

OCTOBER • NOVEMBER • DECEMBER 2026

INFORMATION HIGHWAYS



Experience • Engage • Explore

A catalog of opportunities for our community

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enriching your community

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LIBRARY HOURS OPEN

Monday, Wednesday and Friday 9 am - 5 pm
Tuesday and Thursday 9 am - 6 pm
Saturday 10 am - 4 pm

CLOSED

Wednesday, November 25 (Closing at 12 PM)
Thursday, November 26
Friday, November 27
Thursday, December 24
Friday, December 25

Desert Foothills
LIBRARY Est. 1954
enriching your community

For our most updated information visit DFLA.org

By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.

OCTOBER EVENTS



S

Mon

Tues

Wed

Thurs

Fri

Sat

1

12 PM Tech Help (By Appt.)
5 PM Alcoholics Anonymous

2

3

10 AM Tech Help (By Appt.)
11 AM Own Your Story: The Astonishing Women Shaping Our Community

4

5

11 AM Gentle Yoga*
12 PM The Culinary Book Club
12:30 PM Mahjongg 101
1 PM Craft N Chat

6

10 AM Estate Planning 101: Wills Vs. Estates
10:30 AM Family Storytime
9:15 AM Tai Chi & Qigong*
12 PM Tech Help (By Appt.)
1 PM Informal Mahjongg
4:30 PM Sound Bath for Mind & Body

7

9 AM Oh! Snap Photography Club
9 AM The Painter's Palette
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
12:30 PM Death Cafe
1 PM Canasta
3:30 PM Tales4Tails

8

10 AM Library Book Club
12 PM Tech Help (By Appt.)
5 PM Alcoholics Anonymous

9

9AM Library Book Sale
2 PM International Film Series: Around the World in Nine Films

10

10 AM Library Book Sale
10 AM Tech Help (By Appt.)
12:30 PM Painter's Palette Fall Exhibition

11

12

LIBRARY
CLOSED

13

10:30 AM Family Storytime
9:15 AM Tai Chi & Qigong*
12 PM Tech Help (By Appt.)
1 PM Informal Mahjongg
5 PM Get Lit Book Club

14

9 AM The Painter's Palette
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
1 PM Canasta

15

10:00 AM Literary Salon
12 PM Tech Help (By Appt.)
1:30 PM AZ Medicare Guide Presentation
2 PM The Easy Way Spiritual Living Classes
5 PM Alcoholics Anonymous

16

11 AM Writer's Critique Group
2 PM 2026 - 2027 Cinematic Reflection Series: Little Known Stories of WWII

17

10 AM Tech Help (By Appt.)

18

19

11 AM Gentle Yoga*
1 PM Craft N Chat

20

10:30 AM Family Storytime
9:15 AM Tai Chi & Qigong*
9:30 PM Guided Trail Tour
12 PM Tech Help (By Appt.)
1 PM Informal Mahjongg
4 PM Books to Die For
4:30 PM Alzheimer's Caregiver Support Group

21

9 AM Oh! Snap Photography Club
9 AM The Painter's Palette
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
1 PM OLLI: How Catherine Became Great
3:30 PM Tales4Tails

22

10 AM Estate Planning 101: Wills Vs. Estates
12 PM Tech Help (By Appt.)
2 PM Tech Talks: AI-Help it Help You!
5 PM Alcoholics Anonymous

23

2 PM Developing Your Business Plan
3:30 PM 2026 Hidden in the Hills Showcase Reception

24

10 AM Tech Help (By Appt.)
11 AM Mini Minds in STEM
1 PM The Live Story of Barbara La Marr, The "Too Beautiful" Silent Film Star

25

26

9:30 AM Sisterhood of Strength
9:30 AM The Healing Pathway
11 AM Gentle Yoga*
12:30 PM Caring Corps at the Movies
1 PM Craft N Chat

27

10:30 AM Family Storytime
9:15 AM Tai Chi & Qigong*
12 PM Tech Help (By Appt.)
1 PM Informal Mahjongg

28

9 AM The Painter's Palette
10 AM Tech Help (By Appt.)
11 AM Gentle Yoga*
12 PM Ukulele Jam Session
1 PM Canasta

29

10:30 AM Trick, Treat and Pumpkin Fun!
9:30 AM Winged Wonders: A Bird Walk and More!
12 PM Tech Help (By Appt.)
1 PM Art of the Grave... Amazing Headstones
5 PM Alcoholics Anonymous

30

Puzzle Exchange

31

Puzzle Exchange
10 AM Tech Help (By Appt.)

NOVEMBER EVENTS



S	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 11 AM Gentle Yoga* 12 PM Culinary Book Club 1 PM Craft N Chat	3 9:15 AM Tai Chi & Qigong* 10:30 AM Family Storytime 12 PM Tech Help (By Appt.) 1 PM Informal Mahjongg	4 9 AM Oh! Snap Photography Club 9 AM The Painter's Palette 10 AM Tech Help (By Appt.) 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 12:30 PM Death Cafe 1 PM Canasta 3:30 PM Tales4Tails	5 12 PM Tech Help (By Appt.) 2:30 PM A Glass and Stone Jewel...The Sainte-Chapelle 4 PM 2026 Hidden in the Hills Showcase Presentation 5 PM Alcoholics Anonymous	6 1 PM OLLI: The Global Middle Ages at the Metropolitan Museum of Art	7 10 AM Tech Help (By Appt.)
8	9 11 AM Gentle Yoga* 1 PM Craft N Chat	10 9:15 AM Tai Chi & Qigong* 12 PM Tech Help (By Appt.) 1 PM Informal Mahjongg 4:30 PM Sound Bath for Mind & Body 5 PM Get Lit Book Club	11 LIBRARY CLOSED	12 10 AM Library Book Club 12 PM Tech Help (By Appt.) 1:30 pm AZ Medicare Guide Presentation 5 PM Alcoholics Anonymous	13 9AM Library Book Sale 11 AM Your Brain on Peri- and Menopause: And Why You are Not Losing Yourself 2 PM International Film Series: Around the World in Nine Films	14 10 AM Library Book Sale 10 AM Tech Help (By Appt.) 11 AM Mini Minds in STEM
15	16 10 AM Identity Theft Workshop 11 AM Gentle Yoga* 1 PM Craft N Chat	17 9:15 AM Tai Chi & Qigong* 9:30 AM Guided Trail Tour 12 PM Tech Help (By Appt.) 1 PM Informal Mahjongg 4 PM Books to Die For 4:30 PM Alzheimer's Caregiver Support Group	18 9 AM Oh! Snap Photography Club 9 AM The Painter's Palette 10 AM Tech Help (By Appt.) 11 AM Gentle Yoga* 12 PM Ukulele Jam Session 1 PM Canasta 3:30 PM Tales4Tails	19 10 AM Literary Salon 12 PM Tech Help (By Appt.) 2 PM The Easy Way Spiritual Living Classes 5 PM Alcoholics Anonymous	20 Puzzle Exchange 10 AM Estate Planning 101: Wills Vs. Estates 11 AM Writer's Critique Group 2 PM 2026 - 2027 Cinematic Reflection Series: Little Known Stories of WWII	21 Puzzle Exchange 10 AM Tech Help (By Appt.) 10 am - 3 pm Annual Craft Fair & Bake Sale
22	23 9:30 AM Sisterhood of Strength 9:30 AM The Healing Pathway 11 AM Gentle Yoga* 1 PM Craft N Chat	24 9:15 AM Tai Chi & Qigong* 12 PM Tech Help (By Appt.) 1 PM Informal Mahjongg	25 9 AM The Painter's Palette 10 AM Tech Help (By Appt.) 11 AM Gentle Yoga* LIBRARY CLOSSES AT NOON	26 LIBRARY CLOSED	27 LIBRARY CLOSED	28 10 AM Tech Help (By Appt.)
29	30 11 AM Gentle Yoga* 12:30 PM Caring Corps at the Movies 1 PM Craft N Chat					

DECEMBER EVENTS



S

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Tues

Wed

Thurs

Fri

Sat

1

9:15 AM Tai Chi & Qigong*

12 PM Tech Help (By Appt.)

1 PM Informal Mahjongg

2

9 AM Oh! Snap Photography Club
9 AM The Painter's Palette
10 AM Tech Help (By Appt.)
12 PM Ukulele Jam Session
12:30 PM DeathCafe
1 PM Canasta
3:30 PM Tales4Tails

3

12 PM Tech Help (By Appt.)

2:30 PM He Loves Me; He Loves Me Not! Flowers in Art and their Meaning

5 PM Alcoholics Anonymous

4

5

10 AM Tech Help (By Appt.)

11 AM Welcome to the New Year with Traditional Japanese Flavors and Sake Tasting

6

7

9:30 AM Sisterhood of Strength
11 AM Gentle Yoga*
12 PM The Culinary Book Club
1 PM Craft N Chat
3:15 PM Mobile Banking Workshop

8

9:15 AM Tai Chi & Qigong*

12 PM Tech Help (By Appt.)

1 PM Informal Mahjongg
4:30 PM Sound Bath for Mind & Body
5 PM Get Lit Book Club

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LIBRARY CLOSED

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5 PM Alcoholics Anonymous

FEATURED YOUTH PROGRAMS

Family Storytime with our guests from Quality Interactive Montessori

Tuesdays | 10:30 am - 11:00 am

Tuesday Storytime is back!

Quality Interactive Montessori will be providing a guest facilitator for Storytime each Tuesday at 1030am. Storytime is a library program and remains open to all families.

We look forward to seeing you for stories, songs, and fun!

This program is intended for ages 4 to 7. Please plan to attend and be engaged with your child for this program. Drop-offs will not be permitted

Tales4Tails

Every Other Wednesday | 3:30 pm - 4:30 pm

Looking for an opportunity for your emerging or early readers to practice their skills? Please come visit Logan, DFL's resident certified therapy dog, who loves being read to. Reading aloud builds independence and confidence. Bring a book from home or, better yet, borrow one from the library! Perfect for kids of all ages!

Free | No Registration Required | Questions, please call 480-488-2286.



Mini Minds in STEM

Saturday, October 24 | 11:00 am - 12:00 pm

Saturday, November 14 | 11:00 am - 12:00 pm

Saturday, December 12 | 11:00 am - 12:00 pm

Calling all science, technology, engineering and math lovers ages 8-12. We have the club for you! Led by two Notre Dame High School students, Mini Minds in STEM monthly meetings provide hands-on lessons and activities to boost confidence, support inquiry and gain knowledge of scientific concepts in a collaborative environment.

Free | Registration Required



**DESERT
FOOTHILLS
LIBRARY**

**ANNUAL
CRAFT
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& BAKE
SALE**

SATURDAY, NOVEMBER 21ST, 2026

10AM-3PM

**TO BECOME A VENDOR OR FOR MORE INFO GO TO
DFLA.ORG**

FEATURED ADULT PROGRAMS

Own Your Story: The Astonishing Women Shaping Our Community

Saturday, October 3 | 11:00 am–12:30 pm

“Women, they have minds, and they have souls, as well as just hearts. And they have ambition, and they have talent, as well as just beauty.” Jo March, *Little Women*

On behalf of Desert Foothills Library and Desert Foothills Theater, we are honored to present *Own Your Story: The Astonishing Women Shaping Our Community*. An inspiring celebration of women, leadership, ambition, and the power of finding and owning your own story.

Inspired by the heart and determination of the amazing book *Little Women*, this special community event brings the spirit of Jo March and her sisters to life through the voices and experiences of remarkable women in our own community.

Join us for a special musical performance by members of the cast of Desert Foothills Theater’s *Little Women*, followed by an engaging conversation featuring trailblazing female leaders from local government, nonprofit organizations, and the business community. Hear their stories, learn from their journeys, and discover what female leadership looks like today.



Meet the Panelists

- Dr. Nicole Regan, Superintendent, Cave Creek Unified School District
- Brooke Dallas, Restaurateur
- Miriam Schildkret, Artist Ambassador, Arizona Opera and Motivational Speaker
- Katie Prenovost, PT, DPT/Owner, Total Pediatric Therapy
- Melissa Steimer, Executive Director, Desert Foothills Library
- Sandi Carll, Producing Artistic and Managing Director, Desert Foothills Theater

Come be inspired. Come connect. Come Own Your Story.

Free | Register at dfla.org | Questions? Please call 480-488-2286.

The Easy Way Spiritual Living Classes

Thursday, October 15 | 2:00 - 3:00 pm

Thursday, December 17 | 2:00 pm - 3:00 pm

Presented by Mark Peppers and Susan Nyberg

Experience the miracle of spiritual unfoldment and exploration in a monthly Easy Way class. The first class is free, with a suggested \$5 to \$10 monthly donation for annual student enrollment in Eckankar required afterwards. Explore Dream and Soul Travel, the inner God Worlds, reincarnation, initiations, and true spiritual living.

Mark Peppers and Suzanne Nyberg are teachers of the spiritual principles of Eckankar and members of the Eckankar clergy. They enjoy showing people how to awaken to their full spiritual potential by accessing the God knowledge already within their hearts.

Register at dfla.org | Questions, please call 480-488-2286.

FEATURED ADULT PROGRAMS

AZ Medicare Guide Presentation

Thursday, October 8 | 1:30 pm - 2:30 pm

Thursday, November 12 | 1:30 pm - 2:30 pm

Thursday, December 10 | 1:30 pm - 2:30 pm

Presented by Christine Corbridge

Questions about Medicare? This educational meeting will help you have a clear understanding of the different parts of Medicare, as well as the role Medicare supplement plans and Medicare Advantage Plans play within the Medicare program. We'll cover the ABC's of Medicare and the estimated costs associated with each part, followed by an open Q&A session!

Free | Register at dfla.org | Questions, please call 480-488-2286.



Developing Your Business Plan Workshop

Friday, October 23 | 2:00 pm - 3:00 pm

Presented by LaShān Cory, BMO Bank

Need some help developing your business plan? Join representatives from BMO and familiarize yourself with the eight parts of a business plan and what to consider when writing a business plan. At the end of the workshop, you will have a blueprint or first draft of your business plan.

Free | Register at dfla.org | Questions, please call 480-488-2286.



The Life Story of Barbara La Marr, The "Too Beautiful" Silent Film Star

Saturday, October 24 | 1:00 pm - 2:30 pm

Silent screen actress Barbara La Marr was a legend in her time, leading an astounding life described by newspapers of the day as "a wilder story than she ever helped to film." Sherri Snyder, actress, writer, and author of *Barbara La Marr: The Girl Who Was Too Beautiful for Hollywood*, portrays Barbara in a self-authored performance, then presents a slideshow lecture about her, detailing Barbara's oftentimes scandalous life from her humble beginnings to her tragic death at age twenty-nine in 1926.

Barbara's banishment from Los Angeles at age seventeen for being "too beautiful"; her notable careers as a dancer, vaudevillian, screenwriter, and an actress; her impact upon cinematic history; and her fierce determination to forge her own destiny amid the constant threat of losing it all to scandal and, ultimately, death are spotlighted. A question-and-answer session and book signing follow the performance and lecture.

Free | Register at dfla.org | Questions, please call 480-488-2286.



FEATURED ADULT PROGRAMS

Art of the Grave...Amazing Headstones! **Thursday, October 29 | 1:00 pm - 2:30 pm**

Come join Nicolette Maguire Bonnstetter and see how amazing a headstone can be! Some will make you giggle, some will touch your heart. A historical walk through memories and tradition. Come discuss, learn, and we hope a bit of laughter too!

Free | Register at dfla.org | Questions, please call 480-488-2286.



A Glass and Stone Jewel...The Sainte-Chapelle **Thursday, November 5 | 2:30 pm - 4:00 pm**

Hidden behind the walls of the Palace of Justice, vessel of light and image of Heaven, the Sainte - Chapelle continues to stand as a witness of the faith of a King who, in the 13th century, appeared like a new Solomon.

But why was the Sainte-Chapelle built in the first place? How significant was it for the people of the Middle Ages? Follow Dominique in the heart of Paris to discover the history of this jewel of High Gothic architecture.

Free | Register at dfla.org | Questions, please call 480-488-2286.



Identity Theft Workshop **Monday, November 16 | 10:00 am - 11 am** **Presented by LaShan Cory & Jocelyn Peru, BMO Bank**

Protecting your personal information is more critical than ever in today's digital world. This identity theft workshop is designed to equip you with the essential knowledge and practical tools to recognize, prevent, and respond to identity theft and financial fraud. In this workshop, you will:

- Learn how to identify the signs of identity theft and fraud.
- Examine different types of identity theft and fraud.
- Identify strategies to protect yourself from identity theft and fraud.
- Learn how to protect your data using safe habits

Free | Register at dfla.org | Questions, please call 480-488-2286.

Mobile Banking Workshop **Monday, December 7 | 3:15 - 4:30 pm** **Presented by LaShan Cory & Jocelyn Peru, BMO Bank**

Join representatives of BMO and familiarize yourself with various ways to use mobile banking and how to use mobile banking in a safe and secure manner. You will also learn to identify the pros and cons of performing different services using mobile banking vs. branch banking.

Free | Register at dfla.org | Questions, please call 480-488-2286.



FEATURED ADULT PROGRAMS

Sound Bath for Mind & Body

Tuesday, October 6 | 4:30 pm - 5:30 pm

Tuesday, November 10 | 4:30 pm - 5:30 pm

Tuesday, December 8 | 4:30 pm - 5:30 pm

Relax - Restore - Reconnect

Experience the soothing sounds of crystal singing bowls and the gentle energy of Reiki in this peaceful wellness experience.

No experience is necessary. Simply relax, breathe, and enjoy an hour of restoration.

Wear comfortable clothing and bring a yoga mat, pillows, and/or blankets for comfort.



Presenter Bio: Sallyann, founder of Heaven's Light Wellness, is a 40+ year wellness professional, 7th generation Usui Reiki Master/Teacher, Certified Sound Practitioner, intuitive advisor, award-winning wellness leader, and international bestselling author. She combines Reiki, sound healing, mindfulness, and practical empowerment tools to help people reconnect with themselves and create greater joy, clarity, confidence, and peace.

Free | Register at dfla.org | Questions? Please call 480-488-2286.

Guided Trail Tour at The Caroline Bartol Preserve at Saguaro Hill (at Desert Foothills Library)

Tuesday, October 20 | 9:30 am - 10:30 am

Tuesday, November 17 | 9:30 am - 10:30 am

Tuesday, December 15 | 9:30 am - 10:30 am

Desert Foothills Land Trust presents a beginner-friendly hike at The Caroline Bartol Preserve at Saguaro Hill (at Desert Foothills Library). This easy one-mile walk introduces hiking basics while exploring native desert flora and fauna. Perfect for newcomers seeking to discover the wonders of our local desert.

Meet at the Waterfall Terrace at Desert Foothills Library on the morning of the hike. Wear closed-toed, supportive shoes, and bring your water and hat!

Free | Register at dfla.org | Questions? Please call 480-488-2286.

Winged Wonders: A Bird Walk and More!

Thursday, October 29 | 9:30 am - 10:30 am

Thursday, December 10 | 9:30 am - 10:30 am

Come explore the birds of the Sonoran Desert with us! Whether you're just getting acquainted with our feathered friends or are a seasoned birdwatcher, everyone is welcome. Meet on the patio of Desert Foothills Library, and we'll explore nearby Saguaro Hill Preserve with a guide from Desert Foothills Land Trust.



Free | Register at dfla.org | Questions? Please call 480-488-2286.

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ASU[®] Osher Lifelong Learning Institute

Arizona State University

At Desert Foothills Library

How Catherine Became Great

Presented by: Dr. Hilde Hoogenboom

Wednesday, October 21 | 1:00 - 2:30 pm | Cost \$19 (After Registration)

Join Dr. Hilde Hoogenboom to discover the whole of Catherine's II's life, and her unusually intense afterlife in history and the arts, especially plays, movies, and television. Catherine herself prepared her legacy as an enlightened ruler who was both a legislator and administrator. In the nineteenth century her memoirs were a state secret because they indicated that her heir, Paul I was illegitimate, and thus the Romanov dynasty ended with her husband Peter III.

We will examine some of the reasons that Catherine the Great and her 36-year reign continue to fascinate both scholars and the general public.

The Global Middle Ages at the Metropolitan Museum of Art

Friday, November 6 | 1:00 - 2:30 pm | Cost \$19 (After Registration)

The Metropolitan Museum of Art in New York has one of the world's greatest collections of art from the Middle Ages. These objects came from around the world and tell the story of international trade and travel networks that shaped beliefs, cultures, and artistic practices everywhere they reached.

This course will discuss some of the most spectacular examples of global contact, including a seventh-century Chinese vase in the shape of a Greco-Roman amphora, Chinese lions carved on a twelfth-century capital in a Catalanian monastery, and a Chinese sword carved on the thirteenth-century tomb of a French knight. Through these and other works, we will explore the often-surprising long-distance contacts of the Middle Ages, and how they shaped art and history.

Please visit asuolli.org to register

Find out more at DFLA.org



FEATURED ADULT PROGRAMS

2026 Hidden in the Hills Showcase Opens October 15th

Planning to visit the Hidden in the Hills Artist Studio Tour? Start your adventure at Desert Foothills Gallery with the 2026 Hidden in the Hills Showcase. This annual exhibit gives visitors a preview of the artists and artwork featured on the Studio Tour.



DISCOVER - CONNECT - BELONG

2026 Hidden in the Hills Showcase Reception Friday, October 23 | 3:30 pm - 5:00 pm

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.

2026 Hidden in the Hills Showcase Presentation Thursday, November 5 | 4:00 pm - 5:00 pm

Visit Desert Foothills Library to view featured work by local artists; members of the Sonoran Arts League.



Painter's Palette

Fall Exhibition

Come celebrate the creativity of our community. The Painter's Palette is currently presenting their latest work at Desert Foothills Library.

They've assembled an inspiring collection of original art located throughout the library. Come see their Fall Exhibition and find your favorite piece to take home.

Opening Reception

October 10th | 12:30 pm - 3:45 pm

Soft Opening October 7th during Painter's Palette 9 am - 12 pm



WEEKLY ADULT PROGRAMS

Craft N Chat

Mondays | 1:00 pm - 3:00 pm

Do you knit, crochet, needlepoint, bead, or practice another table craft? Join other local enthusiasts weekly for companionship, creating, and conversation. Any portable craft is welcome! New crafters and all skill levels are always welcome!

Have a craft you're not quite sure how to start, or need a little help or inspiration? Craft N Chat is a collaborative of creatives who are happy and eager to help!

Class is free but a donation to the Desert Foothills Library is appreciated.



*Informal MahJongg: Unsupervised Play

Tuesdays | 1:00 pm – 3:30 pm

Informal MahJongg play for any level! Groups, individuals, and recent students of MahJongg 101 & 102 looking for a place to come and enjoy playing with people in your community. *This group is unsupervised. No sets are provided; you must bring your own. Basic game play knowledge required.*

Class is free but a donation to the Desert Foothills Library is appreciated.

The Painter's Palette

Wednesdays | 9:00 am - 12:00 pm

Picasso, van Gogh, Michelangelo and YOU! No matter what medium you prefer to create with, all are welcome to join The Painter's Palette! Open to all, this gathering is the time to let your creative juices flow. Bring your paints, pastels, watercolors, easels, and brushes, and join this colorful palette of other artists in our wonderful community! We provide the space, you create the art. Open to any and all mediums and skill levels.

Class is free but a donation to the Desert Foothills Library is appreciated.



Ukulele Jam Sessions

Wednesdays | 12:00 pm - 2:15 pm

NEW at the Desert Foothills Library- Ukulele Jam Group! Pick out a few of your favorite songs, grab your ukulele and come jam! We will be accessing our music online, so bring your tablet or iPad, as well as a music stand, and anything you like to get your jam on! Invite your friends and join the fun. All levels welcome!

Class is free but a donation to the Desert Foothills Library is appreciated.

Canasta

Wednesdays | 1:00 pm - 4:00 pm

The card game "Canasta" is a Spanish word that means basket. A very old card game that has over 20 different versions and is played all over the world. Easy to learn and can be played with 2, 3 or 4 players at each table; this fun game is sure to entertain you. Cards and supplies will be provided. Let's get started!

Class is free but a donation to the Desert Foothills Library is appreciated.



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By attending DFL programs you are giving permission to have photos taken and potentially used for publicity.

WEEKLY ADULT PROGRAMS

Tech Help - Library Apps, Electronic Devices, and More!

Tuesdays and Thursdays | 12:00 pm - 4:00 pm

Wednesdays | 10:00 am - 3:00 pm

Saturdays | 10:00 am - 1:00 pm

Downloading eBooks and eAudiobooks can be easy through the library's digital collection! Each week there will be an opportunity for anyone with questions about Libby, Cloud Library, any of the apps the library offers, and basic questions about your personal electronic devices to receive technical help. We will show you how to download the apps to your phone or tablet and how to navigate the digital collection. No question is too small! Please bring your device and have your library card ready! For Apple users, your Apple ID will be needed.

An appointment is required to attend. | Please call 480-488-2286 to schedule.



Alcoholics Anonymous

Thursdays | 5:00 pm - 6:00 pm

A.A. meetings are being held at Desert Foothills Library on Thursdays.

Free | No registration required.



Desert Foothills

LIBRARY

enriching your community

Est. 1954

Chapter2Books

Great Books. Great Prices.

MONTHLY BOOK SALE!

OCTOBER 9
9 AM - 5 PM

OCTOBER 10
10AM - 4 PM

NOVEMBER 13
9 AM - 5 PM

NOVEMBER 14
10 AM - 4 PM

DECEMBER 11
9 AM - 5 PM

DECEMBER 12
10AM - 4 PM

A wonderful opportunity to purchase quality books and other media at even lower prices than the everyday bargain prices in Chapter2Books! All proceeds benefit Desert Foothills Library; Maricopa County's *ONLY* donation supported, nonprofit, public library!

These classes are free but a donation to the library is appreciated

MONTHLY ADULT PROGRAMS

S.O.S. Sisterhood of Strength

Mondays, October 26, November 9 & 23, December 7 & 21 | 9:30 am - 11:00 am

Join a welcoming, confidential space to connect with others who understand your journey. Whether you are looking for a place to share your story or simply listen, our peer-led group offers a safe and supportive environment to build community and find strength in shared experiences.

Sisterhood of Strength is a support group for women in the Vally who:

- Are currently in or have been in a domestic violence relationship
- (emotional, physical, financial, controlling behavior, etc.);
- Suffer from PTSD relative to such a relationship;
- Are fearful of their partner;
- Think they might be in a domestic violence relationship.



Join us for one session or as many as you'd like. Everyone welcome!

Free | Questions, please call 480-488-2286.

Free | Registration preferred, but not required. | Questions, please call 480-488-2286.



Alzheimer's Caregiver Support Group

3rd Tuesday of each month | 4:30 pm - 6:00 pm

Join Therese White for a group discussion where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Whenever facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel socially connected and give you a sense of belonging and purpose. Connecting with others like you may help put your own experiences living with the disease in perspective and provide you with the support and encouragement necessary to move beyond your diagnosis.

Free | Registration preferred, but not required. | Questions, please call 480-488-2286.

Death Café

1st Wednesday of each month | 12:30 pm - 2:30 pm

Death Cafe is a gathering to talk about death and dying. The aim is to increase awareness of death to help people make the most of their (finite) lives. It is a global, non-profit movement begun in London in 2011: to date, more than 7,000 Death Cafes have been held in 63 countries. Death Cafe does not promote beliefs, agendas, or products, nor is it a bereavement or grief support group. Join us for open, respectful, interesting conversations about topics relevant to all of us but often considered "dark" or even taboo. For more information go to deathcafe.com.

Talking about death won't kill you.



Free | No registration required. | Questions, please call 480-488-2286.

Class is free but a donation to the Desert Foothills Library is appreciated.

MONTHLY ADULT PROGRAMS

Oh Snap! Photography Club

1st & 3rd Wednesday of each month | 9:00 am - 10:45 am

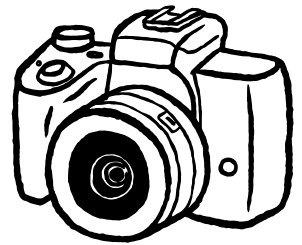
Are you passionate about capturing moments, exploring new perspectives, or improving your camera skills?

If so, our Oh Snap! Photography Club is a friendly and supportive community of local photographers - open to all skill levels, from complete novices to seasoned professionals.

Bring some of your photos on a thumbdrive to share at each meeting.

What we do:

- Share & Critique
- Learn New Skills
- Develop a Personal Style
- & More!



Free | Register at dfla.org | Questions, please call 480-488-2286.

Puzzle Exchange

Last Friday and Saturday of each month

Fridays, 9:00 am - 5:00 pm | Saturdays, 10:00 am - 4:00 pm

Are you sick of your puzzles at home because you have completed all of them multiple times? Come drop off your gently used puzzles and pick out a new one for free! Leave a puzzle, take a puzzle! Offered on the last Friday and Saturday of every month.

All ages and skill levels encouraged!



Writer's Critique Group

3rd Friday of every month | 11:00 am - 12:30 pm

Presented by K.A. Bledsoe

Join K.A. Bledsoe for a writer's critique group. This workshop is for those wishing to improve their writing and helping others with their ideas. The writer's critique group will offer support, feedback, accountability and encouragement. You also stand a good chance of making life-long friends who also love the same thing you do: writing! K. A. Bledsoe is a local author with several published works including the series The Kelton Cases.



Free | Register at dfla.org | Questions, please call 480-488-2286.

FREE FILM PROGRAMS

Foothills Caring Corps at the Movies

Last Monday of each month | 12:30 pm - 2:30 pm

Come by and watch a great movie while enjoying some snacks. Need a ride to the movies? Reach out to Foothills Caring Corps at 480-488-1105, and let them know you'd like to arrange a ride to the movies at Desert Foothills Library! Open to the public!

Free | No registration required. | Questions, please call 480-488-2286.



Desert Foothills Library International Film Series: Around the World in Nine Films

2nd Friday of the Month | 2:00 pm – 5:00 pm

Presented by Gary Zaro & Paradise Valley Community College

Movies are a great way to learn about different cultures - how people live, love, laugh, and cope with hardships and tragedy. This series will explore films from different countries, each one telling a story unique to their culture and country. A post-film discussion is presented following each film.

October 9: September 5 (Germany/U.S.; 2024, R, 95 min.)

November 13: Fallen Leaves (Finland; 2023, NR, 81 min.)

December 11: Come Closer (Israel; 2024, NR, 105 min.)

Free | No registration required. | Questions, please call 480-488-2286.

Desert Foothills Library Cinematic Reflections Series:

Little Known Stories of World War II

3rd Friday of the Month | 2:00 pm - 5:00 pm

Presented by Gary Zaro & Paradise Valley Community College

This film series offers war stories filled with daring, intrigue, and sometimes such improbability that they have to be seen to be believed. At the heart of each one are the men and women who made World War II modern history's seminal event. A post-film discussion is presented following each film.

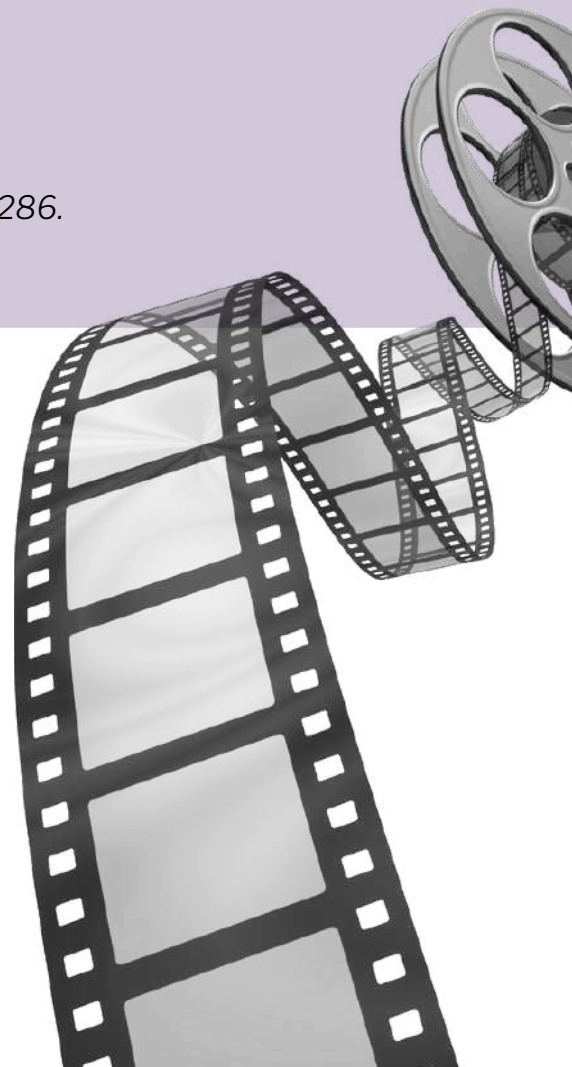
October 16: The Bridge at Remagen (United States; 1969, 115 min.)

November 20: The Last Rifleman (Ireland; 2023, 95 min.)

December 18: Sink the Bismarck! (Great Britain; 1960, 97 min.)

Free | No registration required.

Questions, please call 480-488-2286.



LITERARY ADULT PROGRAMS

The Culinary Book Club

1st Monday of the month | 12:00 pm - 2:30 pm

Enjoy your love of books and cuisine with others at this monthly book club.

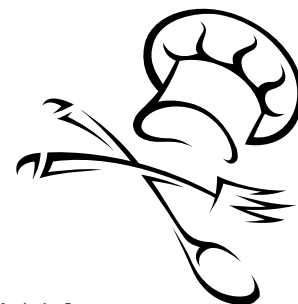
October's Theme: *Herbs & Spices*

November's Theme: *The Heartland: Midwest Cooks*

December's Theme: *Tapas, Tapas, Tapas!*

Be prepared to discuss the fiction and/or memoir. The recipe from the cookbook(s) for you to prepare and bring for sharing is of your own choosing. Please bring one copy of your recipe along with any utensils needed to serve your dish. Paper products will be provided. Bring your own beverage is suggested.

Free | No registration required. | Questions, please contact: susanrinaz@gmail.com.



Get Lit Book Club

2nd Tuesday of each month | 5:00 pm - 6:30 pm

Drinks and catching up to start at 5pm, book discussion to start at 5:30 pm.

Get Lit Book Club, a happy hour book club! Not for the faint of heart. Weird, odd, and unique books are chosen for a great discussion, so get ready for something you might not choose every day!

Books will include non-fiction, classics, contemporary fiction, and memoirs to list a few. Everyone is welcome!

October 13: *"Frankenstein,"* by Mary Shelley

November 10: *"An Anthropologist on Mars,"* by Oliver Sacks

December 8: *"The Little Prince,"* by Antoine de Saint-Exupery

Restaurant: *Spotted Donkey Cantina*

34505 N. Scottsdale Road, Scottsdale, AZ 85266 (at El Pedregal)

Free | Registration Required at dfla.org | Questions, please call 480-488-2286.



Books to Die For: A Murder Mystery Book Club

3rd Tuesday of each month | 4:00 pm - 5:00 pm

Here at Desert Foothills Library, we're booked on crime! Join us each month for the Books to Die For Murder Mystery Book Club. This book club is for lovers of all forms of mystery novels. We will explore the genre in depth, eventually coming up with the perfect plan for murder (wink, wink). Light refreshments will be provided.

October 20: *'The Daughter of Time'* by Josephine Tey

November 17: *'The Night Manager'* by John LeCarre

December 15: *'Her Royal Spyness'* by Rhys Bowen

Free | Registration Required at dfla.org | Questions, please call 480-488-2286.



LITERARY ADULT PROGRAMS

Library Book Club

2nd Thursday of each month | 10:00 am - 12:00 pm

Join the Library Book Club each month in an open discussion on a featured book. Everyone is welcome!

Program is free but a donation to the Desert Foothills Library is appreciated. No registration required. Questions, please call 480-488-2286.

Literary Salon

3rd Thursday of each month | 10:00 am – 12:00 pm

October 15: Southern Gothic

November 19: Degrees of Sanity

December 17: The Heroine's Journey

Join a host of literary fans along with the facilitation of Andrea Markowitz: a voracious reader and writer of fiction and nonfiction. She earned degrees in English, music and psychology, and explored a variety of careers in education and writing. After “retiring” she discovered her true calling is to write plays and musicals. Her dedication to writing for the stage was acknowledged recently with an AriZoni Award for best new script for “Fair Game,” a musical satire based on a true story about fake news!

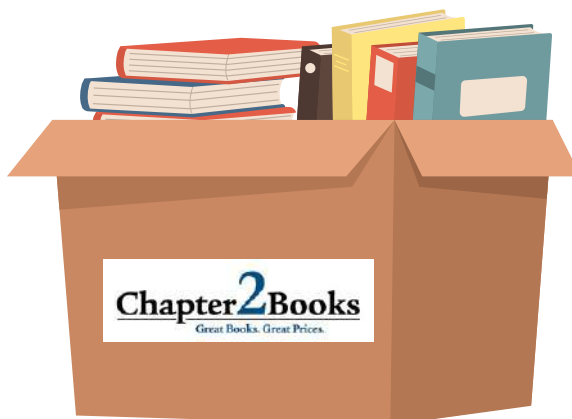
Free | Register at dfla.org | Questions, please call 480-488-2286.



BOOK STORE DONATIONS WELCOME!

CHAPTER2BOOKS ACCEPTS:

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PAPERBACK AND TRADE FICTION
CURRENT NON-FICTION
LARGE PRINT BOOKS
CDS & DVDS
LIGHTLY USED PUZZLES
MAGAZINES
(CURRENT WITHIN 1 YEAR)



NOT ACCEPTED:

ENCYCLOPEDIAS
DICTIONARIES
TEXT BOOKS
CASSETTES
VHS TAPES

HEALTH & WELLNESS PROGRAMS

The Healing Pathway

2nd and 4th Monday of each month | 9:30 am - 11:30 am

This group will guide and support you as you discover your "new normal". The open-ended group will provide you with practical tools and supportive conversation as you are processing your personal grief journey. The group shares a common language: grief. Join us as we go through this journey of grief together. Led by Hospice of the West facilitator Judy Peters.

Free | No registration required. | Questions, please call 480-488-2286.

Gentle Yoga

Mondays & Wednesdays | 11:00 am - 12:00 pm

Yoga for Every Body! Through a slow flow of poses coordinated with the breath, you'll begin strengthening your heart, bones, balance, and sharpening the mind. You are only one yoga class away from a good mood! Marina started practicing yoga in 1995, and for the past seven years has taught locally. Please bring a yoga mat and a blanket. For questions about Gentle Yoga please contact instructor, Marina Kachur, at 623-282-7765 or yokama14@gmail.com.

Cost: \$10 cash, paid to instructor at each class.

No Registration Required.



Tai Chi – Qigong for Everyone!

Tuesdays | 9:15 am - 10:15 am

Tai Chi & Qigong is a self-care practice. It is a choice of a healthy lifestyle and living well. It improves balance, flexibility, brain plasticity, inner peace, and overall wellness. This class is offered every Tuesday and Thursday during April, May and June.

Bina Bou is a senior trainer at IIQTC. She has been sharing the ancient practice for over a decade in our community. She believes no matter where you are on your healing journey, Tai Chi practice can help improve your quality of life. To learn more about her classes visit www.MindBodyFocusQi.com. For questions about Tai Chi & Qigong for Everyone please contact instructor, Bina Bou, at bina.b75@gmail.com.

Cost: \$10 cash, paid to the instructor at each class.

No registration required. | Questions, please call 480-488-2286.



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