OBER· NOVEMBER· DECECMBER 2023 INIORNATION HIGHWA Desert Foothills Chapter 2 Books enriching your community

Experience · Engage · Explore

A catalog of opportunities for our community DFLA.ORG • 38443 N SCHOOL HOUSE RD, CAVE CREEK • 480-488-2286

### **OCTOBER PROGRAMS**

S	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 9:30 AM ESSENTRICS* 11 AM Gentle Chair Yoga* 12 PM Literate Foodie	<b>3</b> 9 AM Tai Chi & Qigong* 10 AM Converstion French - 1*	9 AM The Painters Palette 11 AM Gentle Yoga*	5 10:30 AM Special Family Storytime w/ Author Michael Ivory	6 9:30 AM Jin Shin- Healing Energy 10 AM Conversation	7 10 AM Jubilate- Violin Orchestra 11:30 AM Jubilate-
	Club* 1 PM Craft N Chat 1 PM MahJongg 101* 4 PM Art Critique	10:30 AM Family Storytime 1 PM Tech Tuesday Workshop- Cyber Security 1 PM Informal Mahjong 3 PM Game Café	12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts 12:30 PM Death Café 1:30 PM Canasta	1:30 PM AZ Medicare Guide 4 PM Drum Circle 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	French - 1* 3 PM Yappy Hour w/ Puppy Luv Animal Rescue	Children's Singing Class  12:15 PM Jubilate- Music from the Heart  See Full Jubilate Spread for a list of ALL Jubilate classes!
8	9	<b>10</b> 9 AM Tai Chi & Qigong*	11 9 AM The Painters Palette	12 10 AM Library Book Club	13 10 AM Library Book Sale	14 10 AM Library Book Sale
	Library Closed	10 AM Convo French - 1*  10:30 AM Family Storytime 12:30 PM H. A.N.D.S. Wellness and Fitness Class* 1 PM Tech Tuesday Workshop- Cut the Cord 1 PM Informal Mahjong 3 PM Game Café 4 PM Importance of Long Term Care Planning 5 PM Get Lit Book Club	9:30 AM Importance of Long Term Care Planning 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 1:30 PM Canasta 2:30 PM Hocus Pocus Family Movie Screening	10:30 AM Babytime  1 PM Behind Mona Lisa's Smile  2 PM Music at the Movies  4:30 PM Overeaters Anonymous  5 PM Alcoholics Anonymous	9:30 AM Jin Shin- Healing Energy  10 AM Conversation French - 3*  2 PM Intl. Film Series- Tel Aviv on Fire  3:30 PM Harry Potter STEAM- Potion Making Class	10 AM Jubilate- Violin Orchestra 10:30 AM Get to Know You Library 11 AM Cat & Kitten Adoptions- Happy Cat Rescue 11:30 AM Jubilate- Children's Singing Class 12:15 PM Jubilate- Music from the Heart
15	16	17	18	19	20	21
	9:30 AM ESSENTRICS*  10 AM Caring for the Caregiver  11 AM Gentle Chair Yoga*  1 PM Craft N Chat  1 PM MahJongg 101*	9 AM Tai Chi & Qigong* 10 AM Convo French - 1* 10:30 AM Family Storytime 1 PM Tech Tuesday Workshop- Computer Basics 1 PM Informal Mahjong 3 PM Game Café 4 PM Books to Die For Book Club	9 AM The Painters Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1:30 PM Canasta	10 AM Literary Salon 10:30 AM Babytime 1 PM Herbal Chaparral Salve-Making Class 2:30 PM The Art of Art Quilting 3:30 PM Center for Integrative Healing & Wellness 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	10 AM Conversation French - 3* 2 PM Little Known Stories of WWII Film Series- The Search for Mengele	10 AM Desert Foothills Book Festival @ The Holland Center  10 AM Jubilate- Violin Orchestra  10:30 AM Hands Only CPR 10:30 AM Black Mountain Dems & Friends  11:30 AM Jubilate- Children's Singing Class  12:15 PM Jubilate- Music from the Heart
22	9:30 AM ESSENTRICS* 9:30 AM Healing Pathway 11 AM Gentle Chair Yoga* 1 PM Craft N Chat 1 PM MahJongg 102*	24 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 1 PM Tech Tuesday Workshop- Internet & Email Basics 1 PM Informal Mahjong 3 PM Game Café 4 PM Wendy the Witch Special Halloween Event!	9 AM The Painters Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 1:30 PM Canasta 2:30 PM Teen Club 1117 3:30 PM Kids Craft Lab	26 10 AM Creating Your Own Style of Art from Anywhere 10:30 AM Babytime 3:45 PM Club 1117 Teen Movie Screening-Beetlejuice 4:30 PM Overeaters Anonymous 5 PM Jeff Leader Art Exhibit Presentation & Reception 5 PM Alcoholics Anonymous	Puzzle Exchange- All Day 9:30 AM Jin Shin- Healing Energy 10 AM Conversation French - 3* 2 PM Storyscope Story Circle- Living Library Premier: Live Scene from New Original Play, 'Looking Back'	28 1 PM Jubilate- Composers in Concert- Open to the Public
29	9:30 AM ESSENTRICS* 11 AM Gentle Chair Yoga* 12:30 PM Foothills Caring Corps at the Movies	31 9 AM Tai Chi & Qigong* 10 AM Conversation French - 1* 10:30 AM Family Storytime 1 PM Tech Tuesday	Desert Foothill LBR enriching you	ARU Too	TEEN PRO ADULT PR	ROGRAMS OGRAMS ROGRAMS use Rd, Cave Creek

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Programs are subject to change or cancellation. Please visit our website at dfla.org for the most

current information. All programs are FREE unless otherwise stated in description.

The views, thoughts, and opinions expressed during programs are that of the facilitator and do not reflect the views, opinions, policies, or position of the Desert Foothills Library

**DFLA.org** 

\*DENOTES A PAID PROGRAM

1 PM Tech Tuesday Workshop- i Phone Basics

1 PM Informal Mahjong

3 PM Game Café

1 PM Craft N Chat

1 PM MahJongg 102\*

### NOVEMBER PROGRAMS

S	Mon	Tues	Wed	Thurs	Fri	Sat	
Progran Plea: most cu	YOUTH PROG TEEN PROGR ADULT PROG *DENOTES A PAID PE ns are subject to char se visit our website at rrent information. All ess otherwise stated 6 9:30 AM ESSENTRICS*	AMS AMS ARAMS ROGRAM age or cancellation. t dlfa.org for the programs are FREE	Med  1 9 AM The Painters Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 12:30 PM Death Café 1:30 PM Canasta 2:30 PM Teen Club 1117 3:30 PM Kids Craft Lab  8 9 AM The Painters Palette 9:30 AM Demystifying Health Insurance Coverage	Thurs  2 10:30 AM Babytime 1:30 PM AZ Medicare Guide 3 PM Drum Circle 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous  9 10 AM Library Book Club 10:30 AM Babytime	9:30 AM Jin Shin-Healing Energy 10 AM Conversation French - 3 * 3 PM Yappy Hour w/ Puppy Luv Animal Rescue 3:30 PM Cook2gether Teen Cooking Class- Mini-Tarte Sized Olive Oil Polenta Cake 3:30 PM Hidden in the Hills Showcase Reception	4  10 AM Jubilate - Violin Orchestra  11:30 AM Jubilate-Children's Saturday Singing Class  12:15 PM Jubilate-Music from the Heart  1 PM Elton John: Your Songs (The Golden Years 1970-1976) by Vinnie Bruno  See Full Jubilate Spread for a list of ALL Jubilate classes!  11  All Day-Library Book Sale	
	Caregiver  11 AM Gentle Chair Yoga*  12 PM Literate Foodie Club*  1 PM Craft N Chat  1 PM MahJongg 102*  4 PM Art Critique	10:30 AM Family Storytime 12:30 PM H.A.N.D.S. Wellness and Fitness Class* 1 PM Informal Mahjong 3 PM Game Café 4 PM Demystifying Health Insurance Coverage vs. Elder Care	vs. Elder Care  11 AM Gentle Yoga*  12 PM Ukulele Jam Session  12 PM Tech Help 1:1 Appts.  1:30 PM Canasta  2:30 PM Teen Club 1117  3:30 PM Kids Craft Lab	2 PM Music at the Movies 3:30 PM Pizza Puppet Making w/ Stacey Gordon 4 PM Hidden in the Hills Showcase Presentation 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	Library Closed	Winter Festival *Craft Fair *Bake Sale *Monthly Book Sale	
12	All Day- Library Book Sale 9:30 AM ESSENTRICS* 9:30 AM The Healing Pathway 11 AM My Big Fat Greek Culinary Class* 11 AM Gentle Chair Yoga* 1 PM Craft N Chat	14 9 AM Tai Chi & Qigong* 10 AM Conversation French - 1* 10:30 AM Family Storytime 1 PM Informal Mahjong 2 PM Animals Are Soul Too 3 PM Game Café 5 PM Get Lit Book Club	9 AM The Painters Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 1:30 PM Canasta 2:30 PM Teen Club 1117 3:30 PM Kids Craft Lab	16 10 AM Literary Salon 10:30 AM Babytime 3:30 PM Center for Integrative Healing & Wellness 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	Puzzle Exchange- All Day  10 AM Conversation French - 3 *  10:30 AM Babytime  2 PM LOOKING BACK - A LIVING LIBRARY PLAY*  3:30 PM Cook2gether Teen Cooking Class- Cranberry Sauce 2 Ways	10 AM Jubilate - Violin Orchestra 10:30 AM Black Mountain Dems & Friends 11:30 AM Jubilate-Children's Saturday Singing Class 12:15 PM Jubilate- Music from the Heart 2 PM LOOKING BACK-A LIVING LIBRARY PLAY* 4 PM VIP EXPERIENCE*	
19 2 PM LOOKING BACK- A LIVING LIBRARY PLAY*	20 9:30 AM ESSENTRICS* 11 AM Gentle Chair Yoga* 1 PM Craft N Chat 1 PM MahJongg 102* 2 PM Create Your Own Thanksgiving Floral Design Party*	21 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 1 PM Informal Mahjong 3 PM Game Café 4 PM Books to Die For Book Club	22 9 AM The Painters Palette 11 AM Gentle Yoga* Library Closed @ 12 PM	23 Library Closed	24 Library Closed	25 Special Book Sale - All Day 1 PM Jubilate- Winter Recital Reception- Open to the Public	
26	9:30 AM ESSENTRICS* 9:30 AM The Healing Pathway 11 AM Gentle Chair Yoga* 12:30 PM Foothills Caring Corps @ the Movies	28 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 11:30 AM Oath Law Estate Planning Workshop 1 PM Informal Mahjong 3 PM Game Café	29 9 AM The Painters Palette 10:30 AM Oath Law Estate Planning Workshop 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 1:30 PM Canasta 2:30 PM Teen Club 1117	30 10:30 AM Babytime 3:45PM Club 1117 Teen Movie Screening- Elf 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	Desert Foothille LIBR enriching your	ARY Sec. 1024	

PM Oath Law Estate

ng Workshop

3:30 PM Kids Craft Lab

1:30 PM Oath Law Estate Planning Workshop

1 PM Craft N Chat

### DECEMBER PROGRAMS

S	Mon	Tues	Wed	Thurs	Fri	Sat
en 38443 I Progran C The vie	Desert Foothills  LIBRARY  BRARY  TEN PROGRAMS  ADULT PROGRAMS  ADULT PROGRAMS  *DENOTES A PAID PROGRAM  Programs are subject to change or cancellation. Please visit our website at dfla.org for the most current information. All programs are FREE unless otherwise stated in description.  The views, thoughts, and opinions expressed during programs are that of the facilitator and do not reflect the views, opinions, policies, or position of the Desert Foothills Library					2 10 AM Jubilate - Violin Orchestra 11:15 AM AARP Smart Driver Program* 11:30 AM Jubilate-Children's Saturday Singing Class 12:15 PM Jubilate- Music from the Heart 2 PM Rum Cocktails & Appetizers Class See Full Jubilate Spread for a list of ALL Jubilate classes!
3	9:30 AM ESSENTRICS*  10 AM Caring for the Caregiver  11 AM Gentle Chair Yoga*  12 PM Literate Foodie Club*  1 PM Craft N Chat  4 PM Art Critique	5 9 AM Tai Chi & Qigong* 10 AM Conversation French - 1* 10:30 AM Family Storytime 12:30 PM H.A.N.D.S. Wellness and Fitness Class* 1 PM Informal Mahjong 3 PM Game Café 4 PM What Do We Need to Know About Long Term Care?	6 9 AM The Painters Palette 9:30 AM What Do We Need to Know About Long Term Care? 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 12:30 PM Death Café 1:30 PM Canasta 2 PM Teen Study Hall 3:30 PM Kids Craft Lab	7 10:30 AM Babytime 1 PM Medicare 101 3 PM Drum Circle 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	8 10 AM Library Book Sale 9:30 AM Jin Shin- Healing Energy 10 AM Conversation French - 3* 2 PM Teen Study Hall	9 10 AM Library Book Sale 10 AM Jubilate- Violin Orchestra 11 AM Cat & Kitten Adoptions- Happy Cat Rescue 11:30 AM Jubilate- Children's Saturday Singing Class 12:15 PM Jubilate- Music from the Heart
10	9:30 AM ESSENTRICS* 9:30 AM The Healing Pathway 11 AM Gentle Chair Yoga* 1 PM Craft N Chat	12 9 AM Tai Chi & Qigong* 10 AM Conversation French - 1* 10:30 AM Family Storytime 1 PM Informal Mahjong 3 PM Game Café 5 PM Get Lit Book Club	13 9 AM The Painters Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 1:30 PM Canasta 2 PM Teen Study Hall 3:30 PM Kids Craft Lab	14 10:30 AM Babytime 2 PM Music at the Movies 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	9:30 AM Jin Shin- Healing Energy 2 PM Teen Study Hall 2 PM Little Known Stories of WWII Film Series- The Rape of Europa	16 10 AM Jubilate - Violin Orchestra 10:30 AM Black Mountain Dems & Friends 11:30 AM Jubilate- Children's Saturday Singing Class 12:15 PM Jubilate- Music from the Heart
17	18 9:30 AM ESSENTRICS* 11 AM Gentle Chair Yoga* 12:30 PM Foothills Caring Corps @ the Movies 1 PM Craft N Chat	19 9 AM Tai Chi Qigong* 10:30 AM Family Storytime 1 PM Informal Mahjong 3 PM Game Café 4 PM Books to Die For Book Club 4 PM Mrs. Claus Special Holiday Event!	20 9 AM The Painters Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1:30 PM Canasta 2:30 PM Polar Express Family Movie Screening	21 10 AM Literary Salon 10:30 AM Babytime 3:30 PM Center for Integrative Healing & Wellness 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	22	23 Library Closed
24	25 Library Closed	26 Library Closed	27 9 AM The Painters Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1:1 Appts. 1:30 PM Canasta 2:30 PM Teen Club 1117 3:30 PM Kids Craft Lab	28 10:30 AM Babytime 4:30 PM Overeaters Anonymous 5 PM Alcoholics Anonymous	29 Puzzle Exchange	30



- Gas Kiva Fireplace
- Spectacular Mountain Views
- Full Kitchen Food Set-Up, Catering, & Demonstrations

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# Desert Foothills LIBRARY \*SOLUTION enriching your community

For our most updated information visit DFLA.org

By attending DFL programs you are giving permission to have photos taken and potentially used for publicity

### LIBRARY HOURS OPEN

Monday, Wednesday, and Friday 9 am - 5 pm Tuesday and Thursday 9 am - 6 pm Saturday 10 am - 4 pm

### **CLOSED**

Monday, October 9
Friday, November 10
Wednesday, November 22- Closing @ 12pm
Thursday, November 23
Friday, November 24
Saturday, December 23
Monday, December 25

Tuesday, December 26

### SPECIAL EVENTS

\*Storyscope Story Circle - Live Performance Preview from Upcoming Living Library Play- "Looking Back" Friday, October 27, 2:00 - 4:00 pm



**Desert Foothills** 

enriching your community

You're invited to DFL's first-ever Living Library program!

First, you'll be treated to a live scene from "Looking Back," a new, original play by Andrea Markowitz about a real-life 1950s Cave Creek rancher who plans to subdivide his ranch. The scene involves his conflict with a neighbor who does not want a subdivision bordering her ranch.

Next, the audience will break out into facilitated Story Circles to react to the scene and share our own stories about living in the Cave Creek region. Each person will have about three minutes to share a personal story based on the theme for the day: "At home in the Cave Creek area, what calls you to live in the desert foothills?" When all stories are told, the group will reflect on connections made.

*Looking Back*" will be presented in its entirety Nov. 17 - 19 at Desert Foothills Library, in collaboration with Desert Foothills Theater and the Cave Creek Museum.

This special event launches DFL's new "Living Library" program, to preserve the history of Carefree and Cave Creek through the hearts and minds of the people who lived it. Be among the first to experience our Living Library!

Story Circles Facilitator: John Genette, co-founder of the Storyscope Project.

"Looking Back" - New, Original Play Debut for the Living Library Project

Friday, November 17, 2:00 - 4:00 pm

Saturday, November 18, 2:00 - 4:00 pm

Saturday, November 18, 4:00 – 6:00 pm VIP Mix & Mingle Event Sunday, November 19, 2:00 – 4:00 pm

Get your tickets NOW! Cost: \$25/person general admission

Desert Foothills Library proudly presents "Looking Back", an original play by Andrea Markowitz, in partnership with Desert Foothills Theater and the Cave Creek Museum.

"Looking Back" is inspired by a true story about a 1950s Cave Creek Rancher who must choose between Prosperity and Paradise. Through the Living Library Project at Desert Foothills Library, you'll hear about the history of Cave Creek and Carefree through the hearts and minds of the people who lived it.

Upgrade your general admission ticket to include the afterhours event VIP Experience on Saturday, November 18th from 4:00-5:00pm for only \$25! For ONE AFTERNOON ONLY, Saturday, November 18th, after the play concludes, you can mingle with the performers AND the playwright herself, Andrea Markowitz, in this one of a kind "talk back". Enjoy a glass of bubbly and tasty nibbles on Desert Foothills Library's scenic Waterfall Terrace. This is your chance to truly immerse yourself in a wild story that took place in Cave Creek, AZ! Hurry, space is limited for this unique experience.

Purchase your tickets and register for the VIP Experience on our website at dfla.org

This project is supported by the Arizona State Library, Archives & Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services.











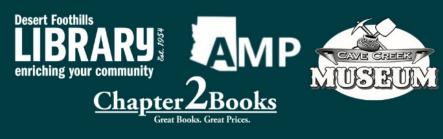
### A NEW PLAY BY ANDREA MARKOWITZ

## LOOKING BAGK

INSPIRED BY A TRUE STORY ABOUT 1950S CAVE CREEK RANCHERS WHO MUST CHOOSE BETWEEN PROSPERITY AND PARADISE.



A SPECIAL PERFORMANCE EVENT. THREE SHOWS ONLY. NOVEMBER 17, 18 & 19 | 2PM **DESERT FOOTHILLS LIBRARY | TICKETS \$25** VISIT DFLA.ORG OR CALL 480-488-2286







### **FEATURED YOUTH PROGRAMS**

### Special Storytime with Children's Author - Michael Ivory Thursday, October 5, 10:30 - 11:00 am

Join us for a special storytime featuring children's author Michael Ivory! He will be reading his book 'Tubba and Friends | The Big Music Jamboree!' He plans to present with "a bit of humor, adventure, and kindness". Michael Ivory is a children's book author, illustrator, and creator of Tubba and Friends, a new children's brand of characters, books, toys, and media inspired by his youngest daughter, Emma. As a former award-winning DJ for over 20 years, Michael turned his love for playing in clubs into playtime with his three daughters.

READY FOR A MUSICAL ADVENTURE? Join Tubba Bear as she embarks on a fun, rhyming adventure with her pink guitar! Along the way, she travels to different places and meets many new friends with their musical instruments. What started as an idea for one quickly adds up to a harmonious day of friends on their way to the Big Music Jamboree! The Tubba and Friends book series is perfect for children (0 - 6yrs old) but equally great for families of all ages. Each book in the series is carefully crafted with playful rhymes, colorful illustrations, and exciting adventures.

This program is intended for ages 4 to 7. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program. Drop offs will not be permitted.



### Hocus Pocus Family Movie Screening Wednesday, October 11, 2:30 - 4:30 pm

Join us at the Desert Foothills Library for a special screening of the Halloween classic Hocus Pocus! All ages are welcome to attend! Enjoy a free crafting activity and popcorn while supplies last! This program is intended for children and families of all ages



### \*Harry Potter STEAM Potion Making Class Friday, October 13, 3:30 - 4:30 pm

Wizards are welcome to attend this spellbinding event! Potion making class is in session this Friday the 13th at the Desert Foothills Library! Bring your hats, robes, and broomsticks and join Professor Litman in the potions room to make some magic!

FREE | Registration required at dfla.org | This program is intended for ages 10-17

### Wendy the Witch Special Storytime Tuesday, October 24, 4:00 - 5:30 pm

Put on your costumes and join us for this exciting Storytime event! Meet our special Storytime guest, Wendy the Witch, and learn about Halloween! This event will include a costume parade, crafts, and treats! This program is intended for ages 4-7



### **1117** Club Teen Movie Screening - Beetlejuice Thursday, October 26, 3:45 - 5:00 pm

Join us at the Desert Foothills Library for a special screening of the Halloween classic, Beetlejuice! This is a teen event for ages 11-17! Enjoy snacks and activities while supplies last! This program is intended for teens and preteens ages 11-17

### **FEATURED YOUTH PROGRAMS**

### \*Mini-Tarte Sized Olive Oil Polenta Cake - Cook2gether Series

#### Friday, November 3, 3:30 - 4:30 pm

Join our guest baker Pat O'Brien at the library for this delicious cooking lesson! Get yourself ready for the Thanksgiving season by learning a recipe that you can bring to the table! This week's lesson will be a Mini-Tarte Sized Olive Oil Polenta Cake! There will be limited availability, participants must register to attend! FREE | Registration Required at dfla.org | This program is intended for ages 11-17

#### \*Pizza Puppet Class

#### Thursday, November 9, 3:30 - 5:30 pm

Let's get together and have a pizza party! In this workshop, you'll make your very own talking pizza puppet. The workshop will utilize and teach STEAM concepts, basic sewing techniques, and how to puppeteer. Pizza will be served after the event.

FREE | Registration Required at dfla.org | This program is intended for ages 10-17

### \*Cranberry Sauce Two Ways - Cook2gether Series

#### Friday, November 17, 3:30 - 4:30 pm

Join our guest cook Doug Lay at the library for this delicious cooking lesson! Get yourself ready for the Thanksgiving season by learning a recipe that you can bring to the table! This week's lesson will be two different types of cranberry sauce! There will be limited availability, participants must register to attend! FREE | Registration Required at dfla.org | This program is intended for ages 11-17



### 1117 Teen Club Movie Screening- *Elf* Thursday, November 30, 3:45 - 5:00 pm

This is a teen event for ages 11-17! Enjoy snacks and activities while supplies last! This program is intended for families of all ages. Parents of non-driving teens should plan to remain in the library for the duration of the event.

#### **Teen Study Hall**

#### December 6, 8, 13, & 15, 2:00 - 4:30 pm

Enjoy the cozy comfort of the Teen Room while getting ready for finals. Our teen room will be set up with snacks, supplies, and lo-fi beats to help you stay focused while studying for winter finals. Take advantage of our Chromebook rentals, non-fiction section, and great atmosphere to help you ace the exam. *This program is intended for ages 11-17* 



### The Nutcracker: An Interactive Storytime with Arizona Curriculum Theatre Monday, December 18, 3:30 - 4:00 pm

Come dance a new way with Arizona Curriculum Theater's "The Nutcracker". We'll bring the classic tale from the original Prussian tale, and the French adaptation to our fingers and toes as we fight epic

battles to find snow, a land of sweetness and home.

This program is intended for ages 4 to 10

### Holiday Event- Mrs. Claus at the Library! Tuesday, December 19, 4:00 - 5:00 pm

Children ages 4 to 7 years old and their families are encouraged to join Mrs. Claus for a Special Holiday Storytime featuring a photo opportunity, treats, and some holiday magic! This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program. Drop offs will not be permitted. This program is intended for ages 4 to 7



### Holiday Movie Screening - Polar Express Wednesday, December 20, 2:30 - 4:30 pm

Join us at the Desert Foothills Library for a special screening of the Holiday classic, Polar Express! Enjoy a free crafting activity and hot chocolate while supplies last!

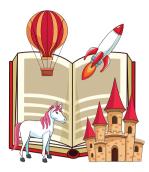
This program is intended for families of all ages

### **YOUTH & FAMILY PROGRAMS**

### Family Storytime Tuesdays, 10:30 - 11:00 am

Children ages 4 to 7 years old and their families are encouraged to join Mrs. Sierra for a storytime featuring developmentally appropriate songs, movements, and stories to foster early literacy skills. Afterward, there will be a craft or activity to expand upon storytime.

This program is intended for ages 4 to 7. Please plan to attend and be engaged with your child for this program. Drop-offs will not be permitted



#### **Game Café**

#### Tuesdays, 3:00 - 4:00 pm

Join Mrs. Sierra in the Teen Lounge every Tuesday afternoon from 3-4pm for fun and exciting gaming hangouts! Tournaments, Co-Op, Speedruns, Cozy Gaming, Board games and more! This program is intended for ages 11-17. If participant is under the age of 16, guardian must remain at

library. No drop-offs will be permitted



### Kids Craft Lab Wednesdays, 3:30 - 4:30 pm

Many children don't know their creative skills until they get the chance to use them! Crafting with kids promotes problem solving, cuts down on screen time, and helps kids relax and explore their creativity! Join Mrs. Sierra every week at either the morning or afternoon session in the Imagination Lab and get those creative juices flowing! We'll supply the crafts, just bring your imagination!

This program is intended for 1st to 5th graders. Drop-offs will not be permitted. Please plan to attend and be engaged with your child for this

program

#### Teen Club 1117

Wednesdays, 2:30 - 3:15 pm

No Meetings Oct 4th, Oct 11, Oct 18, & Dec 6, 13, 20see alternative program offerings those days!

Come to the Young Adult Lounge for a dedicated time for teens! Each week will have a different featured activity or craft! Check our online calendar for details on each week.

This program is intended for 8th to 12th graders



#### **Babytime**

#### Thursdays, 10:30-11:00 am (*No Babytime Oct 5*)

Babies and young toddlers are just starting to understand the world and what's going on around them. Join Mrs. Sierra every Thursday for stories, songs, bounces, sensory play, and more! All of these elements help young children develop the skills necessary for learning to read. Each session will also feature tips for caregivers on how to set that early foundation for later reading.

This program is intended for ages 0 to 3 years. Please plan to attend and be engaged with your child for this program. Drop-offs will not be permitted



### Fall Semester 2023

If you are interested in joining, please contact Laya Field
for more information at
jubilateconservatoryofmusic@gmail.com |
jubilateconservatoryofmusic.org

Jubilate Conservatory of Music, sponsored by Kiwanis, is open to children of all ages. As a school of classical music, young students learn to read and write music through in-person music classes at Desert Foothills Library. Violin, viola, cello and choir will be instructed in an after-school format.

Saturday Music Classes are offered free of tuition. Instruments are not provided.

### **Beginning Violin Class**

Mondays, Oct 2 - Dec 11, 4 -4:45 pm

For students 6 years and older. Students learn to play the violin in a light-hearted setting with a class limited to 8 students. No class 10/9 or 11/20 Instructor: Lava Field

### **Beginning String Ensemble**

Tuesdays, Oct 3 - Dec 12, 3:30 - 4:30 pm

For Students who know how to read music and play violin, viola, or cello in first position. Students enjoy playing simple pieces of music together in a group and increase their ability to engage with other young musicians.

Instructor: Sonja Prichitko

### **Advanced String Ensemble**

Tuesdays, Oct 3 - Dec 12, 4:15 - 5:15 pm

For students who are able to read music and play violin, viola, or cello beyond first position, focusing on technique, the ins and outs of playing together in an ensemble, and understanding the different styles of playing classic works.

Instructor: Sonja Prichitko

### **Children's Saturday Singing Class**

Saturdays, Oct 7 - Dec 16, 11:30 am - 12:15 pm

This is a tuition free class for children ages 5-14, where students learn to sing with others in a group setting; a preparatory class for choir. *No class* 11/11, 11/25, 12/2 Instructor: Laya Field

### **Composers in Concert & Reception**

**Saturday, October 28, 1 - 3:30 pm** 

Compositions for string quartet written by students at Jubilate Conservatory of Music will be played by professional musicians with a reception following.

Open to the public

### **Beginning Cello Class**

Mondays, Oct 2 - Dec 11, 4 - 4:45 pm

For students 8 years and older. Students learn in a lighthearted setting with a class limited to 6 students.

No class 10/9 or 11/20 Instructor: Laya Field

### **Beginning Voice & Choir Class**

Wednesdays, Oct 4 - Dec 13, 3:30- 4 pm

For students 6 years and older. Students sing with others in a joyful atmosphere. *No class* 11/22 Instructor: Laya Field

### A Capella Choir & Voice Class

**Wednesdays, Oct 4 - Dec 13, 4 - 5 pm** 

Students learn how to sing different styles of a capella music in a group. For ages 8 and older, it is an excellent course to prepare students for singing in choir at school. *No class* 11/22 Instructor: Laya Field

### **Jubilate Violin Orchestra**

Saturdays, Oct 7 - Dec 16, 10 - 11:30 am

This is a delightful tuition free course for beginners to advanced players for violin, viola, and cello, with a focus on music immersion and group participation. Beginning, Intermediate, and Advanced students participate together.

No class 11/11, 11/25, 12/2

Instructors: Sonja Prichitko & Laya Field

### **Music From the Heart**

Saturdays, Oct 7 - Dec 16, 12:15 - 1 pm

This is a tuition free course for tots to teens in a family friendly setting where students learn to play an instrument or sing in the choir. *No class* 11/11, 11/25, 12/2 Instructors: Kira Cohen, Joshua LaFleur & Laya Field

### Winter Recital & Reception

Saturday, November 25, 12:30 - 3:30 pm

Jubilate Conservatory of Music students ranging in ages six to eighteen will present pieces of music they have been working on this semester. Reception to follow.

Open to the public

### Get to Know Your Library Saturday, October 14, 10:30 - 11:30 am

Everyone knows you can check out books at the library, but did you know at Desert Foothills Library, your FREE library card includes access to over 100 programs a month, online borrowing and services, ancestry resources, the largest bookstore in the North Valley, and SO MUCH MORE?! Join us as we showcase all the different ways you can use your local library, ask questions, and meet some of our staff!



### Yappy Hour w/ Puppy Luv Animal Rescue 1st Friday of each month, 3:00 - 4:30 pm October 6 | November 3 | December 1

We have cocktails for humans and treats for the pups! Join us with your furry friend on our Waterfall Terrace the first Friday of each month and show your support for Puppy Luv Animal Rescue along with some of their adorable, adoptable pups! Dog and cat food/treats, canned chicken/tuna/salmon/pumpkin, blankets, crates, and toys are graciously accepted as donations at the event.





just some of the furry felines looking for a home!

### Happy Cat Rescue- Cat & Kitten Adoptions 2nd Saturday of each month, 11:00- 3:00 pm October 14 | November 11 | December 9

Looking for a new furry friend to add to your family?! Happy Cat Rescue will be at the Desert Foothills Library the 2nd Saturday of each month starting in August with both cats and kittens looking for their fur-ever homes.

They will also have a gorgeous assortment of handcrafted jewelry for purchase, with sales benefiting the rescue's many residents!

### Drum Circle- Healing Rhythms 1st Thursday of each month

### October 5, 4:00 - 5:00 pm | November 2, December 7, 3:00 - 4:00 pm

Join us for a fun and interactive drum circle led by trained HealthRhythms facilitator, Frank Thompson. Drum circles are a form of recreational music-making proven to reduce stress, boost the immune system, promote joy, and a sense of well-being and to build community. All drums and percussion instruments provided. No musical experience required! If you have a heartbeat, you can drum. Open to all adults, all ages. *FREE* | *Register at dfla.org* 





### Hands Only CPR Class by Daisy Mountain Fire Department Saturday, October 21, 10:30 am - 11:30 am

Daisy Mountain Fire will be providing a Hands Only CPR, First Aid, and AED class. They will emphasize life saving techniques for various situations for the community and its visitors. This is a non-certification CPR course and open to all ages. FREE | Register at dfla.org

### ART & TRAVEL SERIES







\*Behind Mona Lisa's Smile Thursday, October 12, 1:00 - 2:00 pm **Presented by Dominique Flamm** 

A masterpiece to some, a disappointment to others, "Mona Lisa" leaves no one indifferent. Leonardo da Vinci labored on this most famous portrait for 16 years. He once wrote, "Nothing can be loved or hated unless it is first understood." Join us for a look behind the smile!

Dominique graduated from the École du Louvre in Paris studying art history and museology, and was an Art Lecturer of the French National Museums before moving to the United States where she began her teaching career. FREE | Register at dfla.org



### The Art of Art Quilting Thursday, October 19, 2:30 pm - 3:30 pm **Presented by Margit Kagerer**

Margit Kagerer is a long-time maker of art quilts- a quilt style that deviates from the use of traditional, historical blocks and patterns, and emphasizes design rather than functionality. Come and hear about the fascinating history and techniques behind art quilts! She will have selection of her own contemporary art quilts to present and discuss. Free | No Registration Required

### Creating Your Own Style of Art While on Location in Europe or From Your Own Backyard Thursday, October 26, 10:00 - 11:30 am **Presented by Roberta Kritzia**

Roberta Kritzia is a classically trained Artist and Art Instructor with 32 years of designing and conducting Art Tours to Western Europe. She will bring to this Interactive Lecture a collection of her sketches and paintings done on location in various countries and also pieces produced in the Sonoran Desert. Along with discussing each piece, she will show the various art supplies that she uses when she is travelling.



Here is a recent quote from one of her past art students: "My highlights all year have been my art classes with you. As I have said to you, I have taken other classes over the years and my work doesn't compare to what I have created at your art studio. You are magic. I can't figure it out, but I love it! I especially enjoy the history of art lectures at the start of each class." - Pat Watt Join Roberta for a most "Unique and Rare" interactional art experience, here at the Desert Foothills Library. FREE | No Registration Required

### **Desert Foothills Art Gallery** 2023 Hidden in the Hills Showcase October 5, 2023 to January 10, 2024 Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League

Hidden in the Hills Reception - November 3, 3:30 - 5:00 pm Hidden in the Hills Presentation - November 9, 4:00 - 5:00 pm



### TECH TUESDAYS

Desert Foothills Library is offering FREE digital literacy workshops! Presented in partnership with AT&T, and the Public Library Association, using digitalearn.org curriculum.



Cyber Security
Tuesday, October 3, 1:00 – 2:00 pm
Presented by Tech4Life
FREE | No Registration

Cut the Cord: Streaming Your TV
Tuesday, October 10, 1:00 – 2:00 pm
Presented by Tech4Life
FREE | No Registration





#### \*Computer Basics

#### Tuesday, October 17, 1:00 - 2:00 pm

In this Computer Basics Technology Class, taught by our tech intern, Ross, we will cover how to use MacBooks & iMacs, and Windows desktops and Laptops, We recommend that you bring in your computer from home to this class to make it easier for you. We will cover how to use your laptops and any questions you may have will be answered at the end of the class. FREE | Register at dfla.org

#### \*Internet & Email Basics

#### Tuesday, October 24, 1:00 - 2:00 pm

In this Internet & Email Basics Technology Class, taught by our tech intern, Ross, we will cover how to navigate Google, get to and use websites, and use your Emails. You don't need to bring in your laptops; the library will provide desktop computers and the tech class will take place in our Southwest Room Computer Lab. FREE | Register at dfla.org

#### \*iPhone Basics

#### Tuesday, October 31, 1:00 – 2:00 pm

In this iPhone Basics Technology Class, taught by our tech intern, Ross, we will cover how to navigate your Apple iPhone, how to get to and use the settings app, how to download apps, and how to use the features of your Apple iPhone. You will need to bring your Apple iPhone in for this class. You will also need your Apple ID and Passcode for your Apple ID. FREE | Register at dfla.org

### \*One-on-One Tech Help Appointments Wednesdays, 12:00-5:00 pm

Need more tech help?? Each week we offer the opportunity for anyone with questions about Libby, Cloud Library, any of the apps the library offers, and basic questions about your personal electronic devices to receive technical help! No question is too small!

Free | To make an appointment, please call 480-488-2286 or visit the front desk

#### **AZ Medicare Guide- Free Presentation**

#### Thursday, October 5 & November 2, 1:30 - 2:30 pm

Questions about Medicare? This educational meeting will help you have a clear understanding of the different parts of Medicare, as well as the role Medicare supplement plans and Medicare Advantage Plans play within the Medicare program. We'll cover the ABC's of Medicare and the estimated costs associated with each part, followed by an open Q&A session! Presented by Dave Piontek- licensed, independent, local Medicare broker offering clarity on the many confusing parts of Medicare. Dave has over 14 years of experience as a Medicare agent/broker and is available to answer your Medicare questions! FREE | No Registration

### \*Herbal Chaparral Salve-Making Class Thursday, October 19, 1:00 -2:30 pm

You may not know it, but that distinctive scent in the air when it rains comes from the chaparral bush (Larrea tridentata) — an important desert plant that has been used traditionally for thousands of years for its healing properties. In the Chaparral Salve-Making Workshop, you'll learn all about chaparral, including where to find it, how and when to harvest it, its traditional uses and how to make your own chaparral salve and infused oil. Takeaways include 1 oz. salve and 3 to 4 oz. chaparral-infused oil.



Cost: \$25/person. Registration Required at dfla.org or call 480-488-2286

### \*My Big Fat Greek Culinary Class Monday, November 13, 11:00 – 1:30 pm

Do you love Greek cuisine? If so, join Hannah Farkas and Julie Athenson from Carefree's "Athens on Easy Street" for this exciting participation class. We will be preparing a tomato and cinnamon spiced braised lamb shank served over orzo, as well as Lamb Kofta and tzatziki, a seasoned ground lamb skewer and classic Greek cucumber yogurt sauce.

Registration Required at dfla.org. The class is limited to 12 participants. Cost: \$45/person



### \*Create Your Own Thanksgiving Floral Design Party Monday, November 20, 2:00 – 4:00 pm

Create your own expression of gratitude and excitement for Fall by making a stunning fresh flower arrangement in a cornucopia basket. Taught by Certified Master Florist, Tina Nestor, from Create Yours. You'll receive all the flowers, supplies, and step-by-step instructions needed; including an abundance of information about flowers, flower cards, and floral designs. Your finished creation will be perfect for your Thanksgiving celebration or to give as a gift for someone else's!

Cost: \$85/person. Registration Required at dfla.org or call 480-488-2286

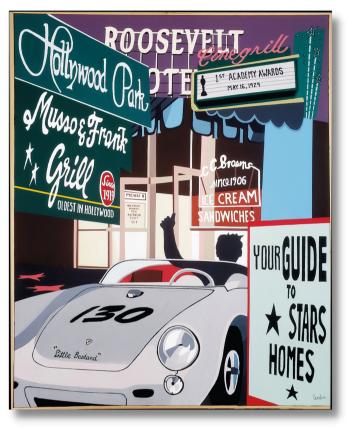
### Animals Are Soul Too Tuesday, November 14, 2:00 – 3:00 pm

Open Discussion: Share stories of Love, Companionship, and Spiritual Gifts from our animal friends. Public Presentation by Eckankar- Path of Spiritual Freedom.

If you would like more information about the event email: Welcome@EckankarArizona.org Free | No Registration

### LOS ANGELES REMEMBERED - A PAINTING EXHIBIT BY ARTIST JEFF LEADER

### THURSDAY, OCTOBER 26, 4PM



Experience the glitz and glamour of Hollywood & Los Angeles with a Pop Art Flair! Artist Jeff Leader will be unveiling his art exhibit, "Los Angeles Remembered" at the Desert Foothills Library with a public reception on October 26. Mix and mingle with the artist, hear about the inspiration behind his works, and enjoy some light refreshments. "Having grown up in Los Angeles, and specifically the Hollywood area, I've tried to capture some of my memories now lost in time of those years in my paintings, which I will be happy to explain to anyone interested. As a graduate of the Chouinard Art Institute, one of the finest schools in our country during the sixties. I was fortunate enough to study with many artists now hanging in museums around the world as well as having fellow classmates who are now likewise recognized. It was while exhibiting my own works that I transitioned to Hollywood show biz where I produced. wrote, was a member of the Camera and Sound Guilds and edited for every major studio in town. Yes, I worked on movies, television and commercials that you hopefully enjoyed!" - Jeff Leader

Free | No Registration | Questions, call 480-488-2286

### \*Oath Law Estate Planning Workshop

Tuesday, November 28 from 11:30 am – 1:30 pm OR 2:30 – 4:30 pm Wednesday, November 29 from 10:30 am - 12:30 pm OR 1:30 – 3:30 pm

Oath Law Attorney Nathan Askins will be covering different options Arizonans have to get their legal and financial affairs in order, such as the following topics:

- What happens if you die without a Will or a Trust?
- How can you protect your money and assets from Probate Court fees?
- Can you simplify your planning for home inheritance, capital gains taxes, investment accounts, stepup in basis, and more?
- Is your Medical Power of Attorney out of date?
- Is your estate prepared for the ever-changing law and economy?

Nathan Askins is a member of the Arizona Bar Association, and is licensed to practice law throughout the state of Arizona. He is a frequent speaker on Trusts, Wills, and proper planning throughout the greater Phoenix area.

Seating is limited for our 4 Free Workshop Sessions:

Free | Registration is required. To register for one of these 4 workshop sessions please call the 24-hour reservation line at (480) 581-8535, or register online at <a href="www.oath.law/workshops">www.oath.law/workshops</a>



Saturday Nov 4

### Elton John: Your Songs The Golden Years 1970-1976 Presented by Vinnie Bruno

Elton John in collaboration with lyricist Bernie Taupin has written approximately 500 songs and sold more than 300 million records making him one of the best-selling music artists of all time. We will travel with Elton from his early days in London as a songwriter and session man through his international fame as a solo performer. We will focus on his golden years (1970 -1976) where he dominated worldwide record charts with 15 hit singles ranging from the ballad "Your Song" to the rocker "Saturday Night's Alright (For Fighting)". In addition, we will survey his numerous and wide-ranging accomplishments including soundtracks, films and collaboration albums. Elton John was inducted into the Songwriters Hall of Fame (1992) and The Rock n' Roll Hall of Fame (1994).

Free | Register at dfla.org or call 480-488-2286

### **Puzzle Exchange**

### Last Friday of each month, 9:00 - 5:00 pm October 29 | November 17 (due to holiday) | December 29

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave a puzzle, take a puzzle! Offered on the last Friday of every month. All ages and skill levels encouraged!





### \*Rum Cocktails and Appetizer Class Saturday, December 2, 2:00– 3:30 pm

Do you have a taste for something unique? Join Executive Chef and Owner of Ador Cuisine for an exciting class on how to make TWO rum based cocktails - one warm and one cold - and how to expertly prepare delicious appetizers. Chef Ador has experience working in renowned restaurants and will show you the tricks of the trade so that you can recreate distinctive liquid delights and tasty treats of your own. Prepare yourself to expand your culinary skills and knowledge and experience a fun and memorable event with us!

Registration Required at dfla.org or call 480-488-2286. Cost: \$45/person

### \*AARP Smart Driver Program – A Refresher Course in Safety and Skills Saturday, December 2, 11:15 am – 3:15 pm

Learn new driving techniques, rules of the road, defensive driving, and how to minimize distractions. Trained volunteers instruct the AARP Smart Driver classroom course, our preeminent national older driver safety program, serving the 50+ population for more than 30 years. The course enables drivers to refresh their driving skills and understand how to adjust to age-related challenges. The course is intended to help drivers live more independently as they age and remain safe on today's roads. Materials are included. Completion of course may entitle you to an auto insurance discount (check with your insurer). Bring a sack lunch. For questions, call Les Ottjes at 507-288-1717. Pay instructor at class \$25 or \$20 with AARP member card (checks only payable to AARP). There is also a \$5 Desert Foothills Library registration fee. Registration Required at dfla.org

#### \*Medicare 101

#### Thursday, December, 1:00 - 2:00 pm

Are you aware of the upcoming Medicare changes for 2024? Come learn about the ever-changing world of Medicare and get your questions answered. Light refreshments will be provided.

Free | Registration Required at dfla.org

### \*MahJongg 102: Step Up to the Next Level! Mondays, October 23, 30 & November 6, 20, 1:00 - 4:00 pm

The class is designed for those who have a basic understanding of the game and want to take it to the next level. Students will learn how to categorize and select hands and discard defensively and offensively. Hands-on attention in a small-group relaxed setting makes learning and playing fun while stimulating and improving your brain health. The 2023 Mahjongg Card is required & available at <a href="https://www.nationalmahjonggleague.org">www.nationalmahjonggleague.org</a>.

Cost: \$90 | Registration Required at dfla.org | 7-day cancellation policy in effect

#### \*Conversation French - 1

### Tuesdays October 3 – December 12, 10:00 am – 12:00 pm (no class on 10/24, 11/21, or 11/28)

Parlez-vous Francais? This Conversation French - 1 class meets once a week for eight weeks. The focus is on conversation, using practical vocabulary for everyday situations. This is not an introduction to French... a basic knowledge of French is required (first year high-school level minimum). Handouts will be provided.

A new experience is awaiting you! So, join and start preparing for your next French vacation!

Bonjour! Dominique Flamm is a native French speaker and a foreign language teacher. She graduated from the Ecole du Louvre in art history and museology, and was an Art Lecturer of the French National Museums in Paris. After moving to the U.S., Dominique began a teaching career and taught French and Spanish in the Cave Creek Unified School District. Questions about the class, please contact instructor at <a href="mailto:dominique.flamm@gmail.com">dominique.flamm@gmail.com</a>. Cost: \$80. Registration Required at dfla.org. Class limited to 10 students, register today!

#### \*Conversation French - 3

#### Fridays October 6 – December 8, 10:00 am - 12:00 pm (no class on 11/10 and 11/24)

Parlez-vous Francais? This Conversation French - 3 class meets once a week for eight weeks. The focus is on understanding a native speaker and developing fluency. Join Dominique Flamm, and have a chat "en Francais"! Handouts will be provided. Questions about the class, please contact instructor at <a href="mailto:dominique.flamm@gmail.com">dominique.flamm@gmail.com</a>. Cost: \$80. Registration Required at dfla.org. Class limited to 10 students, register today!

### \*H.A.N.D.S. Wellness and Fitness Class

### Tuesday, October 10 | November 7 | December 5, 12:30 - 1:45 pm

H.A.N.D.S is a unique educational seminar and fitness class consisting of stretching, movement, breathing and hand specific exercises. Is it difficult to use your hands due to pain or weakness? Is your sleep disrupted from hand numbness or throbbing? Do you have arthritic pain or soft tissue tightness in your hands, elbows or even shoulders? This is the class for you.

Mary Recker, OTR/L, CHT is a CA and AZ Board Certified Occupational and Hand Therapist with more than 10 years of experience in the clinical and hospital field. Prior to her achieving a degree in OT, Mary worked as a personal and group fitness trainer, yoga instructor for nearly 20 years with a special love and hobby of many forms of dance. All this contributes to creating this educational and practical fitness class.

Class is 75 minutes long and includes a Presentation and Q&A setting on how to self-treat common hand and upper extremity diagnoses (arthritis, Carpal tunnel, etc.). Also be prepared to move and stretch during a fun exercise class! Class can be progressive; set goals and apply what you learn. Questions regarding H.A.N.D.S. class or hand therapy: Mary Recker 602-837-2635, <a href="maryreckerot@gmail.com">maryreckerot@gmail.com</a> or check FB/Instagram: hands\_to\_heart\_hand\_therapy

Bring yoga mat (not required), towel, water (chair provided for exercise level modifications)

\*The Importance of Long-Term Care Planning Tuesday, October 10 4;00- 4:30 pm Wednesday, October 11, 9:30 - 10:00 am

\*Demystifying Health Care Insurance Coverage vs Elder Care Tuesday, November 7, 4:00 - 4:30 pm Wednesday, November 8, 9:30 - 10:00 am

\*What Do We Need to Know About Long Term Care? Tuesday, December 5, 4:00 - 4:30 pm Wednesday, December 6, 9:30 - 10:00 am



Join Anthony Silva CERTIFIED FINANCIAL PLANNER™ professional, on either Tuesday afternoon or Wednesday morning, to discuss long-term care planning. Light snack options, coffee & water will be provided.

Who should attend? Individuals and couples age 55-70 who may have concerns of the rising costs of elder care and the burden it may place on one's family. We will focus on demystifying health insurance coverage versus elder care. What is truly covered? What are the best ways to pay for long term care? Let's go over these questions and answers together.



For more information, email <u>anthony.silva@equitable.com</u> or call (480) 444-3710 Presenter: Anthony Silva

Website: <a href="https://www.newenglandretirement.com/">https://www.newenglandretirement.com/</a>
Free | Registration required at dfla.org or call 480-488-2286

### ART SALE

September 13 - November 7 at Desert Foothills Library & The Holland Center

Carlos Frey, a well-known, Midwest artists and professor, has donated his collection of art to benefit the Desert Foothills Library & The Holland Center. He created over 4,000 pieces and illustrated several books. Pieces are priced at HALF OFF their original value and proceeds benefit both non-profits. Join us to honor the life and work of this amazing artist and support two local, non-profit organizations!

## WINTER FESTIVAL

SATURDAY, NOV 11TH 10 AM - 4 PM

Chaff Fair & Bake Sale

Local Artisans, Bake Sale, Book Sale, Activities & More!



**Desert Foothills** enriching your community

The Craft Fair at Desert Foothills Library is BACK! Shop from over 60 local vendors and artisans, visit our annual Bake Sale for delicious goodies, and check out the Monthly Book Sale at the largest bookstore in the North Valley, Chapter2Books! There's something for everyone at the Winter Festival, and you don't want to miss it! Keep an eye out for more information as we get closer to the date!

\*Registration for vendors is currently closed\*







### **WEEKLY FREE ADULT PROGRAMS**

#### Craft N Chat

#### Mondays, 1:00 -3:00 pm (No Meeting 10/9 or 12/25)

Do you knit, crochet, needlepoint, bead, or practice another table craft? Join other local enthusiasts weekly for companionship, creating, and conversation. Any portable craft is welcome! New crafters and all skill levels are always welcome!

Have a craft you're not quite sure how to start, or need a little help or inspiration? Craft N Chat is a collaborative of creatives who are happy and eager to help!



### \*Informal MahJongg: Unsupervised Play

Tuesdays, 1:00 - 4:00 pm

Informal MahJongg play for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. This group is unsupervised. No sets are provided; you must bring your own. Basic game play knowledge required.

#### The Painters Palette

#### Wednesdays, 9:00 am - 12:00 pm

Picasso, van Gogh, Michelangelo and YOU! No matter what medium you prefer to create with, all are welcome to join The Painters Palette! Open to all, this gathering is the time to let your creative juices flow. Bring your paints, pastels, watercolors, easels, and brushes, and join this colorful palette of other artists in our wonderful community! We provide the space, you create the art. Open to any and all mediums and skill levels.

#### **Ukulele Jam Sessions**

### Wednesdays, 12:00 - 2:00 pm (No Meeting 11/22)

NEW at the Desert Foothills Library- Ukulele Jam Group! Pick out a few of your favorite songs, grab your ukulele and come jam! We will be accessing our music online, so bring your tablet or iPad, as well as a music stand, and anything you like to get your jam on! Invite your friends and join the fun. All levels welcome!

#### \*Canasta

### Wednesdays, 1:30 - 4:45 pm (No Meeting 11/22)

The card game "Canasta" is a Spanish word that means basket. A very old card game that has over 20 different versions and is played all over the world. Easy to learn and can be played with 2, 3 or 4 players at each table; this fun game is sure to entertain you. Cards and supplies will be provided. Let's get started! Facilitation and instruction provided by Lisa Waldvogel.

### **Overeaters Anonymous**

### Thursdays, 4:30 - 5:30 pm (*No Meeting 11/23*)

Overeaters Anonymous is a Fellowship of individuals who through shared experience, strength, and hope are recovering from unhealthy relationships with food and body image.

### **Alcoholics Anonymous**

### Thursdays, 5:00 - 6:00 pm (*No Meeting 11/23*)

A.A. meetings are being held at Desert Foothills Library on Thursdays.

### **MONTHLY FREE ADULT PROGRAMS**

#### **Art Critique**

1st Monday of each month, 4:00 - 5:00 pm October 2 | November 6 | December 4

The Desert Foothills Library and the Sonoran Art League are combining their critiques! Two nonprofits working together to enhance art education- a win for all!

Join us for a discussion that is designed to meet each individual's need for continual artistic growth and develop. Come join us and bring a friend.

WHAT TO BRING...art work you are working on, this could be a work you are having trouble with, a piece you feel you can show us a new technique, a piece of art you have finished and want feedback, bring work that you are having questions about framing, or what medium to use, questions about selling art, etc. All these topics and more are open for discussion! Open to Sonoran Arts League Members and ALL artists in the community!

#### **Caring for the Caregiver**

1st Monday of the month, 10:00 - 11:30 am

October 16 (Date Change) | November 6 | December 4

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity for fellowship with other caregivers. Led by Hospice of the West facilitator Judy Peters.

#### **The Healing Pathway**

2nd and 4th Monday, 9:30 - 11:30 am

October 23 (No Meeting 10/9 due to holiday)

November 13 & 27 | December 11 (No Meeting 12/25 due to holiday)

This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language: grief. Join us as we go through this journey of grief together. Led by Hospice of the West facilitator Judy Peters

#### **Death Café**

1st Wednesday of each month, 12:30 - 2:30 pm October 4 | November 1 | December 6

Talking about death won't kill you.

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversations about topics relevant to all of us but often considered "dark" or even taboo. For more information go to www.deathcafe.com

\*Center for Integrative Healing & Wellness 3rd Thursday of each month, 3:30 - 5:00 pm

October 19 | November 1 | December 6

The Center for Integrative Healing & Wellness advocates a whole food, anti-inflammatory, diet as the most beneficial way of eating whether working within a cancer context or not. Ideally, this diet should be plant-based and consist mainly of minimally processed whole foods. Join Dr. Fabio as he creates delicious food for the class!

Registration required at dfla.org. Free | A donation to the Desert Foothills Library is appreciated

### **MONTHLY FREE ADULT PROGRAMS**

### TECH HELP

WEDNESDAYS, 12 - 5 PM

**CALL TO MAKE YOUR FREE** APPOINTMENT WITH OUR TECH INTERN, ROSS, TO HELP WITH ALL **YOUR TECH RELATED QUESTIONS!** 

Get help with:

-Using our FREE digital library resources

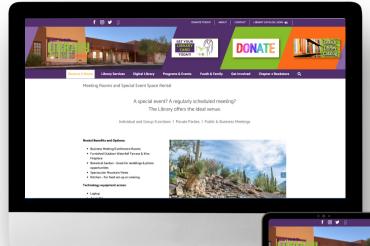
-Downloading apps

-Fmail

-Phones, Tablets, Laptops -Navigating the digital collection

-and MORF!

PLEASE BRING YOUR DEVICE AND HAVE YOUR LIBRARY CARD READY! FOR APPLE USERS, YOUR APPLE ID WILL BE NEEDED







480-488-2286

### BECOME A SUPPORTING MEMBER

Founded in 1954, we are Maricopa's ONLY donation supported, nonprofit, public library, funded through generous contributions from our community. 91% of our funding comes from supporters like you!

### **EACH YEAR WE...**

- Provide library circulation services to more than **10,000** patrons
- Serve more than 6,000 community members through our lifelong learning programs
- Offer more than 1400 community programs and class sessions

**Desert Foothills** enriching your community

91% Of Our Funding Comes From **Supporters Like You!** Visit DFLA.org and Join One Of Our Supporting Member Giving Circles

# Chapter 2 Books Great Books. Great Prices.

## BOOK SALE

MARK YOUR CALENDAR!

**OCTOBER 13** 

9 AM - 5 PM

**NOVEMBER 11** 

9 AM - 5 PM

OCTOBER 14

10 AM - 4 PM

**NOVEMBER 13** 

9 AM - 5 PM

NOVEMBER 25 - BONUS SALE! - 10 AM - 4 PM ART BOOKS, DIY, & ALL THINGS CRAFTY!

DECEMBER 8

9 AM - 5 PM

DECEMBER 9 10 AM - 4 PM

The Chapter2Books monthly book sales provide a wonderful opportunity to purchase quality books and other media at even lower prices than the everyday bargain prices in Chapter2Books!

Can't make a Sale? Check out our amazing selection on Amazon. There are hundreds of books as well as CDs, DVDs, and audiobooks listed there that are not on display in the bookstore.



### FREE FILM PROGRAMS

Foothills Caring Corps at the Movies Last Monday of each month 12:30 - 2:30 pm

#### October 30 | November 27 | December 18 (due to holiday)

Come by and watch a great movie while enjoying some snacks. Need a ride to the movies? Reach out to Foothills Caring Corps at 480-488-1105, and let them know you'd like to arrange a ride to the movies at Desert Foothills Library! Open to the public! Free | No Registration Required





### Music at the Movies 2nd Thursday of each month, 2:00 - 5:00 pm

Join us for this last season of a celebration of movies with interesting or significant music. Movies range from dramas, musicals, comedies, and more! Hosted by music enthusiast, Annis Scott.

Free | No Registration Required

Thursday, October 12: Bel Canto

Thursday, November 9: Phantom of the Opera

Thursday, December 14: Joyeux Noel

Desert Foothills Library International Film Series-Around the World in 9 Films 2nd Friday of each month, 2:00 – 5:00 pm Presented by Gary Zaro & Paradise Valley Communications

Presented by Gary Zaro & Paradise Valley Community College

Presented by Professor Gary Zaro with introduction and discussion of the film after

Free | No Registration Required

Friday, October 13: Tel Aviv on Fire (PG, 2018, Luxemburg/Belgium/Israel, 100 minutes)

No Showing in November

Friday, December 1: Caché (R, 2005, France/Austria, 115 minutes)





Desert Foothills Library Cinematic Reflections Series -Little Known Stories of World War II 3rd Friday of each month, 2:00 - 5:00 pm Presented by Gary Zaro & Paradise Valley Community College

Presented by Professor Gary Zaro with introduction and discussion of the film after

Free | No Registration Required

Friday, October 20: The Search for Mengele (U.S., 1985, 60 minutes)

No Showing in November

Friday, December 15: The Rape of Europa (U.S., 2006 110 minutes)

### LITERARY ADULT PROGRAMS

#### \*Literate Foodie Club

#### First Monday of the month, 12:00 - 2:30 pm

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks!

Cost: \$15

For questions about Literate Foodies, please contact facilitators, Dana Rakinic at danarakinic@gmail.com & Jan Kruse at jan-kruse@cox.net. Please register in advance, as seating is limited.

October 2: My First Popsicle: an Anthology of Food and Feelings edited by Zosia Mamet November 6: Salt of the Earth: Secrets and Stores from a Greek Kitchen by Carolina Doriti December 4: More Than a Meal: The Joy Bus Community of Chefs by Jennifer Caraway, et al

#### \*Get Lit Book Club

2nd Tuesday of each month, 5:00 - 6:30 pm

Drinks and catching up to start at 5 pm, book discussion to start at 5:30 pm

October 11: Voices From Chernobyl edited by Svetlana Alexievich

November 8: Several People are Typing by Calvin Kasulke

**December 13:** Awkward: The Science of Why We're Socially Awkward and Why That's Awesome by Ty Tashiro

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support local businesses. Everyone is welcome!

Registration Required. Restaurants TBA on dfla.org approx. 1 week in advance of meeting



\*Books to Die For: A Murder Mystery Book Club 3rd Tuesday of each month, 4:00 - 5:00 pm

October 17: Mistress of the Art of Death by Ariana Franklin

November 21: Endangered by C.J. Box

December 19: Duck the Halls by Donna Andrews

Here at Desert Foothills Library, we're booked on crime! Join us each month for the Books to Die For Murder Mystery Book Club. This book club is for lovers of all forms of mystery novels. We will explore the genre in depth, eventually coming up with the perfect plan for murder (wink, wink). Light refreshments will be provided.

Registration Required at dfla.org

### **Library Book Club**

2nd Thursday of each month, 10:00 am - 12:00 pm

Join the Library Book Club each month in an open discussion on a featured book. Everyone is welcome!

October 12: River of Gods by Candice Millard

November 9: West With Giraffes by Lynda Rutledge

**December: Holiday Party TBA** 

### **HEALTH & WELLNESS PROGRAMS**

#### **ESSENTRICS Full Body Fitness**

#### Mondays 9:30 - 10:30 am (No Class 10/9, 12/25)

ESSENTRICS® is a full body fitness program designed to re-balance the entire body through simultaneously stretching and strengthening. Lifting and lengthening different parts of the body helps to unlock the joints, improve mobility, increase energy, and reverse the signs of aging. It is perfect for any age, whether you want to start a new routine or want to enhance your present fitness program.

Nancy started practicing Essentrics in 2016 after watching a special on PBS. She immediately felt the positive impact upon her body, increasing her strength and mobility and relieving stress. The choreographed music helped her experience the expansiveness of the movements. She has been teaching since May of 2020 and continues to increase her flexibility and strength through her practice and teaching.

Questions about Essentrics, please contact instructor, Nancy Salminen, at 602-332-3367 or n\_salminen@yahoo.com.

#### Bring a yoga mat and an elastic workout band or strap

Cost: \$10 cash, paid to instructor at each class.

We are now offering a monthly series registration option beginning in October.
Register at www.dfla.org for Monthly Series or call Desert Foothill Library at 480-488-2286
Monthly Series: October (4 classes) - \$36, November (4 classes) - \$36, December (3 classes) - \$27
No Registration Required

#### **Gentle Chair Yoga**

### Mondays, 11:00 am - 12:00 pm (No Class 10/9, 12/25)

Yoga for Every Body! Through a slow flow of poses coordinated with breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Gentle Yoga every Wednesday at 11:00am. Chairs are provided. Questions about Gentle Chair Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class | No Registration Required

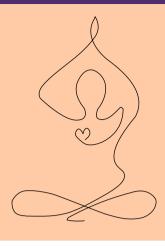


### Tai Chi – Qigong for Everyone! Tuesdays, 9:00-10:00 am

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace and overall wellness. This class is offered every Tuesday and Thursday. Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey, Tai Chi practice can help improve your quality of life. To learn more about her classes visit www.MindBodyFocusQi.com. For questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at bina.b75@gmail.com.

Cost: \$10 cash, paid to instructor at each class | No Registration Required

### **HEALTH & WELLNESS PROGRAMS**



### **Gentle Yoga** Wednesdays, 11:00 am - 12:00 pm

Yoga for Every Body! Through a slow flow of poses coordinated with the breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Chair Yoga every Monday at 11:00 am. Please bring a yoga mat and a blanket. For guestions about Gentle Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com. Cost: \$10 cash, paid to instructor at each class | No Registration Required

Jin Shin- Healing Energy Fridays, 9:30 - 10:30 am **October 6, 13, 27 | November 3 | December 8, 15** 

Learn how to use the power of your body's energy to heal yourself! The Art of Jin Shin is an ancient Japanese healing art for balancing your life energy and enhancing your body's innate ability to heal. The Art of Jin Shin is a comprehensive system of health and healing using a gentle form of acupressure to facilitate the flow of energy in the body. The premise is that mental, emotional, and physical illnesses are caused by a blockage in the flow of energy.

If you struggle with aches and pains, anxiety, chronic fatigue, digestive issues, or any of the numerous other ailments that make life less joyful than it could be, then learning this gentle healing art is for you. During this class you will learn and practice Jin Shin selfcare techniques that you can use anywhere at any time. Warning! Side effects may include a sense of peace and calm, mental clarity, better sleep, increased energy, more joy.

Instructor: Dave Burrows. For more information visit www.JinShin.Plus or text or call 480-351-6464 or email heal@bioenergyplus.net

Free | No Registration Required

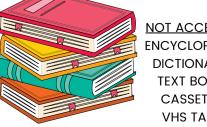


### OOK STORE DONATIONS WELCOME!



CHAPTER2BOOKS ACCEPTS: HARD COVER FICTION PAPERBACK AND TRADE FICTION **CURRENT NON-FICTION** LARGE PRINT BOOKS CDS & DVDS

LIGHTLY USED PUZZLES MAGAZINES (CURRENT WITHIN 1 YEAR)



NOT ACCEPTED: **ENCYCLOPEDIAS DICTIONARIES TEXT BOOKS CASSETTES** VHS TAPES



### **Our Team Members**



Dr. Debra Lay Executive Director



**Allison Taylor** Director of Programs



Sierra Litman Youth & Teen Services Manager



Liz Hammersmark • Lead Library Assistant



**Andrea Stewart** Bookkeeper



**Marjorie Sutherland-Smith** • Special Events Manager



Karina Johnston Library Assistant



**Mark Rose** Data Administrator



Frank Samuelson



Pam Burke Library Assistant

### **Library Board of Directors**

**Desert Foothills** enriching your community President - Pat O'Brien **Frank Tyrol Sunnie Richer** 

Vice President - Pat Miller **John Vranas Betsy Lynn** 

Secretary - Sue Salmans **Ronnie Wainwright Eric Carlin** 

**Treasurer - Peter Lott** Joanne Rebollo

"The Mission of the Desert Foothills Library is to enrich the Desert Foothills Community by promoting literacy and advancing knowledge through library resources and programs that inspire lifelong learning."

# BOOK FESTIVAL

AT THE HOLLAND COMMUNITY CENTER

PROUDLY SPONSORED IN PART BY

Desert Foothills
LIBRARY

enriching your community

10 am
to
4 pm

SATURDAY OCTOBER 21, 2023

- FREE Event!
- Meet over 50 Authors
- Purchase signed books
- Win prizes & gift baskets

EMPTY BOWLS 10-14-2023 SONORAN arts League





Parking and shuttle service for Taste of Cave Creek will be available from the Desert Foothills Library Parking Lot!

SHRED-A-THON

& PRESCRIPTION TAKE-BACK

Saturday, January 27, 2024

9:00am - 12:00pm

Free Event!

No proof of residency required.

Collection and Shred Site:

6061 E. Hidden Valley Drive, one block south of Cave Creek Road
Monetary & non-perishable pantry item donations are always appreciated!

Also Accepting:

Small electronics, phones , computers , gently used clothing, housewares , books for Goldmine Thrift Store and Desert Foothills Public Library

Thank You to our community partners & sponsors! Town of Cave Creek, Maricopa County Sheriff's Office, Desert Fostills Public Library, Goldmine Thrift S Tech 4 Life, and North Valley Junk Removal.



National Bank of Arizona



DesertFoothillsBookFestival.com





### TOGETHER

We will make a difference



Working in partnership with these local organizations builds a stronger community

























