Hosted by music enthusiast, Annis Scott.

January 12 - *Dancing at Lughnasa*

February 9 - *Dial M for Murder*

March 9 - *A Mighty Wind*

Desert Foothills Library International Film Series 2023

Around the World in 9 Films

2nd Friday of each month, 2 pm – 5 pm

January 13 - *In Order of Disappearance* (R; 2014, Norway, 115 minutes)

February 10 - *Barbara* (PG-13; 2012, Germany, 105 minutes)

March 10 - *Love Me* (NR; 2013, Turkey/Ukraine, 90 minutes)

Desert Foothills Library Cinematic Reflections Series 2023

Little Known Stories of World War II

3rd Friday of each month, 2 pm – 5 pm

January 20 - *The Wooden Horse*

February 17 - *Operation Finale*

March 17 - *Hitler and Stalin: Legacy of Hate*



Foothills Caring Corps @ the Movies

Last Monday of each month, 12:30 pm - 2:30 pm

January 30 | February 27 | March 27

Come by and watch a great movie while enjoying some snacks. Need a ride to the movies? Reach out to Foothills Caring Corps @ 480-488-1105, and let them know you'd like to arrange a ride to the movies at Desert Foothills Library!



Talking about death won't kill you.

Death Café

First Wednesday of each month, 12:30 pm - 2:30 pm

January 4 | February 1 | March 1

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversations about topics relevant to all of us but often considered “dark” or even taboo. For more information go to www.deathcafe.com

LITERARY ADULT PROGRAMS

*Get Lit Book Club

2nd Wednesday of each month, 5 pm - 6:30 pm

Drinks and catching up to start at 5 pm, book discussion to start at 5:30 pm.

January 11 - *Girly Drinks* by Mallory O'Meara at Local Jonny's

February 8 - *Convenience Store Woman* by Sayaka Murata at Keeler's Neighborhood Steakhouse

March 8 - *The Personality Brokers: The Strange History of the Myers-Briggs and the Birth of Personality Testing* by Merve Emre at Pomodoro Italian Grill & Seafood

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support local businesses. Everyone is welcome!

Library Book Club

2nd Tuesday of each month, 10 am - 12 pm

January 12 - *Beautiful World, Where Are You* by Sally Rooney

February 9 - *The Chancellor: The Remarkable Odyssey of Angela Merkel* by Kati Marton

March 9 - *The Lincoln Highway* by Amor Towles

Join the Library Book Club each month in an open discussion on a featured book.

Everyone is welcome!

*Books to Die For: A Murder Mystery Book Club

3rd Wednesday of each month, 1:30 pm - 2:30 pm

January 18 - *A Study in Charlotte* by Brittany Cavallaro

February 15 - *The Decagon House Murders* by Yukito Ayatsuji

March 15 - *The Cater Street Hangman* by Anne Perry

Here at Desert Foothills Library, we're booked on crime! Join us each month for the Books to Die For Murder Mystery Book Club. This book club is for lovers of all forms of mystery novels. We will explore the genre in depth, eventually coming up with the perfect plan for murder (wink, wink). Light refreshments will be provided. Registration Required.



LITERARY ADULT PROGRAMS



*Literate Foodie Club

First Monday of the month (Except January, due to New Year's), 12 pm - 2 pm

January 9 - *Miss Eliza's English Kitchen, a Historical Novel of Victorian Cookery and Friendship*
by Annabel Abbs

February 6 - *Crying in H Mart* by *Michelle Zauner*, and *Korean American: Food that Tastes Like Home*
by Eric Kim

March 6 - *Jubilee: Recipes from Two Centuries of African American Cooking*
by James Beard Award-winning author Toni-Tipton Martin.

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks!

For questions about Literate Foodies, please contact facilitators, Dana Rakinic at danarakinic@gmail.com & Jan Kruse at jan-kruse@cox.net. Please register in advance, as seating is limited.

Cost: \$10



Literary Salon

3rd Thursday of the month, 10 am - 12 pm

January 19 | February 16 | March 16

Facilitated by Andrea Markowitz, join other enthusiasts as we open discussion on a new topic each month! Choose any book, or other medium (film, music, stage play, podcast, art, etc.) that you feel really represents or relates to that month's topic. We'll discuss how the theme plays a significant role in the work you've selected, as well as anything else you'd like to share about it with the group. See below for topics and descriptions of the upcoming discussions!

January 19 - Frauds, Fakes, & Forgeries

A "literary forgery" is the deliberate misattribution of a work to a person who didn't write the work. For example, Konrad Kujau forged the "Hitler Diaries," which he passed off as being written by Hitler. Literary forgeries also include falsified stories presented as true, such as Clifford Irving's "autobiography" of Howard Hughes, or the 2006 movie "Hoax," which tells the story of a Howard Hughes biographical forgery. Literary Salon member Camille Holt will lead the discussion of this fascinating topic.

February 16 - Literary Prizes

This month is all about books! How much do prizes, Book Club selections and celebrity endorsements (such as Oprah) influence the author, reader, and sales of a book? Do you choose books based on a prize-winning status such as the Pulitzer, National Book Award, Legal Fiction Book Award, etc? Literary Salon member Dianne Danehey will tell us about the Pulitzer criteria for winning, how they have changed over the years and controversies that have surrounded the selection process. Then she'll lead us as we each share a prize-winning book we've read and whether we agree the book was worthy of the award.

March 16 - Adventure

While the word "adventure" typically conjures images of exploring new and exciting and possibly hazardous terrain, it can also refer to taking off into other kinds of unknown territory: moving to a different country, switching jobs or careers, even using a dating app! Immersing ourselves in someone else's adventure is an excellent way to vicariously experience something we ourselves may be reluctant to do.

HEALTH & WELLNESS PROGRAMS

Gentle Chair Yoga

Mondays, 11 am - 12 pm (no class 1/16 or 2/20)

Yoga for Every Body! Through a slow flow of poses coordinated with breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Gentle Yoga every Wednesday at 11:00am. Chairs are provided. Questions about Gentle Chair Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class

Caring for the Caregiver

1st Monday of the month (Except January due to New Year's), 10 am - 11:30 am

January 3 | February 6 | March 6

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity for fellowship with other caregivers. Led by Hospice of the West facilitator Judy Peters.

The Healing Pathway

2nd and 4th Monday, 9:30 am - 11 am

January 9 & 23 | February 13 & 27 | March 13 & 27

This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language: grief. Join us as we go through this journey of grief together. Led by Hospice of the West facilitator Judy Peters

Questions About Medicare?

AZ MEDICARE GUIDE PROGRAM

PRESENTED BY

Dave J Piontek

THURSDAY, JANUARY 19TH | 2 PM - 3 PM

This Educational meeting will help you have a clear understanding of the different parts of Medicare, as well as the role Medicare Supplement plans and Medicare Advantage Plans play within the Medicare program. We will cover the ABC's of Medicare and the estimated costs associated with each part.

Dave Piontek is a licensed, independent, local Medicare broker offering clarity on the many confusing parts of Medicare. Dave has over 14 years of experience as a Medicare agent/broker, and is available to answer your Medicare questions.



RSVP AT DFLA.ORG

*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286

HEALTH & WELLNESS PROGRAMS

Tai Chi – Qigong for Everyone!

Tuesdays, 9 am - 10 am

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace and overall wellness. This class is offered every Tuesday and Thursday. Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey, Tai Chi practice can help improve your quality of life. To learn more about her classes visit www.MindBodyFocusQi.com. For questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at bina.b75@gmail.com.

Cost: \$10 cash, paid to instructor at each class

Gentle Yoga

Wednesdays, 11 am - 12 pm

Yoga for Every Body! Through a slow flow of poses coordinated with the breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Chair Yoga every Monday at 11:00 am. Please bring a yoga mat and a blanket. For questions about Gentle Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class

BECOME A SUPPORTING MEMBER

Founded in 1954, We are Arizona's *ONLY* independent nonprofit library, funded through generous contributions from community members.

EACH YEAR WE...

- Provide library circulation services to more than **10,000 patrons**
- Serve more than **6,000 community members** through our lifelong learning programs
- Offer more than **1400 community programs and class sessions**



Desert Foothills
LIBRARY est. 1954
enriching your community

91% Of Our Funding Comes From Supporters Like You!

Visit DFLA.org and Join One Of Our Supporting Member Giving Circles

HEALTH & WELLNESS PROGRAMS

Meditation with Reiki Healing

Wednesday, January 18, February 15, and March 22, 9:45 am - 10:45 am

Meditation and relaxation have been proven to promote mental and physical changes in a person. Come and experience meditation with guidance. Discuss your experience. Discover the power of healing through guided meditation. If you are interested in expanding your meditation practices, the reiki healing will provide a unique opportunity to experience the healing effects.

Questions about Meditation with Reiki Healing please contact instructor, Rev. Dr. Karen Cimaglia at rockinvibs21@gmail.com or 602-721-7714.

Cost: \$10 cash, paid to instructor at each class

Reiki Healing

Wednesday, January 11, February 8, and March 15, 1 pm - 2 pm

Learn and explore through a variety of energy healing methods including Reiki. We will play with the energy for a better understanding, of how you can use it and how you can consciously control more of the energy that makes up all that is you. Each person is here for their unique experience, no matter the age or belief system. There is something for you to glean from knowing more about yourself and how better to know yourself than through the part of you that is unseen. Healing is the focus of Reiki and healing is multi-level. Questions about Reiki Healing, please contact instructor, Rev. Dr. Karen Cimaglia at rockinvibs21@gmail.com or 602-721-7714.

Cost: \$10 cash, paid to instructor at each class.



Yoga Fusion

Thursdays, 12 pm - 1 pm

Please join Elizabeth Boisson for an intermediate-level course of Yoga Fusion on Thursdays from 12 pm - 1 pm! We will start with breathing exercises, go through a series of stretching movements to open our hearts and our hips, and then move into Vinyasa or Flow yoga and several standing sequences, including balance exercises. We finish with 5 minutes of Savasana at the end of class. For questions about Yoga Fusion, please contact instructor Elizabeth Boisson: 480-363-5275 or evboisson@yahoo.com.

Cost: \$10 cash, paid to instructor at each class



HEALTH & WELLNESS PROGRAMS

*Strength Training for Women

Tuesdays, 4:00 pm-5:00 pm

January 17, 24, 31 | February 14, 21, 28 | March 14, 21, 28

If you've never lifted weights in your life – and many people haven't - why should you start now? The answer is simple: Muscle tissue, bone density, and strength all decrease over the years. These changes open the door to injuries and accidents that can compromise your ability to lead an independent and active life. Strength training can play a huge role in slowing bone loss and is one of the most effective ways to reverse much of this decline.

Come join us for an hour of targeted exercise where we will focus on making our bodies stronger as well as emphasizing the importance of maintaining and improving our balance. Studies attest that strength training can help you manage and sometimes prevent conditions such as heart disease, diabetes, arthritis, and osteoporosis. It can also protect the vitality and make everyday tasks more manageable.

Wear comfortable clothes and bring a yoga mat or beach towel, water, and your weights. Please start with your lightest weights (2-3 lbs.)

Start the New Year off by giving yourself the gift of good health!

Class limited to 20 participants

One-Time Class Fee: \$15.00/person, payable to the instructor at the beginning of your first class

Instructor: Joanne Rebollo



MATTER OF BALANCE



FRIDAYS
JANUARY 20 – MARCH 10
1 -3 PM

GAIN CONFIDENCE AND STRENGTH THROUGH INSTRUCTOR GUIDED GENTLE EXERCISES FOR A MORE BALANCED AND STRONGER LIFE.

THIS EVIDENCE-BASED CURRICULUM IS FOR ANYONE WHO HAS A CONCERN ABOUT FALLING. JOIN US AND LEARN HOW TO INCREASE YOUR STRENGTH AND GAIN CONFIDENCE IN BALANCE.

FREE!

**RSVP AT
DFLA.ORG**

***REGISTRATION FOR ALL 8 SESSIONS IS EXPECTED.
THIS PROGRAM IS LIMITED TO 15 PARTICIPANTS***

**IN PARTNERSHIP WITH HONORHEALTH AND
INSTRUCTORS FROM A.T. STILL UNIVERSITY**

HONORHEALTH

Live Well Series

A joint presentation by the YMCA, Foothills Food Bank, Neighbors in Need, and the Desert Foothills Library. From culinary tips to falling safely practices, join us for a series of workshops especially designed to provide practical ideas for your health and wellness. If you miss the first offering, try out our second; or come back again!

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RSVP AT DFLA.ORG



HOW TO MAXIMIZE YOUR FOOD WITH CHEF CONNIE THIBAULT

January 17, 10 - 11 am | March 6, 9:30 - 10:30 am

Chef Connie will show you how to maximize and make the most out of a whole roasted chicken. Providing you with several creative suggestions to update your daily repertoire with affordable, appealing, and tantalizing recipes.

FALL PREVENTION AWARENESS: FALLING SAFELY WITH JOE MEIER, BSBM, AZ CEP, NRP HONORHEALTH

January 19, 10 - 11 am | March 8, 9:30 - 10:30 am

HonorHealth is a valued community partner and resource. HonorHealth has six hospitals, three of which are Arizona designated and American College of Surgeons verified Level 1 Trauma Centers, as well as a new state-of-the-art, first of its kind, combination satellite emergency room/urgent care, and over 65 medical and specialty treatment groups!

HONORHEALTH™

NUTRITIONAL MEALS FOR ONE WITH SHANON QUINN R.D.

January 24, 12:30 - 1:30 pm | March 20, 9:30 - 10:30 am

Shanon Quinn, R.D. is a registered Dietician for Cave Creek Unified School District. She graduated from the University of Arizona with specialization in Dietetics. Nutritional Meals for One will show you how to utilize items already in your kitchen to make interesting and delicious, easy meals. Solo suppers don't have to be complicated! Please join us for some great ideas and a few samples.



TRENDING SCAMS, CRIMINALS TAKING ADVANTAGE WITH JOAN CAMPBELL

January 26, 10 - 11 am | March 22, 9:30 - 10:30 am

Scammers use fear and intimidation to steal our money and get our personal information by pretending to be government officials, health care organizations or family members in distress. Knowing not to click on email links, placing privacy controls on your devices and monitoring your accounts are a few helpful prevention tools. One of the best ways to keep on top of trending scams is to find out what others have encountered. If you have copies of fraudulent emails or letters or just have a situation to share, bring them with you and we can learn from one another! We hope you can join us to hear about trending scams and share your stories!

INCREASED MOBILITY/CHAIR STRETCHING WITH JENN MALONE

January 31, 10 - 11 am | March 29, 9:30 - 10:30 am

Improve your mobility with chair stretching. Benefits include improving your ability to do daily activities. Help your joints move through their full range of motion. Decrease your risk of injuries and improve your flexibility.



MINDFULNESS: MANAGING ANXIETY WITH LISA YEAGER

February 2, 10 - 11 am | March 30, 9:30 - 10:30 am

In our safe, comfortable group setting we will learn the many ways anxiety presents in our thoughts and our physical bodies. Information about stress triggers and how to acknowledge and try to release them and how they are different for each one of us. Understanding how life experiences and events set the stage for some types of anxiety and then learning simple techniques that are scientifically tested to help reduce our anxiety reactions. These include breathwork and self-guided thoughts (meditation).

UPCOMING EVENTS & EXHIBITS

DESERT FOOTHILLS ART GALLERY

Visit Desert Foothills Library to view featured work by local artists and members of the Sonoran Arts League



Hidden in the Hills Art Show

October 6 – January 11

Juried artwork by the Sonoran Arts League remains on sale at Desert Foothills Library throughout the fall of 2022 and winter of 2023.



Artists & Their Inspirations Exhibit

January 12 - March 15

The Artists & Their Inspirations exhibit is sponsored by the Arizona Art Alliance.

Artists & Their Inspirations Reception

Saturday, February 4, 4 pm - 5:30 pm

Join us for the Artists & Their Inspirations reception. Meet the talented local artists and enjoy conversation and refreshments.

Desert Foothills Art Gallery Presentation

Saturday, February 16, 4 pm - 5:30 pm

Come learn more about the artists and their work that is showcased in the Artists & Their Inspiration Exhibit!

Surrealism, Abstract and Pop Art Today Exhibit

March 16 – May 24

Kick off your New Year's Resolution

SHRED-A-THON & PRESCRIPTION TAKE-BACK



Free Event!

No proof
of residency
required.

Also Accepting:

Small electronics

Phones

Computers

Gently used clothing

Housewares

Books

*for Goldmine Thrift Store and
Desert Foothills Public Library*

Saturday, January 7, 2023

9:00am - 12:00pm

Monetary & Non-Perishable pantry item donation are always appreciated!

Collection and Shred Site:

6061 E. Hidden Valley Drive, one block south of Cave Creek Road.

Thank You to our Community Partners & Sponsors!

Town of Cave Creek, Maricopa County Sheriff's Office, Desert Foothills Public Library, Goldmine Thrift Store, Tech 4 Life, and North Valley Custom Hauling.





Buy local or Bye-bye local

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Find out how your business can partner with the Library and 5 other local nonprofits
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We will make a difference

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Working in partnership with
these local organizations
builds a stronger community



SPIRIT IN THE DESERT 



LIKE THE PHOENIX RISING FROM THE ASHES,
THE LIBRARY'S EVENT OF THE YEAR HAS RETURNED

Save the Date

YOU ARE CORDIALLY INVITED TO
DESERT FOOTHILLS LIBRARY'S
ELEGANT COCKTAIL PARTY & FUNDRAISER

Saturday, February 18, 2023
5:00 - 7:30 pm
\$200 per person

ENJOY AN EVENING OF
ROBUST APPETIZERS,
DESSERTS & COCKTAILS;
LIVE & SILENT AUCTIONS;
WINE & CHAMPAGNE RAFFLES

PURCHASE TICKETS AT
[BIT.LY/DFLPARTY](https://bit.ly/DFLPARTY)

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