

JANUARY • FEBRUARY • MARCH 2026

INFORMATION HIGHWAYS



Experience • Engage • Explore
A catalog of opportunities for our community

Desert Foothills

LIBRARY
enriching your community

Est. 1954

Chapter 2 Books
Great Books. Great Prices.



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IN RESERVING
A SPACE?
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US TODAY AT
[DFLA.ORG!](http://DFLA.ORG)

Desert Foothills
LIBRARY
enriching your **community**

Est. 1954

LIBRARY HOURS

OPEN

Monday, Wednesday and Friday 9 am - 5 pm
Tuesday and Thursday 9 am - 6 pm
Saturday 10 am - 4 pm

CLOSED

Thursday, January 1
Monday, January 19
Monday, February 16

For our most updated information visit DFLA.org

By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.

JANUARY EVENTS



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1 Library Closed	2	3 11 AM Tech Help (By Appt.)
			*PAID PROGRAM • YOUTH PROGRAMS • TEEN PROGRAMS • ADULT PROGRAMS			
4	5 11 AM Gentle Yoga* 12 PM The Culinary Book Club 1 PM Craft N Chat 3:30 PM Art Critique	6 9:15 AM Tai Chi & Qigong* 10:30 AM Family Storytime 1 PM Tech Help (By Appt.) 1 PM Informal Mahjongg	7 9 AM The Painter's Palette 10 AM Tech Help (By Appt.) 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12:30 PM Death Cafe 1 PM Canasta	8 10 AM Library Book Club 10:30 AM Hop, Bop & Roll! 1 PM Tech Help (By Appt.) 1:30 PM AZ Medicare Guide Presentation 5 PM Alcoholics Anonymous	9 9 AM Library Book Sale 2 PM 2025-2026 International Film Series: Around the World in Nine Films	10 10 AM Library Book Sale 10 AM Jubilate: 2026 Spring Registration 10:30 AM Dark Sky Presentation 11 AM Tech Help (By Appt.) 11 AM Happy Cat Rescue: Cat & Kitten Adoptions 1 PM Explore Your Past Lives/Past Regression Workshop
11	12 9:30 AM The Healing Pathway 11 AM Gentle Yoga* 1 PM Craft N Chat	13 9:15 AM Tai Chi & Qigong* 10:30 AM Family Storytime 12:30 PM Revolution Readers 1 PM Tech Help (By Appt.) 1 PM Informal Mahjongg 4 PM Teen Advisory Board 4 PM Strength Training for Women 5 PM Get Lit Book Club	14 9 AM The Painter's Palette 9:30 AM PLAY-OOZA 9:30 AM Winged Wonders: A Bird Walk & More! 9:30 AM Oh! Snap Photography Club 10 AM Tech Help (By Appt.) 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta 3:30 PM Tales4Tales	15 10 AM Literary Salon 10:30 AM Hop, Bop & Roll! 1 PM Tech Help (By Appt.) 1:30 PM The American Revolution: Documentary General Overview 5 PM Alcoholics Anonymous	16 11 AM Writer's Critique Group 2 PM 2025-2026 Cinematic Reflection Series: Little Known Stories of WWII	17 10 AM Jubilate Violin Orchestra 11 AM Tech Help (By Appt.)
18	19 Library Closed	20 9:15 AM Tai Chi & Qigong* 9:30 AM Guided Trail Tour 10:30 AM Family Storytime 12:30 PM Revolution Readers 1 PM Tech Help (By Appt.) 1 PM Informal Mahjongg 2 PM The American Revolution: Episode 1 - 'In Order to be Free' 4 PM Books to Die For 4 PM Strength Training for Women 4:30 PM Alzheimer's Caregiver Support Group	21 9 AM The Painter's Palette 10 AM Tech Help (By Appt.) 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta 2:30 PM Once Upon a Time: A Unicorn and a Lady	22 10:30 AM Hop, Bop & Roll! 1 PM Tech Help (By Appt.) 2 PM The American Revolution: Episode 2 - 'An Asylum for Mankind' 2:30 PM Cognitive Health Series: Non Pharmacological Approaches to Alzheimer's Prevention 5 PM Alcoholics Anonymous	23 11 AM Maximizing Your Food: Rotisserie Chicken & Ground Turkey 3:30 PM 2026 Contemporary Art Exhibit Reception	24 10 AM Jubilate Violin Orchestra 11 AM Tech Help (By Appt.) 11 AM Drive Electric Arizona
25	26 9:30 AM The Healing Pathway 11 AM Gentle Yoga* 1 PM Craft N Chat	27 9:15 AM Tai Chi & Qigong* 10:30 AM Family Storytime 10:30 AM Beyond the Basic Egg: Omellets & Scrambles 12:30 PM Caring Corps at the Movies 12:30 PM Revolution Readers 1 PM Informal Mahjongg 1 PM Tech Help (By Appt.) 2 PM The American Revolution: Episode 3 - 'The Times That Try Men's Souls' 4 PM Strength Training for Women	28 9 AM The Painter's Palette 9:30 AM PLAY-OOZA 9:30 AM Oh! Snap Photography Club 10 AM Tech Help (By Appt.) 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta 1:30 PM Travel Sketching & Painting on Your Vacations & in "Your Own Backyard"	29 10:30 AM Hop, Bop & Roll! 1 PM Tech Help (By Appt.) 2 PM The American Revolution: Episode 4 - 'Conquer by a Drawn Game' 4 PM Fun Fusion: Pokemon Trading Card Game 5 PM Alcoholics Anonymous	30 Puzzle Exchange 9:30 AM So You Want to Be a Writer? (Beginner Workshop 1) 11 AM So You Want to Be a Writer? (Advanced Workshop 1)	31 Puzzle Exchange 10 AM Jubilate Violin Orchestra 11 AM Tech Help (By Appt.) 11 AM K-Pop Demon Hunters Sing-A-Long & Celebration

FEBRUARY EVENTS



S

Mon

Tues

Wed

Thurs

Fri

Sat

- PAID PROGRAM
- YOUTH PROGRAMS
- TEEN PROGRAMS
- ADULT PROGRAMS



38443 N School House Rd.
Cave Creek, AZ | DFLA.org

1

2
11 AM Gentle Yoga*
12 PM The Culinary Book Club
1 PM Craft N Chat
3:30 PM Art Critique

3
9:15 AM Tai Chi & Qigong*
10:30 AM Family Storytime
10:30AM Classic Italian Cookies: Pizzelles & Italian Sticks
12:30 PM Revolution Readers
1 PM Tech Help (By Appt.)
1 PM Informal Mahjongg
2 PM The American Revolution: Episode 5 - 'The Soul of All America'
4 PM Strength Training for Women

4
9 AM The Painter's Palette
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
12:30 PM Death Cafe
1 PM Canasta
3:30 PM Tales4Tales

5
10 AM Cave Creek 2026 State of the Town
10:30 AM Hop, Bop & Roll!
1 PM Tech Help (By Appt.)
1 PM ASU OLLI - Arizona History: Statehood to Suburbia
4 PM Fun Fusion: Pokemon Trading Card Game
4 PM 2026 Contemporary Art Exhibit Presentation
5 PM Alcoholics Anonymous

6
2 PM The American Revolution: Episode 6 - 'The Most Sacred Thing'

7
10 AM Jubilate Violin Orchestra
11 AM Tech Help (By Appt.)

8

9
9:30 AM The Healing Pathway
11 AM Gentle Yoga*
1 PM Craft N Chat

10
9:15 AM Tai Chi & Qigong*
10 AM Estate Planning Essentials
10:30 AM Family Storytime
12 PM Toxic No More
12:30 PM Revolution Readers
1 PM Tech Talks - Cut the Cord: Streaming Options
1 PM Tech Help (By Appt.)
1 PM Informal Mahjongg
4 PM Teen Advisory Board
4 PM Strength Training for Women
5 PM Get Lit Book Club

11
9 AM The Painter's Palette
9:30 AM PLAY-OOZA
9:30 AM Oh! Snap Photography Club
9:30 AM Winged Wonders: A Bird Walk & More!
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
1 PM Canasta

12
10 AM Library Book Club
10:30 AM Hop, Bop & Roll!
1 PM Tech Help (By Appt.)
1:30 PM AZ Medicare Guide Presentation
4 PM Fun Fusion: Pokemon Trading Card Game
5 PM Alcoholics Anonymous

13
9 AM Library Book Sale
9:30 AM So You Want to Be a Writer? (Beginner Workshop 2)
11 AM So You Want to Be a Writer? (Advanced Workshop 2)
2 PM 2025-2026 International Film Series: Around the World in Nine Films

14
10 AM Library Book Sale
10 AM Jubilate Violin Orchestra
11 AM Tech Help (By Appt.)
11 AM Happy Cat Rescue: Cat & Kitten Adoptions

15

16
Library Closed

17
9:15 AM Tai Chi & Qigong*
9:30 AM Guided Trail Tour
10:30 AM Family Storytime
12:30 PM Revolution Readers
1 PM Tech Talks - Security Today
1 PM Tech Help (By Appt.)
1 PM Informal Mahjongg
4 PM Books to Die For
4 PM Strength Training for Women
4:30 PM Alzheimer's Caregiver Support Group

18
9 AM The Painter's Palette
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
1 PM Canasta
3:30 PM Tales4Tails

19
10 AM Literary Salon
10:30 AM Hop, Bop & Roll!
1 PM Tech Help (By Appt.)
4 PM Fun Fusion: Pokemon Trading Card Game
5 PM Alcoholics Anonymous

20
11 AM Pantry and Freezer Power
11 AM Writer's Critique Group
2 PM 2025-2026 Cinematic Reflection Series: Little Known Stories of WWII

21
10 AM Jubilate Violin Orchestra
11 AM Tech Help (By Appt.)

22

23
9:30 AM The Healing Pathway
11 AM Gentle Yoga*
12:30 PM Caring Corps at the Movies
1 PM Craft N Chat

24
9:15 AM Tai Chi & Qigong*
10:30 AM Family Storytime
12:30 PM Revolution Readers
1 PM Tech Talks - AI for Everyone...Including Seniors
1 PM Tech Help (By Appt.)
1 PM Informal Mahjongg
4 PM Strength Training for Women

25
9 AM The Painter's Palette
9:30 AM PLAY-OOZA
9:30 AM Oh! Snap Photography Club
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
1 PM Canasta

26
10:30 AM Hop, Bop & Roll!
1 PM Tech Help (By Appt.)
2:30 PM Cognitive Health Series: Micronutrients for the Brain
4 PM Fun Fusion: Pokemon Trading Card Game
5 PM Alcoholics Anonymous

27
Puzzle Exchange
9:30 AM So You Want to Be a Writer? (Beginner Workshop 3)
11 AM So You Want to Be a Writer? (Advanced Workshop 3)

28
Puzzle Exchange
10 AM Jubilate Violin Orchestra
11 AM Tech Help (By Appt.)

MARCH EVENTS



S Mon Tues Wed Thurs Fri Sat

1	2	3	4	5	6	7	
		<p>11 AM Gentle Yoga*</p> <p>12 PM Culinary Book Club</p> <p>1 PM Craft N Chat</p> <p>3:30 PM Art Critique</p>	<p>9:15 AM Tai Chi & Qigong*</p> <p>10:30 AM Family Storytime</p> <p>12:30 PM Revolution Readers</p> <p>1 PM ASU OLLI - Sweet & Simple: The Art of Easy Dessert Making</p> <p>1 PM Tech Help (By Appt.)</p> <p>1 PM Informal Mahjongg</p> <p>4 PM Strength Training for Women</p>	<p>9 AM The Painter's Palette</p> <p>10 AM Tech Help (By Appt.)</p> <p>11 AM Gentle Yoga*</p> <p>12 PM Ukulele Jam Session</p> <p>12:30 PM DeathCafe</p> <p>1 PM Canasta</p>	<p>10:30 AM Hop, Bop & Roll!</p> <p>1 PM Tech Help (By Appt.)</p> <p>4 PM Fun Fusion: Pokemon Trading Card Game</p> <p>5 PM Alcoholics Anonymous</p>		
8	9	10	11	12	13	14	
		<p>9:30 AM The Healing Pathway</p> <p>11 AM Gentle Yoga*</p> <p>1 PM Craft N Chat</p>	<p>9:15 AM Tai Chi & Qigong*</p> <p>10:30 AM Family Storytime</p> <p>10:30 AM Authentic Italian Pizza Making</p> <p>12:30 PM Revolution Readers</p> <p>1 PM Tech Help (By Appt.)</p> <p>1 PM Informal Mahjongg</p> <p>4 PM Teen Advisory Board</p> <p>4 PM Strength Training for Women</p> <p>5 PM Get Lit Book Club</p>	<p>9 AM The Painter's Palette</p> <p>9:30 AM Oh! Snap Photography Club</p> <p>10 AM Tech Help (By Appt.)</p> <p>11 AM Gentle Yoga*</p> <p>12 PM Ukulele Jam Session</p> <p>1 PM Canasta</p>	<p>10 AM Library Book Club</p> <p>10:30 AM Hop, Bop & Roll!</p> <p>1 PM Tech Help (By Appt.)</p> <p>1:30 PM AZ Medicare Guide Presentation</p> <p>5 PM Alcoholics Anonymous</p>	<p>9 AM Library Book Sale</p> <p>10:30 AM Spring Break Toy Pool Party!</p> <p>9:30 AM So You Want to Be a Writer? (Beginner Workshop 4)</p> <p>11 AM So You Want to Be a Writer? (Advanced Workshop 4)</p> <p>2 PM 2025-2026 International Film Series: Around the World in Nine Films</p>	<p>10 AM Library Book Sale</p> <p>10 AM Jubilate Violin Orchestra</p> <p>11 AM Tech Help (By Appt.)</p> <p>11 AM Happy Cat Rescue: Cat & Kitten Adoptions</p>
15	16	17	18	19	20	21	
			<p>9:15 AM Tai Chi & Qigong*</p> <p>9:30 AM Guided Trail Tour</p> <p>10:30 AM Family Storytime</p> <p>12:30 PM Revolution Readers</p> <p>1 PM Tech Help (By Appt.)</p> <p>1 PM Informal Mahjongg</p> <p>4 PM Books to Die For</p> <p>4 PM Strength Training for Women</p> <p>4:30 PM Alzheimer's Caregiver Support Group</p>	<p>9 AM The Painter's Palette</p> <p>10 AM Tech Help (By Appt.)</p> <p>11 AM Gentle Yoga*</p> <p>12 PM Ukulele Jam Session</p> <p>1 PM Canasta</p> <p>3:30 PM Tales4Tales</p>	<p>10 AM Literary Salon</p> <p>10:30 AM Hop, Bop & Roll!</p> <p>1 PM Tech Help (By Appt.)</p> <p>5 PM Alcoholics Anonymous</p>	<p>11 AM Cooking with Nutrient Rich Ingredients to Fuel Your Body</p> <p>11 AM Writer's Critique Group</p> <p>2 PM 2025-2026 Cinematic Reflection Series: Little Known Stories of WWII</p>	<p>10 AM Jubilate Violin Orchestra</p> <p>11 AM Tech Help (By Appt.)</p>
22	23	24	25	26	27	28	
			<p>9:15 AM Tai Chi & Qigong*</p> <p>10:30 AM Family Storytime</p> <p>1 PM Tech Help (By Appt.)</p> <p>1 PM Informal Mahjongg</p> <p>4 PM Strength Training for Women</p>	<p>9 AM The Painter's Palette</p> <p>9:30 AM PLAY-OOZA</p> <p>9:30 AM Oh! Snap Photography Club</p> <p>10 AM Tech Help (By Appt.)</p> <p>11 AM Gentle Yoga*</p> <p>12 PM Ukulele Jam Session</p> <p>1 PM Canasta</p>	<p>10:30 AM Hop, Bop & Roll!</p> <p>1 PM Tech Help (By Appt.)</p> <p>2:30 PM Cognitive Health Series: Cognitive Reserve, Cognitive Training and Neuroprotection</p> <p>5 PM Alcoholics Anonymous</p>	<p>Puzzle Exchange</p> <p>9:30 AM So You Want to Be a Writer? (Beginner Workshop 5)</p> <p>11 AM So You Want to Be a Writer? (Advanced Workshop 5)</p> <p>1 PM American Revolution Escape Room</p> <p>3:30 PM 2026 Fiber Art Exhibit Reception</p>	<p>Puzzle Exchange</p> <p>10 AM Jubilate Violin Orchestra</p> <p>11 AM Tech Help (By Appt.)</p>
29	30	31					
		<p>11 AM Gentle Yoga*</p> <p>12:30 PM Caring Corps at the Movies</p> <p>1 PM Craft N Chat</p>	<p>9:15 AM Tai Chi & Qigong*</p> <p>10:30 Family Storytime</p> <p>1 PM Tech Help (By Appt.)</p> <p>1 PM Informal Mahjongg</p> <p>1 PM ASU OLLI - Get Your Kicks at 100: A Route 66 Celebration</p> <p>4 PM Strength Training for Women</p>				

FEATURED YOUTH PROGRAMS

Family Storytime

Tuesdays, 10:30 - 11:00 am

Children ages 2 to 6 years old and their caregivers are encouraged to join Miss Dawn for a storytime featuring developmentally appropriate songs, movement, & stories to foster early literacy skills. This program is intended for ages 2 to 6. This program is designed for children and accompanying adults. Please plan to attend and be engaged with your child for this program. Drop offs will not be permitted.

***Revolution Readers**

Tuesdays, 12:30 - 1:30 pm

January 13, 20 & 27, February 3, 10, 17 & 24 and March 3, 10 & 17

As we gear up for the 250th anniversary of the American Revolution, young readers are invited to see history through the lens of Lauren Tarshis' *I Survived: The American Revolution*. We'll meet for one hour for 10 sessions—just the right rhythm to enjoy and complete a few chapters together. Bring nothing but your curiosity: sit, listen, and enjoy. A copy of the book will be provided to each reader at the first meeting.

Each session becomes a shared family adventure. We pause periodically for vocabulary exploration, guiding questions, and comprehension checks to support deeper understanding, spark curiosity, and build strong literacy skills. This program is designed for children in grades K-8.

Free | Registration Required | Register at dfla.org | Questions, please call 480-488-2286.

Teen Advisory Board (TAB)

Tuesdays, 4:00 - 5:00 pm

January 13 | February 10 | March 10

Are you looking for a way to serve your community and support the library at the same? If so, the Desert Foothills Library Teen Advisory Board (TAB) may be for you. TAB members meet once a month to plan youth and teen events, make recommendations for teen book selection and support library operations. You can earn service credit time doing something you enjoy at a place you love! Open to ages 12-17.

Tales4Tails

Wednesdays, 3:30 - 4:30 pm

January 14 | February 4 & 18 | March 18

Looking for an opportunity for your emerging or early readers to practice their skills? Please come visit Logan, DFL's resident certified therapy dog, who loves being read to. Reading aloud builds independence and confidence. Bring a book from home or, better yet, borrow one from the library! Perfect for kids of all ages!

Free | No Registration Required | Questions, please call 480-488-2286.

FEATURED YOUTH PROGRAMS

PLAY-OOZA

Wednesdays, 9:30 - 10:30 am

January 14 & 28 | February 11 & 25 | March 25

PLAY-OOZA is a dedicated time to play, create, and collaborate for preschool-age children. Join Miss Dawn for focused fun that supports fine motor and Early Literacy skills through informal learning activities, crafts, and imagination!

This program is designed for preschool children and accompanying adults. Please plan to attend and be engaged with your child in this program. Drop-offs will not be permitted. Space is limited.

Free | No Registration Required | Questions, please call 480-488-2286.

January 14- Snowman Craft

January 28- Sensory Play

February 11- Valentine Craft

February 25- "Cooking" with Play Food

March 25- Play-Doh Fun



Hop, Bop & Roll!

Thursdays, 10:30 - 11:30 am

Calling all wiggle worms! Sing, laugh and learn in this music and movement class for children six and under and their favorite grownup.

Free | No Registration Required | Questions, please call 480-488-2286.

Fun Fusion: Pokemon Trading Card Game

Thursdays, 4:00 - 5:00 pm

January 29 | February 5, 12, 19 & 26 | March 5

Through a collaboration between the Association for Library Service to Children (ALSC) and The Pokémon Company, Desert Foothills Library is excited to offer our first Pokémon Club! We provide the materials needed to learn how to play the Pokémon Trading Card Game plus snacks and giveaways! No experience necessary.

Gaming helps build social-emotional confidence as well as cognitive skills through math and reading comprehension. Bring a friend and make some new ones while having fun at the library!

Free | No Registration Required | Questions, please call 480-488-2286.

K-Pop Demon Hunters Sing-A-Long & Celebration

Saturday, January 31 | 11:00 am - 12:00 pm

Calling all Huntrix and Saja Boys fans! Join us for singing, crafts, trivia and all things K-Pop Demon Hunters. Costumes are encouraged!

Free | No Registration Required | Questions, please call 480-488-2286.

FEATURED YOUTH PROGRAMS

Spring Break Toy Pool Party!

Friday, March 13 | 10:30 - 11:30 am

Grab your favorite waterproof toy and join us for an epic Spring Break celebration on the patio! We'll have swimming pools for the toys*, music and crafts. Bring a beach towel and pack your sunscreen.

*toys only in the pools.

Free | No Registration Required | Questions, please call 480-488-2286.

American Revolution Escape Room

Friday, March 27 | 1:00 - 2:00 pm

As we get closer to the America 250th celebration it's a good time to take a deeper dive into the amazing history and facts surrounding our American Revolution. Children and Tweens in grades 3rd-8th are invited to test their skills in our first American Revolution Escape Room!

You'll be reading informational text and using your new knowledge to solve puzzles about life for soldiers, women in the war, battlefield medicine, and secret codes. Come to play and learn!

Free | No Registration Required | Questions, please call 480-488-2286.



GIVE TODAY!

**Founded in 1954, we are Maricopa County's
ONLY nonprofit library, funded through
generous contributions from
community members.**

EACH YEAR WE...

- Provide library circulation services to more than **10,000 patrons**
- Serve more than **6,000 community members** through our lifelong learning programs
- Offer more than **1400 community programs and class sessions**

**91% Of Our Funding Comes From
Supporters Like You!**

Visit DFLA.org and give today!





Arizona State University

At Desert Foothills Library

Arizona History: Statehood to Suburbia

Presented by: Jim Turner

Thursday, February 5 | 1:00 - 2:30 pm | Cost \$19

Join Jim Turner to explore Arizona's history from its admission as the 48th state in 1912 through the social, economic, and environmental challenges of the 21st century. We will trace the legacies of frontier mining and cattle ranching alongside the rise of early Progressive politics, Native American reservations, boarding schools, and the trading posts that connected diverse communities.

The class will examine Arizona's role in national and international events, including General Pershing's punitive expedition along the border, the arrival of health seekers and tourists drawn to dude ranches and ranch schools, and the emergence of auto tourism and early motion-picture production. By connecting Arizona's frontier past with its modern identity, participants will gain insight into how cultural diversity, economic opportunity, and environmental limits have shaped one of the fastest-growing states in the nation.

Sweet & Simple: The Art of Easy Dessert Making

Presented by: Larry P. Canepa, Certified Culinary Educator

Tuesday, March 3 | 1:00 - 3:00 pm | Cost \$25

You don't need to be Betty Crocker or a professional pastry chef to whip up desserts that look and taste amazing. Impressive sweets aren't reserved for TV kitchens or high-end bakeries. With just a few simple techniques, a dash of creativity, and some basic ingredients, anyone can create stunning treats right at home.

A swirl of whipped cream, a scattering of fresh berries, a dusting of powdered sugar, or a drizzle of chocolate can completely transform a simple dessert into something eye-catching and elegant. All it takes is a willingness to try, a sense of fun, and maybe a sweet tooth or two to share. So, roll up your sleeves, open your pantry, and remember – the best desserts come from the heart, not a textbook.

Get Your Kicks at 100: A Route 66 Celebration

Presented by: Roger Naylor

Tuesday, March 31 | 1:00 - 2:30 pm | Cost \$19

In 2026, Route 66, America's iconic "Mother Road," celebrates its 100th anniversary. Join acclaimed author and travel writer Roger Naylor as he takes us on a lively and insightful journey through the history, culture, and enduring charm of this legendary highway. Discover how Arizona played a pivotal role in preserving Route 66, becoming its greatest champion and caretaker.

Roger will share stories of the breathtaking landscapes, vibrant small towns, and quirky mom-and-pop eateries that still thrive along Arizona's stretch of the road. Don't miss this chance to rediscover the road that shaped a nation and continues to inspire wanderers today.

Please visit www.asuolli.org to register.

Questions, please call 602-543-6440.

FEATURED ADULT PROGRAMS

AZ Medicare Guide Presentation

Thursdays, January 8, February 12 & March 12 | 1:30 - 2:30 pm

Presented by Christine Corbridge

Questions about Medicare? This educational meeting will help you have a clear understanding of the different parts of Medicare, as well as the role Medicare supplement plans and Medicare Advantage Plans play within the Medicare program. We'll cover the ABC's of Medicare and the estimated costs associated with each part, followed by an open Q&A session!

Presented by Christine Corbridge - Licensed Agent and Medicare Health Plan Broker specializing in Medicare Supplemental Insurance offering clarity on the many confusing parts of Medicare. Christine has years of experience as a Medicare agent, and is available to answer your Medicare questions!

Free | Register at dfla.org | Questions, please call 480-488-2286.

Dark Sky Presentation

Saturday, January 10 | 10:30 am - 12:00 pm

Presented by Mark Johnston

Join Astronomer Mark Johnston in-person as he takes us behind the scenes on his recent scientific adventure to the 16,500 foot Chilean Observatory atop the Andes Mountains. Mark will narrate his Documentary and then answer questions.

Free | Register at dfla.org | Questions, please call 480-488-2286.

EXPLORE YOUR PAST LIVES/PAST LIFE REGRESSION WORKSHOP

PRESENTED BY CARRIE SHUBERT

PROFESSIONAL CLAIRVOYANT/PSYCHIC CONSULTANT
MEDIUM, EMPATH, AND CERTIFIED HYPNOTHERAPIST

**SATURDAY, JANUARY 10
1 PM-3 PM**

EXPLORE YOUR PAST LIVES THROUGH GUIDED MEDITATION AND VISUALIZATION. THIS IS A FUN WORKSHOP, WHETHER IT'S JUST TO SEE YOUR PREVIOUS LIVES OR GAIN INSIGHT INTO RECURRING ISSUES YOU HAVE BROUGHT IN FROM PREVIOUS LIFETIMES. ALSO, IT'S AN OPPORTUNITY TO GET A BETTER UNDERSTANDING OF YOUR SOUL'S PURPOSE.

COST: \$65.00 | REGISTER AT DFLA.ORG | QUESTIONS CALL 480-488-2286



By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.

FEATURED ADULT PROGRAMS

Winged Wonders: A Bird Walk and More!

Wednesday, January 14 & February 11 | 9:30 - 10:30 am

Presented by Rachel Stringham, Desert Foothills Land Trust

Come explore the birds of the Sonoran Desert with us! Whether you're just getting acquainted with our feathered friends or are a seasoned birdwatcher, everyone is welcome. Meet on the patio of Desert Foothills Library, and we'll explore nearby Saguaro Hill

Preserve with a guide from Desert Foothills Land Trust. Please wear closed-toe shoes, sun protection, and bring water. If you have binoculars, bring those as well, though they are not required.

Rachel Stringham is a naturalist who loves our Sonoran Desert home and enjoys helping others discover its beauty. She has a particular fondness for anything with wings—birds, bats, or bugs, she loves them all. As Community Engagement Director for Desert Foothills Land Trust, Rachel gets to spend her days connecting people to nature and protecting the desert for generations to come.

Free | Register at dfla.org | Questions, please call 480-488-2286.



OH SNAP! PHOTOGRAPHY CLUB

AT DESERT FOOTHILLS LIBRARY

ARE YOU PASSIONATE ABOUT CAPTURING MOMENTS, EXPLORING NEW PERSPECTIVES, OR IMPROVING YOUR CAMERA SKILLS?

OUR PHOTOGRAPHY CLUB IS A FRIENDLY AND SUPPORTIVE COMMUNITY OF LOCAL PHOTOGRAPHERS - OPEN TO ALL SKILL LEVELS, FROM COMPLETE NOVICES TO SEASONED PROFESSIONALS.

BRING SOME OF YOUR PHOTOS ON A THUMBDRIVE TO SHARE AT THE FIRST MEETING.

WHAT WE DO:
SHARE & CRITIQUE LEARN NEW SKILLS
DEVELOP A PERSONAL STYLE & MORE

EVERY OTHER
WEDNESDAY
BEGINNING JAN. 14TH
9:30 - 11:00 AM

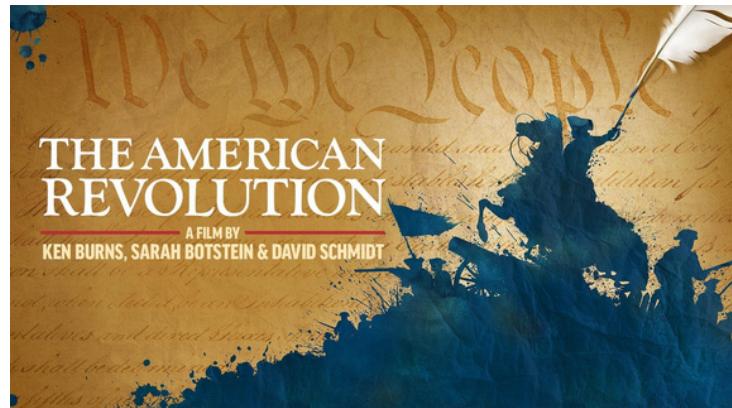
JOIN NOW!
REGISTER AT
DFLA.ORG

FEATURED ADULT PROGRAMS

THE AMERICAN REVOLUTION: A Documentary General Overview

Thursday, January 15 | 1:30 - 2:30 pm

As a proud recipient of a community partner grant from PBS in commemoration of THE AMERICAN REVOLUTION docuseries, co-directed by Ken Burns, Desert Foothills Library is excited to share a Documentary General Overview of the six-part series that recently premiered on PBS.



Discover THE AMERICAN REVOLUTION, is a landmark series from Ken Burns, Sarah Botstein, and David Schmidt. This presentation offers a sweeping overview of the series—illuminating its central themes and inspiring reflection on the ideas, struggles, and ideals that continue to define the American story.

If you missed the series on PBS, join us for this overview which will kick-start the viewing of the entire series beginning in January 20, 2026.

Free | Register at dfla.org | Questions, please call 480-488-2286.

THE AMERICAN REVOLUTION:

Six-Part Series (Beginning January 20)

Dates Listed Below | 2:00 - 4:00 pm

As a proud recipient of a community partner grant from PBS in commemoration of THE AMERICAN REVOLUTION docuseries, co-directed by Ken Burns, Desert Foothills Library is excited to share the six-part series that recently premiered on PBS.

Join us for each of the following episodes:

The Series: Thirteen American colonies unite in rebellion, win an eight-year war to secure their independence, and establish a new form of government that would inspire democratic movements at home and around the globe. What begins as a political clash between colonists and the British government grows into a bloody struggle that will engage more than two dozen nations and forever change the world.

Tuesday, January 20 - Episode 1: *'In Order to be Free'*

Thursday, January 22 - Episode 2: *'An Asylum for Mankind'*

Tuesday, January 27 - Episode 3: *'The Times That Try Men's Souls'*

Thursday, January 29 - Episode 4: *'Conquer by a Drawn Game'*

Tuesday, February 3 - Episode 5: *'The Soul of All America'*

Friday, February 6 - Episode 6: *'The Most Sacred Thing'*

For more details about each of the episodes, please refer to the library program calendar at dfla.org.

Free | Register at dfla.org | Questions, please call 480-488-2286.

FEATURED ADULT PROGRAMS

Once Upon a Time: A Lady and a Unicorn

Wednesday, January 21 | 2:30 - 3:30 pm

Presented by Dominique Flamm

Half horse and half goat, proudly bearing a unique magical horn, the Unicorn has haunted people's imagination for millennia.

Since the 15th century, this mythical creature has been gracing a set of tapestries considered to be the "Mona Lisa of the Middle- Ages".

Let's follow in the Lady's footsteps and catch this elusive animal.



Dominique graduated from the École du Louvre in Paris studying art history and museology, and was an Art Lecturer of the French National Museums before moving to the United States where she began her teaching career.

Free | Register at dfla.org | Questions, please call 480-488-2286.

Cognitive Health Series: Non-Pharmacological Approaches to Alzheimer's Prevention

Thursday, January 22 | 2:30 - 3:30 pm

Presented by Dr. Brian Browne

Alzheimer's disease is a complex neurodegenerative disorder with no definitive cure. However, growing scientific research report that lifestyle and non-pharmacological interventions play a critical role in delaying the onset and progression of Alzheimer's. This lecture will explore various non-pharmacological strategies that have shown great promise in reducing the risk of Alzheimer's, focusing on holistic, evidence-based approaches to brain health.

Cognitive Health Series: Micronutrients for the Brain

Thursday, February 26 | 2:30 - 3:30 pm

Micronutrients are often referred to as vitamins and minerals and are vital to healthy development, healthy aging, brain health, and disease prevention. Apart from vitamin D, micronutrients are not produced in the body and must be derived from the diet or supplements. Understanding and consuming the recommended amount of micronutrients is critical because micronutrient deficiencies can have devastating consequences on your brain health and overall wellness as you age. Join us to uncover the research behind the importance of micronutrient health and its connection to positive aging.

Brian Browne is the president of Cognitive Care Management and founder of Neuro-Nutrition. Dr. Browne is a nutritional neuroscientist and possesses over 20 years of expertise in the fields of aging, dementia, nutrition, and clinical research.

Free | Register at dfla.org | Questions, please call 480-488-2286.

FEATURED ADULT PROGRAMS

Maximizing Your Food: Rotisserie Chicken & Ground Turkey

Friday, January 23 | 11:00 am - 12:00 pm

Presented by Chef Wendy Farrell

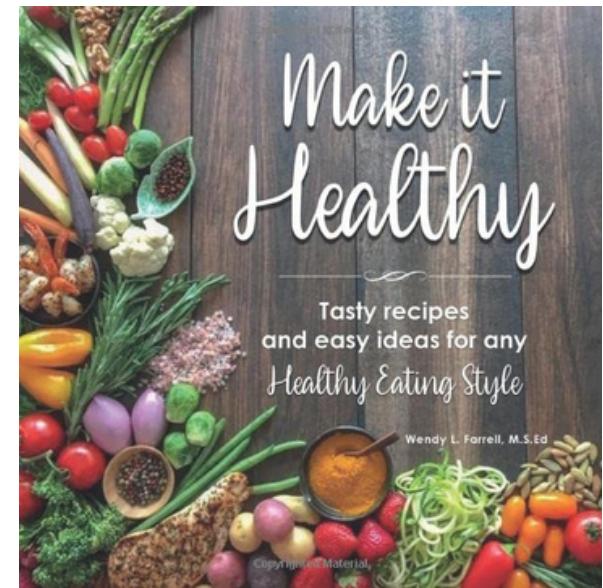
Discover how to stretch your grocery dollars and elevate everyday meals in this practical hands-on healthy cooking class. We'll explore cost-effective strategies for buying ingredients in bulk, planning meals around sales, and creatively repurposing versatile staples.

Our spotlight ingredients will be rotisserie chicken and ground turkey - affordable proteins that can be transformed into multiple nutritious dishes throughout the week. Learn smart prep techniques, flavor-boosting tips, and simple meal ideas that minimize waste while maximizing nutrition.

Whether you're feeding a family, cooking for one, or looking to save time and money without sacrificing taste, this class will empower you to cook smarter, reduce food costs, and enjoy wholesome meals with confidence.

The names of all registered participants will be entered into a drawing to win a copy of Chef Wendy's Make It Healthy cookbook.

Free | Register at dfla.org
Questions, please call 480-488-2286.



DRIVE ELECTRIC ARIZONA

SATURDAY, JANUARY 24, 2026 | 11:00 AM - 3:00 PM



DRIVE Electric Arizona is Arizona's statewide "Drive Electric" program developed under the [DRIVE Electric USA Initiative](#).

With grant funding from the Department of Energy, and in partnership with 25 states across the country, DRIVE Electric Arizona accelerates the transition to electric vehicles.

Join us on Saturday, January 24, 2026 from 11:00 a.m. to 3:00 p.m., and have your choice to ride in or drive an electric vehicle!

Presented to you by experienced vehicle owners, this is your opportunity to learn about everything an electric vehicle has to offer. In addition to the cost benefits of owning an electric vehicle (EV), driving one is exhilarating and fun!

There will be a number of EV's on display, and a wide variety available to ride in and/or drive!



FREE | REGISTRATION NOT REQUIRED,
BUT RECOMMENDED.
REGISTER AT DFLA.ORG | QUESTIONS,
PLEASE CALL 480-488-2286.

FEATURED ADULT PROGRAMS



Beyond the Basic Egg: Healthy Omelet & Scramble Recipes to Start the New Year

Tuesday, January 27 | 10:30 - 11:30 am

Presented by Chef Sam DiGiovanni

Start the year with delicious, healthy choices! Join us for a live cooking demonstration where Chef Sam will prepare fresh omelets and scrambles, share simple techniques, and highlight healthy, flavorful ingredients perfect for everyday living.

Enjoy samples, learn new recipes, and gather inspiration for a healthier year ahead!

Chef Sam was born in the Phoenix area and lived most of his early life in Prescott, Arizona. Throughout school he had the opportunity to travel abroad to expand his culinary knowledge, spending over a month in each Cambodia, Vietnam, and China to further his culinary experience. Countless trips to Mexico, and spending time at Arizona Culinary Institute and Le Cordon Bleu continued his culinary growth, and now Chef Sam has settled in the valley, where he attended Central Arizona College's Certified Dietary Manager program.

Since Cave Creek Assisted Living opened in September, Chef Sam has been putting his Arizona twist on the dishes enjoyed by their residents and sharing his culinary knowledge with his team.

**Free | Register @dfla.org
Questions, please call 480-488-2286.**



Travel Sketching & Painting on Your Vacations and in “Your Own Backyard”

Wednesday, January 28 | 1:30 - 3:00 pm

Presented by Roberta Kritzia

Join Roberta Kritzia as she shares a display of her famed mixed media art works created, on location, during her 30 years traveling and guiding her art trips throughout Western Europe.

She will also be discussing and demonstrating the art supplies that she works with while traveling and providing tips for creating your own memorable sketches and paintings.

**Free | Register at dfla.org
Questions, please call 480-488-2286.**



FEATURED ADULT PROGRAMS

So, You Want to Be a Writer? (Beginner Workshops)

Fridays, January 30, February 13 & 27 and March 13 & 27 | 9:30 - 10:30 am

Presented by K.A. Bledsoe

This series of five workshops will take you from your first idea to being ready to join a critique group. Join us at one, several or all the workshops.

Workshop 1 (Jan. 30) – Where do ideas come from? - A fun, interactive workshop designed to give you a place to start. We will outline a brand-new story in thirty minutes or less. Already have an idea? Bring it along to work with.

Workshop 2 (Feb. 13) – What is a pantser? - There are a lot of different terms in writing and publishing that may be confusing. This workshop will not only give quick explanations, but also advice to help with possible pitfalls that may hinder your writing.

Workshop 3 (Feb., 27) – Who are your characters? - Good characters help to make good writing. This workshop will focus on what makes a good character as well as how they interact with dialogue and action.

Workshop 4 (March 13) – When/where? - Creating a world for your characters is a necessity. We will talk about building that world and how it relates to your story.

Workshop 5 (March 27) – How do I define my book? - Nearly finished writing your story? Marketing is easier with quick blurbs and concise language. Learn how to easily explain your story/novel to others, including possible publishers.

Free | Register at dfla.org | Questions, please call 480-488-2286.

So, You Want to Be a Writer? (Advanced Workshops)

Fridays, January 30, February 13 & 27 and March 13 & 27 | 11:00 am - 12:00 pm

Presented by K.A. Bledsoe

This series of five workshops will take you from your first idea to being ready to join a critique group. Join us at one, several or all the workshops.

Workshop 1 (Jan. 30) – The Business Side of Writing – How to turn your hobby into a business. Starting with, how to approach your book as an editor, not a writer.

Workshop 2 (Feb. 13) – Deep Dive Into Plot - Allegory, symbolism, themes, the hero's journey, politics, etc. There is so much more to plot than simply a story. Also, show, don't tell.

Workshop 3 (Feb. 27) – Getting to the Nitty Gritty Details of Your Work – It may have been a while since your last English paper. This class will remind you of those rusty skills and help you make your writing the best it can be.

Workshop 4 (March 13) – Talk the Talk - Terminology of Writing - Terms that agents and publishers use as well as self-pubbed. This would be explaining terms like "plot development" and "character-driven" and anything else that may come up.

Workshop 5 (March 27) – First Pages and Last Words - How you end your novels is just as important as how they start. This workshop will give you tips to make that book stand out from others.

K. A. Bledsoe's writing journey began at the age of six with a short story about kids growing up on a space station. Writing has been a constant despite other jobs like scooping ice cream, shoe salesman, pharmacy tech, band director, and more.

Free | Register at dfla.org | Questions, please call 480-488-2286.

FEATURED ADULT PROGRAMS

Writer's Critique Group

January 16 | February 20 | March 20 | 11:00 am - 12:00 pm

Presented by K.A. Bledsoe

Join K.A. Bledsoe for a writer's critique group. This workshop is for those wishing to improve their writing and helping others with their ideas. The writer's critique group will offer support, feedback, accountability and encouragement. You also stand a good chance of making life-long friends who also love the same thing you do: writing! K. A. Bledsoe is a local author with several published works including the series The Kelton Cases.

Free | Register at dfla.org | Questions, please call 480-488-2286.

Classic Italian Cookies: Pizzelles & Italian Sticks

Tuesday, February 3 | 10:30 am - 12:00 pm

Presented by Tom Subranni

Embark on a culinary journey to Italy and master the art of two beloved traditional cookies: delicate Pizzelles and classic Italian Stick Cookies.

Learn the secrets to creating beautiful pizzelles- thin, and crispy wafer cookies – using a traditional pizzelle iron. Discover the significance of this ancient cookie, a staple of Italian holidays, and how to create the perfect lacy pattern. As a bonus, you will learn the technique for making Italian Stick Cookies using a soft, slightly sticky dough that is shaped into "sticks" or logs before baking.

Tom will guide you through each step, sharing tips and family secrets for perfect results every time. Leave with some take-home treats and the recipes to recreate these cherished Italian traditions for your own friends and family.

This class is perfect for all skill levels, from novice bakers to seasoned home cooks looking to expand their holiday repertoire.

Free | Register at dfla.org | Questions, please call 480-488-2286.

ASU Osher Lifelong Learning Institute:

Arizona History: Statehood to Suburbia

Presented by Jim Turner

Thursday, February 5 | 1:00 - 2:300 pm

Join Jim Turner to explore Arizona's history from its admission as the 48th state in 1912 through the social, economic, and environmental challenges of the 21st century. We will trace the legacies of frontier mining and cattle ranching alongside the rise of early Progressive politics, Native American reservations, boarding schools, and the trading posts that connected diverse communities.

The class will examine Arizona's role in national and international events, including General Pershing's punitive expedition along the border, the arrival of health seekers and tourists drawn to dude ranches and ranch schools, and the emergence of auto tourism and early motion-picture production. By connecting Arizona's frontier past with its modern identity, participants will gain insight into how cultural diversity, economic opportunity, and environmental limits have shaped one of the fastest-growing states in the nation.

Registration Required. Cost for the class: \$19.00/person.

Please click www.asuolli.org to get started. Questions, please call 602-543-6440.

FEATURED ADULT PROGRAMS

Tech Talks: Keeping Up with the World of Technology!

Tuesdays, February 10, 17 & 24 | 1:00 - 2:00 pm

Presented by Tech 4 Life Computers, Websites & Digital Marketing

Explore the world of technology and boost your confidence in a supportive environment. This Tech Talks series offers a clear path for learning, from gaining insight into current streaming options to exploring topics like identity theft, fraud protection and what's new with AI.



The professional staff members of Tech 4 Life Computers, Websites & Digital Marketing, with 23 years of local experience with our community, will lead the discussions and provide the information and tips you need for understanding today's world of technology. Register for one or more classes today!

Tech Talks Series:

February 10 - Cut the Cord - Streaming Options in 2026 - Should I stay on Cox Cable? What is the best way to switch providers? Does Apple TV have local channels? What other internet options work in our community? These and other questions will be answered as we discuss "Cutting the Cord" as a group.

February 17 - Security Today - Identity, Ransomware and Fraud Protection in Today's Challenging World - Our threats, tools and challenges change daily. Unfortunately, they also present new security and safety challenges individually. Join us for this class and find out what is important for you in 2026!

February 24 - AI for Everyone...Including Seniors: Having Fun or Being Afraid? - Come join us in this valuable discussion on how our local people are dealing with AI. It is a raging river flowing through our lives, should you run away or get a boat? "Our community, clients and our staff share AI experiences every day. It's important to share this with our local community." says Steve Woods, founder of Tech 4 Life. Join us and see what your AI experience will be in 2026!

Free | Register at dfla.org | Questions, please call 480-488-2286.

Estate Planning Essentials

Tuesday, February 10 | 10:00 - 11:00 am

Presented by Nicole Pavlik

Join us for an informative workshop presented by attorney Nicole Pavlik of Nicole Pavlik Law Firm - an experienced estate attorney with an office in Phoenix and a returning presenter. Nicole will guide you through the key components of estate planning, highlighting the importance of having a will, understanding when a trust might be beneficial, and the critical role of powers of attorney and medical directives.

Learn how to protect your wishes and your loved ones throughout life's stages, discover strategies to avoid probate, and get clear answers to your most common estate planning questions. Whether you are new to estate planning or need to update your documents, this session will provide practical, actionable guidance to help you secure your family's future.

Free | Register at dfla.org | Questions, please call Nicole Pavlik Law Firm, PLC at 602-635-6176.

FEATURED ADULT PROGRAMS

Toxic No More!

Tuesday, February 10 | 12:00 am - 1:30 pm

Presented by Clarissa Burt

Toxic No More is an educational, hands-on course designed to help participants understand and reduce everyday exposure to unnecessary chemicals found in many commercial skin care, cosmetic, and household cleaning products. The course focuses on practical, accessible alternatives using simple, non-toxic ingredients such as plant butters, carrier oils, essential oils, and other safe household elements. Emphasis is placed on ingredient awareness, safety, and simplicity—not complicated formulas or specialized equipment.

Participants will learn how to create effective products they can confidently use on their skin and in their homes, including basic skin care items, cosmetic essentials, and common household detergents and cleaners. Each session combines instruction, discussion, and guided demonstrations, allowing attendees to leave with usable knowledge and recipes they can easily recreate at home. The course is suitable for adults of all experience levels and requires no prior background in chemistry or product formulation.

Clarissa Burt is an author, educator, and long-time advocate for conscious, informed living. With decades of experience in the beauty and wellness space, she brings a practical, grounded approach to non-toxic skin care and home care that prioritizes safety, simplicity, and real-world application. Her work focuses on empowering individuals to make healthier choices without fear-based messaging or unnecessary complexity.

Clarissa's teaching style emphasizes education over trends, helping participants understand why ingredients matter and how to make better choices for themselves and their families. Her background in wellness education and product awareness, combined with a clear, approachable presentation style, makes this course both informative and accessible to a broad library audience.

Free | Register at dfla.org | Questions, please call 480-488-2286.

Pantry and Freezer Power

Friday, February 20 | 11:00 am - 12:00 pm

Presented by Chef Wendy Farrell

Unlock the secret to quick, nourishing meals by making your pantry and freezer your best culinary allies. In this practical, time-saving class, you'll learn how to stock essential staples that support healthy eating - even on your busiest days.

We'll explore versatile ingredients, smart storage strategies, and simple recipes you can prepare in minutes using what you already have on hand. From nutrient-rich grains and canned items to frozen vegetables and lean proteins, you'll discover how to build balanced, flavorful dishes without last-minute grocery trips.

Whether you're planning family dinners or cooking for one, this class will empower you to create satisfying meals while saving time, reducing waste, and staying on track with your wellness goals.

All registered participants will receive a handy guide for maintaining a well-stocked pantry and freezer which offers essential tips for organizing staples and ensuring you always have the ingredients needed for a quick, delicious meal.

Free | Register at dfla.org | Questions, please call 480-488-2286.

FEATURED ADULT PROGRAMS

ASU Osher Lifelong Learning Institute:

Sweet & Simple: The Art of Easy Dessert Making

Presented by Larry P. Canepa, Certified Culinary Instructor

Tuesday, March 3 | 1:00 - 3:00 pm

You don't need to be Betty Crocker or a professional pastry chef to whip up desserts that look and taste amazing. Impressive sweets aren't reserved for TV kitchens or high-end bakeries. With just a few simple techniques, a dash of creativity, and some basic ingredients, anyone can create stunning treats right at home.

A swirl of whipped cream, a scattering of fresh berries, a dusting of powdered sugar, or a drizzle of chocolate can completely transform a simple dessert into something eye-catching and elegant. All it takes is a willingness to try, a sense of fun, and maybe a sweet tooth or two to share. So, roll up your sleeves, open your pantry, and remember – the best desserts come from the heart, not a textbook.

Registration Required. Cost for the class: \$25.00/person.

Please click www.asuolli.org to get started. Questions, please call 602-543-6440.

Authentic Italian Pizza Making

Tuesday, March 10 | 10:30 am - 12:00 pm

Presented by Tom Subranni

Join us for a culinary experience where participants learn the complete process of crafting authentic pizza from scratch. Learn essential techniques like dough preparation, hand-stretching, high-temperature baking, and selecting balanced combinations of fresh, high-quality ingredients.

Tom will share his homemade dough recipe and his 'less-is-more' topping philosophy using premium ingredients like homemade tomato sauce, fresh parmigiana and mozzarella cheeses, fresh basil and Italian seasoning.

Satisfy your pizza cravings and impress your friends and family and start making your own creations of Italy's most famous export.

Free | Register at dfla.org

Questions, please call 4880-488-2286.



FEATURED ADULT PROGRAMS

Cooking with Nutrient Rich Ingredients to Fuel Your Body

Friday, March 20 | 11:00 am - 12:00 pm

Presented by Chef Wendy Farrell

Elevate your cooking and support your health with delicious meals made from nutrient-rich whole ingredients. In this hands-on class, you'll learn how to select, prep, and cook foods that provide lasting energy, boost immunity, and improve overall wellness.

We'll focus on easy strategies for incorporating a variety of vegetables, whole grains, lean proteins, and healthy fats into everyday dishes. You'll gain tips for reading labels, balancing nutrients on your plate, and planning meals that nourish the body without sacrificing flavor or convenience.

Whether you're new to healthy eating or looking to expand your kitchen skills, this class will empower you to create meals that fuel your body and support long-term well-being - one tasty bite at a time.

Free | Register at dfla.org | Questions, please call 480-488-2286.

Cognitive Health Series: Cognitive Reserve, Cognitive Training and Neuroprotection

Thursday, March 26 | 2:30 - 3:30 pm

Presented by Dr. Brian Browne

Our brains possess an incredible ability to adapt, strengthen, and build resilience against cognitive decline. This lecture explores the concept of cognitive reserve—the brain's capacity to withstand aging and neurodegenerative diseases—along with evidence-based strategies for enhancing brain function through cognitive training and neuroprotection. Learn how factors such as mental stimulation, cognitive activity, and social engagement can help preserve cognitive health and reduce the risk of dementia. Whether you're looking to optimize your own brain health or support others in aging well, this session provides actionable insights into keeping the mind sharp for life.

Brian Browne is the president of Cognitive Care Management and founder of Neuro-Nutrition. Dr. Browne is a nutritional neuroscientist and possesses over 20 years of expertise in the fields of aging, dementia, nutrition, and clinical research.

Free | Register at dfla.org | Questions, please call 480-488-2286.

ASU Osher Lifelong Learning Institute:

Get Your Kicks at 100: A Route 66 Celebration

Presented by Roger Naylor

Tuesday, March 31 | 1:00 - 2:30 pm

In 2026, Route 66, America's iconic "Mother Road," celebrates its 100th anniversary. Join acclaimed author and travel writer Roger Naylor as he takes us on a lively and insightful journey through the history, culture, and enduring charm of this legendary highway. Discover how Arizona played a pivotal role in preserving Route 66, becoming its greatest champion and caretaker.

Roger will share stories of the breathtaking landscapes, vibrant small towns, and quirky mom-and-pop eateries that still thrive along Arizona's stretch of the road. Don't miss this chance to rediscover the road that shaped a nation and continues to inspire wanderers today.

Registration Required. Cost for the class: \$19.00/person.

Please click www.asuolli.org to get started. Questions, please call 602-543-6440.

WEEKLY ADULT PROGRAMS

Craft N Chat

Mondays, 1:00 - 3:00 pm (No Meeting on 1/19 and 2/16)

Do you knit, crochet, needlepoint, bead, or practice another table craft? Join other local enthusiasts weekly for companionship, creating, and conversation. Any portable craft is welcome! New crafters and all skill levels are always welcome!

Have a craft you're not quite sure how to start, or need a little help or inspiration? Craft N Chat is a collaborative of creatives who are happy and eager to help!

Class is free but a donation to the Desert Foothills Library is appreciated.

*Informal MahJongg: Unsupervised Play

Tuesdays, 1:00 – 3:30 pm

Informal MahJongg play for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. *This group is unsupervised. No sets are provided; you must bring your own. Basic game play knowledge required.*

Class is free but a donation to the Desert Foothills Library is appreciated.

The Painter's Palette

Wednesdays, 9:00 am - 12:00 pm

Picasso, van Gogh, Michelangelo and YOU! No matter what medium you prefer to create with, all are welcome to join The Painter's Palette! Open to all, this gathering is the time to let your creative juices flow. Bring your paints, pastels, watercolors, easels, and brushes, and join this colorful palette of other artists in our wonderful community! We provide the space, you create the art. Open to any and all mediums and skill levels.

Class is free but a donation to the Desert Foothills Library is appreciated.



Ukulele Jam Sessions

Wednesdays, 12:00 - 2:15 pm

NEW at the Desert Foothills Library- Ukulele Jam Group! Pick out a few of your favorite songs, grab your ukulele and come jam! We will be accessing our music online, so bring your tablet or iPad, as well as a music stand, and anything you like to get your jam on! Invite your friends and join the fun. All levels welcome!

Class is free but a donation to the Desert Foothills Library is appreciated.

Canasta

Wednesdays, 1:00 - 4:00 pm

The card game "Canasta" is a Spanish word that means basket. A very old card game that has over 20 different versions and is played all over the world. Easy to learn and can be played with 2, 3 or 4 players at each table; this fun game is sure to entertain you. Cards and supplies will be provided. Let's get started!



Class is free but a donation to the Desert Foothills Library is appreciated.

WEEKLY ADULT PROGRAMS

Tech Help - Library Apps, Electronic Devices, and More!

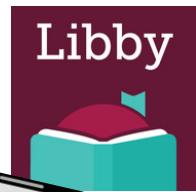
Tuesdays and Thursdays, 1:00 - 6:00 pm

Wednesdays, 10:00 am - 3:00 pm

Saturdays, 11:00 am - 1:00 pm

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an opportunity for anyone with questions about Libby, Cloud Library, any of the apps the library offers, and basic questions about your personal electronic devices to receive technical help. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users, your Apple ID will be needed.

Appointment is required to attend. | Please call 480-488-2286 to schedule an appointment.



Alcoholics Anonymous

Thursdays, 5:00 - 6:00 pm

A.A. meetings are being held at Desert Foothills Library on Thursdays.

Free | No registration Required.

Desert Foothills

LIBRARY

enriching your community

Est. 1954

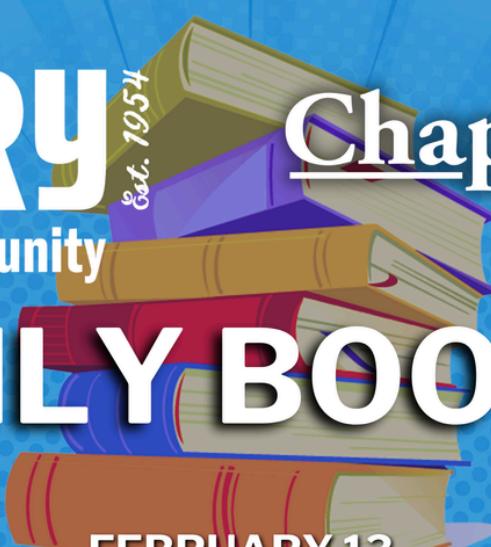
Chapter 2 Books

Great Books. Great Prices.

MONTHLY BOOK SALE!

JANUARY 9
9 AM - 5 PM

JANUARY 10
10AM - 4 PM



FEBRUARY 13
9 AM - 5 PM

FEBRUARY 14
10 AM - 4 PM

MARCH 13
9 AM - 5 PM

MARCH 14
10AM - 4 PM

A wonderful opportunity to purchase quality books and other media at even lower prices than the everyday bargain prices in Chapter2Books! All proceeds benefit Desert Foothills Library; Maricopa County's *ONLY donation supported, nonprofit, public library!*

These classes are free but a donation to the library is appreciated



MONTHLY ADULT PROGRAMS

Art Critique

1st Monday of each month, 3:30 - 5:00 pm

Free monthly art critiques with Frank Leonhardt and Nicolette Maguire Bonnstetter.

Looking and talking about art helps you grow - and research shows that when art is discussed, your own work evolves and strengthens.

Bring your artwork, a piece you've seen and want to discuss, or even a challenge you're facing in your creative process. The group welcomes all - League members and community alike - for thoughtful discussion and supportive feedback.

Free | No registration required. | Questions, please call 480-488-2286.

Guided Trail Tour at The Caroline Bartol Preserve at Saguaro Hill

3rd Tuesday of each month, 9:30 - 10:30 am

Desert Foothills Land Trust presents a beginner-friendly hike at The Caroline Bartol Preserve at Saguaro Hill (at Desert Foothills Library). This easy one-mile walk introduces hiking basics while exploring native desert flora and fauna. Perfect for newcomers seeking to discover the wonders of our local desert.

Meet at the Waterfall Terrace at Desert Foothills Library on the morning of the hike. Wear closed-toed, supportive shoes, and bring your water and hat!

Free | Register at dfla.org. | Questions, please call 480-488-2286.



Alzheimer's Caregiver Support Group

3rd Tuesday of each month | 4:30 - 6:00 pm

Join Therese White for a group discussion where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Whenever facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel socially connected and give you a sense of belonging and purpose. Connecting with others like you may help put your own experiences living with the disease in perspective and provide you with the support and encouragement necessary to move beyond your diagnosis.

Free | Registration preferred, but not required. | Questions, please call 480-488-2286.

MONTHLY ADULT PROGRAMS

Death Café

1st Wednesday of each month, 12:30 - 2:30 pm

Death Café is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Café does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversations about topics relevant to all of us but often considered "dark" or even taboo. For more information go to deathcafe.com.

Talking about death won't kill you.

Free | No registration required. | Questions, please call 480-488-2286.
Class is free but a donation to the Desert Foothills Library is appreciated.



Puzzle Exchange

Last Friday and Saturday of each month

Fridays, 9:00 am - 5:00 pm | Saturdays, 10:00 am - 4:00 pm

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave a puzzle, take a puzzle! Offered on the last Friday and Saturday of every month. All ages and skill levels encouraged!



Happy Cat Rescue - Cat & Kitten Adoptions

2nd Saturday of each month, 11:00 am - 3:00 pm

Looking for a new furry friend to add to your family?

Happy Cat Rescue will be at the Desert Foothills Library on the 2nd Saturday of each month with both cats and kittens looking for their fur-ever homes.



Scan here to see just some of the furry felines looking for a home!

Things Found in Books (& Boxes)

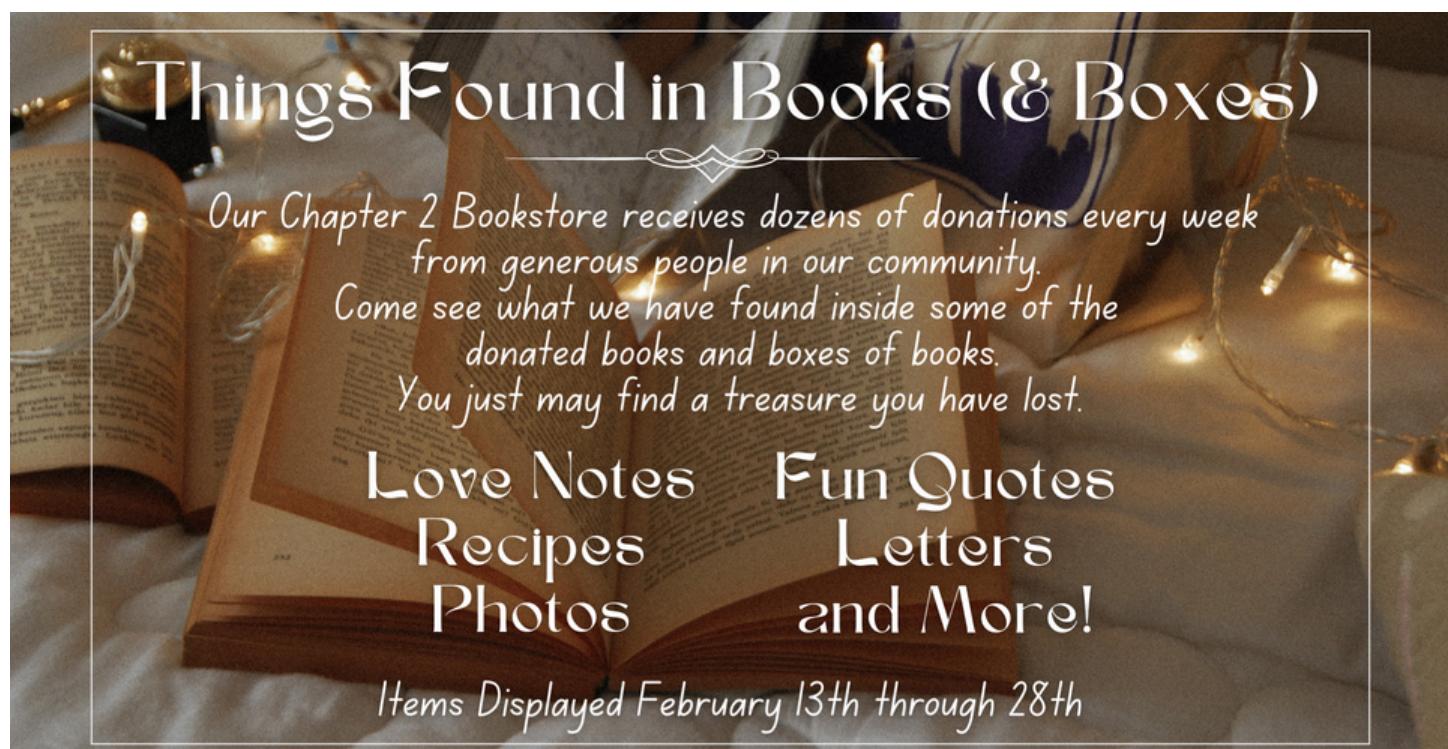
Our Chapter 2 Bookstore receives dozens of donations every week from generous people in our community.

Come see what we have found inside some of the donated books and boxes of books.

You just may find a treasure you have lost.

Love Notes Fun Quotes
Recipes Letters
Photos and More!

Items Displayed February 13th through 28th



MONTHLY ADULT PROGRAMS

Desert Foothills Art Gallery Reception - 2026 Contemporary Art Exhibit

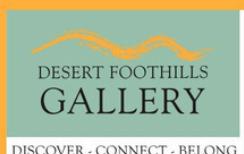
January 23 | 3:30 - 5:00 pm

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.

Desert Foothills Art Gallery Artful Presentation - 2026 Contemporary Art Exhibit Presentation

February 5 | 4:00 - 5:00 pm

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.



Desert Foothills Gallery 2026 Contemporary Art Exhibit

January 8, 2026 - March 18, 2026

Gallery Hours:
Monday,
Wednesday, Friday
9am - 5pm
Tuesday, Thursday
9am - 6pm
Saturday 10am -
4pm



Don't miss this engaging exhibition celebrating the creativity and vision of contemporary artists.

The Desert Foothills Gallery is located inside the Desert Foothills Library at 38443 N Schoolhouse Rd. Cave Creek, AZ

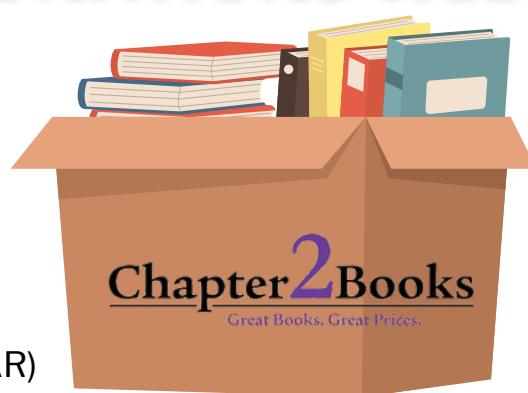
Join us for a dynamic display of contemporary works by talented artists, exploring fresh perspectives and creative expression. Discover bold ideas, innovative techniques, and compelling artwork that reflect today's vibrant contemporary art scene.



BOOK STORE DONATIONS WELCOME!

CHAPTER2BOOKS ACCEPTS:

HARD COVER FICTION
PAPERBACK AND TRADE FICTION
CURRENT NON-FICTION
LARGE PRINT BOOKS
CDS & DVDS
LIGHTLY USED PUZZLES
MAGAZINES (CURRENT WITHIN 1 YEAR)



NOT ACCEPTED:
ENCYCLOPEDIAS
DICTIONARIES
TEXT BOOKS
CASSETTES
VHS TAPES

By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.

FREE FILM PROGRAMS

Foothills Caring Corps at the Movies

Last Monday of each month

(January movie moved to Tuesday, January 27)

12:30 - 2:30 pm

Come by and watch a great movie while enjoying some snacks.

Need a ride to the movies? Reach out to Foothills Caring Corps at 480-488-1105, and let them know you'd like to arrange a ride to the movies at Desert Foothills Library! Open to the public!

Free | No registration required. | Questions, please call 480-488-2286.



Desert Foothills Library International Film Series: Around the World in Nine Films

2nd Friday of each month, 2:00 – 5:00 pm

Presented by Gary Zaro & Paradise Valley Community College

Movies are a great way to learn about different cultures - how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from different countries, each one telling a story unique to their culture and country. A post-film discussion is presented following each film.

January 9: *The Night of the 12th* (France; 2022, NR, 112 min.)

February 13: *Lion* (Australia/India; 2016, PG-13, 115 min.)

March 13: *Mellow Mud* (Latvia; 2016, NR, 103 min.)

Free | No registration required. | Questions, please call 480-488-2286.

Movies are free but a donation to the Desert Foothills Library is appreciated.

Desert Foothills Library Cinematic Reflections Series:

Little Known Stories of World War II

3rd Friday of each month, 2:00 - 5:00 pm

Presented by Gary Zaro & Paradise Valley Community College

This film series offers war stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion is presented following each film.

January 16: *Night and Fog/Filmmakers for the Prosecution* (France; 1956, 32 min./France; 2021, 58 min.)

February 20: *The Flowers of War* (China; 2011, 130 min.)

March 20: *The Fighting Sullivans* (United States; 1944, 110 min.)

Free | No registration required. | Questions, please call 480-488-2286.

Class is free but a donation to the Desert Foothills Library is appreciated.



LITERARY ADULT PROGRAMS

The Culinary Book Club

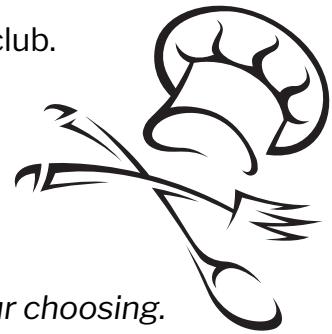
1st Monday of the month, 12:00 - 2:30 pm

Enjoy your love of books and cuisine with others at this new monthly book club.

January's Theme: Present Your Favorite Food Blogger

Cookbook: Bring a dish of your choosing from their blog or cookbook.

Literature: No book this month.



February's Theme: Portugal

Cookbook: Share and present a dish from any Portuguese cookbook of your choosing.

Literature: "The Book Spy" by Alan Hlad

March's Theme: Pi/Pie Day

Cookbook: Prepare 'Anything with a Crust' to share with the group along with the cookbook it came from.

Literature: No book this month.

Be prepared to discuss the fiction and/or memoir. The recipe from the cookbook(s) for you to prepare and bring for sharing is of your own choosing. Please bring one copy of your recipe along with any utensils needed to serve your dish. Paper products will be provided. Bring your own beverage is suggested.

Free | No registration required. | Questions, please contact: susanrinaz@gmail.com.

Get Lit Book Club

2nd Tuesday of each month, 5:00 - 6:30 pm

Drinks and catching up to start at 5pm, book discussion to start at 5:30 pm

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day! Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Everyone is welcome!

January 13: "Influence: The Psychology of Persuasion," by Robert Cialdini

February 10: "Adrift: Seventy-six Days Lost at Sea," by Steven Callahan

March 10: "Big Magic: Creative Living Beyond Fear," by Elizabeth Gilbert

Restaurants for January, February and March: Spotted Donkey Cantina, 34505 N. Scottsdale Road, Scottsdale, AZ 85266 (at El Pedregal)

Free | Registration Required at dfla.org | Questions, please call 480-488-2286.



LITERARY ADULT PROGRAMS

Books to Die For: A Murder Mystery Book Club

3rd Tuesday of each month, 4:00 - 5:00 pm

Here at Desert Foothills Library, we're booked on crime! Join us each month for the Books to Die For Murder Mystery Book Club. This book club is for lovers of all forms of mystery novels. We will explore the genre in depth, eventually coming up with the perfect plan for murder (wink, wink). Light refreshments will be provided.

January 20: - “*Winter Counts*” by David Heska Wanbli Weiden

February 17: - “*Death in a White Tie*” by Ngaio Marsh

March 17: - “*In the Woods*” by Tana French

Free | Registration Required at dfla.org | Questions, please call 480-488-2286.

Library Book Club

2nd Thursday of each month, 10:00 am - 12:00 pm

Join the Library Book Club each month in an open discussion on a featured book. Everyone is welcome!

January 8: “*North Woods*” by Daniel Mason

February 12: “*Tell Me Everything*” by Elizabeth Strout

March 12: “*All Creatures Great and Small*” by James Herriot

Program is free but a donation to the Desert Foothills Library is appreciated. No registration required. Questions, please call 480-488-2286.

Literary Salon

3rd Thursday of each month, 10:00 am – 12:00 pm

Join a host of literary fans along with the facilitation of Andrea Markowitz: a voracious reader and writer of fiction and nonfiction. She earned degrees in English, music and psychology, and explored a variety of careers in education and writing. After “retiring” she discovered her true calling is to write plays and musicals. Her dedication to writing for the stage was acknowledged recently with an AriZoni Award for best new script for “Fair Game,” a musical satire based on a true story about fake news!

January 15: Our Connections to the Natural World. Literary Salon member Dana Rakinic will lead a discussion about the importance of the human connection to the natural world through the arts and literature. Tell us about a work from the literary, visual or performing arts or a podcast that nourishes your connection with the natural world.

February 19: Ghosts Across Cultures. There are few things more in common across cultures than the belief in ghosts. They have inspired, fascinated and frightened us for more than six centuries. Come with your frightening story.

March 19: Women Who Changed the World. We'll celebrate Woman's History Month with literary, visual and performing arts and podcast examples that highlight an individual or group of women who changed the world in some way. Choose a work about a woman or group of women who sparked significant change, whether that change was positive or negative, and tell us why you made that choice.

Free | Register at dfla.org | Questions, please call 480-488-2286.

HEALTH & WELLNESS PROGRAMS

The Healing Pathway

2nd and 4th Monday of each month, 9:30 - 11:30 am

This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language: grief. Join us as we go through this journey of grief together. Led by Hospice of the West facilitator Judy Peters.

Free | No registration required. | Questions, please call 480-488-2286.

Gentle Yoga

Mondays, 11:00 am - 12:00 pm (No class 1/19 and 2/16)

Wednesdays, 11:00 am - 12:00 pm

Yoga for Every Body! Through a slow flow of poses coordinated with the breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Please bring a yoga mat and a blanket. For questions about Gentle Yoga please contact instructor, Marina Kachur, at 623-282-7765 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class | No Registration Required.



Tai Chi – Qigong for Everyone!

Tuesdays, 9:15 - 10:15 am

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace, and overall wellness. This class is offered every Tuesday during October through December.

Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey, Tai Chi practice can help improve your quality of life. To learn more about her classes visit www.MindBodyFocusQi.com. For questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at bina.b75@gmail.com.

Cost: \$10 cash, paid to the instructor at each class.

No registration required. | Questions, please call 480-488-2286.

HEALTH & WELLNESS PROGRAMS

Strength Training for Women

Tuesdays, 4:00 - 5:00 pm (Beginning January 13)

If you've never lifted weights in your life – and many people haven't - why should you start now? The answer is simple: Muscle tissue, bone density and strength all decrease over the years. These changes open the door to injuries and accidents that can compromise your ability to lead an independent and active life. Strength training can play a huge role in slowing bone loss and is one of the most effective ways reverse much of this decline.

Come join us for an hour of targeted exercise where we will focus on making our bodies stronger as well as emphasizing the importance of maintaining and improving our balance. Studies attest that strength training can help you manage and sometimes prevent conditions such as heart disease, diabetes, arthritis and osteoporosis. It can also protect vitality and make everyday tasks more manageable.

Wear comfortable clothes and bring a yoga mat or beach towel, water and your weights. Please start with your lightest weights (2-3 lbs.)

Start the New Year off by giving yourself the gift of good health!

Registration Required. | Register at dfla.org.

One Time Class Fee of \$20.00, payable to instructor at the beginning of your first class. This is a SERIES of classes.

Class limited to 25 participants. Class will close once limit has been reached.



Our Team Members

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**Charity Lees**

- Assistant Director

**Frank Samuelson**

- Facilities

**Kiersa Holleschau**

- Program & Events Coordinator

**Dawn Treude**

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**Kaitlin Tanner**

- Program & Events Assistant

**Liz Hammersmark**

- Lead Library Assistant

**Karina Johnston**

- Library Assistant

**Pam Burke**

- Library Assistant

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