

MAY • JUNE 2024

INFORMATION HIGHWAYS



Experience • Engage • Explore
A catalog of opportunities for our community

Desert Foothills
LIBRARY Est. 1954
enriching your community

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Great Books. Great Prices.

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HOST YOUR NEXT EVENT AT THE LIBRARY



FOR A GROUP OF 4 TO 200+
WE HAVE THE SPACE

- Ball Room
- Furnished, Outdoor Patio w/ Lit Pergola
- Stunning Waterfall Terrace & Botanic Garden
- Gas Kiva Fireplace
- Spectacular Mountain Views
- Full Kitchen – Food Set-Up, Catering, & Demonstrations



RESERVE YOUR SPACE
AT DFLA.ORG TODAY!
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LIBRARY HOURS
OPEN

Monday, Wednesday, and Friday 9 am - 5 pm
Tuesday and Thursday 9 am - 6 pm
Saturday 10 am - 4 pm

Desert Foothills

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CLOSED

Monday, May 27th
Wednesday, June 19th

For our most updated information visit DFLA.org

By attending DFL programs you are giving permission to have photos taken and potentially used for publicity

MAY EVENTS



S Mon Tues Wed Thurs Fri Sat

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***PAID PROGRAM**
• **YOUTH PROGRAMS**
• **TEEN PROGRAMS**
• **ADULT PROGRAMS**

38443 N School House Rd, Cave Creek | DFLA.org

1 9 AM The Painter's Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1 PM Canasta 12:30 PM Death Cafe 4 PM Tales4Tails	2 9 AM Tai Chi & Qigong* 10:30 AM Babytime 1:30 PM AZ Medicare Guide 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	3	4 10:30 AM May the 4th Be With You Day! 1 PM Jubilate - Student Recital and Reception
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5	6 9:30 AM Essentrics* 10 AM Caring for the Caregiver 11 AM Gentle Yoga* 12 PM Literate Foodies* 1 PM Craft N Chat	7 10:30 AM Family Storytime 12:30 PM All About Hands* 1 PM Informal Mahjong 3:30 PM Jubilate - Intermediate Strings* 4:15 PM Jubilate - Advanced Strings*	8 9 AM The Painter's Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1 PM Canasta	9 10 AM Library Book Club 10:30 AM Babytime 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	10 10 AM Library Book Sale 2 PM International Film Series	11 10 AM Library Book Sale 10 AM Tech Help 11 AM Cat & Kitten Adoptions
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12	13 9:30 AM Essentrics* 9:30 AM The Healing Pathway 11 AM Gentle Yoga* 1 PM Craft N Chat	14 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 12:30 PM All About Hands* 1 PM Informal Mahjongg 3:30 PM Jubilate - Intermediate Strings* 4:15 PM Jubilate - Advanced Strings* 5 PM Get Lit Book Club	15 9 AM The Painter's Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1 PM Canasta 4 PM Tales4Tails	16 9 AM Tai Chi & Qigong* 10 AM Literary Salon 10:30 AM Babytime 2 PM Life After Death 3:45 PM Brain Powers Chess* 4 PM Fun Fusion 5 PM Alcoholics Anonymous	17	18 10 AM Jubilate - Violin Orchestra* 10:30 AM Black Mountain Dems and Friends 11:30 AM Jubilate - Children's Singing Class* 12 PM Jubilate - Music from the Heart*
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19	20 9:30 AM Essentrics* 11 AM Gentle Yoga* 12:30 PM Foothills Caring Corps at the Movies 1 PM Craft N Chat	21 9 AM Tai Chi & Qigong* 1 PM Informal Mahjongg 3:30 PM Jubilate - Intermediate Strings* 4 PM Books to Die For 4:15 PM Jubilate - Advanced Strings*	22 9 AM The Painter's Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1 PM Canasta	23 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	24 1 PM Hiking Safety - After the Fall; My Helicopter Rescue Off the Mountain	25 10 AM Jubilate - Violin Orchestra* 10 AM Tech Help 11:30 AM Jubilate - Children's Singing Class* 12 PM Jubilate - Music from the Heart*
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26	27 Library Closed	28 9 AM Tai Chi & Qigong* 9:30 AM The Healing Pathway 1 PM Informal Mahjongg	29 9 AM The Painter's Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12 PM Tech Help 1 PM Canasta	30 9 AM Tai Chi & Qigong* 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	31 Puzzle Exchange 2 PM Little Known Stories of WWII	
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JUNE EVENTS



S Mon Tues Wed Thurs Fri Sat

- *PAID PROGRAM
- YOUTH PROGRAMS
- TEEN PROGRAMS
- ADULT PROGRAMS

Desert Foothills
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38443 N School House Rd, Cave Creek | DFLA.org

1
 10:30 AM Summer Reading Program Kickoff Party
 11:15 AM AARP Smart Driver Program - Refresher Course in Safety and Skills

2	3 9:30 AM Essentrics* 10 AM Caring for the Caregiver 11 AM Gentle Yoga* 12 PM Literate Foodies* 1 PM Craft N Chat	4 9 AM Tai Chi & Qigong* 9:30 AM BubbleManiacs Foam Party 12 PM Tech Help 1 PM Informal Mahjong 3 PM Game Cafe	5 9 AM The Painter's Palette 11 AM Gentle Yoga* 10:30 AM Tales4Tails 12 PM Ukulele Jam Session 12:30 PM Death Cafe 1 PM Canasta	6 9 AM Tai Chi & Qigong* 10:30 AM Babytime 12 PM Tech Help 1:30 PM AZ Medicare Guide 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	7 10 AM Library Book Sale	8 10 AM Library Book Sale 11 AM Cat & Kitten Adoptions
9	10 9:30 AM Essentrics* 9:30 AM Healing Pathway 11 AM Gentle Yoga* 1 PM Craft N Chat	11 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 12 PM Tech Help 1 PM Informal Mahjongg 3 PM Game Cafe 5 PM Get Lit Book Club	12 9 AM The Painter's Palette 9:30 AM PLAY-OOZA 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta	13 9 AM Tai Chi & Qigong* 10 AM Library Book Club 10:30 AM Babytime 12 PM Tech Help 1 PM - Fun Fusion 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	14 1 PM Teen Puppet Making: Sushi Rod Puppet* 3:30 PM 2024 Hot Art/Cool Show Reception	15 10:30 AM Black Mountain Dems and Friends 1 PM The Beatles Next: The Solo Years
16	17 9:30 AM Essentrics* 11 AM Gentle Yoga* 1 PM Craft N Chat	18 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 12 PM Tech Help 12:30 PM All About Hands* 1 PM Informal Mahjongg 3 PM Game Cafe 4 PM Books to Die For	19 Library Closed	20 9 AM Tai Chi & Qigong* 10 AM Literary Salon 10:30 AM Babytime 12 PM Tech Help 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	21 10:30 AM Phoenix Herpetological Sanctuary Special Event: Venom vs. Poison!	22 2 PM A Journey Back in Time on the Oregon Trail
23	24 9:30 AM Essentrics* 9:30 AM Healing Pathway 11 AM Gentle Yoga* 12:30 PM Foothills Caring Corps at the Movies 1 PM Craft N Chat	25 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 12 PM Tech Help 12:30 PM All About Hands* 1 PM Informal Mahjongg 3 PM Game Cafe	26 9 AM The Painter's Palette 9:30 AM PLAY-OOZA 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta	27 9 AM Tai Chi & Qigong* 10:30 AM Special Story Time With Michael Ivery 12 PM Tech Help 1 PM Fun Fusion 3:45 PM Brain Powers Chess* 5 PM Alcoholics Anonymous	28 Puzzle Exchange	29 10:30 AM Arizona KPop Dance Workshop
30						

FEATURED YOUTH PROGRAMS



Special Storytime with Linda & Logan the Therapy Dog

TUESDAYS
MAY 14 & JUNE 18
10:30 AM - 11 AM

Linda will read a story and talk about the importance of Therapy Dogs.

LEARN MORE ABOUT LOGAN

Desert Foothills
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Children ages
3 to 6 years old



Family Storytime

Tuesdays, 10:30 - 11:00 am

Children ages 3 to 6 years old and their families are encouraged to join Miss Dawn for a storytime featuring developmentally appropriate songs, movements, & stories to foster early literacy skills.

This program is intended for ages 3 to 6. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child in this program.

Drop-offs will not be permitted.



Babytime

Thursdays, 10:30 - 11:00 am

Babies and young toddlers are just starting to understand the world and what's going on around them. Join Miss Dawn for stories, songs, bounces, sensory play, and more! All of these elements help young children develop the skills necessary for learning to read. Each session will also feature tips for caregivers on how to set that early foundation for later reading.

This program is for ages 0 to 2 years. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program. Drop-offs will not be permitted.

FEATURED YOUTH PROGRAMS

Special Storytime with Michael Ivery, author of Tubba & Friends

Thursday, June 27 , 10:30 - 11 am

Join us for a special Storytime featuring children's author Michael Ivery! He will be reading his book 'Tubba and Friends | The Big Music Jamboree! Join Tubba Bear as she embarks on a fun, rhyming adventure with her pink guitar! Along the way, she travels to different places and meets many new friends with their musical instruments. What started as an idea for one quickly adds up to a harmonious day of friends on their way to the Big Music Jamboree!
Free | No Registration Required



Tales4Tails

Every other Wednesday, April 3 - May 15 , 4:00 - 4:45 pm

Looking for an opportunity for your emerging or early readers to practice their skills? Please come visit Logan, DFL's resident certified therapy dog, who loves being read to. Reading aloud builds independence and confidence. Bring a book from home or, better yet, borrow one from the library!
Perfect for kids of all ages!
Free | No Registration Required



Fun Fusion

Thursdays

May 16, 4:00 - 5:00 pm | June 13 & 27, 1:00 - 2:00 pm

Join us in the Imagination Lab for planned fun! This time is designed for school-age children to have opportunities to craft, build, and create. This program is intended for 1st through 5th graders. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program. Drop-offs will not be permitted.
Free | No Registration Required

May 16 - 3D Maker Pens

June 13 - Adventure is Out There!

Disney's UP! Crafting

June 27 - Lego Builders Open Lab



FEATURED YOUTH PROGRAMS

***Teen Puppet Making: Sushi Rod Puppet**

Friday, June 14, 1:00 - 3:00 pm

Make a fun sushi rod puppet with moving arms. Stretch your creativity with anthropomorphic food! Any day can be Sushi Sunday when you fill your sushi roll with your favorite fillings and toppings with adorable smiles or angry attitudes (that's some spicy tuna!). Chopsticks included!

Come to Puppet Pie to make a puppet and leave the mess behind! Let us walk you through making your very own sushi rod puppet. This workshop utilizes STEM/STEAM concepts without making you feel like you're in school. Program intended for Teens 12 - 18 years old.

Free | Registration is Required - Space is limited

Phoenix Herpetological Sanctuary Special Event: Venom vs. Poison!

Friday, June 21, 10:30 - 11:30 am

Join us for a fact and fun-filled visit with live animals from the Phoenix Herpetological Sanctuary. What is the difference between venom and poison? How do animals use their venom, is it for food or for protection? Learn about the advantages of venom and poison in reptiles and amphibians, and how some non-venomous animals may be perceived as dangerous.

Free | No Registration Required



MAY THE FOURTH BE WITH YOU DAY

10:30AM
TO
11:30AM

CALLING ALL JEDI, IMPERIALS, REBELS AND WOOKIEES
IF YOU LIKE CRAFTS, FUN AND STAR WARS, PLEASE
JOIN US FOR A FUN-FILLED, FAMILY-FRIENDLY EVENT
RIGHT HERE IN OUR OWN GALAXY!
COSTUMES ENCOURAGED!

Desert Foothills
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FEATURED YOUTH PROGRAMS

ADVENTURE
— BEGINS AT —
YOUR LIBRARY™

Your Library's Summer Reading Program

June 1 – August 1, 2024

For All Ages

MaricopaCountyReads.org

LA AVENTURA
— COMIENZA EN —
TU BIBLIOTECA™

El Programa de Lectura de Verano de Su Biblioteca

1ro de Junio al 1ro de Agosto, 2024

Para Todas las Edades

CondadoDeMaricopaLee.org



SUMMER READING PROGRAM SPECIAL EVENTS

BubbleManiacs Foam Party- Summer Reading Program Event

Tuesday, June 4, 9:30 - 10:30 am

Join us for a spectacular start to our Summer Reading Program! The wonderful team at BubbleManiacs will create an epic mountain of foam up to six feet deep that's cool, clean, and completely allergy-safe. They bring along upbeat kid-friendly tunes, toss in fun toys like beach balls, and our professional host leads the party to get your group rocking. Great for ALL AGES, and especially for hard-to-please teens!

Free | No Registration Required



Arizona KPop Dance Workshop- Summer Reading Program Event

Saturday, June 29, 10:30 - 11:30 am

Calling all Teens ages 12 and above to join us for a KPop dance workshop! We'll begin with a 5-minute warm-up, followed by learning the choreography and dancing to the music. Optional filming and photo shooting at the end are also included. We will also bring a KPop random dance playlist for even more fun. This is a great program for those new to KPop as well as longtime fans!

Free | For Teens ages 12 and up

BRAIN POWERS CHESS

A vibrant purple background features several colorful, stylized chess pieces: a yellow knight, a pink rook, a blue pawn, and a blue king. The pieces are decorated with geometric patterns and are set against a black and white checkerboard pattern. Sparkling starburst graphics are scattered throughout the design.

THURSDAYS | 3:45 PM - 5:45 PM
APRIL 4 - JUNE 27

**LEARN TACTICS AND STRATEGIES
OF THE GAME OF CHESS**

k - 12
Beginner/Intermediate

**Interested in participating, please contact Brain Powers
at (623) 321-4123 in advance to register for the class.**

\$140 FOR 4 SESSIONS

3-MONTH BUNDLE OF \$372 FOR 12 SESSIONS

Brain Powers teaches the game of Chess and other games rooted in concentration of thought and strategic principles for K-12 and adults, offering class and one-on-one instruction. Teaching the tactics and strategies of Chess and other contemplative games, we equip students with life skills development and improvement beneficial to areas such as overall academic performance, critical thinking, problem solving, personal finance comprehension, and emotional intelligence. These studies help build memory, thinking speed, and accuracy, including learning from mistakes and turning them into positive life lessons.

For this K-12 Beginner/Intermediate class, learn the game and how to craft effective and creative solutions to victory! Cultivate character-building life skills like strategy, tenacity, delayed gratification, accountability, resilience, and much more! Each week students will be learning a specific principle or group of principles central to Chess from a seasoned instructor highly skilled in the game, through interactive instruction, with challenge application to example opponent board positions and partnered in-class pairings with peers, promoting immediate reinforcement of the class teachings.

LEARN MORE AT [DFLA.ORG](https://www.dfla.org)

JUBILATE

Conservatory of Music

Spring Semester 2024

If you are interested in joining, please contact Laya Field for more information at jubilateconservatoryofmusic@gmail.com

The following programs are hosted by individual people or outside groups that pay to host at the library and are not a reflection of the library's values or views.

Jubilate Conservatory of Music, sponsored by Kiwanis, is open to children of all ages. As a school of classical music, young students learn to read and write music through in-person music classes at Desert Foothills Library. Violin, viola, cello and choir will be instructed in an after-school format. Saturday Music Classes are offered free of tuition. Instruments are not provided.

Intermediate String Ensemble

Tuesdays, April 2 - May 21, 3:30 - 4:15 pm

For Students who know how to read music and play violin, viola, or cello in first position. Students enjoy playing simple pieces of music together in a group and increase their ability to engage with other young musicians.

Instructor: Sonja Prichitko

Advanced String Ensemble

Tuesdays, April 2 - May 21, 4:15 - 5:15 pm

For students who are able to read music and play violin, viola, or cello beyond first position, focusing on technique, the ins and outs of playing together in an ensemble, and understanding the different styles of playing classic works.

Instructor: Sonja Prichitko

Jubilate Violin Orchestra

Saturdays, April 6 - May 25, 10 - 11:15 am (No Class 5/4 & 5/11)

This is a delightful tuition free course for beginners to advanced players for violin, viola, and cello, with a focus on music immersion and group participation. Beginning, Intermediate, and Advanced students participate together.

Instructors: Sonja Prichitko & Laya Field

Children's Saturday Singing Class

Saturdays, April 6 - May 25, 11:30 am - 12 pm (No Class 5/4 & 5/11)

This is a tuition free class for children ages 5-14, where students learn to sing with others in a group setting; a preparatory class for choir.

Instructor: Laya Field

Music From the Heart

Saturdays, April 6 - May 25, 12 pm- 12:45 pm (No Class 5/4 & 5/11)

This is a tuition free course for tots to teens in a family friendly setting where students learn to play an instrument or sing in the choir.

Instructors: Kira Cohen, Joshua LaFleur & Laya Field

Jubilate Conservatory of Music Student Recital and Reception

Saturday, May 4, 1 pm- 3:30 pm

Students of all ages will perform solo and ensemble works for voice, strings and piano in the Jones Coates Room at Desert Foothills Library. Supported by Kiwanis of Carefree, this recital and reception is open to the public.

FEATURED ADULT PROGRAMS

TAXES IN RETIREMENT PRESENTED BY 567 WORKSHOPS

TUESDAY, MAY 7
11:00 AM – 12:00 PM

The facilitator will equip you with the most up-to-date and comprehensive information on navigating the retirement tax maze. This includes social security, 401(k)/IRA, other sources, or all. You will be better positioned to develop a successful retirement tax strategy that can potentially safeguard you from over-taxation and save you more money.

This is a FREE, educational seminar open to the public.
Visit dfla.org for more information & link to sign up.

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***My Life as a Cartoonist's Daughter!**

Wednesday, May 22, 1:30 - 2:30 pm

Presented by Virginia Brooks

Join Carefree artist Virginia Brooks as she describes her hilarious upbringing as a cartoonist's kid in Westport, CT in the 50's and 60's. "It was an unusual upbringing. Every cartoonist I ever met was a little bit Crazy. We were the kids of the Funny Families. The Blondies, The Popeyes, the Orphan Annies...and in my case, The Jackson Twins." This was the Golden Era of cartooning. The cartoonists thrived on humor and were constantly trying to outdo each other. When a cover artist for the Saturday Evening Post couldn't afford a model, he asked Virginia's father to pose. She was allowed to stay home from school to watch her Dad being painted as a husband with a backed-up kitchen sink. Virginia's father made the cover of The Saturday Evening Post as Mr. Fixit, on January 14, 1956. And the yearly National Cartoonist Society meetings were events Virginia begged to attend. That's where she met Salvador Dali, with his ocelot on a leash!

If you like laughing come be a part of the fun. And enjoy the memorabilia Virginia will bring with her.

Free | Register at dfla.org or call the Library at 480-488-2286.



FEATURED ADULT PROGRAMS

Vinnie Bruno's

THE BEATLES NEXT: THE SOLO YEARS

SATURDAY
JUNE 15
1 PM – 3 PM

THE
BEATLES



This lecture will continue in the footsteps of The Beatles story and focus on the highlights of the “solo” post-Beatles careers of John, Paul, George and Ringo. We will explore the aftermath of The Beatles legacy and how they established themselves as solo artists. Our journey will also discuss their musical collaborations with each other on many of their solo projects. Coming full circle, we will explore their last collaborative project “The Beatles Anthology” released in the late 90’s.

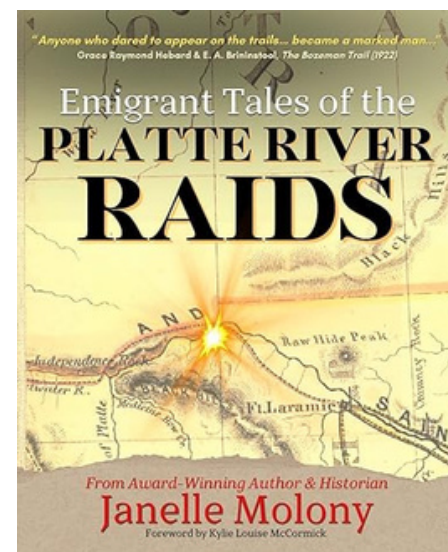
FREE | RSVP AT DFLA.ORG

A Journey Back in Time on the Old Oregon Trail

Saturday, June 22, 2:00 - 3:30 pm

Presented by Janelle Molony

1864 saw the highest numbers of emigrants cross the Great Plains to escape the immense pressures of war, to seize the opportunity to find gold, or to start afresh. One family’s adventure has been preserved in a diary, now considered an American literary treasure. Come hear how the Rousseau family endured the journey with poison water holes, quicksand, robberies, the searing Mojave, and starvation on the snow-capped San Bernardino Mountains. Presented by Janelle Molony, local author and descendant of the Rousseau family. Q&A and book signing to follow.



Janelle Molony is a verifiable descendant of one of the surviving families. She is Chair of the Wyoming Historical Society’s Oral History Committee, host of the program “Women of Wyoming: Then & Now,” Trail history consultant for the Western Assoc. of Women Historians, and member of the Oregon-California Trail Association and Western Writers of American. Visit JanelleMolony.com Free | Registration requested but not required. Register at dfla.org or call the Library at 480-488-2286.

FEATURED ADULT PROGRAMS

Happy Cat Rescue - Cat & Kitten Adoptions

2nd Saturday of each month, 11:00 am - 3:00 pm

May 11 | June 8

Looking for a new furry friend to add to your family? Happy Cat Rescue will be at the Desert Foothills Library on the 2nd Saturday of each month starting in April with both cats and kittens looking for their fur-ever homes.



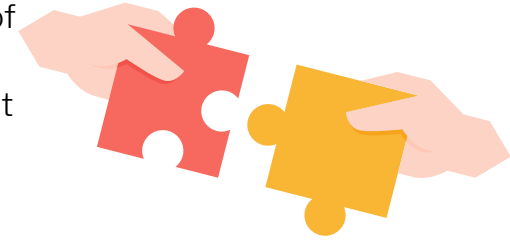
Scan here to see just some of the furry felines looking for a home!

Puzzle Exchange

Last Friday of each month, 9:00 am - 5:00 pm

May 31 | June 28

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave a puzzle, take a puzzle! Offered on the last Friday of every month. All ages and skill levels encouraged!



Desert Foothills Art Gallery

2024 Retrospective Show Exhibit from March 14 to May 22

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League

2024 Hot Art/Cool Show Exhibit – May 23 to October 2

2024 Hot Art/Cool Show Reception – June 14, 3:30 – 5:00 pm

LIFE AFTER DEATH

Keys to unlocking the mystery

Thursday, May 16
2 pm - 3 pm

ECKANKAR in Arizona Presents

Spiritual Discussion based on the book
ECK Wisdom on Life After Death

“You are Soul—an eternal, individual spark of God, who can never die. Each person is a divine being who comes to life on earth with a spiritual purpose. Lifetime after lifetime. Soul grows in love and grace, ultimately to become a Co-worker with God.” —Harold Kemp, *ECK Wisdom on Life After Death*, p. 8



eckankarArizona.org

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FEATURED ADULT PROGRAMS

AZ Medicare Guide

Presented by
Dave Piontek

THURSDAYS

MAY 2 & JUNE 6

1:30 - 2:30 PM

Questions about Medicare? This educational meeting will help you have a clear understanding of the different parts of Medicare, as well as the role Medicare supplement plans and Medicare Advantage Plans play within the Medicare program. We'll cover the ABC's of Medicare and the estimated costs associated with each part, followed by an open Q&A session!



REGISTER AT DFLA.ORG

TECH HELP

WEDNESDAYS, 12 - 5 PM

CALL TO MAKE YOUR FREE APPOINTMENT WITH OUR TECH INTERN, ROSS, TO HELP WITH ALL YOUR TECH RELATED QUESTIONS!

Get help with:

- Using our FREE digital library resources
- Downloading apps
- Email
- Phones, Tablets, Laptops
- Navigating the digital collection
- and MORE!

PLEASE BRING YOUR DEVICE AND HAVE YOUR LIBRARY CARD READY! FOR APPLE USERS, YOUR APPLE ID WILL BE NEEDED



*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286

FEATURED ADULT PROGRAMS

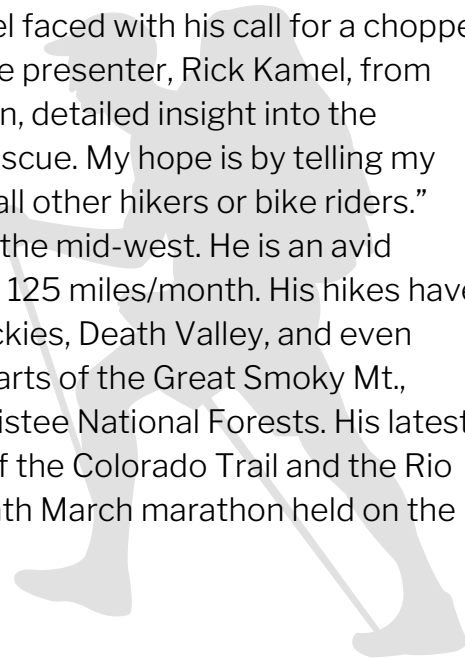


***Hiking Safety – After the Fall; My Helicopter Rescue Off the Mountain**

Friday, May 24, 1:00 – 2:30 pm

You suffer an immobilizing injury on the trail, now what happens? What do you do? Arizona's first responders are called upon to rescue hundreds of residents and visitors who have suffered debilitating injuries while exploring our beautiful mountain trails. "After the Fall; My Helicopter Rescue Off the Mountain" chronicles the dramatic real-life experience that Rick Kamel faced with his call for a chopper to rescue him as he lay helpless on the harsh desert mountain trail. The presenter, Rick Kamel, from Phoenix said, "My goal is to provide those who attend this presentation, detailed insight into the strategies and tactics I used to facilitate a safe, speedy and smooth rescue. My hope is by telling my story, I will offer meaningful insight should a disabling trail mishap befall other hikers or bike riders." Rick Kamel is entirely retired and moved to Phoenix 5 years ago from the mid-west. He is an avid mountain and desert hiker as well as pavement walker averaging over 125 miles/month. His hikes have covered countless mountain ranges from Mexico to the Canadian Rockies, Death Valley, and even parts of the Mohave Desert. Rick enjoys forest hiking as well. Hiking parts of the Great Smoky Mt., Appalachian Trail, Ozark Mountains and the Heron, Hiawatha and Manistee National Forests. His latest treks this past summer took him to Gila National Forest in NM, parts of the Colorado Trail and the Rio Grande Gorge outside of Taos. Rick is now training for the Bataan Death March marathon held on the White Sands Missile Base just outside of Las Cruces NM.

Free | Register at dfla.org or call the library at 480-488-2286.



AARP

AARP SMART DRIVER REFRESHER COURSE

**Saturday, June 1
11:15am-3:15pm**

A refresher course in driver safety and driving skills! Learn new driving techniques, rules of the road, defensive driving and how to minimize distractions. The course enables drivers to refresh their driving skills and understand how to adjust to age-related challenges. The course is intended to help drivers live more independently as they age and remain safe on today's roads.

Completion of course may entitle you to a discount w/ your insurer!

Pay instructor at class \$25 or \$20 with AARP member card, plus \$5 DFL registration fee.

Register online or call 480-488-2286

*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286

WEEKLY ADULT PROGRAMS

Craft N Chat

Mondays, 1:00 - 3:00 pm (No Meeting 5/27)

Do you knit, crochet, needlepoint, bead, or practice another table craft? Join other local enthusiasts weekly for companionship, creating, and conversation. Any portable craft is welcome! New crafters and all skill levels are always welcome! Have a craft you're not quite sure how to start, or need a little help or inspiration? Craft N Chat is a collaborative of creatives who are happy and eager to help!



***Informal MahJongg: Unsupervised Play**

Tuesdays, 1:00 – 4:00 pm

Informal MahJongg play for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. *This group is unsupervised. No sets are provided; you must bring your own. Basic game play knowledge required.*

The Painter's Palette (No Meeting 6/19)

Wednesdays, 9:00 am - 12:00 pm

Picasso, van Gogh, Michelangelo and YOU! No matter what medium you prefer to create with, all are welcome to join The Painters Palette! Open to all, this gathering is the time to let your creative juices flow. Bring your paints, pastels, watercolors, easels, and brushes, and join this colorful palette of other artists in our wonderful community! We provide the space, you create the art. Open to any and all mediums and skill levels.



Ukulele Jam Sessions

Wednesdays, 12:00 - 2:15 pm (No Meeting 6/19)

NEW at the Desert Foothills Library- Ukulele Jam Group! Pick out a few of your favorite songs, grab your ukulele and come jam! We will be accessing our music online, so bring your tablet or iPad, as well as a music stand, and anything you like to get your jam on! Invite your friends and join the fun. All levels welcome!

Canasta

Wednesdays, 1:30 - 4:30 pm (No Meeting 6/19)

The card game "Canasta" is a Spanish word that means basket. A very old card game that has over 20 different versions and is played all over the world. Easy to learn and can be played with 2, 3 or 4 players at each table; this fun game is sure to entertain you. Cards and supplies will be provided. Let's get started! Facilitation and instruction provided by Lisa Waldvogel.



Alcoholics Anonymous

Thursdays, 5:00 - 6:00 pm

A.A. meetings are being held at Desert Foothills Library on Thursdays.

MONTHLY ADULT PROGRAMS

Caring for the Caregiver

1st Monday of the month, 10:00 - 11:30 am

May 6 | June 3

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity for fellowship with other caregivers. Led by Hospice of the West facilitator Judy Peters.
Free | No Registration Required

The Healing Pathway

2nd and 4th Monday, 9:30 - 11:30 am

May 13 & Tuesday, May 28 | June 10 & 24

This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language: grief. Join us as we go through this journey of grief together. Led by Hospice of the West facilitator Judy Peters.

Free | No Registration Required

Class is free but a donation to the Desert Foothills Library is appreciated

Death Café

1st Wednesday of each month, 12:30 - 2:30 pm

May 1 | June 5

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversations about topics relevant to all of us but often considered "dark" or even taboo. For more information go to deathcafe.com.

Free | No Registration Required

Class is free but a donation to the Desert Foothills Library is appreciated.



Talking about death won't kill you.

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FREE FILM PROGRAMS



Foothills Caring Corps at the Movies
Last Monday of each month except 5/27
12:30 - 2:30 pm
May 20 | Jun 24

Come by and watch a great movie while enjoying some snacks.

Need a ride to the movies? Reach out to Foothills Caring Corps at 480-488-1105, and let them know you'd like to arrange a ride to the movies at Desert Foothills Library! Open to the public!

Free | No Registration Required

Desert Foothills Library International Film Series - Around the World in 9 Films

2nd Friday of each month, 2:00 – 5:00 pm

Presented by Gary Zaro & Paradise Valley Community College

Presented by Professor Gary Zaro with an introduction and discussion of the film after.

Free | No Registration Required

Friday, May 10: Life is Beautiful (PG-13; 1997, Italy, 116 min)

Class is free but a donation to the Desert Foothills Library is appreciated.

Desert Foothills Library Cinematic Reflections Series

Little Known Stories of World War II

2:00 - 5:00 pm

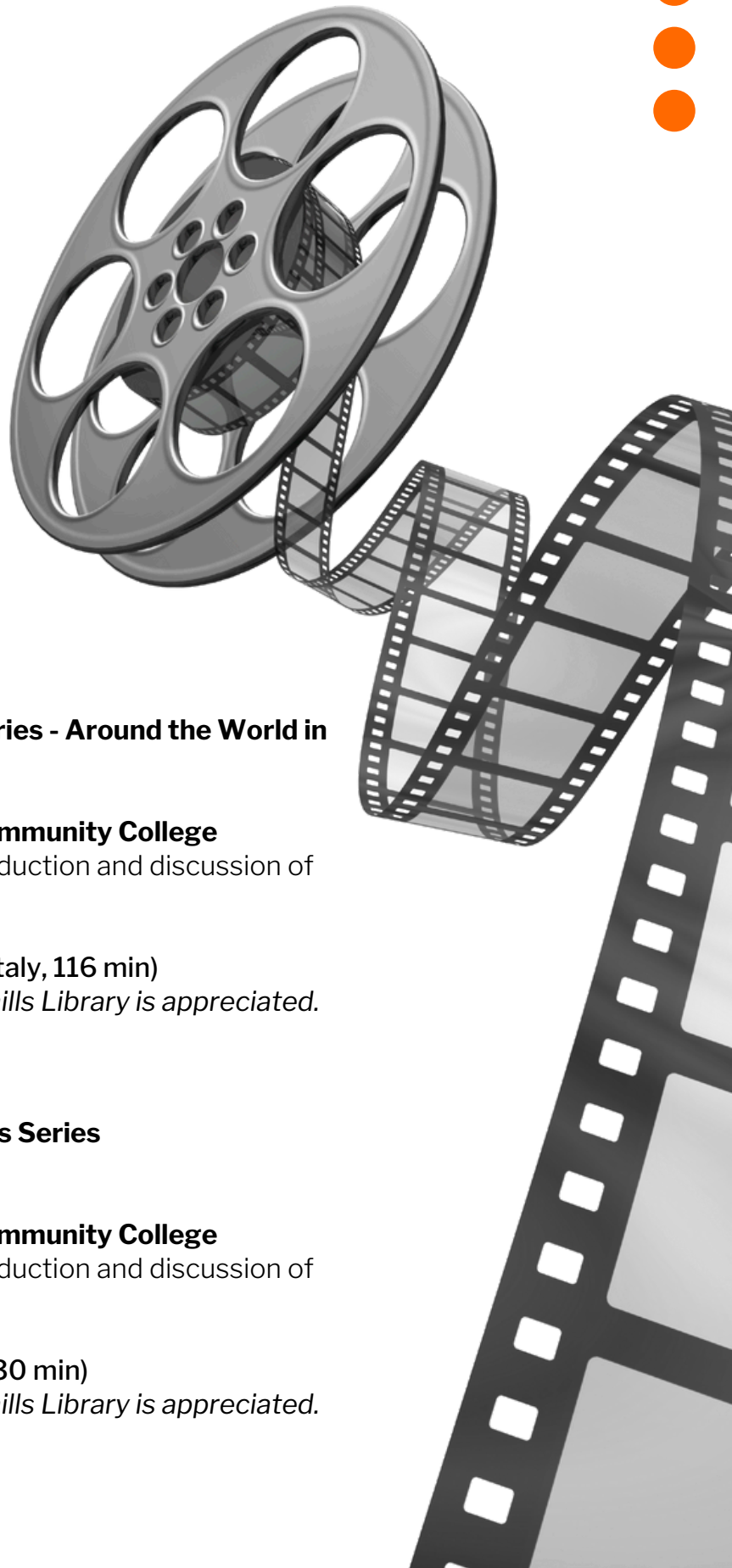
Presented by Gary Zaro & Paradise Valley Community College

Presented by Professor Gary Zaro with an introduction and discussion of the film after.

Free | No Registration Required

Friday, May 31: The 12th Man (Norway, 2017, 130 min)

Class is free but a donation to the Desert Foothills Library is appreciated.



LITERARY ADULT PROGRAMS

*Literate Foodie Club

First Monday of the month, 12:00 - 2:30 pm

Literate Foodies has been meeting since March 2016. They focus each meeting on a book and topic for discussion and a rotating team of cooks prepare related recipes for a sampling by all attendants. Each month could feature chef memoirs, food travel, food history, national and international cuisines, techniques, and cookbooks!

Cost: \$15

For questions about Literate Foodies, please contact facilitators, Dana Rakinic at danarakinic@gmail.com & Jan Kruse at jan-kruse@cox.net. Please register in advance, as seating is limited.

Monday, May 6: *A Cook's Book: The Essential Nigel Slater* and *Toast: The Story of a Boy's Hunger* by Nigel Slater

Monday, June 3: *Bruno's Cookbook* by Martin Walker



*Get Lit Book Club

2nd Tuesday of each month, 5:00 - 6:30 pm

Drinks and catching up to start at 5 pm, book discussion to start at 5:30 pm

Tuesday, May 14: *Absolution* by Alice McDermott at KIKI Rae's

Tuesday, June 11: *Remarkably Bright Creatures* by Shelby Van Pelt at TBD

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support local businesses. Everyone is welcome!

Registration Required. Restaurants TBA on dfla.org approx. 1 week in advance of meeting.



*Books to Die For: A Murder Mystery Book Club

3rd Tuesday of each month, 4:00 - 5:00 pm

Tuesday, May 21: *Hollow Beasts* by Alisa Lynn Valdes

Tuesday, June 18: *Body Work* by Sara Paretsky

Here at Desert Foothills Library, we're booked on crime! Join us each month for the Books to Die For Murder Mystery Book Club. This book club is for lovers of all forms of mystery novels. We will explore the genre in depth, eventually coming up with the perfect plan for murder (wink, wink). Light refreshments will be provided.

Registration Required at dfla.org

LITERARY ADULT PROGRAMS

*Literary Salon

3rd Thursday of each month, 10:00 am – 12:00 pm

Join a host of literary fans along with the facilitation of Andrea Markowitz: a voracious reader and writer of fiction and nonfiction. She earned degrees in English, music and psychology, and explored a variety of careers in education and writing. After “retiring” Andrea discovered her true calling is to write plays and musicals. Her dedication to writing for the stage was acknowledged recently with an ariZoni Award for best new script for “Fair Game,” a musical satire based on a true story about fake news! Class is free but a donation to the Desert Foothills Library is appreciated.

May 16 - Banned Books in the United States

Per Harvard University’s Gutman Library website, the USA’s first book ban took place in 1637 in what is now Quincy, Massachusetts. The Puritan government banned Thomas Morton’s “New English Canaan,” for being a harsh and heretical critique of Puritan customs and power structures. In 2022, the American Library Association documented 1,269 demands to censor 2,571 unique titles, the highest number of attempted book bans in more than 20 years.

Choose any literary genre, nonfiction or fiction, about the subject of book banning in the United States. Who called for the ban(s)? What did they object to? If they were successful in having the book(s) censored, how long did the censorship last? What were the political and/or social roots and ramifications of the ban?

June 20 - Contemporary European, Asian, Latin American and Indigenous Literature

What kinds of stories, issues and topics are being explored by European, Asian, Latin American and Indigenous writers? Choose a book (fiction or nonfiction), film, play, poem or song with a theme or message that touches you intellectually, emotionally, or both. Tell us if it resonates with, challenges or changes your perception of the topic you read about, and what you learned from it.

Library Book Club

2nd Thursday of each month, 10:00 am - 12:00 pm

Join the Library Book Club each month in an open discussion on a featured book. Everyone is welcome!

Thursday, May 9: Lessons in Chemistry by Bonnie Garmus

Thursday, June 13: The Cape Doctor by E J Levy

Class is free but a donation to the Desert Foothills Library is appreciated.



HEALTH & WELLNESS PROGRAMS

ESSETRICS Full Body Fitness

Mondays, 9:30 - 10:30 am | No Class 5/27

ESSETRICS® is a full body fitness program designed to re-balance the entire body through simultaneously stretching and strengthening. Lifting and lengthening different parts of the body helps to unlock the joints, improve mobility, increase energy, and reverse the signs of aging. It is perfect for any age, whether you want to start a new routine or want to enhance your present fitness program.

Questions: Contact instructor, Nancy Salminen, at 602-332-3367 or n_salminen@yahoo.com.

Bring a yoga mat and an elastic workout band or strap if you have one.

Walk In Cost: \$10 cash, paid to instructor at each class.

Gentle Chair Yoga

Wednesdays in May & June, 9:45 - 10:45 am | No Class 6/19

Yoga for Every Body! Through a slow flow of poses coordinated with breath you'll begin strengthening your heart, bones, balance and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Gentle Yoga every Wednesday at 11:00am. Chairs are provided. Questions about Gentle Chair Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class | No Registration Required

Tai Chi – Qigong for Everyone!

Tuesdays, 9:00- 10:00 am

Thursdays, 9:00- 10:00 am | No Class 5/9 and 5/23

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace and overall wellness. This class is offered every Tuesday and Thursday. Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey, Tai Chi practice can help improve your quality of life. To learn more about her classes visit www.MindBodyFocusQi.com. For questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at bina.b75@gmail.com.

Cost: \$10 cash, paid to instructor at each class | No Registration Required

Gentle Yoga

Wednesdays, 11:00 am - 12:00 pm | No Class 6/19

Mondays in May and June, 11:00 am - 12:00 pm | No Class 5/27

Yoga for Every Body! Through a slow flow of poses coordinated with the breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Please bring a yoga mat and a blanket. For questions about Gentle Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class | No Registration Required



HEALTH & WELLNESS PROGRAMS

***H.A.N.D.S. Wellness and Fitness Class**

12:30 - 1:45 pm

Tuesdays, May 7 & 14 | June 18 & 25

H.A.N.D.S is a unique educational seminar and fitness class consisting of stretching, movement, breathing and hand specific exercises. Is it difficult to use your hands due to pain or weakness? Is your sleep disrupted from hand numbness or throbbing? Do you have arthritic pain or soft tissue tightness in your hands, elbows or even shoulders? This is the class for you.

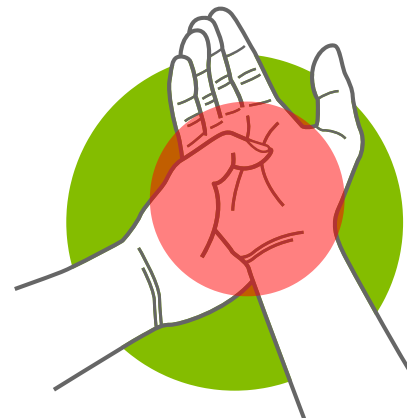
Mary Recker, OTR/L, CHT is a CA and AZ Board Certified Occupational and Hand Therapist with more than 10 years of experience in the clinical and hospital field. Prior to her achieving a degree in OT, Mary worked as a personal and group fitness trainer, yoga instructor for nearly 20 years with a special love and hobby of many forms of dance. All this contributes to creating this educational and practical fitness class.

Class is 75 minutes long and includes a Presentation and Q&A setting on how to self-treat common hand and upper extremity diagnoses (arthritis, Carpal tunnel, etc.). Also be prepared to move and stretch during a fun exercise class! Class can be progressive; set goals and apply what you learn.

Questions regarding H.A.N.D.S. class or hand therapy: Mary Recker 602-837-2635, maryreckerot@gmail.com or check FB/Instagram: hands_to_heart_hand_therapy.

Bring yoga mat (not required), towel, water (chair provided for exercise level modifications).

Cost: \$20/class. Register at dfla.org or call 480-488-2286. Walk-ins also accepted.



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*Event requires reservation, RSVP online at dfla.org | Questions, please call 480-488-2286

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- You will be notified when your item is ready for pickup

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