

JANUARY • FEBRUARY • MARCH 2025

# INFORMATION HIGHWAYS



Experience • Engage • Explore

A catalog of opportunities for our community

Desert Foothills

**LIBRARY** Est. 1954  
enriching your community

**Chapter2Books**  
Great Books. Great Prices.

DFLA.ORG • 38443 N SCHOOL HOUSE RD, CAVE CREEK • 480-488-2286





# HOST YOUR NEXT EVENT AT THE LIBRARY

FOR A GROUP OF 4 TO 200+  
WE HAVE THE SPACE

- Ball Room
- Furnished, Outdoor Patio w/ Lit Pergola
- Stunning Waterfall Terrace & Botanic Garden
- Gas Kiva Fireplace
- Spectacular Mountain Views
- Full Kitchen – Food Set-Up, Catering, & Demonstrations

**Desert Foothills**  
**LIBRARY** Est. 1954  
enriching your community

RESERVE YOUR  
SPACE AT [DFLA.ORG](http://DFLA.ORG)  
TODAY!

[BIT.LY/DFLRENTAL](http://BIT.LY/DFLRENTAL)

## LIBRARY HOURS

### OPEN

Monday, Wednesday, and Friday 9 am - 5 pm

Tuesday and Thursday 9 am - 6 pm

Saturday 10 am - 4 pm

### CLOSED

Wednesday, January 1

Monday, January 20

Monday, February 17

For our most updated information visit [DFLA.org](http://DFLA.org)

By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.



*Founded in 1954, Desert Foothills Library is the **ONLY donation supported, nonprofit, public library** in Maricopa County!  
Serving, not only as a library and resource, but a gathering place  
for our community. Boasting over 100 programs a month,  
there is something for everyone at the Desert Foothills Library!*

## **Check Out What YOUR Community Library Has to Offer!**

### **Chapter2Books**

The LARGEST bookstore north of the 101, with thousands of books, puzzles, DVDs, CDs, and more at great prices.

### **LIBRARY SERVICES**

Books, audio books, DVDs, CDs, magazines, periodicals, Southwest Collection, Computer Lab, Tech Help, online lending, and more!  
Library cards are FREE for all Maricopa County Residents!

### **ADULT PROGRAMS**

Over 100 programs a month! From cooking classes to health and wellness classes, arts & crafts, lectures, AZ authors, movies, performances, and more!

### **KIDS' PROGRAMS**

Unique and entertaining programs for youth that promote literacy, early learning, and, of course, fun! For ages 0 to grade 8.

### **TEEN PROGRAMS**

Come hang out in our dedicated teen lounge, Teen Club 1117! Do homework, play games or check out our calendar for monthly teen activities.

### **ROOM RENTALS**

Looking to host a meeting, party, or even a wedding?! From 4 to 200+ people, we've got the perfect space for your event, including a full demonstration kitchen!

### **WATERFALL TERRACE**

Enjoy a good book accompanied by the tranquil sounds of our waterfall under the shade of our pergola.

### **LAND TRUST TRAIL**

Walk our gorgeous Desert Foothills Land Trust Trail by accessing the trailhead right from the library parking lot.



# THREADS OF A COWBOY

EXPERIENCE THIS BEAUTIFUL NEW ADDITION TO THE  
DESERT FOOTHILLS LIBRARY PERMANENT COLLECTION

"THREADS OF A COWBOY" SHOWCASES A LABOR OF TIME AND LOVE BETWEEN TWO  
FRIENDS, CRYSTAL AUSTIN AND DOTTIE TINSLEY.

DOTTIE IS THE WIDOW OF JIM BOB TINSLEY, A FORMER CAREER EDUCATOR AND MUSIC  
PERFORMER THAT BELIEVED IN THE PRESERVATION OF ALL THINGS WESTERN. DOTTIE  
ASKED THE TINSLEY'S COWBOY FRIENDS TO LITERALLY DONATE "THE SHIRTS OFF THEIR  
BACKS" FOR THE PROJECT, JOYFULLY INCORPORATING THE FABRIC FROM THE WELL-WORN  
ATTIRE OF SOME OF THE MOST CHERISHED COWBOY ARTISTS OF OUR TIME TO RAISE FUNDS  
FOR THE JIM BOB TINSLEY MUSEUM & RESEARCH CENTER.

TAKE A MOMENT TO FIND SQUARES FROM YOUR FAVORITE COWBOYS OR THE LIKES OF  
PESS PARKER, MICHAEL MARTIN MURPHEY, DUSTY ROGERS AND JOHNNY WESTERN.

GENEROUSLY DONATED BY LARRY AND JOAN ARNOLD.

AVAILABLE FOR VIEWING IN THE JONES ROOM.



**LIBRARY  
CLOSED**

Monday, January 20

Monday, February 17





# JANUARY EVENTS



S

Mon

Tues

Wed

Thurs

Fri

Sat

Desert Foothills

**LIBRARY**  
enriching your community

& est. 1954

\*PAID PROGRAM

• YOUTH PROGRAMS

• TEEN PROGRAMS

• ADULT PROGRAMS

38443 N School House Rd, Cave Creek |  
DFLA.org

1

Library  
Closed

2

5 PM Alcoholics Anonymous

3

4

10:15 AM Brain Powers  
Chess

5

6

10 AM Caring for the  
Caregiver  
11 AM Gentle Yoga\*  
12:30 PM Mahjongg 101  
1 PM Craft N Chat  
3:30 PM Art Critique

7

9 AM Tai Chi & Qigong\*  
10:30 AM Family Storytime  
1 PM Tech Help  
1 PM Informal Mahjongg

8

9 AM The Painter's Palette  
11 AM Gentle Yoga\*  
12 PM Ukulele Jam Session  
12:30 PM Death Cafe  
1 PM Canasta  
1 PM Tech Help  
1PM What is Elder  
Financial Abuse?  
3:30 PM Tales4Tales

9

10 AM Library Book Club  
10:30 AM Hop, Bop & Roll  
1 PM Tech Help  
3:30 PM Fun Fusion  
5 PM Alcoholics Anonymous

10

9 AM Library Book Sale  
2 PM International Film  
Series

11

10 AM Library Book Sale  
10:15 AM Brain Powers  
Chess  
10:30 AM Jubilate Spring  
Registration  
11 AM Cat & Kitten  
Adoptions

12

13

9:30 AM The Healing  
Pathway  
11 AM Gentle Yoga\*  
12:30 PM Mahjongg 101  
1 PM Craft N Chat  
2 PM Southern California  
Art Exhibit - Meet & Greet!

14

9 AM Tai Chi & Qigong\*  
10:30 AM Family Storytime  
11 AM Taxes in Retirement  
1 PM Informal Mahjongg  
1 PM Tech Help  
3 PM Sound Healing Meditation  
4 PM Strength Training for  
Women  
4 PM Teen Advisory Board  
4 PM Jubilate Singing &  
Song Writing  
5 PM Jubilate Eclectic  
Ensemble for Percussion &  
Winds  
5 PM Get Lit Book Club

15

9 AM The Painter's Palette  
9:30AM Book SmARTS!  
11 AM Gentle Yoga\*  
12 PM Ukulele Jam Session  
1 PM Canasta  
1 PM Tech Help  
3 PM Beating Osteoporosis -  
Expert Discussion w/  
Dr. Fabio  
4 PM Jubilate Advanced  
String Ensemble

16

10 AM Literary Salon  
10:30 AM Hop, Bop & Roll  
1 PM Tech Help  
2PM China Travel  
Adventure  
2:30 PM Social Security &  
Taxes in Retirement - RSVP  
4 PM Jubilate Beginning  
String Ensemble  
4 PM Jubilate Intermediate  
String Ensemble  
5 PM Alcoholics Anonymous

17

11 AM Writer's Critique  
Group  
1:30 PM Matter of  
Balance  
2 PM Little Know Stories  
of WWII

18

10 AM Jubilate Violin  
Orchestra  
10:15 AM Brain Powers  
Chess  
11:15 AM Jubilate Music  
from the Heart, Singing &  
Theory Class  
12:00 PM Jubilate Littles on  
Fiddles  
2:30 PM Social Security &  
Taxes in Retirement - RSVP

19

20

Library  
Closed

21

9 AM Tai Chi & Qigong\*  
9:30AM Guided Trail Tour  
10:30 AM Family Storytime  
1 PM Tech Help  
1 PM Informal Mahjongg  
2 PM Mission to Oslo  
4 PM Books To Die For  
4 PM Strength Training for  
Women  
4 PM Singing & Song  
Writing  
5 PM Jubilate Eclectic  
Ensemble for Percussion &  
Winds

22

9 AM The Painter's Palette  
9:30 AM Play-OOZA  
11 AM Gentle Yoga\*  
12 PM Ukulele Jam Session  
1 PM Canasta  
1 PM Digital Inclusion &  
Arizona State Library  
1 PM Tech Help  
2:30PM From Fortress to  
Museum  
3:30 PM Tales4Tales  
4 PM Jubilate Advanced  
String Ensemble

23

10:30 AM Hop, Bop & Roll  
1 PM Tech Help  
1 PM The Electric Vehicle  
(EV) Ownership Experience  
1:30 PM AZ Medicare  
Guide Presentation  
3:30 PM Fun Fusion  
4 PM Jubilate Beginning  
String Ensemble  
5 PM Jubilate Intermediate  
String Ensemble  
5 PM Alcoholics Anonymous

24

1:30 PM A Matter of  
Balance  
3:30 PM Desert Foothills  
Library Gallery  
Reception - "Play -  
Where Ideas are Born"

25

10AM Are Heaving Metals  
Weighing You Down -  
CANCELLED  
10 AM Jubilate Violin  
Orchestra  
10:15 AM Brain Powers  
Chess  
11 AM Drive Electric  
Arizona  
11:15 AM Jubilate Music  
from the Heart-Singing &  
Theory Class  
12 PM Jubilate Littles on  
Fiddles

26

27

9:30 AM The Healing  
Pathway  
11 AM Gentle Yoga\*  
12:30 PM Mahjongg 101  
1 PM Craft N Chat  
12:30 PM Caring Corps at  
the Movies

28

9 AM Tai Chi & Qigong\*  
10:30 AM Family Storytime  
1:00 PM Staying Human in  
the Artificial Intelligence  
Revolution  
1 PM Tech Help  
1 PM Informal Mahjongg  
4 PM Game Cafe  
4 PM Strength Training for  
Women  
4 PM Jubilate Singing &  
Song Writing  
5 PM Jubilate Eclectic  
Ensemble for Percussion &  
Winds

29

9 AM The Painter's Palette  
10 AM Cave Creek 2025  
State of the Town  
11 AM Gentle Yoga\*  
12 PM Ukulele Jam Session  
1 PM Canasta  
1 PM Homeschool Library  
Time  
1 PM Tech Help  
3:30 Teen Cooking Class -  
Lunar New Year Edition  
5 PM Jubilate Advanced  
String Ensemble

30

10AM Safeguard Your  
Estate Workshop - RSVP  
10:30 AM Hop, Bop & Roll  
1 PM Tech Help  
3 PM So, You Want to Be a  
Writer?  
4 PM Jubilate Beginning  
String Ensemble  
5 PM Jubilate Intermediate  
String Ensemble  
5 PM Alcoholics Anonymous

31

Puzzle Exchange  
1:30PM Matter of  
Balance



# FEBRUARY EVENTS



S

Mon

Tues

Wed

Thurs

Fri

Sat

1

10 AM Jubilate Violin Orchestra  
10:15 AM Brain Powers Chess  
11:15 AM Jubilate Singing Class & Music from the Heart  
12 PM Jubilate Littles on Fiddles

2

3

10 AM Caring for the Caregiver  
11 AM Gentle Yoga\*  
12PM The Culinary Book Club  
12:30 PM Mahjongg 101  
1 PM Craft N Chat  
3:30 PM Art Critique  
3:30 PM Single, Mingle & Learn

4

9 AM Tai Chi & Qigong\*  
10:30 AM Family Storytime  
1 PM Tech Help  
1 PM Informal Mahjongg  
4 PM Strength Training for Women  
4 PM Jubilate Singing & Song Writing  
5PM Jubilate Eclectic Ensemble for Percussion & Winds

5

9 AM The Painter's Palette  
11 AM Gentle Yoga\*  
12 PM Ukulele Jam Session  
12:30 PM Death Cafe  
12:30 PM HS/HS Hangout  
1 PM Canasta  
1 PM Tech Help  
3 PM Safeguard Your Estate Workshop - RSVP  
3:30 PM Tales4Tales  
4 PM Jubilate Advanced String Ensemble

6

10:30 AM Hop, Bop & Roll  
1 PM What is Elder Financial Abuse?  
1 PM Tech Help  
3:30 PM - Fun Fusion  
4 PM Desert Foothills Gallery Presentation - "Play - Where Ideas are Born"  
4PM Looking Lovely  
4PM Jubilate Beginning String Ensemble  
5 PM Jubilate Intermediate String Ensemble  
5 PM Alcoholic Anonymous

7

9 AM Library Book Sale  
1:30PM Matter of Balance  
10:00AM How to Paint Like a Master \*

10 AM Library Book Sale

10 AM Jubilate Violin Orchestra  
10:15 AM Brain Powers Chess  
11 AM Cat & Kitten Adoptions  
11:15 AM Jubilate Singing Class & Music from the Heart  
12 PM Jubilate Littles on Fiddles

9

10

9:30 AM The Healing Pathway  
11 AM Gentle Yoga\*  
1 PM Craft N Chat  
3:30 PM Single, Mingle & Learn

11

9 AM Tai Chi & Qigong\*  
10:30 AM Family Storytime  
1 PM Tech Help  
1 PM Informal Mahjongg  
1:30 PM Tips from the Business World  
3 PM Sound Healing Meditation\*  
4 PM Strength Training for Women  
4 PM Teen Advisory Board  
4 PM Jubilate Singing & Song Writing  
5PM Jubilate Eclectic Ensemble  
5 PM Get Lit Book Club

12

9 AM The Painter's Palette  
9:30 AM PLAY-OOZA  
1 PM Canasta  
1 PM Tech Help  
3PM A Social History of Tea  
4 PM Jubilate Advanced String Ensemble

13

10 AM Library Book Club  
10:30 AM Hop Bop & Roll  
1 PM Tech Help  
1 PM Breaking the Stress Cycle  
3 PM So, You Want to Be a Writer?  
4 PM Jubilate Beginning String Ensemble  
5 PM Jubilate Intermediate String Ensemble  
5 PM Alcoholic Anonymous

14

1:30PM Matter of Balance  
2 PM International Film Series

15

10 AM Jubilate Violin Orchestra  
10:15 AM Brain Powers Chess  
11:15 AM Jubilate Singing Class & Music from the Heart  
12 PM Jubilate Littles on Fiddles

16

17

Library Closed

18

9 AM Tai Chi & Qigong\*  
9:30 AM Guided Trail Tour  
10:30 AM Family Storytime  
1 PM ASU OLLI- Balancing Leisure & Quality of Life  
1 PM Tech Help  
1 PM Informal Mahjongg  
4 PM Books to Die For  
4 PM Strength Training for Women  
4 PM Jubilate Singing & Song Writing  
5PM Jubilate Eclectic Ensemble for Percussion & Winds

19

9 AM The Painter's Palette  
9:30 AM Book SmARTS!  
11 AM Gentle Yoga\*  
12 PM Ukulele Jam Session  
1 PM Canasta  
1 PM Tech Help  
1 PM Write the Memoir You're Afraid to Write  
3:30 PM Tales4 Tails  
4 PM Jubilate Advanced String Ensemble

20

10 AM Literary Salon  
10:30 AM Hop Bop & Roll  
1 PM Tech Help  
4 PM Jubilate Beginning String Ensemble  
5 PM Jubilate Intermediate String Ensemble  
5 PM Alcoholic Anonymous

21

10 AM Conversation Spanish - 1  
11 AM Writer's Critique Group  
1:30 PM Matter of Balance  
2 PM Little Known Stories of WWII

22

10 AM Jubilate Violin Orchestra  
10:15 AM Brain Powers Chess  
11:15 AM Jubilate Singing Class & Music from the Heart  
12 PM Jubilate Littles on Fiddles

23

24

9:30 AM The Healing Pathway  
11 AM Gentle Yoga\*  
1 PM Craft N Chat  
12:30 PM Caring Corps at the Movies  
3:30 PM Single, Mingle & Learn  
3:30 PM Teen CookingClass: Disney Treats

25

9 AM Tai Chi & Qigong\*  
10:30 AM Family Storytime  
10:30 AM Oath Law Estate Planning Workshop - RSVP  
1 PM Ghost Towns in Arizona  
1 PM Informal Mahjongg  
1 PM Tech Help  
4 PM Game Cafe  
4 PM Strength Training for Women  
4 PM Jubilate Singing & Song Writing  
5PM Jubilate Eclectic Ensemble

26

9 AM The Painter's Palette  
9:30 AM PLAY-OOZA  
10:30 AM Oath Law Estate Planning Workshop - RSVP  
12 PM Ukulele Jam Session  
1 PM Canasta  
1 PM Homeschool Library Time  
1 PM Tech Help  
4 PM Jubilate Advanced String Ensemble

27

10:30 AM Hop Bop & Roll  
1 PM Tech Help  
3 PM So, You Want to Be a Writer?  
3:30 PM Fun Fusion  
4 PM Jubilate Beginning String Ensemble  
5 PM Jubilate Intermediate String Ensemble  
5 PM Alcoholics Anonymous

28

Puzzle Exchange  
10 AM Conversation Spanish - 1  
10:30 Fire Fighter Storytime!  
1:30 PM Matter of Balance

\*PAID PROGRAM

• YOUTH PROGRAMS

• TEEN PROGRAMS

• ADULT PROGRAMS

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**LIBRARY**  
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# MARCH EVENTS



S

Mon

Tues

Wed

Thurs

Fri

Sat

30	31 11 AM Gentle Yoga* 12:30 PM Caring Corps at the Movies 1 PM Craft N Chat 1 PM American Medevac: The Story of a Vietnam War Time Rescue Mission 3:30 PM Single, Mingle & Learn		<b>Desert Foothills LIBRARY</b> <i>enriching your community</i> 38443 N School House Rd, Cave Creek   DFLA.org *PAID PROGRAM • YOUTH PROGRAMS • TEEN PROGRAMS • ADULT PROGRAMS			1 10 AM Jubilate Violin Orchestra 10:15 AM Brain Powers Chess 11:15 AM Jubilate Singing Class & Music from the Heart 12 PM Jubilate Littles on Fiddles
2	3 10 AM Caring for the Caregiver 11 AM Gentle Yoga* 12 PM Culinary Book Club 1 PM Craft N Chat 3:30 PM Art Critique 3:30 PM Single, Mingle & Learn	4 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 1 PM ASU OLLI - We Gotta to Get Out of This Place 1 PM Tech Help 1 PM Informal Mahjongg 4 PM Strength Training for Women 4 PM Jubilate Singing & Song Writing 5PM Jubilate Eclectic Ensemble for Percussion & Winds	5 9 AM The Painter's Palette 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12:30 PM DeathCafe 1 PM Canasta 1 PM Tech Help 3:30 PM Tales4Tales 4 PM Jubilate Advanced String Ensemble	6 10:30 AM Hop, Bop & Roll 1 PM Tech Help 1:30 AZ Medicare Guide 3 PM So, You Want to Be a Writer? 4 PM Jubilate Beginning String Ensemble 5 PM Jubilate Intermediate String Ensemble 5 PM Alcoholics Anonymous	7 Book Sale 9AM 10 AM Conversation Spanish -1 1:30 PM Matter of Balance 2 PM Wired & Tired? Adrenal Insufficiency & How to Heal Naturally	8 Book Sale 10AM 10 AM Jubilate Violin Orchestra 10:15 AM Brain Powers Chess 11 AM Cat & Kitten Adoptions 11:15 AM Jubilate Singing Class & Music from the Heart 12 PM Jubilate Littles on Fiddles
9	10 9:30 The Healing Pathway 11 AM Gentle Yoga* 1 PM Craft N Chat 3:30 PM Single, Mingle & Learn	11 9 AM Tai Chi & Qigong* 10:30 AM Family Storytime 1 PM Tech Help 1 PM Informal Mahjongg 3 PM Sound Healing Meditation* 4 PM Strength Training for Women 4 PM Teen Advisory Board 4 PM Jubilate Singing & Song Writing 5PM Jubilate Eclectic Ensemble 5 PM Get Lit Book Club	12 9 AM The Painter's Palette 9:30 AM PLAY-OOZA 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta 1 PM Tech Help 4 PM Jubilate Advanced String Ensemble	13 10 AM Library Book Club 10:30 AM Hop, Bop & Roll 1 PM Tech Help 1 PM King Solomon's Table: Savoring Ancient Jewish Cuisine & Food Symbolism 3:30 Fun Fusion 4 PM Kind Clean Beauty 4 PM Jubilate Beginning String Ensemble 5 PM Jubilate Intermediate String Ensemble 5 PM Alcoholics Anonymous	14 10 AM Conversation Spanish -1 2 PM International Film Series	15 10 AM Jubilate Violin Orchestra 10:15 AM Brain Powers Chess 11:15 AM Jubilate Singing Class & Music from the Heart 12 PM Jubilate Littles on Fiddles
16	17 11 AM Gentle Yoga* 1 PM Craft N Chat 3:30 PM Single, Mingle & Learn	18 9 AM Tai Chi & Qigong* 9:30 AM Guided Trail Tour 10:30 AM Family Storytime 1 PM Informal Mahjongg 1 PM ASU OLLI- Curry and Kreplach 1 PM Tech Help 4 PM Books to Die For 4 PM Strength Training for Women 4 PM Jubilate Singing & Song Writing 5PM Jubilate Eclectic Ensemble	19 9 AM The Painter's Palette 9:30 AM Book SmARTS! 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta 1 PM Tech Help 3:30 PM Tales4Tales 4 PM Jubilate Advanced String Ensemble	20 10 AM Literary Salon 10:30 AM Hop, Bop & Roll 1 PM Tech Help 3 PM So, You Want to Be a Writer? 4 PM Jubilate Beginning String Ensemble 5 PM Jubilate Intermediate String Ensemble 5 PM Alcoholic Anonymous	21 11 AM Writer's Critique Group 3:30 PM Desert Foothills Gallery Reception - 2025 Contemporary Art	22 10 AM Jubilate Violin Orchestra 10:15 AM Brain Powers Chess 11:15 AM Jubilate Singing Class & Music from the Heart 12 PM Jubilate Littles on Fiddles
23	24 9:30 The Healing Pathway 11 AM Gentle Yoga* 1 PM Craft N Chat 3:30 PM Single, Mingle & Learn	25 9 AM Tai Chi & Qigong* 10:30 Family Storytime 1 PM Jewish Women's Resilience, Resistance & Survival in the Holocaust 1 PM Informal Mahjongg 1 PM Tech Help 4 PM Strength Training for Women 4 PM Game Cafe 4 PM Jubilate Singing & Song Writing 5PM Jubilate Eclectic Ensemble for Percussion & Winds	26 9 AM The Painter's Palette 9:30 AM PLAY-OOZA 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta 1 PM Tech Help 1 PM Homeschool Library Time 4 PM Jubilate Advanced String Ensemble	27 10:30 AM Hop, Bop & Roll 1 PM Tech Help 3:30 Fun Fusion 4 PM Jubilate Beginning String Ensemble 5 PM Jubilate Intermediate String Ensemble 5 PM Alcoholics Anonymous	28 Puzzle Exchange 2 PM Little Known Stories of WWII	29 10 AM Jubilate Violin Orchestra 10:15 AM Brain Powers Chess 11:15 AM Jubilate Singing Class & Music from the Heart 12 PM Jubilate Littles on Fiddles

# FEATURED YOUTH PROGRAMS

## Family Storytime

**Tuesdays, 10:30 - 11:00 am**

Children ages 2 to 6 years old and their caregivers are encouraged to join Miss Dawn for a storytime featuring developmentally appropriate songs, movement, & stories to foster early literacy skills. This program is intended for ages 2 to 6. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program. Drop offs will not be permitted.

## Teen Advisory Board (TAB)

**Tuesdays, 4:00 - 5:00 pm**

**January 14 | February 11 | March 11**

Are you looking for a way to serve your community and support the library at the same? If so, the Desert Foothills Library Teen Advisory Board (TAB) may be for you. TAB members meet once a month to plan youth and teen events, make recommendations for teen book selection and support library operations. You can earn service credit time doing something you enjoy at a place you love! *Open to ages 12-17.*

## Game Cafe

**Tuesdays, 4:00 - 5:00 pm**

**January 28 | February 25 | March 25**

Join us in the Teen Lounge on the last Tuesday of the month from 4-5 pm for fun and exciting gaming hangouts! Bring a game from home to share or play one of ours.

*This program is intended for ages 11-17.*



## PLAY-OOZA

**Wednesdays, 9:30 - 10:30 am**

**January 22 | February 12 & 26 | March 12 & 26**

PLAY-OOZA is a dedicated time to play, create, and collaborate for preschool-age children. Join Miss Dawn for focused fun that supports fine motor and Early Literacy skills through informal learning activities, crafts, and imagination!

This program is designed for preschool children and accompanying adults. Please plan to attend and be engaged with your child in this program.

Drop-offs will not be permitted. Space is limited.

*Free | No Registration Required*

*January 22 - STEAM - Snow*

*February 12 - Valentine Craft*

*February 26 - Sorting and Patterns*

*March 12 - Construction Zone (Yes, we mean trucks & building!)*

*March 26 - TBD*





# FEATURED YOUTH PROGRAMS

## **HS/HS Hangout**

**Wednesdays, 12:30 - 1:30 pm**

**February 5 | March 5**

Calling all high school age homeschool teens! The HS/HS Hangout is for you! Come to meet new people and help shape this time into what you'd like to do at the library.

*Free | No Registration Required*

## **Homeschool Library Time**

**Wednesdays, 1:00 - 2:30 pm**

**January 29 | February 26 | March 26**

Come to listen and learn at the library with our Youth & Teen Librarian!

We'll start with 30-minute program that will include a story, an activity, and an opportunity to learn more about how to use the library.

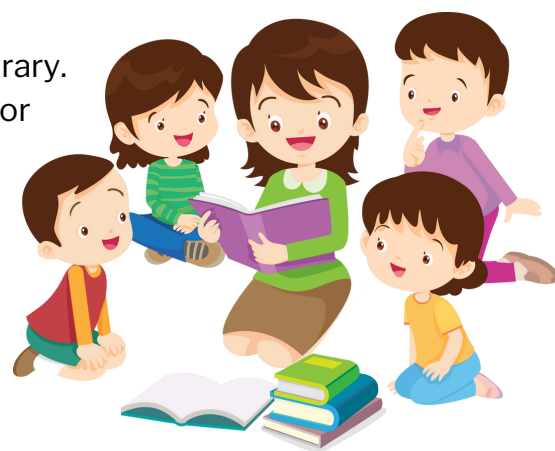
After the program, the Imagination Lab will be open for individual or group study time from 1:30- 3:00 PM.

*Free | No Registration required*

**1:00 - 1:30 pm – Kindergarten & 1st Grade**

**1:30 - 2:00 pm- 2nd & 3rd Grade**

**2:00 - 2:30 pm – 4th & 5th Grade**



## **Tales4Tails**

**Wednesdays, 3:30 - 4:30 pm**

**January 8 & 22 | February 5 & 19 | March 5 & 19**

Looking for an opportunity for your emerging or early readers to practice their skills? Please come visit Logan, DFL's resident certified therapy dog, who loves being read to. Reading aloud builds independence and confidence. Bring a book from home or, better yet, borrow one from the library! Perfect for kids of all ages!

*Free | No Registration Required*

## **Fun Fusion**

**Thursdays, 3:30 - 4:30 pm**

**January 9 & 23 | February 6 & 27 | March 13 & 27**

Join us in the Imagination Lab for planned fun! This time is designed for school-age children to have opportunities to craft, build, and create. This program is intended for 1st through 5th graders. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program. Drop-offs will not be permitted.

*Free | No Registration Required*

**January 9 - Thumbprint Art (It's a thing!)**

**March 27 - TBD**

**January 23 - STEAM: Snow**

**February 6 - Creative Writing: Storytelling Improv**

**February 27 - Wikki Stix Art**

**March 13 - STEAM: OZoBot Coding**



# FEATURED YOUTH PROGRAMS

## Hop, Bop & Roll!

**Thursdays, 10:30 - 11:30 am**

Calling all wiggle worms! Sing, laugh and learn in this music and movement class for children six and under and their favorite grownup.

*Free | No Registration Required.*

## Brain Powers Chess (K12 Beginner - Intermediate)

**Saturdays, 10:15 - 11:45 am**

**January 4 - March 29**

For this K-12 Beginner-Intermediate class, learn the game and how to craft effective and creative solutions to victory! Cultivate character-building life skills like strategy, tenacity, delayed gratification, accountability, resilience, and much more! Each week students will be learning a specific principle or group of principles central to chess from a seasoned instructor highly skilled in the game, through interactive instruction, with challenge application to example opponent board positions and partnered in-class pairings with peers, promoting immediate reinforcement of the class teachings. Brain Powers accepts ESA and ClassWallet.

*\$140 for 4 sessions | Registration Required*

*Registration Required. For children ages 5-14 interested in participating, please contact Steve Valle at (623) 321-4123 in advance to register for the class.*



January: Friendship, kindness and being true to yourself!

Building **character** together.



Connecting literacy and drama for kids!

A Desert Foothills Library & Desert Foothills Theater Partnership

Desert Foothills  
**LIBRARY**  
enriching your community

**DESERT  
FOOTHILLS  
THEATER**

Each month the library will encourage children to read books specifically chosen for the program. The curated collection will include books for all reading levels and story content will support the selected theme for the month.

Desert Foothills Theater will host and lead a dramatic play workshop at the library with interactive theater games centered around the chosen themes. Participants will enjoy a 90-minute class where no prior dramatic arts experience is required.

Parents can join the fun too!

**Ages 7-14**

**Register at [DFLA.org](http://DFLA.org) / \$10.00 per registrant**

**9:30am - 11:00am**

**Wednesday, January 15**

**Wednesday, February 19**

**Wednesday, March 19**

March: Oh the places we'll go with imagination through poetry and rhyme!

February: Growing a love for adventure and exploration!



# FEATURED YOUTH PROGRAMS

## Teen Cooking Class

**3:30 - 4:30pm**

### January 29 - Lunar New Year Edition

*These classes are for Teens 12 and older only. Please see the library website for programs for younger children. Free/ Registration required*

What better way to start the New Year than to learn the stories behind some of the most popular Asian dishes we love. We'll ring in the Lunar New Year through history and preparing some simple and tasty items. Come hungry!

### February 24 - Disney Treats

Bring your Mouse Ears and your appetite to our Disney Treats cooking class. Help prepare some simple, yet yummy, treats inspired by favorite characters and movies.

## Fire Fighter Storytime!

**Friday, February 28 | 10:30 - 11:30 am**

Join us for a special storytime with Daisy Mountain Fire & Medical. Meet firefighters in person and learn about fire safety and all the important features of the fire engine!

Please note that the firefighters are on duty and may be called away or unable to attend due to an emergency.

*Free / No Registration Required*



## DAISY MOUNTAIN FIRE & MEDICAL

HONORABLE • COMPASSIONATE • EXCEPTIONAL

## **Spring Semester 2025**

**Registration January 11, 10:30am - 12:30pm**

**If you are interested in joining, please contact Laya Field for more information at [jubilateconservatoryofmusic@gmail.com](mailto:jubilateconservatoryofmusic@gmail.com)**

The following programs are hosted by individual people or outside groups that pay to host at the library and are not a reflection of the library's values or views.

### **Singing and Songwriting**

**Tuesdays, January 14 - March 25, 4:00pm - 5:00pm**

This In a freeform environment students will come together to create their own work of art which will be recorded and performed at the end of the semester. This class will include vocal instruction and training in bel canto singing which is safe for young voices.

**Ages 9-16. Instructor: Cordi DeDecker**

### **Eclectic Ensemble for Percussion and Winds**

**Tuesdays, January 14 - March 25, 5:00pm - 6:00pm**

A Special Music Experience for Students Interested in Learning about Musical Interaction with Others in a Modern Setting; The Class will Explore Snare and Bell Kit, Marimba, Steel Tongue Drums, Wind Instruments and Other Percussion Instruments in an Environment Set in the 'Stomp' Culture for Students.

**Ages 9-16. Instructor: Cordi DeDecker**

### **Advanced String Ensemble**

**Wednesdays, January 15 - March 26, 4:00pm - 5:00pm**

For students who know how to read music and play violin, viola, or cello in first position. By playing intermediate level music together, students increase their understanding and ability to play with other young musicians. Students will participate in the end of semester recitals.

**Instructor: Laya Field**

### **Beginning String Ensemble**

**Thursdays, January 16 - March 27, 4:00pm - 5:00pm**

For students playing violin, viola, and cello, this class focuses on learning to read music and playing together, moving at a beginning level pace with a focus on the joy of musical interaction. Students will participate in the end of semester recitals.

**Instructor: Laya Field**

### **Intermediate String Ensemble**

**Thursdays, January 16 - March 27, 5:00pm - 6:00pm**

For students who know how to read music and play violin, viola, or cello in first position. By playing intermediate level music together, students increase their understanding and ability to play with other young musicians. Students will participate in the end of semester recitals.

**Instructor: Laya Field**



## **Spring Semester 2025**

**Registration January 11, 10:30am - 12:30pm**

**If you are interested in joining, please contact Laya Field for more information at [jubilateconservatoryofmusic@gmail.com](mailto:jubilateconservatoryofmusic@gmail.com)**

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### **Jubilate Violin Orchestra**

**Saturdays, January 18 - March 29, 10:00am - 11:15am**

The Jubilate Violin Orchestra is a tuition free class for beginners to advanced players for violin, viola, and cello. Beginning, Intermediate and Advanced students participate together in a light hearted setting.

Instructors: Cordi DeDecker, Bella Schwerin & Laya Field

### **Music From the Heart Singing and Theory Class**

**Saturdays, January 18 - March 29, 11:15 am- 12:00 pm**

Music from the Heart is a tuition free course for tots to teens in a family friendly setting where students learn to understand, read, and sing the language of music. This is a preparatory class for learning to play an instrument. Instructors: Cordi

DeDecker & Laya Field

### **Littles on Fiddles**

**Saturdays, January 18 - March 29, 12:00 pm- 1:00 pm**

Littles on Fiddles is a special violin class for young students, ages 4-6 years who show a true interest in playing the violin. An interview with instructor Laya Field is required in order to determine readiness to join this class. This class is preparatory for entrance into the Beginning Violin Class and the Jubilate Violin Orchestra. Instructor: Laya Field

# FEATURED ADULT PROGRAMS

## **Taxes in Retirement 567**

**Tuesday, January 14 | 11:00am - 12:00pm**

The facilitator will equip you with the most up-to date and comprehensive information on navigating the retirement tax maze. This includes social security, 401(k)/IRA, other sources, or all. You will be better positioned to develop a successful retirement tax strategy that can potentially safeguard you from over-taxation and save you more money.

*This is a FREE, educational seminar open to the public.*

*To register, please visit: <https://rsvp.enlighten567.com/d7f051cc-bbc2-4004-af2d-952e394cae2b>*

## **Social Security & Taxes in Retirement**

**Thursday, January 16 | 2:30pm - 3:30pm**

**Saturday, January 18 | 2:30pm - 3:30pm**

The future is uncertain and it's always good to be prepared for the unexpected. If you have questions or concerns... This educational workshop will help you:

- ✓ Learn how NEW legislation changed Social Security claiming options
- ✓ Maximize your Social Security payments
- ✓ Understand how Social Security affects your spouse
- ✓ Understand how Social Security taxation affects you
- ✓ Plan appropriately for retirement income
- ✓ Develop a tax-efficient retirement

*Free | To register, please call: 800-789-9216 OR VISIT: [myrsvp.biz/?id=262402](http://myrsvp.biz/?id=262402)*

## **\*AZ Medicare Guide Presentation**

**Thursday, January 23 | 1:30 - 2:30 pm**

**Thursday, March 6 | 1:30pm - 2:30pm**

**Presented by Dave Piontek**

Questions about Medicare? This educational meeting will help you have a clear understanding of the different parts of Medicare, as well as the role Medicare supplement plans and Medicare Advantage plans play within the Medicare program. We'll cover the ABCs of Medicare and the estimated costs associated with each part, followed by an open Q&A session!

*Free | Register at [dfla.org](http://dfla.org) | Questions, please call 480-488-2286.*

## **Safeguard Your Estate**

**Thursday, January 30 | 10:00am - 11:30am**

**Wednesday, February 5 | 3:00pm - 4:30pm**

**Presented by Jeff Sykes**

Discover how to retain your wealth and avoid probate. Learn how people like you have safeguarded their legacies through comprehensive estate planning. Discussion to include: How to safeguard your wealth, the distinction between having a Will versus a Living Trust, how to minimize capital gains taxes and avoid the probate process, Designation of Health & Financial Powers of Attorney, and how to put a plan in place to take care of your pets.

*Free | To reserve your seat please call 602-675-9000 or email [Workshops@SafeguardYourEstate.com](mailto:Workshops@SafeguardYourEstate.com)*

*Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library*

*\*Event requires reservation, RSVP online at [dfla.org](http://dfla.org) | Questions, please call 480-488-2286*



# FEATURED ADULT PROGRAMS

## Oath Law Estate Planning Workshop

**Tuesday, February 25 | 10:30am - 12:30pm OR 1:30pm - 3:30pm**

**Wednesday, February 26 | 10:30am - 12:30pm OR 1:30pm - 3:30pm**

Oath Law Attorney Nathan Askins will be covering different options Arizonans have to get their legal and financial affairs in order, such as the following topics:

- What happens if you die without a Will or a Trust?
- How can you protect your money and assets from Probate Court fees?
- Can you simplify your planning for home inheritance, capital gains taxes, investment accounts, step-up in basis, and more?
- Is your Medical Power of Attorney out of date?
- Is your estate prepared for the ever-changing law and economy?

Nathan Askins is a member of the Arizona Bar Association, and is licensed to practice law throughout the state of Arizona. He is a frequent speaker on Trusts, Wills, and proper planning throughout the greater Phoenix area.

*Registration is required. To register for one of these 4 workshop sessions please call the 24-hour reservation line at (480) 581-8535, or register online at [www.oath.law/workshops](http://www.oath.law/workshops)*

## THE EV OWNERSHIP EXPERIENCE: EXPLORING FACTS, INFORMATION, AND FREQUENTLY ASKED QUESTIONS ABOUT USING, DRIVING AND LIVING WITH EVS EVERY DAY

**THURSDAY, JANUARY 23, 2025 | 1:00 - 2:00 PM**



DRIVE Electric Arizona is Arizona's statewide "Drive Electric" program developed under the [DRIVE Electric USA Initiative](#). With grant funding from the Department of Energy, and in partnership with 25 states across the country, DRIVE Electric Arizona accelerates the transition to electric vehicles.

Launched in January of 2024, the all-volunteer organization and its partners educates consumers, utilities, utility regulators, and government officials. DRIVE Electric Arizona engages auto dealers and fleet leaders, conducts ride and drives and other events in partnership with utilities, businesses, cities, and other related nonprofit organizations in pursuit of our common goals.

Electric vehicles (EVs) are increasingly seen on roads every day, with their numbers rapidly growing across the globe. Join Peter Culin and John Morrill, representatives of Drive Electric Arizona, as they discuss some key points about electric vehicles on the road today.

The objective of this presentation is to help people become familiar and comfortable with EVs, learn about their benefits (low maintenance, inexpensive to operate, reduced local pollution, and more) and the most effective methods for road-tripping in an electric vehicle. They will also take this opportunity to dispel some of the myths about EVs.



**FREE | REGISTRATION NOT REQUIRED,  
BUT RECOMMENDED.  
REGISTER AT [DFLA.ORG](http://DFLA.ORG) | QUESTIONS,  
PLEASE CALL 480-488-2286.**

Views and beliefs discussed in programs are of the facilitators and attendees, not of Desert Foothills Library

**By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.**



# Single, Mingle & Learn

Mondays, 3:30 – 4:45 PM

February 3, 10, & 24 | March 3, 10, 17, 24 & 31 | April 7 & 14

Are you single and ready to reboot a relationship? Or do you have questions about how to navigate the modern dating scene?

Join Relationship & Dating Coach, Camille Evans Paterson, for one, several or all the following sessions for an opportunity to interact with other singles, learn about yourself and potential partners, build confidence, develop social skills, and gain insights into dating dynamics.

FREE | Register at [dfla.org](https://dfla.org).

## Session 1

Relationship Scripts, Part 1

"Learn New Tools to Express Yourself When Someone's Hurt Your Feelings (These Tools Help You Create a Deeper Connection)."

## Session 2

Relationship Scripts, Part 2

"How To Apologize When You've Done or Said Something Hurtful to Someone Else (When You Use These Tools, You'll Build More Intimacy)."

## Session 3

Relationship Scripts, Part 3

"What To Say When a Conversation or Relationship Has Become Uncomfortable or Toxic."

## Session 4

Relationship Scripts, Part 4

"How To Receive-In-A-Relationship as A Woman and How to Give-In-A-Relationship As A Man, Creating Amazing Attraction."

## Session 5

Relationship Scripts, Part 5

"Remembering to Sweet Talk With Your Partner, Creating Incredible Chemistry."

## Session 6

"Online And Offline Dating and Creating Your Dating Profile (Come Prepared To Write, Or Tweak Your Personal Online Dating Profile)."

## Session 7

"What Is Attraction and Why Being Vulnerable Is Lovable."

## Session 8

"Boundaries In Dating To Show Your Value."

## Session 9

"Pivotal Questions To Ask On A Date When You're Really Attracted To Someone."

## Session 10

"The Magic Bullet That Creates An Emotional Connection (Without An Emotional Connection, You Have No Long Term Connection)."

Camille Evans Paterson is a certified Life Coach through the Hendricks Institute, Ojai, California. She is a Relationship Coach for Couples and Dating Coach for Singles.

She is passionate about helping people create, improve and sustain loving relationships. She offers workshops and private one-to-one coaching. She can be reached at [camille@relationshipcoachllc.com](mailto:camille@relationshipcoachllc.com).



# FEATURED ADULT PROGRAMS

## **China Travel Adventure**

**Thursday, January 16 | 2:00pm - 3:30pm**

**Presented by Josephine Wilt**

Join us as Josephine shares her recent incredible journey through China and what she learned of its local culture, history, food and especially its people. This was Josephine's first solo adventure in decades where she left her husband behind in Cave Creek with their dog to join a group of fellow adventurers for 23 days in the far off country. There, she engaged with Chinese villagers using only her charming smile and two words of Chinese. Come experience Josephine's unique perspective on exploring rivers, mountains, villages and cities of China through amazing photographs, intriguing keepsakes and her heartwarming stories.

*Free | Registration not required, but recommended. | Register at [dfla.org](http://dfla.org) | Questions, please call 480-488-2286.*

## **Mission to Oslo**

**Tuesday, January 21 | 2:00 - 3:00pm**

Join former Assembly Speaker Tom Loftus for stories of the true and historic adventures he had as the U.S. Ambassador to Norway during the mid 1990s when NATO was expanding, Germany was reuniting, Norway was hosting both the Oslo Accords and the Winter Olympics - and Loftus was wining, dining, and most importantly, negotiating his way through it all!

From dancing with the queen to negotiating with the Russians, Loftus will share tales of the big stakes, historic moments, and the fun adventures found in his book "Mission to Oslo".

*Free | Register at [dfla.org](http://dfla.org). | Questions, please call 480-488-2286.*

## **From Fortress to Museum - The Fascinating Life of the Louvre**

**Wednesday, January 22 | 2:30pm - 4:00pm**

If walls could talk, what stories would they whisper?

But why was the Louvre built in the first place? And what events did it witness during its long existence?

Join Dominique Flamm for a historical stroll through the centuries and the halls of this giant stone book.

Dominique graduated from the École du Louvre in Paris studying art history and museology, and was an Art Lecturer of the French National Museums before moving to the United States where she began her teaching career.

*Free | Questions, please call 480-488-2286.*

## **Ghost Towns in Arizona**

**Tuesday, February 25 | 1:00 - 2:30pm**

Join us for an exciting presentation about ghost towns in Arizona. Did you know that Arizona is home to one of the country's largest collections of ghost towns?

David and Diane Reesor will present a video program of action shots that bring the ghost towns of Arizona to life. These hidden bits of history provide the opportunity to explore locations that take visitors back in time while learning about the past.

*Free | Register at [dfla.org](http://dfla.org). | Questions, please call 480-488-2286.*

# FEATURED ADULT PROGRAMS

**AZ HUMANITIES**

Read. Think. Grow.



## Staying Human in the Artificial Intelligence Revolution

Tuesday, January 28  
1:00 - 2:30pm

What is the current state of AI and what does it mean for humanity? This presentation will provide a general introduction into what AI currently can and cannot do. We will also explore some of the philosophical questions that AI raises.

Presented by Matthew Goodwin, PhD

**FREE - REGISTER AT [DFLA.ORG](http://DFLA.ORG)**

### Conversation Spanish - 1

**Fridays, February 21 & 28 | March 7 & 14 | 10:00 - 11:30am**

Habla usted Español? This introductory class meets once a week for four weeks.

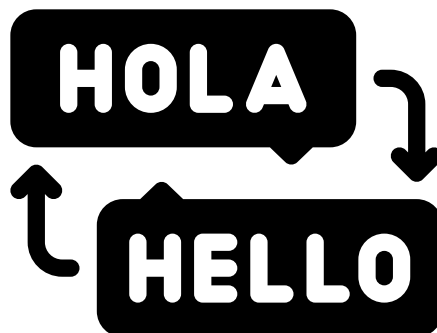
The focus is on conversation, using practical vocabulary for everyday situations. This is not an introduction to Spanish. A basic knowledge of Spanish is required (first year high-school level minimum). Handouts will be provided. A new experience is awaiting you! So, join Mariela, and start preparing for your next México, España, etc. vacation!

For questions about the class, please contact Mariela at [marielaleon@cox.net](mailto:marielaleon@cox.net)

Register at [www.dfla.org](http://www.dfla.org) or call the Desert Foothills Library at 480-488-2286.

Class is limited to 12 students.

Cost: \$ 40 for the 4 week course.





# FEATURED ADULT PROGRAMS

Desert Foothills

# LIBRARY

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Est. 1954

# Chapter 2 Books

Great Books. Great Prices.

## MONTHLY BOOK SALE!

**JANUARY 10**  
9 AM - 5 PM

**JANUARY 11**  
10AM - 4 PM

**FEBRUARY 7**  
9 AM - 5 PM

**FEBRUARY 8**  
10 AM - 4 PM

**MARCH 7**  
9 AM - 5 PM

**MARCH 8**  
10AM - 4 PM

A wonderful opportunity to purchase quality books and other media at even lower prices than the everyday bargain prices in Chapter2Books! All proceeds benefit Desert Foothills Library; Maricopa County's *ONLY* donation supported, nonprofit, public library!

## SOUTHERN CALIFORNIA ART EXHIBIT

JANUARY 13 - FEBRUARY 26 | FREE

ARIZONA ROOM AND ADJACENT HALLWAY

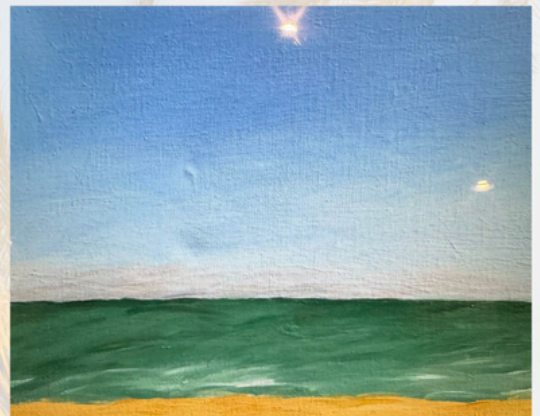
A unique look at 3 established Southern California artists and their contributions to the hub of contemporary art post-World War II



Beate Bermann-Enn  
Gardens of the Mind



Jeff Leader  
Los Angeles Remembered



Bill Matthies  
Intrinsic Landscapes

\*Event requires reservation, RSVP online at [dfla.org](http://dfla.org) | Questions, please call 480-488-2286



# FEATURED ADULT PROGRAMS

## So, You Want to Be a Writer?

Thursdays, January 30, February 13 & 27, and March 6 & 20, 3:00 – 4:00 pm

Presented by K.A. Bledsoe

This series of five workshops will take you from your first idea to being ready to join a critique group. Join us at one, several or all the sessions.

**Workshop 1 – Where do ideas come from?** A fun, interactive workshop designed to give you a place to start. We will outline a brand-new story in thirty minutes or less. Already have an idea? Bring it along to work with. This workshop can also be adapted to memoirs or non-fiction.

**Workshop 2 – What's keeping you from putting a pen to paper (or fingers on the computer)?** This workshop will give advice to help with possible pitfalls that may hinder your writing, whether you are stuck with the ending, middle or just can't seem to find a place to start.

**Workshop 3 – Who are your characters?** Good characters help to make good writing. This workshop will focus on what makes a good character as well as how they interact with dialogue and action. Non-fiction also has characters...

**Workshop 4 – When/where? Creating a world for your characters is a necessity. We will talk about building that world and how it relates to your story. Got non-fiction? We will also discuss how worldbuilding relates to non-fiction.**

**Workshop 5 – How do I define my book?** Nearly finished writing your story? Marketing is easier with quick blurbs and concise language. Learn how to easily explain your story/novel to others, including possible publishers.

Free | Register at [dfla.org](http://dfla.org) | Questions, call the library at 480-488-2286.

# Writer's CRITIQUE

PRESENTED BY K.A. BLEDSOE

**January 17 | February 21 | March 21**

**11:00 AM – 12:00 PM**

JOIN K. A. BLEDSOE FOR A WRITER'S CRITIQUE GROUP. THIS WORKSHOP IS FOR THOSE WISHING TO IMPROVE THEIR WRITING AND HELPING OTHERS WITH THEIR IDEAS. THIS WRITER'S CRITIQUE GROUP WILL OFFER SUPPORT, FEEDBACK, ACCOUNTABILITY, AND ENCOURAGEMENT. YOU ALSO STAND A GOOD CHANCE OF MAKING LIFE-LONG FRIENDS WHO ALSO LOVE THE SAME THING YOU DO: WRITING!

K. A. BLEDSOE IS A LOCAL AUTHOR WITH SEVERAL PUBLISHED WORKS INCLUDING THE SERIES THE KELTON CASES.

Free | Register at [dfla.org](http://dfla.org)



# FEATURED ADULT PROGRAMS

## **Beating Osteoporosis - Expert Discussion with Dr. Fabio**

**Wednesday, January 15 | 3:00pm - 4:30pm**

Did you know that one in two women and up to one in four men will break a bone in their lifetime due to osteoporosis? In this lecture, you will learn the facts about osteoporosis, how it is diagnosed and how you can reverse it naturally.

Dr. Fabio Almeida, M.D. is a Professional Member of the Bone Health & Osteoporosis Foundation. He also founded the Center for Integrative Healing and Wellness, located in Carefree, AZ. It is a modern era clinic for wellness and cancer care going beyond common standard of care with unrushed, comprehensive consults and personalized care.

*Registration requested. Register at [www.dfla.org](http://www.dfla.org) or call the Library at 480-488-2286.*

## **Digital Inclusion and the Arizona State Library**

**Wednesday, January 22 | 1:00pm - 2:00pm**

As services from banking to healthcare to education move online, digital access is more important than ever. Join Digital Inclusion Library Consultant Anthony Costantini to learn how the Arizona State Library is bridging the digital divide.

Anthony will explore the State Library's major digital inclusion initiatives including Connect Arizona, an online resource hub and free technology support center staffed by a team of trained Digital Navigators.

*Free | Register at [dfla.org](http://dfla.org). | Questions, call 480-488-2286.*

## **Drive Electric Arizona**

**Saturday, January 25 | 11:00am - 3:00pm**



Join us on Saturday, January 25, 2025 from 11:00 a.m. to 3:00 p.m., and have your choice to ride in or drive an electric vehicle! Presented to you by experienced vehicle owners, this is your opportunity to learn about everything an electric vehicle has to offer. In addition to the cost benefits of owning and electric vehicle (EV), driving one is exhilarating and fun!

There will be a number of EV's on display, and a wide variety available to ride in and/or drive!

*Free | Register at [dfla.org](http://dfla.org). | Questions, please call 480-488-2286.*

## **Cave Creek 2025 State of the Town**

**Wednesday, January 29 | 10:00-11:30am**

You are cordially invited to the State of the Town Address facilitated by Mayor Bob Morris. Celebrate the accomplishments of 2024 and highlights of the coming year.

*No registration required.*

*Cost: Free*



# FEATURED ADULT PROGRAMS

JOIN RENOWNED MAKEUP ARTIST  
CHARLIE GREEN FOR MORE BEAUTY TIPS!

Looking Lovely!

Thursday, February 6, 4:00 PM

Love, makeup and advice from a professional artist! Join us for a fun and interactive workshop where Charlie will welcome audience members as her super models for mini demonstrations. You won't be disappointed with the tips and techniques you will learn to enhance your beautiful you!

Kind Clean Beauty

Thursday, March 13, 4:00 PM

What is clean beauty? Join Charlie for an afternoon discussion on what, why and how 'clean beauty' has become a phenomenon. You will also learn the methods of application, education on the origin, and formulation of these products. This presentation will not disappoint!

INSTAGRAM: @MISSCHARLIEGREEN | FACEBOOK: CHARLIEGREENMAKEUP  
WEBSITE: CHARLIEGREENMAKEUP.COM



## *How to Paint Like a Master*

Friday, February 7 | 10:00am - 12:00pm

Join a Master Painting class to awaken your inner artist with Zenkiea Hjerpe.

Zenkiea is a traditional painter and multi-discipline artist that has been creating stunning original pieces for almost 20 years.

Whether you're a beginner or a seasoned artist, this class will be a hands-on learning experience that will help elevate your skills. All levels welcome!



**\$50 / person - Register now; class size will be limited!**

Call the Library at 480-488-2286 for more information

OR

call Zenkiea directly at 480-971-8096 or email [zenkiea@hotmail.com](mailto:zenkiea@hotmail.com)

\*Event requires reservation, RSVP online at [dfla.org](http://dfla.org) | Questions, please call 480-488-2286



# A Social History of Tea

Desert Foothills Library, with Carefree's English Rose Tea Room, are pleased to offer this treasured tradition replete with a gracious table setting and delicious tea and finger food selections.

**Wednesday, February 12**  
**3:00 - 5:00pm**

Guests are encouraged to dress for the occasion, hat included and enjoy an overview of the Social History of Tea presented by the English Rose Tea Room's proprietress, Jo Gemmill.

Each registration will include 5 raffle tickets to participate in a drawing of exquisite vintage chapeaus!\*

Additional raffle tickets available for \$5.00 each.

REGISTRATION REQUIRED. REGISTER AT  
[WWW.DFLA.ORG](http://WWW.DFLA.ORG)  
OR CALL THE LIBRARY AT 480-488-2286.

COST: \$50/PERSON INCLUDING TEA AND FINGER FOODS.  
THERE WILL BE A PRIZE FOR THE BEST HAT, DONATED BY THE ENGLISH ROSE TEA ROOM. \*VINTAGE HATS DONATED BY ANDREA MARKOWITZ

Desert Foothills  
**LIBRARY**  
enriching your community

38443 N School House Rd  
Cave Creek, AZ 85331



# FEATURED ADULT PROGRAMS

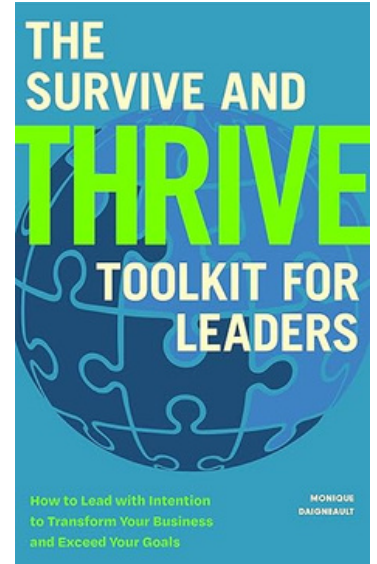
## **Tips from the Business World for Effective Communication**

**Tuesday, February 11 | 1:30pm -3:30pm**

Join local resident and Executive Coach, Monique Daigneault, as she provides communication strategies from the business world that can be used in any area of your life. This interactive presentation will include body language tips, active listening techniques, problem solving methods, and strategies to assertively get to the point.

Learn valuable information directly from Monique's book, *The Survive and Thrive Toolkit for Leaders*. This event will include an interactive presentation, Q&A, and a book signing for those who have purchased the book in advance at <https://www.amazon.com/Survive-Thrive-Toolkit-Leaders-Leadership/dp/1684816254>

*Free | Register at [dfla.org](https://dfla.org) | Questions, please call 480-488-2286.*



## **Breaking the Stress Cycle**

**Thursday, February 13 | 1:00-2:00pm**

If you're struggling with excess stress, join our class to understand the science of stress, shift your mindset and learn techniques to develop resilience and break the cycle of stress.

Maryrose Young is a Lifestyle Medicine physician at Sozo Lifestyle Medicine, a direct primary care practice that she and her husband opened. At Sozo she provides personal, easy access medical care to her members and works with them to help them prevent and reverse chronic diseases through lifestyle change. She also works as an Emergency Medicine Physician at Banner Thunderbird. The most important part of her life, however, will always be her role as a wife and a mother to her four children, who are growing up too quickly!

*Free | No registration | Questions, please call 480-488-2286.*

## **Write the Memoir You're Afraid to Write**

**Wednesday, February 19 | 1:00pm- - 3:00pm**

In an encouraging and insightful presentation, Patricia L. Brooks will help you capture the essence of your untold story. She will share with you how to produce a memoir to your own satisfaction, face your fears, and conquer your story's emotional beats. With techniques from writing her three daring memoirs, she will help you to understand the journey to writing yours. Within this engaging and informative format, Patricia will inspire you to take the necessary steps to bring your work to fruition. Patricia L. Brooks, MAOM, has published three memoirs: *Sick as My Secrets*, *Three Husbands* and *a Thousand Boyfriends*, and *Gifts of Sisterhood - Journey from Grief to Gratitude*. Her most recent work is the non-fiction book of the same session title "Write the Memoir You're Afraid to Write", published in November of 2024.

*Free | Register at [dfla.org](https://dfla.org) | Questions, please call 480-488-2286.*



# FEATURED ADULT PROGRAMS

## **Wired and Tired? Adrenal Insufficiency and How to Heal Naturally**

**Friday, March 7 | 2:00pm - 3:30pm**

Do you wake up exhausted, need that cup of coffee or two to get going - and/or does your energy tend to crash by mid-afternoon only to pick up a second wind when it is actually time to go to bed? This phenomenon is all too common in our fast-paced society and a “tell-tale” sign of adrenal dysfunction. During this one hour seminar, you will learn about the importance of adrenal health as well as its connection to reproductive and thyroid hormones. You will be given tips and resources on how to heal your adrenals and restore balance through lifestyle modifications, herbs, nutrition and supplements. Olivia Sage is a holistic and functional medicine practitioner, licensed and board certified acupuncturist and specializes in women's health.

Register at [www.dfla.org](http://www.dfla.org) or call the Library at 480-488-2286

**Cost: \$35/person. Includes handouts and materials**

## **Jewish Women's Resilience, Resistance and Survival in the Holocaust**

**Tuesday, March 25 | 1:00pm - 2:30pm**

This presentation traces the lives of two women Holocaust survivors who both grew up in traditional Jewish families in Bedzin, Poland and later became residents of Arizona: Jane Lipski (Tucson) and Doris Martin (Flagstaff). They managed to survive the Nazi onslaught as adolescent girls. While Jane was able to escape the ghetto and join the resistance movement in Slovakia, Doris was sent to Auschwitz and selected for labor at a women's camp near the Gross-Rosen concentration camp.

While Doris was liberated in 1945 by the advancing Soviet forces and ended up in a Displaced Person Camp in Germany, Jane was arrested by the Soviets as a suspected spy and remained in captivity in Soviet labor camps until 1947. Dr. Krondorfer will introduce the complex history of the Holocaust through the lives of women like Doris and Jane, with particular attention to their resourcefulness in the struggle to survive.

Bjorn Krondorfer is Regents' Professor and the Director of the Martin-Springer Institute at Northern Arizona University. As Endowed Professor of Religious Studies, he also teaches in the Department of Comparative Cultural Studies. His field of expertise is religion/gender/culture and (post-) Holocaust and reconciliation studies.

Free | Register at [dfla.org](http://dfla.org). | Questions, please call 480-488-2286.

## **American Medevac: The Story of a Vietnam Wartime Rescue Mission**

**Monday, March 31 | 1:00 - 3:00pm**

Join Morton Dean, former CBS News and ABC News correspondent, as he shares his real-life experiences while covering the Vietnam War, and his acclaimed documentary, American Medevac. During the Vietnam War, Morton Dean and cameraman Greg Cooke flew on a harrowing medevac mission to save three wounded infantrymen from an enemy infested rice paddy.

Mr. Dean long wondered what had become of the medevac crew at 'Hawk Hill' and the three bloodied men who were airlifted to safety on that day in 1971. American Medevac tells the story of their emotional reunion, more than 40 years later. The documentary features on-board footage and Mr. Dean's CBS Evening News interview with the 'Hawk Hill' medevac crew.

Free | Registration not required but recommended. | Register at [dfla.org](http://dfla.org) | Questions, please call 480-488-2286.

# WEEKLY ADULT PROGRAMS

## Craft N Chat

**Mondays, 1:00 - 3:00 pm (No Meeting on 1/20 or 2/17)**

Do you knit, crochet, needlepoint, bead, or practice another table craft? Join other local enthusiasts weekly for companionship, creating, and conversation. Any portable craft is welcome! New crafters and all skill levels are always welcome!

Have a craft you're not quite sure how to start, or need a little help or inspiration? Craft N Chat is a collaborative of creatives who are happy and eager to help!

## \*Informal MahJongg: Unsupervised Play

**Tuesdays, 1:00 – 4:00 pm**

Informal MahJongg play for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. *This group is unsupervised. No sets are provided; you must bring your own. Basic game play knowledge required.*

## The Painter's Palette

**Wednesdays, 9:00 am - 12:00 pm (No Meeting on 1/1)**

Picasso, van Gogh, Michelangelo and YOU! No matter what medium you prefer to create with, all are welcome to join The Painter's Palette! Open to all, this gathering is the time to let your creative juices flow. Bring your paints, pastels, watercolors, easels, and brushes, and join this colorful palette of other artists in our wonderful community! We provide the space, you create the art. Open to any and all mediums and skill levels.



## Ukulele Jam Sessions

**Wednesdays, 12:00 - 2:15 pm (No Meeting 1/1 and 2/12)**

NEW at the Desert Foothills Library- Ukulele Jam Group! Pick out a few of your favorite songs, grab your ukulele and come jam! We will be accessing our music online, so bring your tablet or iPad, as well as a music stand, and anything you like to get your jam on! Invite your friends and join the fun. All levels welcome! *Class is free but a donation to the Desert Foothills Library is appreciated.*

## Canasta

**Wednesdays, 1:00 - 4:00 pm (No Meeting 1/1)**

The card game "Canasta" is a Spanish word that means basket. A very old card game that has over 20 different versions and is played all over the world. Easy to learn and can be played with 2, 3 or 4 players at each table; this fun game is sure to entertain you. Cards, supplies and instruction will be provided. Let's get started!

*Donation to the Desert Foothills Library is appreciated.*



These classes are free but a donation to the library is appreciated.

By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.



# WEEKLY ADULT PROGRAMS

**Tech Help - Library Apps, Electronic Devices, and More!**  
**Tuesdays, Wednesdays & Thursday (Not available on 1/1)**  
**1:00 - 5:00 pm**

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an opportunity for anyone with questions about Libby, Cloud Library, any of the apps the library offers, and basic questions about your personal electronic devices to receive technical help. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users, your Apple ID will be needed. *Appointment is required to attend call 480-488-2286.*



**Alcoholics Anonymous**  
**Thursdays, 5:00 - 6:00 pm**

A.A. meetings are being held at Desert Foothills Library on Thursdays.  
*Free | No Registration Required.*



## GIVE TODAY!

**Founded in 1954, we are Maricopa County's ONLY nonprofit library, funded through generous contributions from community members.**

### EACH YEAR WE...

- Provide library circulation services to more than **10,000 patrons**
- Serve more than **6,000 community members** through our lifelong learning programs
- Offer more than **1400 community programs and class sessions**

**91% Of Our Funding Comes From Supporters Like You!**

Visit [DFLA.org](http://DFLA.org) and give today!

These classes are free but a donation to the library is appreciated



# MONTHLY ADULT PROGRAMS

## Art Critique

**1st Monday of each month, 3:30 - 5:00 pm**

**January 6 | February 3 | March 3**

The Desert Foothills Library and the Sonoran Art League are combining their critiques! Two nonprofits working together to enhance art education- a win for all!

Join us for a discussion that is designed to meet each individual's need for continual artistic growth and develop. Come join us and bring a friend.

WHAT TO BRING...art work you are working on, this could be a work you are having trouble with, a piece you feel you can show us a new technique, a piece of art you have finished and want feedback, bring work that you are having questions about framing, or what medium to use, questions about selling art, etc. All these topics and more are open for discussion! Open to Sonoran Arts League Members and ALL artists in the community!

*Talking about death won't kill you.*



## Death Café

**1st Wednesday of each month, 12:30 - 2:30 pm**

**January 8 | February 5 | March 5**

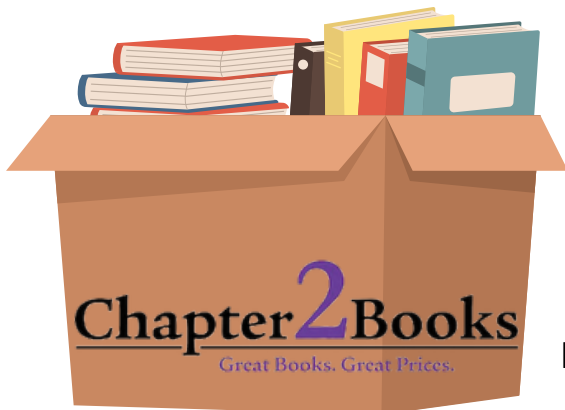


Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversations about topics relevant to all of us but often considered "dark" or even taboo. For more information go to [deathcafe.com](http://deathcafe.com).

*Free | No Registration Required*

*Class is free but a donation to the Desert Foothills Library is appreciated.*

## BOOK STORE DONATIONS WELCOME!



### CHAPTER2BOOKS ACCEPTS:

HARD COVER FICTION  
PAPERBACK AND TRADE FICTION  
CURRENT NON-FICTION  
LARGE PRINT BOOKS  
CDS & DVDS  
LIGHTLY USED PUZZLES  
MAGAZINES (CURRENT WITHIN 1 YEAR)

### NOT ACCEPTED:

ENCYCLOPEDIAS  
DICTIONARIES  
TEXT BOOKS  
CASSETTES  
VHS TAPES



# MONTHLY ADULT PROGRAMS

## **Guided Trail Tour** **The Caroline Bartol Preserve at Saguaro Hill** *At the Desert Foothills Library*

**3rd Tuesday of Each Month**

January 21 | February 18 | March 18

**9:30 am - 10:30 am**

This easy one-mile walk introduces hiking basics while exploring native desert flora and fauna. Perfect for newcomers seeking to discover the wonders of our local desert.



Meet at the Waterfall Terrace at Desert Foothills Library on the morning of the hike. Wear closed-toed, supportive shoes, and bring your water and hat!

**Free | Register at [dfla.org](https://dfla.org)**



### **Puzzle Exchange**

**Last Friday of each month, 9:00 am - 5:00 pm**

**January 31 | February 28 | March 28**

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave a puzzle, take a puzzle! Offered on the last Friday of every month. All ages and skill levels encouraged!



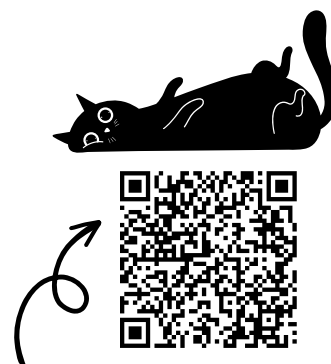
### **Happy Cat Rescue - Cat & Kitten Adoptions**

**2nd Saturday of each month, 11:00 am - 3:00 pm**

**January 11 | February 8 | March 8**

Looking for a new furry friend to add to your family? Happy Cat Rescue will be at the Desert Foothills Library on the 2nd Saturday of each month starting in April with both cats and kittens looking for their fur-ever homes.

**Scan here to see just some of the furry felines looking for a home!**



By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.

\*Event requires reservation, RSVP online at [dfla.org](https://dfla.org) | Questions, please call 480-488-2286

# MONTHLY ADULT PROGRAMS

## **Southern California Art Exhibit - Meet and Greet!**

**January 13 | 2:00 - 5:00pm**

Southern California Art Exhibit is a unique look at 3 established artists from Southern California, which after World War II, became the world center for contemporary art.

Come view the paintings and meet the artists on January 13th from 2:00 - 5:00 pm.

**Jeff Leader's "Los Angeles Remembered"**

**Bill Matthies "Intrinsic Landscapes"**

**Beate Bermann-Enn "Gardens of the Mind"**

*Free. The Southern California Art Exhibit runs from January 13 - February 26 and is located both in the Arizona Room and the hallway adjacent to the Arizona Room.*

## **Desert Foothills Art Gallery Reception - Play - Where Ideas are Born**

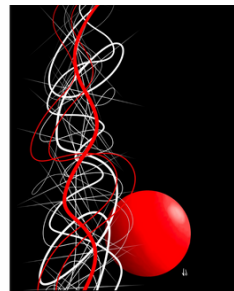
**January 24 | 3:30 - 5:00pm**

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.

## **Desert Foothills Art Gallery Presentation - Where Ideas are Born**

**February 6 | 4:00 - 5:00pm**

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.



## **Desert Foothills Art Gallery Reception - 2025 Contemporary Art**

**March 21 | 3:30 - 5:00pm**

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.

## **Desert Foothills Art Gallery Exhibition- 2025 Contemporary Art**

**March 13 - May 14 | 3:30 - 5:00pm**

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.





# FREE FILM PROGRAMS

## **Foothills Caring Corps at the Movies**

**Last Monday of each month**

**January 27 | February 24 | March 31**

**12:30 - 2:30 pm**

Come by and watch a great movie while enjoying some snacks.

Need a ride to the movies? Reach out to Foothills Caring Corps at 480-488-1105, and let them know you'd like to arrange a ride to the movies at Desert Foothills Library! Open to the public!

*Free | No Registration Required.*



## **Desert Foothills Library International Film Series**

**2nd Friday of each month, 2:00 – 5:00 pm**

**January 10 | February 14 | March 14**

**Presented by Gary Zaro & Paradise Valley Community College**

Movies are a great way to learn about different cultures - how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from different countries, each one telling a story unique to their culture and country. A post-film discussion.

*January 10: Broken Embraces (Spain; 2009, R, 120 mins.)*

*February 14: The Quiet Girl (Ireland; 2022, PG-13, 109 mins.)*

*March 14: Where Do We Go Now? (Lebanon; 2011, PG-13, 109 mins.)*

*Free | No Registration Required*

*Class is free but a donation to the Desert Foothills Library is appreciated.*



## **Desert Foothills Library Cinematic Reflections Series**

**Little Known Stories of World War II**

**3rd Friday of each month, 2:00 - 5:00 pm**

**January 17 | February 21 | March 28\* (\*4th Friday of the Month)**

**Presented by Gary Zaro & Paradise Valley Community College**

Presented by Professor Gary Zaro with an introduction and discussion of the film after.

*January 17: Europa Europa (Germany/Poland; 1990, 110 mins.)*

*February 21: The Good Traitor (Denmark; 2020, 110 mins.)*

*March 28: The Grey Zone (United States; 2001, 105 mins.)*

*Free | No Registration Required*

*Class is free but a donation to the Desert Foothills Library is appreciated.*



# LITERARY ADULT PROGRAMS

## The Culinary Book Club

**1st Monday of the month, 12:00 - 2:30 pm (No Meeting in January)**

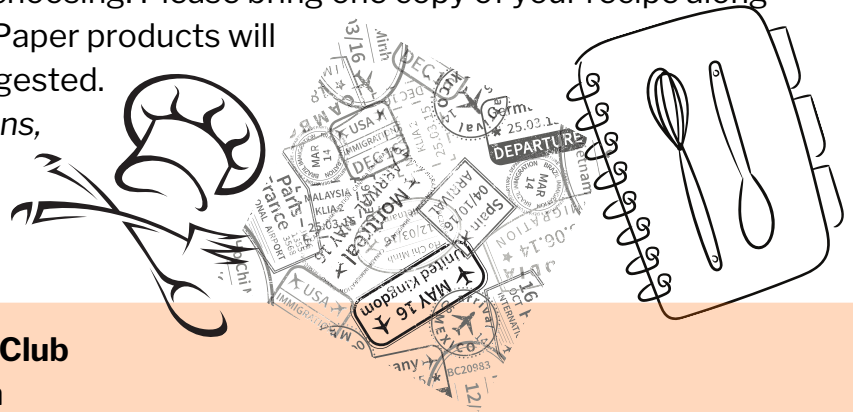
New to Desert Foothills Library! Enjoy your love of books and cuisine with others at this new monthly book club.

February 3: *Dreaming in Cuba* by Christina Garcia and *The Cuban Table* by Ana Sofia Pelaez

March 3: *My Berlin Kitchen* by Luisa Weiss and *Classic German Baking* OR *Classic German Cooking* by Luis Weiss

Be prepared to discuss the fiction and/or memoir. The recipe from the cookbook(s) for you to prepare and bring for sharing is of your own choosing. Please bring one copy of your recipe along with any utensils needed to serve your dish. Paper products will be provided. Bring your own beverage is suggested.

Free | No registration required. | Any questions, please contact: [susanrinaz@gmail.com](mailto:susanrinaz@gmail.com).



## \*Books to Die For: A Murder Mystery Book Club

**3rd Tuesday of each month, 4:00 - 5:00 pm**

**January 21: *The Nine Tailors* by Dorothy Sayers**

**February 18: *Sacred Clowns* by Tony Hillerman**

**March 18: *One for the Money* by Janet Evanovich**

Here at Desert Foothills Library, we're booked on crime! Join us each month for the Books to Die For Murder Mystery Book Club. This book club is for lovers of all forms of mystery novels. We will explore the genre in depth, eventually coming up with the perfect plan for murder (wink, wink). Light refreshments will be provided.

Registration Required at [dfla.org](http://dfla.org).

## \*Get Lit Book Club

**2nd Tuesday of each month, 5:00 - 6:30 pm**

**Drinks and catching up to start at 5 pm, book discussion to start at 5:30 pm**

**January 18: *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer**

**February 11: *North Woods: A Novel* by Daniel Mason**

**March 11: *The 100-Year-Old Man Who Climbed Out the Window and Disappeared* by Jonas Jonasson**

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Get Lit is at a different restaurant every month to support local businesses. Everyone is welcome!

Restaurant for January, February and March: *Spotted Donkey Cantina*, 34505 N. Scottsdale Road, Scottsdale, AZ 85266 (at El Pedregal)

Registration Required at [dfla.org](http://dfla.org).





# LITERARY ADULT PROGRAMS

## Library Book Club

**2nd Thursday of each month, 10:00 am - 12:00 pm**

Join the Library Book Club each month in an open discussion on a featured book. Everyone is welcome!

**January 9: The Wager by David Grann**

**February 13: The Sun Also Rises by Ernest Hemingway**

**March 13: The Fixer by Bernard Malamud**

*Class is free but a donation to the Desert Foothills Library is appreciated.*

## \*Literary Salon

**3rd Thursday of each month, 10:00 am – 12:00 pm**

Join a host of literary fans along with the facilitation of Andrea Markowitz: a voracious reader and writer of fiction and nonfiction. She earned degrees in English, music and psychology, and explored a variety of careers in education and writing. After “retiring” she discovered her true calling is to write plays and musicals. Her dedication to writing for the stage was acknowledged recently with an AriZoni Award for best new script for “Fair Game,” a musical satire based on a true story about fake news!

**January 16: Time Travel: Choose a book, film, play, podcast, series or song that is a work of historic fiction.**

**February 20: The Figure Behind the Curtain: Choose a biography/autobiography (book, film, play, podcast, series or song) about a famous person in the performing, literary or visual arts.**

**March 20: Someone I Relate To: Choose a book, film, play, podcast, series or song with a central character you identify with, admire, or aspire to be.**

Free | Register at [dfla.org](https://dfla.org) | Questions, please call 480-488-2286.



# A Conversation With Nita Prose

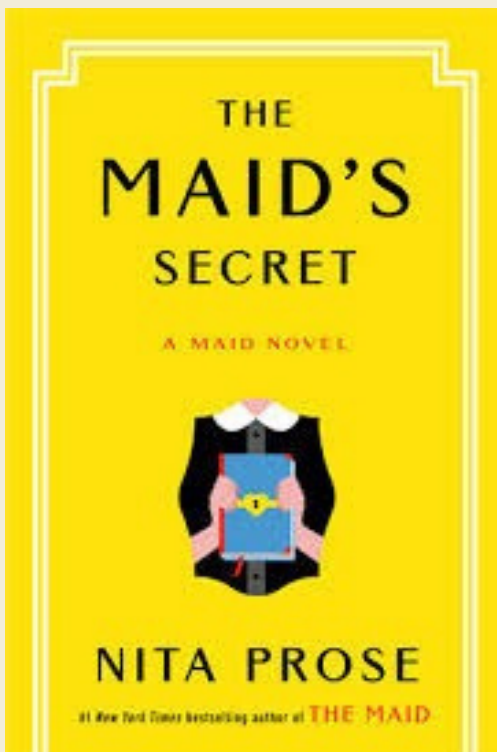
#1 *New York Times*

Bestselling Author

Nita will be in conversation with The Poisoned Pen's Barbara Peters, will take questions, and will sign copies of *The Maid's Secret*.



Nita is the author of *The Mystery Guest* and *The Maid*, which has sold over 2 million copies worldwide and was published in more than forty countries. She will join us to discuss her newest novel, *The Maid's Secret* (the third book in the Molly the Maid mystery series).



Thursday, April 10, 2025  
1:00 PM

Registration includes a signed copy of Nita Prose's newly released book, *The Maid's Secret*.

\$50 Per Person



Don't wait...reserve your seat today at [dfla.org](http://dfla.org)



# HEALTH & WELLNESS PROGRAMS

## **The Healing Pathway**

**2nd and 4th Monday of each month, 9:30 - 11:30 am**

**January 13 & 27 | February 10 & 24 | March 10 & 24**

This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language: grief. Join us as we go through this journey of grief together. Led by Hospice of the West facilitator Judy Peters.

*Free | No Registration Required.*

## **Caring for the Caregiver**

**1st Monday of the month, 10:00-11:30 am**

**January 6 | February 3 | March 3**

Taking care of yourself is essential in being able to take care of your loved one. Join us for this opportunity to fellowship with other caregivers. Led by Hospice of the West facilitators.

*Free | No Registration Required.*

## **Gentle Yoga**

**Mondays, 11:00 am - 12:00 pm (No class 1/1, 1/20, 2/12, 2/17 or 2/26)**

**Wednesdays, 11:00 am - 12:00 pm (No Class 1/1, 2/12 or 2/26)**

Yoga for Every Body! Through a slow flow of poses coordinated with the breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Please bring a yoga mat and a blanket. For questions about Gentle Yoga please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

*Cost: \$10 cash, paid to instructor at each class | No Registration Required.*



## **Gentle Chair Yoga**

**Wednesdays, 9:45 – 10:45 AM (No Class 1/1)**

Yoga for Every Body! Through a slow flow of poses coordinated with breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Marina also offers Gentle Yoga every Monday and Wednesday at 11:00 am. Chairs are provided.

Questions: Please contact instructor, Marina Kachur, at 480-510-6572 or yokama14@gmail.com.

*Cost: \$10 cash, paid to instructor at each class.*

# HEALTH & WELLNESS PROGRAMS

## **Tai Chi – Qigong for Everyone!**

**Tuesdays, 9:00 - 10:00 am**

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace, and overall wellness. This class is offered every Tuesday and Thursday. Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey, Tai Chi practice can help improve your quality of life. To learn more about her classes visit [www.MindBodyFocusQi.com](http://www.MindBodyFocusQi.com). For questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at [bina.b75@gmail.com](mailto:bina.b75@gmail.com).

*Cost: \$10 cash, paid to the instructor at each class*

*No Registration Required.*



*The Space Wellness Center*

## **SOUND HEALING MEDITATION**

**TUESDAYS**

**January 14 | February 11 | March 11**

**3:00 PM - 4:00 PM**

Join The Space Healing Sanctuary for this 60-minute Sound Healing Meditation. Sound healing is a powerful modality that promotes wellness and assists healing with" anxiety, stress, pain, clarity, memory, immunity, creativity, and more.

Please bring a mat, pillow, and blanket for comfort measures.

**\$20 | REGISTER AT DFLA.ORG**



# HEALTH & WELLNESS PROGRAMS

## **Strength Training for Women**

**Tuesdays, 4:00-5:00 pm (No Class 1/7)**

If you've never lifted weights in your life – and many people haven't - why should you start now? The answer is simple: Muscle tissue, bone density and strength all decrease over the years. These changes open the door to injuries and accidents that can compromise your ability to lead an independent and active life. Strength training can play a huge role in slowing bone loss and is one of the most effective ways reverse much of this decline. Come join us for an hour of targeted exercise where we will focus on making our bodies stronger as well as emphasizing the importance of maintaining and improving our balance.

Wear comfortable clothes and bring a yoga mat or beach towel, water and your weights. Please start with your lightest weights (2-3 lbs.)

Start the New Year off by giving yourself the gift of good health!

*Registration Required. One Time Class Fee of \$20.00, payable to instructor at the beginning of your first class. This is a SERIES of classes. Class limited to 20 participants*

## **Matter of Balance**

**Fridays, 1:30 - 3:30 pm**

**January 17, 24 & 31 | February 7, 14, 21 & 28 | March 7**

In partnership with Honor Health and instructors from AT Still University, Matter of Balance offers participants a way to gain confidence and strength through instructor guided gentle exercises for a more balanced and stronger life. A FREE, 8-week, 2-hour, evidence-based curriculum for anyone who has a concern about falling. Join us and learn how to increase your strength and gain confidence in balance.

*Registration for all 8 sessions is expected. This program is limited to 15 participants. Register at [DFLA.org](http://DFLA.org)*

# LOOK WHAT'S NEW!



## The Journey Back

### A Virtual Reality Experience

Coming Soon to the Desert Foothills Library Mid-March 2025\*

ILLINOIS HOLOCAUST MUSEUM  
& EDUCATION CENTER

*The Journey Back* is an exhibit on loan to Desert Foothills Library from the Illinois Holocaust Museum & Education Center. *The Journey Back* applies virtual reality technology to engage visitors on a journey with Holocaust survivors. The exhibit is changing the field of Holocaust memory through innovative technology and transportive storytelling, which is creating a new way to learn & discuss the Holocaust.

#### Featured Survivor Films

A Promise Kept  
Don't Forget Me  
Letters from Drancy  
Walk to Westerbork  
Escape to Shanghai

\*More details to follow.



Jewish  
Cultural  
&  
Heritage  
Festival  
at  
Desert  
Foothills  
Library



Join us to celebrate and commemorate Jewish cultures, heritage and traditions during Mid March through Mid April as we discover and explore the vibrant and varied experiences of the Jewish people.

Throughout this special festival, we will highlight various aspects of Jewish culture, heritage and history including beliefs and practices, folklore customs, literature/Authors, film, performing and visual arts, and cuisines in dozens of engaging programs, exhibits and activities.

Details for specific programs can be found on the website's monthly calendar and monthly program catalog [Information Highways].

March & April • 2025



**Part 1 of 2 Classes!**  
**2nd Class April 24th**

# **Jewish Cultural and Heritage Festival**

## **Culinary Event**

**King Solomon's Table: Savoring Ancient Jewish Cuisine and Food Symbolism**

**Thursday, March 13 | 1:00pm - 2:30pm**

**Jewish food history—like Jewish history in general—is complicated.**

**What makes Jewish cooking unique is the ancient dietary laws that govern its selection, preparation, and consumption by observant Jews. Food plays a major part in rituals past and present, binding family and community together.**

**Discover the biblical origins of Jewish foods and symbolism as we connect the dots between these biblical roots and today's Jewish cuisine.**

**As one of the most mobile nations in history (perhaps the most mobile), Jewish food has a history that is sometimes as complex as that of the nation itself.**

**Limited Seating**

**Registration required. Register at [dfla.org](http://dfla.org) or call the library at 480-488-2286.**

**Cost: \$10/class**





# Our Team Members



**Dr. Debra Lay**  
• Executive Director



**Charity Lees**  
• Assistant Director



**Marjorie Sutherland-Smith**  
• Special Events Manager



**Kiersa Holleschau**  
• Program Coordinator



**Dawn Treude**  
• Youth & Teen Librarian



**Andrea Stewart**  
• Bookkeeper



**Liz Hammersmark**  
• Lead Library Assistant



**Karina Johnston**  
• Library Assistant



**Pam Burke**  
• Library Assistant



**Susan Bailey**  
• Data and Marketing Administrator



**Blythe Sweeney**  
• Director of Development



**Frank Samuelson**  
• Facilities

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